

**Saturday, March 08, 2025**  
**PRAMENDRA SINGH**  
**37 YEARS/MALE**

**CHEST X RAY PA VIEW**

Both the lung fields appear normal.

Both costophrenic angles appear clear.

Cardiac silhouette appear normal.

Both hila appears normal.

Bony thorax appears normal.

No evidence of free gas seen under dome of diaphragm.

**COMMENTS:**

- **NORMAL BOTH LUNG FIELDS.**
- **NORMAL CARDIAC SIZE.**



**DR SARJAN VASAVA**  
**M.B.B.S., D.M.R.D.**  
**Reg. No. G-26527**  
**SAMANVAY HOSPITALS**



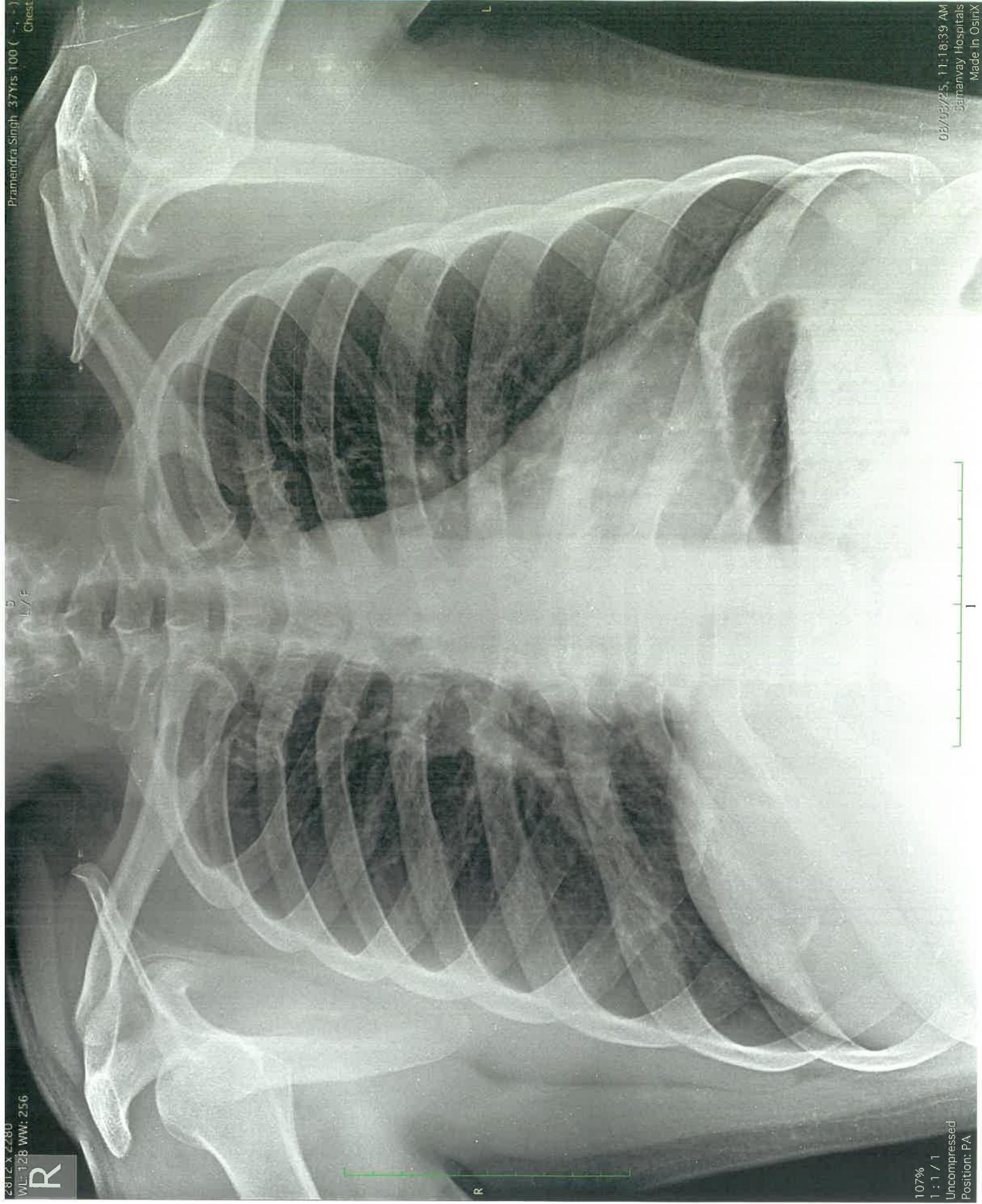
Digitally signed by  
DR SARJAN VASAVA,  
CONSULTANT RADIOLOGIST.

2812 X 2280  
WL: 128 WW: 256

R

L/F

Pramendra Singh 37Yrs 100 ( )  
Chest



107%  
1:1/1  
Uncompressed  
Position: PA

02/09/25, 11:18:39 AM  
Samarway Hospitals  
Made In Osirix

# SAMANVAY HOSPITAL VADODARA

**PRAMENDRA SINGH (37 M)**

Bruce Protocol ID: 98468

Date: 08-03-2025

Exec Time: 0:00:00

Stage Time: 00:06

**HR: 86 bpm**

BP: 120/80 mmHg

STLevel(mV) STSlope(mV/s)

