

Dr. Vimmi Goel  
Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No: MMC- 2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052



Name: Mr. Harishchandra pate Date: 7/11/24

Age: 36y Sex: (M) Weight: 75.6 kg Height: 163.7 inc BMI: 28.6

BP: 120/81 mmHg Pulse: 92/M bpm RBS: \_\_\_\_\_ mg/dl  
SpO2: 98%

36/M

- . Non HT
- . Non DM
- . FH - Father - PTCA
- . No addictions
- . No past H/O renal stones/pain abd

O/E

JVP<sup>o</sup>  
 L  
 M  
 P/A | N

Adv

- . Diet control
- . Exercise
- . Wt. loss
- . To see Dr. SJ Acharya sir for needful
- . R/A 3mths  $\bar{c}$  FLP

I/W

LDL - 125-  
 W 51-100 RBCs

DR. VIMMI GOEL

MBBS, MD  
Specialist - Non Invasive Cardiology  
Reg. No.: 2014/01/0113

Name: Harishchandra Pate Date: 07/11/24

Age: 36 Sex: M/F ✓ Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Allergy: \_\_\_\_\_

Routine Dental checkup

PMH - Nil

PDH - H/o restoration on (L) lower back region

O/E:-

- Root stump noted  $\tau \frac{1}{8}$

TOP-ve  $\tau \frac{1}{8}$

- Stain +

- Calculus ++

Adv:-

- Oral prophylaxis.

- Extraction  $\tau \frac{1}{8}$

Dr. Rahul

Dr. Sushobhan.

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>HARISHCHANDRA PATE</b> 36Y(S) 0M(S) 0D(S)/M MRNP2425026942 7507770495	<b>CONSULT DATE</b> : 07-11-2024 <b>CONSULT ID</b> : OPC2425087050 <b>CONSULT TYPE</b> : WALK IN <b>VISIT TYPE</b> : NORMAL <b>TRANSACTION TYPE</b> :	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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**VITALS**

**Temp** : **Pulse** : **BP (mmHg)** : **spO2** : **Pain Score** : **Height** :  
-- °F -- /min -- %RA -- /10 -- cms

**Weight** : **BMI** :  
-- kgs --

**CHIEF COMPLAINTS**

ROUTINE EYE CHECKUP

**MEDICATION PRESCRIBED**

#	Medicine	Route	Dose	Frequency	When	Duration
1	<b>SOFTVISC ULTRA 10ML EYE DROPS</b>	Topical	1-1-1-1	Every Day	<del>As per Rx</del>	60 days
Instructions : BOTH EYES						
Composition : SODIUM HYALURONATE 0.3% W/W+STABILIZED OXYCHLORO COMPLEX 0.01% W/V						

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
<b>RIGHT EYE</b>	00	00	00	6/6
<b>LEFT EYE</b>	00	00	00	6/6

**NEAR ADDITION**

<b>RIGHT EYE</b>		00	N6
<b>LEFT EYE</b>		00	N6

**REMARK-**

Plano Z Blue cut glasses -

*Ashish Kamble*

**Dr. Ashish Prakashchandra Kamble**  
MBBS,MS, FVRS,FICO  
Consultant

Printed On :07-11-2024 11:29:23



MC-6773

**KIMS-KINGSWAY**  
HOSPITALS**KIMS-KINGSWAY**  
HOSPITALS**CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. HARISHCHANDRA PATE	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425061821/MRNP2425026942	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 07-Nov-24 10:13 am	<b>Report Date</b> : 07-Nov-24 01:06 pm

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.2	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		42.5	40.0 - 50.0 %	Calculated
RBC Count		5.22	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		<b>81</b>	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		27.3	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.5	31.5 - 35.0 g/l	Calculated
RDW		<b>14.4</b>	11.5 - 14.0 %	Calculated
Platelet count		242	150 - 450 10 <sup>3</sup> /cumm	Impedance
WBC Count		7000	4000 - 11000 cells/cumm	Impedance

**DIFFERENTIAL COUNT**

Neutrophils	60.8	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	22.8	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	<b>9.7</b>	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	6.6	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.1	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	4256	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count	1596	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count	<b>679</b>	20 - 500 /cumm	Calculated
Absolute Monocyte Count	462	200 - 1000 /cumm	Calculated
Absolute Basophil Count	7	0 - 100 /cumm	Calculated



