

Bs f 330 Th 329 10.3 Th 272 Unu glu +f Consullation

| Name | . MI. SABHEAR SINOH | A.ge: 55 Y | *SCHI.0000025320 |
|-------------------------------------|--|-------------|--|
| | 1/1 AGUAD NII A GE GOMBLEVAND AVA DA GGE | Sex: M | OP Number:SCHIOPV39121 |
| Addre | ess: 161, ASIAD VILLAGE COMPLEX MADAN LAL BLOCK | | Bill No :SCHI-OCR-12933 |
| Plan | : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT | | |
| | A CAMBANIC AND AND MADE AND THE PERSON OF TH | | Date : 13.11.2024 09:29 |
| | Serive Type/ServiceName | | Department |
| | ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS AS | BOVE 50Y MA | LE - 2D ECHO - PAN INDIA - FY2324 |
| | GAMMA GLUTAMYL TRANFERASE (GGT) | | |
| | PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) | | |
| | D ECHO | | |
| THE RESERVE AND THE PERSON NAMED IN | LIVER FUNCTION TEST (LFT) | | |
| 5 | GLUCOSE, FASTING | | |
| | HEMOGRAM + PERIPHERAL SMEAR | | |
| 7 | DIET CONSULTATION | | |
| 8 | COMPLETE URINE EXAMINATION | | |
| 9 | URINE GLUCOSE(POST PRANDIAL) | | |
| 10 | PERIPHERAL SMEAR | | |
| e | DCG | | |
| - | RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) | | |
| | DENTAL CONSULTATION - MIT intrest | | |
| 14 | GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) | // ', | 50 PM |
| 15 | URINE GLUCOSE(FASTING) | | |
| - 16 | HbA1c, GLYCATED HEMOGLOBIN | | |
| 17 | X-RAY CHEST PA | | |
| | ENT CONSULTATION | | |
| 13 | DITNESS BY GENERAL PHYSICIAN | | |
| 20 | BLOOD GROUP ABO AND RH FACTOR | | |
| 21 | LIPID PROFILE | | The same of the sa |
| 22. | BODY MASS INDEX (BMI) | | |
| 23 | OPTHAL BY GENERAL PHYSICIAN | | |
| 24 | ULTRASGUND - WHOLE ABDOMEN | | |
| 25 | THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) | | |
| | | | |



PHC Desk

From:

noreply@apolloclinics.info 11 November 2024 11:49

Sent: To:

sabheaksingh@gmail.com

Cc:

phc.klc@apollospectra.com; syamsunder.m@apollohl.com;

cc.klc@apollospectra.com

Subject:

Your appointment is confirmed



Dear MR. SABHEAK SINGH,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at SPECTRA NEHRU ENCLAVE clinic on 2024-11-13 at 09:00-09:15.

| Payment Mode | |
|-------------------|--|
| Corporate Name | ARCOFEMI HEALTHCARE LIMITED |
| Agreement Name | [ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT] |
| Package Name | [ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324] |

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:





Apollo Clinic

CONSENT FORM

| Patient Name: Sabheal Stwy Age: S3 M UHID Number: Company Name: |
|--|
| I Mr/Mrs/Ms Employee of |
| Patient Signature: Date: 13-11-24 |







DIGITAL X-RAY REPORT

| NAME: SABHEAK SINGH | DATE: 13.11.2024 |
|---------------------|--------------------|
| UHID NO: 25320 | AGE: 53YRS/ SEX: M |

X-RAY CHEST PA VIEW

Both the lung fields show no active parenchymal pathology.

Both the costophrenic angles are clear.

Heart size is normal.

Both the domes of diaphragm are normal.

Bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY

Please correlate clinically and with lab investigations

DR. DEEPIKA AGARWAL Consultant Radiologist

Dr. DEEPIKA AGARWAL
Consultant Radiologist
DMC No. 56777
Apollo Speciality Hospitals (P) Ltd.
A-2, Chirag Enclave, Greater Kailash-1
New Delhi-110048

Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash - 1, New Delhi - 110048 Ph.: 011-40465555, 9910995018 | www.apollospectra.com



: Mr. SABHEAK SINGH

UHID

: SCHI.0000025320

Conducted By: Referred By

: Dr. MUKESH K GUPTA

: SELF

Age

OP Visit No Conducted Date

_msec

: 53 Y/M

: SCHIOPV39121

: 13-11-2024 16:28

MITRAL VALVE

AML-Normal/Thickening/Calcification/Flutter/Vegetation/Prolapse/SAM/Doming. Morphology

PML-Normal/Thickening/Calcification/Prolapse/Paradoxical motion/Fixed.

