

MALIK RADIX HEALTH CARE PVT. LTD.
C-217, C-218, Nirman Vihar,
Delhi-110092
Ph.: 011-49287456, 011-61381379
Regd. No. 607

MALIK RADIX HEALTHCARE PVT LTD
 UNI-EMC-217/218 NIRMAN VIHAR VIKAS MARG
 DELHI 110092

ARPIT SINGH

ID : 4428

AGE/SEX : 34 Yr/M

HT/WT : /

DATE : 08-03-2025 12:31:27 PM

REFBY : Dr.

MACHINE INTERPRETATION : Normal ECG.

RATE : 93 bpm

BP : N/A

P Axis : 76 deg.

QRS Axis : 86 deg.

T Axis : 76 deg.

P Duration : 99 ms

PR Duration : 145 ms

QRS Duration : 79 ms

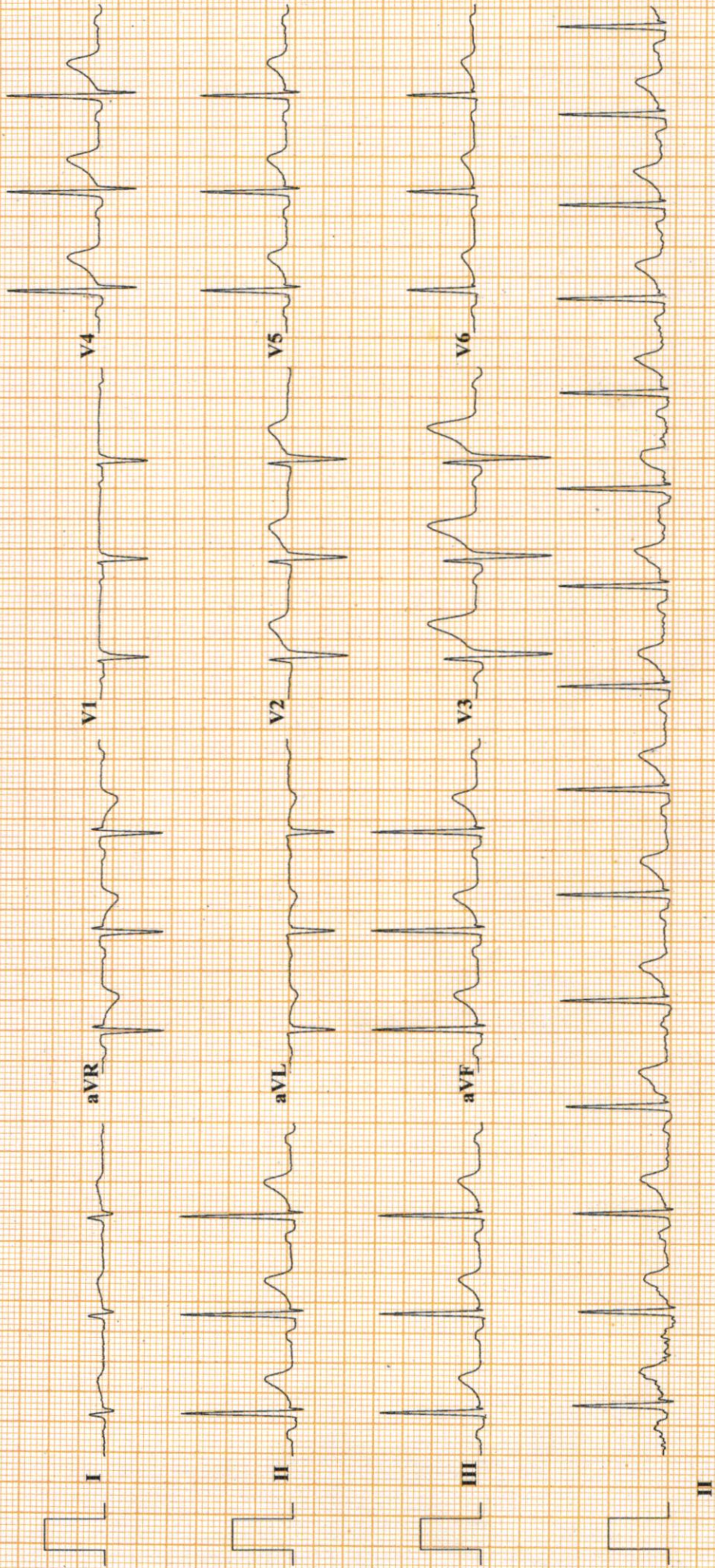
QT Interval : 327 ms

QTc Interval : 378 ms

Linked Median

Speed : 25 mm/s

Sensitivity : 10 mm/mV



Imp :- Normal ECG.

Dr. SHEKHAR NAZIR AHMED
 M.D. PHYSICIAN
 PGDCC

RADIX MALIK HOSPITAL

RADIX MALIK HOSPITAL
NIRMAN VIHAR DELHI 110092

TREADMILL TEST REPORT

ARPIT SINGH
 ID : 3910
 DATE : 08-03-2025
 AGE/SEX : 34 /M
 HT/WT : 0 / 0
 REF. BY :

PROTOCOL : Bruce
 HISTORY :
 INDICATION :
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr.	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					90	120 / 80	108	2	0.4		1.2
STANDING					89	120 / 80	106	2	0.5		1.4
HYPERTENT		0:8			92	120 / 80	110	1.9	0.6		1.3
Stage 1	2:55		2.7	10	100	124 / 84	124	1.8	0.8		1.1
Stage 2	5:55		4	12	118	128 / 86	151	1.6	0.7		1.5
Stage 3	8:55		5.4	14	131	134 / 88	175	1.2	0.5		1.2
Stage 4	11:55		6.7	16	156	140 / 90	218	1.2	0.8		0.6
PK-EXERCISE	12:13	0:13	8	18	165	144 / 94	237	0.7	0.7		0.7
RECOVERY	15:20	2:55			113	142 / 92	160	1.3	1		1
RECOVERY	18:20	5:55			90	140 / 90	126	1.2	0.8		0.8

RESULTS

EXERCISE DURATION : 12:13
 MAX HEART RATE : 165 bpm
 MAX BLOOD PRESSURE : 144 / 94 mm Hg
 REASON OF TERMINATION : **TIR Achieved**
 BP RESPONSE : **None**
 ARRHYTHMIA : **None**
 H.R. RESPONSE : **None**
 IMPRESSIONS : **TMT is Negative for Provocable myocardial Ischemia.**

MAX WORK LOAD : 14.43 METS

Technician :

Dr. SHEKH MUZIR AHMED
 M.D. Physician
 (PDDCC)