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**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. HARISHCHANDRA PATE	<b>Age /Gender</b> : 36 Y(s)/Male
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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
<b><u>PERIPHERAL SMEAR</u></b>			
Microcytosis		Microcytosis +(Few)	
WBC		As above	
Platelets		Adequate	
<b>E S R</b>		02	0 - 15 mm/hr Automated Westergren's Method
*** End Of Report ***			

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**

**CONSULTANT PATHOLOGIST.**

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**KIMS-KINGSWAY**  
**HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. HARISHCHANDRA PATE	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425061821/MRNP2425026942	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 07-Nov-24 10:12 am	<b>Report Date</b> : 07-Nov-24 12:08 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	99	< 100 mg/dl	GOD/POD,Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
<b>HbA1c</b>		5.5	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

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HOSPITALS

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## CLINICAL DIAGNOSTIC LABORATORY

### DEPARTMENT OF BIOCHEMISTRY

<b>Patient Name</b> : Mr. HARISHCHANDRA PATE	<b>Age /Gender</b> : 36 Y(s)/Male
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<b>Received Dt</b> : 07-Nov-24 12:25 pm	<b>Report Date</b> : 07-Nov-24 01:41 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	113	< 140 mg/dl	GOD/POD, Colorimetric

#### Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting  $\geq$  126 mg/dl

Random/2Hrs. OGTT  $\geq$  200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

\*\*\* End Of Report \*\*\*

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**Dr. Anuradha Deshmukh, MBBS,MD**

**CONSULTANT MICROBIOLOGIST**

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### CLINICAL DIAGNOSTIC LABORATORY

### DEPARTMENT OF BIOCHEMISTRY

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#### LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	189 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		<b>157</b> < 150 mg/dl	
HDL Cholesterol Direct		<b>38</b> > 40 mg/dl	
LDL Cholesterol Direct		<b>125.02</b> < 100 mg/dl	
VLDL Cholesterol		<b>31</b> < 30 mg/dl	
Tot Chol/HDL Ratio		5 3 - 5	

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100 >130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk>20%		
Two or more additional major risk factors,10 yrs CHD risk <20%	>130 10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160 >190,optional at 160-189	<160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**DEPARTMENT OF BIOCHEMISTRY**

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**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.45	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.12	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.33	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		75	38 - 126 U/L	
SGPT/ALT		29	10 - 40 U/L	
SGOT/AST		26	15 - 40 U/L	
Serum Total Protein		7.12	6.3 - 8.2 gm/dl	
Albumin Serum		4.65	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.46	2.0 - 4.0 gm/dl	
A/G Ratio		1.89		

\*\*\* End Of Report \*\*\*

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**KIMS-KINGSWAY  
HOSPITALS**

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**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. HARISHCHANDRA PATE **Age /Gender** : 36 Y(s)/Male  
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**Received Dt** : 07-Nov-24 10:13 am **Report Date** : 07-Nov-24 12:08 pm

**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.37	0.55 - 1.70 ng/ml	
Free T4		1.14	0.80 - 1.70 ng/dl	
TSH		2.95	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

\*\*\* End Of Report \*\*\*

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**KIMS - KINGSWAY  
HOSPITALS**

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**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. HARISHCHANDRA PATE      **Age / Gender** : 36 Y(s)/Male  
**Bill No/ UMR No** : BIL2425061821/MRNP2425026942      **Referred By** : Dr. Vimmi Goel MBBS,MD  
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**RFT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	<b>18</b>	19.0 - 43.0 mg/dl	
Creatinine		0.89	0.66 - 1.25 mg/dl	
GFR		113.9	>90 mL/min/1.73m square.	
Sodium		140	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.39	3.5 - 5.1 mmol/L	

\*\*\* End Of Report \*\*\*

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**KIMS-KINGSWAY  
HOSPITALS****KIMS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. HARISHCHANDRA PATE	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425061821/MRNP2425026942	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 07-Nov-24 10:36 am	<b>Report Date</b> : 07-Nov-24 12:08 pm

