

COMPREHENSIVE HEALTH CHECK UP

Case No. : # Date : 11-3-25

Name : pushpak Pandit Age/Sex : 1/M

MEDICAL HISTORY : = H/O ↑ Hb - polycythemia
- No past Gyn/Ob

PERSONAL HISTORY : _____

Appetite : _____ Smoking : -

Sleep : _____ H/O Alcohol : _____

Bladder : _____ Lifestyle : _____

Bowel : _____ Exercise : Walky.

DRUG HISTORY : _____

PAST HISTORY : _____

FAMILY HISTORY : _____

GENERAL PHYSICAL EXAMINATION :

Built and Nourishment :

Height : 170

SpO₂ :- 99%

B. P. : 120/80 mm of Hg

Weight : 97.1 Kg

Character : _____

Pulse : 92 / Min

Nails : _____

Odema : _____

Tonsils : _____

Skin : _____

Tongue : _____

Sclera : _____

Eat. & Joints : _____

Glands : Adv



Follow healthy lifestyle
e

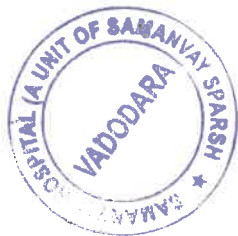


EYE CHECK UP

Reg. No. : # Date : 11-3-25

Name : Pushpak Pandit Age / Sex : 1/M

	RIGHT EYE	LEFT EYE
DISTANCE : (With / Without Glasses)	6/6	6/6
NEAR VISION : (With / Without Glasses)	N6	N6
ANTERIOR SEGMENT :	— wnc —	
I O P (MM of Hg)	— digitally wnc —	
FUNDUS :	— wnc —	
COLOR VISION :	— wnc —	
CLINICAL IMPRESSION :	— wnc —	
ADVICE :	— Nil —	



Doctor's Signature : P. Shah

MRS. Pushpak Pandit
35/7

Date - 11-3-25

Obs Stain + Calculus +

- Carious + Pericoronitis

8/

- Buccoangular

8/

Adv:

~~TOPA~~ IOPA

8/8

- Scaling

- Extⁿ

8/8



[Signature]

SAMANVAY HOSPITAL VADODARA

PUSHAK PANDIT (36 M)

