

Dr. Vimmi Goel  
Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No: MMC-2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052



Name: Mr. Amal Meshram Date: 31/11/24

Age: 36 y Sex: M/F Weight: 62.2 kg Height: 165.8 inc BMI: 22.6

BP: 115/76 mmHg Pulse: 65/M bpm RBS: mg/dl

SPO2: 99%

36/M

- F/H - Mother - PTCA, CKD, Tchol.
- Sister - Tchol.
- No addictions
- Dyslipidemia  
LDL - 273
- TMT Mild + w
- No significant effort symp.

Adv.

- 1) T. Rosuvastatin - B x  $\frac{40+180}{90}$  A/D
- 2) T. Clopidogrel 75 x  $\frac{90}{90}$  A/D

- To see Dr. S. Ganjewan sir

- S. Homocysteine

- Diet, walking

- R/A 3 mths  $\bar{c}$  FLP

- Diabetic referral.

$\frac{87E}{Tm^{\circ}}$   
 W  
 Lm  
 P/A | N

Dr. Rahul Atara  
BDS, MDS (Endodontics)  
Reg. No: A-16347



Name: Mr Amol Meshram Date: 09.11.24

Age: 36yr Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Allergy: \_\_\_\_\_

OIE Calculus ++  
Stain  
more with lower Ant

Adv scaling

Nishu



**KIMS - Kingsway Hospitals**  
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)

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**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>AMOL MESHAM</b> 36Y(S) 0M(S) 0D(S)/M MRNP2425027242 9404234065	<b>CONSULT DATE</b> : 09-11-2024 <b>CONSULT ID</b> : OPC2425088027 <b>CONSULT TYPE</b> : WALK IN <b>VISIT TYPE</b> : NORMAL <b>TRANSACTION TYPE</b>	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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**VITALS**

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :  
-- °F -- /min -- %RA -- /10 -- cms

Weight : BMI :  
-- kgs --

**CHIEF COMPLAINTS**

ROUTINE EYE CHECKUP

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	6/6

**NEAR ADDITION**

RIGHT EYE	00	N6
LEFT EYE	00	N6

**REMARK-**

**Dr. Ashish Prakashchandra Kamble**  
MBBS,MS, FVRS,FICO  
Consultant

Printed On : 09-11-2024 11:40:21



MC-6773



**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. AMOL MESHAM	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425062550/MRNP2425027242	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 09-Nov-24 09:19 am	<b>Report Date</b> : 09-Nov-24 11:37 am

**HAEMOGRAM**

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	13.8	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		43.8	40.0 - 50.0 %	Calculated
RBC Count		<b>6.58</b>	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		<b>67</b>	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		<b>21.0</b>	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		31.5	31.5 - 35.0 g/l	Calculated
RDW		<b>17.6</b>	11.5 - 14.0 %	Calculated
Platelet count		228	150 - 450 $10^3$ /cumm	Impedance
WBC Count		6400	4000 - 11000 cells/cumm	Impedance
<b>DIFFERENTIAL COUNT</b>				
Neutrophils		<b>37.4</b>	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		<b>48.8</b>	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		<b>6.9</b>	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		6.9	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2393.6	2000 - 7000 /cumm	Flow Cytometry/Light microscopy
Absolute Lymphocyte Count		3123.2	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		441.6	20 - 500 /cumm	Calculated
Absolute Monocyte Count		441.6	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated



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HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. AMOL MESHAM	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Ill No/ UMR No</b> : BIL2425062550/MRNP2425027242	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 09-Nov-24 09:19 am	<b>Report Date</b> : 09-Nov-24 11:37 am

**Parameter**  
**PERIPHERAL SMEAR**

**Specimen Results**

**Biological Reference Method**

Macrocytosis	Macrocytosis +(Few) ?
Hypochromasia	Hypochromia +(Few)
Poikilocytosis	Poikilocytosis +(Few)
Target Cells	Seen (Few)
WBC	As above
Platelets	Adequate
Comment	Erythrocytosis noted
<b>S R</b>	02
	0 - 15 mm/hr
	*** End Of Report ***

Automated  
Westergren's Method

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

Best results related only to the item tested.

