 **GPS Map Camera**

**Bhilai, Chhattisgarh, India**  
**Shastri Market, Uttam Talkies, Power House Flyover,**  
**Janjiri, Bhilai, Chhattisgarh 490001, India**  
**Lat 21.206247° Long 81.374505°**  
**23/11/24 02:42 PM GMT +05:30**



**Google**



ଭାରତ ସରକାର  
Government of India

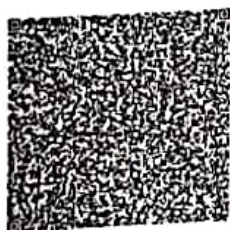
ଭାରତୀୟ ବିଶିଷ୍ଟ ପରିଚୟ ପ୍ରାଧିକରଣ  
Unique Identification Authority of India

ନମାଜନ କ୍ରମାଙ୍କ / Enrolment No.: 0000/00567/02067

To  
ମିତରାମ ନାଗେଶ୍ୱର  
Mitaram Nageshwar  
Qtr. No. 30 C  
Street no. 00  
Sector Ruabandha  
Civic Centre Bhalai  
Durg Chhattisgarh - 490006  
9753805886



Signature valid



ଆପଣଙ୍କ ଆଧାର ବଂଶ୍ୟା / Your Aadhaar No. :

**6443 9804 3921**

VID : 9158 8312 7292 5455

ମୋ ଆଧାର, ମୋ ପରିଚୟ



ଭାରତ ସରକାର  
Government of India



ମିତରାମ ନାଗେଶ୍ୱର  
Mitaram Nageshwar  
ଜନ୍ମ ତାରିଖ / DOB: 20/03/1988  
ପୁରୁଷ / MALE

**6443 9804 3921**

VID : 9158 8312 7292 5455

ମୋ ଆଧାର, ମୋ ପରିଚୟ



(Government of India)



ସୂଚନା

- ଆଧାର ପରିଚୟର ପ୍ରମାଣ ଅଟେ, ନାଗରିକତାର ନୁହେଁ ।
- ସୁରକ୍ଷିତ ଦ୍ୱାଆରା କୋଡ୍ / ଅଫଲାଇନ ଏକ୍ସଏମଏଲ୍ / ଅଫଲାଇନ ପ୍ରମାଣୀକରଣ ବ୍ୟବହାର କରି ପରିଚୟ ଯାଞ୍ଚ କରନ୍ତୁ ।
- ଏହା ଇଲେକ୍ଟ୍ରୋନିକ୍ ପଦ୍ଧତୀ ଦ୍ୱାରା ଜନମୁକ୍ତ ଭାବରେ ଗଠିତ ହୋଇଛି ।

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- Verify identity using Secure QR Code/ Offline XML/ Online Authentication.
- This is electronically generated letter.

- ଆଧାର ଦ୍ୱାରା ଦେଖାଯାଇ ଚାହୁଁ ଅଟେ
- ଆଧାର ବିଶିଷ୍ଟ ପରିଚୟ ଏବଂ ସେବାଗୁଡ଼ିକୁ ସହଜରେ ପାଇବାରେ ସାହାଯ୍ୟ କରିଥାଏ
- ଆଧାରରେ ଆପଣଙ୍କ ମୋବାଇଲ ନମ୍ବର ଏବଂ ଇ-ମେଲ ଆଇଡି ଅପଡେଟ୍ ରଖନ୍ତୁ
- ଏମ ଆଧାର ଆପ୍ ବ୍ୟବହାର କରି ଆଧାରକୁ ଆପଣଙ୍କ ସ୍ମାର୍ଟ ଫୋନ୍‌ରେ ରଖନ୍ତୁ

- Aadhaar is valid throughout the country.
- Aadhaar helps you avail various Government and non-Government services easily.
- Keep your mobile number & email ID updated in Aadhaar.
- Carry Aadhaar in your smart phone – use mAadhaar App.

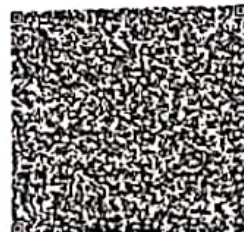


ଭାରତୀୟ ବିଶିଷ୍ଟ ପରିଚୟ ପ୍ରାଧିକରଣ  
Unique Identification Authority of India



ଠିକଣା:  
Qtr. ନଂ ୩୦ ସି, ଷ୍ଟ୍ରିଟ ନଂ ୦୦, ସେକ୍ଟର  
ରୁଆବନ୍ଧା, ସିଭିକ୍ ସେଣ୍ଟର ବିହାଲ, ଦୁର୍ଗ,  
ଚତ୍ତୀଶଗଡ଼ - 490006

Address:  
Qtr. No. 30 C, Street no. 00, Sector  
Ruabandha, Civic Centre Bhalai, Durg,  
Chhattisgarh - 490006



**6443 9804 3921**

VID : 9158 8312 7292 5455

1047 | help@uidai.gov.in | www.uidai.gov.in

9753805886





ଭାରତ ସରକାର  
Government of India

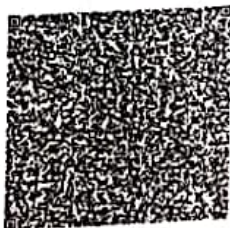
ଭାରତୀୟ ବିଶିଷ୍ଟ ପରିଚୟ ପ୍ରାଧିକରଣ  
Unique Identification Authority of India

ନମାଜକ କ୍ରମାଙ୍କ / Enrolment No.: 0000/00567/02067

To  
ମିତରାମ ନାଗେଶ୍ୱର  
Mitaram Nageshwar  
Qtr. No. 30 C  
Street no. 00  
Sector Ruabandha  
Civic Centre Bhalai  
Durg Chhattisgarh - 490006  
9753805886



Signature valid



ଆପଣଙ୍କ ଆଧାର ସଂଖ୍ୟା / Your Aadhaar No. :

~~XXXXXXXXXXXX~~ 3921  
VID : 9158 8312 7292 5455

ମୋ ଆଧାର, ମୋ ପରିଚୟ



ଭାରତ ସରକାର  
Government of India



ମିତରାମ ନାଗେଶ୍ୱର  
Mitaram Nageshwar  
ଜନ୍ମ ତାରିଖ / DOB: 20/03/1988  
ପୁରୁଷ / MALE

Issue Date 20/11/2011

~~XXXXXXXXXXXX~~ 3921  
VID : 9158 8312 7292 5455

ମୋ ଆଧାର, ମୋ ପରିଚୟ



Government of India



ସୂଚନା

- ଆଧାର ପରିଚୟର ପ୍ରମାଣ ଅଟେ, ନାଗରିକତାର ନୁହେଁ ।
- ସୁରକ୍ଷିତ କ୍ୟୁଆର୍ କୋଡ୍ / ଅଫଲାଇନ ଏକ୍ସଏମଏଲ୍ / ଅନଲାଇନ ପ୍ରମାଣୀକରଣ ବ୍ୟବହାର କରି ପରିଚୟ ଯାଞ୍ଚ କରନ୍ତୁ ।
- ଏହା ଇଲେକଟ୍ରୋନିକ୍ ପଦ୍ଧତି ଦ୍ୱାରା ଉତ୍ପନ୍ନ କରାଯାଇଥିବା ଚିଠି ଅଟେ ।

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- Verify identity using Secure QR Code/ Offline XML/ Online Authentication.
- This is electronically generated letter.

- ଆଧାର ଦ୍ୱାରା ଦେଖିପାରି ବୈଧ ଅଟେ
- ଆଧାର ବିଭିନ୍ନ ସରକାରୀ ଏବଂ ବେସରକାରୀ ସେବାଗୁଡ଼ିକୁ ସହଜରେ ପାଇବାରେ ସାହାଯ୍ୟ କରିଥାଏ
- ଆଧାରରେ ଆପଣଙ୍କ ନୋବାଲକ ନମ୍ବର ଏବଂ ଇ-ମେଲ ଆଇଡି ଅପଡେଟ ରଖନ୍ତୁ
- ଏନ ଆଧାର ଆପ୍ ବ୍ୟବହାର କରି ଆଧାରକୁ ଆପଣଙ୍କ ସ୍ମାର୍ଟ ଫୋନରେ ରଖନ୍ତୁ

- Aadhaar is valid throughout the country.
- Aadhaar helps you avail various Government and non-Government services easily.
- Keep your mobile number & email ID updated in Aadhaar.
- Carry Aadhaar in your smart phone – use mAadhaar App.



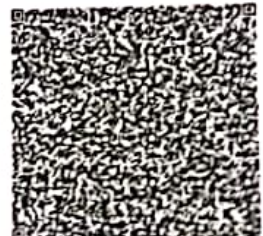
ଭାରତୀୟ ବିଶିଷ୍ଟ ପରିଚୟ ପ୍ରାଧିକରଣ  
Unique Identification Authority of India



ଠିକଣା:  
Qtr. No. 30 C, Street no. 00, Sector  
Ruabandha, Civic Centre Bhalai, Durg,  
Chhattisgarh - 490006

Address:  
Qtr. No. 30 C, Street no. 00, Sector  
Ruabandha, Civic Centre Bhalai, Durg,  
Chhattisgarh - 490006

Download Date: 13/03/2022



~~XXXXXXXXXXXX~~ 3921  
VID : 9158 8312 7292 5455

1847 | help@uidai.gov.in | www.uidai.gov.in

M. Nageshwar

9753805886



From No. LIC 03-

DIVISIONAL OFFICE, RAIPUR  
HAEMOGRAM

Full Name of the life to be Assured		<b>MR. MAITRAM NAGESHWAR</b>	
Age	<b>36</b>	Sex	<b>M</b>
Division		Branch	<b>381</b>
Proposal No.	<b>5638</b>	Agent Code No.:	
		Dev. Officer code No.	
Introducer	Name	Designation/Club Membership	Signature (In full)
Agent			
Second Introducer			

1. Red Blood Cell Count :	<b>4.88</b>	(4.4-6.1 mill/cumm)	
2. Hb% :	<b>14.7 gm%</b>	(11-15 F: 12-18 M)	
3. Hematocrit :	<b>47.2</b>	(45-55%)	
4. Indices :			
(a) MCV (Mean Corpuscular Volume) :	<b>86.4</b>	78-92 fl	
(b) MCH (Mean Corpuscular Hb) :	<b>27.6</b>	26.5 pg	
(c) MCHC (Mean Corpuscular Hb Concentration) :	<b>33.4</b>	32-36 g/dl	
5. Morphology			
Macrocytes	Microcytes :00	Hypochromia : 00	
Poikilocytosis :	Anisocytosis :00		
6. Target Cells			
Spherocytes :	Eliptocytes :00		
7. White Blood cells			
Total Count :	<b>7,200</b>	4000-11000 Cell/cumm	
Differential Count :			
A) Neutrophils	<b>63</b> (40-75%)	C) Eosinophils : <b>01</b> (01-06%)	E) Basophils : <b>00</b> (00-01%)
B) Lymphocytes :	<b>30</b> (25-45%)	D) Monocytes : <b>06</b> (01-10%)	00
8. Platelets :	<b>2.47</b>	1.5-4.5 Lakh/cumm	
9. Erythrocytes Sedimentation rate :	<b>08</b> mm	0 - 20mm/1hrs F; 0 - 15mm/1hrsM	
(Method ..... Westergren method .....			

