



312 080325

Name : MR. PRADEEP KUMAR

Ref. By : BANK OF BARODA

Sent By : Arcofemi Healthcare Pvt Ltd

LAB ID : 312

Age : 39 Yrs. **Sex** : M

Printed : 12/03/2025 11:05

Sample Collection : 08/03/2025 13:43

Sample Received : 08/03/2025 13:43

Report Released : 09/03/2025 12:39

COMPLETE BLOOD COUNT *

Test	Result	Unit	Biological Ref Range
Hemoglobin (SLS) Photometric	: 15.8	g/dL	13-18 g/dL
Total RBC (Electrical Impedence)	: 5.46	10 ⁶ /μL	3.0-6.0 10 ⁶ /μL
Hematocrit (PCV) (Calculated)	: 48.7	%	36-54 %
Mean Corpuscular Volume (MCV) (calculated)	: 89.2	fL	78-101 fL
Mean Corpuscular Hemoglobin (MCH) (Calculated)	: 28.9	pg	27-32 pg
Mean Corpuscular Hemoglobin Concentration (MCHC) (Calculated)	: 32.4	g/dL	31.5-34.5 g/dL
Red Cell Distribution Width (RDW- CV) (Electrical Impedence)	: 14.60	%	12-15 %
Total Leucocytes Count (Light Scattering)	: 5970	/cumm	4000-11000 /cumm
Neutrophils (Calculated)	: 58	%	40-75 %
Eosinophils Percentage (Calculated)	: 06	%	1-6 %
Lymphocyte Percentage (Calculated)	: 30	%	20-45 %
Basophils Percentage (Calculated)	: 0	%	0-1 %
Monocytes Percentage (Calculated)	: 06	%	1-10 %
RBC Morphology	: Normocytic, Normochromic		
WBC Morphology	: Normal Morphology		
Platelet Count (Electrical Impedence)	: 250000	/ul	150000-450000 /ul
Platelets on Smear	: Adequate		Adequate
E.S.R	: 02	mm at 1hr	0-20 mm at 1hr

Sample Type: EDTA whole blood (Westergren)

Sample Type : EDTA Whole Blood

Test done with THREE PART CELL COUNTER (Sysmex KX-21)

Note: Tests marked with * are included in NABL scope.

*All Samples Processed At Excellas Clinics Mulund Centre .

*ESR NOT IN NABL scope.

(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 09/03/2025 12:39:36)


Dr. Santosh Khairnar

Reg. No.-2000/08/2926





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HbA1c (Whole Blood)

Test	Result	Unit	Reference Range
HbA1c-Glycosylated Haemoglobin	: 5.40	%	Non-diabetic: 4-6 Excellent Control: 6-7 Fair to good control: 7-8 Unsatisfactory control: 8-10 Poor Control: >10

EDTA Whole Blood, Method: HPLC
Estimated Average Glucose (eAG) : 108.28 mg/dl 65.1-136.3 mg/dL mg/dl

EDTA Whole Blood, Method: Calculated
Interpretation:

- 1.The term HbA1c refers to Glycated Haemoglobin. Measuring HbA1c gives an overall picture of what the average blood sugar levels have been over a period of weeks/month. Higher the HbA1c, the greater the risk of developing diabetes-related complications.
- 2.HbA1c has been endorsed by clinical groups and ADA (American Diabetes Association) guidelines 2012, for the diagnosis of diabetes using a cut-off point of 6.5%. ADA defined biological reference range for HbA1c is between 4-6%. Patients with HbA1c value between 6.0-6.5% are considered at risk for developing diabetes in the future. Trends in HbA1c area a better indicator of glucose control than standalone test.
- 3.To estimate the eAG from the HbA1c value, the following equation is used: $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- 4.Diabetic must aspire to keep values under 7% to avoid the various complications resulting from diabetes.

*Note - This test is outsourced and processed at Millenium Special Labs Pvt Ltd.

(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 09/03/2025 12:39:42)
Blood Sugar Fasting (FBS) & Post Prandial Blood Sugar (PPBS)

Test	Result	Unit	Biological Ref. Range
GLUCOSE (SUGAR) FASTING, (Fluoride Plasma Used)	: 86	mg/dL	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: \geq 126 mg/dl
GLUCOSE (SUGAR) PP, (Fluoride Plasma Used)	: 87	mg/dl	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: \geq 200 mg/dl

Method: GOD-POD
Test Done on - Automated Biochemistry Analyzer (EM 200)

*All Samples Processed At Excellas Clinics Mulund Centre .

(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 09/03/2025 12:37:54)

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BLOOD GROUP

Test	Result	Unit	Biological Ref. Range
Blood Group	: 'O' Rh POSITIVE		

Slide and Tube Agglutination Test

(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 09/03/2025 12:37:18)

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LIPID PROFILE

Test	Result	Unit	Biological Ref. Range
Total Cholesterol	: 174	mg/dl	Desirable: <200 Borderline high = 200-239 High: > 239
<i>Serum, Method: CHOD-PAP</i>			
S. Triglyceride	: 145	mg/dl	Desirable: <161 Borderline High: 161 - 199 High: > 200 - 499/ Very High:>499
<i>Serum, Method: GPO-Trinder</i>			
HDL Cholesterol	: 37	mg/dl	35.3-79.5 mg/dl
<i>serum, Direct method</i>			
LDL Cholesterol	: 108.00	mg/dl	Optimal: <100; Near Optimal: 100-129; Borderline High: 130-159; High: 160-189; Very high: >190
<i>Serum, (Calculated)</i>			
VLDL Cholesterol	: 29.0	mg/dl	5-30 mg/dl
<i>Serum, Method: Calculated</i>			
LDL/HDL Ratio	: 2.9		Optimal: <2.5 Near Optimal: 2.5-3.5 High >3.5
<i>Serum, Method: Calculated</i>			
TC/HDL Ratio	: 4.7		Optimal: <3.5 Near Optimal: 3.5 - 5.0 High >5.0
<i>Serum, Method: Calculated</i>			

Test Done on - Automated Biochemistry Analyzer (EM 200).
Interpretation

1. Triglycerides: When triglycerides are very high greater than 1000 mg/dL, there is a risk of developing pancreatitis in children and adults. Triglycerides change dramatically in response to meals, increasing as much as 5 to 10 times higher than fasting levels just a few hours after eating. Even fasting levels vary considerably day to day. Therefore, modest changes in fasting triglycerides measured on different days are not considered to be abnormal.

