

ULTRA SONOGRAPHY ABDOMEN

NAME	Mr. Prashant Ahirwar	UHID NUMBER:- ASHB.0000023294	
REF. BY	AHC	DATE	28.10.2024
		AGE/SEX:-	36y/M

Liver:- is normal in size and echotexture. Portal and hepatic venous system appears normal. Intra and extra hepatic biliary radicals are not dilated.

Gall Bladder:- is shows partial contraction (non-fasting status).

Pancreas is normal in size outline and echopattern.

Spleen is normal in size and echopattern.

Both kidneys are normal in size, shape and echogenicity. Central pelvicalyceal sinus and corticomedullary ratio are normal. Few small echogenic foci are seen in mid and lower pole region left kidney.

Right kidney measures:- 9.4x3.8cm

Left kidney measures:- 9.4x4.1cm

Urinary bladder is inadequate distended.

No evidence of ascites is seen.

IMPRESSION:- Sonography Study Reveals:-

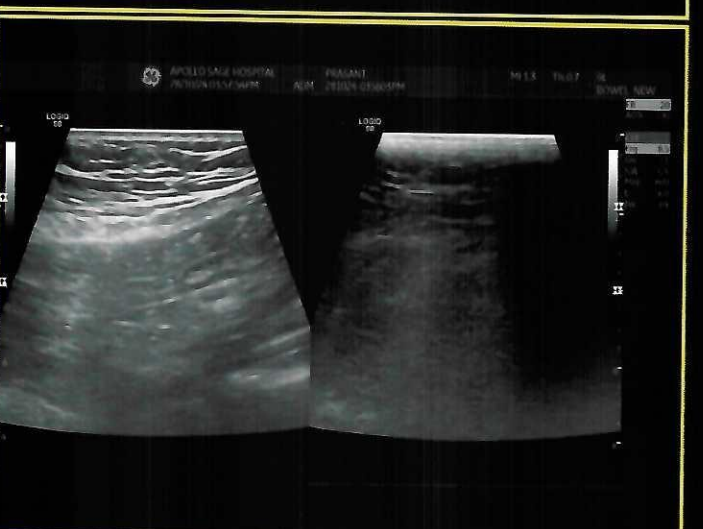
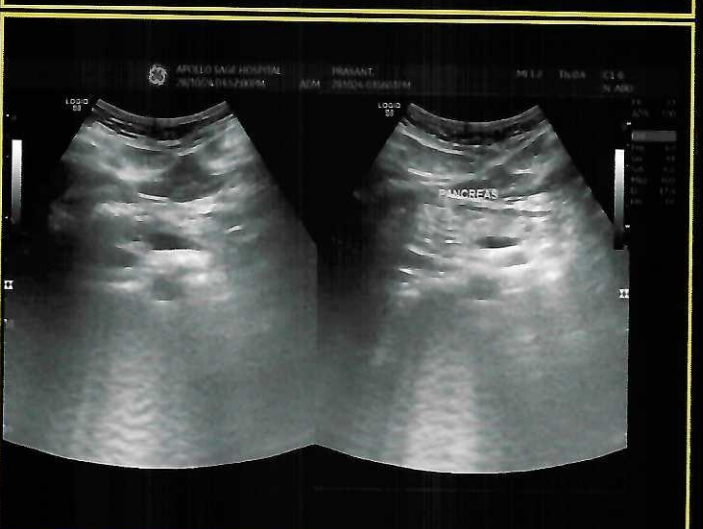
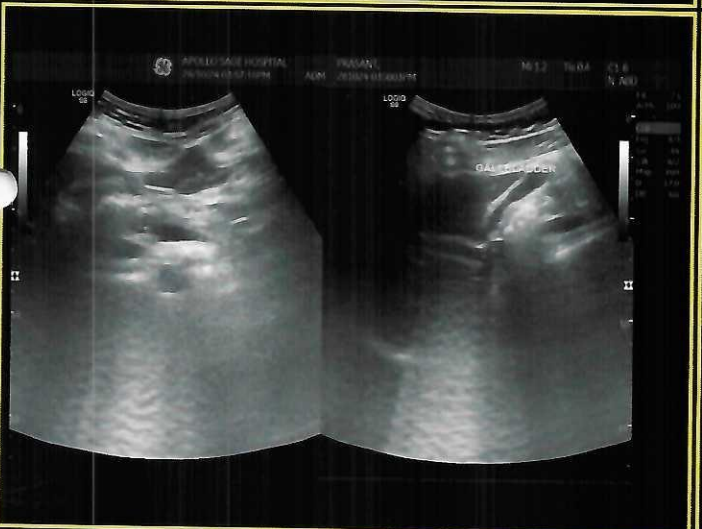
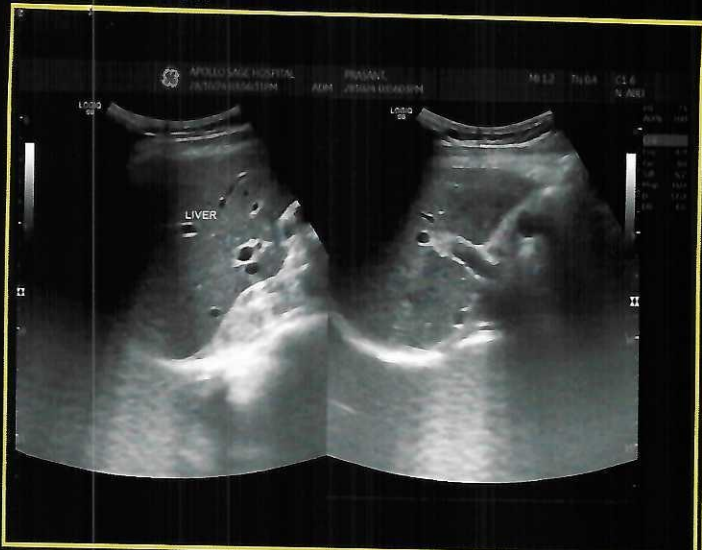
- Few left renal concretion (3mm).

