

...Your wellness partner

**Arcofemi Healthcare Pvt Ltd**

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

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Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

## MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Alamanda Sai Kumar** aged **28yr.** Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: Vishakhapatnam

Date: 05/02/2025

Dr. Nitesh Kumar.  
MBBS  
NCHM 17093

Name & Signature of

Medical officer

MEDICAL FITNESS CERTIFICATE

Name of the candidate: Alamanda Saikumar  
Age/DOB: 25/05/1996  
Gender: male  
Voucher ID:

Date: 5/2/25  
Location: visakhapatnam  
Center Name:

**\*TO BE FILLED BY THE PHYSICIAN**

It is certified that Mr/Ms. Alamanda Saikumar  
has been carefully examined\* by me on date 05/02/2025

Based on the medical examination conducted, the following are my inferences / comments for the above-mentioned employee.

\*Physician Examination Sheet

HEIGHT	175 (cm)	WEIGHT	61 (kg)
WAIST	78 (cm)	HIP	88 (cm)
BP (Systolic/ Diastolic)	120/80 (mm Hg)	Heart Rate	99 (per Min)

Diagnostic Tests	-			
Dental	-			
Eye/Vision Test				
Glass	With		Without	
	Right	Left	Right	Left
Near Vision	6/12	6/12	NCE	12R
Distance Vision				
Colour vision	11/11/11/9			
Remarks				

FIT

UNFIT

Past History: -

Remarks/Recommendations:

\*Details if Candidate is UNFIT:

Dr. Rakesh Pilla  
M.D.(Gen Med)/MRCP(UK)  
Consultant General Physician  
Regd.No. APMC/PMR/96650  
Name and Signature with Seal of  
Registered Medical Practitioner.



**Medicover Hospitals**  
 VENKOJIPALAM VISKHAPATNAM -530017  
 ANDHRA PRADESH -INDIA  
 PHONO NO : 0891-6829999



OPHTHALMOLOGIST CONSULTATION

NAME: A. Sankumar AGE: 28/male

DATE: 5/2/25

AR  $\left\{ \begin{array}{l} R -1.75 -1.00 \times 84^\circ \\ L -1.50 -0.75 \times 87^\circ \end{array} \right.$

SU  $\left\{ \begin{array}{l} R 6/12 -0.75 -0.50 \times 80^\circ 6/6 \\ L 6/12 -0.75 -0.50 \times 90^\circ 6/6 \end{array} \right.$

colour vision - normal (3E)

NV - NV (3E)

PE  $\left\{ \begin{array}{l} R -0.75 -0.50 \times 80^\circ \\ L -0.75 -0.50 \times 90^\circ \end{array} \right.$

low  $\left\{ \begin{array}{l} o.k.w \\ o.k.w \end{array} \right. / u$

Dr. Mouni

AN  
 gm

↓



**MEDICOVER**

**HOSPITALS**

Name : Mr. ALAMANDA SAIKUMAR  
Bill No. : MCB48250202462

Age / Sex : 28 YR / MALE  
UMR No. : 482502000660  
A UNIT OF SAHRUDAYA HEALTHCARE PVT.LTD.

**LABORATORY REPORT : BIOCHEMISTRY**

Parameters	Result	Reference Range	Units
<b>FBS (FASTING BLOOD GLUCOSE)</b>			
( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250207633)			
FASTING BLOOD GLUCOSE <i>Hexokinase</i>	80	Normal Range : 70 - 99 Impaired Glucose tolerance : 100 -125 Diabetes Mellitus : >=126	mg/dL

*Md. S. Iqbal*  
DR. MOHAMMAD SIMI IQBAL  
M.B.B.S, M.D CONSULTANT  
BIOCHEMIST

**Medicover Unit - I**

# 18-1-3, KGH Down, Maharanipeta,  
Jagadamba Junction, Visakapatnam,  
Andhrapradesh - 530 002.  
Ph : +91 96526 69351

**Medicover Unit - III**

Sry. No. 27, Plot No. 05, BRTS Road,  
Health City, Arilova, Chinagadili mandal,  
Visakhapatnam, Andhrapradesh-530 040.  
Ph: +91 08916677888