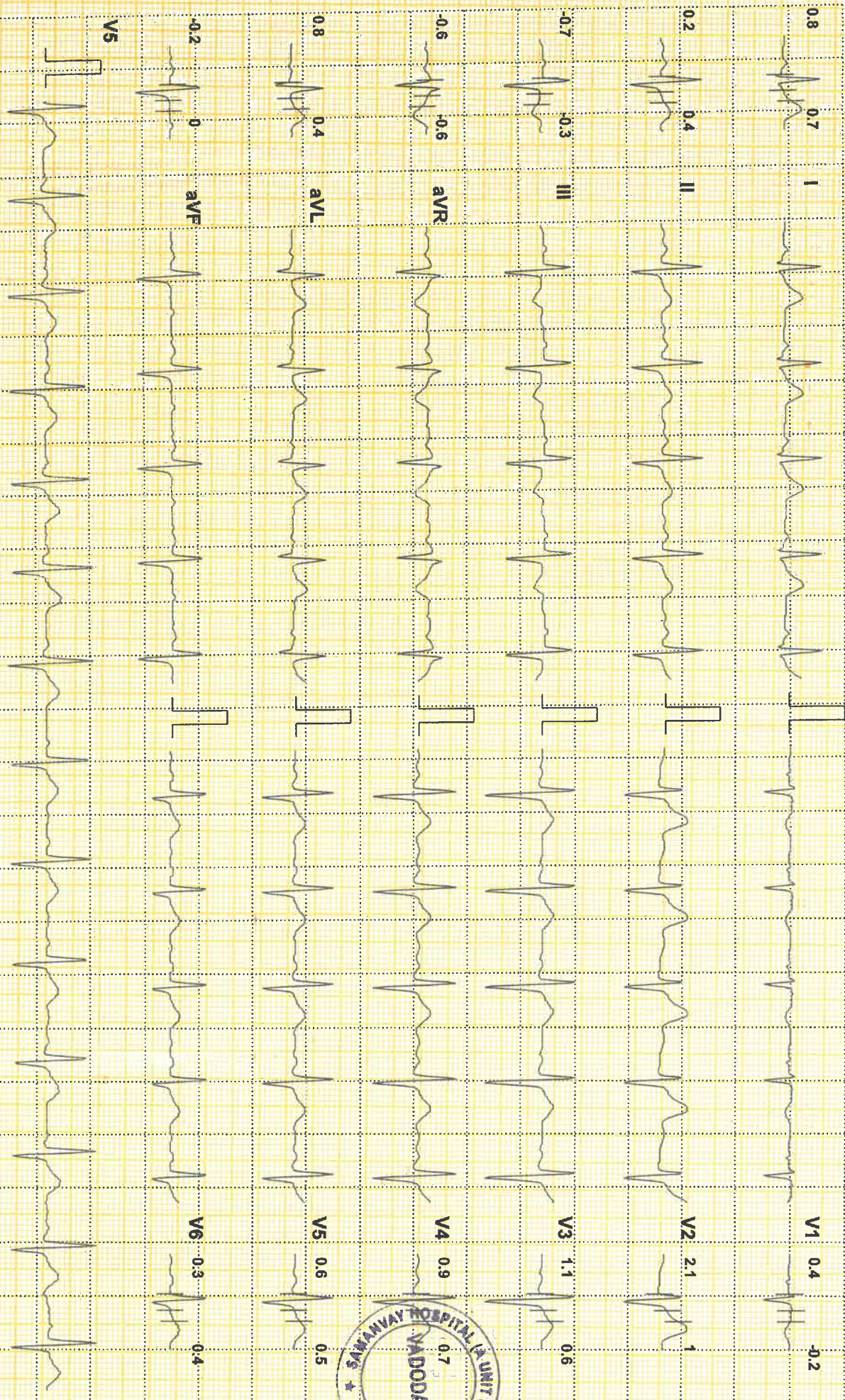
Stage: Standing

Speed: 0 kmph

Grade: 0%

THR: 155 bpm

STLevel(mV) STSlope(mV/s)



# SAMANVAY HOSPITAL VADODARA

**PRAMENDRA SINGH (37 M)**

ID: 98468

Date: 08-03-2025

Exec Time : 0:00:00

Stage Time: 00:12

**HR: 87 bpm**

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

Bruce Protocol

Stage: PreTest

Speed: 1.6 kmph

Grade: 0%

THR: 155 bpm

STLevel(mm) STSlope(mV/s)

0.8 0.6 I

V1 0.4 0

0.1 0.2 II

V2 2 0.9

0.7 0.4 III

V3 1 0.6

-0.6 -0.6 aVR

V4 1.1 0.8

0.8 0.5 aVL

V5 0.6 0.5

-0.3 0 aVF

V6 0.5 -0.4

V5



# SAMANVAY HOSPITAL VADODARA

**PRAMENDRA SINGH (37 M)**

ID: 98468

Date: 08-03-2025

Exec Time : 0:03:00

Stage Time: 03:00

**HR: 122 bpm**

BP: 120/80 mmHg

Bruce Protocol

Stage: 1

Speed: 2.7 kmph

Grade: 10%

THR: 155 bpm

STLevel(mV) STSlope(mV/s)

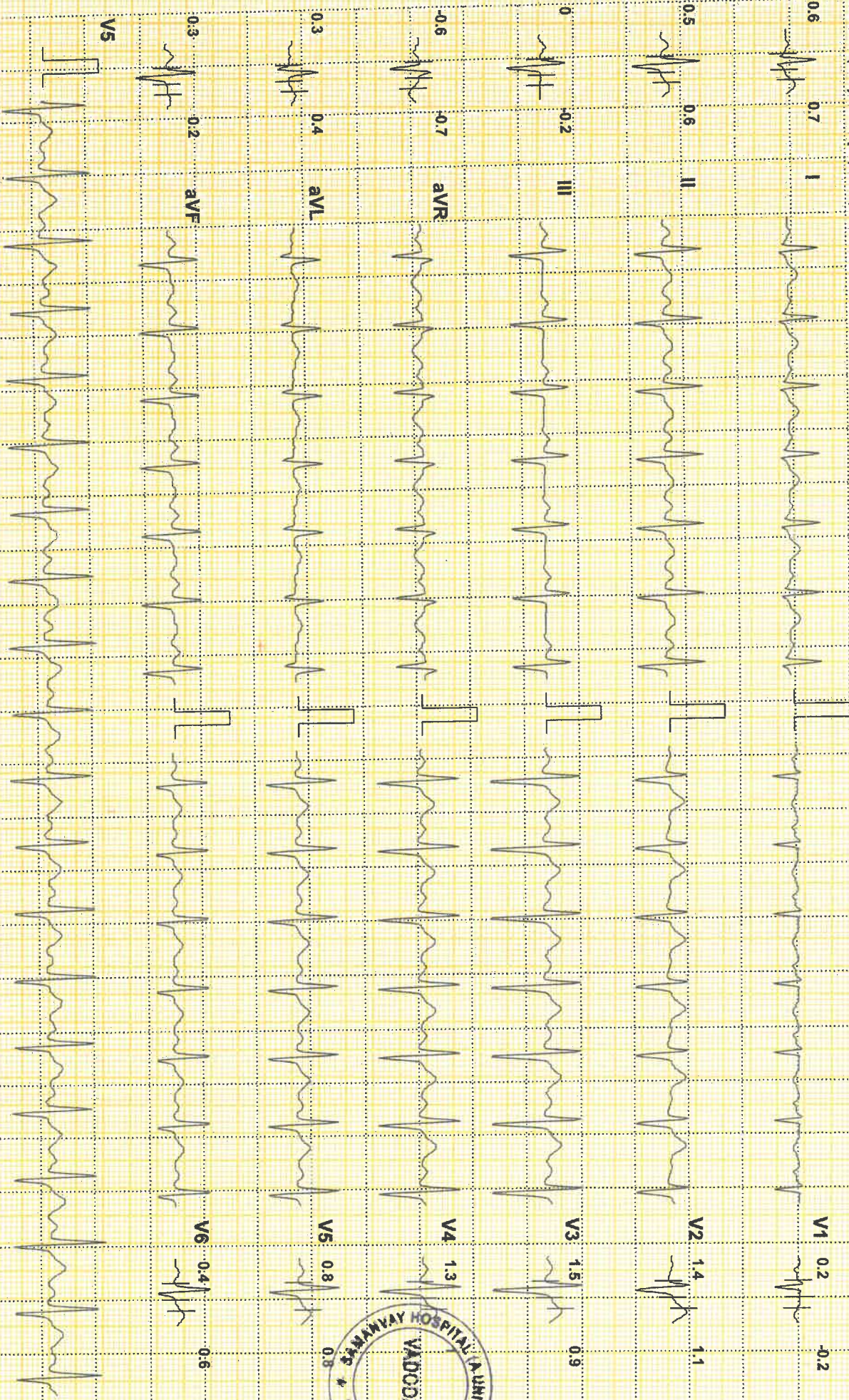


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 25 Hz Mains Filter: ON ISO: R: 60 ms, J: R: 60 ms, Post J: J: 80 ms Schlier Cardiovit CS-10 Version: 3.4

