Name : Mr. AMITAVA MONDAL (59 /M) Date : 15/02/2025

Address : PS- NOAPARA, PIN-743144, ICHAPUR NAWAB GANJ SARKAR BAGAN, PO-

ICHAPUR, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: UHID : AGHL.0000784708

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK AHC No : AMHLAH236228



For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus, Heart

disease, Stroke, Asthma Medication - regular; -

Stamlo 5

Dyslipidaemia Medication - regular; -

Rosuvas 10

Thyroid disease - hypothyroidism;

Medication - regular; -Thyronorm 37.5 mcg

Hyperuricemia

Hypertension

Medication - regular



### Cardiovascular system

High blood pressure - yes; Medication - yes

## Respiratory system

- Nil Significant

#### Oral and dental

- Nil Significant

## **Gastrointestinal system**

- Nil Significant

## **Genitourinary system**

- Nil Significant

### Central nervous system

- Nil Significant

## **Eyes**

Vision - normal with glasses; Glasses - yes

### **ENT**

- Nil Significant

## Musculoskeletal system

Spine and joints

- Nil Significant

#### Skin

- Nil Significant

## Weight

- stable



## **Present medications**

Compliance - regular



## Past medical history

Covid 19 - Yes
Hospitalization for - No
Covid 19



# Surgical history

Cholecystectomy - yes



# Personal history

Marital status - Married
No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No
Chews tobacco - No
Physical activity - Mild



### Family history

Father - has expired

Mother - has expired

Hypertension - father, mother

Coronary artery - none

disease

Cancer - mother
Type - Breast

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# PHYSICAL EXAMINATION



## General

Build - over weight

 Height
 - 168

 Weight
 - 76

 BMI
 - 26.93

 Pallor
 - No

 Oedema
 - no



# Cardiovascular system

Heart rate (Per minute) - 79

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 133

Diastolic(mm of Hg) - 88

Heart sounds - S1S2+

## Respiratory system

Breath sounds - Normal vesicular breath

sounds



Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

## Opthalmology consultation

Opthalmology findings - OCULAR MOVEMENTS:

(RE):FULL (LE):FULL ANTERIOR SEGMENTS: (RE):WNL (LE):WNL VISUAL ACUITY

DISTANCE:WITH GLASS (RE):6/6 (LE):6/6 VISUAL ACUITY NEAR:WITH GLASS (RE):N6 (LE):N6 ADVICE:\*To continue present glass\*Detail funduscopy\*Review after

1yr/SOS

Printed By: Benazir Begaum

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OMPLETE HAEMO			_		Epithelial Cells	Occasio	nalhpt			
Test Name	Result		Level		Casts:	Not Fou	ınd			
Hemoglobin	14.6	g/dl		13.0-17.0	Crystals:	Not Fou	ınd			
RBC COUNT	5.23	Millio ul	n/	4.5-5.5	NOTE : -	Urine protein rechecked a		d and		
Hematocrit - Hct:	44.5	%	•	41-53	confirmed by sulphos test		ulphosal	alicylic a		
MCV	85.0	fl		83-101		1031				
MCH	27.9	pg		27-32	URINE SUGAR - POS	T PRAN	DIAL			
MCHC	32.9	%	•	31.5-34.5	(QUALITATIVE) Test Name	Result	Unit	l evel	Range	
RDW	13.7	%		11.8-14.0	URINE	Nil	•	2010.	· tuing	
WBC Count	11900 *	/cu m	nm 🛑	4000-10000	GLUCOSE(POST					
Platelet Count	2.61	lacs/	cu •	1.5-4.0	PRANDIAL)					
		mm			URINE SUGAR- FAST	ring(QU	ALITA	TIVE)		
Neutrophils	53	%		40-80	Test Name	Result	Unit	Level	Rang	
Lymphocytes	27	%	-	20-40	URINE GLUCOSE(FASTING)	Nil				
Monocytes	05	%		2-10	GLOCOSE(FASTING)					
Eosinophils	15 *	%		01-06	BLOOD GROUPING A	AND TYP	PING (A			
Basophils	00	%		0-0	Test Name	Result	Unit	Level	Rang	
RBC:	Normocytic Normochromic cells			mic cells	ABO Group:	В				
WBC:	Eosinophilia noted				Rh (D) Type:	POSITI	VE			
Platelets:	Adequat	Adequate.			LIVER FUNCTION TEST (PACKAGE)					
EDVILIDACVIE	10	mm/1	1st •	0.15	Test Name	Result	Unit	Level	Rang	
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	hr	isi •	0-15	ALT(SGPT) - SERUM	19	U/L	•	0-50	
IRINE ROUTINE AN	ND MICROS	SCOP	γ		ALBUMIN - SERUM	4.2	g/dL	•	3.5-5.	
Test Name	Result			Range	ALKALINE	114	U/L		43-11	
Volume:	50	mL			PHOSPHATASE -					
Colour:	Pale Stra	aw			SERUM					
Appearance	Slightly 1	Γurbid			AST (SGOT) - SERUM	21	U/L		0-50	
Specific Gravity	1.010				( ,					
pH:	6.0				BILIRUBIN TOTAL -	1.4 *	mg/d	L •	0.3-1.	
Albumin:	Trace				SERUM					
Glucose	Not Detected				LIPID PROFILE TEST (PACKAGE)					
Ketone:	Not Detected				Test Name	Result	Unit	Level	Rang	
Bile Pigments	Not Dete	ected			CHOLESTEROL - SERUM	102	mg/d	L	0-200	
RBC	Nil	/hpf			Non-HDL Cholesterol	56				
Pus Cells	Occasio				MOH-LIDE CHOIESIEIOI	50				