**Medicover - MVP**

# 1-1-83, Sector-6, Venkojipalem,  
MVP Colony, Visakapatnam,  
Andhrapradesh-530017.  
Ph : +91 8886655677



**MEDICOVER**

**HOSPITALS**

Name : Mr. ALAMANDA SAIKUMAR  
Bill No. : MCB48250202462

Age / Sex : 28 Y (S) / MALE  
UMR No. : 482502000660  
A UNIT OF SAHRUDAYA HEALTHCARE PVT LTD

**LABORATORY REPORT : BIOCHEMISTRY**

Parameters	Result	Reference Range	Units
<b>PLBS (POST LUNCH BLOOD GLUCOSE )</b>			
( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250208022 )			
POST LUNCH BLOOD GLUCOSE <i>Hexokinase</i>	96	Normal Range : <140 Impaired Glucose Tolerance : 140 -199 Diabetes Mellitus: >=200	mg/dL

*Md. S. Iqbal*  
DR. MOHAMMAD SIMI IQBAL  
M.B.B.S, M.D CONSULTANT  
BIOCHEMIST

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**MEDICOVER  
HOSPITALS**

Name	: Mr. ALAMANDA SAIKUMAR	Age /Sex	: 28Y Y(s) MALE
Bill No.	: MCB48250202462	UMR No.	: 482502000660

**LABORATORY REPORT : BLOOD BANK**

Parameters	Result	Reference Range	Units
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**BLOOD GROUPING AND RH**

( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250207637 )

BLOOD GROUP	"B"
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*Automated microcolumn gel method*

RH TYPE	POSITIVE
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**INTERPRETATION**

1. If Rh is Du positive it is best considered as Rh negative as recipient and Rh positive as donor. Proper Cross matching is recommended before transfusion.
2. In case of forward and reverse grouping discrepancy, clinical correlation and repeat sample analysis is recommended.
3. For Infants below 6 months only forward grouping is performed.
4. A sub-grouping is recommended after the age of 6 months.

*Handwritten signature*  
Dr. K.S. Sarat Srinivas, MBBS, MD.  
CONSULTANT PATHOLOGIST





**MEDICOVER**  
HOSPITALS

Name : Mr. ALAMANDA SAIKUMAR  
Bill No. : MCB48250202462

Age /Sex : 28Y Y(s)/MALE  
UMR No. : 482502000687  
MAYA HEALTHCARE PVT LTD

**LABORATORY REPORT : BIOCHEMISTRY**

Parameters	Result	Reference Range	Units
<b>BUN(BLOOD UREA NITROGEN)</b>			
( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250207631)			
BLOOD UREA <i>Ureaase kinetic</i>	16.0 *	16.6 - 48.5	mg/dL
<b>SGPT</b>			
( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250207632)			
SGPT (ALT) <i>UV without PSP</i>	14.7	<= 41	U/L
<b>SERUM CREATININE</b>			
( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250207634)			
CREATININE <i>Jaffe</i>	0.81	0.7 - 1.2	mg/dL
<b>SERUM BILIRUBIN TOTAL</b>			
( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250207635)			
TOTAL BILIRUBIN <i>DIAZO</i>	1.0		mg/dL
DIRECT BILIRUBIN <i>DIAZO</i>	0.3	0.2	mg/dL
INDIRECT BILIRUBIN <i>Calculated</i>	0.7		mg/dl

*M.S. Iqbal*  
DR. MOHAMMAD SIMI IQBAL  
M.B.B.S, M.D CONSULTANT  
BIOCHEMIST

**MEDICOVER****HOSPITALS**

A UNIT OF SAHAYADAYA HEALTHCARE PVT LTD

Name : Mr. ALAMANDA SAIKUMAR  
Bill No. : MCB48250202462Age / Sex : 28Y (15) MALE  
UMR No. : 482502000660**LABORATORY REPORT : CLINICAL PATHOLOGY**

