

Patient Name	NARESH KUMAR GUPTA	Requested By	DR. HEALTH CHECKUP
MRN	20254167	Procedure Date	08.03.2025
Age/Sex	39 Y/ MALE	Reporting Date	08.03.2025

X-RAY CHEST PA VIEW

Result:

Both lung fields are clear.

Both hila are normal.

Both CP angles are normal.

Cardiac contour and size are within normal limits.

The bony rib cage is normal.

Soft tissues are normal.

IMPRESSION: NORMAL STUDY.

We regret typographical errors if any. Please contact us for correction.

(Please correlate clinically).



DR. ANUJ, MD
Consultant Radiologist.

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USG WHOLE ABDOMEN

Liver: The liver is normal in size ~ **13.7cm** and outline. It shows a uniform echopattern. No obvious focal or diffuse pathology is seen. The intra and extra hepatic biliary passage are not dilated. The portal vein is normal in calibre at the porta hepatis(9.4mm).

Gall bladder: The gall bladder is well distended shows normal wall thickness with no evidence of calculi.

CBD: The CBD is of normal caliber(3.3mm).

Pancreas: The pancreas is normal in size and echogenicity with distinct outline. No obvious focal lesion is seen.

Spleen: The spleen is normal in size ~ **7.8cm** and echogenicity.

Kidneys: Both kidneys were normal in position and measured as follows:

Right kidney measures 10.6 x 3.9cm.

Left kidney measures 10.4 x 5.2cm.

The renal cortical thickness and corticomedullary differentiation were adequate on both sides. No evidence of renal calculus or hydronephrosis seen on either side.

Urinary bladder: The urinary bladder is normal in size. Its wall shows a smooth outline. There is no evidence of any intraluminal or perivesical abnormality.

Prostate: The prostate is normal in size measures (vol - 15gms) and showed a normal parenchymal echotexture.

No evidence of ascites or lymphadenopathy seen.

No pleural effusion seen.

IMPRESSION: No significant abnormality seen.

(Please correlate clinically).



DR. JITENDRA KUMAR, (DMRD)
Sr. Consultant Radiologist.

Note: - We regret typographical errors if any. Please contact us for correction.

This report is not valid for medico-legal purpose

Typed By: AY.

Samford Hospital, Kokar Chowk, Ranchi-834001, Jharkhand

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THIS REPORT IS NOT VALID FOR MEDICO LEGAL PURPOSES.

Department of Pathology

Patient Name : Mr. Naresh Kumar Gupta
UHID : 20254167
Age/Sex : 39 yr 2 mo 7 D /M
Referred By : Dr. Self .
Status : Final

Investigation No : 20250310912
Requested Date : 08/03/2025 08:45am
Collection Date : 08/03/2025 09:46am
Reported Date : 08/03/2025 12:36pm



Haematology

Test	Result	Unit	Bio. Ref. Interval
ESR(ERYTHROCYTE SEDIMENTATION RATE)(1392) (Westergren)	10	mm at 1st hr	0-10
Complete Blood Count(CBC)(1394) (Hematology analyzer and microscopy)			
Test	Result	Unit	Bio. Ref. Interval
RBC Count	6.00	million/cumm	4.5-5.5
Hb Haemoglobin (1389)	16.1	gm/dl	12.0-17.0
HCT	48.3	%	40-50
MCV	80.5	Fl	80-100
MCH	26.9	Pg	27-32
MCHC	33.2	g/dl	32-36
Platelet Count (1395)	1.96	lac/cumm	1.50-4.50
RDW	14.0	%	11-14
TLC (Total Leucocyte Count)(1390)	6400	/cumm	4000 - 11000
DLC (Differential Leucocyte Count)(1391)			
Neutrophils	52	%	45-75
Lymphocytes	31	%	20-45
Eosinophils	14	%	1-6
Monocytes	03	%	2-10
Basophils	00	%	0-1

Result Entered By
Mr. Sanjeev Prasad

Ms. Madhu Kumari

Dr. Anubhuti Choudhary
(Consultant Pathologist)

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DEPARTMENT OF PATHOLOGY

Patient Name : Mr. Naresh Kumar Gupta
UHID : 20254167
Age/Sex : 39 yr 2 mo 7 D /M
Referred By : Dr. Self .
Status : Final

Investigation No : 20250310902
Requested Date : 08/03/2025 08:45am
Collection Date : 08/03/2025 09:46am
Reported Date : 08/03/2025



Blood Grouping and RH Typing(1418)

