

To,
LIC of India
Branch Office

Date: 12/03/2025

Proposal No. 8925

Name of the Life to be assured ATUL PALIWAL

The Life to be assured was identified on the basis of _____

I have satisfied myself with regard to the identity of the Life to be assured before conducting tests / examination for which reports are enclosed. The Life to be assured has signed as below in my presence.

Signature of the Pathologist/ Doctor

Dr. RAINAKHAN
MBBS, DMRD
Reg. No. 25508

Name:

I confirm, I was on fasting for last 10 (ten) hours. All the Examination / tests as mentioned below were done with my consent.

Atul Paliwal

(Signature of the Life to be assured)

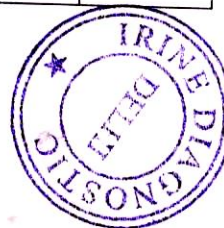
Name of life to be assured:


Reports Enclosed:


Reports Name	Yes/No	Reports Name	Yes/No
ELECTROCARDIOGRAM		PHYSICIAN'S REPORT	
COMPUTERISED TREADMILL TEST	✓	IDENTIFICATION & DECLARATION FORMAT	
HAEMOGRAM	✓	MEDICAL EXAMINER'S REPORT	
LIPIDOGRAM		BST (Blood Sugar Test-Fasting & PP) Both	
BLOOD SUGAR TOLERANCE REPORT		FBS (Fasting Blood Sugar)	
SPECIAL BIO-CHEMICAL TESTS - 13 (SBT-13)		PGBS (Post Glucose Blood Sugar)	
ROUTINE URINE ANALYSIS		Proposal and other documents	
REPORT ON X-RAY OF CHEST (P.A. VIEW)		Hb%	
ELISA FOR HIV		Other Test	


Comment Medsave Health Insurance TPA Ltd.


Authorized Signature,




भारत सरकार
Government of India


आधार


अतुल पालीवाल
Atul Paliwal
जन्म तिथि / DOB : 04/01/1986
पुरुष / MALE


7880 8197 8142

0142

मेरा आधार, मेरी पहचान

Issue Date: 06/02/2016

Dr. RAJNA KHAN
MBBS, D.D.
Reg. No. 2550a





Urine Hospital
 Dd-23, Block Dd, Kalkaji, New Delhi, India
 Lat 28.544648° Long 77.258157°
 12/03/2025 09:14 AM GMT +05:30

Ops Map Camera



irine diagnostic

healthpartner

S. No. : 12/MAR/10
Name : MR ATUL PALIWAL
Ref. by : LIFE INSURANCE CORPORATION
Date : 12-03-2025
AGE : 39Years
SEX : MALE

H A E M A T O L O G Y

Test	Result	Units	Normal Range
Hemoglobin	14.6	gm%	12-16
Total Leucocytes Count {TLC}	9500	/cumm	4000-11000
Differential Leucocytes Count [D.L.C]			
Neutrophils	62	%	40-75
Lymphocytes	32	%	20-45
Eosinophils	05	%	01-06
Monocytes	05	%	02-10
Basophils	00	%	00-01
Erythrocyte Sedimentation Rate {ESR}	12	mm/1Hr	00-15
Red Blood Cell [RBC]	5.5	mill.	M-4.6-6.5 F-3.9-5.6
Packed Cell Value [PCV]	48.2	%	37-54
Mean Cell Value [MCV]	84.6	fl	76-96
Mean Cell Hemoglobin [MCH]	29.3	pg	27-32
Mean Cell Hemoglobin Conc. [MCHC]	32.7	%	30-35
Platelet count	2.25	Lakhs	1.5-4.5

8595347044

irinediagnostic@gmail.com

DD-23 KALKAJI DELHI :- 110019



Shilpi Gupta
DR. SHILPI GUPTA
M.B.B.S.MD(Path) 64715
Consultant Pathologist

ANNEXURE II - 2

LIFE INSURANCE CORPORATION OF INDIA
COMPUTERISED TREADMILL TEST

Form No. LIC03 - 003

Zone _____ Division _____ Branch _____
Proposal No. 8925
Agent/D.O. Code: _____ Introduced by: (name & signature) _____
Full Name of Life to be assured: ATUL PAJWAL
Age/Sex: 39y0/M

DECLARATION

I hereby declare that the foregoing answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of the proposal dated _____ given by me to LIC of India.

Witness _____

Signature or Thumb Impression of L.A.

Atul Pajwal

Note : Cardiologist is requested to explain following questions to L.A. and to note the answers thereof.

1. Have you ever had chest pain, palpitation, breathlessness at rest or exertion? Y/N
2. Are you suffering from heart disease, diabetes, high or low Blood Pressure or kidney disease? Y/N
3. Have you ever had Chest X-Ray, ECG, Blood Sugar, Cholesterol or any other test done? Y/N

If the answer/s to any/all above questions 'Yes', submit all relevant papers with this form.

Dated at DELHI on the day of 12/03/2025 200

Dr. RAINA KHAN
MBBS, DMRD
Reg. No. 25508

Signature of L.A.

Atul Pajwal

Signature of the Cardiologist
Name & Address
Qualification
Code No.



COMPUTERISED TREADMILL TEST

- (a) Pre-test : Supine
 Standing
 Hyperventilation
- (b) Exercise: Stage I)
 Stage II)
 Stage III)
 ... peak exercise
- (c) Recovery: Recovery
 Recovery
 Recovery
- 3 minutes each

Reporting Pattern

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP
PRETEST	SUPINE							
	SITTING							
	STANDING							
	HYPERVENTILATION							
	WARM UP							
EXERCISE	STAGE 1							
	STAGE 2							
	STAGE 3							
	PEAK EXERCISE							
RECOVERY	RECOVERY							
	RECOVERY							
	RECOVERY							

The protocol used - BRUCE

Total Exercise Time - 9:46

Maximum Blood Pressure - 146/90

Maximum Workload - 11.02

Maximum heart rate 169

Maximum predicted heart rate 181

Reason for termination - **NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHEMIA**

Comments:

Signature of the Cardiologist
Name & Address
Qualification Code No.



Dr. RAINA KHAN
MBBS, DMRD
Reg. No. 25508

Each stage should have 12 lead tracing with long lead II. Each lead should contain atleast three complexes. On separate individual paper each stage with relevant observations be recorded.

