Subject: Health Check up Booking Confirmed Request(22E51046), Package Code-, Beneficiary Code-278955

From: Mediwheel < wellness@mediwheel.in>

Date: 07/02/2025, 3:42 pm

To: "Gaurav Kumar" <GAURAV.KUMAR17@bankofbaroda.com>
CC: "customercare@mediwheel.in" <customercare@mediwheel.in>

\*\*सावधान: यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी लिंक पर क्लिंव \*\*CAUTION: THIS MAIL IS ORIGINATED FROM OUTSIDE OF THE BANK'S DOMAIN. DO NOT CLICK ON LINKS

#### Dear Gaurav Kumar,

We are pleased to confirm your health checkup booking request with the following details.

Hospital Package Name: Mediwheel Full Body Health Checkup Male Below 40

Name of Diagnostic/

Hospital

: Ivy Hospital

Address of Diagnostic/

Hospital-

: Sector - 71, Mohali

City

: Mohali

State

: PUNJAB

Pincode

: 160071

**Appointment Date** 

: 08-02-2025

**Confirmation Status** 

: Booking Confirmed

Preferred Time

: 09:00 AM - 09:30 AM

**Booking Status** 

: Booking Confirmed

N	Member Information	
Booked Member Name	Age	Gender
	34 year	Male
MR. KUMAR GAURAV	51764	

Note - Please note to not pay any amount at the center.

# Instructions to undergo Health Check:

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

### For Women:

- Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- It is advisable not to undergo any Health Check during menstrual cycle.









Name.

: MR. Gaurav Kumar (34y, Male)

Date & Time

: 08-Feb-2025 03:36 PM

Phone ID

Doctor

: 9546863662

: 504133

: Dr. Puneet Kumar

#Visit

Complaints: ROUTINE CHECKUP

Diagnosis: GRADE 1/2 FATTY LIVER, HYPERURICAEMIA

RX

1	Medicine	Dosage	Timing - Freq Duration	
1)	TOCOAD CAPSULE *	1 - 0 - 0	After Food - Daily - 90 Days	
	Timing: 1 After breakfast	0 - 0 - 1	After Disease Doily, 60 Days	
2)	GOUTFREE XL 40 MG TABLET *	0 - 0 - 1	After Dinner - Daily - 60 Days	
	Composition: Febuxostat 40 MG Timing: 1 After dinner			

Advice: WEIGHT REDUCTION

Diet and Exercise: low fat diet

30-40 min walk daily

AVOID NUTS/BEANS/COLD DRINKS

#### Tests Prescribed:

· [ Next Visit] URIC ACID

· [ Next Visit] LFT

Next Visit: 60 days (09-Apr-2025 - Wednesday)

Admission Advice: NO

Dr. Puneet Kumar Consultant - Internal Medcine MBBS, MD (Medicine) Regd. No.: PMC 41837

Powered by HealthPlix EMR. www.healthplix.com

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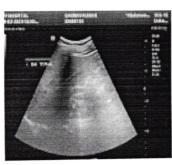
IVY HOSPITAL SECTOR-71 MOHA





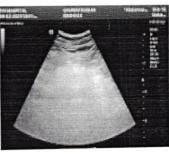
NAME	., GAURAV KUMAR	SEX/AGE	M34Y
PATIENT ID	ID504133	Accession Number	
REF CONSULTANT	PACKAGE	DATE	08/02/2025 10:50

### USG WHOLE ABDOMEN









<u>LIVER</u>: is enlarged in size (~ 17.7cm), normal in outline and shows increased echogenicity. IHBR are not dilated. Portal vein is normal. Visualized proximal CBD measures ~ 5.4mm.

GALL BLADDER: is not visualized - post operative status.

**SPLEEN**: is normal in size (~ 10.2cm), outline and echotexture.

PANCREAS & UPPER RETROPERITONEUM: Visualised pancreatic head and proximal body are normal in size and echotexture. Tail of pancreas is obscured by bowel gas.

RIGHT KIDNEY: It is normal in size (~ 9.3cm), outline and echotexture. Corticomedullary differentiation is welldefined. No hydronephrosis is seen.

**LEFT KIDNEY**: It is normal in size (~ 10.3cm), outline and echotexture. Corticomedullary differentiation is welldefined. No hydronephrosis is seen.

**U-BLADDER**: is minimally distended at the time of examination.

PROSTATE: is normal in size.

No free fluid is seen in peritoneal cavity.