I declare that the person examined/investigated, signed/affix thumb impression in the space earmarked below, in my presence and I am not related to him/her or the Agent or the Development Officer.

Dated at	<b>Bhilai</b>	on the	<b>23</b>	day of	<b>11</b>	<b>2024</b>	at	<b>02:00W</b>	<b>PM</b>
----------	---------------	--------	-----------	--------	-----------	-------------	----	---------------	-----------

Signature of Thumb Impression of L.A.



Signature of the Pathologist	<b>Dr. A. K. Singh</b>
Name of the Pathologist :	<b>MBBS, MD (PATHOLOGY)</b>
Qualification :	<b>CGMC-5767-2014</b>
Name & Address of the Hospital/Clinic/Lab :	<b>Consultant Pathologist</b>





PT.'S. NAME	MR. MAITRAM NAGESHWAR	AGE	36	YRS	GENDER	M
REF. BY	LIC (381)				PROP. NO.	5638
DATE OF SAMPLE COLLECTION	23.11.24	REPORT GENERATION DATE			23.11.24	

### GLYCOSYLATED HAEMOGLOBIN

**RESULT** : 4.8 %

**INTERPRETAION** : NON DIABETICS HAVE AN AVERAGE HbA1C OF 5% WITH A RANGE OF 3-7% CRITERIA GIVEN BELOW CAN BE USED TO ASSESS DIABETICS.

<8 % : DIABETIC WITH GOOD CONTROL.

8.0 % - 9 % : DIABETIC WITH FAIR CONTROL.

ABOVE 9.0 % : DIABETIC WITH POOR CONTROL.



*Dr. A. K. Singh*  
**Dr. A. K. Singh**  
 MBBS, MD (PATHOLOGY)  
 CGMC-5/6/12014  
 Consultant Pathologist

**CHECKED BY**

**DR. A. K. SINGH**  
 PATHOLOGIST

*This document is not for medico legal purpose and must be co-related clinically.*



Form No. LIC 03 -

**SPECIAL BIO-CHEMICAL TESTS – 13 (SBT – 13)**

Zone:		Division:		Branch :	381
Proposal No.:	5638				
Agent D.O. Code :		Introduced by :			
Full Name of Life to be assured :		MR. MAITRAM NAGESHWAR			
Age/Sex :	36	Yrs.	M		

**SPECIAL BIO-CHEMISTRY TESTS-13 (SBT-13)**

PARAMETER	RESULT		NORMAL RANGE
Blood Sugar (Method GOD, POD)	82.14		70-140
Total Cholesterol	192.1	mg/dl	130 - 250
HDL	38.42	mg/dl	M:30 - 70/F:30 - 85
LDL	127.3	mg/dl	100 - 150
S. Triglycerides	131.6	mg/dl	< 190
S. Creatinine	1.03	mg/dl	0.6-1.4
Blood Urea Nitrogen	20.36	mg/dl	10-40
S. Protien	6.92	mg/dl	6.0 - 8.3
Albumin	3.64	mg/dl	3.2 - 5.6
Globulin	3.28	mg/dl	2.3 - 3.5
A/G Ratio	1.10	mg/dl	1.0 - 2.2
S. Bilirubin			
Total	0.66	mg/dl	Upto 1.00
Direct	0.21	mg/dl	Upto 0.25
Indirect	0.45	mg/dl	Upto 0.75
SGOT	20.13	mg/dl	0 - 46
SGPT	24.63	mg/dl	0 - 46
GGTP (GGT)	33.26	U/L	05 - 50 U/L
S. Alkaline Phosphatase	87.63	mg/dl	42 - 128
HbsAg (Australa Antigen)	Negative		NON REACTIVE
Elisa for HIV (Method Elisa)	Negative	0.26	NON REACTIVE

I declare that the person examined signed (affixed his/her thumb impression) in the space earmarked below, in my presence and I am not related to related to him/her or the Agent or the Development Officer.

Dated at	BHILAI	on the	23	day of	11	2024	at	02:00	PM
----------	--------	--------	----	--------	----	------	----	-------	----

Signature of the L.A.

Signature of the Pathologist  
Pathologist's Name & Address: QualificationDr. A. K. Singh  
MBBS, MD (PATHOLOGY)  
CGMC-57677014  
Consultant Pathologist



From No. LIC 03-

DIVISIONAL OFFICE, RAIPUR  
**ROUTINE URINE ANALYSIS**

Full Name of the life to be Assured		<b>MR. MAITRAM NAGESHWAR</b>			
Age	<b>36</b>	Sex	<b>M</b>		
Division		Branch	<b>381</b>		
Proposal No.	<b>5638</b>	Agent Code No.:		Dev. Officer code No.	
Introducer	Name	Designation/Club Membership	Signature (In full)		
Agent					
Second Introducer					

**1. Physical Examination**

(i)	Colour	<b>YELLOW</b>	(ii)	Sediment	<b>CLEAR</b>
(iii)	Transparency	<b>CLEAR</b>	(iv)	Reaction	<b>Acidic</b>

**2. Chemical Examination**

(i)	Protein	<b>NIL</b>	(ii)	Sugar	<b>NIL</b>
(iii)	Bile salt	<b>NIL</b>	(iv)	Bile pigments	<b>Nil</b>

**3. Microscopic Examination**

(i)	Red Blood Cells	<b>NIL</b>	(ii)	Epithelial Cells	<b>2-3</b>
(iii)	Crystals	<b>NIL</b>	(iv)	Pus Cells	<b>0-1</b>
(v)	Casts	<b>NIL</b>	(vi)	Deposits	<b>Clear</b>

(Bacteria's ..... Absent.....)

**Remarks**

If pus cells are present GRAM STAIN is necessary  
 If haematuria is present ZIEHL NEELSEN METHOD is necessary

I declare that the person examined/investigated, signed/affix thumb impression in the space earmarked below, in my presence and I am not related to him/her or the Agent or the Development Officer.

Dated at	<b>Bhilai</b>	on the	<b>23</b>	day of	<b>11</b>	<b>2024</b>	at	<b>02:00</b>	<b>PM</b>
----------	---------------	--------	-----------	--------	-----------	-------------	----	--------------	-----------

Signature of Thumb Impression of L.A.

Signature of the Pathologist:	
Name of the Pathologist:	<b>Dr. A. K. Singh</b>
Qualification:	<b>MBBS, MD (PATHOLOGY)</b>
Name & Address of the Hospital/Clinic/Lab:	<b>CGMC, Raipur Consultant Pathologist</b>






PT.'S. NAME	MR. MAITRAM NAGESHWAR	AGE	36	YRS	GENDER	M
REF. BY	LIC (381)				PRO. No.	5638
DATE OF SAMPLE COLLECTION	23.11.24	REPORT GENERATION DATE			23.11.24	

**CLINICAL PATHOLOGY**

URINE COTININE / NICOTINE	NEGATIVE
---------------------------	----------



  
**Dr. A. K. Singh**  
 MBBS, MD (PATHOLOGY)  
 College No. 177/014  
 Consultant Pathologist  
**DR. A. K. SINGH**  
 PATHOLOGIST

CHECKED BY

*This document is not for medico legal purpose and must be co-related clinically.*



ID: 291  
MITARAM NAGESHWAR  
Male 36Years  
kg

23-11-2024 14:09:05  
HR : 63 bpm  
P : 102 ms  
PR : 128 ms  
QRS : 96 ms  
QT/QTc : 406/416 ms  
P/QRS/T : 36/52/56 °  
RV5/SV1 : 1.024/0.724 mV