Subvalvular deformity Present/Absent.

Doppler

Normal/Abnormal Mitral Stenosis

E>A

E>A

RR Interval_

EDG _mmHg Present/Absent MDG_

_cm² MVA

Mitral Regurgitation

_mmHg Absent/Trivial/Mild/Moderate/Severe.

TRICUSPID VALVE

Morphology

Normal/Atresia/Thickening/Calcification/Prolapse/Vegetation/Doming

Doppler

Normal/Abnormal Tricuspid stenosis

_mmHg

Present/Absent

MDG_ _mmHg

Tricuspid regurgitation: Velocity____msec.

Absent/Trivial/Mild/Moderate/Severe Fragmented signals

Pred. RVSP=RAP+_ _mmHg

PULMONARY VALVE

Morphology

Normal/Atresia/Thickening/Doming/Vegetation.

Doppler

Normal/Abnormal. Pulmonary stenosis

Present/Absent

Level

Pulmonary annulus___mm

Pulmonary regurgitation

mmHg Absent/Trivial/Mild/Moderate/Severe

Early diastolic gradient_

_mmHg.

PSG

End diastolic gradient_mmHg

RR interval_

AORTIC VALVE

Morphology

Normal/Thickening/Calcification/Restricted opening/Flutter/Vegetation

No. of cusps 1/2/3/4

Doppler

Normal/Abnormal

Aortic stenosis

Present/Absent _mmHg PSG_

Aortic annulus_

Aortic regurgitation

Absent/Trivial/Mild/Moderate/Severe.

| Measureme | nts | Normal Values | Measurements | | Normal values |
|-----------|-----|----------------|------------------|------|----------------------|
| Aorta | 2.8 | (2.0 - 3.7cm) | LA es | 3.2 | (1.9 - 4.0cm) |
| LV es | 2.4 | (2.2 - 4.0 cm) | LV ed | 4.2 | (3.7 - 5.6cm) |
| IVS ed | 1.0 | (0.6 - 1.1 cm) | PW (LV) | 0.9 | (0.6 - 1.1cm) |
| RV ed | | (0.7 - 2.6cm) | RV Anterior wall | | (upto 5 mm) |
| LVVd (ml) | | | LVVs (ml) | | |
| EF | 65% | (54%-76%) | IVS motion | Nori | nal/Flat/Paradoxical |

CHAMBERS:

Normal/Enlarged/Clear/Thrombus/Hypertrophy Normal/Reduced

Contraction

Regional wall motion abnormality

Absent

Normal/Enlarged/Clear/Thrombus

RA

Normal/Enlarged/Clear/Thrombus

RV

Normal/Enlarged/Clear/Thrombus

Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash - 1, New Delhi - 110048 Ph.: 011-40465555, 9910995018 | www.apollospectra.com

Apollo Specialty Hospitals Pvt. Ltd.

CIN - U85100TG2009PTC099414



PERICARDIUM

COMMENTS & SUMMARY

- Normal LV systolic function No RWMA, LVEF=65%
- Grade I LVDD
- No AR,PR,MR & TR
- v No I/C clot or mass v Good RV function
- v Normal pericardium v No pericardial effusion

Dr. M K Gupta M.B.B.S, MD,FIACM Senior Consultant Cardiologist



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Apollo Specialty Hospitals Pvt. Ltd.