RADIX MALIK HOSPITAL

ARPIT SINGH

I.D. 3910

Age 34/M

Date 08-03-2025

RATE 90bpm

B.P. 120/80

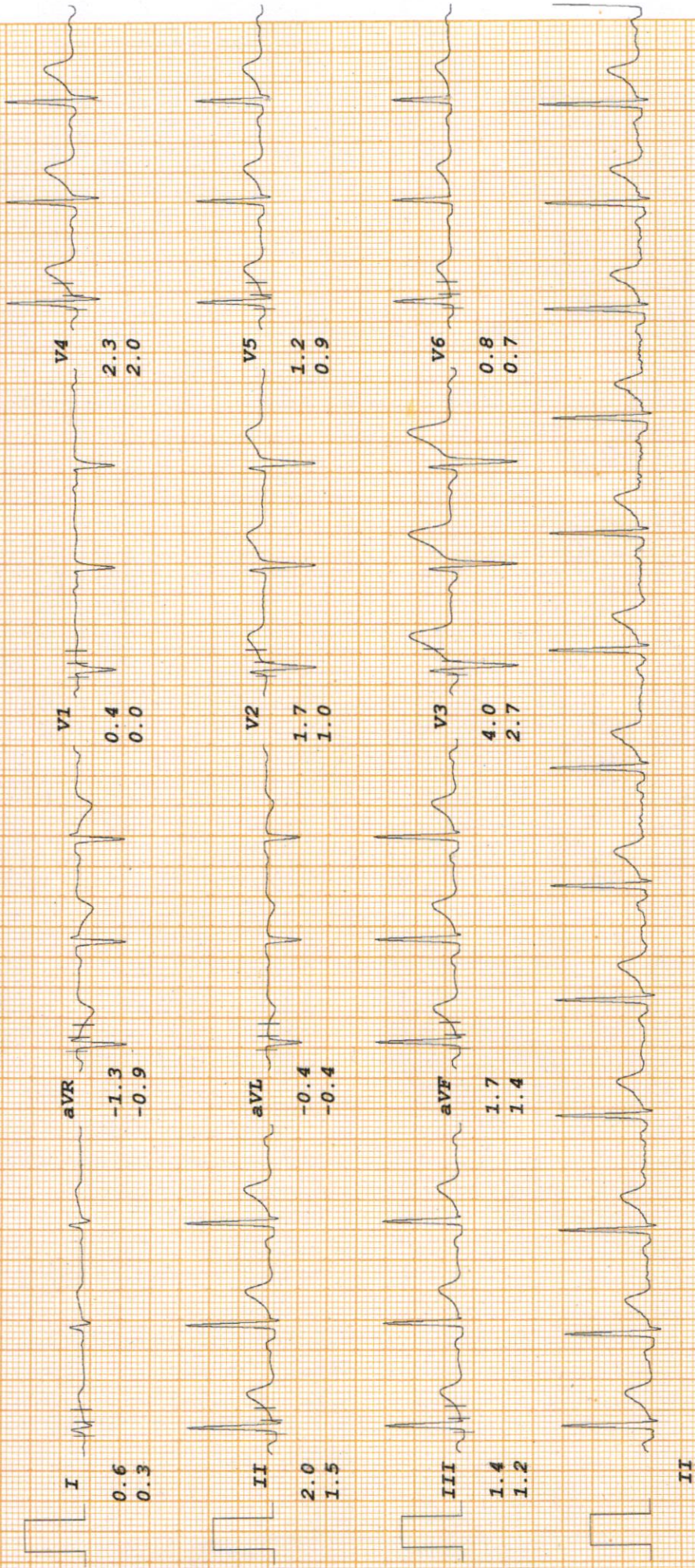
PRETEST

SUPINE

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN



RADIX MALIK HOSPITAL

ARPIT SINGH

I.D. 3910

Age 34/M

Date 08-03-2025

RATE 89bpm

B.P. 120/80

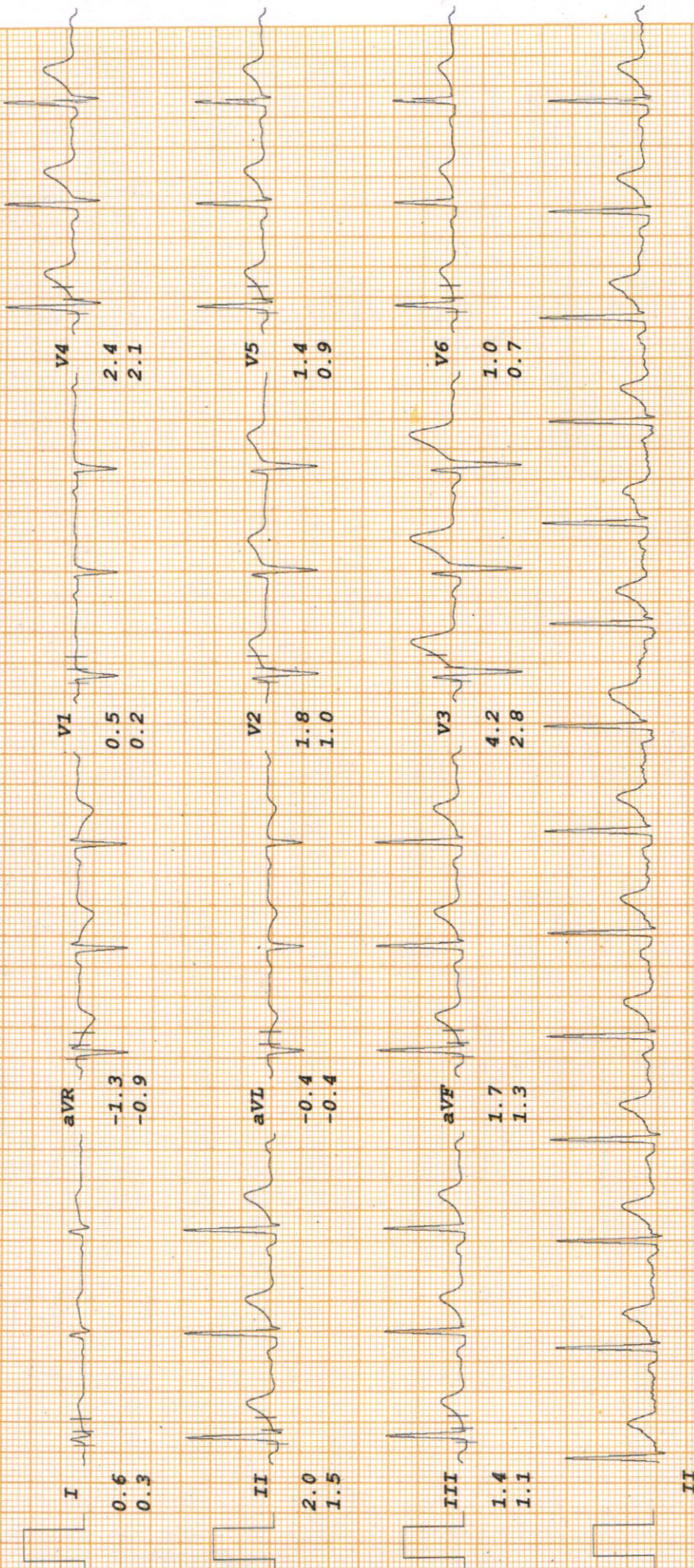
PRETEST

STANDING

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN



RADIX MALIK HOSPITAL