OPINION: Hepatomegaly with fatty liver Grade I / II.

Adv. Clinical correlation and follow up.



The above impression is just an opinion of the imaging findings and not a final diagnosis. Needs correlation with clinical status, lab investigations and other relevant investigations

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SAS Nagar, Mohali, Punjab-160071

Phone: 91-172-7170000, Fax: 91-172-2274900 CIN No.: U85110PB2005PTC027898

GSTIN: 03AABCI4594F1ZQ





NAME	., GAURAV KUMAR	SEX/AGE	M34Y
PATIENT ID	ID504133	Accession Number	
REE CONSULTANT	PACKAGE	DATE	08/02/2025 10:50

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Patient Name

GAURAV KUMAR

Patient ID

504133

Gender/Age

Male / 35

Test Date:

08 Feb 2025

### CARDIOLOGY DIVISION

### ECHOCARDIOGRAPHY REPORT

M Mode Parameters	Patient	Normal	
Left Ventricular ED Dimension	4.0	3.7-5.6 CM	
Left Ventricular ES Dimension	2.6	2.2-4.0 CM	
IVS (D)	1.0	0.6-1.2 CM	
IVS (s)	1.6	0.7-2.6 CM	
LVPW (D)	1.0	0.6-1.1 CM	
LVPW (S)	1.4	0.8-1.0 CM	
Aortic Root	3.1	2.0-3.7 CM	
LA Diameter	3.4	1.9-4.0 CM	

Indices of LV systolic Function

**Patient** Normal

**Ejection Fraction** 

62%

54-76%

Mitral Valve

: Normal movements of all leaflet, No subvalvular pathology, No calcification, no

prolapse.

**Aortic Valve** 

: Thin Trileaflet open completely with central closure

**Tricuspid Valve Pulmonary Valve**  : Thin, opening well with no prolapse : Thin, Pulmonary Artery not dilated

Pulse & CW Doppler : Mitral valve:

E= 70cm/s, A= 50cm/s, E>A,

Aortic valve:

Vmax = 112cm/s

Pulmonary valve:

Vmax = 78cm/s

Chamber Size -

LV -

Normal/ Enlarged

LA -

Normal / Enlarged

RV -

Normal/ Enlarged

RA -

Normal/ Enlarged

RWMA -

Nil

**Others** 

: Intact IAS, IVS

No LA, LV Clot seen

No vegetation or intracardiac mass present

No Pericardial effusion present

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Remarks -

FINAL IMPRESSION No RWMA of LV
Normal LV systolic function (LVEF~62%)

POR. RAKESHOBHUTUNGRU

Director Non Invasive Cardiology
MRTS, MD Medicine), DM(Cardiology)

PMC-42588

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GSTIN: 03AABCI4594F1ZQ





NAME	GAURAV KUMAR	SEX/AGE	M34Y
PATIENT ID	ID504133	Accession Number	XN.2590 OPD
REF CONSULTANT	Dr.	DATE	08/02/2025 10:45

# X-RAY CHEST (PA VIEW)

- Bony structures and soft tissue appear normal.
- · Trachea is slightly deviated towards right.
- Bronchovascular markings are prominent in both lung fields.
- · Bilateral hilar regions appear normal.
- Domes of diaphragm and costophrenic angles appear normal.
- · Cardiac shadow is within normal limit.

Please correlate clinically.



The above impression is just an opinion of the imaging findings and not a final diagnosis. Needs correlation with clinical status, lab investigations and other relevant investigations