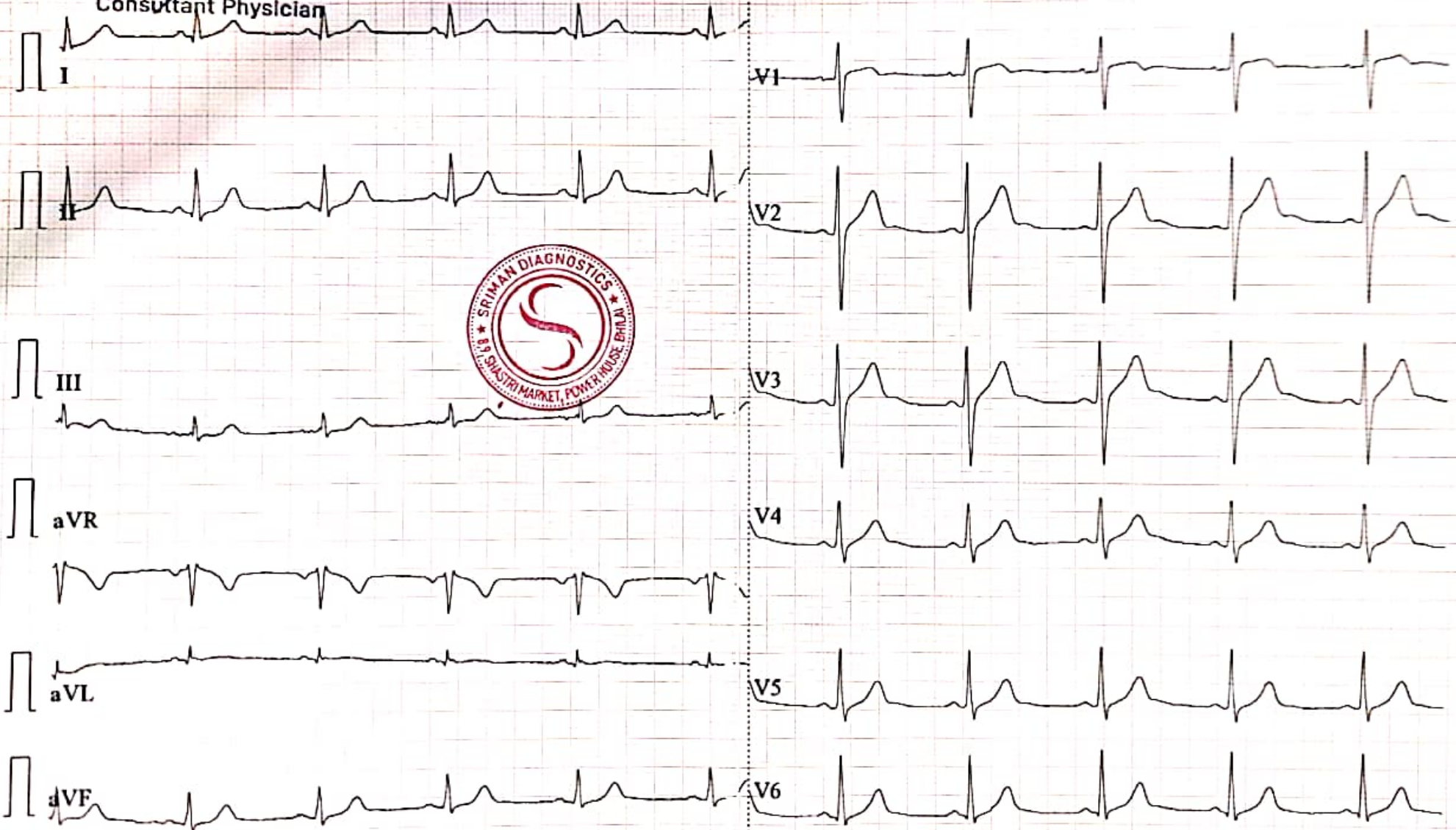
Diagnosis Information:  
Sinus rhythm  
Normal ECG

**Dr. Suman Rao**

MBBS, MD (MED)  
Fellowship in Haemodialysis  
CGMC-1552/2008  
Consultant Physician

*M. Nageshwar*

Ref-Phys. : LIC  
Report Confirmed by:





From No. LIC 03-

DIVISIONAL OFFICE, RAIPUR  
**ELECTROCARDIOGRAM**

Full Name of the life to be Assured		MR. MAITRAM NAGESHWAR			
Age :	36	Sex:	M		
Division		Branch	381		
Proposal No.	5638	Agent Code No.:		Dev. Officer code No.	
Introducer	Name	Designation/Club Membership		Signature (In full)	
Agent					
Second Introducer					

**Instruction to the Cardiologist**

- I. Please satisfy yourself about the identity of the examinee to guard against impersonation
- II. The examinee and the person's introducing him must sign in your presence Do not use the form signed in advance Also obtain signatures on ECG tracings
- III. The base line must be steady The tracing must be pasted on a folder.
- IV. Rest ECG should be 12 leads along with standardization slip each lead with minimum of 3 complexes Long lead II If L-III and AVF shows deep Qot Twave change. They should be recorded additionally in deep inspiration, if V Shows a tall R -Wave. Additional lead VR be recorded

**DECLARATION**

I hereby declare that the foregoing answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of proposal dated ..... given by me to LIC of India

Signature of witness

Name of witness

Signature of Thumb Impression of L.A

Note :- Cardiologist is requested to explain following questions to L.A and to note the answer there of

- I. Have you ever had chest pain, palpitation, breathlessness at rest or exertion ?
- II. Are you suffering from heart disease, diabetes, high or low Blood Pressure or Kidney diseases
- III. Have you ever had Chest X-Ray, ECG. Blood Sugar. Cholesterol or any other test done ?

NO

NO

NO

If the answer's to any all of the above questions is "yes" Submit all relevant papers with this form I declare that the person examined/investigated . signed/affix thumb impression in the space earmarked below, in my presence and I am not related to him/her or the Agent or the Development officer .

Dated at	Bhilai	on the	23	day of	11	2024	at	02:00	PM
----------	--------	--------	----	--------	----	------	----	-------	----

Signature of Thumb Impression of L.A.



Signature of the Cardiologist:	<i>Dr. Sumen Rao</i>
Name of the Cardiologist:	ABBS, M.D., M.P.H.
Qualification :	Fellow of the Indian Society of Electrocardiography
Name & Address of the Hospital/Clinic/Lab :	GGMC, Raipur





**Divisional Office, Raipur**

Full Name of the life to be Assured	<b>MR. MAITRAM NAGESHWAR</b>
-------------------------------------	------------------------------

**(A) Measurements**

Height (Cm)	Weight (Kg)	Blood Pressure	Pulse Rate
165	56	120/80	63

**(B) Cardiovascular System**

.....  
 .....

**Rest ECG Report**

Position	SUPINE		P Wave	NORMAL	
Standard dictation 1 mv	10 um		PR Interval	128	ms
Mechanism	Sinus		QRS Complexes	96	ms
Voltage	1 um		Q-T Duration	406/416	ms
Electrical Axis	CLEAR		S-T Segment	NORMAL	
Auricular Rate	63	bpm	T-Wave	NORMAL	
Ventricular Rate	63	bpm	Q-Wave	NORMAL	
Rhythm	Sinus Rhythm				
Additional Findings, if Any	No				

**Conclusion**

.....W.N.L.....  
 .....

Dated at	Bhilai	on the	23	day of	11	2024	at	02:00	PM
----------	--------	--------	----	--------	----	------	----	-------	----

Signature of Thumb Impression of L.A.



Signature of the Cardiologist	<i>Dr. Sandan Rao</i>
Name of the Cardiologist	MD (K.F.D)
Qualification	Fellowship in Cardiology
Name & Address of the Hospital/Clinic/Lab	CCMC-1552/2-3B Consultant Physician



From No. LIC 03-

**COMPUTERIZED TREADMILL TEST**

Full Name of the life to be Assured		MR. MAITRAM NAGESHWAR			
Age :	36	Sex:	M		
Division		Branch:	381		
Proposal No.	5638	Agent Code No.:		Dev. Officer code No.	
Introducer	Name	Designation/Club Membership	Signature (In full)		
Agent					
Second Introducer					

**DECLARATION**

I hereby declare that the following answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of the proposal dated \_\_\_\_\_ given by me to LIC of India.

Signature of witness

Name of witness

Signature of Thumb Impression of L.A

Note - Cardiologist is requested to explain following questions to L.A and to note the answer there of

I. Have you ever had chest pain, palpitation, breathlessness at rest or exertion ?

II. Are you suffering from heart disease, diabetes, high or low Blood Pressure or Kidney diseases

III. Have you ever had Chest X-Ray, ECG, Blood Sugar, Cholesterol or any other test done ?

If the answer's to any all of the above questions is "yes" Submit all relevant papers with this form.

I declare that the person examined/investigated . signed/affix thumb impression in the space earmarked below, in my presence and I am not related to him/her or the Agent or the Development officer .

Dated at **Bhilai** on the **23** day of **11** **2024** at **02:00** **PM**

Signature of Thumb Impression of L.A.



**Dr. Suman Rao**

Signature of the Cardiologist :	
Name of the Cardiologist :	MBBS, MD (MED) Fellowship in Haemodialysis
Qualification :	CGMC 1552/2008
Name & Address of the Hospital/Clinic/Lab :	Consultant Physician





Divisional Office, Raipur

Full Name of the life to be Assured : **MR. MAITRAM NAGESHWAR**

(a) Pre-test: Supine Standing Hyperventilation

(b) Exercise: Stage I )  
 Stage II ) 3 minutes each  
 Stage III )  
 .....peak exercise

(c) Recovery Recovery Recovery Recovery.

Phase Name	Stage Name	Time In Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP
PRETEST	SUPINE							
	SITTING							
	STANDING							
	HYPERVENTILATION							
EXERCISE	WARM UP							
	STAGE 1							
	STAGE 2							
	STAGE 3							
RECOVERY	PEAK EXERCISE							
	RECOVERY							
	RECOVERY							
	RECOVERY							

AS PER REPORT

The protocol used - BRUCE : \_\_\_\_\_

Total Exercise Time - \_\_\_\_\_

Maximum Blood Pressure - \_\_\_\_\_

Maximum Workload \_\_\_\_\_

Maximum Heart Rate \_\_\_\_\_

Reason for Termination - \_\_\_\_\_

Maximum predicted Heart Rate \_\_\_\_\_ %

**Comments**

.....W.N.L.....

Dated at **Bhilai** on the **23** day of **11** 2024 at **02:00** PM

Signature of Thumb Impression of LA



Signature of the Cardiologist: **Dr. Suman Rao**  
 Name of the Cardiologist: **Dr. Suman Rao**  
 Qualification: **MD (CCU)**  
 Name & Address of the Hospital: **Dr. Suman Rao, Raipur**



Divisional Office, Raipur

Full Name of the life to be Assured : **MR. MAITRAM NAGESHWAR**

(a) Pre-test: Supine Standing Hyperventilation

(b) Exercise: Stage I )  
 Stage II ) 3 minutes each  
 Stage III )  
 .....peak exercise

(c) Recovery Recovery Recovery Recovery.