Parameters	Result	Reference Range	Units
<b>CUE (COMPLETE URINE EXAMINATION)</b>			
( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250207636)			
SPECIFIC GRAVITY	1.010	1.000 - 1.030	
PH	6.5	5.0 - 8.0	
PROTEIN	NIL	NIL (<15 mg/dL)	
GLUCOSE	NIL	NIL (<25 mg/dL)	
UROBILINOGEN	NIL	NIL	
KETONE	NIL	NIL (<5 mg/dL)	
BLOOD	NIL		
BILIRUBIN	NIL	NIL (<0.5 mg/dL)	
NITRITE	NIL	NEGATIVE	
LEUCOCYTES	NIL		
<b>MICROSCOPIC EXAMINATION</b>			
PUS CELLS	2-3	0 - 5 /hpf	
EPITHELIAL CELLS	1-2	0 - 5 /hpf	
RBC	NIL	0 - 5 /hpf	
CASTS	NIL	NIL	
CRYSTALS	NIL	NIL	

Dr. K.S. Sarat Srinivas, MBBS, MD.  
CONSULTANT PATHOLOGIST





**MEDICOVER**  
HOSPITALS

Name : Mr. ALAMANDA SAIKUMAR

Age /Sex : 28Y Y(s)/MALE

Bill No. : MCB48250202462

UMR No. : 482502000000  
MAYAYA HEALTHCARE PVT LTD

**LABORATORY REPORT : HAEMATOLOGY**

Parameters	Result	Reference Range	Units
<b>ESR</b> ( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250207638) ESR MODIFIED WESTERGREN'S METHOD	15 *	0 - 10	mm/1st hour

**CBP(COMPLETE BLOOD PICTURE)**

( Bill Date : 05-Feb-2025 08:53 AM Result ID : RU4250207639)			
HEMOGLOBIN Photometric	17.1 *	13.0 - 17.0 gms/dL	gms/dL
R B C COUNT Electrical Impedance	5.63 *	4.5 - 5.5 10 <sup>12</sup> /L	10 <sup>12</sup> /L
PCV/HCT Calculated	49.3	40 - 50	%
MCV Calculated	87.7	83 - 101	fL
MCH Calculated	30.3	27 - 32	pg
MCHC Calculated	34.6	31 - 37	g/dL
RDW(cv)	14.0	11.6 - 14.0 %	%
TLC (TOTAL LEUCOCYTE COUNT) Impedance	6.34	4.0 - 11.0	10 <sup>3</sup> /μl
NEUTROPHILS DHSS/Microscopy	62	40 - 80 %	
LYMPHOCYTES DHSS/Microscopy	24	20 - 40 %	
MONOCYTES DHSS/Microscopy	04	02 - 10 %	
EOSINOPHILS DHSS/Microscopy	10 *	00 - 06 %	
BASOPHILS DHSS/Microscopy	00	00 - 01 %	



**MEDICOVER**  
HOSPITALS

Name : Mr. ALAMANDA SAIKUMAR  
Bill No. : MCB48250202462

Age /Sex : 28Y Y(s) MALE  
UMR No. : 482502000660  
A C O S P R I V A H E A L T H C A R E P V T L T D

PLATELET COUNT  
*Electrical Impedance*

198

150 - 400  $10^3/\mu\text{L}$

$10^3/\mu\text{L}$

*Handwritten signature*

Dr. K.S. Sarat Srinivas, MBBS, MD.  
CONSULTANT PATHOLOGIST



**MEDICOVER**  
HOSPITALS

Patient ID:	482502000660	Patient Name:	Mr. ALANANDA SINGH RAO
Age:	28 Years	Sex:	M
Accession Number:	VU4250000010347	Modality:	DX
Referring Physician:	Dr. ER PHYSICIAN	Study:	CHEST
Study Date:	05-Feb-2025		

**X-RAY CHEST - PA VIEW**

**Findings :**

- Trachea central and appears normal.
- Aortocardiatic silhouette appears normal.
- Both hila appear normal.
- Visualised both lung fields clear.
- Both costophrenic angles clear.
- Visualised bony thorax and soft tissues appear normal.

**IMPRESSION:**

- \* No significant abnormality detected.