ADV:- Clinical Correlation.



DR. HARI SANTOSH
CONSULTANT RADIOLOGIST





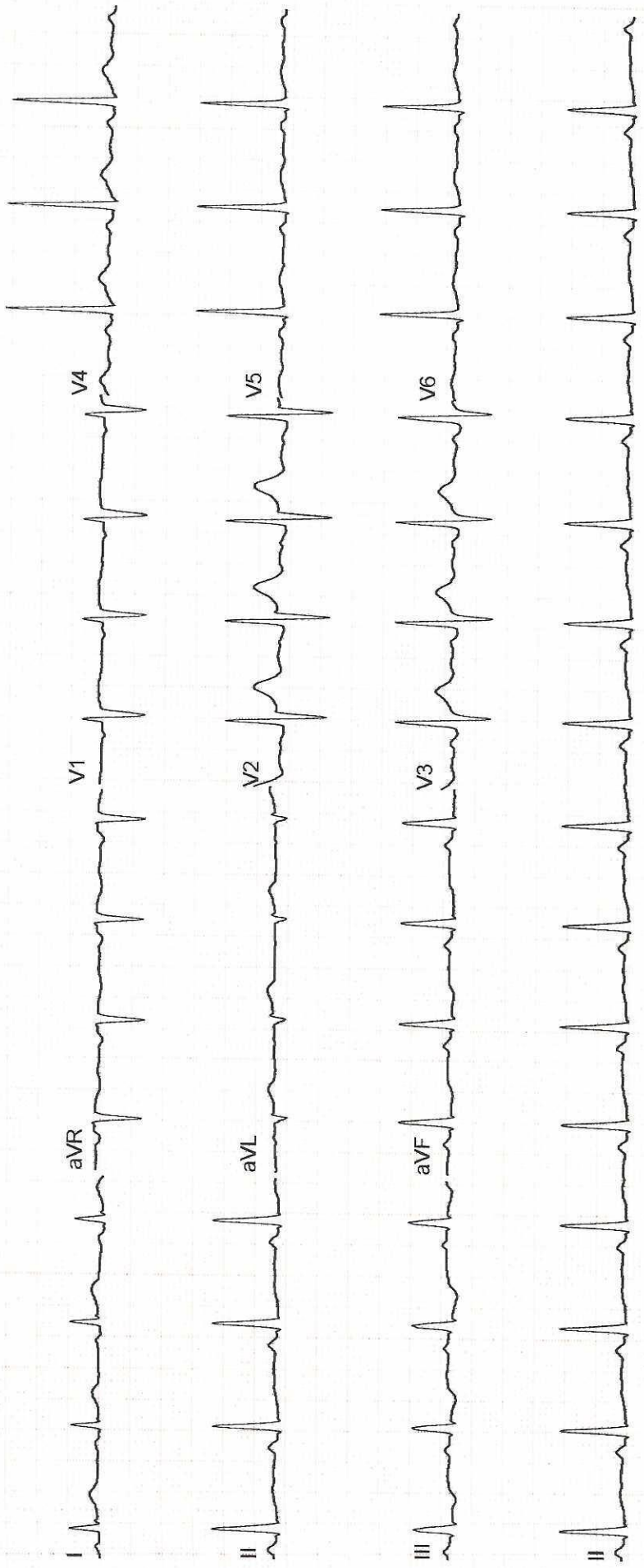
Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