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 98490

Stage: Standing

Date: 11-03-2025

Speed: 0 kmph

Exec Time : 0:00:00

Grade: 0%

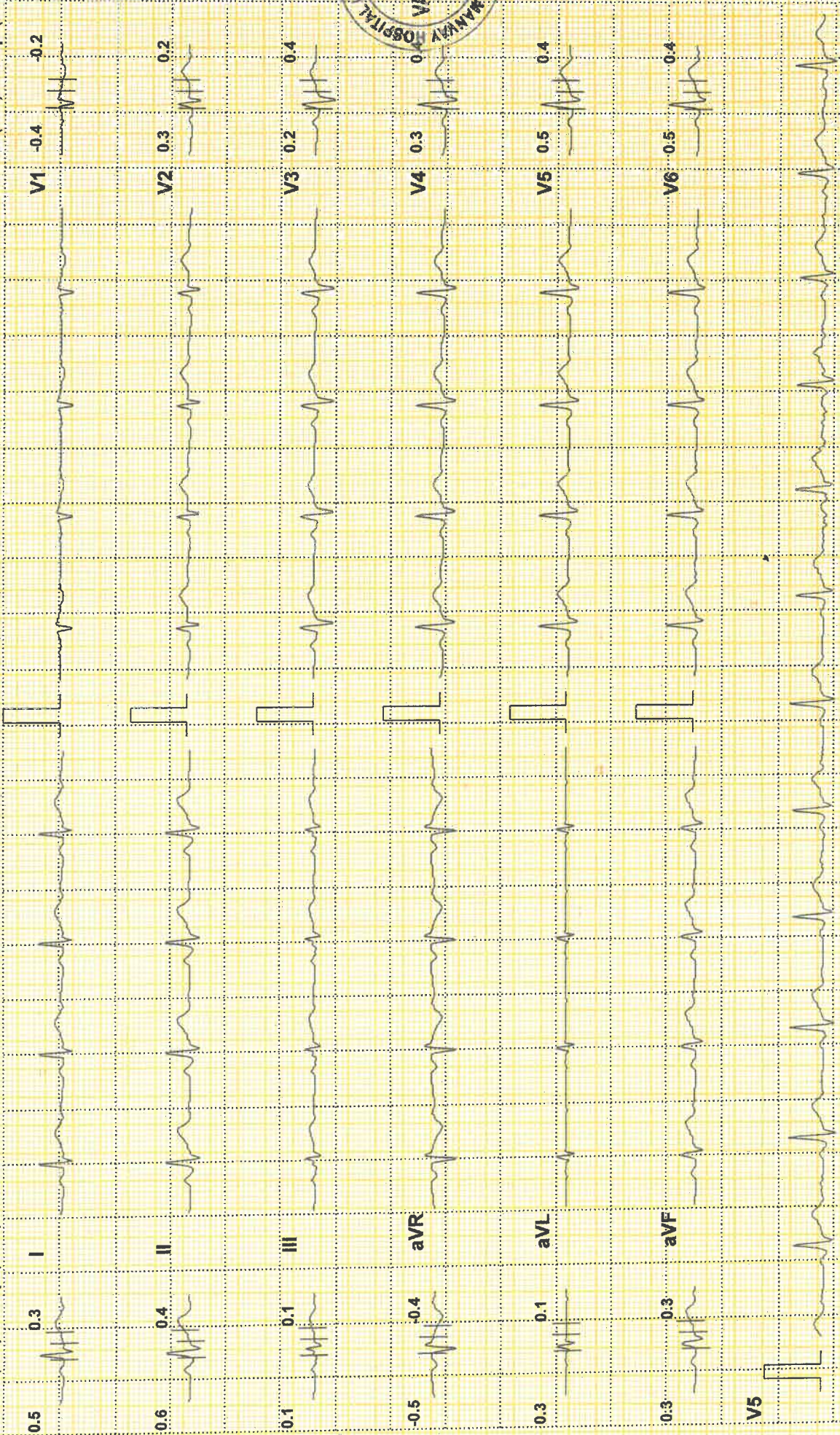
Stage Time: 00:35

THR: 156 bpm

HR: 76 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)



SAMANVAY HOSPITAL VADODARA

PUSHAK PANDIT (36 M)

Bruce Protocol

ID: 98490

Date: 11-03-2025

Exec Time : 0:00:00

Stage Time: 00:17

HR: 76 bpm

STLevel(mm) STSlope(mV/s)

Stage: PreTest

Speed: 1.6 kmph

Grade: 0%

THR: 156 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

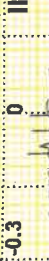
0.4 0.4 I



0 0.5 II



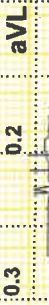
-0.3 0 III



-0.2 -0.4 aVR



0.3 0.2 aVL



-0.2 0.2 aVF



V5



0.4 -0.1 V1



0 0.3 V2



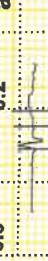
-0.3 -0.4 V3



-0.2 -0.3 V4



0.3 -0.2 V5



-0.2 -0.1 V6

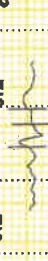


Chart Speed: 25 mm/sec Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms; J = R + 60 ms; Post J = J + 80 ms

Schiller Cardiovit CS-10 Version: 3.4

Linked Median

SAMANVAY HOSPITAL VADODARA

PUSHAK PANDIT (36 M)

Bruce Protocol

ID: 98490

Date: 11-03-2025

Exec Time : 0:03:00

Stage Time: 03:00

HR: 110 bpm

STLevel(mm) STSlope(mV/s)

Stage: 1

Speed: 2.7 kmph

Grade: 10%

THR: 156 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

I 0.3 0.5

V1 -0.1 -0.3

II -0.1 0.8

V2 0.4 0.3

III -0.5 0.3

V3 0 0.4

aVR -0.2 -0.6

V4 -0.1 -0.5

aVL 0.4 0.1

V5 -0.1 -0.5

aVF -0.2 0.6

V6 0 0.6

V5



Chart Speed: 25 mm/sec Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Linked Median

Schiller Cardiovit CS-10 Version:3.4

SAMANVAY HOSPITAL VADODARA

PUSHAK PANDIT (36 M)