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<b>CREATININE - SERUM</b>	Л				PROTEIN TOTAL -	7.7	g/dL	•	6.4-8.3
Test Name	ı Result	Unit	l evel	Range	SERUM		J		3 0.0
CREATININE - SERUM	0.9	mg/di		0.9-1.3	Albumin/Globulin Ratio	1.2			1.0-2.0
LIVER FUNCTION TES	ST (PAC				GLOBULIN: (CALCULATED) -	3.5	g/dL	•	1.8-3.6
Test Name	Result		•	Range	SERUM				
GGTP: GAMMA	15	U/L		0-55	TUVDOID DDOEU E	VT0 T4	ND T	<b>311</b> \	
GLUTAMYL					THYROID PROFILE - I	Result		•	Danna
TRANSPEPTIDASE - SERUM					Test Name			_	Range
OLINOW					TOTAL T3: TRI IODOTHYRONINE -	1.2	ng/ml		0.8-2
GLUCOSE - PLASMA	(FASTIN	۱G)			SERUM				
Test Name	Result	Unit	Level	Range	(Electrochemiliminesce				
GLUCOSE - PLASMA	91	mg/d	L	70-99	nce (ECLIA))				
(FASTING)					TOTAL T4:	7.4	ug/dL		5.1-14.1
GLUCOSE - PLASMA	(POST !	PRAN	DIAL)		THYROXINE - SERUM	,	agrac	-	J. 1-17.1
Test Name	Result		•	Range	(Electrochemiliminesce				
GLUCOSE - PLASMA	146 *	mg/d		70-140	nce (ECLIA))				
(POST PRANDIAL)		· ·			LIPID PROFILE TEST	(PACKA	AGE)		
LIDA40 (OLVOOOVI A	TED				Test Name	Result	-	Level	Range
HBA1C (GLYCOSYLAT HAEMOGLOBIN)-WHO		000			TRIGLYCERIDES -	83	mg/dl	•	0-150
Test Name	Result		Level	Range	SERUM				
HBA1C	5.8 *	%	•	Nondiadetic : 4	THYROID PROFILE - I	//T3 T4 /	AND T	SH/	
(GLYCOSYLATED	***			- 5.6 %	Test Name	•		•	Range
HAEMOGLOBIN)-WHO LE BLOOD				Prediabetics : 5.7 - 6.4%	TSH: THYROID	4.76 *	μIU/m	_	0.27-4.2
LE DLUUD				Diabetes :	STIMULATING	1.70	F.10/11		J.21 - T.2
				>/= 6.5%	HORMONE - SERUM				
				A D A	(Electrochemiliminesce				
				ADA	nce (ECLIA))				
				Theraputic goal : <7%	nce (ECLIA))				
				Theraputic goal	nce (ECLIA))  URIC ACID - SERUM				
LIPID PROFILE TEST	•	•		Theraputic goal : <7%	, ,,	Result	Unit	Level	Range
LIPID PROFILE TEST	(PACKA Result	•	Level	Theraputic goal	URIC ACID - SERUM	Result	<b>Unit</b> mg/dl	_	<b>Range</b> 2.6-7.2
	•	•	Level	Theraputic goal : <7%	URIC ACID - SERUM Test Name URIC ACID - SERUM	4.4	mg/dl	•	_
Test Name TC/HDL-C ratio serum HDL CHOLESTEROL -	Result	•	•	Theraputic goal : <7%	URIC ACID - SERUM Test Name URIC ACID - SERUM LIVER FUNCTION TES	4.4 ST (PAC	mg/dl	. • )	2.6-7.2
<b>Test Name</b> TC/HDL-C ratio serum	Result 2	Unit	•	Theraputic goal: <7%  Range Optimal<3.5	URIC ACID - SERUM Test Name URIC ACID - SERUM  LIVER FUNCTION TEST Test Name	4.4 ST (PAC Result	mg/dl KAGE Unit	) Level	2.6-7.2 Range
Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM	Result 2 46	Unit mg/d	• L •	Theraputic goal: <7%  Range Optimal<3.5 30-70	URIC ACID - SERUM Test Name URIC ACID - SERUM  LIVER FUNCTION TEST Test Name BILIRUBIN	4.4 ST (PAC	mg/dl	) Level	2.6-7.2
Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM LDL CHOLESTEROL	Result 2	Unit mg/d	•	Theraputic goal: <7%  Range Optimal<3.5	URIC ACID - SERUM Test Name URIC ACID - SERUM  LIVER FUNCTION TEST Test Name	4.4 ST (PAC Result	mg/dl KAGE Unit	) Level	2.6-7.2 Range
Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM  LDL CHOLESTEROL -SERUM	<b>Result</b> 2 46 51	mg/dl	L •	Theraputic goal: <7%  Range Optimal<3.5 30-70  Optimal: <100	URIC ACID - SERUM Test Name URIC ACID - SERUM  LIVER FUNCTION TEST Test Name BILIRUBIN CONJUGATED (DIRECT) - SERUM	4.4 ST (PAC Result 0.3 *	mg/dl KAGE Unit mg/dl	) Level	2.6-7.2 Range