Normal sinus rhythm
Nonspecific T wave abnormality
Abnormal ECG

Male

QRS : 88 ms
QT / QTcBaz : 348 / 428 ms
PR : 132 ms
P : 92 ms
RR / PP : 656 / 659 ms
P / QRS / T : 60 / 66 / -15 degrees



Dr. Siddharth Malaiya

MBBS, MS (Ophthalmology), FLVPEI, Hyd. (Cornea & LASIK)

FBHEC, Australia (Ocular surface & Stem cells)

Fellow L V Prasad Eye Institute, Hyderabad, Ex-Faculty ASG Eye Hospital, Jodhpur

Consultant Ophthalmologist & Cornea Super-specialist

Phaco-refractive & Cornea transplant surgeon



Name: Prashant Ahirwar

Age/Sex: 36/M

Date: 28/10/23

Nil Systems

Vision	UCVA	Glasses	Pinhole	AR
RE		6/6		R -2.75 / -0.75 x 180
LE		6/6		L -2.5 / -1.5 x 180

Eye	Sphere	Cylinder	Axis	BCVA	PG
RE					R
LE					L
Add					

Dr. Siddharth Malaiya
 MS Ophthal, FLVPEI, FICOAL
 Consultant Ophthalmologist & Cornea Specialist
 Reg. No. : MH-13558



Patient ID:	ASHB.0000023294	Patient Name:	PRASHANT 36Y/M
Age:		Sex:	M
Accession Number:		Modality:	DX
Referring Physician:		Study:	CHEST
Study Date:	28-Oct-2024		

X-RAY CHEST (PA VIEW)

Patient is in mild position rotation.

Mild scoliosis of dorsal curvature with concavity towards left.

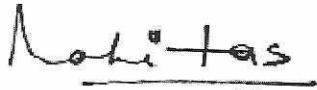
Both lung fields are clear. No active pleural or parenchymal lesion is seen.

The hila, mediastinum and the diaphragmatic domes are normal.

The costophrenic and cardiophrenic angles are clear.

The cardiac silhouette is unremarkable.

Adv:- Clinical correlation.




DR. HARI SANTOSH
CONSULTANT RADIOLOGIST



ECHOCARDIOGRAPHY REPORT

Patient's Name	Prashant Ahirwar	Date	28/10/2024
Age/Sex	36Y/M	UHID	HC -23294
Referred By	Health Check	Done By	Dr.Gaurav Khandelwal

- Left Ventricle : Normal Left Ventricular Size, Wall Thickness & Function.
- Left Ventricular Ejection Fraction is within Normal Limits (LVEF : 60%)
- Left Atrium : Normal Left Atrial Size & Functions.
- Right Ventricle : Normal Right Ventricular Size & Functions.
- Right Atrium : Normal Right Atrial Size & Function.
- Valvular Structures : Normal Mitral, Tricuspid, Pulmonic & Aortic Valve Structures.
- Aortic Root is Normal.
- No Evidence of Pericardial Effusion.
- No LA / LV Clot