Bruce Protocol

ID: 98490

Stage: 2

Date: 11-03-2025

Speed: 4 kmph

Exec Time : 0:06:00

Grade: 12%

Stage Time: 03:00

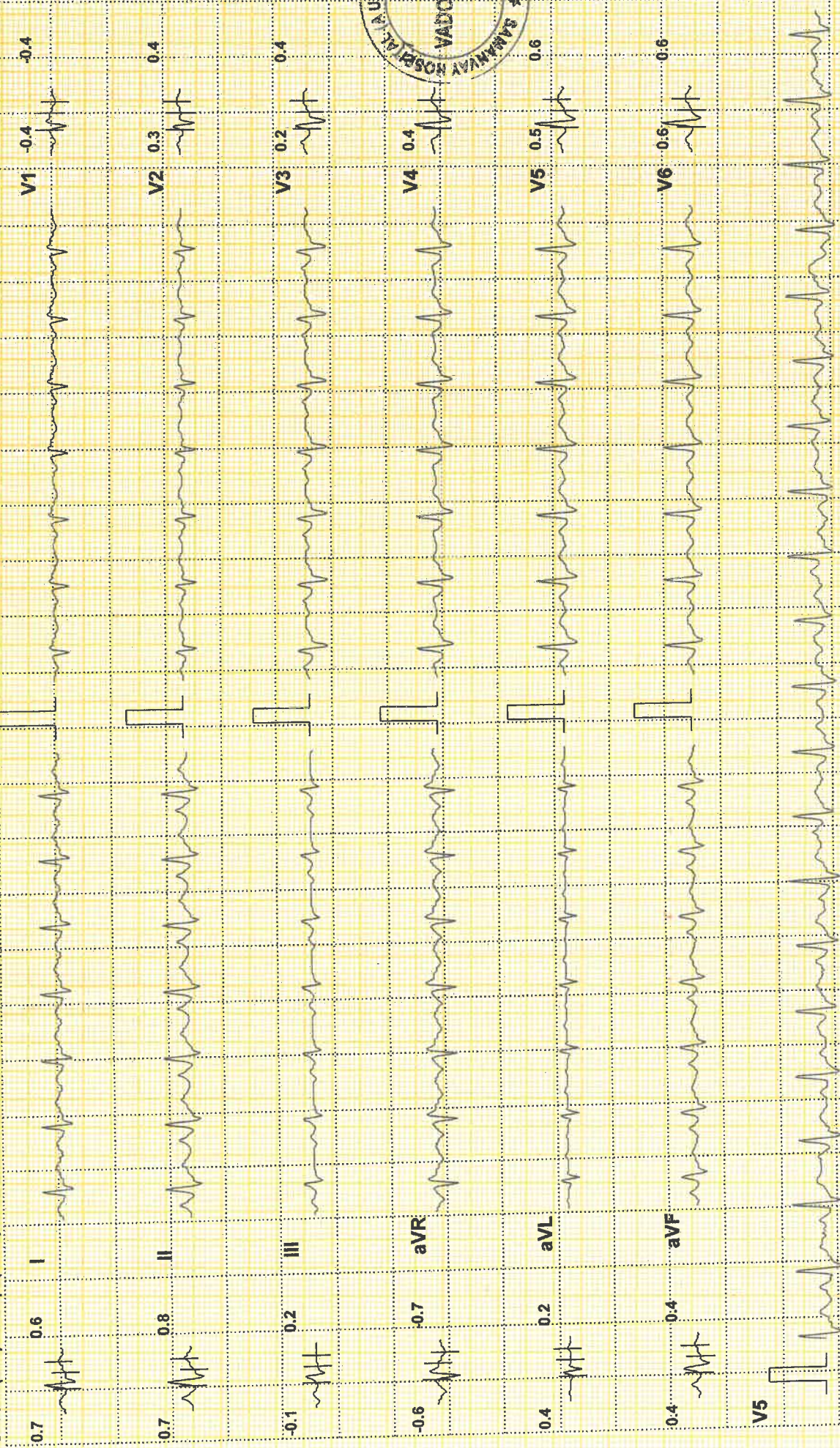
THR: 156 bpm

HR: 128 bpm

BP: 140/90 mmHg

STLevel(mm) STSlope(mV/s)

STLevel(mm) STSlope(mV/s)



SAMANVAY HOSPITAL VADODARA

PUSHAK PANDIT (36 M)