Linked Median

# SAMANVAY HOSPITAL VADODARA

**PRAMENDRA SINGH (37 M)**

ID: 98468

Date: 08-03-2025

Exec Time : 0:06:00

Stage Time: 03:00

**HR: 139 bpm**

BP: 130/80 mmHg

STLevel(mm) STSlope(mV/s)

Bruce Protocol

Stage: 2

Speed: 4 kmph

Grade: 12%

THR: 155 bpm

STLevel(mm) STSlope(mV/s)

0.3 0.8 I

0.6 0.9 II

0.3 0.1 III

-0.4 0.8 AVR

0 0.4 AVL

0.5 0.4 AVF

V5

V1 0.2 -0.3

V2 0.9 1.1

V3 0.8 1.2

V4 1

V5 0.6 1.2

V6 0.1 -0.9



Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 25 Hz Mains Filter: ON ISO: R: 60 ms, J: R: 60 ms, Pos: J: J + 80 ms Schiller Cardiovt CS-10 Version: 3.4 Inked Median

# SAMANVAY HOSPITAL VADODARA

**PRAMENDRA SINGH (37 M)**

ID: 98468

Bruce Protocol

STLevel(mm) STSlope(mV/s)

Stage: 3

Date: 08-03-2025

Speed: 5.5 kmph

Exec Time : 0:09:00

Grade: 14%

Stage Time: 03:00

THR: 155 bpm

**HR: 158 bpm**

BP: 140/90 mmHg

STLevel(mm) STSlope(mV/s)

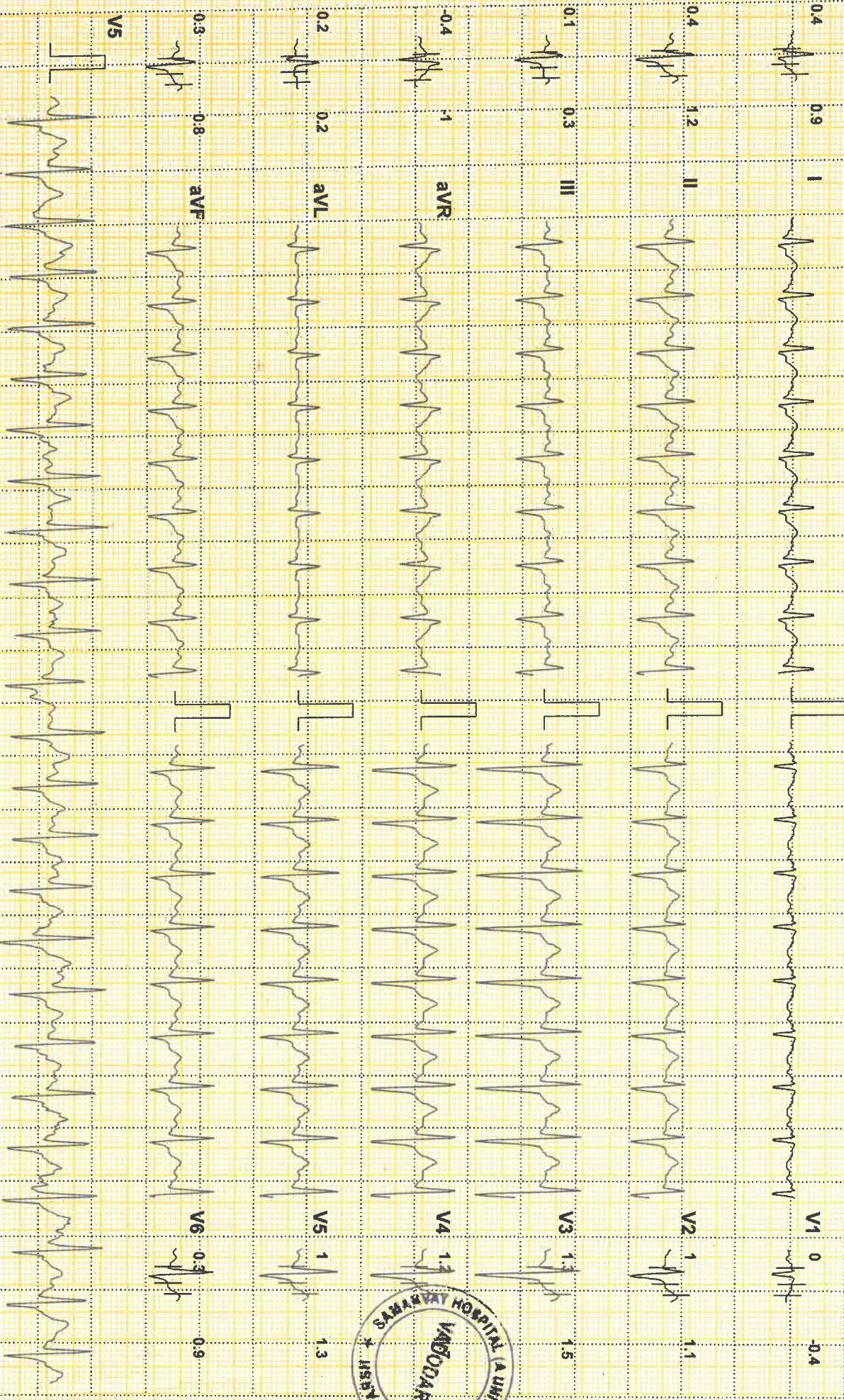


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 25 Hz Mains Filter: ON ISO: R = 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller CardioIT CS-10 Version: 3.4