TEST NAME	RESULT
ABO	'B'
RH	Positive

--- End Of Report ---

Result Entered By

Sanjeev
Mr. Sanjeev Prasad

Ravi Kumar Prajapati
Mr. Ravi Kumar Prajapati

Anubhuti Choudhary
Dr. Anubhuti Choudhary
(Consultant Pathologist)

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DEPARTMENT OF PATHOLOGY

Patient Name : Mr. Naresh Kumar Gupta
UHID : 20254167
Age/Sex : 39 yr 2 mo 7 D /M
Referred By : Dr. Self .
Status : Final

Investigation No : 20250310909
Requested Date : 08/03/2025 08:45AM
Collection Date : 08/03/2025 09:46AM
Reported Date : 08/03/2025



HbA1C(Glycosylated Haemoglobin)(1510)(HPLC)

Test Name	Result	Unit	Reference Range
HbA1c	4.7		4.5-6.5
Mean Plasma Glucose*	88.1	mg/dL	
Calculated			

Mean Plasma Glucose is based on estimated Average Glucose (eAG) value calculated according to National Glycohemoglobin Standardization Program (NGSP) criteria.

Reference Range (HBA1c)

Good control	: 4.5 - 6.4 %
Fair control	: 6.5 - 7.4 %
Poor control	: Above - 7.5 %

Note: Anaemia can lead to erroneous increase or decrease in HbA1C reading to misinterpretation of the disease condition, hence it might not be a reliable indicator to assist the glycaemic index.

Advice: Fructosamine test.

--- End Of Report ---

Result Entered By

Mr. Akash Ghosh

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(Consultant Pathologist)

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Department of Pathology

Patient Name : Mr. Naresh Kumar Gupta
UHID : 20254167
Age/Sex : 39 yr 2 mo 7 D /M
Referred By : Dr. Self .
Status : Final

Investigation No : 20250310901
Requested Date : 08/03/2025 08:45am
Collection Date : 08/03/2025 09:46am
Reported Date : 08/03/2025 12:03pm



Biochemistry

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Bio. Ref. Interval</u>
Blood Sugar (Fasting)(1465)	92	mg/dl	70-110
Creatinine(1447) (Modified Jaffe Kinetic)	0.7	mg/dl	0.6-1.5
Uric Acid(1455)	5.1	mg/dl	3.6 - 7.2
Blood Urea Nitrogen (BUN) (1446)	7.47	mg/dl	5-25
BUN / Creatinine Ratio	10.6		4.0-21.5
<u>LFT (Liver Function Test)(1513)</u>			
<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Bio. Ref. Interval</u>
Serum Bilirubin (Total) (1456)	0.8	mg/dL	0.1-1.2
Serum Bilirubin (Direct)	0.2	mg/dL	0.0-0.3
Serum Bilirubin (InDirect)	0.6	mg/dL	0.2-0.8
SGPT (1475)	17	U/L	0-45
SGOT (1476)	22	U/L	5-40
Alkaline Phosphatase (ALP) (1494)	59	U/L	41-137
Total Protein	7.7	g/dl	6.0 - 8.0
Albumin (1461)	4.7	g/dl	3.7-5.3
Globulin	3.0	g/dl	2.3-3.6
A/G Ratio	1.6		1.2-1.8
GGT	14	U/L	1-94

Result Entered By

Mr. Sanjeev Prasad

Mr. Sudeep Oraon

Dr. Anubhuti Choudhary
(Consultant Pathologist)

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Department of Pathology

Patient Name : Mr. Naresh Kumar Gupta
UHID : 20254167
Age/Sex : 39 yr 2 mo 7 D /M
Referred By : Dr. Self .
Status : Final

Investigation No : 20250310910
Requested Date : 08/03/2025 08:45am
Collection Date : 08/03/2025 09:46am
Reported Date : 08/03/2025 12:03pm



Biochemistry

Lipid Profile

(CHOD-POD)

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Bio. Ref. Interval</u>
Cholesterol(1463)	175	mg/dl	< 200
Triglycerides (1487)	80	mg/dl	< 150
HDL Cholesterol	49	mg/dl	40 - 60
LDL	110	mg/dl	60-130
VLDL Cholesterol	16	mg/dL	< 30

Immunology

THYROID PROFILE(1559)

(Chemiluminescence Assay(C.L.I.A))

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Bio. Ref. Interval</u>
T3	1.05	ng/mL	0.58 - 1.59
T4 (1561)	86.05	nmol/l	60 - 120
TSH (1562)	2.03	uIU/ml	0.50 - 5.50

Result Entered By
Mr. Sanjeev Prasad

Mr. Sudeep Oraon

Dr. Anubhuti Choudhary
(Consultant Pathologist)