CIN - U85100TG2009PTC099414

| 0.67~25Hz AC50 25mm | | ID: 25320 Sabheak singh Male 53Years Req. No. : |
|--|--|---|
| 0.67~25Hz AC50 25mm/s 10mm/mV 4*2.5s+1r V2.22 SEMIP V1.92 APOLLO SPECIALTY HOSPITALS | | 13-11-2024 12:30:28 HR : 104 bpm |



| NAME: | SABHEAK SINGH | AGE/SEX: | 53 | YRS./M | |
|---------|----------------|-------------------|----|--------|--|
| UHID: | 25320 | (2) | 1 | | |
| REF BY: | APOLLO SPECTRA | DATE:- 13.11.2024 | | | |

ULTRASOUND WHOLE ABDOMEN

Excessive bowel gases are seen

Liver: Appears enlarge in size, measures 18.6 cm, craniocaudally in mid clavicular line (normal ≤ 15.5 cm) and shows increased parenchymal echogenicity which is most likely due to fatty changes. Intrahepatic biliary radicles are not dilated. CBD and portal vein are normal in calibre.

Gall Bladder: normally distended with clear lumen and normal wall thickness. No calculus or sludge is seen.

Pancreas: Appears normal in size and echotexture.

Spleen: appears enlarged and measures 15.4 cm. It appears normal in echotexture.

Both Kidneys: are normal in size, shape, and echopattern. The parenchymal thickness is normal and cortico-medullary differentiation is well maintained. Pelvicalyceal systems are not dilated. No calculus or mass lesion is seen. Ureter is not dilated.

Urinary Bladder: is partially distended and shows no obvious calculus or sediments. Bladder wall thickness is normal.

Prostate: is marginally enlarged in size Weighs 35 gms. It is not indenting the base of the bladder. No breech in the capsule. Focal prostatic calcification seen.

No free fluid seen.

IMPRESSION:

- HEPATOSPLENOMEGALY WITH FATTY CHANGES IN LIVER GRADE II-III.
- GRADE 1 PROSTATOMEGALY.

Please correlate clinically and with lab. Investigations.

Consultant Radiologist

Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash Pr. DEEPIKA AGARWAL
Ph: 011-40465555.9910995018 | January 27-11-

Apollo Specialty Hospital Pvt. Ltd. pollo Speciality Hospitals A-2, Chirag Enclave, Greater Kallash-1

New Delhi-110048 CIN - U85100TG2009PTC099414 Regd. Office: 7-1-617/A, 615 & 616, Imperial Towers, 7th Floor, Ameerpet, Hyderabad, Telangana - 500038 Ph No: 040-4904 7777 | www.apollohl.com

Specialists in Surgery L'ye chekup Ho DM +ve I medication NUT 23 muttag -1. WM -1. WDC XIIO 6/6 N/ 9/60-N6 Add +2. 25 M N/6 B/E =92 6/60-N6 Slit Laur "" -1.0000 -0.75 DC X70 6/6 Slit Laup exont Als Mormal 8/2 Pupil reachion Mormal Funders (wall 3/L continue som glang eld Refront tear Tos Bf x month

> Donaku 13/11/24

Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com

Apollo Specialty Hospital Pvt. Ltd.





Patient Name : Mr.SABHEAK SINGH Age/Gender : 53 Y 2 M 14 D/M

UHID/MR No : SCHI.0000025320

Visit ID : SCHIOPV39121

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 81027 Collected : 13/Nov/2024 10:05AM

Received : 13/Nov/2024 10:48AM Reported : 13/Nov/2024 03:09PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

...

Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:BED240246873



Page 1 of 15





: Mr.SABHEAK SINGH

Age/Gender

: 53 Y 2 M 14 D/M

UHID/MR No

: SCHI.0000025320

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Sponsor Name

: Final Report

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| HEMOGRAM , WHOLE BLOOD EDTA HAEMOGLOBIN 15 g/dL 13-17 PCV 45.80 % 40-50 RBC COUNT 5.36 Million/cu.mm 4.5-5.5 MCV 85.5 fL 83-101 MCH 28 pg 27-32 MCHC 32.7 g/dL 31.5-34.5 R.D.W 15.4 % 11.6-14 TOTAL LEUCOCYTE COUNT (TLC) 7,340 cells/cu.mm 4000-1000 DIFFERENTIAL LEUCOCYTIC COUNT (DLC) NEUTROPHILS 70.2 % 40-80 LYMPHOCYTES 20.2 % 20-40 EOSINOPHILS 2.8 % 1-6 MONOCYTES 6.2 % 2-10 BASOPHILS 0.6 % <1-2 | CYANIDE FREE COLOUROMETER PULSE HEIGHT AVERAGE Electrical Impedence Calculated |
|---|--|
| PCV 45.80 % 40-50 RBC COUNT 5.36 Million/cu.mm 4.5-5.5 MCV 85.5 fL 83-101 MCH 28 pg 27-32 MCHC 32.7 g/dL 31.5-34.5 R.D.W 15.4 % 11.6-14 TOTAL LEUCOCYTE COUNT (TLC) 7,340 cells/cu.mm 4000-1000 DIFFERENTIAL LEUCOCYTIC COUNT (DLC) NEUTROPHILS 70.2 % 40-80 LYMPHOCYTES 20.2 % 20-40 EOSINOPHILS 2.8 % 1-6 MONOCYTES 6.2 % 2-10 | COLOUROMETER PULSE HEIGHT AVERAGE Electrical Impedence |
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| MCHC 32.7 g/dL 31.5-34.5 R.D.W 15.4 % 11.6-14 TOTAL LEUCOCYTE COUNT (TLC) 7,340 cells/cu.mm 4000-10000 DIFFERENTIAL LEUCOCYTIC COUNT (DLC) NEUTROPHILS 70.2 % 40-80 LYMPHOCYTES 20.2 % 20-40 EOSINOPHILS 2.8 % 1-6 MONOCYTES 6.2 % 2-10 | Calculated |
| R.D.W 15.4 % 11.6-14 TOTAL LEUCOCYTE COUNT (TLC) 7,340 cells/cu.mm 4000-10000 DIFFERENTIAL LEUCOCYTIC COUNT (DLC) NEUTROPHILS 70.2 % 40-80 LYMPHOCYTES 20.2 % 20-40 EOSINOPHILS 2.8 % 1-6 MONOCYTES 6.2 % 2-10 | Calculated |
| TOTAL LEUCOCYTE COUNT (TLC) 7,340 cells/cu.mm 4000-10000 DIFFERENTIAL LEUCOCYTIC COUNT (DLC) NEUTROPHILS 70.2 % 40-80 LYMPHOCYTES 20.2 % 20-40 EOSINOPHILS 2.8 % 1-6 MONOCYTES 6.2 % 2-10 | Calculated |
| DIFFERENTIAL LEUCOCYTIC COUNT (DLC) NEUTROPHILS 70.2 % 40-80 LYMPHOCYTES 20.2 % 20-40 EOSINOPHILS 2.8 % 1-6 MONOCYTES 6.2 % 2-10 | Calculated |
| NEUTROPHILS 70.2 % 40-80 LYMPHOCYTES 20.2 % 20-40 EOSINOPHILS 2.8 % 1-6 MONOCYTES 6.2 % 2-10 | 0 Electrical Impedance |
| LYMPHOCYTES 20.2 % 20-40 EOSINOPHILS 2.8 % 1-6 MONOCYTES 6.2 % 2-10 | |
| EOSINOPHILS 2.8 % 1-6 MONOCYTES 6.2 % 2-10 | Electrical Impedance |
| MONOCYTES 6.2 % 2-10 | Electrical Impedance |
| | Electrical Impedance |
| BASOPHILS 0.6 % <1-2 | Electrical Impedance |
| | Electrical Impedance |
| ABSOLUTE LEUCOCYTE COUNT | |
| NEUTROPHILS 5152.68 Cells/cu.mm 2000-7000 |) Calculated |
| LYMPHOCYTES 1482.68 Cells/cu.mm 1000-3000 |) Calculated |
| EOSINOPHILS 205.52 Cells/cu.mm 20-500 | Calculated |
| MONOCYTES 455.08 Cells/cu.mm 200-1000 | Calculated |
| BASOPHILS 44.04 Cells/cu.mm 0-100 | Calculated |
| Neutrophil lymphocyte ratio (NLR) 3.48 0.78- 3.53 | Calculated |
| PLATELET COUNT 178000 cells/cu.mm 150000-4100 | 000 IMPEDENCE/MICROSCOPY |
| ERYTHROCYTE SEDIMENTATION 7 mm at the end of 1 hour 0-15 | Modified Westergren |
| PERIPHERAL SMEAR | |

RBCs ARE NORMOCYTIC NORMOCHROMIC.