Bruce Protocol

ID: 98490

Date: 11-03-2025

Stage: Peak Exercise

Speed: 5.5 kmph

Exec Time : 0:08:09

Grade: 14%

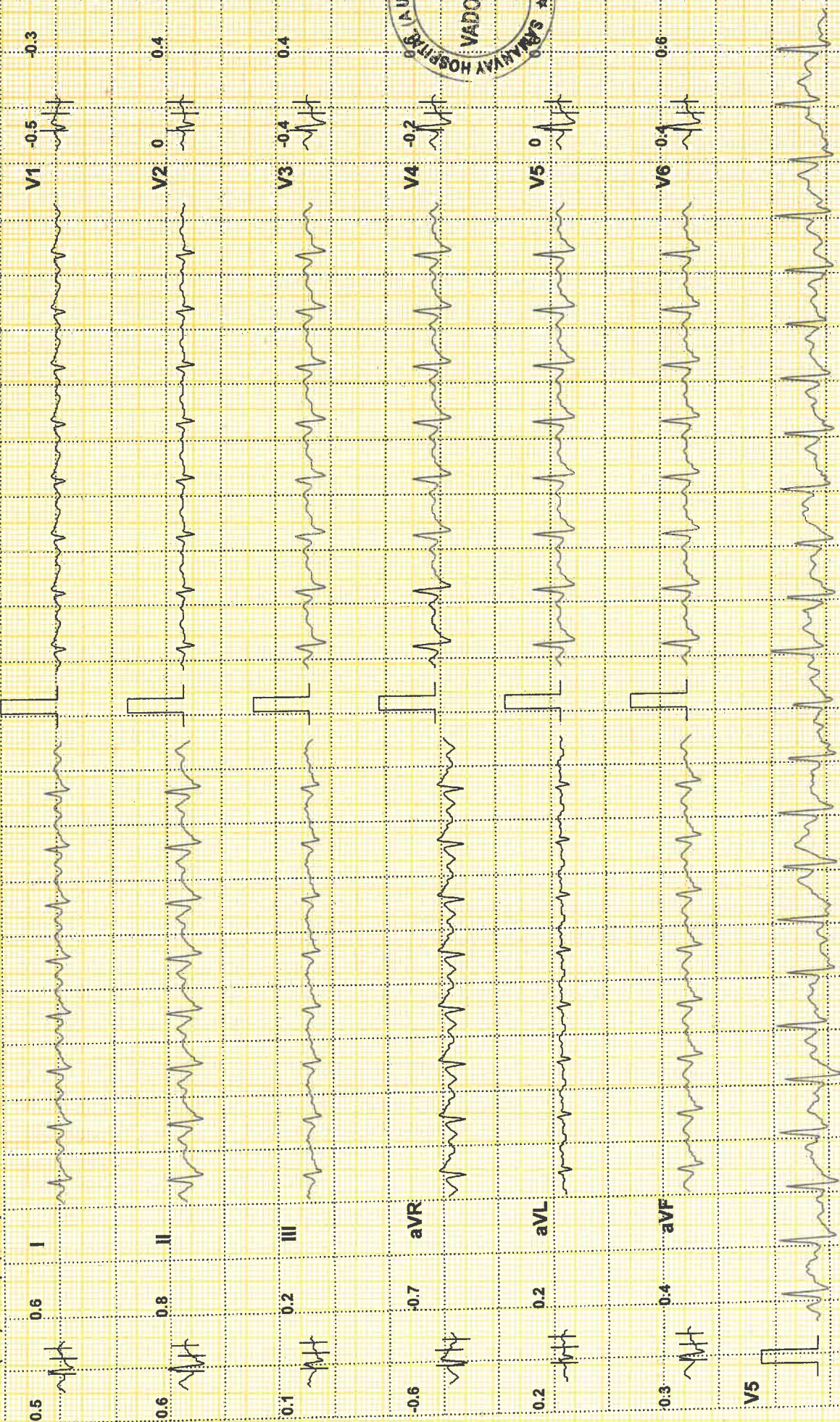
Stage Time: 02:09

THR: 156 bpm

HR: 154 bpm

BP: 150/100 mmHg

STLevel(mm) STSlope(mV/s)



SAMANVAY HOSPITAL VADODARA

PUSHAK PANDIT (36 M)

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 98490

Stage: Recovery1

Date: 11-03-2025

Speed: 0 kmph

Exec Time : 0:09:09

Grade: 0%

Stage Time: 01:00

THR: 156 bpm

HR: 112 bpm

BP: 150/100 mmHg

STLevel(mm) STSlope(mV/s)

0 0.8 I

-0.1 1.1 II

-0.1 0.4 III

0 -0.8 aVR

0 0.2 aVL

-0.1 0.7 aVF

V5

V1 0.4 -0.4

V2 0.9 0.6

V3 0.4 0.8

V4 0.1

V5 -0.3

V6 -0.5 0.8



SAMANVAY HOSPITAL VADODARA

PUSHAK PANDIT (36 M)