Linked Median

# SAMANVAY HOSPITAL VADODARA

**PRAMENDRA SINGH (37 M)**

ID: 98468

Date: 08-03-2025

Exec Time : 0:09:09

Stage Time: 00:09

**HR: 160 bpm**

Bruce Protocol

Stage: Peak Exercise

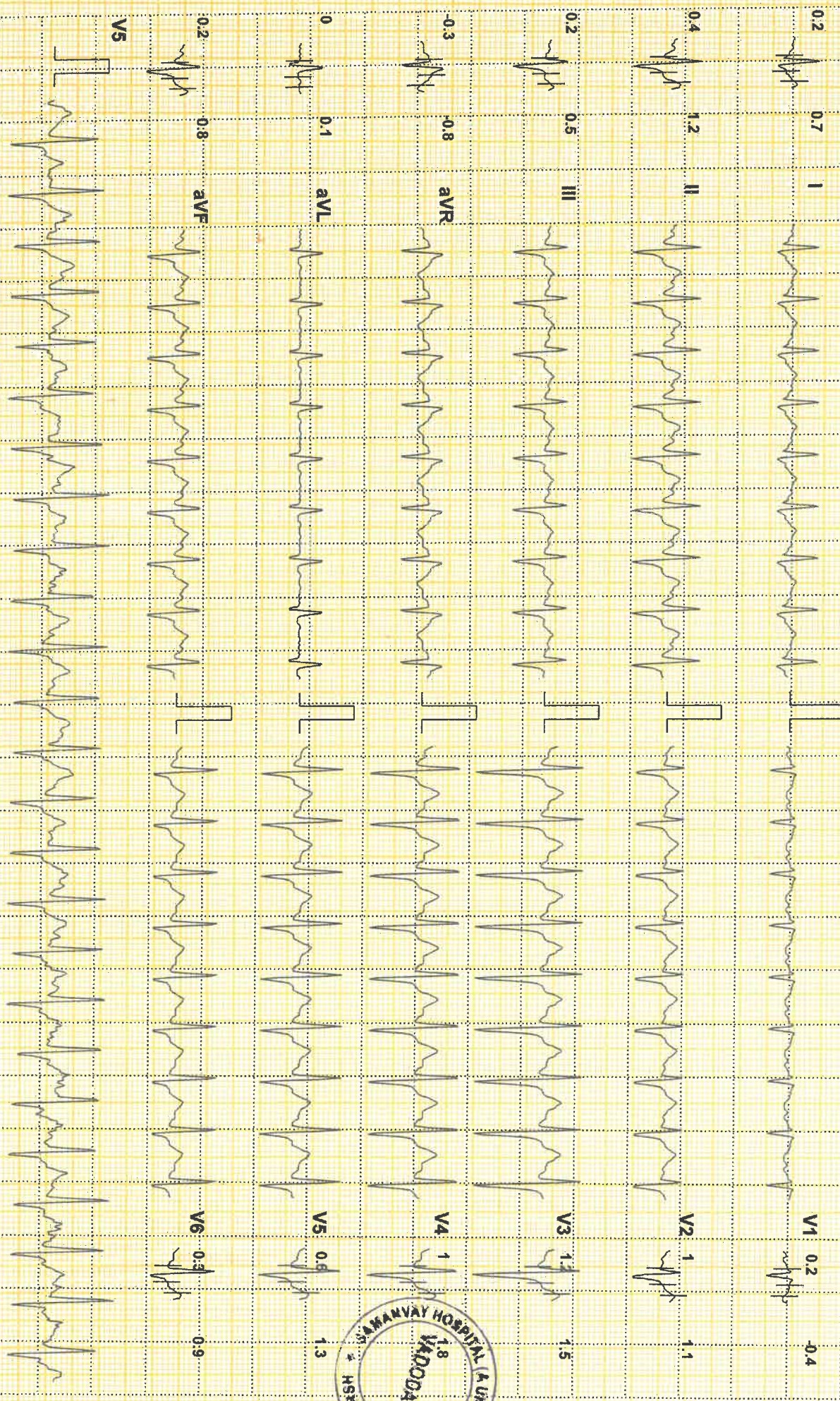
Speed: 6.8 kmph

Grade: 16%

THR: 155 bpm

BP: 140/90 mmHg

STLevel(mV) STSlope(mV/s)





# SAMANVAY HOSPITAL VADODARA

**PRAMENDRA SINGH (37 M)**

Bruce Protocol ID: 98468

STLevel(mV) STSlope(mV/s)