(Signature of the L.A. to be obtained on the stracings)

JAL Tabwal

IRINE DIAGNOSTIC

DD 23 KAL KA JI DELHI 110019

TREADMILL TEST REPORT

ATUL PALIWAL

ID : LIC156465
 DATE : 12/03/2025
 AGE/SEX : 39 / M
 HT/WT : 0 / 0
 REF. BY : LIFE INSURANCE CORPORATIO

PROTOCOL : Bruce
 HISTORY :
 INDICATION :
 MEDICATION : NIL

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					77	120 / 80	92	1.6	1	1.6	1.6
HYPERTENT		0:5			68	120 / 80	81	1.5	0.9	1.6	1.6
VALSALVA					68	120 / 80	81	1.4	1	1.6	1.6
STANDING					88	120 / 80	105	1.5	1.1	1.6	1.6
Stage 1	2:55	2:55	2.7	10	113	130 / 80	146	2	1	2	4.67
Stage 2	5:55	2:55	4	12	122	134 / 86	163	1.4	0.7	1.7	7.04
Stage 3	8:55	2:55	5.4	14	155	140 / 86	217	1.5	-0.2	1.5	9.92
PK-EXERCISE	9:46	0:46	6.7	16	169	146 / 90	246	1.7	0.5	1.6	11.0
RECOVERY	10:57	0:59			132	146 / 90	192	2.6	1	2.5	
RECOVERY	12:53	2:55			108	136 / 84	146	1.3	0.6	1.2	
RECOVERY	15:53	5:55			103	124 / 80	127	1.2	1	1	

RESULTS

EXERCISE DURATION : 9:46
 MAX HEART RATE : 169 bpm 93 % of target heart rate 181 bpm
 MAX BLOOD PRESSURE : 146 / 90 mm Hg
 REASON OF TERMINATION : Achieved THR,
 BP RESPONSE : Normal,
 ARRHYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,

IMPRESSIONS

Negative for Provocable myocardial ischemia,

MAX WORK LOAD : 11.02 METS

Dr. RAJESH KHAN
 M.B.S. DMRD
 Reg. No. 25508



Technician :

IRINE DIAGNOSTIC

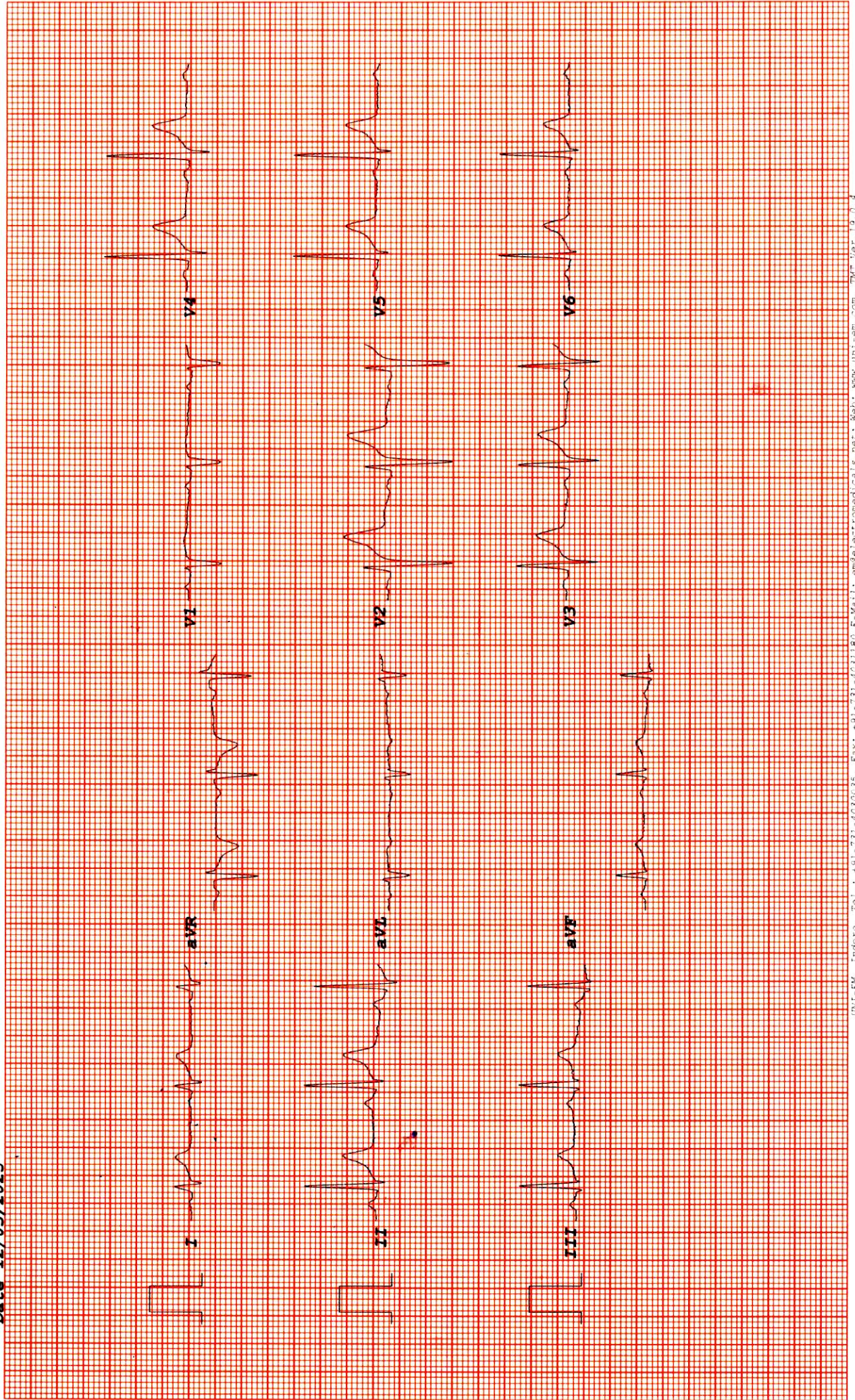
ATUL PALIWAL
I.D. LIC156465
Age 39/M
Date 12/03/2025