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**Dr. Suvarna Kawade, MBBS,MD (Pathology)**

**CONSULTANT**



MC-6773



**KING'S HIGHWAY  
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. AMOL MESHRAM	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425062550/MRNP2425027242	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 09-Nov-24 09:18 am	<b>Report Date</b> : 09-Nov-24 10:57 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	100	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		108	< 140 mg/dl	GOD/POD, Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
HbA1c		5.3	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

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**KIMS-KINGSWAY  
HOSPITALS**

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HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. AMOL MESHAM	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425062550/MRNP2425027242	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 09-Nov-24 09:19 am	<b>Report Date</b> : 09-Nov-24 10:57 am

**LIPID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	<b>325</b>	Enzymatic(CHE/CHO/PO D)
Triglycerides		< 200 mg/dl	
HDL Cholesterol Direct		128	< 150 mg/dl
LDL Cholesterol Direct		46	> 40 mg/dl
VLDL Cholesterol		<b>273.02</b>	< 100 mg/dl
Tot Chol/HDL Ratio		26	< 30 mg/dl
		<b>7.06</b>	3 - 5

Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160
No additional major risk or one additional major risk factor		>190, optional at 160-189

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Suwarna Kawade, MBBS,MD (Pathology)**

**CONSULTANT**

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**KIMS-KINGSWAY  
HOSPITALS**

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HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. AMOL MESHRAM	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425062550/MRNP2425027242	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 09-Nov-24 09:19 am	<b>Report Date</b> : 09-Nov-24 10:57 am

**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.57	0.2 - 1.3 mg/dl	Bromocresol green Dye Binding
Direct Bilirubin		0.17	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.40	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		70	38 - 126 U/L	
SGPT/ALT		19	10 - 40 U/L	
SGOT/AST		22	15 - 40 U/L	
Serum Total Protein		<b>8.21</b>	6.3 - 8.2 gm/dl	
Albumin Serum		4.85	3.5 - 5.0 gm/dl	
Globulin		3.36	2.0 - 4.0 gm/dl	
A/G Ratio		1.44		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If neccessary, Please discuss

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MC-8773



**KIMS-KINGSWAY  
HOSPITALS**

**KIMS-KINGSWAY  
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. AMOL MESHRAM	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425062550/MRNP2425027242	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 09-Nov-24 09:19 am	<b>Report Date</b> : 09-Nov-24 10:57 am

**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.49	0.55 - 1.70 ng/ml	
Free T4		1.44	0.80 - 1.70 ng/dl	
TSH		2.50	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Suwarna Kawade, MBBS,MD (Pathology)**

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MC-6773



**KIMS-KINGSWAY  
HOSPITALS**

**KIMS-KINGSWAY  
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. AMOL MESHAM	<b>Age /Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425062550/MRNP2425027242	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 09-Nov-24 09:19 am	<b>Report Date</b> : 09-Nov-24 10:57 am

**RFT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	23	19.0 - 43.0 mg/dl	
Creatinine		1.02	0.66 - 1.25 mg/dl	
GFR		97.7	>90 mL/min/1.73m square.	
Sodium		138	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.46	3.5 - 5.1 mmol/L	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Suwarna Kawade, MBBS,MD (Pathology)**

**CONSULTANT**

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**KIMS-KINGSWAY  
HOSPITALS**

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HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

MC-8773

**patient Name** : Mr. AMOL MESHARAM  
**Age / Gender** : 36 Y(s)/Male  
**Bill No / UMR No** : BL2425062550/MRNP2425027242  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 09-Nov-24 10:29 am  
**Report Date** : 09-Nov-24 11:22 am

**URINE MICROSCOPY**

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Biological Reference</b>	<b>Method</b>
<b>PHYSICAL EXAMINATION</b>				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear		
<b>CHEMICAL EXAMINATION</b>				
Specific gravity		1.020	1.005 - 1.025	Ion concentration
Reaction (pH)		6.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Ketone Bodies		Negative	Negative	Legal's est Principle
Urobilinogen		Negative	Negative	Ehrlich's Reaction
Bilirubin		Normal	Normal	Diazonium
<b>MICROSCOPIC EXAMINATION</b>				
Pus Cells		Negative	Negative	
R.B.C.		0-1	0-4 /hpf	
Epithelial Cells		Absent	0-4 /hpf	
Casts		0-1	0-4 /hpf	
Crystals		Absent	0-4 /hpf	
		Absent	Absent	
*** End Of Report ***				