TLC, DLC WITHIN NORMAL LIMIT. NO IMMATURE CELLS ARE SEEN. PLATELETS ARE ADEQUATE.

Page 2 of 15



Dr. SHWETA GUPTA MBBS, MD (Pathology) Consultant Pathology SIN No:BED240246873





Age/Gender : 53 Y 2 M 14 D/M UHID/MR No : SCHI.0000025320

Visit ID : SCHIOPV39121

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 81027 Collected : 13/Nov/2024 10:05AM

Received : 13/Nov/2024 10:48AM Reported : 13/Nov/2024 03:09PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:BED240246873





Patient Name : Mr.SABHEAK SINGH Age/Gender : 53 Y 2 M 14 D/M

UHID/MR No : SCHI.0000025320

Visit ID : SCHIOPV39121

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 81027 Collected : 13/Nov/2024 10:05AM Received : 13/Nov/2024 10:48AM

Reported : 13/Nov/2024 07:47PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method | | |
|--|----------|------|--------------------|---|--|--|
| BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA | | | | | | |
| BLOOD GROUP TYPE | В | | | Forward & Reverse Grouping with Slide/Tube Aggluti | | |
| Rh TYPE | POSITIVE | | | Forward & Reverse Grouping with Slide/Tube Agglutination | | |

Page 4 of 15



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:BED240246873





: Mr.SABHEAK SINGH

Age/Gender

: 53 Y 2 M 14 D/M

UHID/MR No Visit ID : SCHI.0000025320

Ref Doctor

: SCHIOPV39121

: Dr.SELF

Emp/Auth/TPA ID : 81027

Collected

: 13/Nov/2024 01:55PM

Received

: 13/Nov/2024 02:09PM

Reported

Status

: 13/Nov/2024 06:07PM

Sponsor Name

: Final Report

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|------------------------------|--------|-------|--------------------|-----------|
| GLUCOSE, FASTING, NAF PLASMA | 330 | mg/dL | 70-100 | GOD - POD |

Comment:

As per American Diabetes Guidelines, 2023

| Fasting Glucose Values in mg/dL | Interpretation |
|---------------------------------|----------------|
| 70-100 mg/dL | Normal |
| 100-125 mg/dL | Prediabetes |
| ≥126 mg/dL | Diabetes |
| <70 mg/dL | Hypoglycemia |

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|---|--------|-------|--------------------|-----------|
| GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR) | 329 | mg/dL | 70-140 | GOD - POD |

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 5 of 15



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:PLP1488147







Age/Gender : 53 Y 2 M 14 D/M

UHID/MR No : SCHI.0000025320

Visit ID : SCHIOPV39121 Ref Doctor : Dr.SELF

Emp/Auth/TPA ID : 81027

Collected : 13/Nov/2024 10:06AM

Received : 13/Nov/2024 01:18PM

Reported : 13/Nov/2024 02:14PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method | | | | |
|---|--------|-------|--------------------|------------|--|--|--|--|
| HBA1C (GLYCATED HEMOGLOBIN), WHOLE BLOOD EDTA | | | | | | | | |
| HBA1C, GLYCATED HEMOGLOBIN | 10.3 | % | | HPLC | | | | |
| ESTIMATED AVERAGE GLUCOSE (eAG) | 249 | mg/dL | | Calculated | | | | |

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

| REFERENCE GROUP | HBA1C % |
|------------------------|-----------|
| NON DIABETIC | <5.7 |
| PREDIABETES | 5.7 – 6.4 |
| DIABETES | ≥ 6.5 |
| DIABETICS | |
| EXCELLENT CONTROL | 6 – 7 |
| FAIR TO GOOD CONTROL | 7 – 8 |
| UNSATISFACTORY CONTROL | 8 – 10 |
| POOR CONTROL | >10 |

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control A: HbF >25%
 - B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 6 of 15



Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

SIN No:EDT240094282





: Mr.SABHEAK SINGH

Age/Gender

: 53 Y 2 M 14 D/M

UHID/MR No

: SCHI.0000025320

Visit ID Ref Doctor : SCHIOPV39121

Emp/Auth/TPA ID

: Dr.SELF : 81027 Collected

: 13/Nov/2024 10:06AM

Received

: 13/Nov/2024 11:06AM

Reported

: 13/Nov/2024 01:39PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method | | | | | |
|-------------------------|--------|-------|--------------------|-------------|--|--|--|--|--|
| LIPID PROFILE, SERUM | | | | | | | | | |
| TOTAL CHOLESTEROL | 156 | mg/dL | <200 | CHE/CHO/POD | | | | | |
| TRIGLYCERIDES | 272 | mg/dL | <150 | Enzymatic | | | | | |
| HDL CHOLESTEROL | 35 | mg/dL | >40 | CHE/CHO/POD | | | | | |
| NON-HDL CHOLESTEROL | 121 | mg/dL | <130 | Calculated | | | | | |
| LDL CHOLESTEROL | 66.6 | mg/dL | <100 | Calculated | | | | | |
| VLDL CHOLESTEROL | 54.4 | mg/dL | <30 | Calculated | | | | | |
| CHOL / HDL RATIO | 4.46 | | 0-4.97 | Calculated | | | | | |
| ATHEROGENIC INDEX (AIP) | 0.53 | | <0.11 | Calculated | | | | | |

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

| | Desirable | Borderline High | High | Very High |
|---------------------|--|-----------------|-----------|-----------|
| TOTAL CHOLESTEROL | < 200 | 200 - 239 | ≥ 240 | |
| TRIGLYCERIDES | <150 | 150 - 199 | 200 - 499 | ≥ 500 |
| LDL | Optimal < 100 Near Optimal 100-129 | 130 - 159 | 160 - 189 | ≥ 190 |
| HDL | ≥ 60 | | | |
| NON-HDL CHOLESTEROL | Optimal <130; Above Optimal 130-159 | 160-189 | 190-219 | >220 |

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Age/Gender : 53 Y 2 M 14 D/M

UHID/MR No : SCHI.0000025320

Visit ID : SCHIOPV39121

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 81027 Collected : 13/Nov/2024 10:06AM

Received : 13/Nov/2024 11:06AM Reported : 13/Nov/2024 01:39PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|---|--------|-------|--------------------|----------------------------|
| LIVER FUNCTION TEST (LFT), SERUM | | ' | | |
| BILIRUBIN, TOTAL | 1.10 | mg/dL | 0.20-1.30 | DIAZO METHOD |
| BILIRUBIN CONJUGATED (DIRECT) | 0.20 | mg/dL | 0.0-0.3 | Calculated |
| BILIRUBIN (INDIRECT) | 0.90 | mg/dL | 0.0-1.1 | Dual Wavelength |
| ALANINE AMINOTRANSFERASE (ALT/SGPT) | 25 | U/L | <50 | Visible with P-5-P |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | 24.0 | U/L | 17-59 | UV with P-5-P |
| AST (SGOT) / ALT (SGPT) RATIO (DE RITIS) | 1.0 | | <1.15 | Calculated |
| ALKALINE PHOSPHATASE | 130.00 | U/L | 38-126 | p-nitrophenyl phosphate |
| PROTEIN, TOTAL | 8.00 | g/dL | 6.3-8.2 | Biuret |
| ALBUMIN | 4.40 | g/dL | 3.5 - 5 | Bromocresol Green |
| GLOBULIN | 3.60 | g/dL | 2.0-3.5 | Calculated |
| A/G RATIO | 1.22 | | 0.9-2.0 | Calculated |

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

- 1. Hepatocellular Injury:
- *AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.*ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.
- 2. Cholestatic Pattern:*ALP Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.*Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.
- 3. Synthetic function impairment:*Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.
- 4. Associated tests for assessment of liver fibrosis Fibrosis-4 and APRI Index.