Stage: Recovery1

Date: 08-03-2025  
Speed: 0 kmph

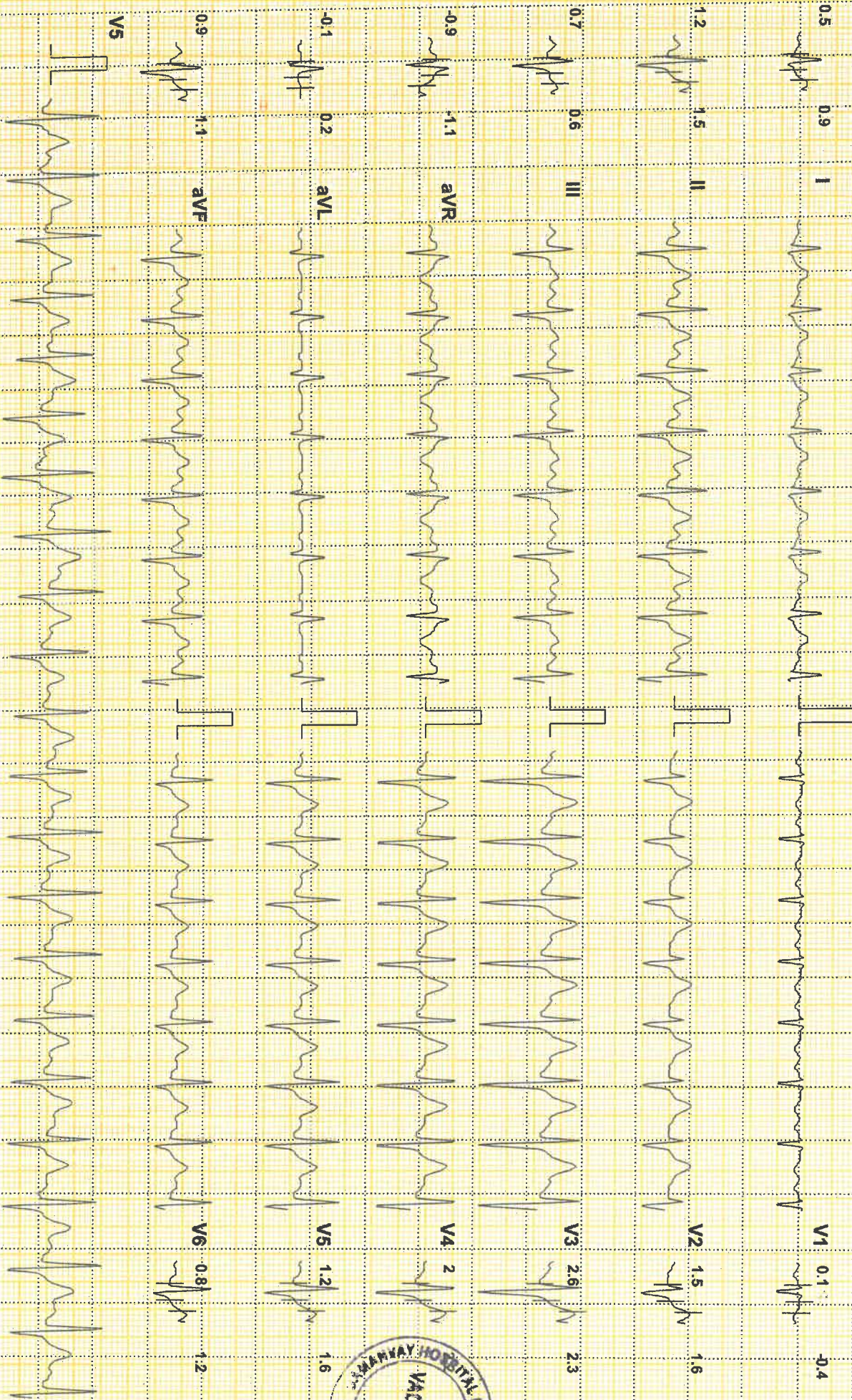
Exec Time: 0:10:09  
Grade: 0%

Stage Time: 01:00  
THR: 155 bpm

**HR: 137 bpm**

BP: 140/90 mmHg

STLevel(mV) STSlope(mV/s)



# SAMANVAY HOSPITAL VADODARA

**PRAMENDRA SINGH (37 M)**

ID: 98468

Date: 08-03-2025

Exec Time : 0:11:09

Stage Time: 01:00

**HR: 118 bpm**

BP: 140/90 mmHg

STLevel(mm) STSlope(mV/s)

Stage: Recovery2

Speed: 0 kmph

Grade: 0%

THR: 155 bpm

STLevel(mm) STSlope(mV/s)

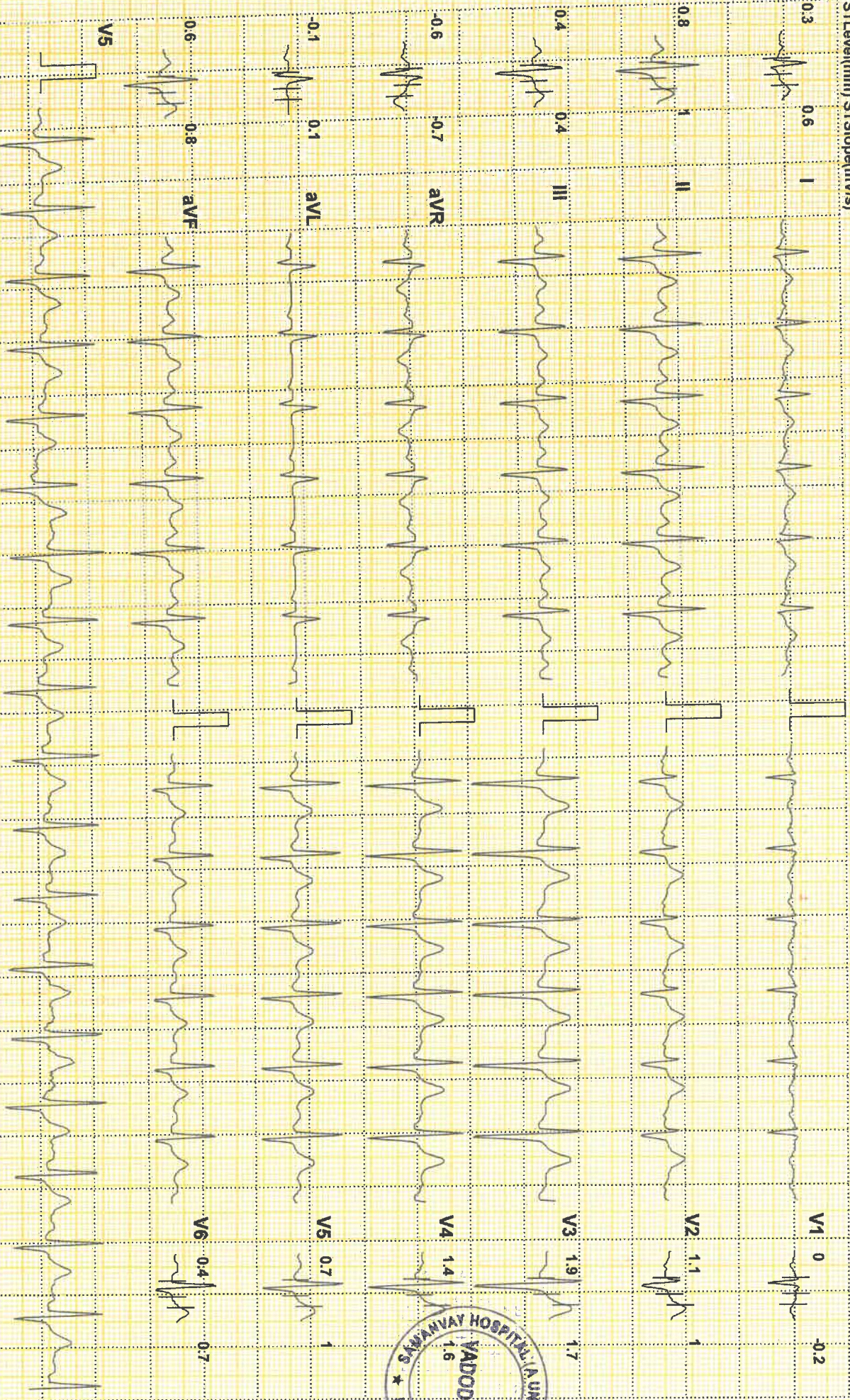


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 25 Hz Mains Filter: ON ISO: R = 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Cardiovit CS-10 Version: 3.4 Linked Median

# SAMANVAY HOSPITAL VADODARA

PRAMENDRA SINGH (37 M)

ID: 98468

Date: 08-03-2025

Exec Time : 0:12:09

Stage Time: 01:00

HR: 109 bpm

Bruce Protocol

STLevel(mm) STSlope(mV/s)