Phase Name	Stage Name	Time In Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP
PRETEST	SUPINE							
	SITTING							
	STANDING							
	HYPERVENTILATION							
EXERCISE	WARM UP							
	STAGE 1							
	STAGE 2							
	STAGE 3							
	PEAK EXERCISE							
RECOVERY	RECOVERY							
	RECOVERY							
	RECOVERY							

AS PER REPORT

The protocol used - BRUCE : \_\_\_\_\_  
 Total Exercise Time - \_\_\_\_\_  
 Maximum Blood Pressure - \_\_\_\_\_  
 Maximum Workload \_\_\_\_\_  
 Maximum Heart Rate \_\_\_\_\_  
 Reason for Termination - \_\_\_\_\_

Maximum predicted Heart Rate \_\_\_\_\_ %

Comments

.....W.N.L.....

Dated at **Bhilai** on the **23** day of **11** **2024** at **02:00** **PM**

Signature of Thumb Impression of L.A.



Signature of the Cardiologist : **Dr. Suman Rao**  
 Name of the Cardiologist : **MBBS, MD (C.C.P.)**  
 Qualification : **CCMC-1552**  
 Name & Address of the Hospital/Clinic/Lab : **CCMC-1552, Raipur**





Summary

SHRIMAN DIAGNOSTIC

POWER HOUSE, BHILAI

933/MITARAM NAGESHWAR 36 Yrs/Male 56 Kg/165 Cms

Date: 23-Nov-2024 02:20:36 PM

Stage	Ref. By	LIC	Phase Time	Protocol	BRUCE	Grade	Objective	FOR TESTING PURPOSE ONLY	PVC	Comments	
	Stage Time		(Min:Sec)	Speed		(%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. (x100)	
Supine							1.0	73	120/80	87	-
Standing							1.0	75	120/80	90	-
HV							1.0	69	120/80	82	-
ExStart							1.0	73	120/80	87	-
Stage 1	3:01		3:02	2.7		10.0	4.6	99	130/80	128	-
Stage 2	3:01		6:02	4.0		12.0	7.0	114	130/80	148	-
Stage 3	3:01		9:02	5.5		14.0	10.2	143	160/110	228	-
PeakEx	0:27		9:28	6.8		16.0	10.7	161	160/110	257	-
Recovery	1:00			1.8		0.0	4.3	128	160/110	204	-

Medication : NO

History :

Test End Reason :

Findings :

The patient exercised according to BRUCE for 9:27, achieving a work level of Max METS:10.7. Resting heart rate initially 73 bpm, rose to a max. heart rate of 161 bpm which represents 88% of maximum age predicted heart rate. Resting blood pressure 120/80 mmhg, rose to a maximum blood Pressure of 160/110 mmhg. The exercise stress test was stopped due to

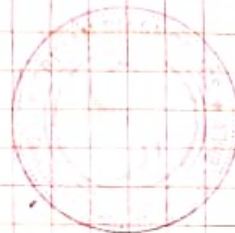
Parameters :

Exercise Time :09:27  
Max HR Attained :161 bpm 88% of Max Predictable HR 184  
Max BP : 160/110(mmHg)  
Max WorkLoad attained :10.7(Good Effort Tolerance)

M. Nageshwar

Dr. Sunil Rao

MBBS, MD (MED)  
Fellow in Hemodialysis  
CGMO  
Consultant Physician



Advice/Comments:





Ref. By : LKC

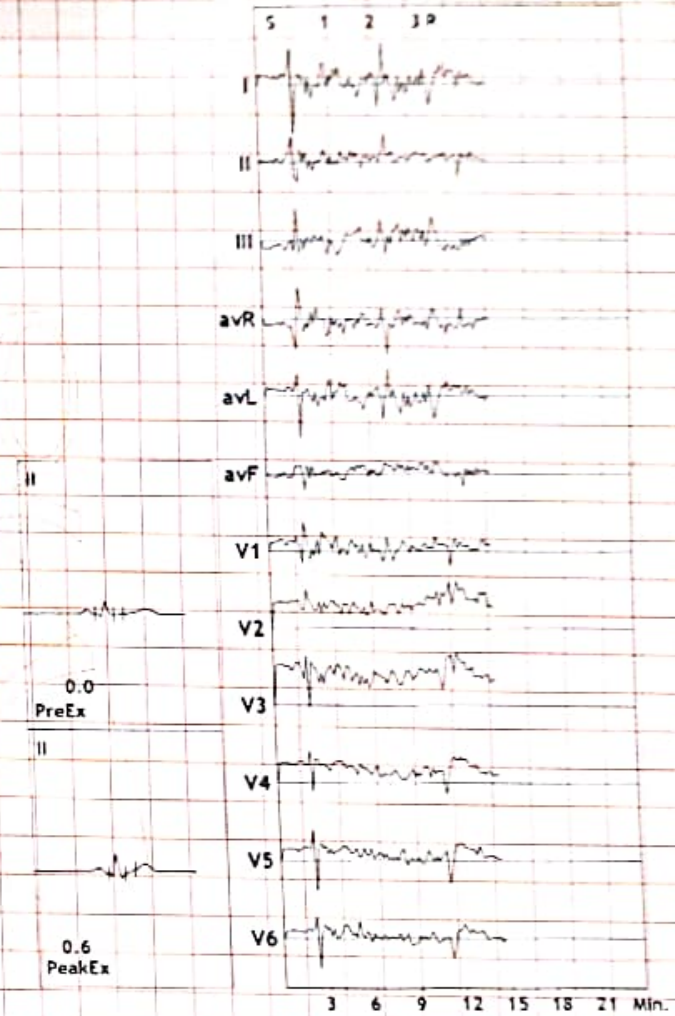
Protocol : BRUCE

STL

0.5 mm/Div

S 1 2 3 P

Stage	Stage Time (mm:Sec)	Phase Time (mm:Sec)	Speed (kmph)	Grade (%)	METS	HR (bpm)	SBP (mmHg)	DBP (mmHg)	RPE (x100)	PR	Comments
Supine					1.0	73	120/80		87	-	
Standing					1.0	75	120/80		90	-	
HV					1.0	69	120/80		82	-	
ExStart					1.0	73	120/80		87	-	
Stage 1	3:01	3:02	2.7	10.0	4.6	99	130/80		128	-	
Stage 2	3:01	6:02	4.0	12.0	7.0	114	130/80		148	-	
Stage 3	3:01	9:02	5.5	14.0	10.2	143	160/110		228	-	
PeakEx	0:27	9:28	6.8	16.0	10.7	161	160/110		257	-	
Recovery	1:00		1.8	0.0	4.3	128	160/110		204	-	



Findings :

Exercise Time : 09:27  
 Max HR Attained : 161 bpm 88% of Max Predictable HR 184  
 Max BP : 160/110(mmHg)  
 Max WorkLoad attained : 10.7(Good Effort Tolerance)



Advice/Comments:





Linked Medians Report

933/MITARAM NAGESHWAR: 72 bpm  
36 Yrs/Male METS: 1.0  
56 Kg/165 Cms BP: 120/80  
Date: 23-Nov-2024 02:20:36 PM

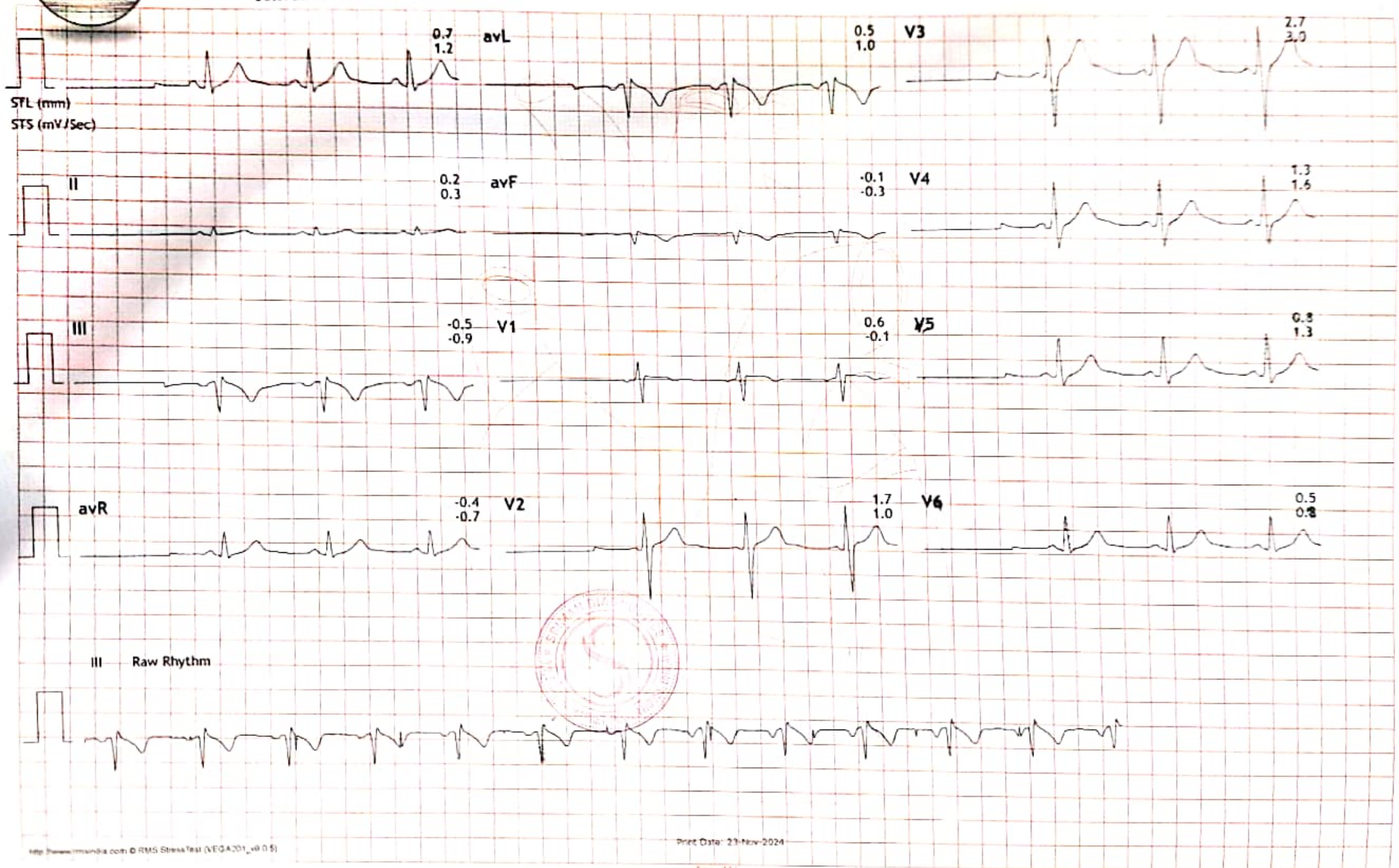
MpHR: 39% of 184  
Speed: 0.0 kmph  
Grade: 0.0%

SHRIMAN DIAGNOSTIC  
POWER HOUSE, BHILAI

BRUCE  
(1.0-100)Hz

Ex Time 00:33  
BLC : On  
Notch : On

Supine  
10.0 mm/mf  
25 mm/sec.