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Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04844532





Age/Gender : 53 Y 2 M 14 D/M UHID/MR No : SCHI.0000025320

Visit ID : SCHIOPV39121

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 81027 Collected : 13/Nov/2024 10:06AM
Received : 13/Nov/2024 11:06AM
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Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|-------------------------------|---------------------|--------|--------------------|---------------------------|
| RENAL PROFILE/KIDNEY FUNCTION | TEST (RFT/KFT), SER | RUM | | |
| CREATININE | 0.80 | mg/dL | 0.66-1.25 | Creatinine amidohydrolase |
| UREA | 38.50 | mg/dL | 19-43 | Urease |
| BLOOD UREA NITROGEN | 18.0 | mg/dL | 8.0 - 23.0 | Calculated |
| URIC ACID | 8.20 | mg/dL | 3.5-8.5 | Uricase |
| CALCIUM | 9.30 | mg/dL | 8.4 - 10.2 | Arsenazo-III |
| PHOSPHORUS, INORGANIC | 4.00 | mg/dL | 2.5-4.5 | PMA Phenol |
| SODIUM | 136 | mmol/L | 135-145 | Direct ISE |
| POTASSIUM | 5.0 | mmol/L | 3.5-5.1 | Direct ISE |
| CHLORIDE | 109 | mmol/L | 98 - 107 | Direct ISE |
| PROTEIN, TOTAL | 8.00 | g/dL | 6.3-8.2 | Biuret |
| ALBUMIN | 4.40 | g/dL | 3.5 - 5 | Bromocresol Green |
| GLOBULIN | 3.60 | g/dL | 2.0-3.5 | Calculated |
| A/G RATIO | 1.22 | | 0.9-2.0 | Calculated |

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: Mr.SABHEAK SINGH

Age/Gender

: 53 Y 2 M 14 D/M

UHID/MR No

: SCHI.0000025320

Visit ID Ref Doctor : SCHIOPV39121

: Dr.SELF

: 81027

Emp/Auth/TPA ID

Collected

: 13/Nov/2024 10:06AM

Received

: 13/Nov/2024 11:06AM

Reported

Status

: 13/Nov/2024 01:39PM

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|--|--------|------|--------------------|-------------------------------|
| GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM | 117.00 | U/L | 15-73 | Glyclyclycine Nitoranalide |

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Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04844532







Age/Gender : 53 Y 2 M 14 D/M

UHID/MR No : SCHI.0000025320

Visit ID : SCHIOPV39121

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 81027 Collected : 13/Nov/2024 10:06AM

Received : 13/Nov/2024 01:34PM

Reported : 13/Nov/2024 03:07PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Result Unit Bio. Ref. Interval | | | | | | |
|--|--------|--------------------------------|------------|------|--|--|--|--|
| THYROID PROFILE TOTAL (T3, T4, TSH), SERUM | | | | | | | | |
| TRI-IODOTHYRONINE (T3, TOTAL) | 0.82 | ng/mL | 0.87-1.78 | CLIA | | | | |
| THYROXINE (T4, TOTAL) | 11.59 | μg/dL | 5.48-14.28 | CLIA | | | | |
| THYROID STIMULATING HORMONE (TSH) | 3.388 | μIU/mL | 0.38-5.33 | CLIA | | | | |

Comment:

| For pregnant females | Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association) |
|----------------------|---|
| First trimester | 0.1 - 2.5 |
| Second trimester | 0.2 - 3.0 |
| Third trimester | 0.3 - 3.0 |

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- **2.** TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- **3.** Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- **4.** Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

| TSH | T3 | T4 | FT4 | Conditions |
|-------|-----------|------|------|---|
| High | Low | Low | Low | Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis |
| High | N | N | N | Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Treatment. |
| N/Low | Low | Low | Low | Secondary and Tertiary Hypothyroidism |
| Low | High | High | High | Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy |
| Low | N | N | N | Subclinical Hyperthyroidism |
| Low | Low | Low | Low | Central Hypothyroidism, Treatment with Hyperthyroidism |
| Low | N | High | High | Thyroiditis, Interfering Antibodies |
| N/Low | High | N | N | T3 Thyrotoxicosis, Non thyroidal causes |

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Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

SIN No:SPL24146670







: Mr.SABHEAK SINGH

Age/Gender

: 53 Y 2 M 14 D/M

UHID/MR No Visit ID : SCHI.0000025320 : SCHIOPV39121

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : 81027

Collected

: 13/Nov/2024 10:06AM

Received

: 13/Nov/2024 01:34PM : 13/Nov/2024 03:07PM

Reported : 13 Status : Fi

Sponsor Name

: Final Report

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| | High | High | High | High | Pituitary Adenoma; TSHoma/Thyrotropinoma |
|--|------|------|------|------|--|
|--|------|------|------|------|--|