ARPIT SINGH

I.D. 3910
Age 34/M
Date 08-03-2025

RATE 92bpm
B.P. 120/80

PRETEST

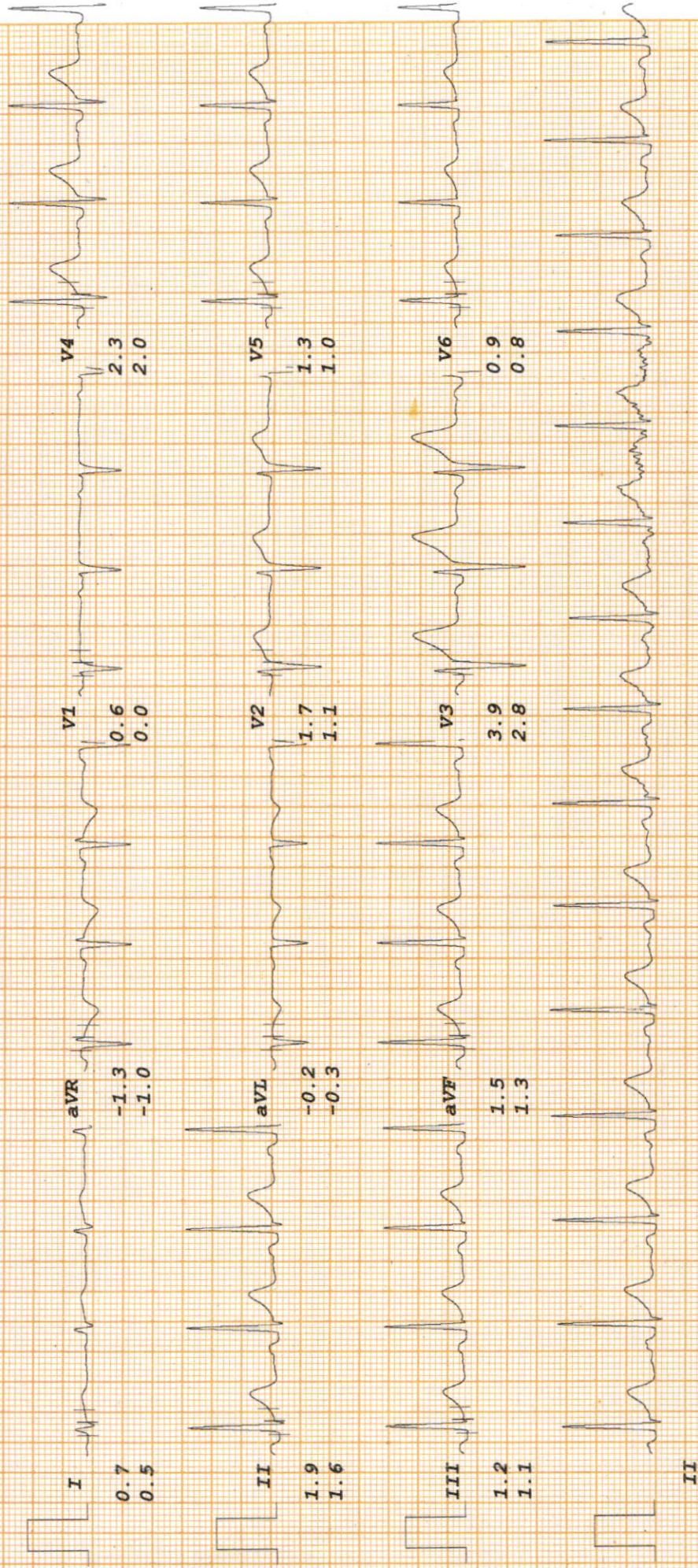
HYPERVENT

PHASE TIME 0:08

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN



RADIX MALIK HOSPITAL

ARPIT SINGH

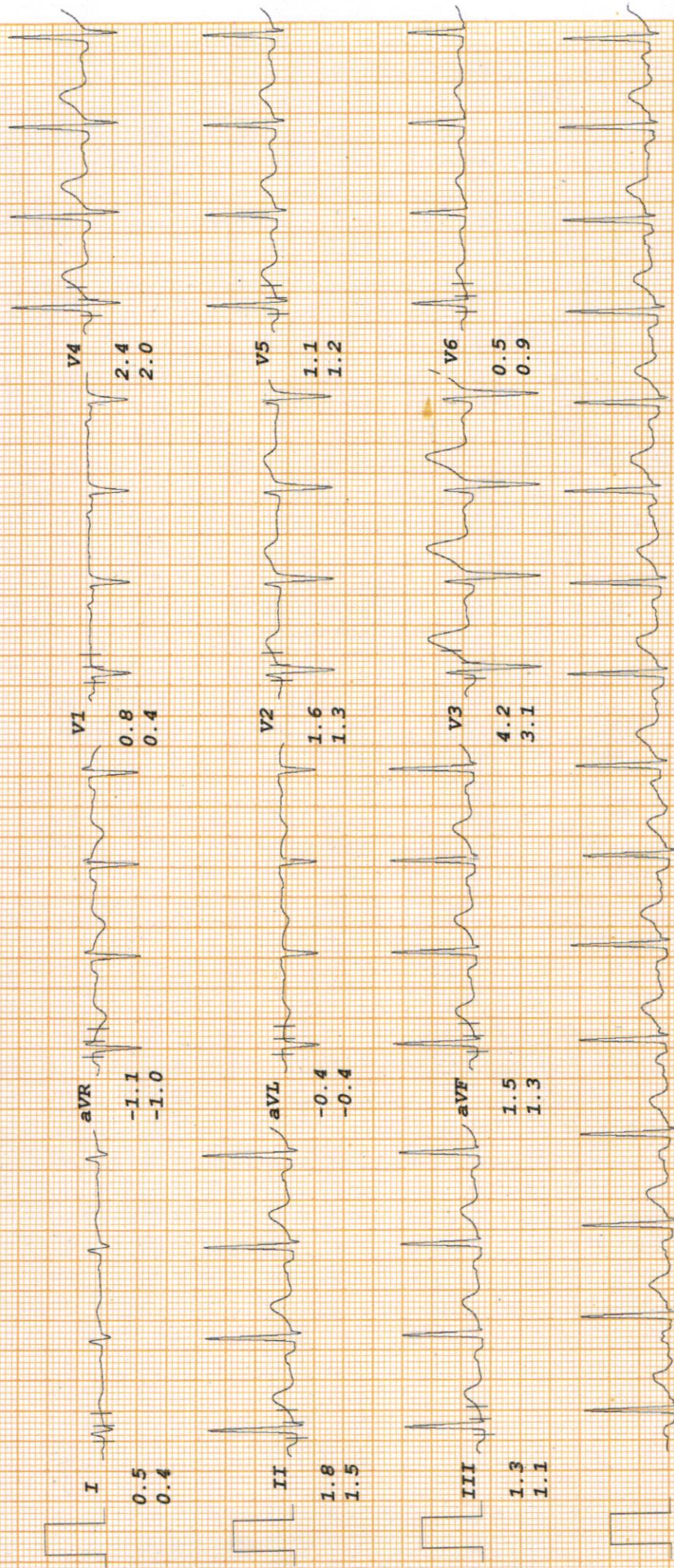
I.D. 3910
Age 34/M
Date 08-03-2025

RATE 100bpm
B.P. 124/84

Bruce
Stage 1
TOTAL TIME 2:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ
Speed 2.7 km/hr
SLOPE 10 %