RATE 77bpm
B.P. 120/80

PRETEST
SUPINE

ST @ 10mm/mV
80ms PostJ

RAW ECG



IRINE DIAGNOSTIC

ST @ 10mm/mV
80ms PostJ

PRETEST
HYPERVENT

RATE 68bpm
B.P. 120/80

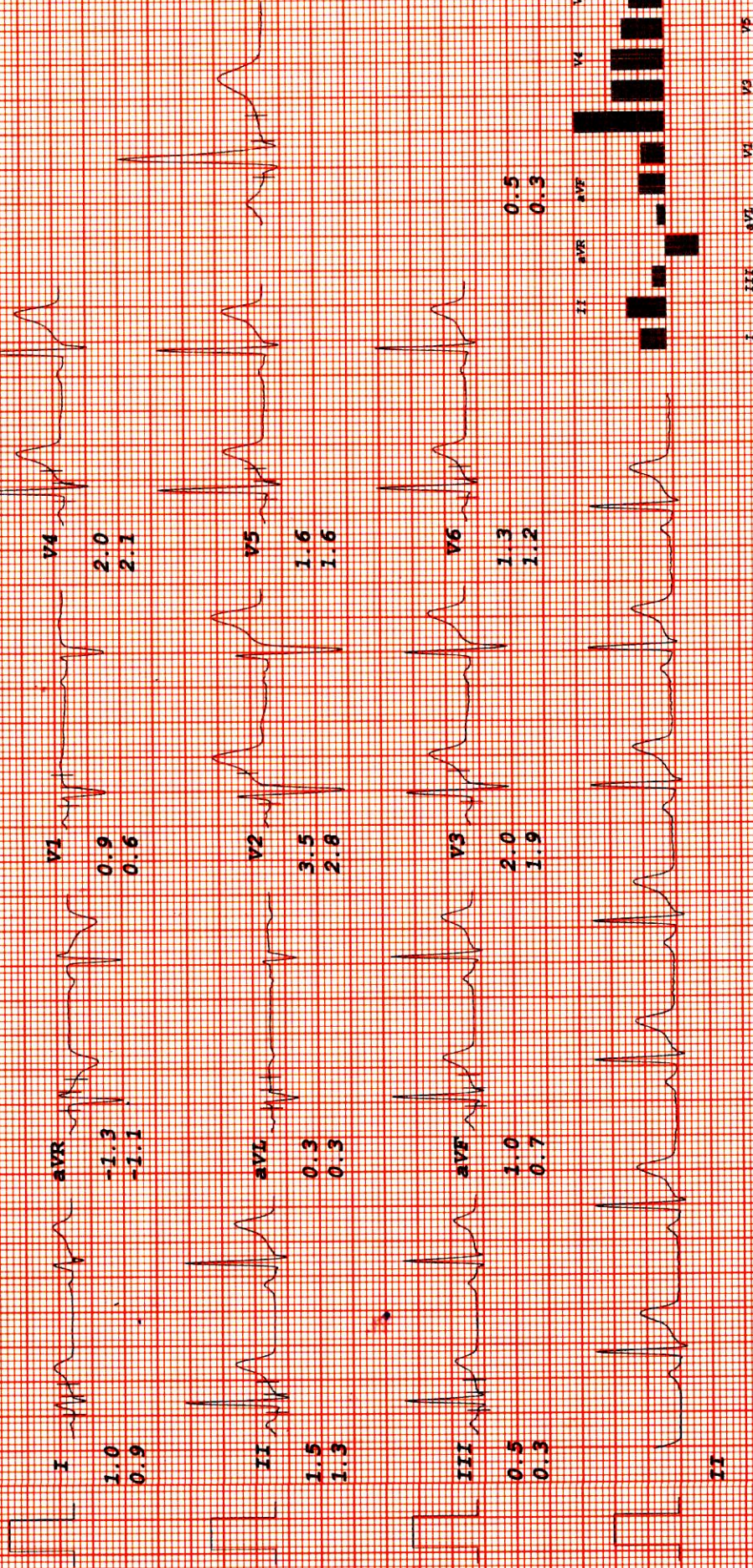
ATUL PALIWAL
I.D. LIC156465
Age 39/M
Date 12/03/2025