  
Dr. VULAPU CHENNAKRISHNA RAO.,  
MBBS, DNB  
CONSULTANT RADIOLOGIST

Date: 05-Feb-2025 12:13:07

A SAIKUMAR

Male

05/02/2025 08:39:24

MEDCOVER HOSPITALS MVP VZAG

WELLNESS

Rate 55 . SINUS RHYTHM.....normal P axis, V-rate 50- 99  
 . SHORT PR INTERVAL, ACCELERATED AV CONDUCTION.....PR <110ms  
 . PROBABLE LEFT VENTRICULAR HYPERTROPHY.....R56L/RISIII/S12R56/S3RL & LAA/LAD  
 . ST ELEV, PROBABLE NORMAL EARLY REPOL PATTERN.....ST elevation, age<55

QT 420  
 QTc 402

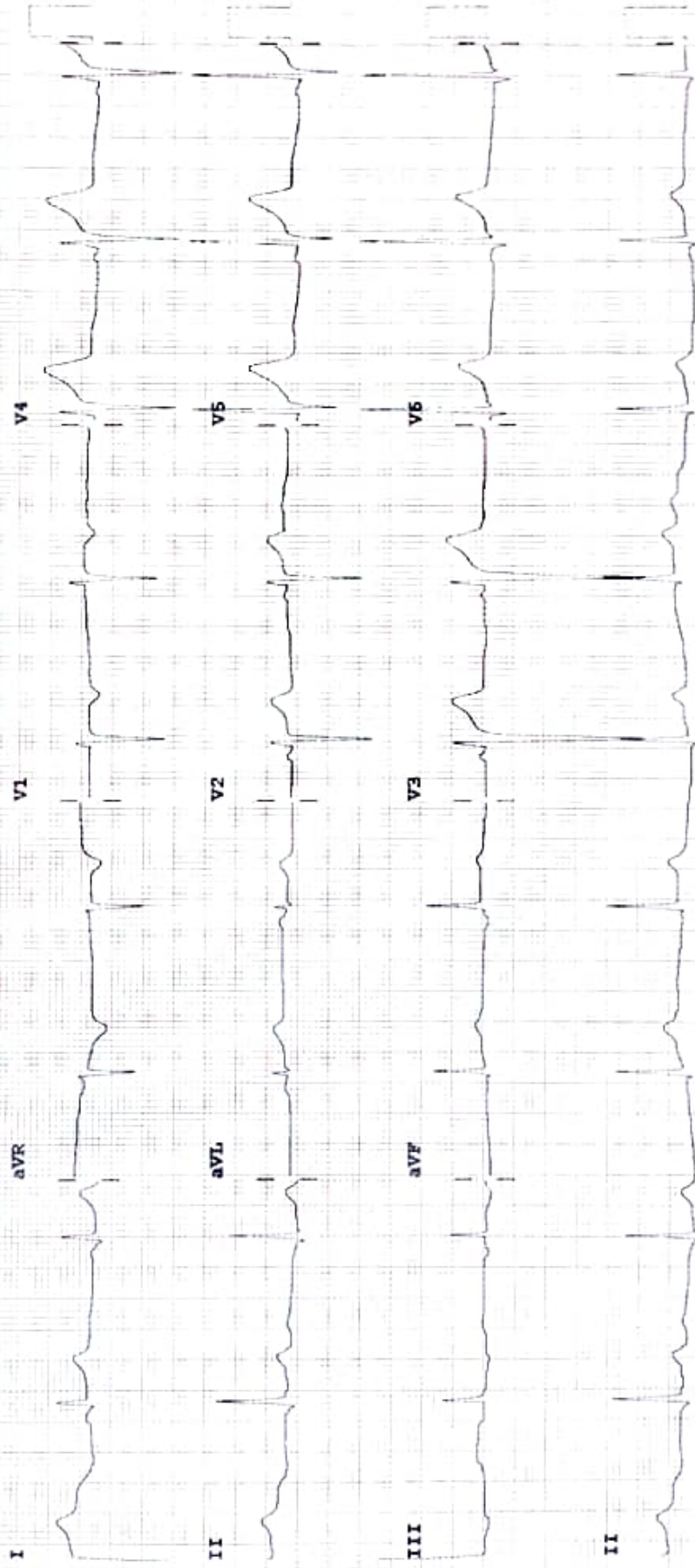
--AXIS--

P -11  
 QRS 54  
 T 19

12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50~ 40 Hz W

PH090A CL