

Dr. Vimmi Goel

Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No: MMC- 2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

Mediawheel



Dr. Ambarati  
KIMS-KINGSWAY  
HOSPITALS

Name: Mrs. Sapna Deosthale Date: 20/11/24

Age: 314 Sex: M/F Weight: 65.0 kg Height: 148.8 inc BMI: 29.3

BP: 120/64 mmHg Pulse: 95/m bpm RBS: \_\_\_\_\_ mg/dl

SpO2: 99%

LMP- 13/11/24

KIMS  
**CUBDLES™**  
MOTHER & CHILD CENTRE

**Dr. Mugdha Jungari (Gill)**  
MBBS, MS, DNB (OBGY), FMAS  
Sr. Consultant Obstetrics & Gynaecology  
High Risk Pregnancy Expert & Laparoscopic Surgeon  
Reg. No: 2020126915

Name: Sapna Deosthale Date: 20/11/24  
Age: 31 yrs Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

Ms - 8 yrs

P<sub>1</sub>H - 5 1/2 yrs to L&L

hypothyroidism

125 mcg

LMP - 13/11/24

P/A soft ~~to~~ NO GTR

PS - pap taken

BV UT(n)

Adv

sup & pap smen

*[Signature]*

Dr. Rahul Atara  
BDS, MDS (Endodontics)  
Reg. No: A-16347



Name: Mrs. Sapna Deosthale Date: 20/11/24

Age: 31 yrs. Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Allergy: \_\_\_\_\_

Routine dental checkup.

PMH:- Thyroid.

O/E:- Stains +

Calculus +

Advice:- Complete oral prophylaxis.

1  
Dr. Megha N.



**KIMS - Kingsway Hospitals**  
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)

44, Kingsway, Near Kasturchand Park, Nagpur,  
Maharashtra, India - 440001.

Ph No.: 1800 266 8346 | Mobile No.: +91-7126789100

Email : assistance@kimshospitals.com | Website : www.kimshospitals.com

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>SAPNA DEOSTHALE</b> 31Y(S) OM(S) OD(S)F MRNP2425028485 9325469578 MARRIED	<b>CONSULT DATE</b> : 20-11-2024 <b>CONSULT ID</b> : OPC2425092154 <b>CONSULT TYPE</b> : WALK IN <b>VISIT TYPE</b> : NORMAL <b>TRANSACTION TYPE</b> :	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
--	---	---

**VITALS**

**Temp** : **Pulse** : **BP (mmHg)** : **spO2** : **Pain Score** : **Height** :  
-- °F -- /min -- %RA -- /10 -- cms  
**Weight** : **BMI** :  
-- kgs --

**CHIEF COMPLAINTS**

ROUTINE EY CHECK UP

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

**EYE**      **SPH** **CYL** **AXIS** **VISION**

**RIGHT EYE**      00   00   00   6/6

**LEFT EYE**      00   00   00   6/6

**NEAR ADDITION**

**RIGHT EYE**      00   N6

**LEFT EYE**      00   N6

**REMARK-**

**Dr. Ashish Prakashchandra Kamble**  
MBBS,MS, FVRS,FICO  
Consultant

Printed On :20-11-2024 14:18:29



MC-6773

**KIMS-KINGSWAY**  
HOSPITALS**KIMS-KINGSWAY**  
HOSPITALS**CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b> : 31 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425065511/MRNP2425028485	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:44 am	<b>Report Date</b> : 20-Nov-24 11:57 am

**HAEMOGRAM**

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Biological Reference</b>	<b>Method</b>
Haemoglobin	Blood	12.9	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		40.1	36.0 - 46.0 %	Calculated
RBC Count		4.64	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		86	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		27.9	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.3	31.5 - 35.0 g/l	Calculated
RDW		<b>15.7</b>	11.5 - 14.0 %	Calculated
Platelet count		292	150 - 450 10 <sup>3</sup> /cumm	Impedance
WBC Count		6100	4000 - 11000 cells/cumm	Impedance

**DIFFERENTIAL COUNT**

Neutrophils	<b>45.8</b>	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	<b>44.3</b>	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.8	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	7.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	2793.8	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count	2702.3	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count	170.8	20 - 500 /cumm	Calculated
Absolute Monocyte Count	433.1	200 - 1000 /cumm	Calculated
Absolute Basophil Count	0	0 - 100 /cumm	Calculated



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**KIMS-KINGSWAY**  
HOSPITALS

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HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mrs. SAPNA DEOSTHALE  
**Age / Gender** : 31 Y(s)/Female  
**Bill No/ UMR No** : BIL2425065511/MRNP2425028485  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:44 am  
**Report Date** : 20-Nov-24 11:57 am

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Biological Reference Method</b>
<b>PERIPHERAL SMEAR</b>			
RBC		Normochromic	
WBC		Normocytic	
Platelets		As above	
ESR		Adequate	
		13	0 - 20 mm/hr
		Automated Westergren's Method	
		*** End Of Report ***	

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100511

Test results related only to the item tested.