Linked Medians Report

933/MITARAM NAGESHWAR: 75 bpm  
36 Yrs/Male METS: 1.0  
56 Kg/165 Cms BP: 120/80  
Date: 23-Nov-2024 02:20:36 PM

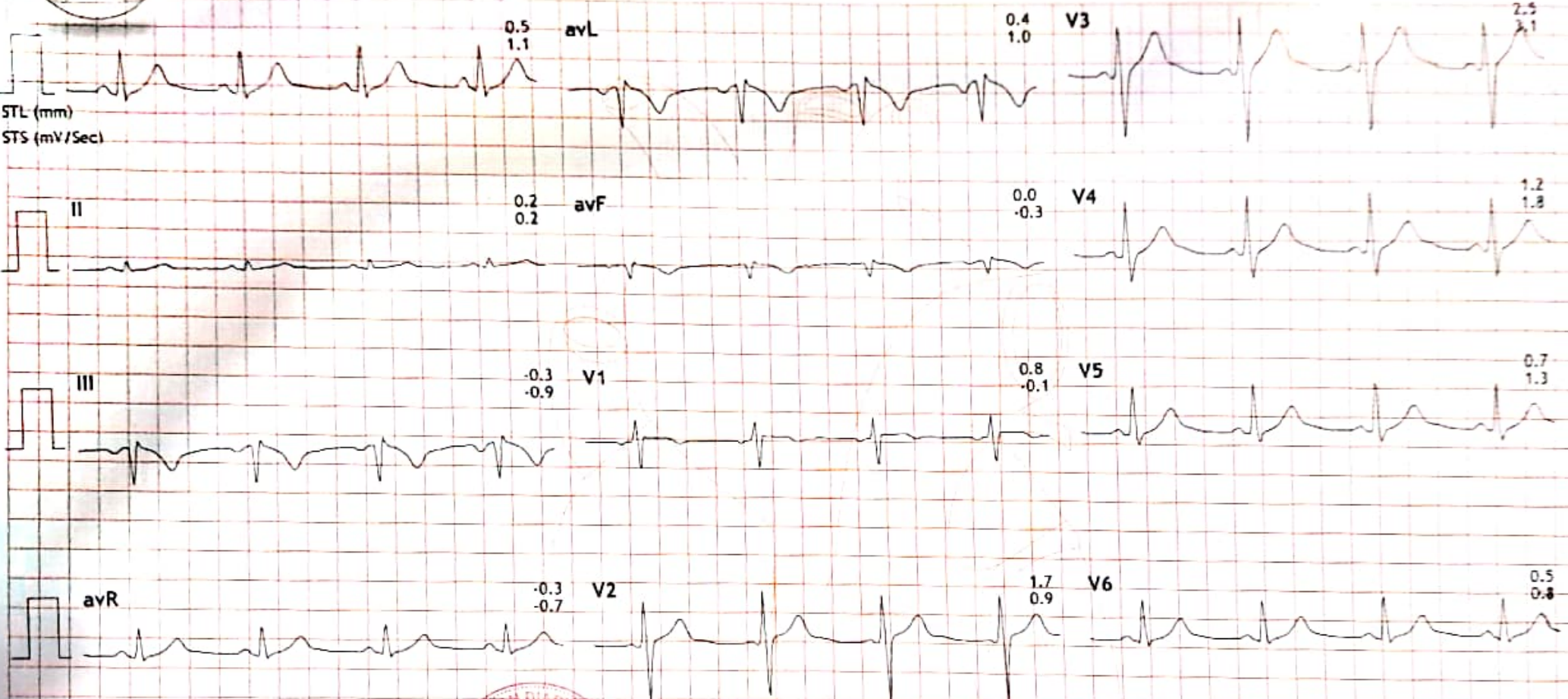
SHRIMAN DIAGNOSTIC  
POWER HOUSE, BHILAI

MHR: 40% of 184  
Speed: 0.0 kmph  
Grade: 0.0%

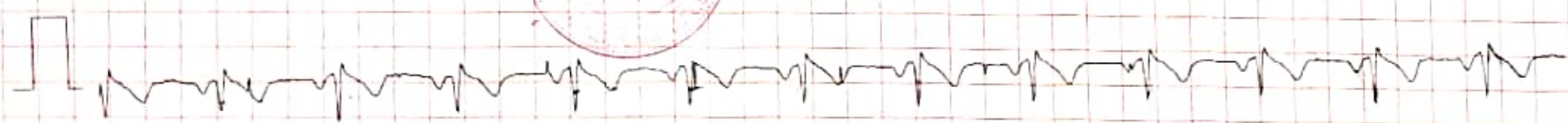
BRUCE  
(1.0-100)Hz

Ex Time 00:50  
BLC : On  
Notch : On

Standing  
10.0 mm/mV  
25 mm/Sec.



III Raw Rhythm







# Linked Medians Report

933/MITARAM NAGESHWAR: 72 bpm  
 36 Yrs/Male METS: 1.0  
 56 Kg/165 Cms BP: 120/80  
 Date: 23-Nov-2024 02:20:36 PM

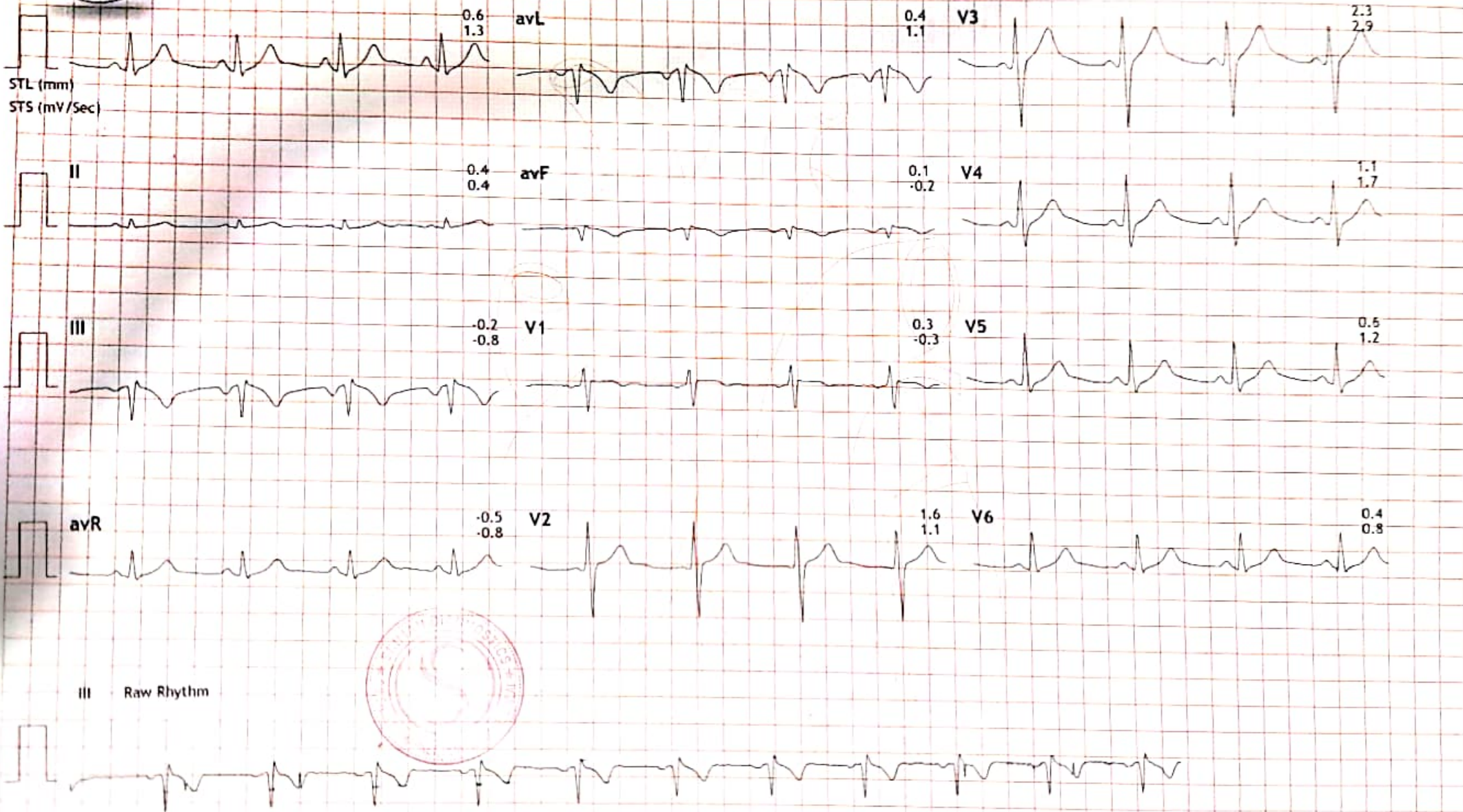
MHR: 39% of 184  
 Speed: 0.0 kmph  
 Grade: 0.0%

# SHRIMAN DIAGNOSTIC POWER HOUSE, BHILAI

BRUCE  
 (1.0-100)Hz

Ex Time 01:16  
 BLC :On  
 Notch :On

HV  
 10.0 mm/mV  
 25 mm/Sec.