Suggested Clinical Correlation \* If necessary, please discuss

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**Dr. Suvarna Kawade, MBBS,MD (Pathology)**  
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**KIMS-KINGSWAY  
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

MC-8773

patient Name	: Mr. AMOL MESHRAM	Age / Gender	: 36 Y(s)/Male
Bill No/ UMR No	: BIL2425062550/MRNP2425027242	Referred By	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 09-Nov-24 11:28 am	Report Date	: 09-Nov-24 12:37 pm

**URINE SUGAR**

Parameter  
Urine Glucose

Result Values  
Negative

Post Meal Urine Sugar  
\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If neccessary, please discuss

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**Dr. Anuradha Deshmukh, MBBS,MD  
CONSULTANT MICROBIOLOGIST**

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CIN: U74999MH2018PTC3030510



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. AMOL MESHRAM  
Age / Gender : 36 Y(s)/Male  
Bill No/ UMR No : BIL2425062550/MRNP2425027242 Referred By : Dr. Vimmi Goel MBBS,MD  
Received Dt : 09-Nov-24 10:29 am Report Date : 09-Nov-24 11:37 am

**USF(URINE SUGAR FASTING)**

Parameter	Specimen	Result Values	Biological Reference	Method
Urine Glucose	Urine	Negative		STRIP
Comment		Urine Fasting Sugar *** End Of Report ***		

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : 11101075

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Dr. Suvarna Kawade, MBBS,MD (Pathology)  
CONSULTANT

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	ANOL MENHARAM	STUDY DATE	09-11-2024 11:01:33
AGE/SEX	36YTD / M	HOSPITAL NO	MRNP2425027242
ACCESSION NO	RII 2425062550-9	MODALITY	DX
REPORTED ON	09-11-2024 13:32	REFERRED BY	Dr. Vinod (Case)

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal.

5th rib shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION -No pleuro-parenchymal abnormality seen.**



 **Poonam Chidderwar**  
MBBS, MD

N.B.: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know the nature of illness.

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Phone: +91 0712 6789100  
CIN: U74999MH2018PTC303510

<b>PATIENT NAME:</b>	<b>MR. AMOL MESHARAM</b>	<b>AGE /SEX:</b>	<b>36 YRS/MALE</b>
<b>UMR NO:</b>	<b>MRNP24250277242</b>	<b>BILL NO:</b>	<b>BIL2425062550</b>
<b>REF BY</b>	<b>DR. VIMMI GOEL</b>	<b>DATE:</b>	<b>09-NOV-2024</b>

USG WHOLE ABDOMEN

LIVER is normal in size (13 cm), shape and echotexture.  
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.  
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.  
SPLEEN is normal in size (10.8 cm) shape and echotexture.

Right kidney measures 9.2 x 4.7 cm. Left kidney measures 10.5 x 5.5 cm.  
Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.  
Prostate is normal in size, shape and echotexture.  
There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- No significant visceral abnormality seen.  
Suggest clinical correlation.



**DR. REEMA PERVEZ**  
**MBBS, DMRD, DNB**  
**CONSULTANT RADIOLOGIST**

## EXERCISE STRESS TEST REPORT

Patient Name: Mr. Amol , Meshram  
Patient ID: 027242

DOB: 18.08.1988  
Age: 36yrs  
Gender: Male

Height:

Race: Indian

Weight:

Referring Physician: Med/wheel HCU

Study Date: 09.11.2024  
Test Type: Treadmill Stress Test

Attending Physician: Dr. Vimmi Goel  
Technician: --

Protocol: BRUCE

Medications:

Medical History:  
NIL

### Reason for Exercise Test: Screening for CAD

### Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST							
	SUPINE	01:01	0.00	0.00	81	110/70	
	STANDING	00:01	0.00	0.00	81		
	WARM-UP	00:07	0.70	0.00	80		
EXERCISE	STAGE 1	03:00	1.70	10.00	121		
	STAGE 2	03:00	2.50	12.00	127	110/70	
	STAGE 3	03:00	3.40	14.00	153	110/70	
	STAGE 4	00:35	4.20	16.00	164		
RECOVERY		01:00	0.00	0.00	122	120/70	
		02:00	0.00	0.00	95	120/70	
		01:07	0.00	0.00			

The patient exercised according to the BRUCE for 9:34 mins, achieving a work level of Max. METS: 11.90.  
The resting heart rate of 83 bpm rose to a maximal heart rate of 164 bpm. This value represents 89% of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 120/70 mmHg. The exercise test was stopped due to ST-T changes seen.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: ST-T changes seen.

