

Name : Mrs. KAKALI MONDAL (53 /F)

Date : 15/02/2025

Address : BHOLANATH SARKAR STREET,SARKAR  
BAGAN,ICHAPUR,NAWABGANJ,PO-ICHAPUR NOAPARA,PS-NOAPARA, NORTH  
24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0000769455

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH236230



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma  
Diabetes mellitus - type 2; Medication - regular  
Dyslipidaemia Medication - regular



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

Sneezing - on and off; Exacerbated by - allergens;  
Blocked nose - yes; Runny nose - yes; Cough - intermittent

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

No of Children - 2; Last child birth - 24 yrs;  
Deliveries - LSCS; Menopause - yes

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant

### Weight

- stable



### Past medical history

Covid 19 - Yes

Hospitalization for - No

Covid 19



### Surgical history

Caesarian section - yes

Cholecystectomy - yes

Tonsillectomy - yes



### Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



### Family history

Father - alive

Mother - alive

Diabetes - father,mother

Hypertension - father

Coronary artery disease - none

Cancer - None

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## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 150  
Weight - 56.90  
BMI - 25.29  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 75  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:  
(RE):FULL (LE):FULL  
ANTERIOR SEGMENTS:  
(RE):WNL (LE):WNL  
VISUAL ACUITY  
DISTANCE:WITH GLASS  
(RE):6/6 (LE):6/6 VISUAL  
ACUITY NEAR:WITH  
GLASS (RE):N6 (LE):N6  
ADVICE:\*To continue  
present glass\*Detail  
funduscopy\*Review after  
1yr/SOS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.0	g/dl	●	12.0-15.0
RBC COUNT	4.63	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	38.0	%	●	36-46
MCV	82.1 *	fl	●	83-101
MCH	26.0 *	pg	●	27-32
MCHC	31.7	%	●	31.5-34.5
RDW	15.3 *	%	●	11.8-14.0
WBC Count	9800	/cu mm	●	4000-10000
Platelet Count	1.57	lacs/cu mm	●	1.5-4.0
Neutrophils	74	%	●	40-80
Lymphocytes	20	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	24 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	5.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	0-2	/hpf		
Pus Cells	0-2	/hpf		
Epithelial Cells	1-2 /h.p.f	/hpf		

Casts: Not Found  
Crystals: Not Found

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	30	U/L	●	0-35
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	158 *	U/L	●	33-98

AST (SGOT) - SERUM	28	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.3-1.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	114	mg/dL	●	0-200
Non-HDL Cholesterol	59			

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	102 *	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	104 *	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	171 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.8 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	55	mg/dL	●	30-70
TC/HDL-C ratio serum	2		●	Optimal<3.5
LDL CHOLESTEROL -SERUM	54	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	5	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.6		●	1.0-2.0

GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6
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**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Electrochemiliminescence (ECLIA))	1.2	ng/ml	●	0.8-2

TOTAL T4: THYROXINE - SERUM (Electrochemiliminescence (ECLIA))	8.0	ug/dL	●	5.1-14.1
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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	80	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Electrochemiliminescence (ECLIA))	1.73	μIU/mL	●	0.27-4.2

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.6	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3 *	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.87	mg/dL	●	7.0-18.0
UREA - SERUM	19	mg/dL	●	13-43
UREA - SERUM	19	mg/dL	●	13-43

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## BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	14.8			
UREA - SERUM	19	mg/dL	●	13-43
UREA - SERUM	19	mg/dL	●	13-43
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

## PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2501226

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with metaplastic squamous cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, with no organism

OTHERS:

Dense mixed inflammation.

IMPRESSION:

\* Both breasts are heterogeneously dense which may obscure small masses. BIRADS - 0. Suggested USG correlation.

BIRADS Category: (0- Requires additional evaluation, 1 - Negative, 2 - Benign findings, 3 - Intermediate, 4 - Suspicious malignancy, 5 - Highly suggestive of malignancy, 6 -Histologically proven malignancy).

Please Note :

False negative mammogram is 10-15%. Dense breast parenchyma may obscure an underlying neoplasm.

## ECG

SINUS RHYTHM.

LOW VOLTAGE QRS.

## ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. ANWESHA DUTTA

DNB RESIDENT

In consultation with

DR. CHANDRIMA MANDAL

ASSOCIATE CONSULTANT

MD (RADIODIAGNOSIS)

Reg. No. 74268 (WBMC)

## X-RAY CHEST PA



Within Normal Range



Borderline High/Low



Out of Range

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\* Chest skiagram does not reveal any significant abnormality.

DR. ARKADEEP DEY  
DNB RESIDENT  
In consultation with

DR. CHANDRIMA MANDAL  
ASSOCIATE CONSULTANT  
MD (RADIOLOGICALS)  
Reg. No. 74268 (WBMC)

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Biochemistry**

A/G - RATIO

**CARDIOLOGY**

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Low Risk

**YOUR SCORE**

5

**ACCEPTABLE SCORE**

6

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**