


Name : Mr. Arunabh Kumar Sinha	Age : 42Y 4M 10D	UHID : CWAN.0000138558
Address : Kondhwa Bk Pune Maharashtra INDIA 411048	sex : Male	 CWAN.0000138558
Plan : ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT		OP No : CWANOPV243251 Bill No : CWAN-OCR-52554 Date : Nov 11th, 2024, 8:37 AM

Sno.	Service Type/Service Name	Department	
1	ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324		
1	COMPLETE URINE EXAMINATION	Clinical Pathology	<input type="checkbox"/>
2	BILIRUBIN, TOTAL - SERUM	Biochemistry	<input type="checkbox"/>
3	ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM	Biochemistry	<input type="checkbox"/>
4	FITNESS BY GENERAL PHYSICIAN	Consultation	<input type="checkbox"/>
5	X-RAY CHEST PA	X Ray Radiology	<input type="checkbox"/>
6	BLOOD GROUP ABO AND RH FACTOR	Blood Bank	<input type="checkbox"/>
7	ECG	Cardiology	<input type="checkbox"/>
8	CREATININE, SERUM	Biochemistry	<input type="checkbox"/>
9	BUN/CREATININE RATIO	Biochemistry	<input type="checkbox"/>
10	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	Biochemistry	<input type="checkbox"/>
11	GLUCOSE, FASTING	Biochemistry	<input type="checkbox"/>
12	OPHTHAL BY GENERAL PHYSICIAN	Consultation	<input type="checkbox"/>
13	HEMOGRAM + PERIPHERAL SMEAR	Haematology	<input type="checkbox"/>
14	PERIPHERAL SMEAR	Haematology	<input type="checkbox"/>

h: - 173.
w: - 95.3g
bp: - 110/70

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mr. Anurabh K. Sinha on 12/11/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Mild Increase in Sugars - Advise HbA1c</u></p> <p>2. <u>High sapt levels</u></p> <p>3.</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. Mushfiya
Medical Officer
The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes

DR. MUSHFIYA BAHRAINWALA
M.B.B.S
Reg. No.: 47527
Apollo Clinic Wanowarie
NIBM Road, Kondhwa.

Date : 11/11/2024 Department : General Physician
 Patient Name : Mr. Arunabh Kumar Sinha Doctor : Dr. MUSHFIYA BAHRAINWALA
 UHID : CWAN.0000138558 Registration No. : 2020010062
 Age / Gender : 42Yrs 4Mths 10Days/ Male Qualification : MBBS and PG in Hospital Management

Consultation Timing : 8:38 AM

Height : 173cm.	Weight : 95.3kg	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/70/70

General Examination / Allergies History

Clinical Diagnosis & Management Plan

For HBBG PARC
 No Cos. at the moment
 O/E: vs
 vs
 Resp. NAD
 Abcd
 Plan: Report



Follow up date:

Doctor Signature

GE MAC1200 ST SINHA, ARUNABH 000138558, APOLLO CLINIC WANOWRIE

Male, 42 Years (01.07.1982)

HR 63 bpm

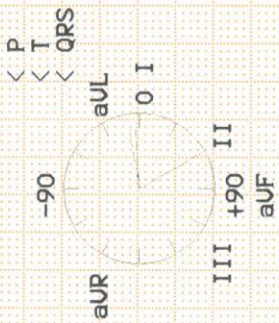
WNL
[Signature]

Measurement Results:

QRS : 94 ms
 QT/QTcB : 402 / 416 ms
 PR : 134 ms
 P : 98 ms
 RR/PP : 934 / 940 ms
 P/QRS/T : -10/ 60/ -5 degrees
 QTd/QTcBD : 40 / 41 ms
 Sokolow : 2.5 mV
 NK : 9