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

SIN No:SPL24146670



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: Mr.SABHEAK SINGH

Age/Gender

: 53 Y 2 M 14 D/M

UHID/MR No

: SCHI.0000025320

Visit ID Ref Doctor : SCHIOPV39121

Emp/Auth/TPA ID

: Dr.SELF : 81027

Collected

: 13/Nov/2024 10:06AM

Received

: 13/Nov/2024 01:34PM

Reported

Status

: 13/Nov/2024 02:08PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|--|--------|-------|--------------------|--------|
| TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA), SERUM | 0.720 | ng/mL | 0-4 | CLIA |

Page 13 of 15







: Mr.SABHEAK SINGH

Age/Gender

: 53 Y 2 M 14 D/M

UHID/MR No

: SCHI.0000025320

Visit ID Ref Doctor : SCHIOPV39121

Emp/Auth/TPA ID

: Dr.SELF : 81027

Collected

: 13/Nov/2024 10:06AM

Received

: 13/Nov/2024 05:44PM

Reported Status

: 13/Nov/2024 07:35PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|------------------------------|---------------------|------|--------------------|-----------------------------|
| COMPLETE URINE EXAMINATION (| CUE) , URINE | | <u> </u> | |
| PHYSICAL EXAMINATION | | | | |
| COLOUR | PALE YELLOW | | PALE YELLOW | Visual |
| TRANSPARENCY | CLEAR | | CLEAR | Physical Measurement |
| pH | 6.0 | | 5-7.5 | Double Indicator |
| SP. GRAVITY | 1.030 | | 1.002-1.030 | Bromothymol Blue |
| BIOCHEMICAL EXAMINATION | | | | |
| URINE PROTEIN | NEGATIVE | | NEGATIVE | Protein Error Of Indicator |
| GLUCOSE | POSITIVE (++) | | NEGATIVE | Glucose Oxidase |
| URINE BILIRUBIN | NEGATIVE | | NEGATIVE | Azo Coupling Reaction |
| URINE KETONES (RANDOM) | NEGATIVE | | NEGATIVE | Sodium Nitro Prusside |
| UROBILINOGEN | NORMAL | | NORMAL | Modifed Ehrlich Reaction |
| NITRITE | NEGATIVE | | NEGATIVE | Diazotization |
| LEUCOCYTE ESTERASE | NEGATIVE | | NEGATIVE | Leucocyte Esterase |
| CENTRIFUGED SEDIMENT WET M | OUNT AND MICROSCOPY | 1 | | |
| PUS CELLS | 2-4 | /hpf | 0-5 | Microscopy |
| EPITHELIAL CELLS | 4-5 | /hpf | <10 | Microscopy |
| RBC | ABSENT | /hpf | 0-2 | Microscopy |
| CASTS | ABSENT | | 0-2 Hyaline Cast | Microscopy |
| CRYSTALS | ABSENT | | ABSENT | Microscopy |

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

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Dr. SHWETA GUPTA MBBS, MD (Pathology) Consultant Pathology SIN No:UR2419752





Age/Gender : 53 Y 2 M 14 D/M

UHID/MR No : SCHI.0000025320

Visit ID : SCHIOPV39121

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 81027 Collected : 13/Nov/2024 10:06AM Received : 13/Nov/2024 05:44PM

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Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|------------------------------|---------------|------|--------------------|---------|
| URINE GLUCOSE(POST PRANDIAL) | POSITIVE (++) | | NEGATIVE | GOD-POD |
| | | | | |
| Test Name | Result | Unit | Bio. Ref. Interval | Method |
| | | | | |

*** End Of Report ***

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Age/Gender : 53 Y 2 M 14 D/M UHID/MR No : SCHI.0000025320

Visit ID : SCHIOPV39121

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 81027 Collected : 13/Nov/2024 10:06AM

Received : 13/Nov/2024 05:44PM Reported : 13/Nov/2024 07:35PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

TERMS AND CONDITIONS GOVERNING THIS REPORT

- 1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understandreporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.
- 2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of parrticulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.
- 3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation).
- 4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.
- 5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.
- 6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:UF012164