LINKED MEDIAN



RADIX MALIK HOSPITAL

ARPIT SINGH

I.D. 3910
Age 34/M
Date 08-03-2025

RATE 118bpm
B.P. 128/86

Bruce

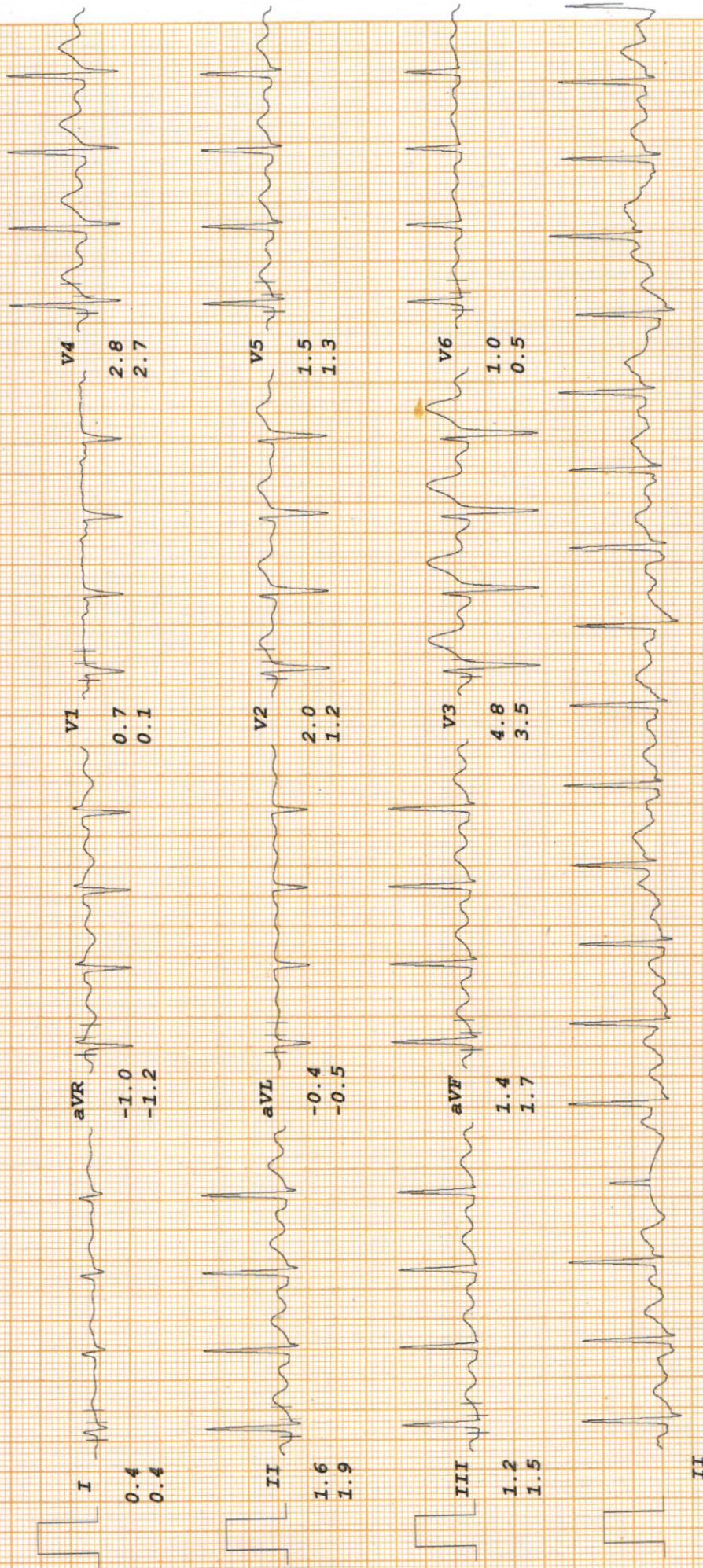
Stage 2
TOTAL TIME 5:55
PHASE TIME 2:55

ST @ 10mm/mV

80ms PostJ

Speed 4 km/hr
SLOPE 12 %

LINKED MEDIAN



RADIX MALIK HOSPITAL

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Bruce

Stage 3

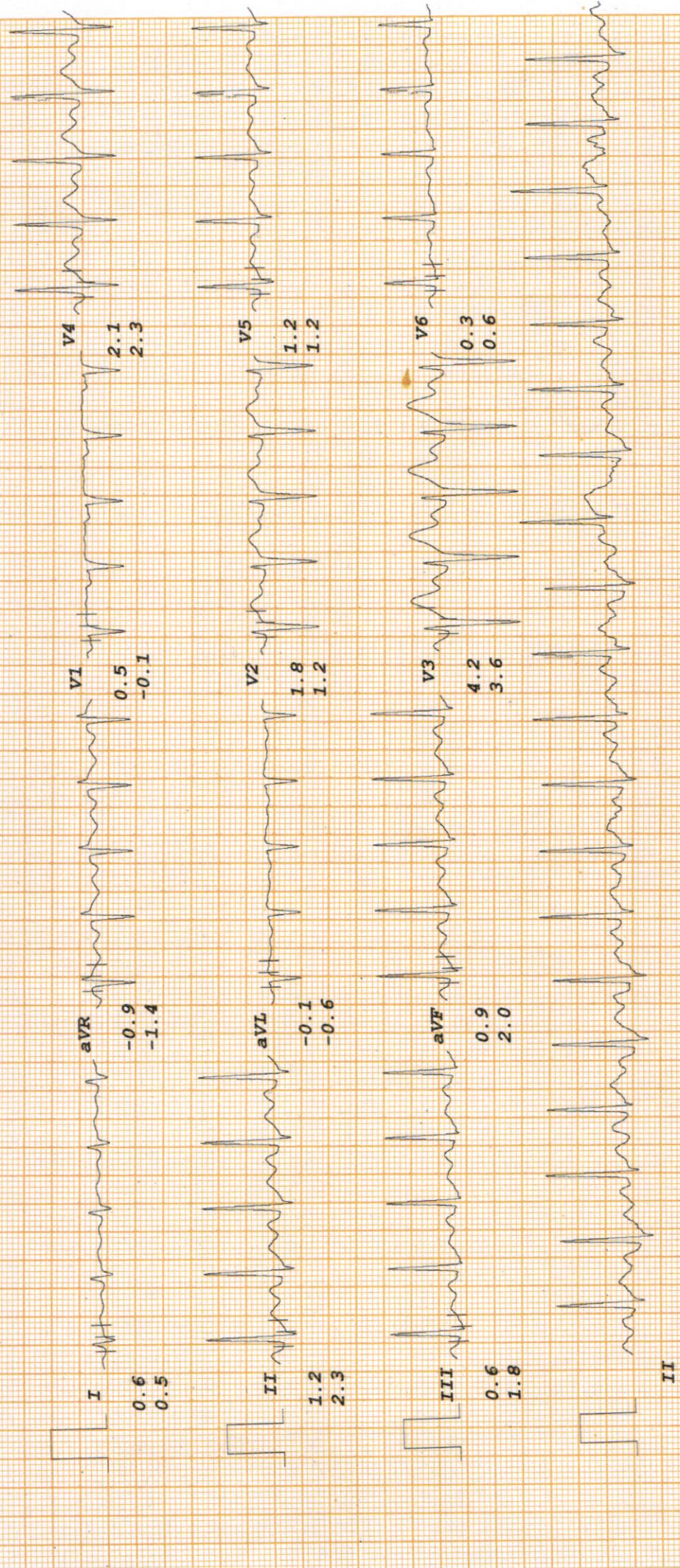
RATE 131bpm
B.P. 134/88

TOTAL TIME 8:55
PHASE TIME 2:55

ARPIT SINGH

I.D. 3910
Age 34/M
Date 08-03-2025

Speed 5.4 km/hr
SLOPE 14 %



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ARPIT SINGH

I.D. 3910
Age 34/M
Date 08-03-2025

RATE 156bpm
B.P. 140/90

Bruce

Stage 4

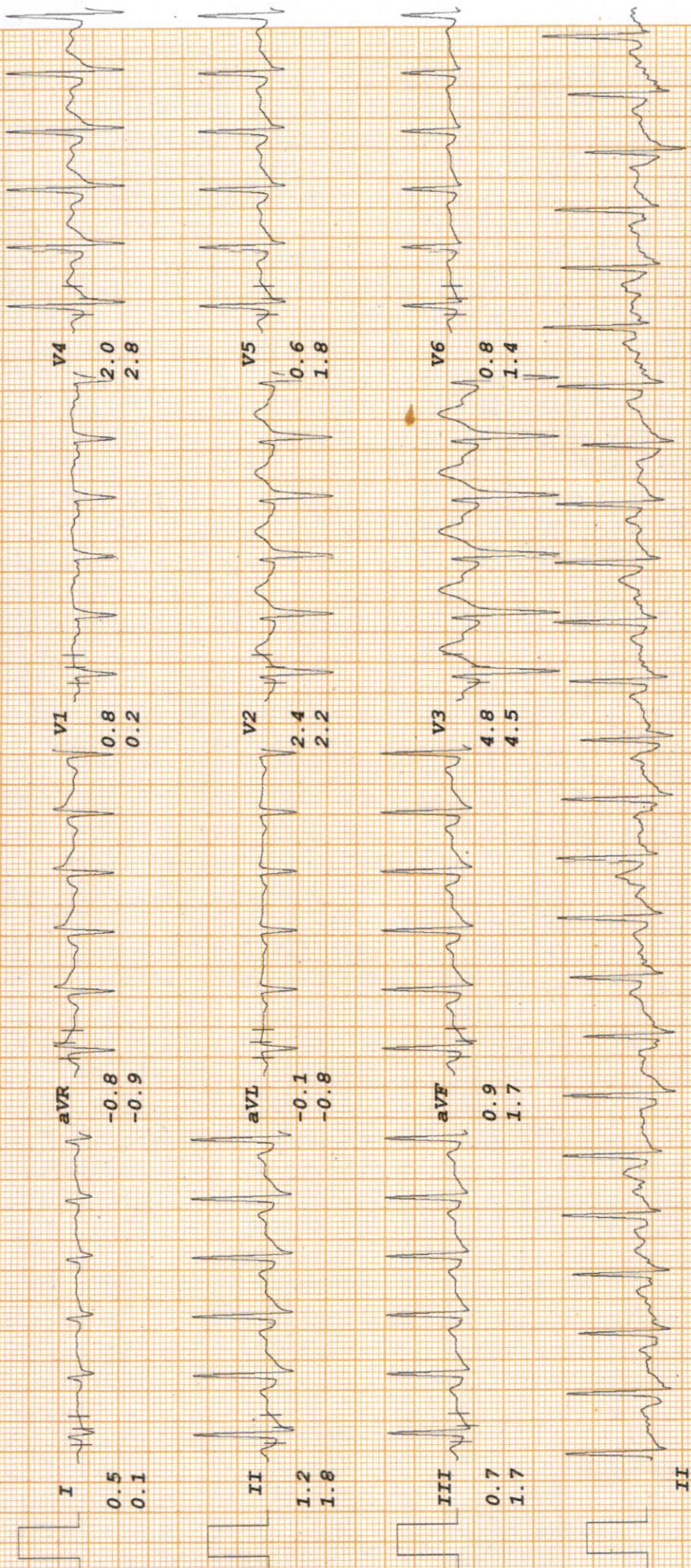
TOTAL TIME 11:55
PHASE TIME 2:55

ST @ 10mm/mV

80ms PostJ

Speed 6.7 km/hr
SLOPE 16 %

LINKED MEDIAN



RADIX MALIK HOSPITAL

ARPIT SINGH

I.D. 3910
Age 34/M
Date 08-03-2025

Bruce

PK-EXERCISE

TOTAL TIME 12:13
PHASE TIME 0:13

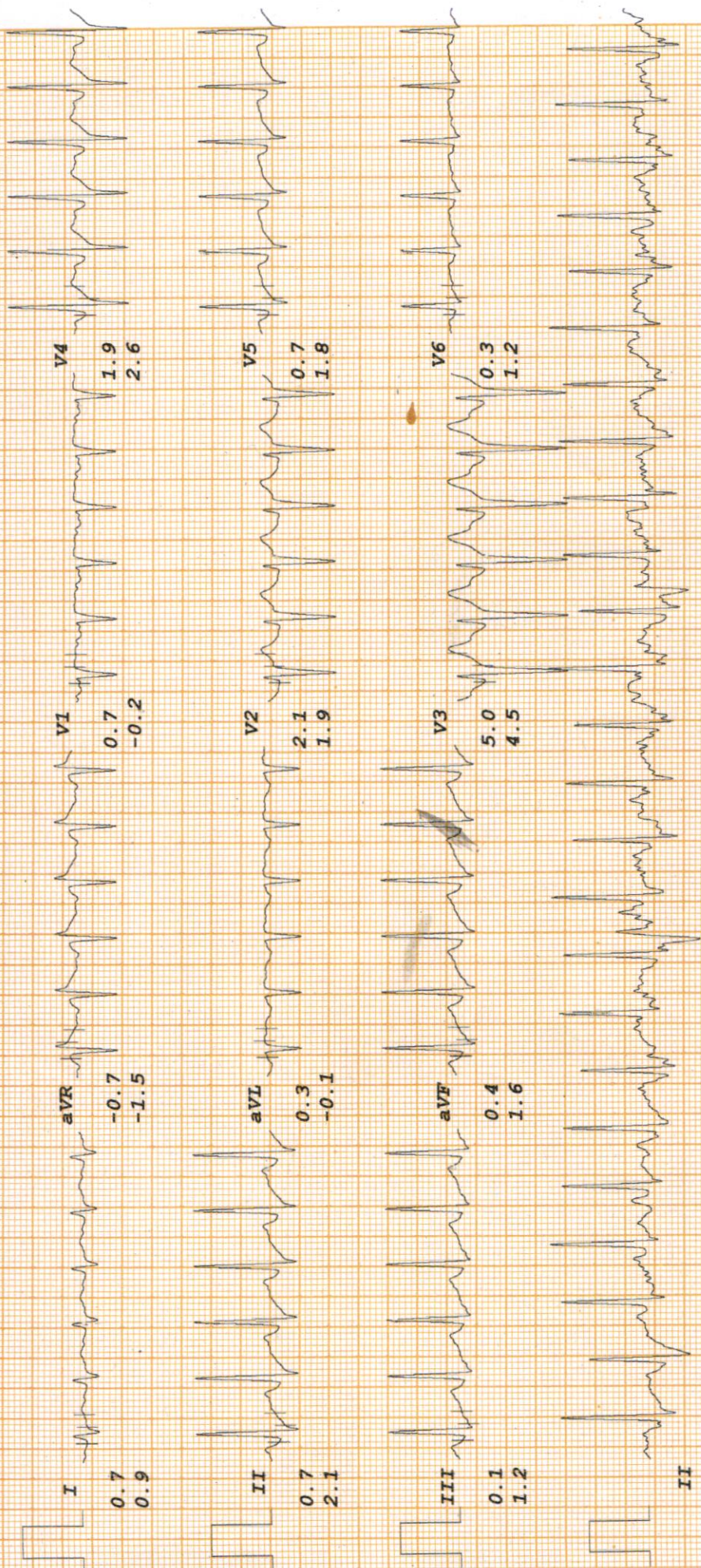
ST @ 10mm/mV

80ms PostJ

Speed 8 km/hr
SLOPE 18 %

LINKED MEDIAN

RATE 165bpm
B.P. 144/94



RADIX MALIK HOSPITAL

ARPIT SINGH
I.D. 3910

Age 34/M
Date 08-03-2025

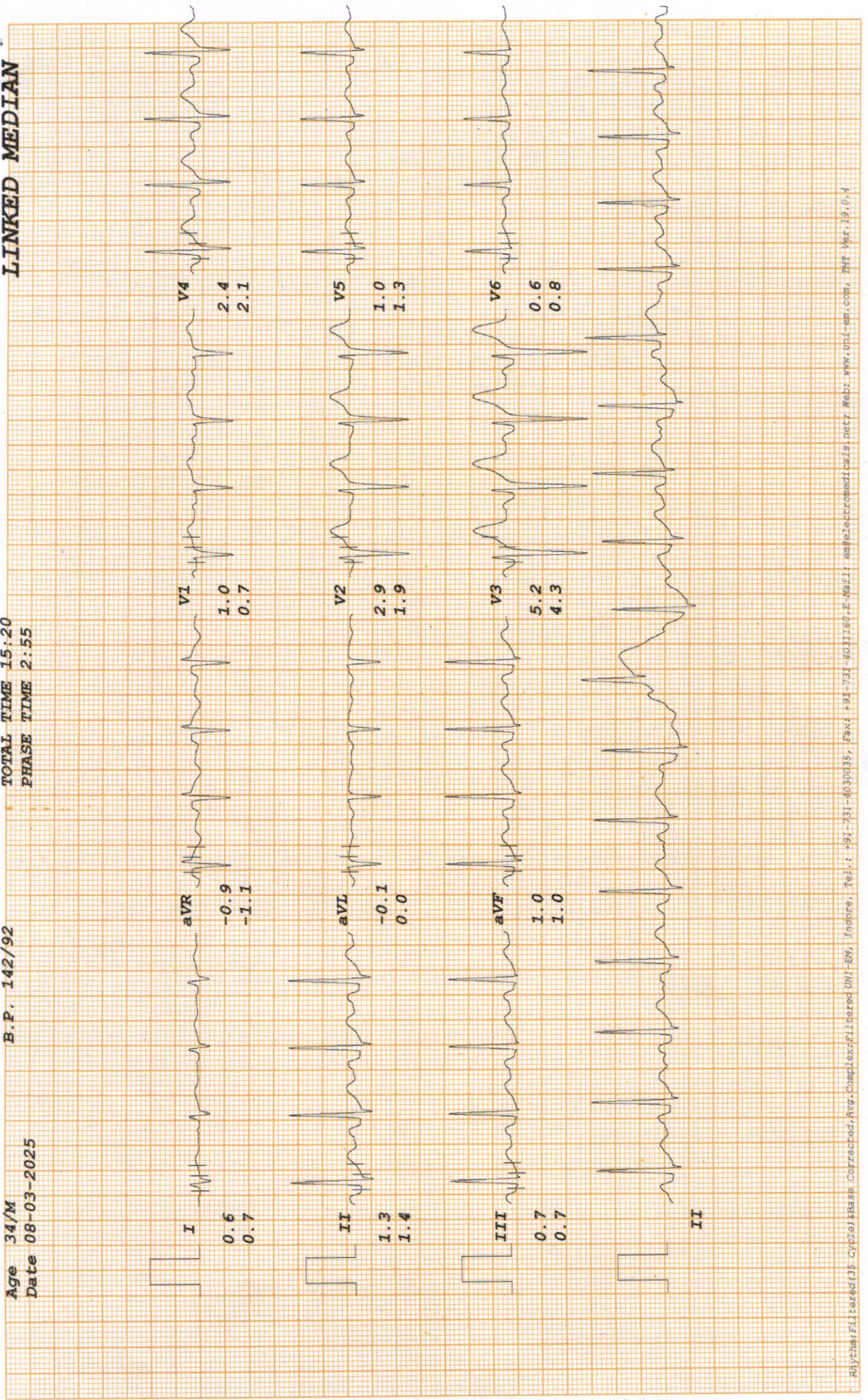
Rate 113bpm
B.P. 142/92

Bruce
RECOVERY

TOTAL TIME 15:20
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



RADIX MALIK HOSPITAL