III Raw Rhythm





Linked Medians Report

933/MITARAM NAGESHWAR: 72 bpm  
36 Yrs/Male METS: 1.0  
56 Kg/165 Cms BP: 120/80  
Date: 23-Nov-2024 02:20:36 PM

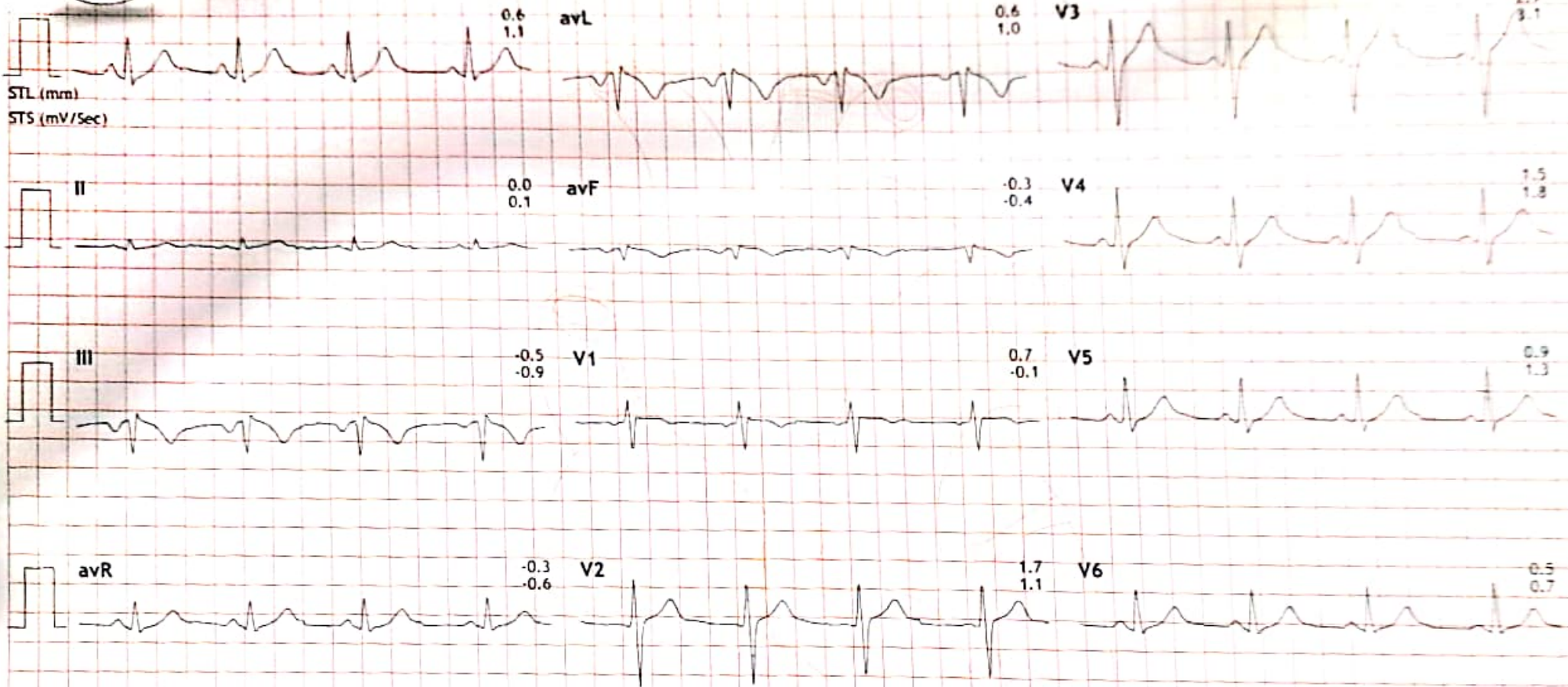
MPHR: 39% of 184  
Speed: 0.0 kmph  
Grade: 0.0%

SHRIMAN DIAGNOSTIC  
POWER HOUSE, BHILAI

BRUCE  
11.0-100Hz

Ex Time 01:30  
BLC On  
Watch On

ExStart  
10.0 mm/mv  
25 mm/Sec.



III Raw Rhythm







# Linked Medians Report

933/MITARAM NAGESHWAR 99 bpm  
 36 Yrs/Male METS: 4.6  
 56 Kg/165 Cms BP: 130/80  
 Date: 23-Nov-2024 02:20:36 PM

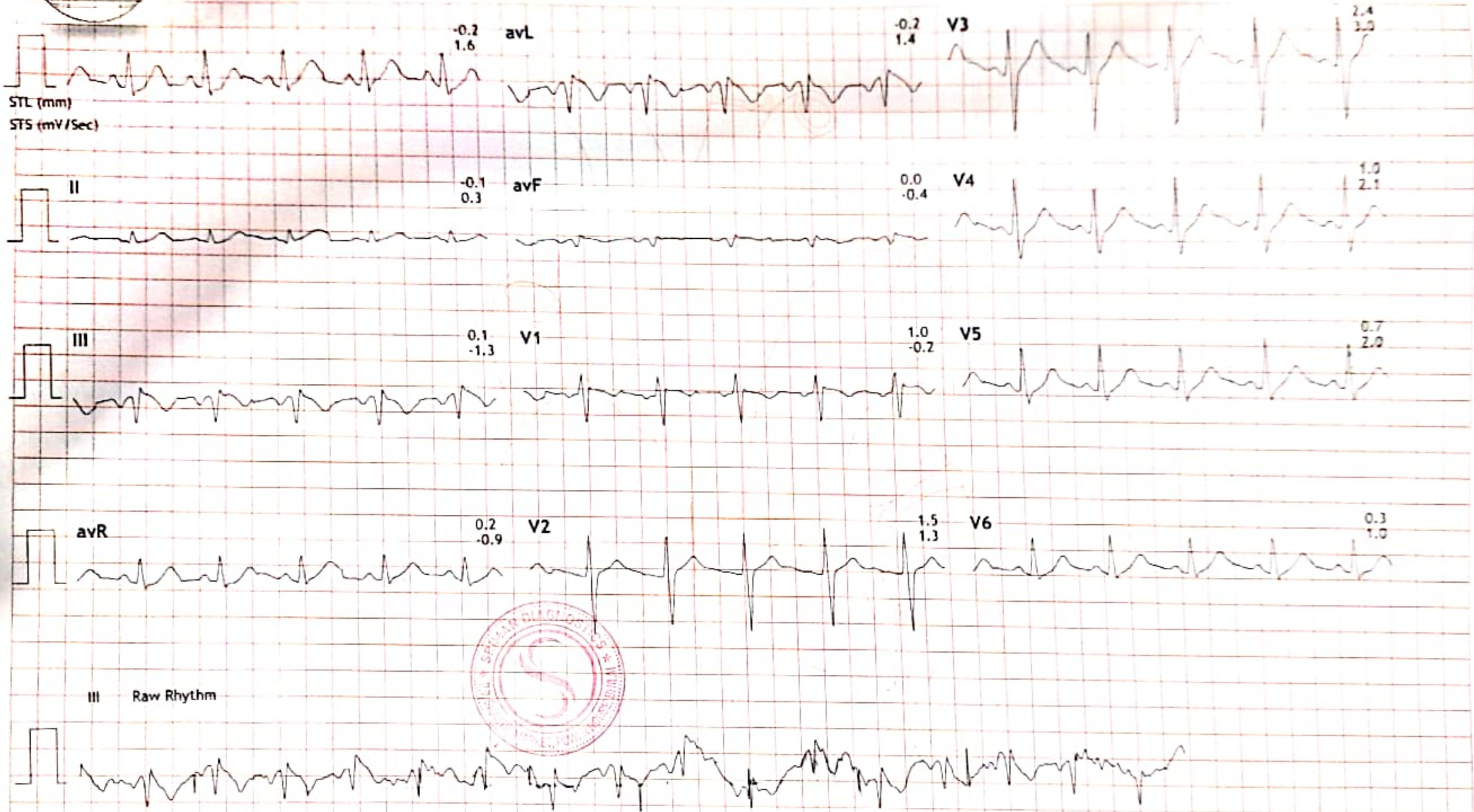
MHR: 53% of 184  
 Speed: 2.7 kmph  
 Grade: 10.0%

## SHRIMAN DIAGNOSTIC POWER HOUSE, BHILAI

BRUCE  
 (1.0-100)Hz

Ex Time 03:00  
 BLC : On  
 Notch : On

BRUCE: Stage 1 (3.00)  
 10.0 mm/mV  
 25 mm/Sec.







# Linked Medians Report

933/MITARAM NAGESHWAR: 114 bpm  
 36 Yrs/Male METS: 7.0  
 56 Kg/165 Cms BP: 130/80  
 Date: 23-Nov-2024 02:20:36 PM