LINKED MEDIAN

PHASE TIME 0:05

MAG. X 2

III



IRINE DIAGNOSTIC

ATUL PALIWAL
I.D. LIC156465
Age 39/M
Date 12/03/2025

PRETEST
VALSALVA

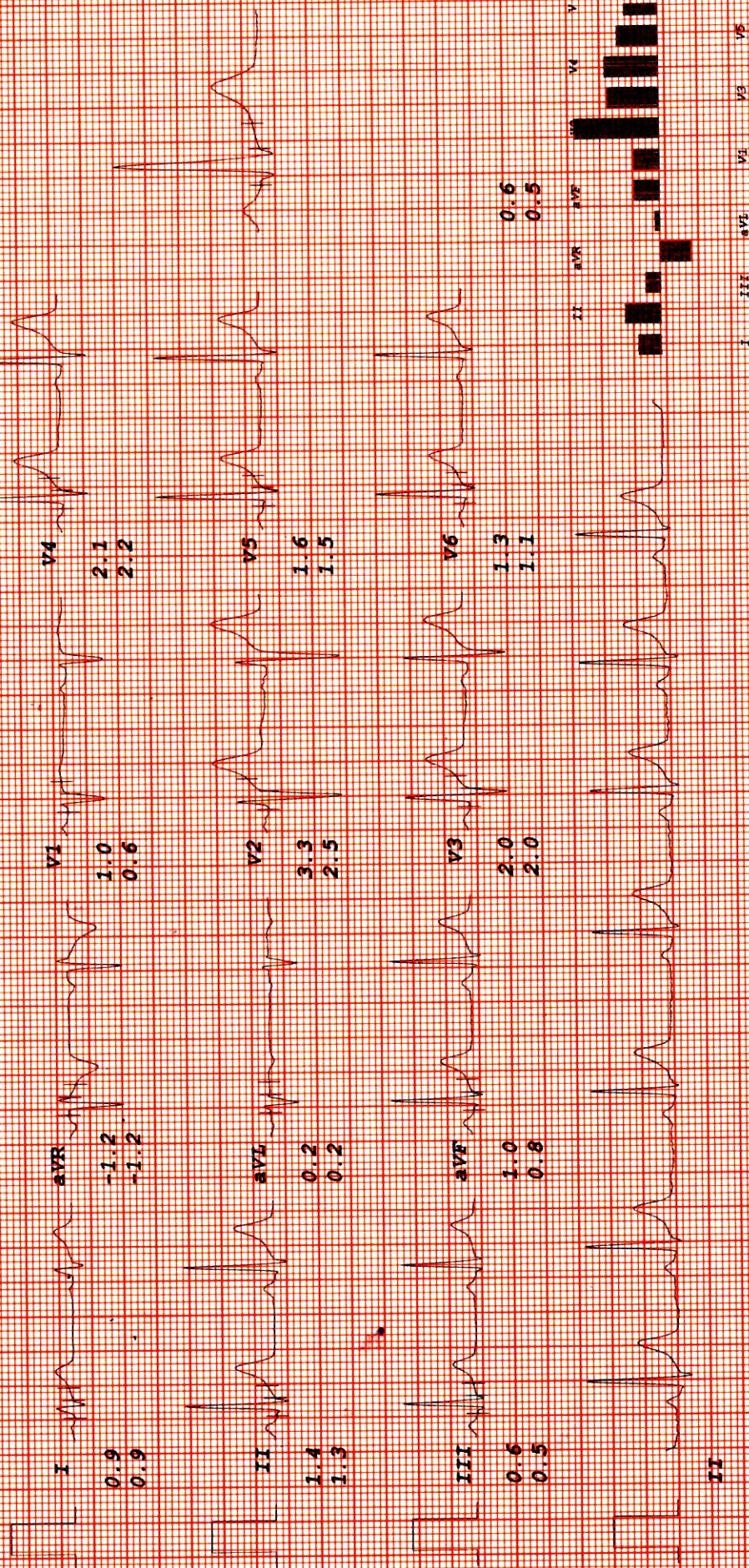
RATE 68bpm
B.P. 120/80

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



IRINE DIAGNOSTIC

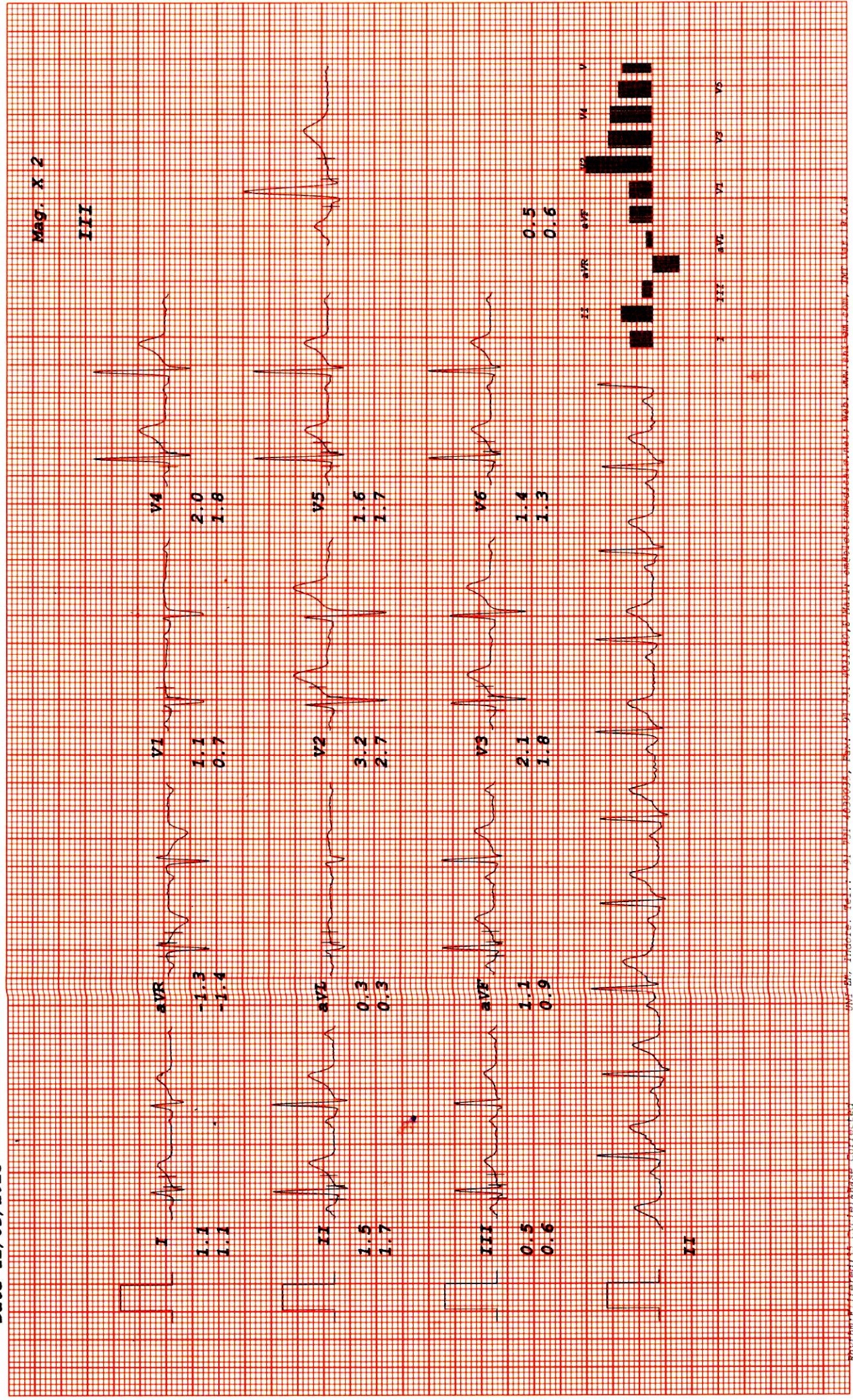
ATUL PALIWAL
I.D. LIC156465
Age 39/M
Date 12/03/2025