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 98490

Date: 11-03-2025

Stage: Recovery2

Speed: 0 kmph

Exec Time : 0:10:09

Grade: 0%

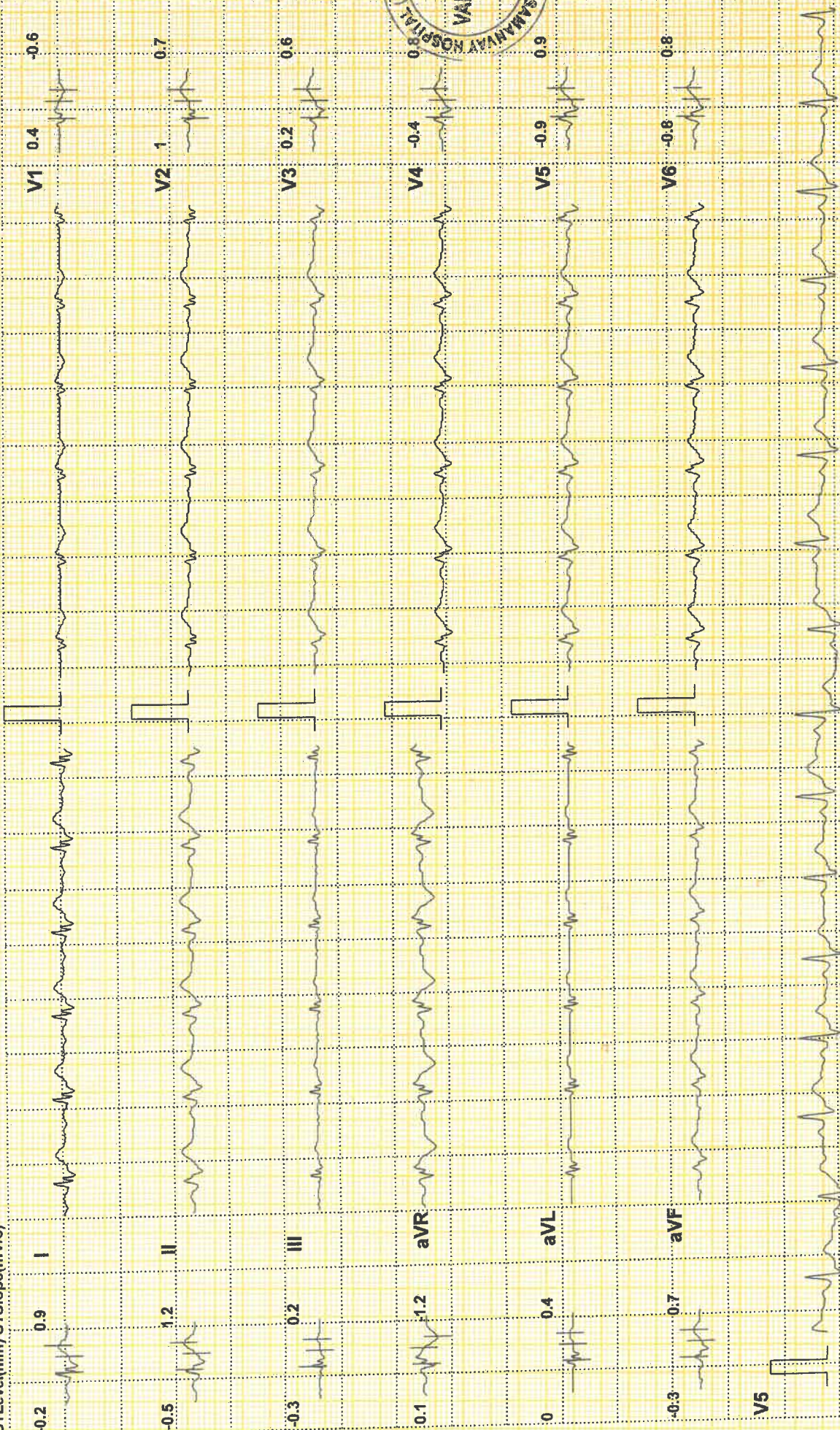
Stage Time: 01:00

THR: 156 bpm

HR: 102 bpm

BP: 150/100 mmHg

STLevel(mm) STSlope(mV/s)



SAMANVAY HOSPITAL VADODARA

PUSHAK PANDIT (36 M)