Stage: Recover3

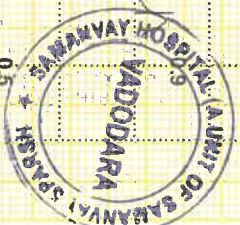
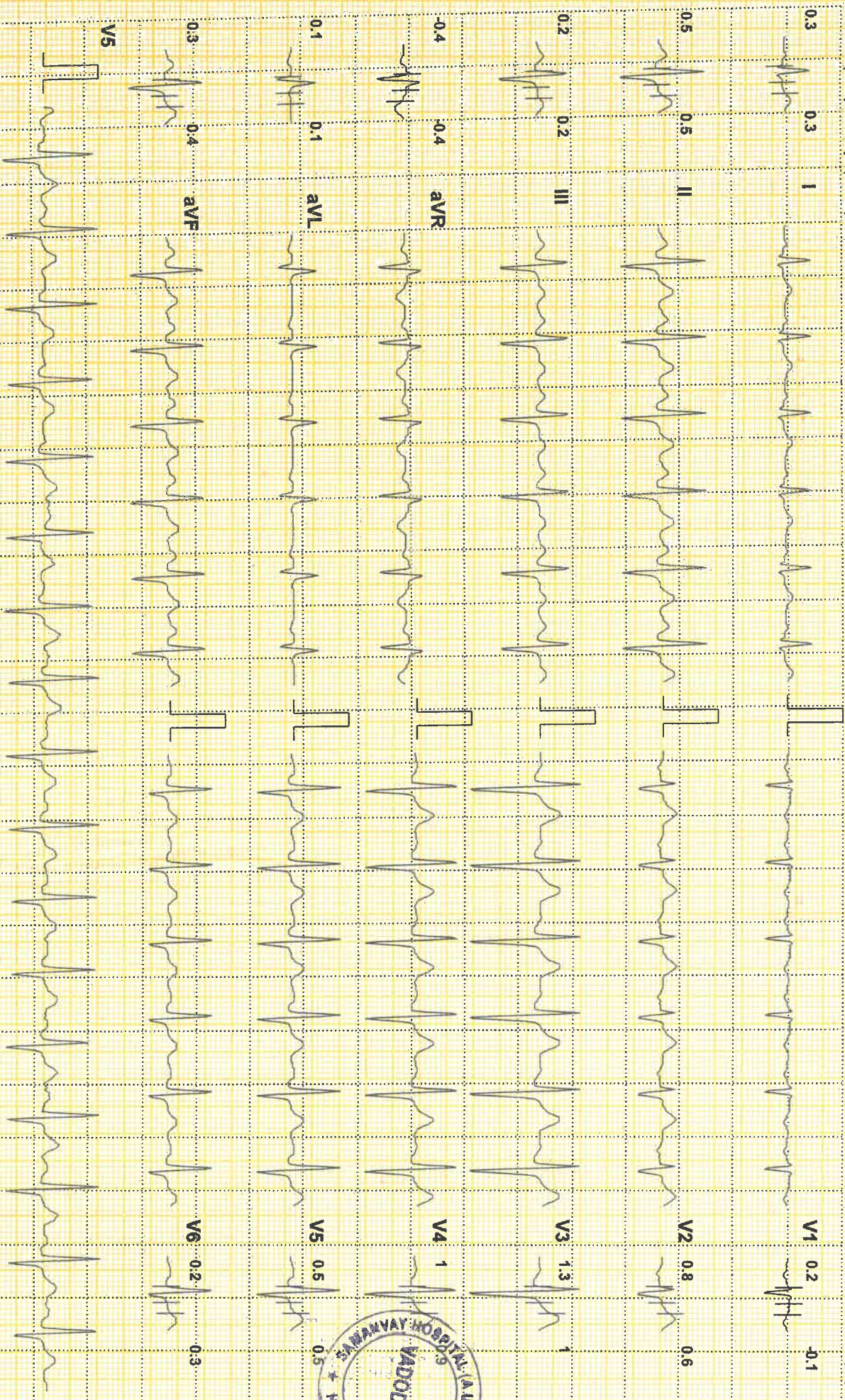
Speed: 0 kmph

Grade: 0%

THR: 155 bpm

BP: 130/90 mmHg

STLevel(mm) STSlope(mV/s)



# SAMANVAY HOSPITAL VADODARA

**PRAMENDRA SINGH (37 M)**

ID: 98468

Date: 08-03-2025

Exec Time : 0:12:14

Stage Time: 00:05

**HR: 110 bpm**

Bruce Protocol

STLevel(mm) STSlope(mV/s)

