

Name : Mr. DINESH S DESALE (36 /M)

Date : 25/02/2025

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000186116

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH45616



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:25/02/2025



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1, Covid Dose2



Personal history

Marital status - Married
No. of children - 2
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active



Family history

Brothers - 2
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Height - 177
Weight - 78
BMI - 24.9
Pallor - No
Oedema - no
Temperature - 98.2
SpO2 - 98



Cardiovascular system

Heart rate (Per minute) - 70
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 130
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Chhaya Bhagwan Sapkale

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C B C WITH ESR (AUTOMATION + STANDARD METHOD)

| Test Name | Result | Unit | Level | Range |
|--------------------------------------|--------|---------------------------------|-------|-----------|
| Hemoglobin | 14.8 | g/dl | ● | 13.0-18.0 |
| Haematocrit | 46.1 | % | ● | 39.0-54.0 |
| RBC COUNT | 5.19 | Million/ ul | ● | 4.2-6.5 |
| MCV | 88.7 | fl | ● | 75.0-95.0 |
| MCH | 28.4 | pg | ● | 26.0-32.0 |
| MCHC | 32.1 | g/dl | ● | 31.0-36.0 |
| RDW | 13.9 | % | ● | 11-16 |
| Platelet Count(Optical/Impedance) | 300 | 10 ⁹ /m ³ | ● | 140-440 |
| TLC Count | 7.84 | 10 ⁹ /m ³ | ● | 4.0-11.0 |
| Neutrophils | 64 | % | ● | 45-75 |
| Lymphocytes | 26 | % | ● | 20-45 |
| Eosinophils | 04 | % | ● | 1-6 |
| Monocytes | 06 | % | ● | 1-10 |
| Basophils | 00 | % | ● | 0-1 |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 03 | mm/1st hr | ● | 0-10 |

BLOOD GROUPING AND TYPING (ABO and Rh)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|---------|
| ALT(SGPT) - SERUM / PLASMA | 38 | U/L | ● | 30-65 |
| ALBUMIN - SERUM | 4.6 | g/dL | ● | 3.5-5 |
| GLOBULIN - SERUM: (Calculated) | 3.8 * | g/dL | ● | 1.8-3.6 |
| ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated) | 1.2 | | ● | 1.1-1.8 |

ALKALINE PHOSPHATASE - SERUM/PLASMA 108 * U/L ● 0-100

AST (SGOT) - SERUM 27 U/L ● 15-37

BILIRUBIN, TOTAL - SERUM 0.6 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------------|----------|-------|-------|-------|
| Total Cholesterol | 188 | mg/dL | ● | 0-200 |
| LDL[Cal] | 113.0000 | | | |

CREATININE - SERUM / PLASMA

| Test Name | Result | Unit | Level | Range |
|-----------------------------|--------|-------|-------|---------|
| CREATININE - SERUM / PLASMA | 0.9 | mg/dL | ● | 0.8-1.3 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 24 | U/L | ● | 0-50 |

GLUCOSE - SERUM / PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|--------|
| Glucose - Plasma (Fasting) | 92 | mg/dL | ● | 70-100 |

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| Glucose - Plasma (POST PRANDIAL) | 100 | mg/dL | ● | 70-140 |

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|------------------------------------|----------|------|-------|---------|
| Glycosylated Hemoglobin (HbA1c) | 5.4 | % | ● | 0.0-6.0 |
| (MPG) Mean Plasma Glucose Estimate | 108.2800 | | | |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

● Within Normal Range ● Borderline High/Low ● Out of Range

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| | | | | |
|---|-------|-------|---|---------|
| HDL CHOLESTEROL - SERUM / PLASMA | 40 | mg/dL | ● | 40-60 |
| TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) | 4.7 * | | ● | 0.0-4.5 |

| | | | | |
|--|-----|-------|---|---------|
| BILIRUBIN UNCONJUGATED - SERUM(Calculated) | 0.4 | mg/dL | ● | 0.0-0.7 |
|--|-----|-------|---|---------|

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------|--------|------|-------|---------|
| PROTEIN, TOTAL - SERUM / PLASMA | 8.4 * | g/dL | ● | 6.4-8.2 |
| PROTEIN, TOTAL - SERUM / PLASMA | 8.4 * | g/dL | ● | 6.4-8.2 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|--------------------------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 161 | ng/dL | ● | Healthy Adults: 69 - 215 |
| TOTAL T4: THYROXINE - SERUM | 7.89 | µg/dL | ● | Healthy Adults:5.2-12.7 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|---------|-------|-------|-------|
| Triglycerides - Serum | 175 * | mg/dL | ● | 0-150 |
| VLDL SERUM-CALCULATED | 35.0000 | | | |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|--|
| TSH: THYROID STIMULATING HORMONE - SERUM | 2.83 | uIU/mL | ● | Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.7 | mg/dL | ● | 3.5-7.2 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2 | mg/dL | ● | 0.0-0.3 |

ECG

CARDIAC STRESS TEST - (TMT)

X-RAY CHEST PA

No significant abnormality is detected.

ULTRASOUND - WHOLE ABDOMEN

Mild hepatomegaly.

No other significant abnormality is detected.

Suggest : Clinical correlation.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)

Haematology

STOOL ROUTINE

● Within Normal Range ● Borderline High/Low ● Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

YOUR SCORE

ACCEPTABLE SCORE

Low Risk

2

4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515