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**Dr. Suwarna Kawade, MBBS,MD (Pathology)**  
**CONSULTANT**





MC-6773



**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. SAPNA DEOSTHALE  
**Age / Gender** : 31 Y(s)/Female  
**Bill No/ UMR No** : BIL2425065511/MRNP2425028485  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:43 am  
**Report Date** : 20-Nov-24 11:38 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	102	< 100 mg/dl	GOD/POD,Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
HbA1c		5.8	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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HOSPITALS**KIMS-KINGSWAY**  
HOSPITALS**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. SAPNA DEOSTHALE  
**Age / Gender** : 31 Y(s)/Female  
**Bill No/ UMR No** : BIL2425065511/MRNP2425028485  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:44 am  
**Report Date** : 20-Nov-24 11:47 am

**LIPID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	220	Enzymatic(CHE/CHO/PO D)
Triglycerides		< 200 mg/dl	
HDL Cholesterol Direct		160	
LDL Cholesterol Direct		48	
VLDL Cholesterol		154.04	
Tot Chol/HDL Ratio		32	
		5	

<u>Intiate therapeutic</u>	<u>Results</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%			
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160 >190, optional at 160-189	<160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If neccessary, Please discuss

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Dr. Suwarna Kawade, MBBS,MD (Pathology)  
CONSULTANTSPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur 440 001  
Maharashtra, India. Phone +91 712 6789100





MC-8773



**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. SAPNA DEOSTHALE  
**Age / Gender** : 31 Y(s)/Female  
**Bill No/ UMR No** : BIL2425065511/MRNP2425028485  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:44 am  
**Report Date** : 20-Nov-24 11:38 am

**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.39	0.2 - 1.3 mg/dl	Bromocresol green Dye Binding
Direct Bilirubin		0.15	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.24	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		81	38 - 126 U/L	
SGPT/ALT		15	13 - 45 U/L	
SGOT/AST		19	13 - 35 U/L	
Serum Total Protein		7.35	6.3 - 8.2 gm/dl	
Albumin Serum		4.36	3.5 - 5.0 gm/dl	
Globulin		2.99	2.0 - 4.0 gm/dl	
A/G Ratio		1.5		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur 440 001  
Maharashtra, India. Phone +91 712 6789100



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**KIMS-KINGSWAY**  
HOSPITALS

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HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. SAPNA DEOSTHALE  
**Age / Gender** : 31 Y(s)/Female  
**Bill No/ UMR No** : BIL2425065511/MRNP2425028485  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:44 am  
**Report Date** : 20-Nov-24 12:25 pm

**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.36	0.55 - 1.70 ng/ml	
Free T4		1.24	0.80 - 1.70 ng/dl	
TSH		2.84	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur 440 001  
Maharashtra, India. Phone +91 712 6789100



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**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. SAPNA DEOSTHALE  
**Age / Gender** : 31 Y(s)/Female  
**Bill No/ UMR No** : BIL2425065511/MRNP2425028485  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:44 am  
**Report Date** : 20-Nov-24 11:38 am

**RFT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	17	15.0 - 36.0 mg/dl	
Creatinine		<b>0.4</b>	0.52 - 1.04 mg/dl	
GFR		135.6	>90 mL/min/1.73m square.	
Sodium		139	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.28	3.5 - 5.1 mmol/L	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100026

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur 440 001  
Maharashtra, India. Phone +91 712 6789100



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HOSPITALS****KIMS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b> : 31 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425065511/MRNP2425028485	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 11:20 am	<b>Report Date</b> : 20-Nov-24 12:45 pm

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
<b><u>CHEMICAL EXAMINATION</u></b>				
Specific gravity		1.015	1.005 - 1.025	ion concentration
Reaction (pH)		8.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	
Sugar		Negative	Negative	protein error of pH indicator
Ketone Bodies		Negative	Negative	GOD/POD
Urobilinogen		Normal	Normal	Legal's est Principle
Bilirubin		Negative	Negative	Ehrlich's Reaction
<b><u>MICROSCOPIC EXAMINATION</u></b>				
Pus Cells		0-1	0 - 4 /hpf	Diazonium
R.B.C.		Absent	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	
Crystals		Absent		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100997