Overall impression: Mild Positive.

### Conclusions:

TMT is Mild Positive for inducible ischemia. by ST-T changes seen during exercise & recovery.  
No angina.

  
DR. VIMMI GOEL

MBBS, MD

St. Consultant-Non Invasive Cardiology

Reg. No.: 201419110113



09-NOV-24 9:46:39 AM  
 KIMS-KINGSWAY HOSPITALS

PBC DEPT.

Rate 64 Sinus rhythm  
 normal P axis, V-rate 50-99  
 ST elev, probable normal early repol pattern. ST elevation, age<55

PR 150  
 QRSD 90  
 QT 362  
 QTc 374

--AXIS--

P 31

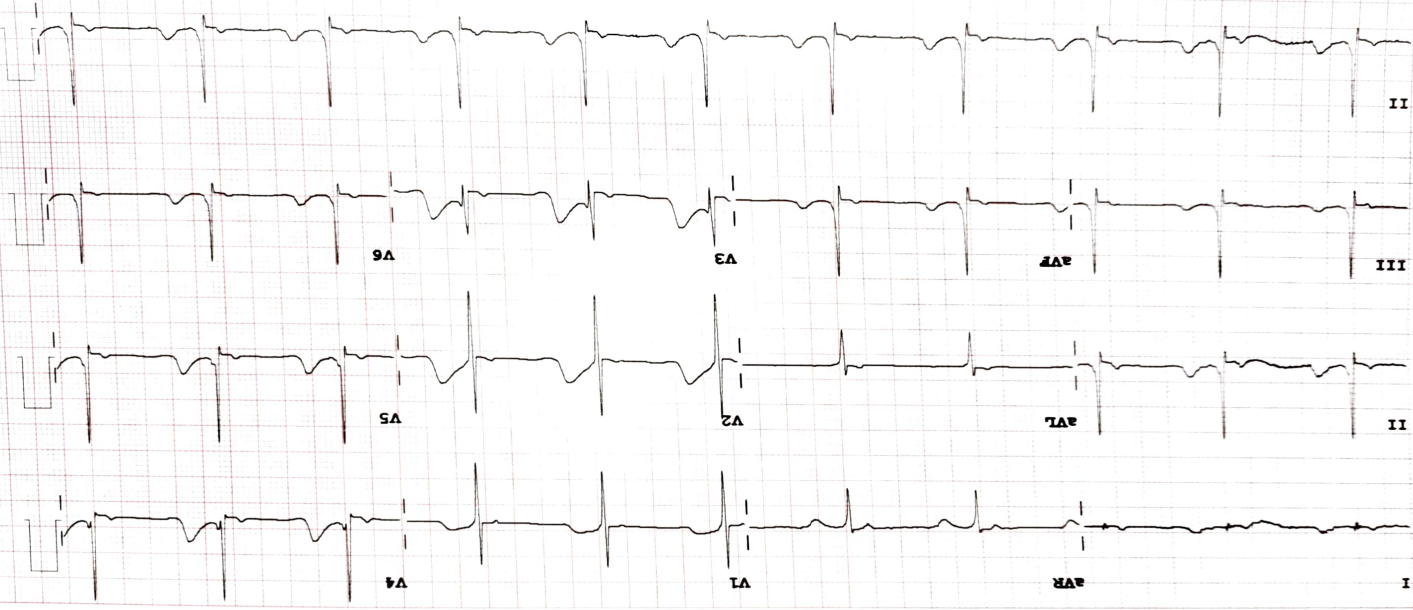
QRS 84

T 59

12 lead: Standard Placement

Unconfirmed Diagnosis

- NORMAL ECG -



Device:

Speed: 25 mm/sec  
 Lamb: 10 mm/mV  
 Chest: 10.0 mm/mV

f 50~0.50-150 Hz W

100B CL

P2