2. HDL-Cholesterol: HDL- C is considered to be beneficial, the so-called "good" cholesterol, because it removes excess cholesterol from tissues and carries it to the liver for disposal.

3. LDL-Cholesterol: Desired goals for LDL-C levels change based on individual risk factors.

**All Samples Processed At Excellas Clinics Mulund Centre*

(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 09/03/2025 12:38:27)

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Report Released : 09/03/2025 12:40

LIVER FUNCTION TEST

Test	Result	Unit	Biological Ref. Range
S. Bilirubin (Total) <i>Serum, Method: Diazo (walter & Gerarde)</i>	: 1.00	mg/dl	0-2.0 mg/dl
S. Bilirubin (Direct) <i>Serum, Method: Diazo (walter & Gerarde)</i>	: 0.34	mg/dl	0-0.4 mg/dl
S. Bilirubin (Indirect) <i>Serum, Method: Calculated</i>	: 0.66	mg/dl	0.10-1.0 mg/dl
Aspartate Transaminase (AST/SGOT) <i>Serum, Method: UV Kinetic with P5P</i>	: 65	IU/L	0-35 IU/L
Alanine Transaminase (ALT/SGPT) <i>Serum, Method: UV Kinetic with P5P</i>	: 40	IU/L	0-45 IU/L
S. Alkaline Phosphatase <i>Serum, Method: IFCC with AMP buffer</i>	: 71	IU/L	53-128 IU/L
Total Proteins <i>Serum, Method: Biuret</i>	: 7.6	gm/dl	6.4-8.3 gm/dl
S. Albumin <i>Serum, Method: BCG</i>	: 5.0	gm/dl	3.5-5.2 gm/dl
S. Globulin <i>Serum, Method: Calculated</i>	: 2.6	gm/dl	2.3-3.5 gm/dl
A/G Ratio <i>Serum, Method: Calculated</i>	: 1.92		0.90-2.00
Gamma GT <i>Serum, Method: G glutamyl carboxy nitroanilide</i> <i>Test Done on - Automated Biochemistry Analyzer (EM 200).</i>	: 29	U/L	0-55 U/L

*All Samples Processed At Excellas Clinics Mulund Centre .

(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 09/03/2025 12:40:08)

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BLOOD UREA NITROGEN (BUN)

Test	Result	Unit	Biological Ref. Range
Urea	: 29.74	mg/dl	19-45 mg/dl

Serum, Method: Urease - GLDH

Blood Urea Nitrogen	: 13.90	mg/dl	5-18 mg/dl
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Test Done on - Automated Biochemistry Analyzer (EM 200)
**All Samples Processed At Excellas Clinics Mulund Centre*
(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 09/03/2025 12:39:00)
SERUM CREATININE

Test	Result	Unit	Biological Ref. Range
S. Creatinine	: 1.06	mg/dl	0.7-1.3 mg/dl

Serum, Method: Enzymatic
Test Done on - Automated Biochemistry Analyzer (EM 200).
**All Samples Processed At Excellas Clinics Mulund Centre*
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SERUM URIC ACID

Test	Result	Unit	Biological Ref. Range
S. Uric Acid	: 6.70	mg/dl	3.5-7.2 mg/dl

Serum, Method: Uricase - POD
Test Done on - Automated Biochemistry Analyzer (EM 200).
(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 09/03/2025 12:38:42)

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BUN CREAT RATIO (BCR)

Test	Result	Unit	Biological Ref. Range
BUN/Creatinine ratio	: 13.10		5-20

Serum, Method: Calculated

NOTE:

A blood urea nitrogen (BUN)/creatinine ratio (BCR) >20 is used to distinguish pre-renal azotemia (PRA) and acute tubular necrosis (ATN)

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THYROID FUNCTION TEST

Test	Result	Unit	Biological Ref. Range
Total T3 <i>Serum, Method: CLIA</i>	: 1.3	ng/dl	0.70-2.04 ng/dl
Total T4 <i>Serum, Method: CLIA</i>	: 10.90	µg/dl	5.1-14.1 µg/dl
TSH (Thyroid Stimulating Hormone) <i>Serum, Method: CLIA</i>	: 3.09	µIU/ml	0.27-5.3 µIU/ml

Interpretation Decreased TSH with raised or within range T3 and T4 is seen in primary hyperthyroidism, toxic thyroid nodule, sub-clinical hyperthyroidism, on thyroxine ingestion, post-partum and gestational thyrotoxicosis Raised TSH with decreased T3 and T4 is seen in hypothyroidism and with intermittent T4 therapy. Alterations in TSH are also seen in non-thyroidal illnesses like HIV infection, chronic active hepatitis ,estrogen producing tumors, pregnancy, new-born, steroids, glucocorticoids and may cause false thyroid levels for thyroid function tests as with increased age ,marked variations in thyroid hormones are seen. In pregnancy T3 and T4 levels are raised, hence FT3 and Ft4 is to be done to determine hyper or hypothyroidism.

*Note - This test is outsourced and processed at Millenium Special Labs Pvt Ltd.

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EXAMINATION OF URINE

Test	Result	Unit	Biological Ref. Range
<u>PHYSICAL EXAMINATION</u>			
Quantity :	25	ml	
Colour :	Pale yellow		
Appearance :	Clear		
Reaction (pH) :	6.0		4.5 - 8.0
Specific Gravity :	1.015		1.010 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Protein :	Absent		Absent
Glucose :	Absent		Absent
Ketones Bodies :	Absent		Absent
Occult Blood :	Absent		Absent
Bilirubin :	Absent		Absent
Urobilinogen :	Absent		Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells :	4 - 5	/ hpf	
Pus cells :	2 - 3	/ hpf	
Red Blood Cells :	Absent	/ hpf	
Casts :	Absent	/ lpf	Absent / lpf
Crystals :	Absent		Absent
<u>OTHER FINDINGS</u>			
Yeast Cells :	Absent		Absent
Bacteria :	Absent		Absent
Mucus Threads :	Absent		
Spermatozoa :	Absent		
Deposit :	Absent		Absent
Amorphous Deposits :	Absent		Absent

sample type:Urine

Method:Visual and Microscopic

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X RAY CHEST PA VIEW

CLINICAL PROFILE: NO COMPLAINTS

Both the lung fields appear normal.