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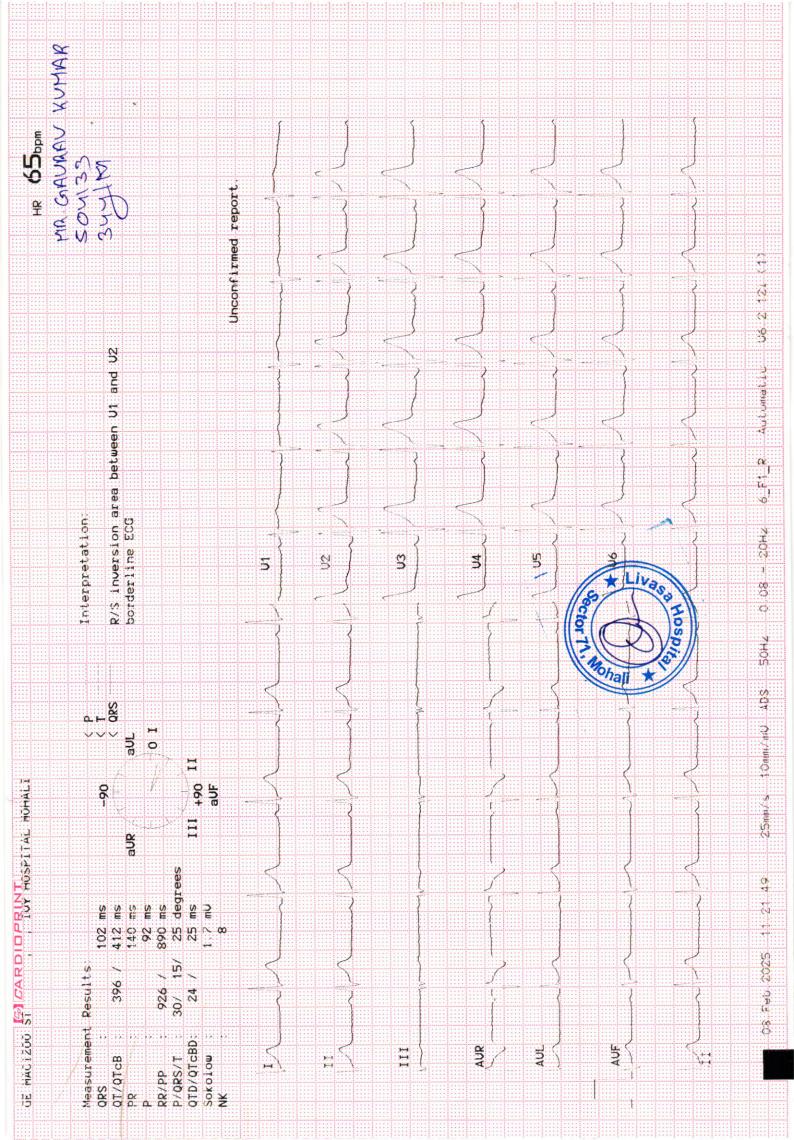
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Sector 71, Mohali, Punjab, 160071

Ph: 01727170000, 9115115257

Email: pathreports@livasahospitals.in





: MR GAURAV KUMAR NAME

: 15-Sep-1990/M DOB/Gender

: 504133 UHID : 4934299 Inv. No.

: Livasa Mohali Panel Name

Bar Code No : 13395637 Requisition Date

: 08/Feb/2025 10:06AM

: 08/Feb/2025 11:03AM SampleCollDate : 08/Feb/2025 11:03AM Sample Rec.Date

: 08/Feb/2025 12:15PM Approved Date

: Self Referred Doctor

Observed Value

Unit

Reference Range

### **IMMUNOASSAY**

**Test Description** 

# TOTAL THYROID PROFILE

Serum Total T3 (CLIA/Vitros 5600)

1.20

ng/mL

0.970 - 1.69

Summary & Interpretation:

Triiodothyronine (T3) is the hormone principally responsible for the development of the effects of the thyroid hormones on the various target organsT3 is mainly formed extrathyroidally, Triiodothyronine (T3) is the hormone principally responsible for the development of the effects of the thyroid hormones on the various target organsT3 is mainly formed extrathyroidally, Triiodothyronine (T3) is the hormone principally responsible for the development of the effects of the thyroid hormones on the various target organsT3 is mainly formed extrathyroidally, Triiodothyronine (T3) is the hormone principally responsible for the development of the effects of the thyroid hormones on the various target organsT3 is mainly formed extrathyroidally, Triiodothyronine (T3) is the hormone principally responsible for the development of the effects of the thyroid hormones on the various target organsT3 is mainly formed extrathyroidally, Triiodothyronine (T3) is the hormone principally responsible for the development of the effects of the thyroidally in the target organsT3 is mainly formed extrathyroidally and the target organsT3 is mainly formed extrat particularly in the liver, by deiodination of T4. A reduction in the conversion of T4 to T3 results in a fall in the T3 concentration. It Occurs under the influence of medicaments such as propanolol, glucocorticoids or amiodarone and in severe non-thyroidal illness (NTI). The determination of T3 is utilized in the diagnosis of T3-hyperthyroidism, the detection of early stages of hyperthyroidism and for indicating a diagnosis of thyrotoxicosis factitia.