RATE 88bpm
B.P. 120/80

PRETEST
STANDING

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



IRINE DIAGNOSTIC

ATUL PALIWAL
 I.D. LIC156465
 Age 39/M
 Date 12/03/2025

RATE 113bpm
 B.P. 130/80

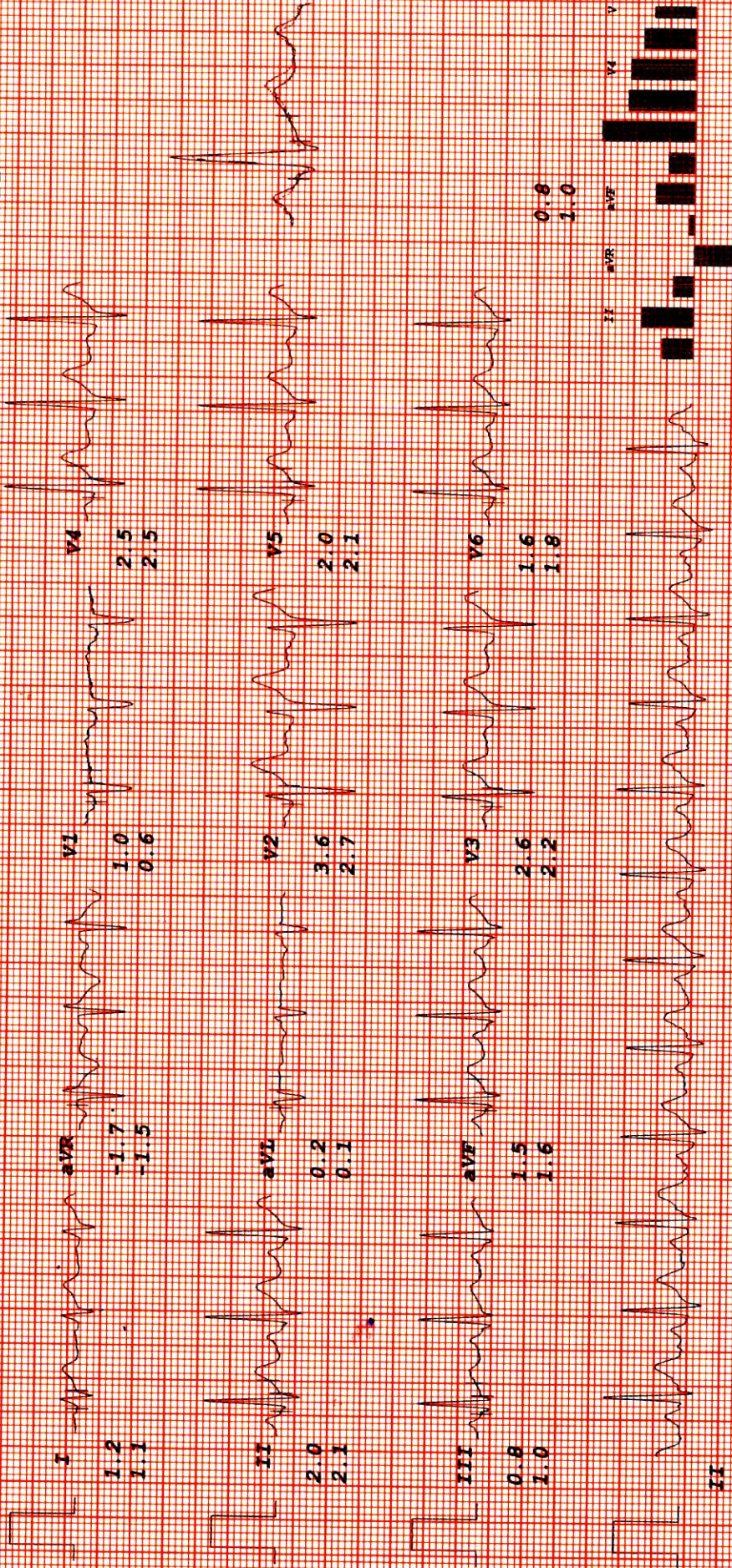
Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