Stage: Recovery4

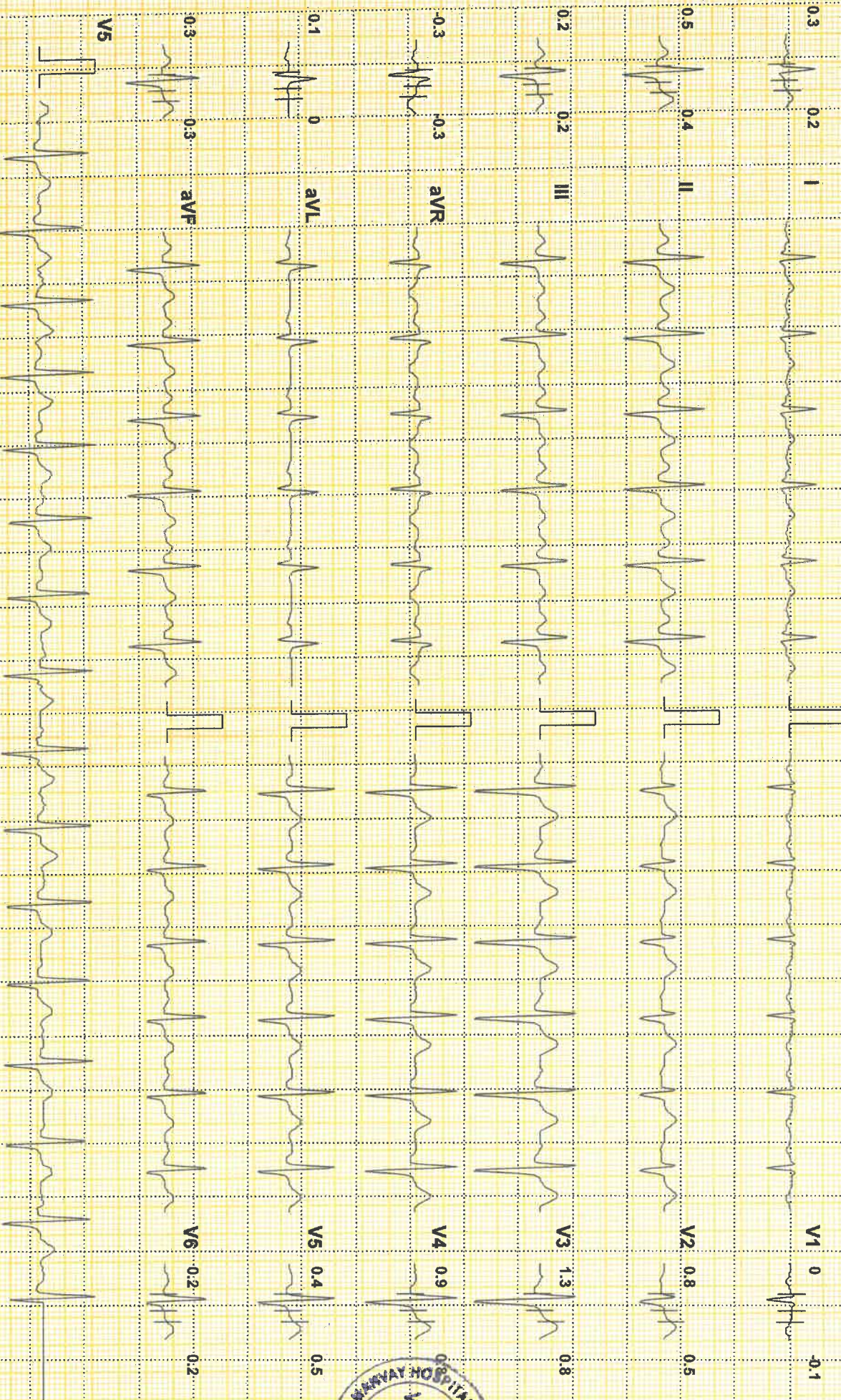
Speed: 0 kmph

Grade: 0%

THR: 155 bpm

BP: 130/90 mmHg

STLevel(mm) STSlope(mV/s)



## SAMANVAY HOSPITAL VADDODARA

**Name:** PRAMENDRA SINGH

**Age:** 37 **Gender:** M

**Height:** 161 cms

**Weight:** 75 Kg

**Date:** 08-03-2025

**Time:** 12:16

**ID:** 98468

**Clinical History:**

**Medications:**

**Test Details:**

**Protocol:** Bruce

**Predicted Max HR:** 183

**Target HR:** 155 (85% of Pr. MHR)

**Exercise Time:** 0:09:09

**Achieved Max HR:** 160 (87% of Pr. MHR)

**Max BP:** 140/90

**Max BP x HR:** 22400

**Max Mets:** 10.3

**Test Termination Criteria:**

**Protocol Details:**

Stage Name	Stage Time	METS	Speed Kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	ST Level mm	ST Slope mV/S
Standing	00:06	1	0	0	86	120/80	10320	2.1 V2	1 V2
PreTest	00:12	1	1.6	0	87	120/80	10440	2 V2	0.9 V2
Stage: 1	03:00	4.7	2.7	10	122	120/80	14640	1.5 V2	1.2 V4
Stage: 2	03:00	7	4	12	139	130/80	18070	1.1 V2	1.3 V4
Stage: 3	03:00	10.1	5.5	14	158	140/90	22120	1.6 V3	1.7 V4
Peak Exercise	00:09	10.3	6.8	16	160	140/90	22400	1.2 V3	1.8 V4
Recovery1	01:00	1	0	0	137	140/90	19180	2.6 V3	2.3 V3
Recovery2	01:00	1	0	0	118	140/90	16520	1.9 V3	1.7 V3
Recovery3	01:00	1	0	0	109	130/90	14170	1.3 V3	1 V3
Recovery4	00:05	1	0	0	110	130/90	14300	1.3 V3	0.8 V3

**Interpretation**

The Patient Exercised according to Bruce Protocol for 0:09:09 achieving a work level of 10.3 METS. Resting Heart Rate, initially 86 bpm rose to a max. heart rate of 160bpm (87% of Predicted Maximum Heart Rate). Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 140/90 mmHg

*Moderate efforts tolerance/STV. THRT To 3 METS Achieved*  
*- Appropriate Chronotropic and Haemodynamic Response*  
*- No Significant ST-T Shift from Baseline ECG or Recovery*  
*- No exercise induced ischemic or arrhythmic*  
*Ref. Doctor: SCHILLER To Consider negative tmt test for induced ischemic*

**SCHILLER**

**DR. PAVAN ROY**  
 MD, DM (CARDIOLOGY)  
 CONSULTANT CARDIOLOGIST  
 REG. NO. G-23390  
 M No. 9305988156

**Doctor: DR. PAVAN ROY**  
 (Summary Report edited by User)

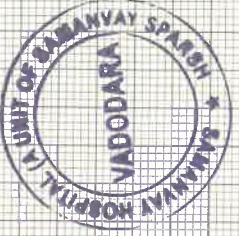


Singh  
 Prajendra  
 37 years  
 Male  
 kg

HR 69/min  
 Intervals:  
 RR 873 ms  
 P 86 ms  
 PR 134 ms  
 QRS 92 ms  
 QT 370 ms  
 QTc 398 ms

SINUS RHYTHM  
 + ABNORMALITY IN INFERIOR LEADS  
 5.79

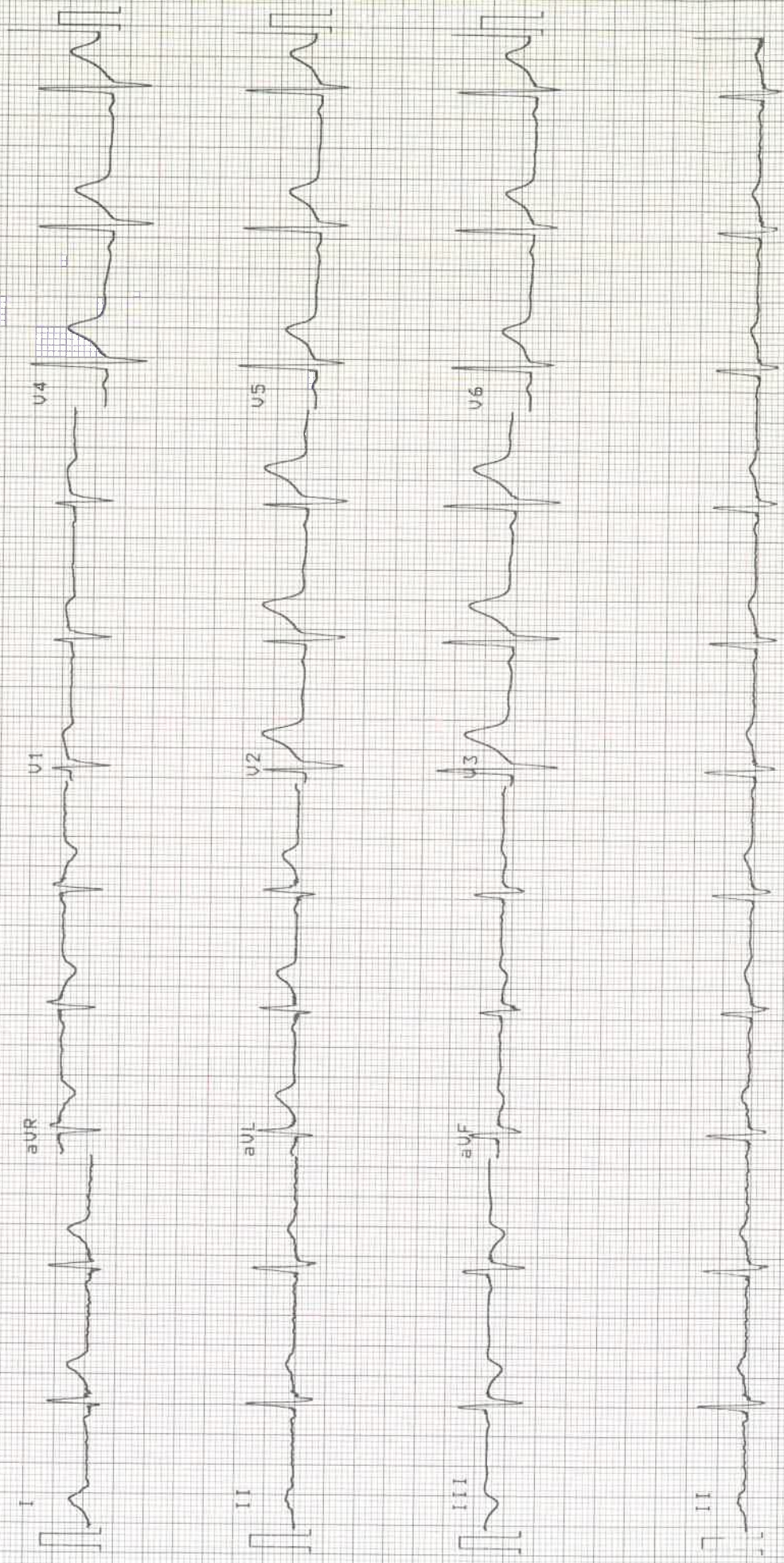
**DR. PAVAN ROY**  
 MD, DM (CARDIOLOGY)  
 CONSULTANT CARDIOLOGIST  
 REG. NO. G-23390  
 M No. 9305988189