Cardiac silhouette is within normal limits.

Bilateral hilar shadows appear normal.

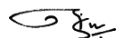
Bilateral costophrenic angles appear normal.

Bony thorax appears normal.

Soft tissues appear normal.

IMPRESSION:

No significant abnormality detected.



Dr. Raj Shah
DMRE , M.B.B.S
REG. NO. 2019/05/3609





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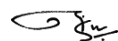
Report Released : 10/03/2025 13:26



(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 10/03/2025 13:26:08)

----- End Of Report -----





Dr. Raj Shah
DMRE , M.B.B.S
REG. NO. 2019/05/3609





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Report Released : 08/03/2025 16:46

OPHTHALMIC EVALUATION

Examination	Right Eye	Left Eye
Distance Vision	6/6	6/6
Near Vision	N/6	N/6
Color Vision	Normal	
Remarks	Normal	

(Collected At: 08/03/2025 13:43:32, Received At: 08/03/2025 13:43:32, Reported At: 08/03/2025 16:46:25)

----- End Of Report -----



MEDICAL EXAMINATION REPORT

Name	✓ Mr. / Mrs. / Miss	Pradeep kumar	
Sex		✓ Male / Female	
Age (yrs.)	39	UHID :	
Date		8 / 3 / 2025	Bill No :
Marital Status		Single / ✓ Married / Widow / Widower : No. of Children :	
Present Complaints		No	
Past Medical History : Surgical History :		No	
Personal History		Diet : Veg <input type="checkbox"/> / Mixed <input checked="" type="checkbox"/> : Addiction : Smoking <input type="checkbox"/> / Tobacco Chewing <input type="checkbox"/> / Alcohol <input type="checkbox"/> : Any Other : No	
Family History		Father = ✓ HT / DM / IHD / Stroke / Any Other Mother = HT / ✓ DM / IHD / Stroke / Any Other Siblings = HT / DM / IHD / Stroke / Any Other	
History of Allergies		Drug Allergy A.MOX Any Other	
History of Medication		For HT / DM / HD / Hypothyroidism Any Other No	
On Examination (O/E)		G. E. : fair R. S. : A2A2 C. V. S. : S2+ C. N. S. : cone P/A : soft Any Other Positive Findings :	

Height	159 / cms	Weight	84 .	Kgs	BMI	29.2
Pulse (per min.)	62/m	Blood Pressure (mm of Hg)	120/80 mmHg			
Gynaecology						
Examined by	Dr. _____					
Complaint & Duration						
Other Symptoms (Mict, bowels etc)						
Menstrual History	Menarche _____ Cycle _____ Loss _____ Pain _____ I.M.B. _____ P.C.B. _____ L.M.P. _____ Vaginal Discharge _____ Cx. Smear _____ Contraception _____					
Obstetric History						
Examination :						
Breast						
Abdomen						
P.S.						
P.V.						
Gynaecology Impression & Recommendation						
Recommendation						
Physician Impression						
Examined By :	- Overweight = To Reduce Weight - Underweight = To Increase Weight					

Mr. PRADEEP KUMAR
 Age/Sex : 39/M
 Ref. by : MEDIWHEEL
 Indication1 :
 Indication2 :
 Indication3 :

ID : 86
 Ht/Wt : 169/84
 Recorded : 8- 3-2025 11:41

TREADMILL TEST SUMMARY REPORT
 Protocol: BRUCE
 History: NIL
 Medication1 :
 Medication2 :
 Medication3 :

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm)		METS
									V2	V5	
SUPINE HYPERVENT STANDING	0:02	0:02			70	120/80	84	-0.1	-0.3	0.0	
					74	120/80	88	-0.1	-0.5	0.1	
					73	120/80	87	-0.2	0.6	0.0	
STAGE 1	2:59	2:59	2.70	10.00	116	120/80	139	0.3	-0.5	0.1	4.80
STAGE 2	5:59	2:59	4.00	12.00	145	130/80	188	0.7	-7.7	0.1	7.10
STAGE 3	7:14	1:14	5.40	14.00	147	130/80	191	0.4	-3.8	0.2	8.30
PEAK EXER	7:25	1:25			151	130/80	196	0.1	-1.4	0.3	8.48

RESULTS

Exercise Duration : 7:25 Minutes
 Max Heart Rate : 151 bpm 83 % of target heart rate 181 bpm
 Max Blood Pressure : 130/80 mmHg
 Max Work Load : 8.48 METS
 Reason of Termination : Achieved THR

IMPRESSIONS

GOOD EFFORT TOLERANCE, NORMAL IONOTROPIC AND CHRONOTROPIC RESPONCE.
 NO ANGINA/ARRYTHMIA'S/LV DYSFUNCTION. NO SIGNIFICANT ST CHANGES AT PEAK OF TEST.
 TEST IS NEGATIVE FOR EXERCISE INDUCED REVERSABLE ISCHEMIA.

(Handwritten signature)