50

IRINE DIAGNOSTIC

ST @ 10mm/mV
80ms PostJ
Speed 4 km/hr
SLOPE 12 &

Bruce
Stage 2
TOTAL TIME 5:55
PHASE TIME 2:55

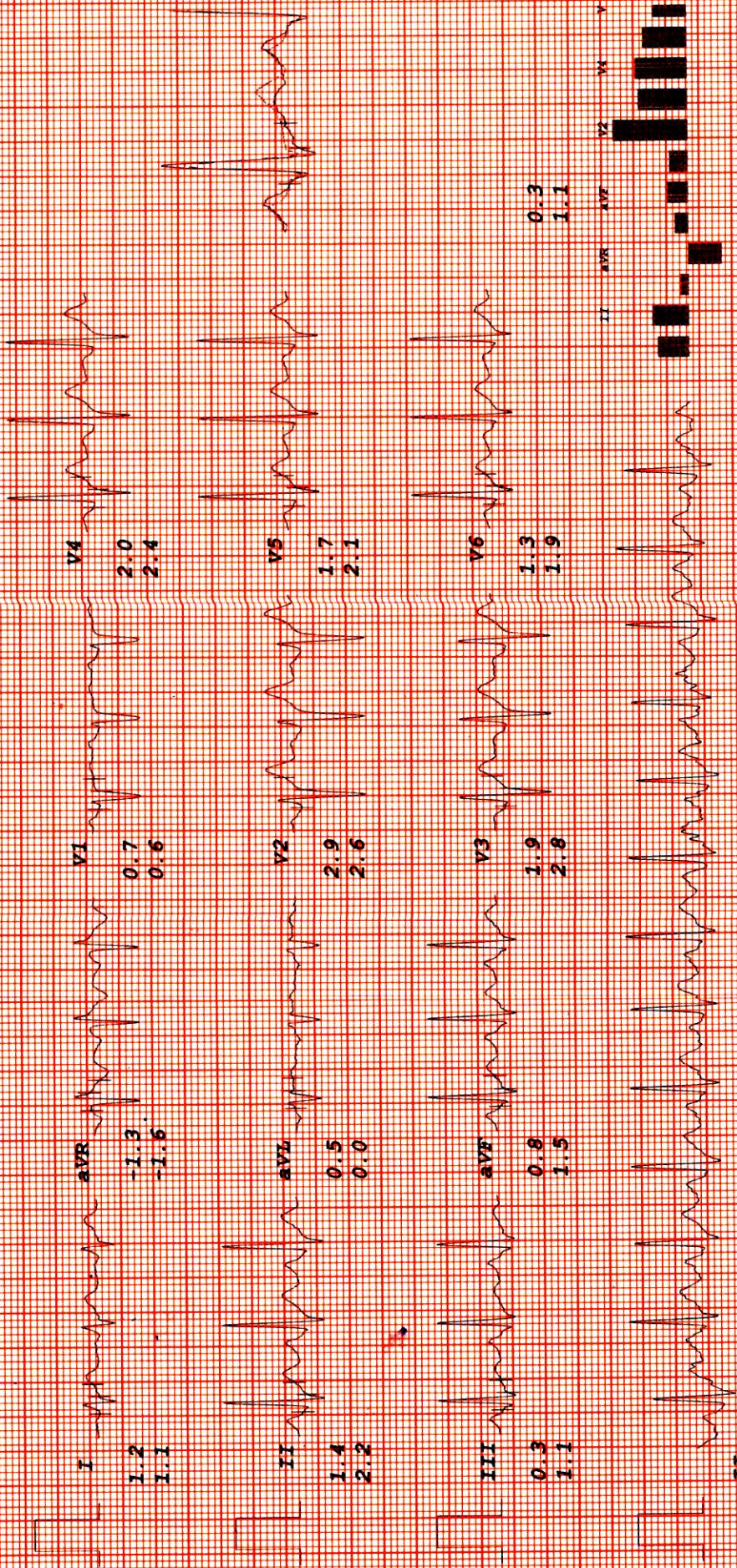
RATE 122bpm
B.P. 134/86

ATUL PALIWAL
I.D. LIC156465
Age 39/M
Date 12/03/2025

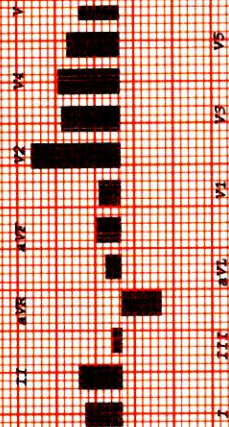
LINKED MEDIAN

Mag X 2

III



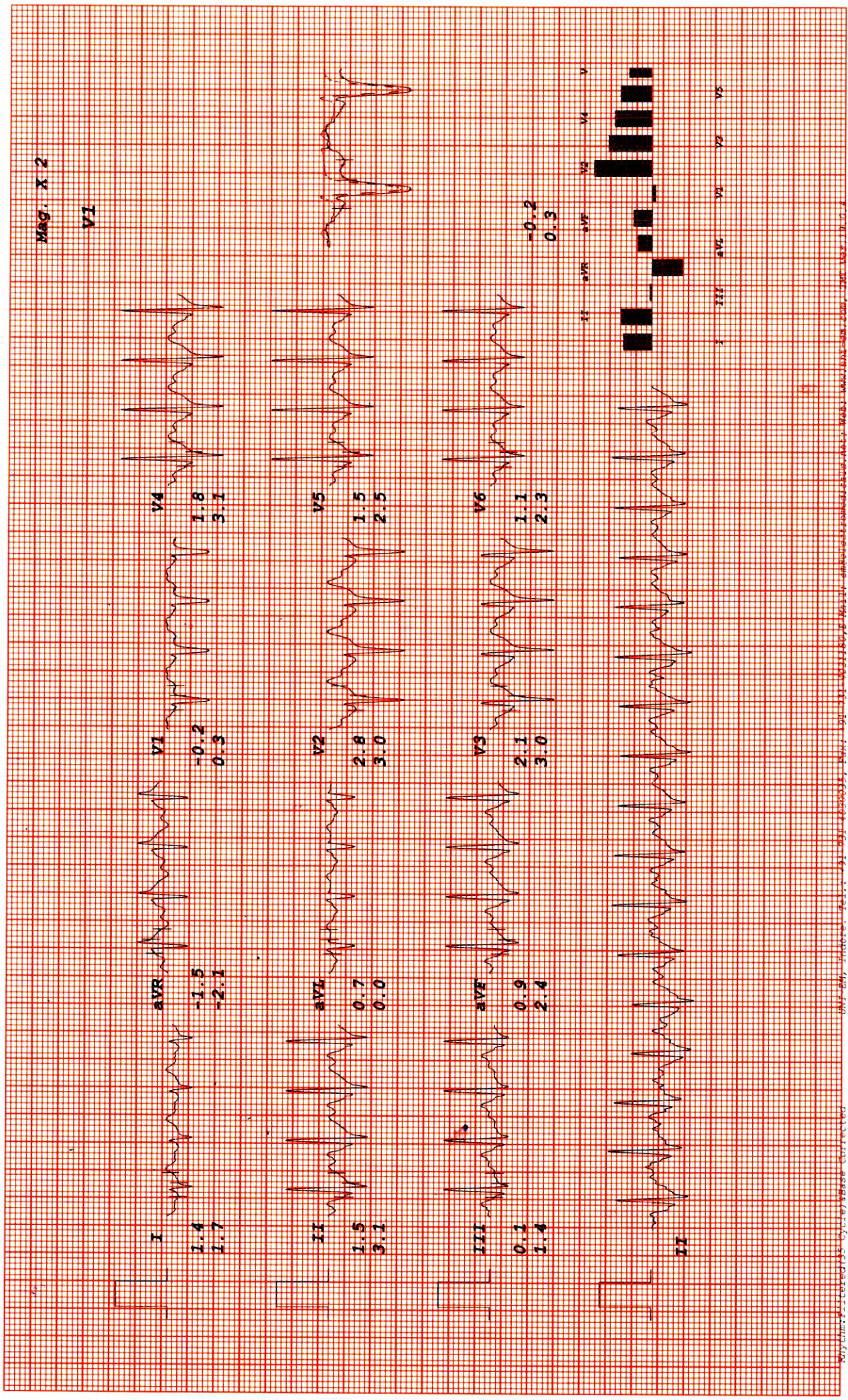
II



I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

IRINE DIAGNOSTIC

ATUL PALIWAL **Bruce** **ST @ 10mm/mV**
I.D. LIC156465 **Stage 3** **80ms PostJ**
Age 39/M **TOTAL TIME 8:55** **Speed 5.4 km/hr**
Date 12/03/2025 **PHASE TIME 2:55** **SLOPE 14 %**
LINKED MEDIAN



This document is a computer-generated printout of an ECG recording. It is not intended for use as a medical record. The information contained herein is for informational purposes only. The user assumes all responsibility for the use of this information.