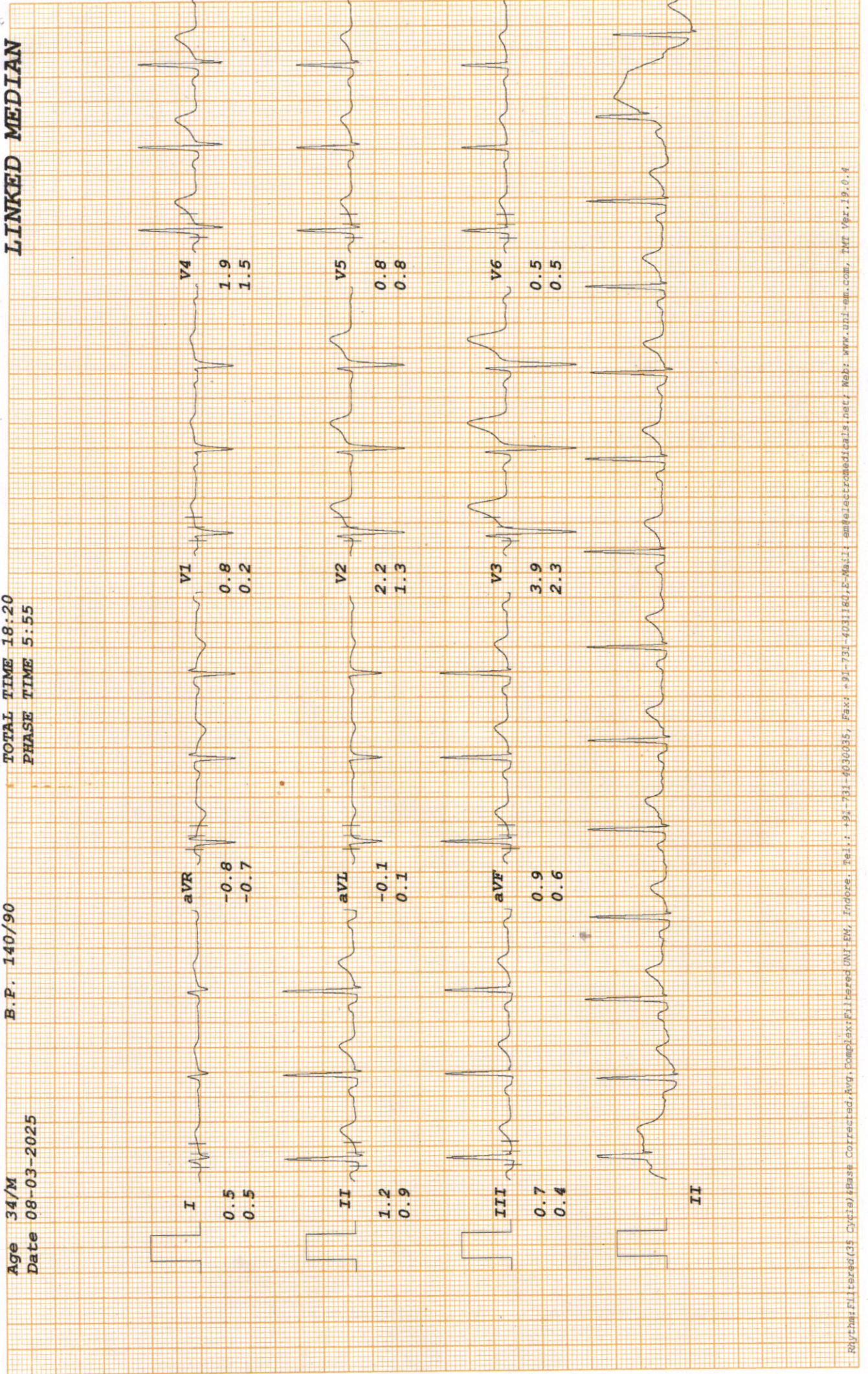
ARPIT SINGH
I.D. 3910

Rate 90bpm
B.P. 140/90

Bruce
RECOVERY
TOTAL TIME 18:20
PHASE TIME 5:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN





EYE EXAMINATION (AHC)

Name: <u>Mr. Arpit Singh</u>	Age & Gender: <u>31 / M</u>
Ref.by: <u>Mediwheel</u>	Date: <u>08/03/25</u>

Without Correction		With Correction	
Distance - Right <u>6/18</u> Left <u>6/18</u>		Distance - Right <u>6/6</u> Left <u>6/6</u>	<u>-1.5 DS</u> (R2)
Near - Right <u>N6</u> Left <u>N6</u>		Near - Right <u>N6</u> Left <u>N6</u>	

Color Vision: Normal Abnormal

Diagnosis: Myopia

Treatment Recommended: Refractive use of glasses

(Signature)
Dr. Nidhi Gupta
 MBBS, MS, DNB
 Casualty Ophthalmologist
 Malik Radix Healthcare Pvt. Ltd.
 DMC No. 121861

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
- Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery - ECHO - Plastic Surgery



CONSULTANTS ON PANEL

PAEDIATRICS

Dr Ravi Malik (MBBS, MD)
Dr Harit Prasad (MBBS, MD, Pfd)
Dr Ritu Jain (MBBS, MD)

GYNACEOLOGY

Dr Renu Malik (MBBS, MD)
Dr Meena Malhotra (MBBS, MD)
Dr Rajni (MBBS, MD)
Dr Manju Gupta (MBBS, MS)
Dr Vaishali Saini (MBBS, DGO)
Dr Rupam Arora (MBBS, MD)

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Dr Mohit Mangla (BDS, MDS)
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Dr Shilpa Verma (BDS)