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 98490

Stage: Recovery3

Date: 11-03-2025

Speed: 0 kmph

Exec Time : 0:11:01

Grade: 0%

Stage Time: 00:52

THR: 156 bpm

HR: 96 bpm

BP: 130/90 mmHg

STLevel(mm) STSlope(mV/s)

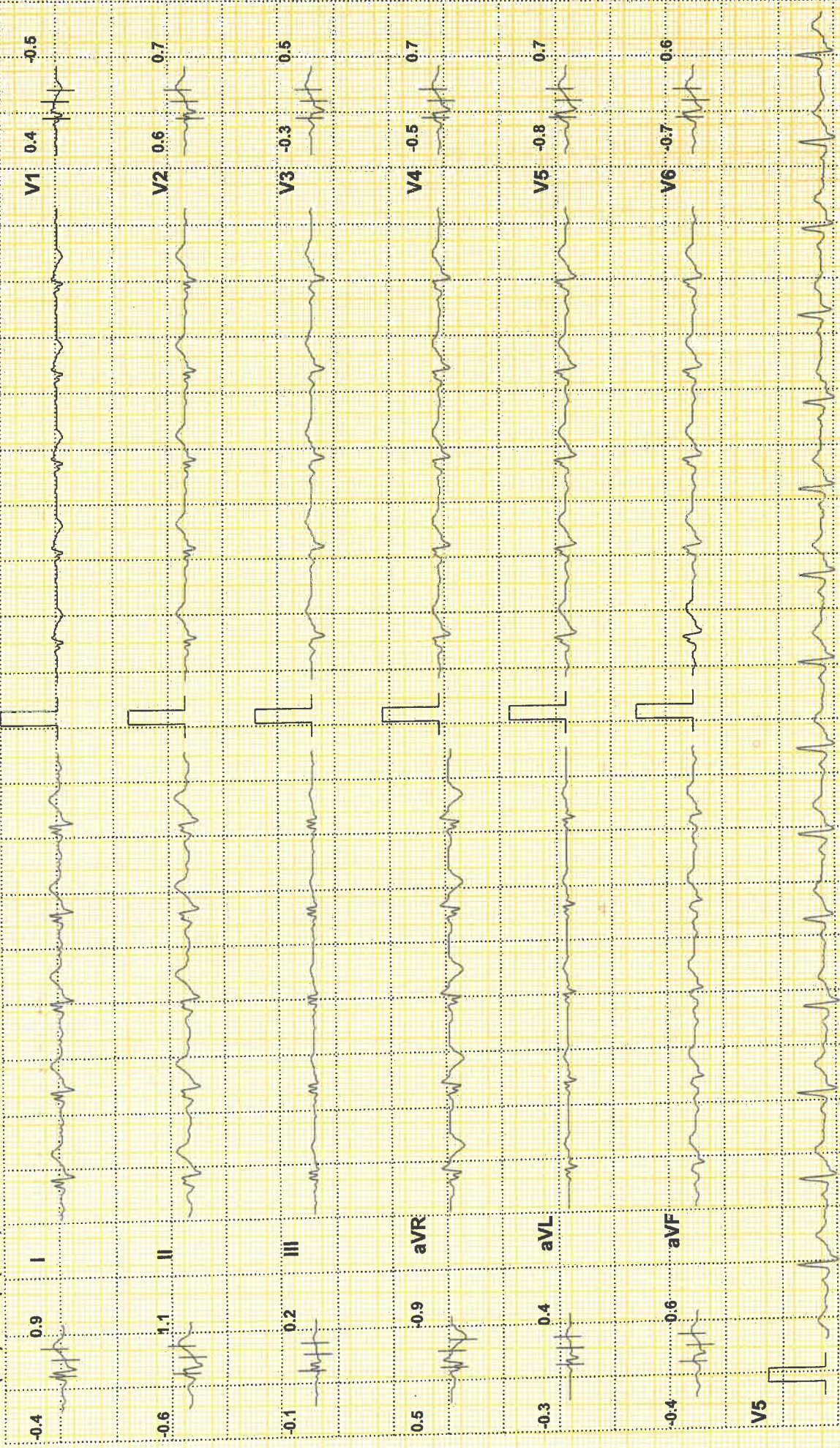


Chart Speed: 25 mm/sec Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Linked Median

Schiller Cardiovit CS-10 Version:3.4

SAMANVAY HOSPITAL VADODARA

Name: **PUSHAK PANDIT**

Age: 36 Gender: M

Clinical History:

Medications:

Date: 11-03-2025 Time: 12:05

ID: 98490

Height: 170 cms Weight: 97 Kg

Test Details:

Protocol: Bruce

Exercise Time: 0:08:09

Max BP: 150/100

Test Termination Criteria:

Predicted Max HR: 184

Achieved Max HR: 154 (84% of Pr. MHR)

Max BP x HR: 23100

Target HR: 156 (85% of Pr. MHR)

Max Mets: 9.1

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	ST Level mm	ST Slope mV/S
Standing	00:35	1	0	0	76	120/80	9120	0.6 II	0.4 II
PreTest	00:17	1	1.6	0	76	120/80	9120	0.4 I	0.5 II
Stage: 1	03:00	4.7	2.7	10	110	120/80	13200	-0.5 III	0.8 II
Stage: 2	03:00	7	4	12	128	140/90	17920	0.7 I	0.8 II
Peak Exercise	02:09	9.1	5.5	14	154	150/100	23100	0.6 II	0.8 II
Recovery1	01:00	1	0	0	112	150/100	16800	0.9 V2	1.1 II
Recovery2	01:00	1	0	0	102	150/100	15300	1 V2	1.2 II
Recovery3	00:52	1	0	0	96	130/90	12480	-0.8 V5	1.1 II

Interpretation

The Patient Exercised according to Bruce Protocol for 0:08:09 achieving a work level of 9.1 METS. Resting Heart Rate, initially 76 bpm rose to a max. heart rate of 154bpm (84% of Predicted Maximum Heart Rate). Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 150/100 mmHg

- moderate Efforts Tolerance/8.4x.THR & 9.1 METS Achieved
- Appropriate Chronotropic and Raised Haemodynamic Response
- No ST-T changes seen during exercise or Recovery
- No Angina or Abnormalities
- The stress test is Negative for Induced Ischemia

Ref. Doctor: SELF

Doctor: DR. PAVAN ROY

SCHILLER

(Summary Report edited by User)

Schiller Cardiovit CS-10 Version:3.4



DR. PAVAN ROY
MD, DM (CARDIOLOGY)
CONSULTANT CARDIOLOGIST
REG. NO. G-23390
M. No. 9305908158

PUSHPAK PANDIT

M /36 YEARS

DATE: 11/03/2025

REAL TIME SONOGRAPHY OF THE ABDOMEN & PELVIS

LIVER - It is normal in size (15.4 cm). It shows bright echo pattern. No evidence of solid or cystic focal lesion is seen. The intrahepatic biliary system is normal and shows no dilatation of the radicles. The portal vein, CBD and hepatic veins appear normal.

GALL BLADDER - It is distended and appears normal. No evidence of sludge or calculus is seen. The wall appears normal.

PANCREAS - It is visualized and appears normal.

SPLEEN - It appears normal in size (10.1 cm), normal in shape and echotexture. No focal lesions.

KIDNEYS - Both the kidneys appear normal in size, shape and show normal corticomedullary differentiation. Normal echogenicity of both kidneys.

Right kidney measures 9.7 x 4.4 cm. Left kidney measures 10.6 x 5.7 cm.

No calculus or hydronephrosis is seen on either side.

Urinary bladder is distended and appears normal. No cystitis or mass lesion noted.

Prostate appears normal in size vol - 09 cc . No focal lesion.

No evidence of any lymphadenopathy or ascites is noted.

No evidence of dilated bowel loops or bowel wall thickening noted.

IMPRESSION:

FATTY LIVER GRADE-I.



DR. SARJAN VASAVA,
CONSULTANT RADIOLOGIST.

DR SARJAN VASAVA
M.B.S., D.M.R.D.
J. No. G-26527
SAMANVAY HOSPITALS



Patient

ID
Name
Birth Date
Gender

11032025-102124AM
PUSHPAK PANDIT M/36

Exam

Accession #
Exam Date
Description
Operator

11-03-2025



Patient Name : MR. PUSHPAK PANDIT
Age & Sex. : 36Y /M
Bill date : 11/03/2025 01:36 PM

Bill No. : OPB/1/24/17463
Reg No. : REG-17027
Sponsor : MEDIWHEEL

X-RAY CHEST PA

Both the lung fields appear normal.

Both costophrenic angles appear clear.

Cardiac silhouette appear normal.

Both hila appears normal.

Bony thorax appears normal.

No evidence of free gas seen under dome of diaphragm.