Serum Total T4

6.10

μg/dL 5.52 – 12.97

The hormons thyroxime (T4) is the main product secreted by the thyroid gland. The major part of total thyroxime (T4) in serum is present in protein-bound form. As the concentration of the transport proteins in serum are subject to exogenous and endogenous effects, the status of the binding proteins must also be taken in to account in the assessment of the thyroid hormone concentration in serum. The determination of T4 can be utilized for the following indications: the detection of hyperthyroidism, the detection of primary and secondary hypothyroidism and the monitoring of TSH-suppression therapy.

Serum TSH

(CLIA/Vitros 5600- TSH 3rd generation)

5.600

mIU/L

0.4001 - 4.049

TSH is formed in specific basophil cells of the anterior pituitary and is subject to a circardian secretion sequence. The determination of TSH serves as the initial test in thyroid diagnostics, Accordingly, TSH is a very sensitive and specific parameter for assessing thyroid function and is particularl suitable for early detection or exclusion of disorders in the central regulating circuit between the hypothalamus, pituitary and thyroid.

- 1.TSH levels are subject to circadian variation, reaching peak levels between 2 4.a.m. and at a minimum between 6-10 pm. The variation is of the order of 50%. hence time of the day has influence on the measured serum TSH concentrations
- 2. Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.
- 3. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

  4. Clinical Use: Primary Hypothyroidism, Hyporthyroidism, Hypothalamic Pituitary hypothyroidism, Inappropriate TSH secretion, Nonthyroidal illness, Autoimmune thyroid disease, Pregnancy associated thyroid disorders.

PREGNANCY	REFERENCE RANGE FOR TSH IN uIU/mL	
1st Trimester	0.05 - 3.70	
nd Trimester	0.31 – 4.35 0.41– 5.18	
Trimester	0.41-5.18	



M.D PATHOLOGY

Result Entered By:Satvir 6849M

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Email: pathreports@livasahospitals.in



SampleCollDate

Sample Rec.Date



: MR GAURAV KUMAR NAME

DOB/Gender : 15-Sep-1990/M UHID : 504133

: 4934299 Inv. No. : Livasa Mohali

Panel Name : 13395637 Bar Code No

Observed Value

: 08/Feb/2025 10:06AM Requisition Date

: 08/Feb/2025 11:03AM : 08/Feb/2025 11:03AM

: 08/Feb/2025 12:15PM Approved Date

: Self Referred Doctor

Unit Reference Range

# **BIOCHEMISTRY**

**Test Description** 

#### GLUCOSE FASTING

### Primary Sample Type:Fluoride Plasma

Plasma Glucose Fasting

(VITROS 5600 /Colorimetric - Glucose oxidase, hydrogen peroxide)

102

mg/dL

Normal 70-99 mg/dl

Impaired Tolerance 100 - 125mg/dl

Diabetic ≥126 mg/dl

# Interpretation (In accordance with the American diabetes association guidelines):

A fasting plasma glucose level below 100 mg/dL is considered normal.

 A fasting plasma glucose level between 100-125 mg/dL is considered as glucose intolerant or pre diabetic. A fasting and post-prandial blood sugar test (after consumption of 75 gm of glucose) is recommended for all such patients.

 A fasting plasma glucose level ≥126 mg/dL is highly suggestive of a diabetic state. A repeat fasting test is strongly recommended for all such patients. A fasting plasma glucose level in excess of 126 mg/dL on both the occasions is confirmatory of a diabetic state.

#### RFT (RENAL FUNCTION TESTS)

Serum Urea	24.00	mg/dl	19.26-42.8
(VITROS 5600 /Colorimetric - Urease, UV) Serum Creatinine	0.90	mg/dL	0.67-1.17
(JAFFE KINETIC/ AU480)  Serum Uric acid (VITROS 5600 /Colorimetric - Uricase)	9.50	mg/dL	3.58.5 mg/dl

#### Interpretation:

Renal function tests are used to detect and diagnose diseases of the Kidney.

