

Name : Mrs. TINKU THAKUR (49 /F)

Date : 12/03/2025

Address : SHANTINAGAR, SCHOOLPARA, PO-NONACHANDANPUKUR, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by :

UHID : AGHL.0001517736

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH238413



## CHIEF COMPLAINTS

For corporate health checkup  
Head ache, Memory impairment  
Back pain

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder  
Hypertension Medication - regular



## SYSTEMIC REVIEW

### Cardiovascular system

Breathing difficulty - yes; Exacerbated by - moderate exertion; Palpitation - yes; Exacerbated by - moderate exercise

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

No of Children - 2; Deliveries - normal vaginal delivery; Menopause - yes

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant



### Surgical history

Hysterectomy - yes



### Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Coronary artery disease - father

Cancer - None

## PHYSICAL EXAMINATION



### General

Height - 155

Weight - 77

BMI - 32.05

Pallor - No

Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 75

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 110

Diastolic(mm of Hg) - 80

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
Tenderness - No

### Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:  
(RE):FULL (LE):FULL  
ANTERIOR SEGMENTS:  
(RE):WNL (LE):WNL  
VISUAL ACUITY  
DISTANCE:WITHOUT  
GLASS (RE):6/6P (LE):6/6P  
VISUAL ACUITY  
NEAR:WITHOUT GLASS  
(RE):N8P (LE):N8P  
SPECTACLE POWER:  
RE:-1.00X80\*(6/6)  
LE:-1.00X90\*(6/6) ADD:  
+2.00DSPH(N6)  
ADVICE:\*Glass Rx\*Review  
after 1yr/SOS

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.6 *	g/dl	●	12.0-15.0
RBC COUNT	4.48	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	39.7	%	●	36-46
MCV	88.6	fl	●	83-101
MCH	25.9 *	pg	●	27-32
MCHC	29.3 *	%	●	31.5-34.5
RDW	15.7 *	%	●	11.8-14.0
WBC Count	6600	/cu mm	●	4000-10000
Platelet Count	1.86	lacs/cu mm	●	1.5-4.0
Neutrophils	63	%	●	40-80
Lymphocytes	31	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	17	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	1-3			

Casts: Not Found

Crystals: Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	17	U/L	●	0-35
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	99 *	U/L	●	33-98

AST (SGOT) - SERUM	22	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	1.3 *	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	212 *	mg/dL	●	0-200
Non-HDL Cholesterol	160			

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

● Within Normal Range
 ● Borderline High/Low
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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	9	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	90	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	93	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.8	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	4 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	52	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	145 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	15	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.9	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.2		●	1.0-2.0

GLOBULIN: (CALCULATED) - SERUM	3.6	g/dL	●	1.8-3.6
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**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Electrochemiliminescence (ECLIA))	1.3	ng/ml	●	0.8-2

TOTAL T4: THYROXINE - SERUM (Electrochemiliminescence (ECLIA))	8.0	ug/dL	●	5.1-14.1
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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	125	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Electrochemiliminescence (ECLIA))	2.07	μIU/mL	●	0.27-4.2

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.7	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.3	mg/dL	●	7.0-18.0
UREA - SERUM	20	mg/dL	●	13-43

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
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BUN/CREATININE RATIO 11.6  
UREA - SERUM 20 mg/dL ● 13-43  
CREATININE - SERUM 0.8 mg/dL ● 0.6-1.1

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

**PAP SMEAR /CERVICAL SMEAR**

Ref No:  
AG01.C2501947  
SPECIMEN TYPE:  
Vault smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy with  
Bacterial vaginosis

DONE BY  
Dr. KOUSHIKI SEN  
DNB RESIDENT  
In consultation with

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Biochemistry**

**X-RAY CHEST PA**

A/G - RATIO

\* Chest skiagram does not reveal any significant abnormality.

REPORTED BY  
Dr. KOUSHIKI SEN  
DNB RESIDENT  
In consultation with

**X-RAY MAMMOGRAPHY BILATERAL (MHC)**

Impression:  
Right Breast - BIRADS 1  
Left Breast - BIRADS 2

BIRADS Category:  
0. Requires additional evaluation  
1. Negative  
2. Benign findings  
3. Intermediate  
4. Suspicious malignancy  
5. Highly suggestive of malignancy  
6. Histo-pathologically proven

**ECG**

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

High Risk

**YOUR SCORE**

8

**ACCEPTABLE SCORE**

5

**Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
  - o Uncontrolled high blood pressure
  - o Diabetes
  - o Dyslipidemia
  - o Coronary heart disease
- You will be referred to a **cardiologist**.

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**