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DEPARTMENT OF PATHOLOGY

Patient Name : Mr. Naresh Kumar Gupta
UHID : 20254167
Age/Sex : 39 yr 2 mo 7 D /M
Referred By : Dr. Self .
Status : Final

Investigation No : 20250310898
Requested Date : 08/03/2025 08:45am
Collection Date : 08/03/2025 09:46am
Reported Date : 08/03/2025



Urine Routine Examination(1383)(Strip / Microscopy)

TEST NAME	RESULT	UNIT	REFERENCE RANGE
VOLUME	30 ml		
COLOUR	Straw		
APPEARANCE	Clear		
SP GRAVITY	1.025		1.003 - 1.035
PH	6.0		4.7 - 7.5
PROTEIN	NOT DETECTED		NOT DETECTED
GLUCOSE	NOT DETECTED		NOT DETECTED
KETONE BODIES	NOT DETECTED		NOT DETECTED
BLOOD	NOT DETECTED		NOT DETECTED
BILIRUBIN	NOT DETECTED		NOT DETECTED
UROBILINOGEN	NOT DETECTED		NOT DETECTED
NITRITE	NOT DETECTED		NOT DETECTED
PUS CELLS	1 - 2	/HPF	0-5
EPITHELIAL CELLS	0 - 1	/HPF	0-5
RBC	NOT DETECTED	/HPF	NOT DETECTED
CAST	NOT DETECTED		NOT DETECTED
CRYSTAL	NOT DETECTED		NOT DETECTED
BACTERIA	NOT DETECTED		NOT DETECTED

--- End Of Report ---

Result Entered By

Mr. Sanjeev Prasad

Ms. Madhuk Kumari

Dr. Anubhuti Choudhary
(Consultant Pathologist)

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DEPARTMENT OF PATHOLOGY

Patient Name : Mr. Naresh Kumar Gupta
UHID : 20254167
Age/Sex : 39 yr 2 mo 7 D /M
Referred By : Dr. Self .
Status : Final

Investigation No : 20250310896
Requested Date : 08/03/2025 08:45AM
Collection Date : 08/03/2025 09:46AM
Reported Date : 08/03/2025



Blood Sugar (post parandial)(1465)

Test	Result	Unit	Bio. Ref. Interval
Blood Sugar (post parandial)(1465)	96	mg/dL	70-140

--- End Of Report ---

Result Entered By

Mr. Akash Ghosh

Mr. Sonit Kumar

Dr. Rajeev .
(M.D Pathologist)

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Patient: **NARESH KUMAR GUPTA**
 UHID-20254167
 39 year / M
 cm / kg
 SAMFORD HOSPITAL, RANCHI

HR 67/min
 Intervals:
 RR 901 ms
 P 118 ms
 PR 196 ms
 QRS 90 ms
 QT 370 ms
 QTc 394 ms