Dr. VINAY HIRAY
 DNB MED
 Reg. No. 2012/09/2681

EXCELLAS CLINICS-DOMBIVLI

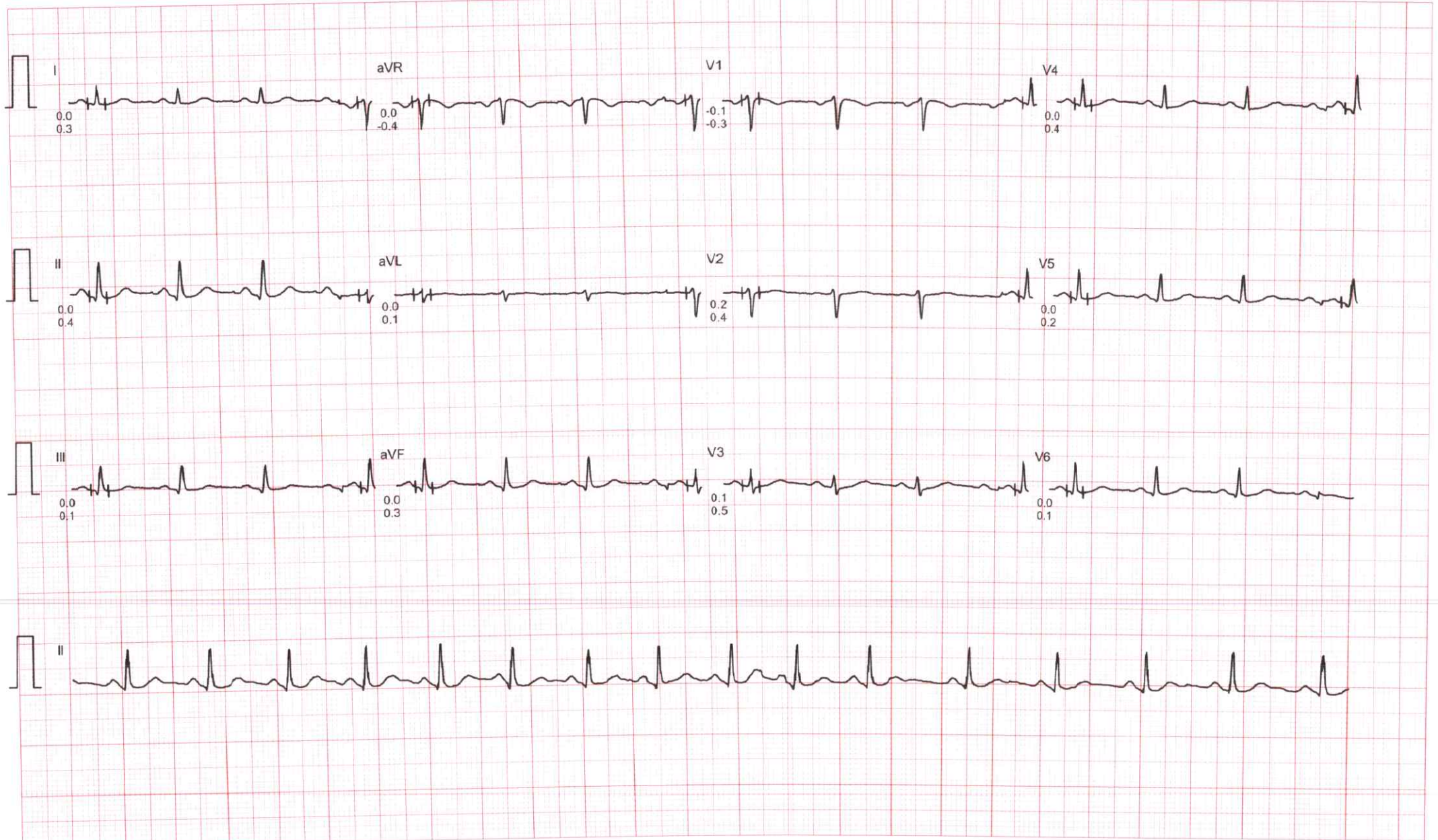
Mr. PRADEEP KUMAR
I.D. : 86
AGE/SEX : 39/M
RECORDED : 8- 3-2025 11:41

RATE : 101 BPM
B.P. : 120/80 mmHg

BRUCE
RECOVERY
PHASE TIME : 2:59

ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %

LINKED MEDIAN



EXCELLAS CLINICS-DOMBIVLI

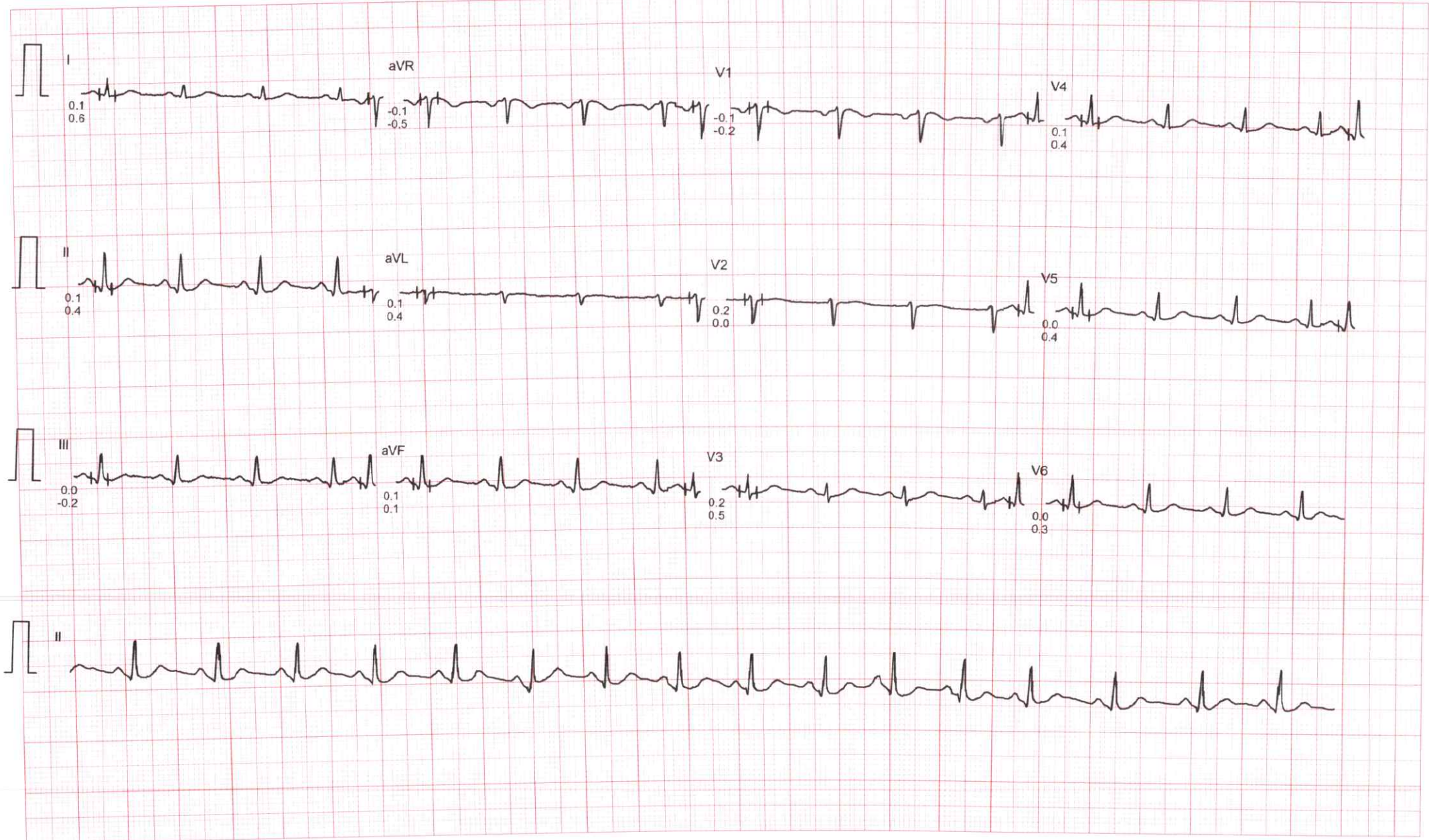
Mr. PRADEEP KUMAR
I.D. : 86
AGE/SEX : 39/M
RECORDED : 8-3-2025 11:41