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Dr K K Sinha (MBBS DNRB)
Dr T K Vohra (MBBS, MD)
Dr Rajesh Malhotra (MBBS, MD)
Dr Ashish Tomar (MBBS, MD)

PATHOLOGY

Dr Reema Dahiya (MBBS, MD PATH)
Dr Meenu Aggarwal (MBBS, MD PATH)

ANAESTHESIA

Dr Rajesh Dhall (MBBS, MD)
Dr Rakesh Atrey (MBBS, MD)
Dr R K Arora (MBBS, MD)
Dr Swaraj Garg (MBBS, MD)

DERMATOLOGY

Dr Niharika Jha (MBBS, MD)

PLASTIC & COSMETIC SURGERY

Dr Ayush Jain (MBBS, MS, MCh)

PAEDIATRIC SURGERY

Dr Dharmendra Singh (MBBS, MS, M.Ch)

PAEDIATRIC NEPHROLOGY

Dr A S Vasudev (MD, Dip.in. Paed.)

NEPHROLOGY

Dr Javed (MBBS, MD, Nephro)

CARDIOLOGY

Dr Nishant Tyagi (MBBS, MD)

NEUROLOGY

Dr Amit Batra (MBBS, MD)

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Dr Ashok Goyal (MBBS, MD)
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Dr Nikhil Sharma (MBBS, Mch)
Dr Ankur Singhal (MBBS, MD)

PSYCHIATRY

Dr Mohit Sharma (MBBS, MD)

PHYSIOTHERAPY

Dr Kirti Dwivedi

NUTRITIONIST

Dr Ravi Kumar

CLINICAL PSYCHOLOGIST

Dr Deepika Kohli

Dr Sakshi Rana

Dr. Sanika Singh

Dr. Shruti Malik

BDS, MDS (Endodontics)

+91-9899561092

Name : Aarjit Singh

Age/Sex : 34 yrs / M

Date : 8/3/24.

**Timings : 10:00 am. to 2:00 pm.
6:00 pm. to 8:30 pm.**

For Appointment

011-45152510

+91-9999254639

CLINICAL EXAMINATION:-

Regular checkup

1. TMJ:-

M/H → N.R.H.