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur 440 001  
Maharashtra, India. Phone +91 712 6789100





MC-8773



**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b>	: Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b>	: 31 Y(s)/Female
<b>Bill No./ UMR No</b>	: 03124250655 ; L/MRNP2425028485	<b>Referred By</b>	: Dr. Vinmi Goel MBBS, MD
<b>Received Dt</b>	: 20-Nov-24 11:20 am	<b>Report Date</b>	: 20-Nov-24 12:45 pm

**USF (URINE SUGAR FASTING)**

<b>Parameter</b>	<b>Specimen</b>	<b>Result Values</b>	<b>Biological Reference</b>	<b>Method</b>
Urine Glucose	Urine	Negative		STRIP

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please Discuss

verified by : 1128997

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**Dr. GAURI NARDAS, MBBS, MD**  
**CONSULTANT PATHOLOGIST**

SPANV MediResearch Lifesciences Private Limited  
44, Parvati Bhawan, Kingsway Nagar 440 001  
Maharashtra, India Phone : 91 712 6789100





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**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b>	Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b>	33 Y(s)/Female
<b>Bill No./ UMR No</b>	BL242506551 / MHNFD2425028485	<b>Referred By</b>	Dr. Vinita Goyal MBBS, MD
<b>Received Dt</b>	20-Nov-24 10:44 am	<b>Report Date</b>	20-Nov-24 12:31 pm

**BLOOD GROUPING AND RH**

Parameter	Specimen	Results	
<b>BLOOD GROUP</b>	EDTA Whole Blood & Plasma Serum	A	Gel Card Method
<b>Rh (D) Typing</b>		Positive (+ve)	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* if necessary. Please discuss

verified by 1128511

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**Dr. Sumerna Gandhi, MBBS, MD (Pathology)**

**CONSULTANT**

SPANY MediResearch Laboratories Private Limited  
44, Parvati Bhawan, Kingsway Nagar 400 001  
Maharashtra, India. Phone + 91 712 6789100

**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	LAPNA DHEWTRALE	STUDY DATE	26-11-2024 12:04:45
AGE/ SEX	37Y   F	HOSPITAL NO	MBNP1425828485
ACCESSION NO	BBJ435668511-28	MODALITY	DS
REPORTED ON	26-11-2024 12:04	REFERRED BY	Dr Vinod Gaur

**X-RAY CHEST PA VIEW**

Both the lung fields are clear

Heart and Aorta are normal

Both hilar shadows appear normal

Diaphragm domes and CP angles are clear

Bony cage is normal

**IMPRESSION** -No pneumo-pneumothorax abnormality seen.



**DR NAVEEN PURGALIA**  
MBBS, MD (DIPNLS)  
SENIOR CONSULTANT RADIOLOGIST

PATIENT NAME:	SAPNA DEOSTHALE	AGE /SEX:	31 YRS/FEMALE
UMR NO:	MRNP2425028485	BILL NO:	BIL2425065511-2
REF BY	DR VIMMI GOEL	DATE:	20/NOV/2024

**USG WHOLE ABDOMEN**

LIVER is normal in size, shape but shows mild increase in echotexture.  
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.  
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Right kidney measures 10.5 x 4.6 and left kidney measures 11.0 x 4.3 cm.  
Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 7.4 x 3.1 x 4.2 cm.  
No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET – 4mm.  
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

- Mild fatty infiltration in liver
- No other significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



**DR NAVEEN PUGALIA**  
MBBS, MD [076125]  
SENIOR CONSULTANT RADIOLOGIST

Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Sapna, Deosthale  
Patient ID: 028485  
Height:  
Weight:  
Study Date: 20.11.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 14.08.1993  
Age: 31yrs  
Gender: Female  
Race: Indian  
Referring Physician: Mediwheel HCU  
Attending Physician: Dr. Vimmi Goel  
Technician: --

### Medications:

--

### Medical History:

NIL

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	02:35	0.00	0.00	104	120/80	
	STANDING	00:01	0.00	0.00	104		
	WARM-UP	00:10	1.00	0.00	105		
EXERCISE	STAGE 1	03:00	1.70	10.00	137	120/80	
	STAGE 2	03:00	2.50	12.00	155	130/80	
	STAGE 3	00:45	3.40	14.00	171		
RECOVERY		01:00	0.00	0.00	127		
		02:00	0.00	0.00	115	130/80	
		00:22	0.00	0.00			

The patient exercised according to the BRUCE for 6:44 min:s, achieving a work level of Max. METS: 9.20. The resting heart rate of 95 bpm rose to a maximal heart rate of 171 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

### Conclusions:

TMT is negative for inducible ischemia.