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>				
Volume	Urine	40 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
<b><u>CHEMICAL EXAMINATION</u></b>				
Specific gravity		1.010	1.005 - 1.025	ion concentration
Reaction (pH)		7.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Ketone Bodies		Negative	Negative	Legal's est Principle
Urobilinogen		Normal	Normal	Ehrlich's Reaction
Bilirubin		Negative	Negative	Diazonium
<b><u>MICROSCOPIC EXAMINATION</u></b>				
Pus Cells		2-4	0 - 4 /hpf	
R.B.C.		51-100	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	
Crystals		Absent		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**KIMS-KINGSWAY  
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**DEPARTMENT OF BIOCHEMISTRY**

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<b>Received Dt</b> : 07-Nov-24 12:32 pm	<b>Report Date</b> : 07-Nov-24 01:19 pm

**URINE SUGAR**

**Parameter**

Urine Glucose

NOTE:

**Result Values**

Negative

post prandial urine sugar

\*\*\* End Of Report \*\*\*

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<b>Received Dt</b> : 07-Nov-24 10:36 am	<b>Report Date</b> : 07-Nov-24 12:08 pm

**USF(URINE SUGAR FASTING)**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
Comment		Urine Sugar Fasting *** End Of Report ***		

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**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF IMMUNO HAEMATOLOGY**

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**BLOOD GROUPING AND RH**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
<b>BLOOD GROUP.</b>	EDTA Whole Blood & Plasma/ Serum	"AB"	Gel Card Method
<b>Rh (D) Typing.</b>		" Positive "(+Ve)	

\*\*\* End Of Report \*\*\*

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CIN: U74999MH2018PTC303510

**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	HARISHCHANDRA PATE	STUDY DATE	07-11-2024 11:23:31
AGE/ SEX	36Y 1D / M	HOSPITAL NO.	MRNP2425026942
ACCESSION NO.	BIL2425061821-9	MODALITY	DX
REPORTED ON	07-11-2024 13:30	REFERRED BY	Dr. Vimmi Goel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal.

Hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION** -No pleuro-parenchymal abnormality seen.



**DR NAVEEN PUGALIA**  
**MBBS, MD [076125]**  
**SENIOR CONSULTANT RADIOLOGIST.**



PATIENT NAME:	HARISHCHANDRA PATE	AGE /SEX:	36 YRS/MALE
UMR NO:	MRNP2425026942	BILL NO:	BIL2425061821-2
REF BY	DR VIMMI GOEL	DATE:	07-NOV-2024

**USG WHOLE ABDOMEN**

LIVER is normal in size, shape and echotexture.  
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.  
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid seen.

**IMPRESSION:**

**No significant abnormality seen.**  
**Suggest clinical correlation / further evaluation.**



**DR. R.R. KHANDELWAL**  
**SENIOR CONSULTANT**  
**MD RADIO DIAGNOSIS [MMC-55870]**

**2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT**

Patient Name : Mr. Harishchandra Pate  
 Age : 36 years / Male  
 UMR : MRNP2425026942  
 Date : 07/11/2024  
 Done by : Dr. Vimmi Goel  
 ECG : NSR, Minor ST-T changes  
 Blood pressure: 120/81 mm Hg (Left arm, sitting position)

**Impression: Normal 2D Echocardiography Study**

**Normal chambers dimensions**  
**No RWMA of LV at rest**  
**Good LV systolic function, LVEF 70%**  
**Normal LV diastolic function**  
**E/A is 1.9**  
**E/E' is 6.9 (Normal filling pressure)**  
**Trivial MR**  
**No pulmonary hypertension**  
**IVC is normal in size and collapsing well with respiration**  
**No clots or pericardial effusion**

**Comments:**

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 84 cm/s, A Velocity is 53 cm/s. E/A is 1.9. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 10.4 cm/sec & at lateral mitral annulus is 14.4 cm/sec. E/E' is 6.9 (Average).

**M Mode echocardiography and dimension:**

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	29
Aortic root	20-37	7-28	34
LVIDd	35-55	8-47	42
LVIDs	23-39	6-28	26
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	60%
Fractional Shortening			30%

*(Signature)*  
**Dr. Vimmi Goel**  
**MD, Sr. Consultant**  
**Non-invasive Cardiology**  
**Fellow Indian Academy of Echocardiography (FIAE)**

36 Years

MR CHARISHCHANDRA PATE  
Male

07-Nov-24 10:34:26 AM  
KIMS-KINGSMAY HOSPITALS

PHC DEPT.

