

Name : Mr. NARENDRA BURNWAL (38 /M)

Date : 29/10/2024

Address : RAM KRISHNA DANGAL, ASANSOL, BARDHAMAN, WEST BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AMHL.0002444491

Package : MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK WITH VITAMINS ADVANCED MALE HCK

AHC No : AMHLAH224451



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:29/10/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

Dyspepsia - yes; Symptoms - acidity, bloating,
belching

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

Back (lower) - pain

Skin

- Nil Significant

Weight

- stable



Past medical history

Past medical history - nil significant



Surgical history

Cholecystectomy - yes



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - consumes alcohol
occasionally

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - alive

Mother - alive

Diabetes - father,mother

Hypertension - father

Coronary artery
disease - none

Cancer - None

PHYSICAL EXAMINATION



General

Build - normal

Height - 179

Weight - 76.8

BMI - 23.97

Pallor - No

Oedema - no

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Cardiovascular system

Heart rate (Per minute) - 76
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 124
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:
(RE):FULL (LE):FULL
ANTERIOR SEGMENTS:
(RE):WNL (LE):WNL INTRA
OCULAR PRESSURE (RE):
(LE): VISUAL ACUITY
DISTANCE:WITH GLASS
(RE):6/6P (LE):6/6P VISUAL
ACUITY NEAR:WITH
GLASS (RE):N6 (LE)N6
SPECTACLE POWER: RE:
+0.25/+0.50X165*(6/6,N6)
LE:+0.25DS(6/6,N6)
ADVICE:*Glass Rx*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	15.5	g/dl	●	13.0-17.0
RBC COUNT	5.00	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	46.2	%	●	41-53
MCV	92.5	fl	●	83-101
MCH	31.1	pg	●	27-32
MCHC	33.6	%	●	31.5-34.5
RDW	15.2 *	%	●	11.8-14.0
WBC Count	8000	/cu mm	●	4000-10000
Platelet Count	1.42 *	lacs/cu mm	●	1.5-4.0
Neutrophils	42	%	●	40-80
Lymphocytes	48 *	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	5	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.030			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

VITAMIN D TOTAL(25-OH)-SERUM

Test Name	Result	Unit	Level	Range
25 (OH) VITAMIN D (Chemiluminescence)	29 *	ng/mL	●	30-100

ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	52 *	U/L	●	0-50

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.7	g/dL	●	3.5-5.1

ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	58	U/L	●	43-115

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	34	U/L	●	0-50

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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BILIRUBIN TOTAL - SERUM 1.0 mg/dL ● 0.3-1.2

TC/HDL-C ratio serum 5 * ● Optimal<3.5

HDL CHOLESTEROL - SERUM 34 mg/dL ● 30-70

CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	162	mg/dL	●	0-200
Non-HDL Cholesterol	128			

LDL CHOLESTEROL -SERUM

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	106	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	22	mg/dL	●	0-35

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

PROTEIN TOTAL - SERUM

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.6		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	2.9	g/dL	●	1.8-3.6

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	17	U/L	●	0-55

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	1.15	ng/ml	●	0.87-1.78

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	82	mg/dL	●	70-99

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	9.25	µg/dL	●	5.48-14.28

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	123	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.1	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	103	mg/dL	●	0-150

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	2.61	µIU/mL	●	0.38-5.33

HDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
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URIC ACID - SERUM

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Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.9	mg/dL	●	2.6-7.2

* Grade I fatty liver with few tiny calcifications in right lobe.
* Mild splenomegaly.

VITAMIN B12 -SERUM

Test Name	Result	Unit	Level	Range
VITAMIN B12 -SERUM (Chemiluminescence)	188	pg/ml	●	120-914

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.4 *	mg/dL	●	0.0-0.2

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM (Chemiluminescence)	0.6	ng/mL	●	0.00-6.50

Dr. KHWAJA KAMRUDDIN
DMRD, DNB RESIDENT
Reg. No. 62704 (WBMC)

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	11.2	mg/dL	●	7.0-18.0
UREA - SERUM	24	mg/dL	●	13-43
UREA - SERUM	24	mg/dL	●	13-43

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ECG

SINUS RHYTHM WITH SINUS ARRHYTHMIA.

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	14			
BUN (BLOOD UREA NITROGEN)	11.2	mg/dL	●	7.0-18.0
UREA - SERUM	24	mg/dL	●	13-43
UREA - SERUM	24	mg/dL	●	13-43
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

ULTRASOUND SCREENING WHOLE ABDOMEN

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Biochemistry

A/G - RATIO

 Within Normal Range  Borderline High/Low  Out of Range

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Printed By :

Dr.SHARMISTHA MALLIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515