RATE : 102 BPM
B.P. : 120/80 mmHg

BRUCE
RECOVERY
PHASE TIME : 1:59

ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %

LINKED MEDIAN



EXCELLAS CLINICS-DOMBIVLI

Mr. PRADEEP KUMAR

I.D. : 86

AGE/SEX : 39/M

RECORDED : 8- 3-2025 11:41

RATE : 105 BPM

B.P. : 130/80 mmHg

BRUCE

RECOVERY

PHASE TIME : 0:59

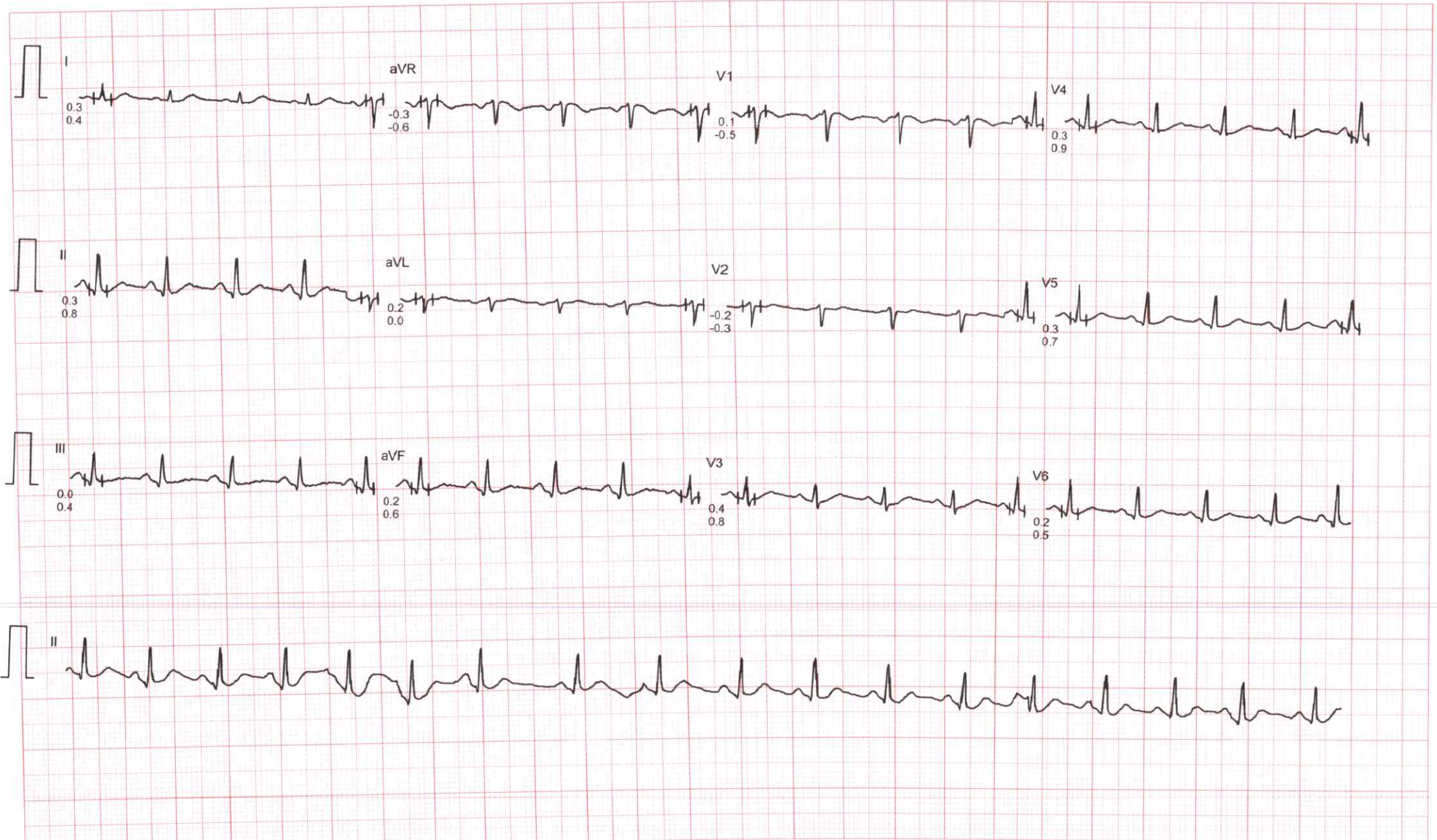
ST @ 10mm/mV

80ms PostJ

SPEED : 0.0 Km./Hr.