2. DENTAL STATUS:

- a. Caries Teeth :
- b. Fracture Teeth :
- c. Root Stumps :
- d. Gingivitis :
- e. Periodontitis :
- f. Impacted Teeth :
- g. Malaligned Teeth :

012 → partially impacted

		8	
8			8

stain⁺⁺ & calculus⁺⁺

3. ORAL LESIONS:-

Adv → scaling & polishing.

4. DIAGNOSIS:-

→ interdental boushes.

5. TREATMENT PLANNING:

→ mouth wash - fluoritor x 3 months.

6. FOLLOW UP:-

→ PH - kit

Referral To Other Consultant: Yes/ No

If Yes, please mention the Name:

Doctor's Signature *[Signature]* 8/3/24.

Facilities Available :

- ★ MULTI-SPECIALITY HOSPITAL ★ MODULAR FULLY EQUIPPED OT ★ NURSERY ★ LAPROSCOPIC SURGERY
- ★ 24X7 EMERGENCY ★ OPG ★ DENTAL ★ 24X7 DIAGNOSTICS ★ LABOUR ROOM ★ ECHO ★ EEG ★ DIGITAL X-RAY ★ CT SCAN
- ★ ECG ★ ULTRASOUND ★ RICU/ICU ★ ALL SPECIALITY OPD ★ PLASTIC & COSMETIC SURGERY ★ DIALYSIS ★ PHARMACY



LAB REPORT

Reg. Date	08/03/2025	Patient Id	2503080003	DOB.	
Name	MR. ARPIT SINGH	Gender	M	Perm. ID	
Age	34 Yrs.	Panel	MEDIWHEEL	Reported	08/03/2025 18:18:56
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
MEDIWHEEL ANNUAL PLUS			

HAEMATOLOGY

COMPLETE HAEMOGRAM

HAEMOGLOBIN (HB%)	14.9	gm/dl	13 - 18
TOTAL LEUCOCYTE COUNT (TLC)	4,810	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	50.3	%	40 - 80
LYMPHOCYTE	40.5	%	28 - 55
MONOCYTE	4.0	%	02 - 10
EOSINOPHIL	4.4	%	01 - 06
BASOPHIL	0.8	%	0 - 0
ESR (WESTEGREN'S METHOD)	14	mm/1st hr.	0 - 10
R B C COUNT	4.82	Millions/cmm	4.5 - 5.5
P.C.V / HAEMATOCRIT	46.6	%	40 - 54
M C V	96.7	fl.	80 - 100
M C H	30.9	Picogram	27.0 - 31.0
M C H C	32.0	gm/dl	33 - 37
PLATELET COUNT	1.76	Lakh/cu mm	1.50 - 4.50
BLOOD GROUP ABO	" A "		
RH TYPING	Positive		
BLOOD SUGAR FASTING	100.85	mg/dl	70 - 100
BLOOD SUGAR PP	102.1	mg/dl	90 - 140
HB A1C	5.74	%	04 - 5.7

Interpretation

Checked by : _____
Page 1 Contd...2

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
- Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery - ECHO - Plastic Surgery



LAB REPORT

Reg. Date	08/03/2025	Patient Id	2503080003	DOB.	
Name	MR. ARPIT SINGH	Gender	M	Perm. ID	
Age	34 Yrs.	Panel	MEDIWHEEL	Reported	08/03/2025 18:18:56
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
NON- DIABETIC	:<5.7 %		
PRE DIABETES	: 5.7- 6.4%		
DIABETES	: >6.5%		
GOOD CONTROL DIABETES	: <7 %		

The Glycosylated haemoglobin assay has been validated as a reliable indicator Of mean blood glucose levels for a period of 8-12 week period. ADA recommended the testing twice a year in patients with stable blood glucose and quarterly. If treatment change, or if blood glucose levels are unstable.

TO BE CORRELATED CLINICALLY.

THYROID PROFILE

Free T3 ELFA	1.17	ng/ml	02 - 04
Free T4 ELFA	1.67	ug/dl	0.8 - 2.7
TSH Serum/ELFA	4.770	uIU/ml	0.25 - 5.50 uIU/ml

Interpretation

Clinical Use

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive Therapy
- Quantify TSH levels in the subnormal range

Increased Levels : Primary Hypothyroidism Subclinical Hypothyroidism, TSH dependent, Thyroid Hormone Resistance.

Checked by : _____
Page 2 Contd...3

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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ECHO - Plastic Surgery



LAB REPORT

Reg. Date	08/03/2025	Patient Id	2503080003	DOB.	
Name	MR. ARPIT SINGH	Gender	M	Perm. ID	
Age	34 Yrs.	Panel	MEDIWHEEL	Reported	08/03/2025 18:18:56
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
Decreased Levels : Grave's Disease, Autonomous Thyroid Hormone Secretion, TSH Deficiency			

LIPID PROFILE

TOTAL CHOLESTEROL	203.64	mg/dL	130.0 - 200.0 (<200)
TRIGLYCERIDES	85.20	mg/dL	80.5 - 150.0 (<150)
H D L CHOLESTEROL DIRECT	40.24	mg/dL	35.0 - 60.0 (<40->59)
V L D L	17.0	mg/dL	4.0 - 30. (23-45)
L D L CHOLESTEROL	146.4	mg/dL	50.0 - 150.0 (50-150)
TOTAL CHOLESTEROL / HDL RATIO	5.1		3.3 - 5.1
LDL / HDL CHOLESTEROL RATIO	3.6		1.5 - 3.5

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL	1.83	mg/dl	0.2 - 1.2
CONJUGATED (D. BILIRUBIN)	0.44	mg/dl	0.00 - 0.3
UNCONJUGATED (I.D.BILIRUBIN)	1.39	mg/dl	0.2 - 0.9
SGOT / AST	16.40	IU/L	0 - 35
SGPT / ALT	17.7	IU/L	0 - 35
ALKALINE PHOSPHATASE	57.80	U/L	64 - 306
TOTAL PROTEIN	6.90	gm/dl	6.0 - 8.3
ALBUMIN	4.55	gm/dl	3.2 - 5.0
GLOBULIN	2.35	gm/dl	2.5 - 5.6
A/G RATIO	1.94		0.9 - 2.0
GAMMA GT	20.40	IU/L	0.0 - 45.0

Checked by : _____
Page 3 Contd...4

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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ECHO - Plastic Surgery



LAB REPORT

Reg. Date 08/03/2025
 Name MR. ARPIT SINGH
 Age 34 Yrs.
 Ref. By MEDIWHEEL

Patient Id 2503080003
 Gender M
 Panel MEDIWHEEL

DOB.
 Perm. ID
 Reported 08/03/2025 18:18:56

Test Name	Result	Units	Ref. Range
SERUM CREATININE	0.83	mg/dl	0.7 - 1.4
SERUM URIC ACID	6.43	mg/dl	3.4 - 7.0
BLOOD UREA NITROGEN (BUN)	14.30	mg/dl	6.0 - 21.0
BUN/CREAT RATIO	17.2	mg/dl	10 - 20

Urine Routine Examination

PHYSICAL EXAMINATION

QUANTITY	30	ml.	
COLOUR	Pale Yellow		Pale Yellow
TRANSPARENCY	Clear		
SPECIFIC GRAVITY	1.010		
PH	6.5		

CHEMICAL EXAMINATION

ALBUMIN	Nil
SUGAR	Nil

MICROSCOPIC EXAMINATION

PUS CELLS	1-2	/HPF
RBC'S	Nil	/HPF
CASTS	Nil	
CRYSTALS	NIL	
EPITHELIAL CELLS	1-2	/HPF
BACTERIA	Nil	
OTHERS	Nil	

Dr. Neema Dahiya
 DR. NEEMA DAHIYA
 M.B.B.S., MD (Path.)
 Checked by MD (Path.)
 Malik Radix Healthcare Pvt. Ltd.
 C-217, C-218, Nirman Vihar,
 Delhi-110092

DR. MEENU AGGARWAL
 M.B.B.S, MD (Path.)