IRINE DIAGNOSTIC

ATUL PALIWAL
 I.D. LIC156465
 Age 39/M
 Date 12/03/2025

Rate 169bpm
 B.P. 146/90

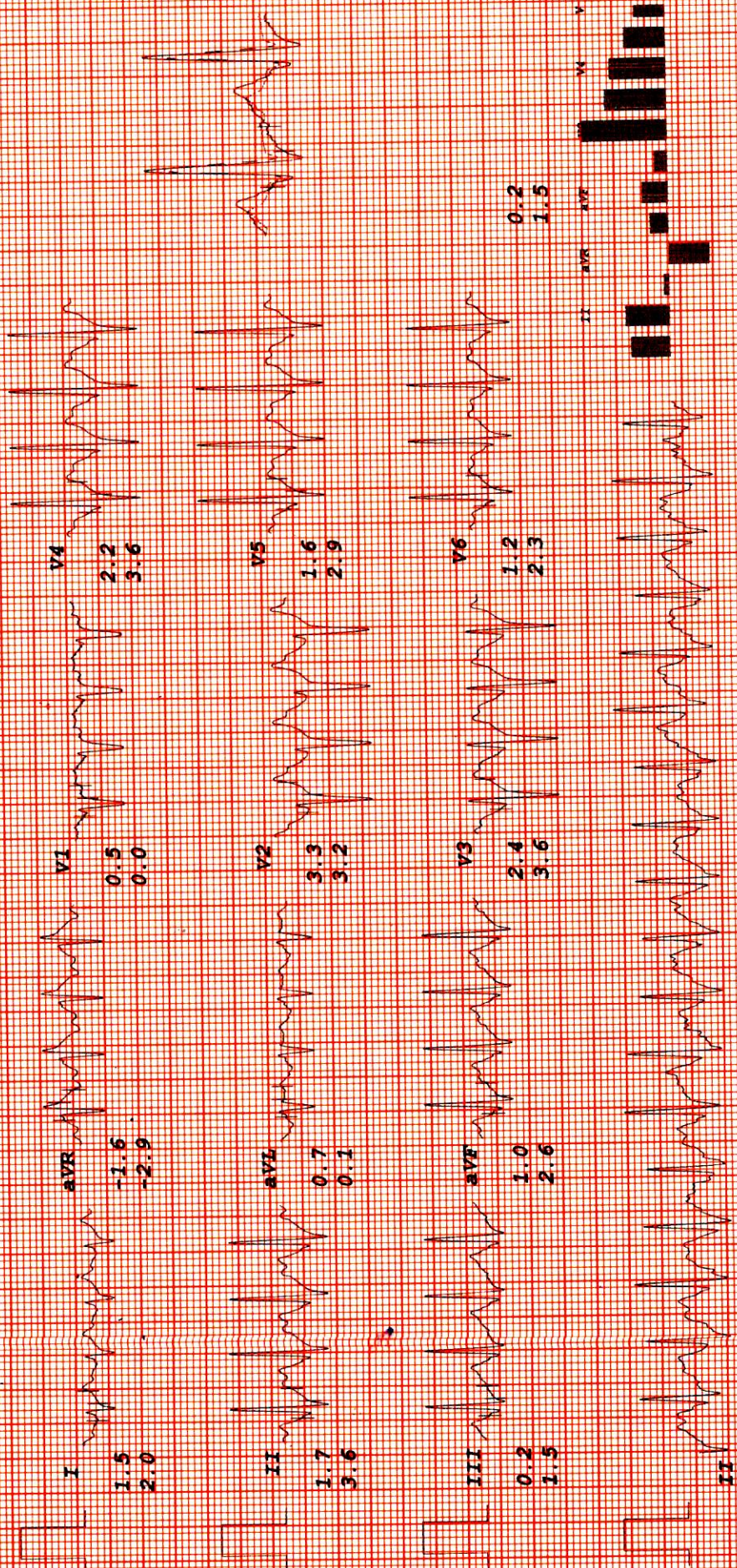
Bruce
 PK-EXERCISE
 TOTAL TIME 9:46
 PHASE TIME 0:46

ST @ 10mm/mv
 80ms PostJ
 Speed 6.7 km/hr
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2