GRADE : 0.0 %

LINKED MEDIAN



EXCELLAS CLINICS-DOMBIVLI

Mr. PRADEEP KUMAR
I.D. : 86
AGE/SEX : 39/M
RECORDED : 8- 3-2025 11:41

RATE : 151 BPM
B.P. : 130/80 mmHg

BRUCE
PEAK EXER
PHASE TIME : 7:25
STAGE TIME : 1:25

ST @ 10mm/mV
80ms PostJ
SPEED : 5.4 Km./Hr.
GRADE : 14.0 %

LINKED MEDIAN



EXCELLAS CLINICS-DOMBIVLI

Mr. PRADEEP KUMAR
I.D. : 86
AGE/SEX : 39/M
RECORDED : 8- 3-2025 11:41

RATE : 145 BPM
B.P. : 130/80 mmHg

BRUCE
EXERCISE 2
PHASE TIME : 5:59
STAGE TIME : 2:59

ST @ 10mm/mV
80ms PostJ
SPEED : 4.0 Km./Hr.
GRADE : 12.0 %

LINKED MEDIAN



EXCELLAS CLINICS-DOMBIVLI

Mr. PRADEEP KUMAR

I.D. : 86

AGE/SEX : 39/M

RECORDED : 8-3-2025 11:41

RATE : 116 BPM

B.P. : 120/80 mmHg

BRUCE

EXERCISE 1

PHASE TIME : 2:59

STAGE TIME : 2:59

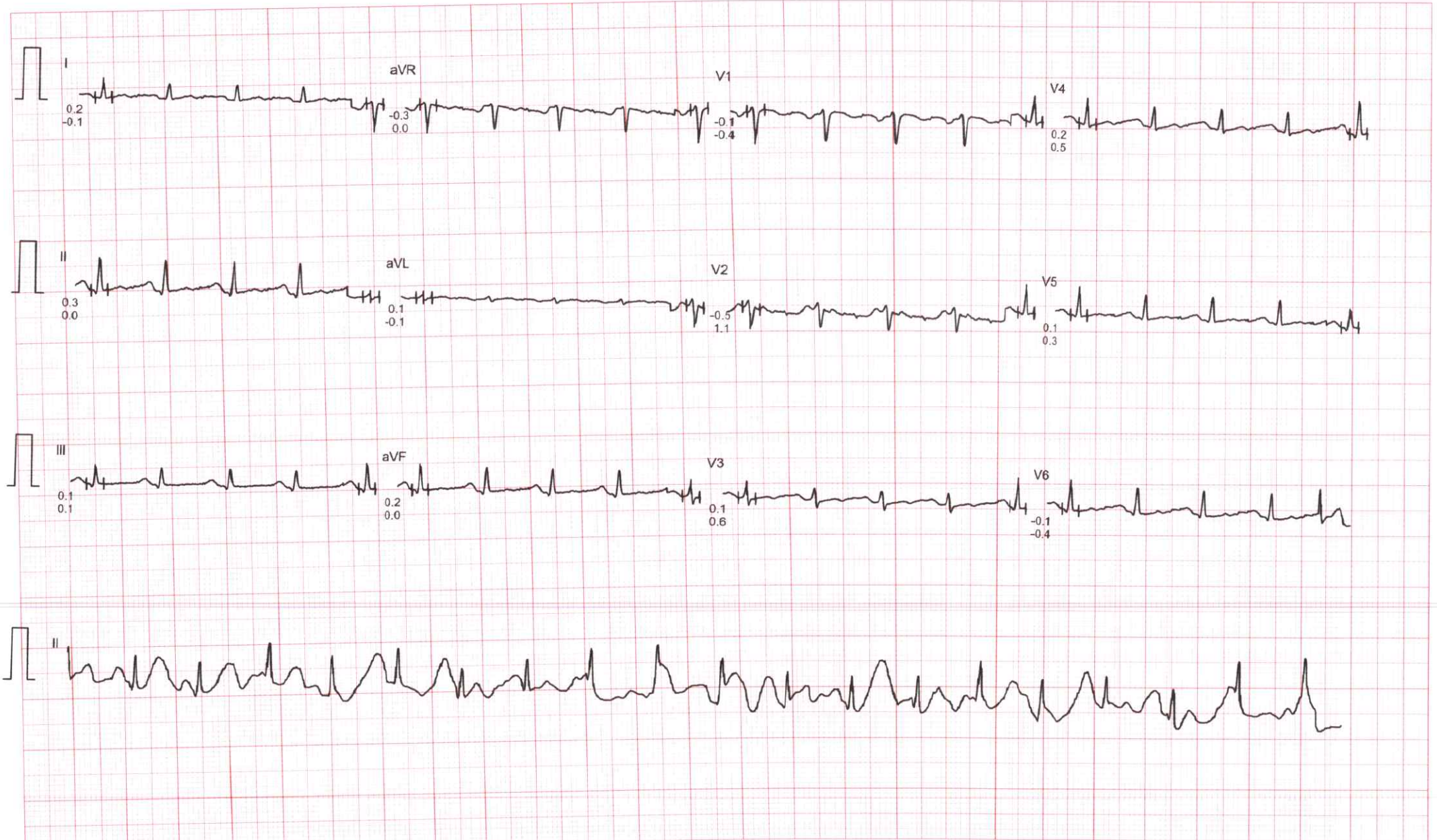
ST @ 10mm/mV

80ms PostJ

SPEED : 2.7 Km./Hr.