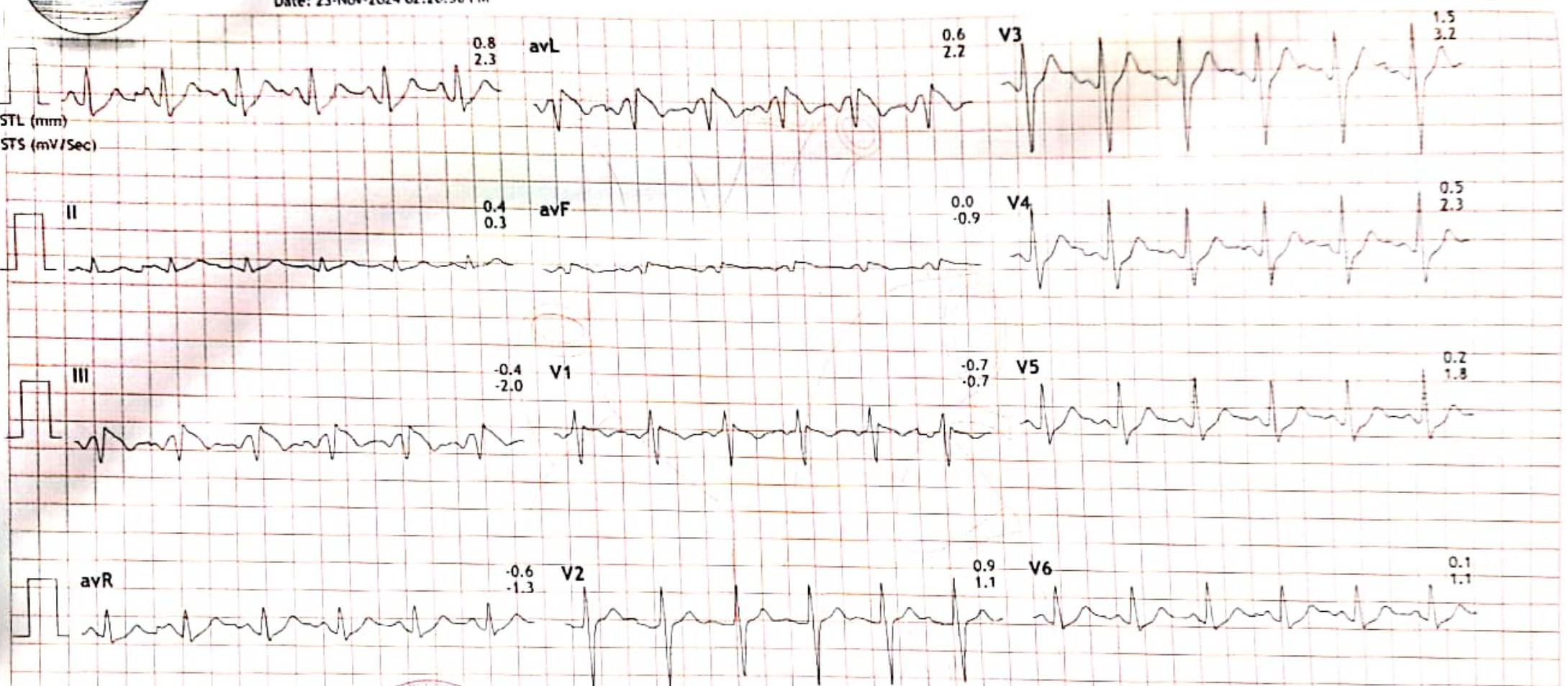
MHR: 61% of 184  
 Speed: 4.0 kmph  
 Grade: 12.0%

## SHRIMAN DIAGNOSTIC POWER HOUSE, BHILAI

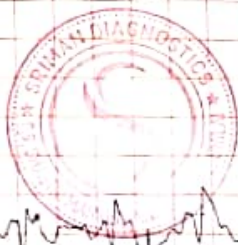
BRUCE  
 (1.0-100)Hz

Ex Time 06:00  
 BLC :On  
 Notch :On

BRUCE: Stage 2(3:00)  
 10.0 mm/mV  
 25 mm/Sec.



III Raw Rhythm







Linked Medians Report

933/MITARAM NAGESHWAR: 143 bpm  
36 Yrs/Male METS: 10.2  
56 Kg/165 Cms BP: 160/110  
Date: 23-Nov-2024 02:20:36 PM

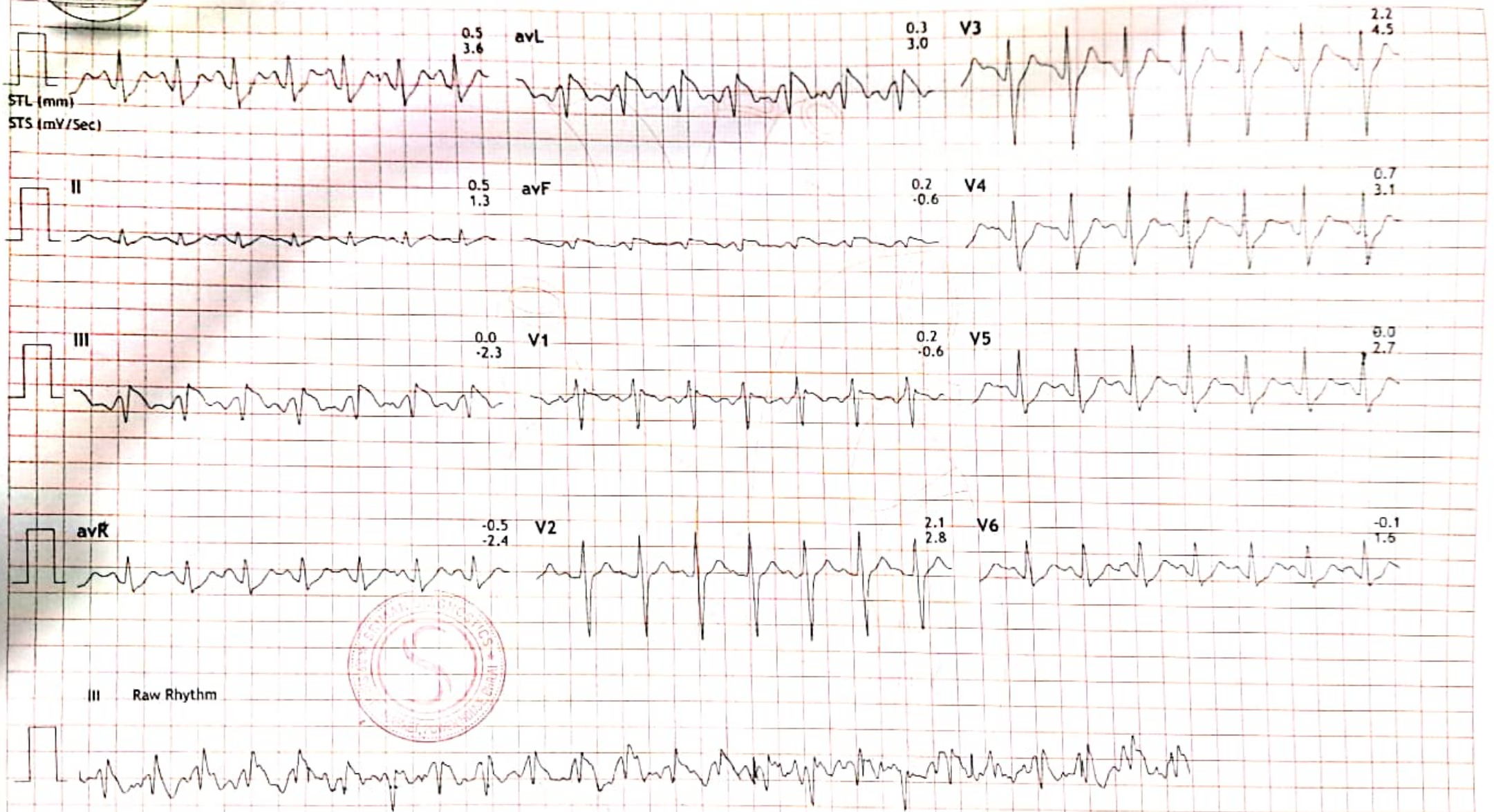
MHR: 77% of 184  
Speed: 5.5 kmph  
Grade: 14.0%

SHRIMAN DIAGNOSTIC  
POWER HOUSE, BHILAI

BRUCE  
(1.0-100)Hz

Ex Time 09:00  
BLC : On  
Notch : On

BRUCE: Stage 3(3:00)  
10.0 mm/mV  
25 mm/Sec.







Linked Medians Report

933/MITARAM NAGESHWAR 161 bpm  
36 Yrs/Male METS: 10.7  
56 Kg/165 Cms BP: 160/110  
Date: 23-Nov-2024 02:20:36 PM

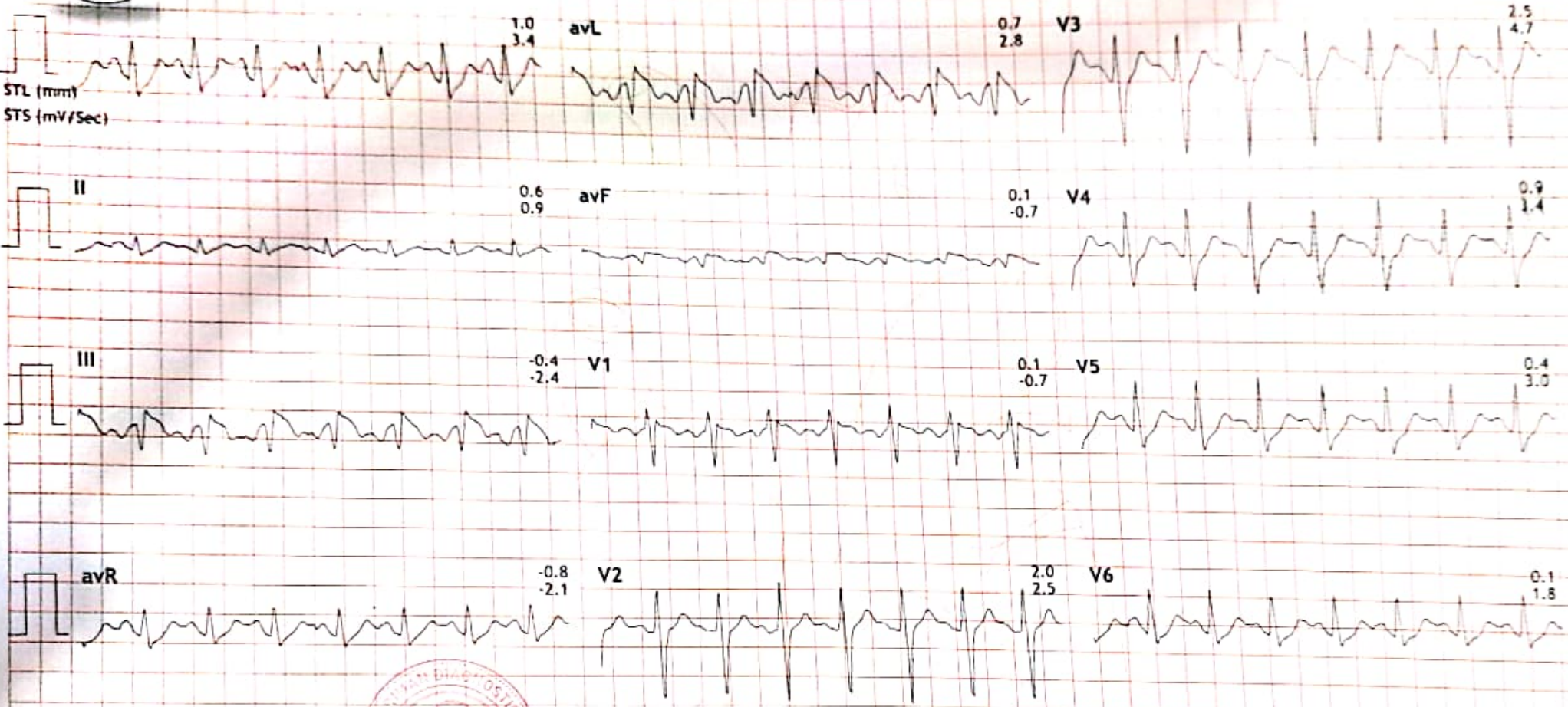
MHR: 87% of 184  
Speed: 6.8 kmph  
Grade: 16.0%