  
Dr. VIMMI GOEL  
MBBS, MD  
Sr. Consultant-Non Invasive Cardiology  
Reg.No.: 2014/01/0113



31 Years

MRS SAPNA DEOSTHALE  
Female

20-Nov-24 11:26:54 AM

KIMS-KINGSWAY HOSPITALS

FHC DEPT.

Rate 91 Sinus rhythm.....Normal P axis, V-rate 50-99  
 PR 114 Borderline short PR interval.....PR int <120ms  
 QRS 82 Borderline T abnormalities, anterior leads.....T flat or neg, V2-V4  
 QT 368  
 QTc 453

--AXIS--

P 35

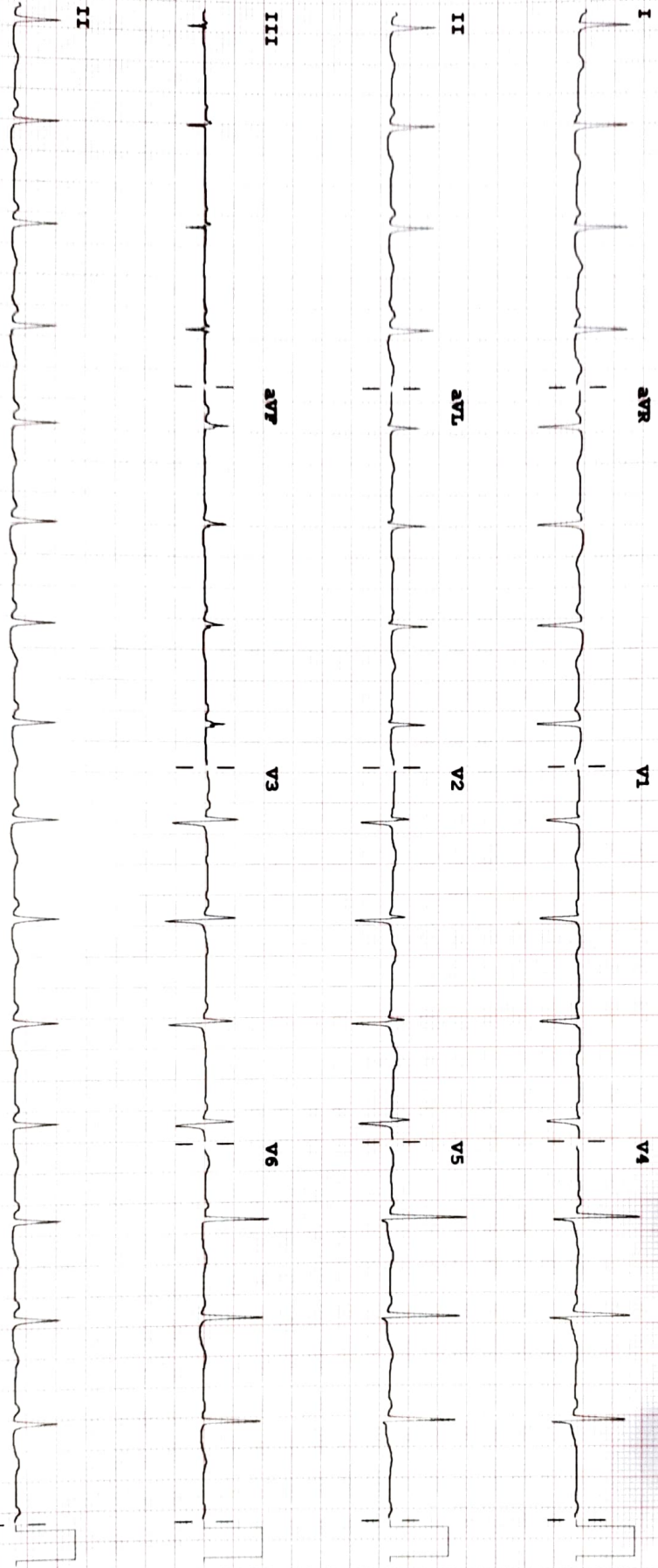
QRS 27

T 17

- BORDERLINE ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limbs: 10 mm/mV

Chest: 10.0 mm/mV

F 50-0.50-150 Hz W

100B CL

P?

PHILIPS

RECHONEM # MCL483A