Test Name  TC/HDL-C ratio serum  HDL CHOLESTEROL - SERUM  LDL CHOLESTEROL -SERUM  VLDL CHOLESTEROL -	Result 2 46	Unit mg/d	L •	Theraputic goal: <7%  Range Optimal<3.5 30-70	URIC ACID - SERUM Test Name URIC ACID - SERUM  LIVER FUNCTION TEST Test Name BILIRUBIN CONJUGATED (DIRECT) - SERUM  BUN (BLOOD UREA N	4.4 ST (PAC Result 0.3 *	mg/dl KAGE Unit mg/dl	Level	2.6-7.2  Range 0.0-0.2
Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM  LDL CHOLESTEROL -SERUM	<b>Result</b> 2 46 51	mg/dl	L •	Theraputic goal: <7%  Range Optimal<3.5 30-70  Optimal: <100	URIC ACID - SERUM Test Name URIC ACID - SERUM  LIVER FUNCTION TEST Test Name BILIRUBIN CONJUGATED (DIRECT) - SERUM  BUN (BLOOD UREA NAME) Test Name	4.4 ST (PAC Result 0.3 *  NITROGI Result	mg/dl KAGE Unit mg/dl EN) Unit	Level	2.6-7.2  Range 0.0-0.2
Test Name  TC/HDL-C ratio serum  HDL CHOLESTEROL - SERUM  LDL CHOLESTEROL -SERUM  VLDL CHOLESTEROL -	Result 2 46 51 5	mg/dl mg/dl		Theraputic goal: <7%  Range Optimal<3.5 30-70  Optimal: <100	URIC ACID - SERUM Test Name URIC ACID - SERUM  LIVER FUNCTION TEST Test Name BILIRUBIN CONJUGATED (DIRECT) - SERUM  BUN (BLOOD UREA NAME BUN (BLOOD UREA	4.4 ST (PAC Result 0.3 *	mg/dl KAGE Unit mg/dl	Level	2.6-7.2  Range 0.0-0.2
Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM  LDL CHOLESTEROL -SERUM  VLDL CHOLESTEROL - SERUM (Calculated)	Result 2 46 51 5	mg/d mg/d mg/d		Theraputic goal: <7%  Range Optimal<3.5 30-70  Optimal: <100 0-35	URIC ACID - SERUM Test Name URIC ACID - SERUM  LIVER FUNCTION TEST Test Name BILIRUBIN CONJUGATED (DIRECT) - SERUM  BUN (BLOOD UREA NAME) Test Name	4.4 ST (PAC Result 0.3 *  NITROGI Result	mg/dl KAGE Unit mg/dl EN) Unit	Level	2.6-7.2  Range 0.0-0.2

Borderline High/Low

Out of Range

Within Normal Range

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#### **BUN/CREATININE RATIO**

### **ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Grade I fatty liver.
- \* Bilateral renal cortical cysts as described.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. PARTHA LODH DMRD Reg. No. 49816 (WBMC)

#### **ECG**

SINUS RHYTHM.
RIGHT BUNDLE BRANCH BLOCK.
LEFT ANTERIOR FASCICULAR BLOCK.

#### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

DR. ARKADEEP DEY DNB RESIDENT In consultation with

DR. CHANDRIMA MANDAL ASSOCIATE CONSULTANT MD (RADIODIAGNOSIS) Reg. No. 74268 (WBMC) INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Biochemistry** 

A/G - RATIO

Histopathology

PAP SMEAR /CERVICAL SMEAR

**CARDIOLOGY** 

TREADMILL TEST / STRESS TEST

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Printed By: AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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## **AICVD RISK SCORE REPORT**

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Low Risk	8	9

#### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

## Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- · Follow your physician's advice regarding follow up tests, consults and annual health assessment

#### **DISCLAIMER**

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515