SHRIMAN DIAGNOSTIC  
POWER HOUSE, BHILAI

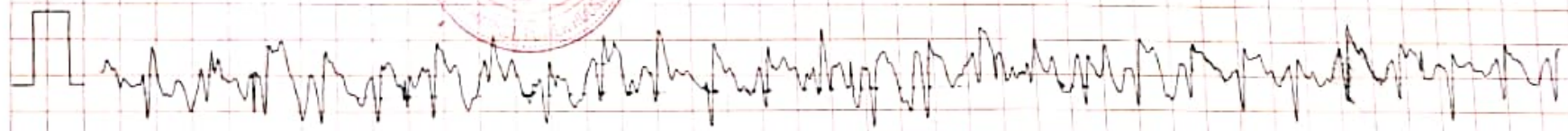
BRUCE  
(1.0-100)Hz

Ex Time 09:25  
BLC On  
Notch On

BRUCE: PeakEx(0:25)  
10.0 mm/mV  
25 mm/Sec.



III Raw Rhythm







Linked Medians Report

933/MTARAM NAGESHWAR: 129 bpm  
36 Yrs/Male METS: 4.4  
56 Kg/165 Cms BP: 160/110  
Date: 23-Nov-2024 02:20:36 PM

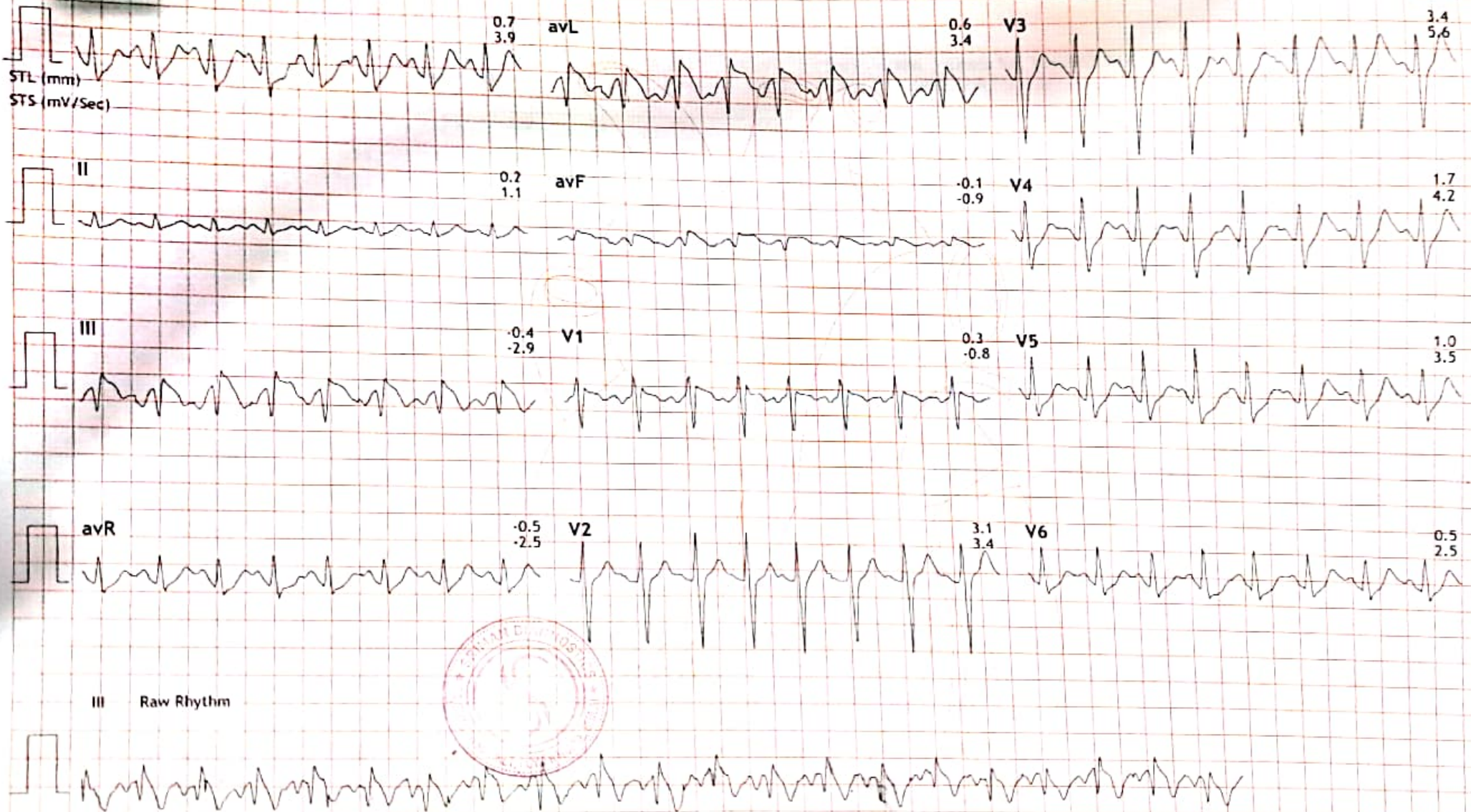
MpHR:70% of 184  
Speed: 1.8 kmph  
Grade: 0.0%

SHRIMAN DIAGNOSTIC  
POWER HOUSE , BHILAI

BRUCE  
(1.0-100)Hz

Ex Time 09:27  
BLC :On  
Notch :On

Recovery(1:00)  
10.0 mm/mV  
25 mm/Sec.







Linked Median Report

SHRIMAN DIAGNOSTIC  
POWER HOUSE, BHILAI

933/MITARAM NAGESHWAR 36 Yrs/Male 56 Kg/165 Cms  
Date: 23-Nov-2024 02:20:36 PM

Time (Min.)	HR (Bpm)	PR Int (mS)	QRS Wid (mS)	QRS Axis (Deg.)	QTC (mS)	P(μV) (Max)	R(μV) (Max)	S(μV) (Min)	T(μV) (Max)	Min. J (μV)	Leads for (J & PJ)	Min. Post JRR Var (μV)	JRR Var (%)	PVC (Counts)	Missed Beats (Counts)
00 : 30	73	367	103	-15	302	76	494	-568	362	-8	III	-59	32.47	-	-
01 : 00	80	130	103	-16	307	121	459	-564	354	4	III	-55	14.55	-	-
01 : 30	73	397	103	-18	290	107	486	-548	376	-14	III	-67	41.23	-	-
02 : 00	89	123	100	-7	431	-120	501	-521	367	-61	V1	-90	11.01	-	-
02 : 30	96	273	107	2	323	165	465	-532	284	-69	II	-114	4.69	-	-
03 : 00	99	263	110	-10	318	137	472	-526	284	-85	I	-51	5.65	-	-
03 : 30	99	140	110	-8	310	162	512	-579	295	-112	I	-41	3.98	-	-
04 : 00	96	250	110	-9	309	128	504	-590	306	4	III	-59	7.49	-	-
04 : 30	99	253	110	-10	302	142	501	-583	319	49	III	-18	3.31	-	-
05 : 00	109	160	103	-8	436	131	522	-606	297	-39	III	-71	3.55	-	-
05 : 30	112	150	107	-2	434	139	508	-625	286	-151	avL	-67	3.70	-	-
06 : 00	112	117	110	-24	415	143	469	-593	267	-94	avL	-2	3.66	-	-
06 : 30	109	120	113	-29	435	156	510	-607	294	-175	I	-90	3.90	-	-
07 : 00	112	150	113	-30	419	161	513	-622	290	53	III	-45	4.24	-	-
07 : 30	113	117	120	-31	415	156	495	-635	273	65	III	-73	3.85	-	-
08 : 00	124	127	120	-21	433	201	530	-662	286	51	III	-122	2.50	-	-
08 : 30	129	123	83	-30	418	173	507	-657	250	-277	V5	-53	2.16	-	-
09 : 00	135	120	120	-21	421	158	473	-661	275	-173	avL	-45	2.14	-	-
09 : 30	138	110	83	-13	412	157	494	-650	272	-252	avL	-87	2.31	-	-
10 : 00	141	107	83	-31	427	192	468	-659	252	-240	avL	-63	2.42	-	-







Time (Min.)	HR (Bpm)	PR Int (mS)	QRS Wid (mS)	QRS Axis (Deg.)	QTC (mS)	P(μV) (Max)	R(μV) (Max)	S(μV) (Min)	T(μV) (Max)	Min. J (μV)	Leads for (J & PJ)	Min. Post JRR (μV)	Var (%)	PVC (Counts)	Missed Beats (Counts)
10:30	143	110	83	-23	306	168	458	-641	237	-293	avL	-100	2.36	-	-
11:00	162	100	80	-3	413	218	517	-704	262	-273	V5	-126	10.38	-	-
11:30	141	107	103	-28	312	179	421	-664	337	112	III	-41	3.17	-	-
12:00	124	120	100	5	310	164	431	-662	409	108	III	-55	3.45	-	-
12:30	112	110	103	-13	312	169	459	-651	404	100	III	-55	3.82	-	-
13:00	112	123	107	-12	318	199	468	-661	389	57	III	-75	1.96	-	-
13:30	102	150	100	-2	331	155	458	-659	356	75	III	-43	7.78	-	-
14:00	102	233	107	-19	317	163	494	-613	341	83	III	-14	4.62	-	-
14:30	103	163	100	-6	312	144	504	-608	311	-77	avL	-18	4.14	-	-



fdi&search=all&permid=thread-1:18164286701435841