GRADE : 10.0 %

LINKED MEDIAN



EXCELLAS CLINICS-DOMBIVLI

Mr. PRADEEP KUMAR
I.D. : 86
AGE/SEX : 39/M
RECORDED : 8-3-2025 11:41

RATE : 73 BPM
B.P. : 120/80 mmHg

STANDING
PRETEST

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



EXCELLAS CLINCS-DOMBIVLI

Mr. PRADEEP KUMAR
I.D. : 86
AGE/SEX : 39/M
RECORDED : 8- 3-2025 11:41

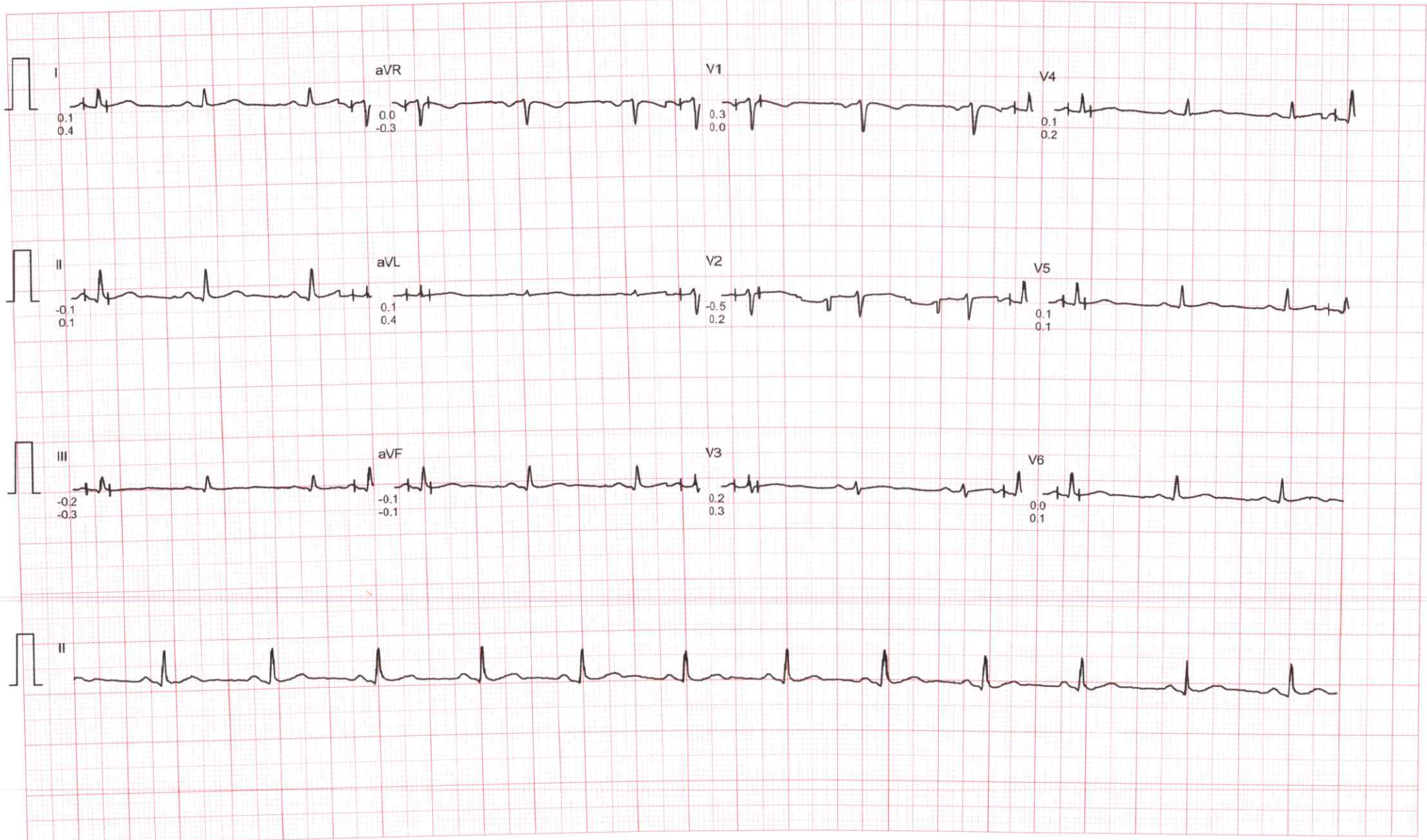
RATE : 74 BPM
B.P. : 120/80 mmHg

HYPERVENTILATION
PRETEST

STAGE TIME : 0:02

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



EXCELLAS CLINICS-DOMBIVLI

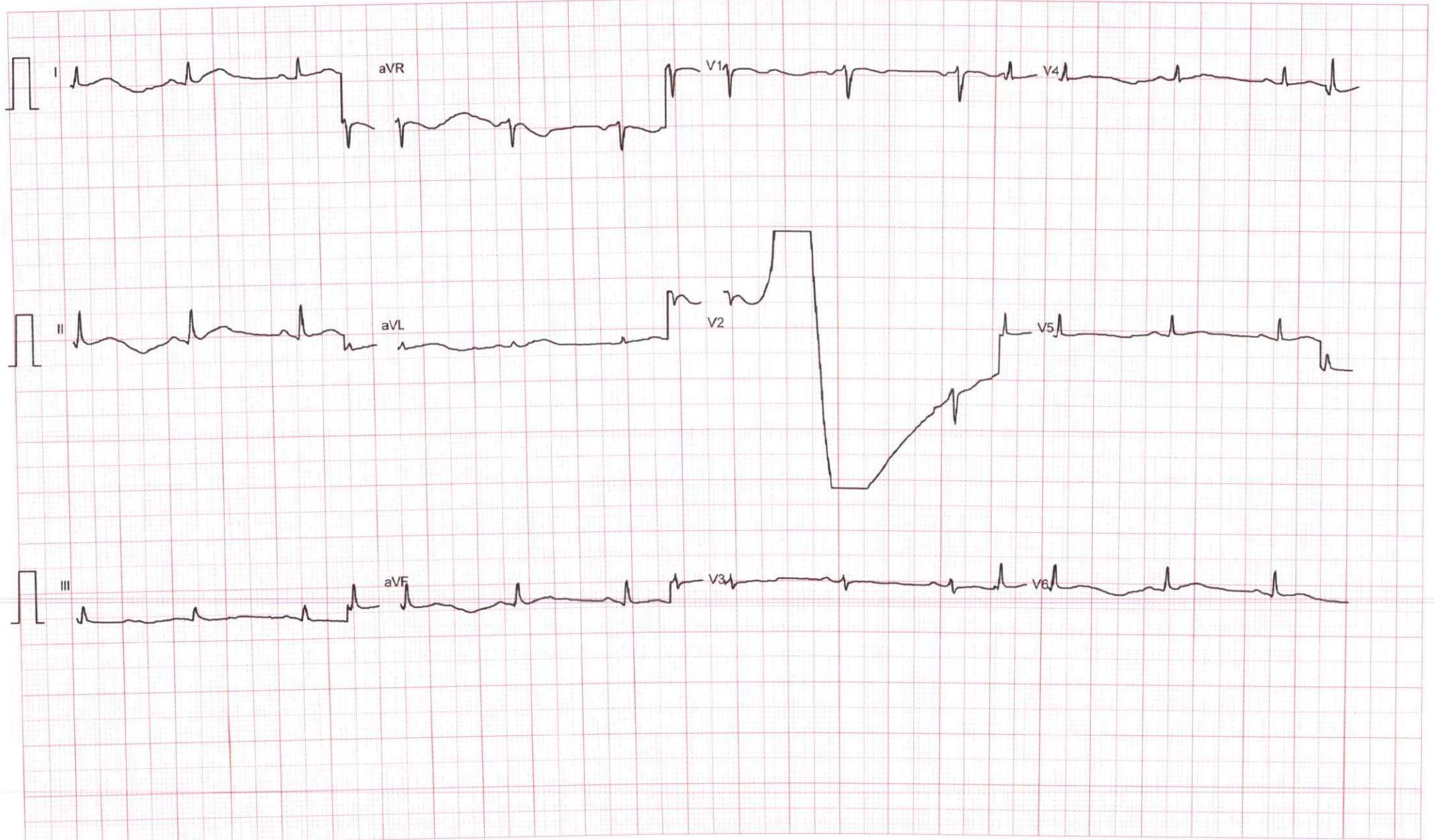
Mr. PRADEEP KUMAR
I.D. : 86
AGE/SEX : 39/M
RECORDED : 8- 3-2025 11:41