Result Entered By:Satvir 6849M

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Ph: 01727170000, 9115115257

Email: pathreports@livasahospitals.in



Approved Date



NAME : MR GAURAV KUMAR

: 08/Feb/2025 10:06AM Requisition Date : 15-Sep-1990/M DOB/Gender : 08/Feb/2025 11:03AM SampleCollDate UHID : 504133 : 08/Feb/2025 11:03AM Sample Rec.Date : 4934299 Inv. No. : 08/Feb/2025 12:15PM

: Livasa Mohali Panel Name : Self Referred Doctor

: 13395637 Bar Code No Unit Reference Range Observed Value Test Description LIVER FUNCTION TEST WITH GGT 0.2-1.3 mg/dl mg/dL 1.10 Serum Bilirubin Total mg/dL Adult 0.0 - 1.1 0.70 Bilirubin(Unconjugated) Neonate 0.6 - 10.5 (VITROS 5600 / Colorimetric - Direct measure) Adult 0.0 - 0.3 mg/dL 0.01 Bilirubin(Conjugated) Neonate 0.0 - 0.6 (VITROS 5600 / Colorim Male 17-59U/L U/L 40 Serum SGOT(AST) (VITROS 5600 /UV with P5P) U/L <50 62 Serum SGPT(ALT) (VITROS 5600 /Multi-point rate - UV with P5P) 0.65 Serum AST/ALT Ratio (Calculated) 15 - 73U/L 52 Serum GGT (VITROS 5600 /Multi-point rate - G-glutamyl-p-nitroanilide) U/L 38-126U/L 107 Serum Alkaline Phosphatase (VITROS 5600 /Multi-point rate - PMPP, AMP Buffer (37°C)) 6.3--8.2g/dl g/dl 8.7 Serum Protein Total (VITROS 5600 /Colorimetric - Biuret,no serum blank, end point) 3.5--5.0g/dl g/dl 5.0 Serum Albumin (VITROS 5600 /Colorimetric - Bromcresol Green) mg/dL 2.0-3.5 3.70 Serum Globulin 1.0 - 1.8

Serum Albumin/Globulin Ratio

Liver blood tests, or liver function tests, are used to detect and diagnose disease or inflammation of the liver. Elevated aminotransferase (ALT, AST) levels are measured as well as alkaline phosphatase, albumin, and bilirubin. Some diseases that cause abnormal levels of ALT and AST include hepatitis A, B, and C, cirrhosis, iron overload, and Tylenol liver damage. Medications also cause elevated liver enzymes. There are less common conditions and diseases that also cause elevated liver enzyme levels.

1.35

%





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: 13395637







DOB/Gender : 15-Sep-1990/M UHID : 504133

Inv. No. : 4934299 Panel Name : Livasa Mohali Requisition Date : 08/Feb/2025 10:06AM SampleCollDate : 08/Feb/2025 11:03AM

Sample Rec.Date : 08/Feb/2025 11:03AM Approved Date : 08/Feb/2025 12:15PM

Clear

Referred Doctor : Self

Test Description Observed Value Unit Reference Range

### **CLINICAL PATHOLOGY**

### COMPLETE URINE EXAMINATION

### **Physical Examination**

Urine Appearance

Bar Code No

Urine Volume 35.00 mL
Urine Colour Yellow Light Yellow

Clear

# Chemical Examination (Reflectance Photometry)

4.8-7.6 6.00 Urine pH 1.010-1.030 1.015 Urine Specific Gravity Negative Urine Glucose Negative Negative Negative Urine Protein (Protein Ionization) Negative Negative Urine Ketones Negative Negative Urine Bilirubin Normal Normal Urine for Urobilinogen Negative Negative Urine Nitrite Microscopic Examination

Negative 0 - 1Urine Pus Cells Negative /hpf Urine RBC Absent /hpf Urine Epithelial Cells Absent Absent /lpf Absent Urine Casts /hpf Absent Absent Urine Crystals /hpf Absent Absent Urine Bacteria Absent /hpf Absent Urine Yeast Cells Absent Absent Amorphous Deposit

Result Entered By:Satvir 6849M

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Ph: 01727170000, 9115115257

Email: pathreports@livasahospitals.in



Observed Value



NAME

: MR GAURAV KUMAR

DOB/Gender

: 15-Sep-1990/M

UHID

: 504133

Inv. No.

: 4934299

Panel Name Bar Code No : Livasa Mohali

: 13395637

Requisition Date

SampleCollDate

Sample Rec.Date

Approved Date

Referred Doctor

: Self Unit

Reference Range

: 08/Feb/2025 10:06AM

: 08/Feb/2025 10:20AM

: 08/Feb/2025 10:20AM

: 08/Feb/2025 12:17PM

**HAEMATOLOGY** 

**Test Description** 

BLOOD GROUP RH TYPE

**ABO & RH Typing** 

**Forward Grouping** 

Anti A

Anti B

**POSITIVE** 

Anti D

**POSITIVE** 

POSITIVE

**Final Blood Group** 

AB POSITIVE

NOTE:

\* Apart from major A,B,H antigens which are used for ABO grouping and Rh typing, many minor blood group antigens exist. Agglutination may also vary according to titre of antigen and antibody.