UNCONFIRMED REPORT

10 mm/mV

10 mm/mV



10 mm/mV



**SAMANVAY  
HOSPITALS**  
Healing Hands, Caring Hearts  
M / 37 YEARS



**SINGH PRAMENDRA KUMAR**

**DATE: 08/03/2025**

**REAL TIME SONOGRAPHY OF THE ABDOMEN & PELVIS**

**LIVER** - It is normal in size (14.2 cm). It shows normal bright pattern. No evidence of solid or cystic focal lesion is seen. The intrahepatic biliary system is normal and shows no dilatation of the radicles. The portal vein, CBD and hepatic veins appear normal.

**GALL BLADDER** - It is distended and appears normal. No evidence of sludge or calculus is seen. The wall appears normal.

**PANCREAS** - It is visualized and appears normal.

**SPLEEN** - It appears normal in size (7.6 cm), normal in shape and echotexture. No focal lesions.

**KIDNEYS** - . Both the kidneys appear normal in size, shape and show normal corticomedullary differentiation. Normal echogenicity of both kidneys.

Right kidney measures 8.3 x 4.2 cm. Left kidney measures 10.1 x 5.6 cm.

No calculus or hydronephrosis is seen on either side.

Urinary bladder is distended and appears normal. No cystitis or mass lesion noted.

Prostate appears normal in size vol - 13 cc . No focal lesion.

No evidence of any lymphadenopathy or ascites is noted.

No evidence of dilated bowel loops or bowel wall thickening noted.

**IMPRESSION:**

**GRADE-I FATTY LIVER.**



**DR. SARJAN VASAVA,  
CONSULTANT RADIOLOGIST.**

**DR SARJAN VASAVA**  
M.B.B.S., D.M.R.D.  
Reg. No. G-28527  
**SAMANVAY HOSPITALS**

Patient

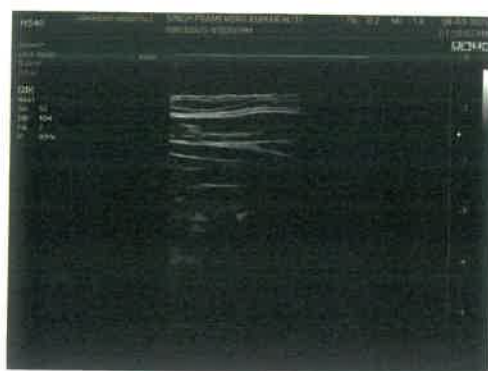
Exam

ID  
Name  
Birth Date  
Gender

08032025-010201PM  
SINGH PRAMENDRA KUMAR M/37

Accession #  
Exam Date  
Description  
Operator

08-03-2025





Name - Sirgh. Pramendra.

Date - 8/3/25

Age - 37/M

Old: Palatal pit  $\frac{6}{+}$

- Stain + Calculus.

- U/L Ant. - Spacing.

Adv: Scaling

- Rest<sup>n</sup>  $\frac{6}{+}$

- Orthodontist opinion




## COMPREHENSIVE HEALTH CHECK UP

Case No. : \_\_\_\_\_ Date : 8/3/25

Name : Pranendra Singh Age/Sex : 37/M

MEDICAL HISTORY : No physical complaints

PERSONAL HISTORY : \_\_\_\_\_

Appetite : \_\_\_\_\_ Smoking : -

Sleep : \_\_\_\_\_ H/O Alcohol : -

Bladder : \_\_\_\_\_ Lifestyle : Active

Bowel : \_\_\_\_\_ Exercise : mild

DRUG HISTORY : \_\_\_\_\_

PAST HISTORY : \_\_\_\_\_

FAMILY HISTORY : \_\_\_\_\_

### GENERAL PHYSICAL EXAMINATION :

Built and Nourishment :

Height : 161 cm

B. P. : 110/70 mm of Hg

Character : \_\_\_\_\_

Nails : \_\_\_\_\_

Tonsils : \_\_\_\_\_

Tongue : \_\_\_\_\_

Eat. & Joints : \_\_\_\_\_

SPO2 98%

Weight : 75.3 Kg

Pulse : 93 /Min

Odema : \_\_\_\_\_

Skin : \_\_\_\_\_

Sclera : \_\_\_\_\_

Glands : \_\_\_\_\_



Adv  
— Diet + lifestyle modifications Q

## EYE CHECK UP

Reg. No. : \_\_\_\_\_ Date : \_\_\_\_\_

Name : \_\_\_\_\_ Age / Sex : \_\_\_\_\_

	RIGHT EYE	LEFT EYE
DISTANCE : (With / Without Glasses)	6/6	6/6
NEAR VISION : ( With / Without Glasses)	N6	N6
ANTERIOR SEGMENT :	— uve —	
I O P (MM of Hg)	— digitally uve —	
FUNDUS :	— uve —	
COLOR VISION :	— uve —	
CLINICAL IMPRESSION :	— (BE) dry eyes —	
ADVICE :	(BE) Refresh tears eye drop 0000 (1)	



Doctor's Signature : \_\_\_\_\_

*[Handwritten Signature]*