COMMENTS:

- NORMAL BOTH LUNG FIELDS.
- NORMAL CARDIAC SIZE.

Impression :
Conclusion :



Dr. Sarjan Vasava

Radiology
(Reg No-G-26527)



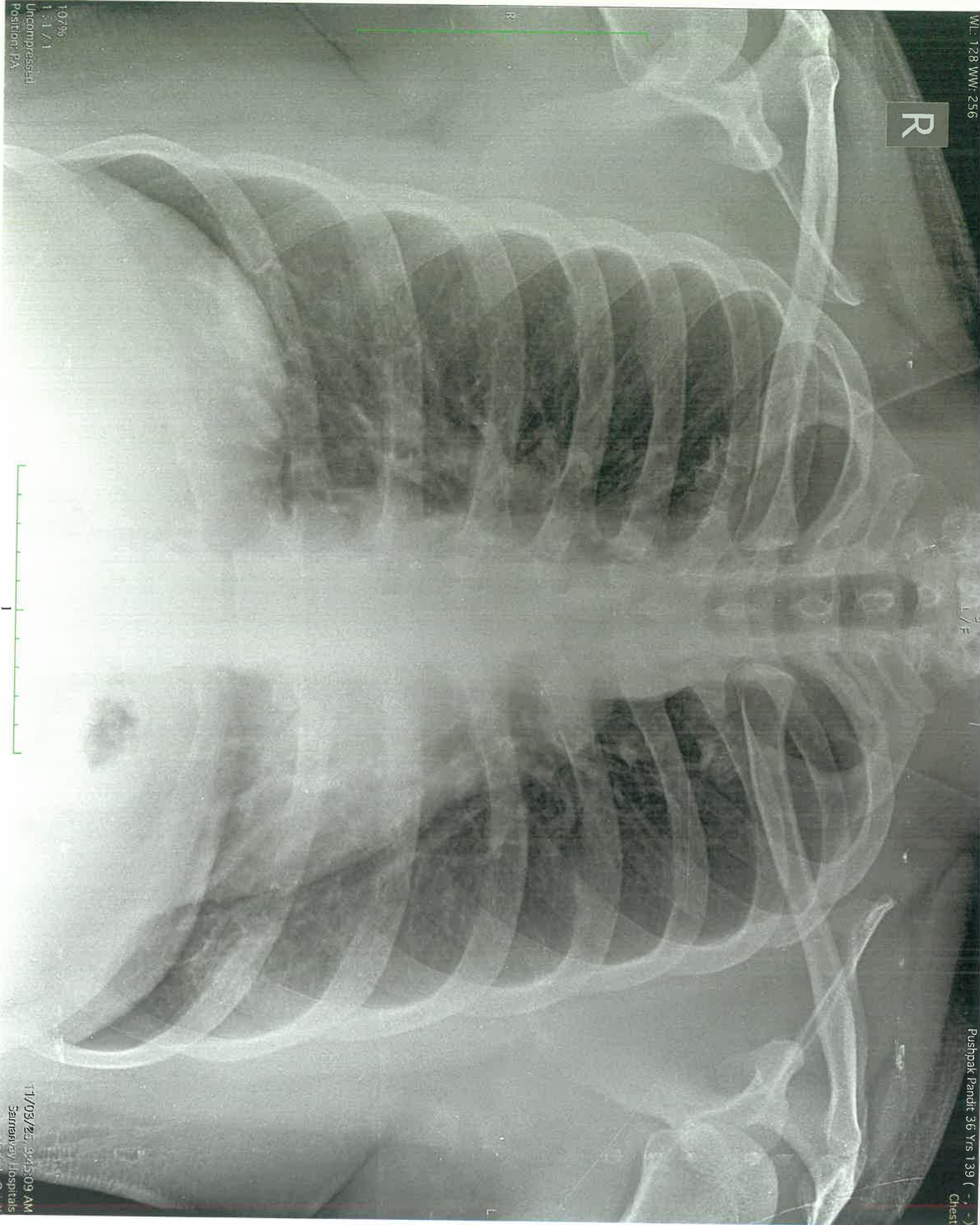
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SAMANVAY HOSPITALS

Rushpak Pandit

m/36y

11-03-25



WL: 128 WW: 256

R

L/R

Pushpak Pandit 36 Yrs 139 (-, -)
Chest

107%
1.1/1.1
Uncompressed
Position: PA

11/03/25, 9:45:09 AM
Sarnobay Hospitals
Made in Ostrich