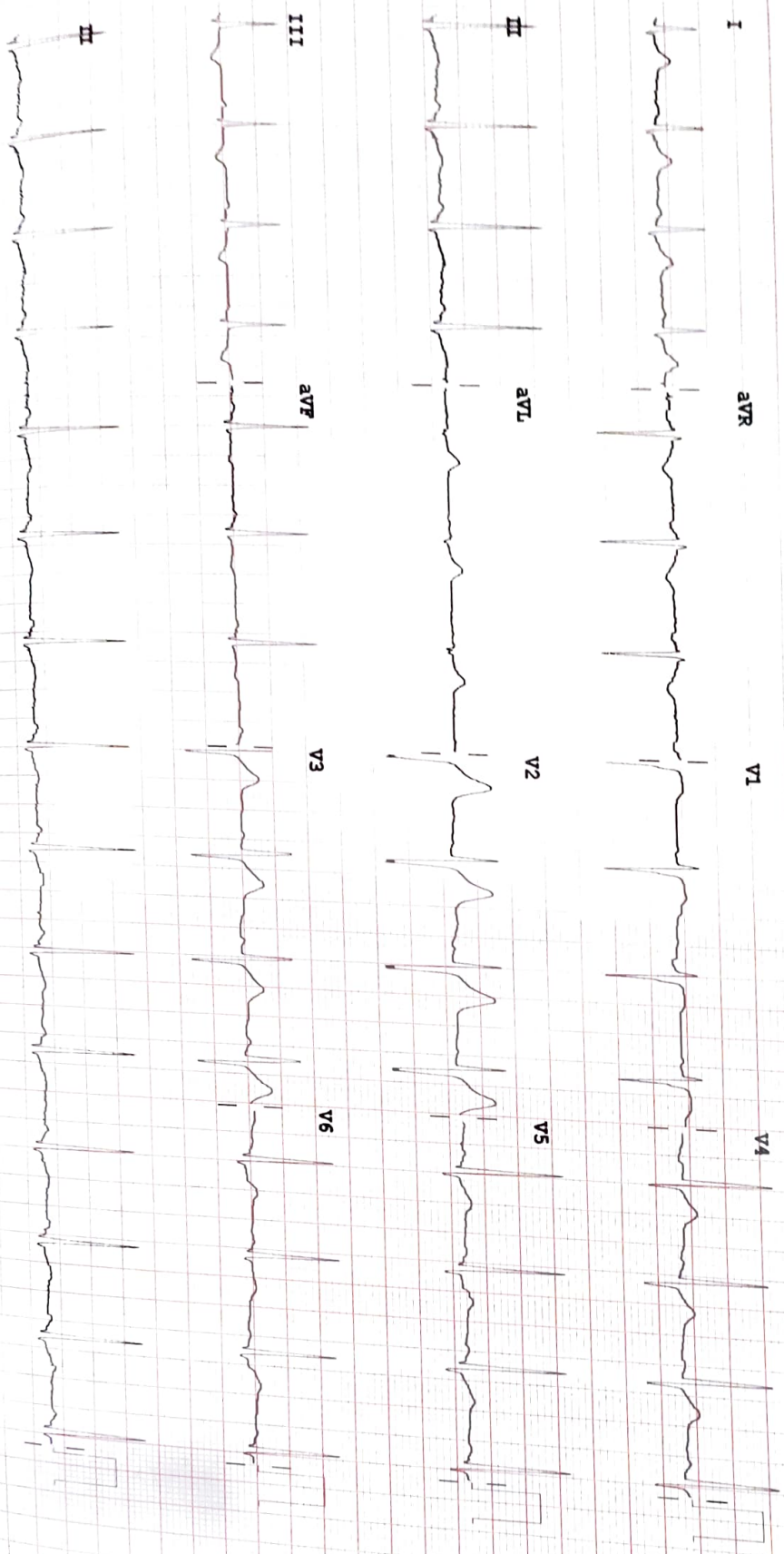
Rate	85	Sinus rhythm	.....	Normal P axis, V-rate	50-99
PR	117	Borderline short PR interval	.....	PR int	<120ms
QRS	93	Borderline T abnormalities, inferior leads	.....	T flat/neg, II III aVF	
QT	351				
QTc	418				

--AXIS--  
P 44  
QRS 61  
T -2

12 Lead: Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Speed: 25 mm/sec

Lead: 1.0 mV/mV Chest: 10.0 mm/mV

P 50-0.50-150 Hz W

100B CL

P?