

Name : Mrs. POMY SONAR (26 /F)

Date : 05/11/2024

Address : VILL-THAKURGRAM PO+PS-JIAGANJ, MURSHIDABAD, MURSHIDABAD, WEST BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AGHL.0001477342

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH225193



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:05/11/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 24.10.24; Periods - regular; No of Children - 1; Last child birth - 1 YR; Deliveries - LSCS

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant

### Weight

- stable



### Past medical history

Past medical history - nil significant



### Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



### Family history

Father - alive

Mother - alive

Diabetes - mother

Hypertension - father

Coronary artery disease - none

Cancer - None

## PHYSICAL EXAMINATION



### General

Build - normal

Height - 165

Weight - 63

BMI - 23.14

Pallor - No

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Oedema - no



**Cardiovascular system**

Heart rate (Per minute) - 76  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 107  
Diastolic(mm of Hg) - 76  
Heart sounds - S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds



**Abdomen**

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

**Ophthalmology consultation**

Ophthalmology findings - OCULAR MOVEMENTS:  
(RE):FULL (LE):FULL  
ANTERIOR SEGMENTS:  
(RE):WNL (LE):WNL  
VISUAL ACUITY  
DISTANCE:WITH GLASS  
(RE):6/6P (LE):6/6P VISUAL  
ACUITY NEAR:WITHOUT  
GLASS (RE):N6 (LE)N6  
ADVICE:\*To continue  
present glass\*Detail  
funduscopy\*Review after  
1yr/SOS

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### COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	11.3 *	g/dl	●	12.0-15.0
RBC COUNT	4.05	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	33.7 *	%	●	36-46
MCV	83.4	fl	●	83-101
MCH	28.0	pg	●	27-32
MCHC	33.5	%	●	31.5-34.5
RDW	13.9	%	●	11.8-14.0
WBC Count	9000	/cu mm	●	4000-10000
Platelet Count	2.95	lacs/cu mm	●	1.5-4.0
Neutrophils	53	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	19 *	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
WBC:	Eosinophilia noted			
Platelets:	Adequate.			

### ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	24 *	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	26	U/L	●	0-35

### ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1

### ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	48	U/L	●	33-98

### AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	24	U/L	●	0-35

### BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.3-1.2

● Within Normal Range
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**CHOLESTEROL - SERUM**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	175	mg/dL	●	0-200
Non-HDL Cholesterol	131			

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

**GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L	●	0-38

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	93	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.7	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**HDL CHOLESTEROL - SERUM**

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	4 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	44	mg/dL	●	30-70

**LDL CHOLESTEROL -SERUM**

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	115 *	mg/dL	●	0-100

VLDL CHOLESTEROL - 16 mg/dL ● 0-35  
SERUM (Calculated)

**PROTEIN TOTAL - SERUM**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.2		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	3.4	g/dL	●	1.8-3.6

**TOTAL T3: TRI IODOTHYRONINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	1.31	ng/ml	●	0.87-1.78

**TOTAL T4: THYROXINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	12.48	µg/dL	●	5.48-14.28

**TRIGLYCERIDES - SERUM**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	66	mg/dL	●	0-150

**TSH: THYROID STIMULATING HORMONE - SERUM**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	1.99	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.0	mg/dL	●	2.4-5.7

**BILIRUBIN CONJUGATED (DIRECT) - SERUM**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

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### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.5 *	mg/dL	●	7.0-18.0

\* No significant abnormality noted.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

### BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	9.3			

Dr. KOUSHIKI SEN  
DNB RESIDENT  
In consultation with

### PAP SMEAR /CERVICAL SMEAR

Ref No:  
AG01.C2408800  
SPECIMEN TYPE:  
Conventional cervical smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation with endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy, with no organism

Dr. SANJIB MAJUMDAR  
MD (RADIODIAGNOSIS)  
CONSULTANT RADIOLOGIST  
Reg. No. 56991 (WBMC)

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

### Biochemistry

A/G - RATIO

GLUCOSE - PLASMA (FASTING)

Dr. KOUSHIKI SEN  
DNB RESIDENT  
In consultation with

Dr. SANJIB MAJUMDAR  
MD (RADIODIAGNOSIS)  
CONSULTANT RADIOLOGIST  
Reg. No. 56991 (WBMC)

### ECG

SINUS RHYTHM WITH SINUS ARRHYTHMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Printed By :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

1

ACCEPTABLE SCORE

2

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**