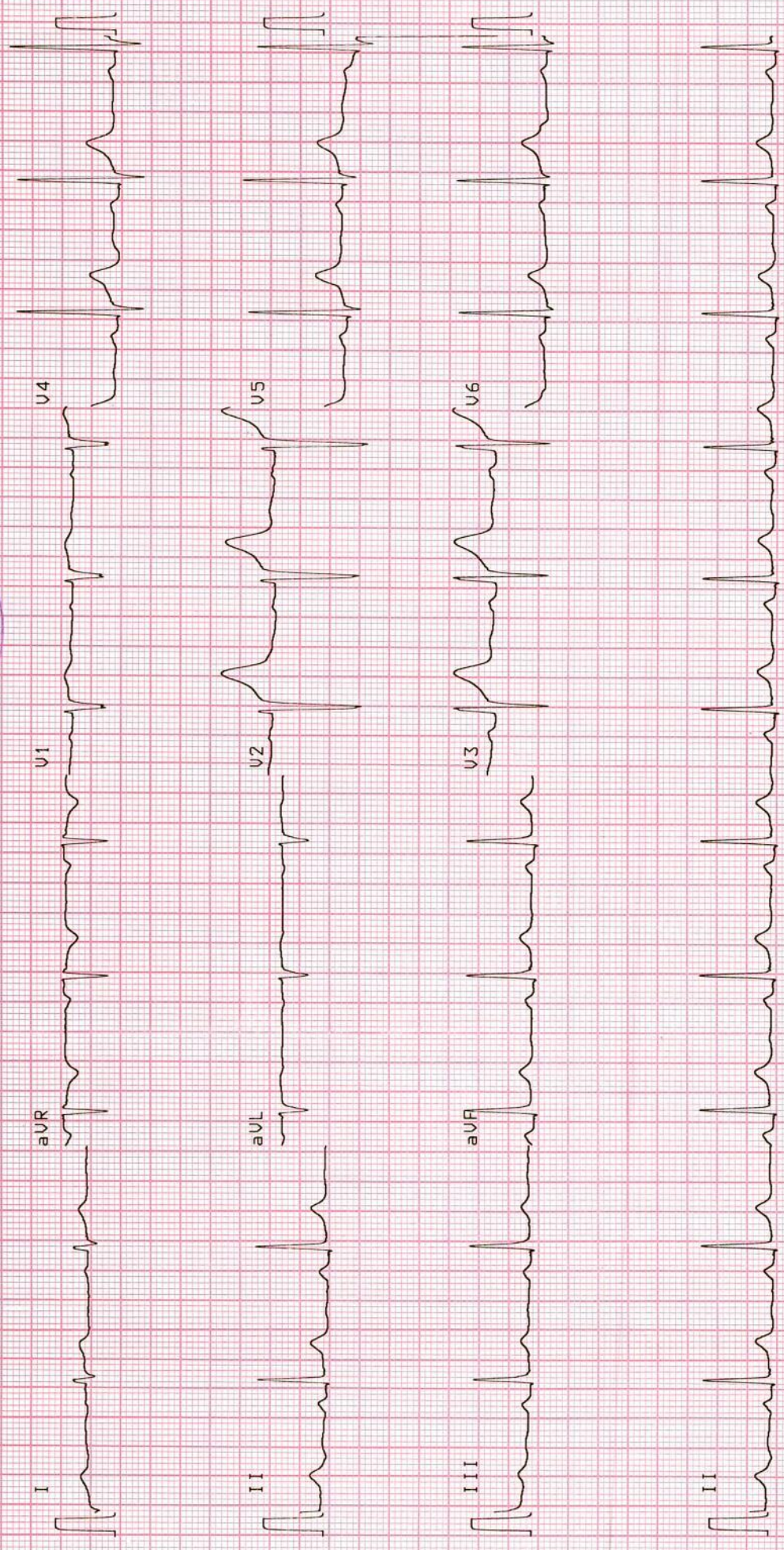
Axis:
 P 62°
 QRS 86°
 T 51°
 P (II) 0.15 mV
 S (V1) -0.68 mV
 R (V5) 1.75 mV
 Sokol. 3.40 mV

SINUS RHYTHM
 OTHERWISE NORMAL ECG
 UNCONFIRMED REPORT



10 mm/mV

10 mm/mV



20254167 / NARESH KUMAR GUPTA / 39 Yrs / M / 168 Cms / 55 Kg Date: 08-Mar-2025 Technician : ROHINI KUMARI Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Standing	00:05	0:05	00.0	00.0	01.0	068	38 %	130/90	088	00	
Warm Up	00:19	0:14	00.0	00.0	01.0	068	38 %	130/90	088	00	
ExStart	00:32	0:13	01.0	00.0	01.0	070	39 %	130/90	091	00	
BRUCE Stage 1	03:32	3:00	01.7	10.0	04.7	101	56 %	130/90	131	00	
BRUCE Stage 2	06:32	3:00	02.5	12.0	07.1	114	63 %	130/90	148	00	
BRUCE Stage 3	09:32	3:00	03.4	14.0	10.2	146	81 %	150/95	219	00	
PeakEx	09:46	0:14	04.2	16.0	10.5	155	86 %	150/95	232	00	
Recovery	10:46	1:00	01.1	00.0	04.2	122	67 %	150/95	183	00	
Recovery	11:46	2:00	00.0	00.0	01.0	091	50 %	150/95	136	00	
Recovery	12:46	3:00	00.0	00.0	01.0	079	44 %	140/90	110	00	
Recovery	13:46	4:00	00.0	00.0	01.0	079	44 %	140/90	110	00	
Recovery	14:46	5:00	00.0	00.0	01.0	084	46 %	130/90	109	00	
Recovery	14:56	5:09	00.0	00.0	01.0	080	44 %	130/90	104	00	

REPORT

Sample Name: Stress Test Graded Exercise Treadmill

Description: To rule out to CAD.

INDICATIONS: To rule out to CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS: The patient was stressed by continuous graded treadmill testing for Exercise Time 9:15 Mins. of the standard Bruce protocol. The initial HR was recorded as 68 bpm, and the maximum predicted Target Heart Rate 181.

The Test was completed because of **TARGET HEART RATE ACHIEVED.**

CONCLUSIONS:

1. Stress test is **NEGATIVE** for ischemia.
2. Good functional capacity.
3. Blood pressure response to exercise is normal.



Dr. Farhan Shikoh

Doctor : DR. MD.FARHAN SHIKOH