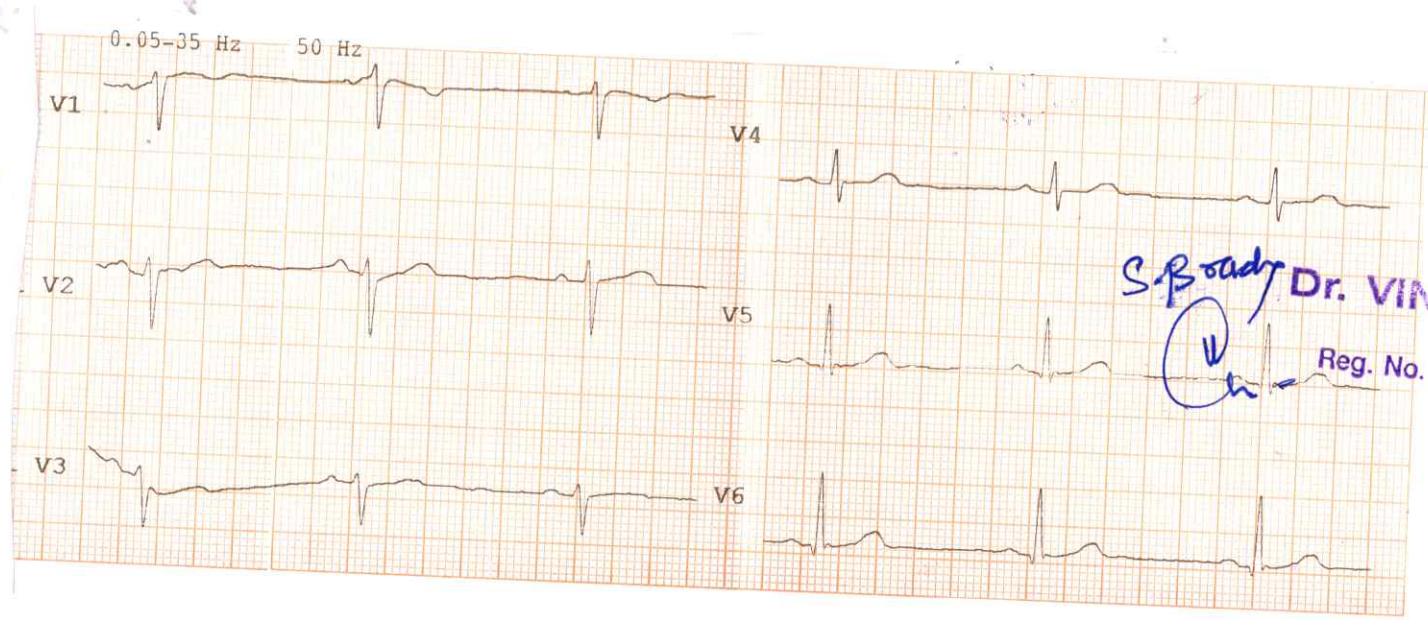
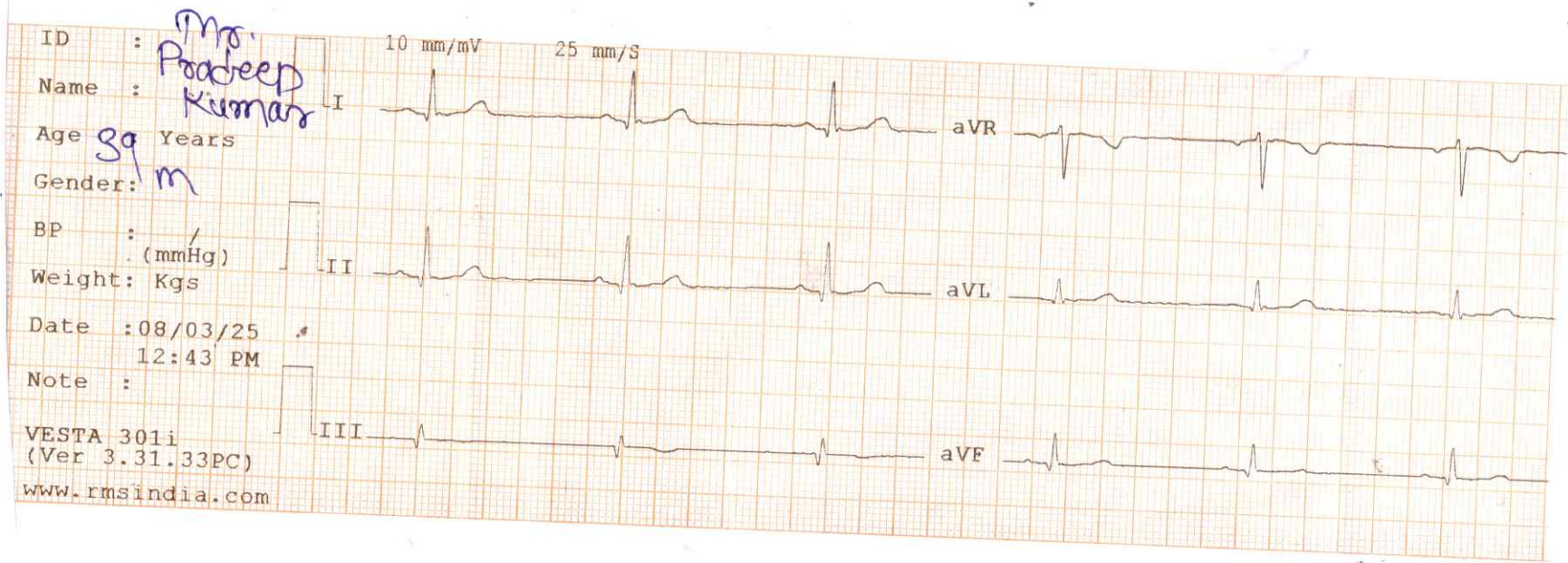
RATE : 70 BPM
B.P. : 120/80 mmHg

SUPINE
PRETEST

ST @ 10mm/mV
80ms PostJ

RAW E.C.G.





S. Prady
Dr. VINAY HIRAY
 DNB MED
 Reg. No. 2012/09/2681