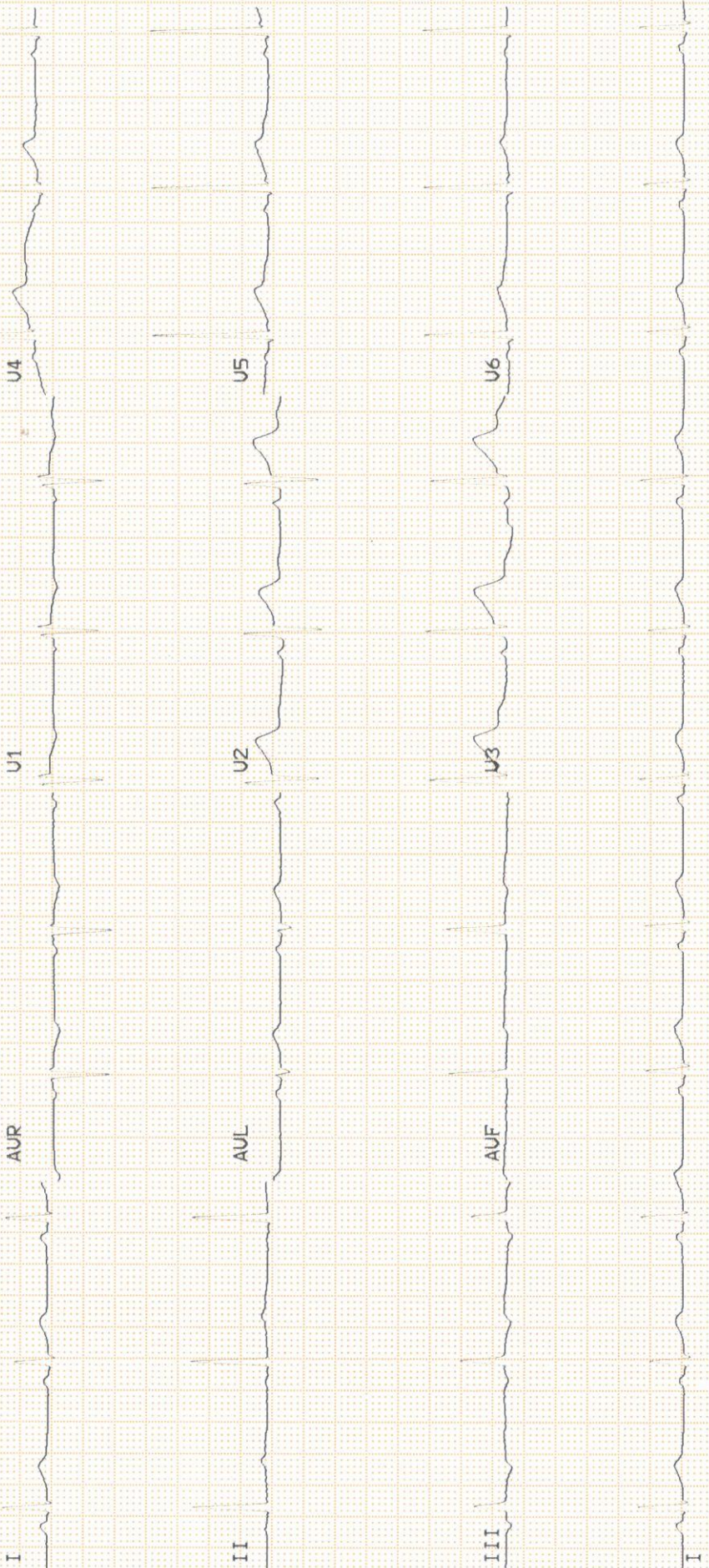
Interpretation:

normal ECG



DR. MUSHFIYA BAHRAINWALA
 M.B.B.S
 Reg. No.: 47527
 Apollo Clinic Wanowarie
 NIBM Road, Kondhwa.

Unconfirmed report.



The Apollo Clinic

Wanowrie
Pune-411048

PATIENT NAME :- Mr. Arunabh Singh

DATE :- 11/11/24

AGE/SEX :- 42/M

UHID : 138558

EYE CHECK UP

COMPLETE

PREMEDICAL/OTHER

	RIGHT EYE ✓	LEFT EYE
Far Vision	6/6 ✓	6/6 ✓
Near Vision	N/6 ✓	N/6 ✓
Anterior Segment Pupil	NORMAL ✓	NORMAL ✓
Fundus	NORMAL	NORMAL
Colour Vision	NORMAL ✓	NORMAL ✓
Iop	NORMAL ✓	NORMAL ✓
Family History/Medical History	NO	

IMPRESSION:- Both eyes normal vision

Advice :-

Ophthalmologist

Patient Name	: Mr. Arunabh Kumar Sinha	Age	: 42Yrs 4Mths 10Days
UHID	: CWAN.0000138558	OP Visit No.	: CWANOPV243251
Printed On	: 11-11-2024 10:01 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 9920144559		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Cardiac shadow is normal.