\* So before transfusion, reconfirmation of blood group as well as cross-matching is needed.

\* Presence of maternal antibodies in newborns, may interfere with blood grouping.

\* Auto agglutination (due to cold antibody, falciparum malaria, sepsis, internal malignancy etc.) may also cause erroneous result.

The highlighted values should be correlated clinically Result Entered By:Satvir 6849M

Livasa Hospital, Mohali

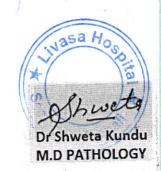
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NAME : MR GAURAV KUMAR

DOB/Gender : 08/Feb/2025 10:06AM : 15-Sep-1990/M Requisition Date UHID SampleCollDate : 08/Feb/2025 10:20AM : 504133 : 4934299 Sample Rec.Date : 08/Feb/2025 10:20AM Inv. No. Approved Date : 08/Feb/2025 11:08AM Panel Name : Livasa Mohali

Bar Code No : 13395637 Referred Doctor : Self

Test Description Observed Value Unit Reference Range

21

mm/h

0-10

#### **HAEMATOLOGY**

ESR

ESR

#### Primary Sample Type:EDTA Blood

	Lok			
	(Automated ESR analyser)			
(	COMPLETE BLOOD COUNT (Sample Type- Whole Blood F	EDTA)		
	Haemoglobin (Noncyanmethhaemoglobin)	13.2	g/dl	13.0 - 17.0
	Hematocrit(PCV) (Calculated)	41.9	%	36-48
	Red Blood Cell (RBC) (Impedence/DC Detection)	4.60	10^6/μl	4.5-5.5
	Mean Corp Volume (MCV) (Impedence/DC Detection)	90.1	fL	83-97
	Mean Corp HB (MCH) (Calculated)	28.4	pg/mL	27-31
	Mean Corp HB Conc (MCHC) (Calculated)	31.5	gm/dl	32-36
	Red Cell Distribution Width -CV (Calculated)	15.4	%	11-15
	Platelet Count (Impedence/DC Detection/Microscopy)	148	10^3/ul	150-450
	Mean Platelet Volume (MPV) (Impedence/DC Detection)	15.1	fL	7.5-10.3
	Total Leucocyte Count (TLC) (Impedence/DC Detection)	6.7	10^3 /μl	4.0 - 10.0
	Differential Leucocyte Count (VCS/ Microscopy)			
	Neutrophils	50	%	40-75
	Lymphocytes	41	%	20-40
	Monocytes	7	%	0-8
	Eosinophils	2	%	0-4
	Basophils	0	%	0-1
	Absolute Neutrophil Count	3,350	μl	2000-7000
	Absolute Lymphocyte Count	2,747	uL	1000-3000
	Absolute Monocyte Count	469	uL	200-1000
	Absolute Eosinophil Count	134	μl	20-500

The highlighted values should be correlated clinically Result Entered By:Satvir 6849M

Livasa Hospital, Mohali

(A Unit of Ivy Health and Life Sciences Private Limited)

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For any service queries or appointments Call: +91 8078880788, 6239502002

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**Registered Address:** Administration Block, Livasa Hospital, Sector-71, Mohali, Punjab -160071

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NAME : MR GAURAV KUMAR

: 15-Sep-1990/M DOB/Gender

: 504133 UHID : 4934299 Inv. No.

: Livasa Mohali Panel Name : 13395637 Bar Code No

Requisition Date

SampleCollDate Sample Rec.Date

Approved Date

: 08/Feb/2025 10:06AM : 08/Feb/2025 01:57PM : 08/Feb/2025 01:57PM

: 08/Feb/2025 02:33PM

: Self Referred Doctor

Unit

Reference Range

## **HAEMATOLOGY**

**Test Description** 

### Glycosylated HB (HbA1c)

Whole Blood HbA1c (HPLC)

5.7

%

Non diabetic:4.0-5.7 Pre-diabetes:5.7-6.4

Observed Value

Diabetes:>=6.5

Estimated Average Glucose (eAG) (Calculated)

117

mg/dL

ADA criteria for correlation between HbA1c & Mean plasma glucose levels: (Last three month's average).

HbA1c (%)	Mean Plasma Glucose (mg / dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

\*\*\* End Of Report \*\*\*



Result Entered By:Satvir 6849M

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