III



IRINE DIAGNOSTIC

ATUL PALIWAL
 I.D. LIC156465
 Age 39/M
 Date 12/03/2025

RATE 132bpm
 B.P. 146/90

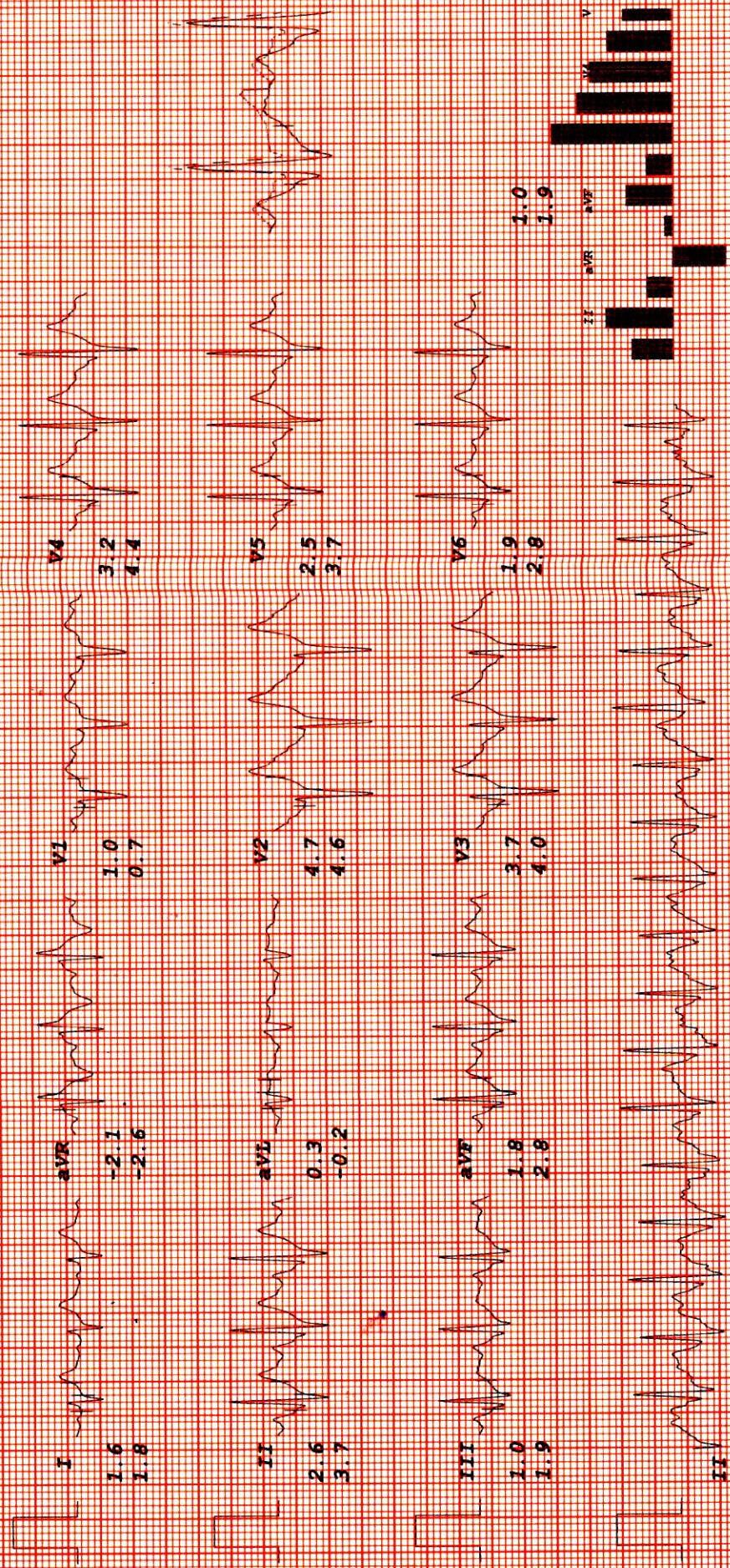
Bruce
 RECOVERY
 TOTAL TIME 10:57
 PHASE TIME 0:59

ST @ 10mm/mv
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



IRINE DIAGNOSTIC

ST @ 10mm/mV
80ms PostJ

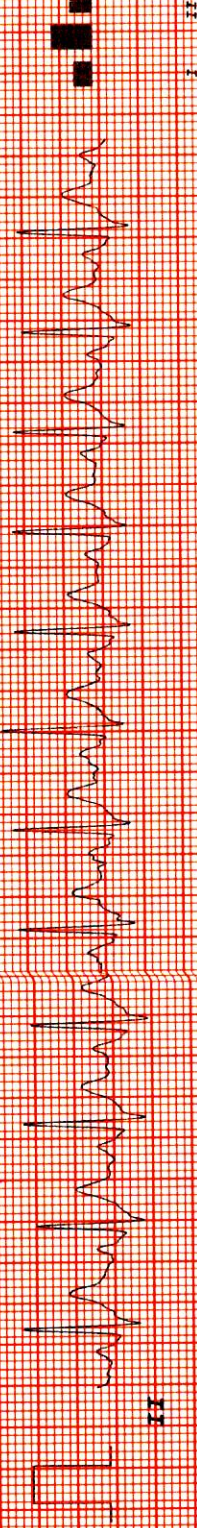
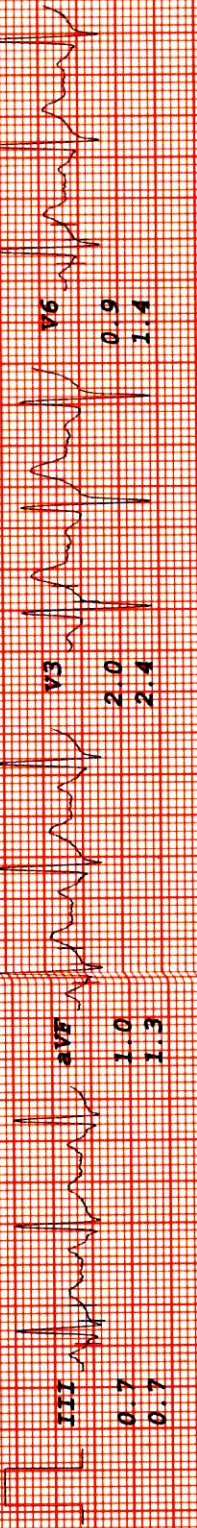
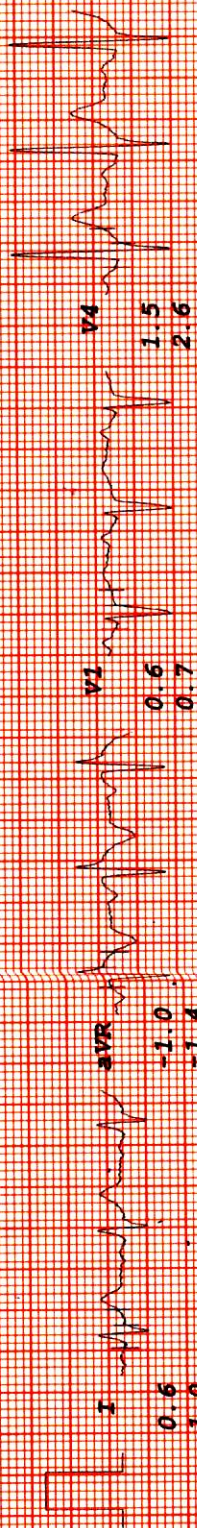
Bruce
RECOVERY
RATE 108bpm
B.P. 136/84

ATUL PALLIHAL
I.D. LIC156465
Age 39/M
Date 12/03/2025

LINKED MEDIAN

Mag. X 2

V1



IRINE DIAGNOSTIC

ATUL PALIWAL
 I.D. LIC156465
 Age 39/M
 Date 12/03/2025

RATE 103bpm
 B.P. 124/80

Bruce
 RECOVERY
 TOTAL TIME 15:53
 PHASE TIME 5:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