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen.

---End Of The Report---



Dr. SHAAZ KHAN
MBBS,DMRE

Radiology

Patient Name : Mr.ARUNABH KUMAR SINHA	Collected : 11/Nov/2024 08:43AM
Age/Gender : 42 Y 4 M 10 D/M	Received : 11/Nov/2024 12:01PM
UHID/MR No : CWAN.0000138558	Reported : 11/Nov/2024 12:59PM
Visit ID : CWANOPV243251	Status : Final Report
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Emp/Auth/TPA ID : 9920144559	

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

RBC's are Normocytic Normochromic
WBC's are normal in number and morphology
Platelets are Adequate
No hemoparasite seen.



Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:CWA241100333

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	16.2	g/dL	13-17	Spectrophotometer
PCV	49.10	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.4	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	91	fL	83-101	Calculated
MCH	30	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	14.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,310	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	62.7	%	40-80	Electrical Impedance
LYMPHOCYTES	27.7	%	20-40	Electrical Impedance
EOSINOPHILS	2.2	%	1-6	Electrical Impedance
MONOCYTES	6.7	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3956.37	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1747.87	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	138.82	Cells/cu.mm	20-500	Calculated
MONOCYTES	422.77	Cells/cu.mm	200-1000	Calculated
BASOPHILS	44.17	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	2.26		0.78- 3.53	Calculated
PLATELET COUNT	235000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	7	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

RBC's are Normocytic Normochromic
WBC's are normal in number and morphology
Platelets are Adequate
No hemoparasite seen.



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Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

Sneha Shah

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Patient Name : Mr.ARUNABH KUMAR SINHA	Collected : 11/Nov/2024 08:43AM
Age/Gender : 42 Y 4 M 10 D/M	Received : 11/Nov/2024 11:48AM
UHID/MR No : CWAN.0000138558	Reported : 11/Nov/2024 12:26PM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	114	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	172	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Interval	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM	117.69	U/L	<50	IFCC


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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Comment:

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes.

ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear.

The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Interval	Method
BILIRUBIN, TOTAL , SERUM	0.81	mg/dL	0.3–1.2	DPD

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BUN/CREATININE RATIO , SERUM				
BLOOD UREA NITROGEN	6.5	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.84	mg/dL	0.72 – 1.18	Modified Jaffe, Kinetic
BUN / CREATININE RATIO	7.69			Calculated


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DEPARTMENT OF BIOCHEMISTRY

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CREATININE , SERUM	0.84	mg/dL	0.72 – 1.18	Modified Jaffe, Kinetic

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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	YELLOW		PALE YELLOW	Scattering of light
TRANSPARENCY	CLEAR		CLEAR	Scattering of light
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.004		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NORMAL		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Diazonium Salt
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium nitro prusside
UROBILINOGEN	NORMAL		NORMAL (0.1-1.8mg/dl)	Diazonium salt
NITRITE	NEGATIVE		NEGATIVE	Sulfanilic acid
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	1 - 2	/hpf	0-5	Automated Image based microscopy
EPITHELIAL CELLS	0 - 1	/hpf	< 10	Automated Image based microscopy
RBC	0	/hpf	0-2	Automated Image based microscopy
CASTS	NEGATIVE	/lpf	0-2 Hyaline Cast	Automated Image based microscopy
CRYSTALS	NEGATIVE	/hpf	Occasional-Few	Automated Image based microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

Page 9 of 10



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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

*** End Of Report ***

Page 10 of 10


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TERMS AND CONDITIONS GOVERNING THIS REPORT

1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.
2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of particulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.
3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation).
4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.
5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.
6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.



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