If test results are unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

Facilities Available

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OXFORD UNIVERSITY PRESS
100 Brook Street, Oxford OX1 2JF, England
and
100 Brook Street, New York, N.Y. 10017, U.S.A.



UHID	PT236482	LAB No.	XRY2423385
Name	Mr. ARPIT SINGH	Regn. No.	GEN2445991
Age / Sex	34 Yrs / M	Receiving Dt/Time	08-Mar-2025 10:58
		Reporting Dt/Time	08-Mar-2025 05:32 PM



XRAY

CHEST (PA)

Both lung fields are normal.

Cp angles are clear.

Hila are normal...

Heart size appears within normal limits.

Soft tissue shadows and bony thorax are normal.

Advised....please correlate clinically.

***** END OF REPORT *****

Approved By :

Approval Date :

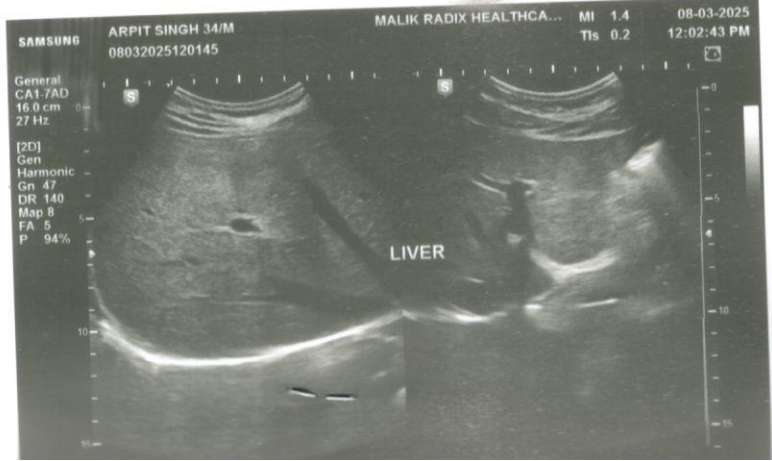
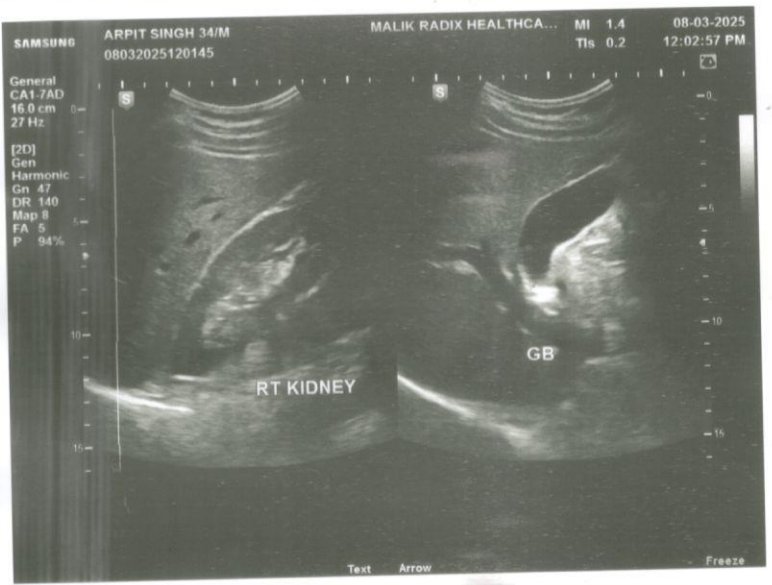
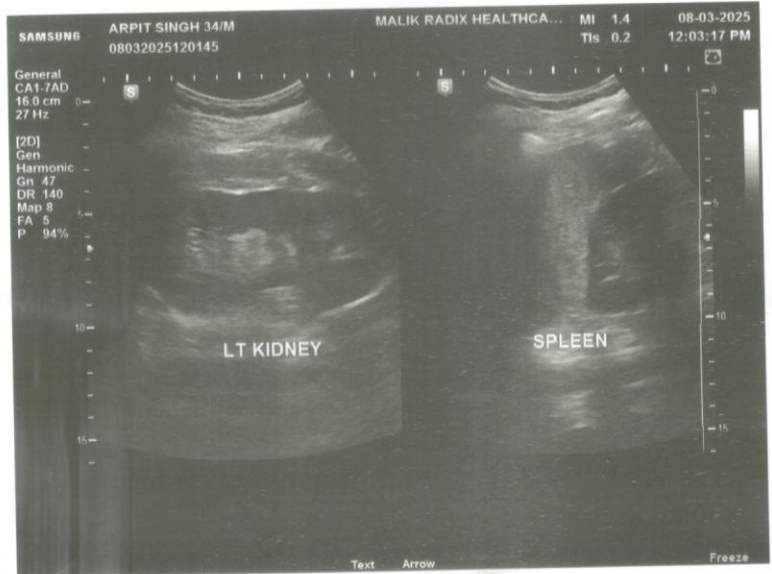
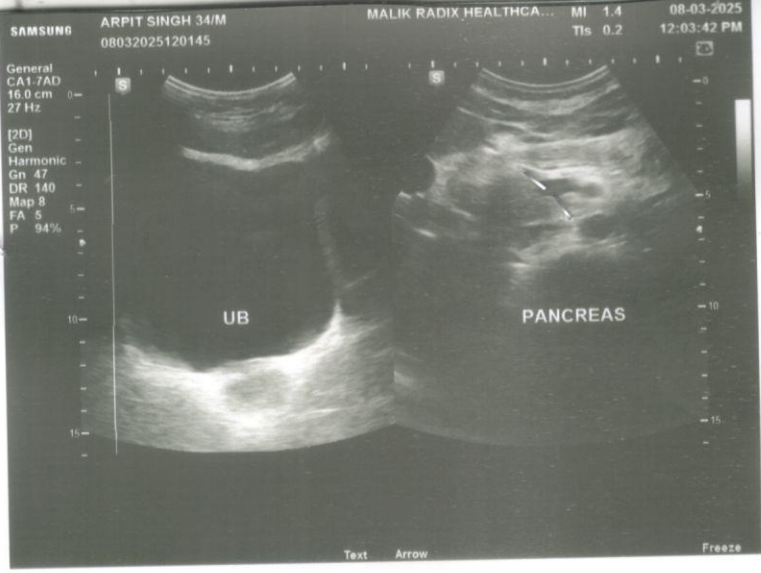
00:00:00

DR. K.K. SINHA
 M.B.B.S., D.M.R.D.
 SENIOR CONSULTANT
 Reg. No. 25437 (DMC)

DR. T. K VOHRA
 MD (RADIOLOGICALS)
 SENIOR CONSULTANT
 Reg. No. 3272 (DMC)

DR MUKESH KOSHAL
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC10407

Facilities Available





NAME	MR ARPIT SINGH	AGE	34 YRS/M
REFD. BY.	HEALTH CHECK UP	DATE	08.03.25

Ultrasound Examination of Whole Abdomen & Pelvis:

Liver: Liver shows normal parenchymal echotexture. No focal SOL is seen in liver. IHBR & portal radicles are normal.

Gallbladder: Gallbladder shows normal anechoic pattern. No evidence of cholecystitis or cholelithiasis seen. Common bile duct is normal in course & caliber.

Pancreas: Pancreas shows normal size & echotexture.

Spleen: Spleen shows normal size, outline & echotexture.

Kidneys: Kidneys show normal size, shape, position & echotexture. No calculus, hydronephrosis or SOL is seen in kidneys. Cortico- medullary differentiation and cortical thickness is normal on both sides.

No supra- renal mass seen.

Great abdominal vessels are normal.

Domes of diaphragm are seen to move normally & synchronously in respiration. No infra- or supradiaphragmatic collection seen.

No ascites or pericardial effusion seen.

No para-aortic lymph nodes seen.

Urinary bladder: Urinary bladder shows normal anechoic pattern. No calculus, SOL or diverticulum seen.

Prostate: Prostate and seminal vesicles are sonographically normal.

IMP:- Normal study.

Regards.

Dr Mukesh Koshal MD (Rad- diag)

Regn. No. DMC 10407

RADIOLOGIST :

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
- Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery - ECHO - Plastic Surgery