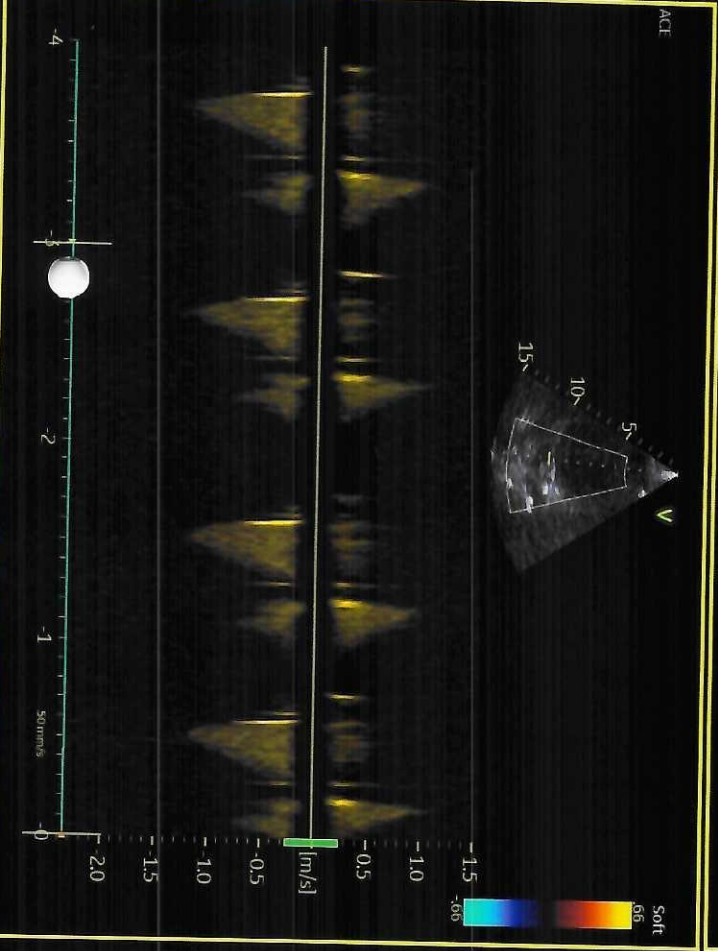
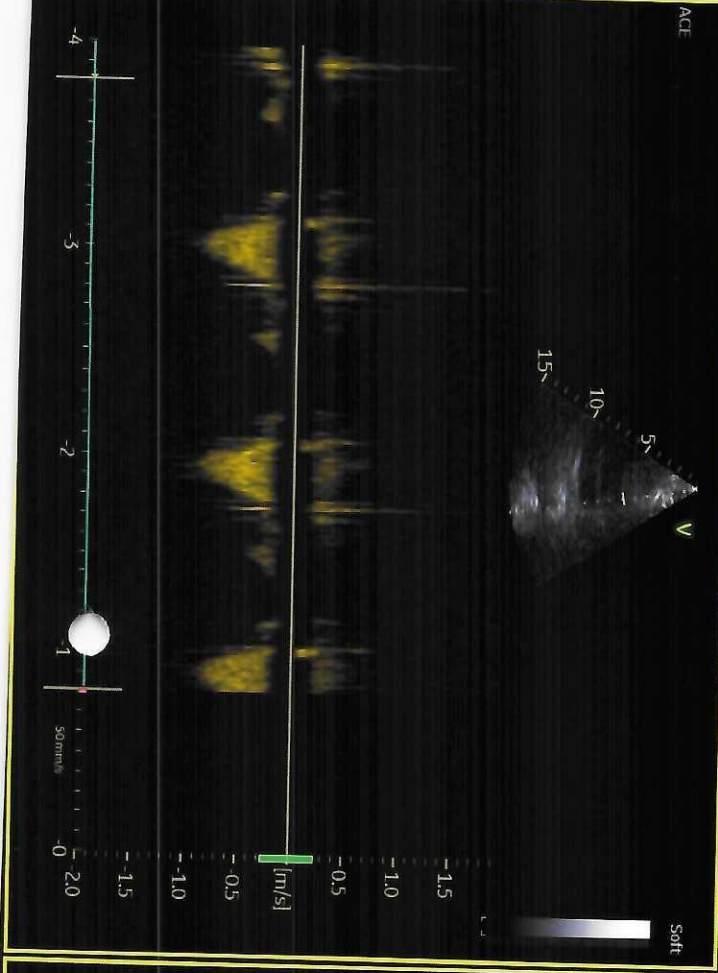
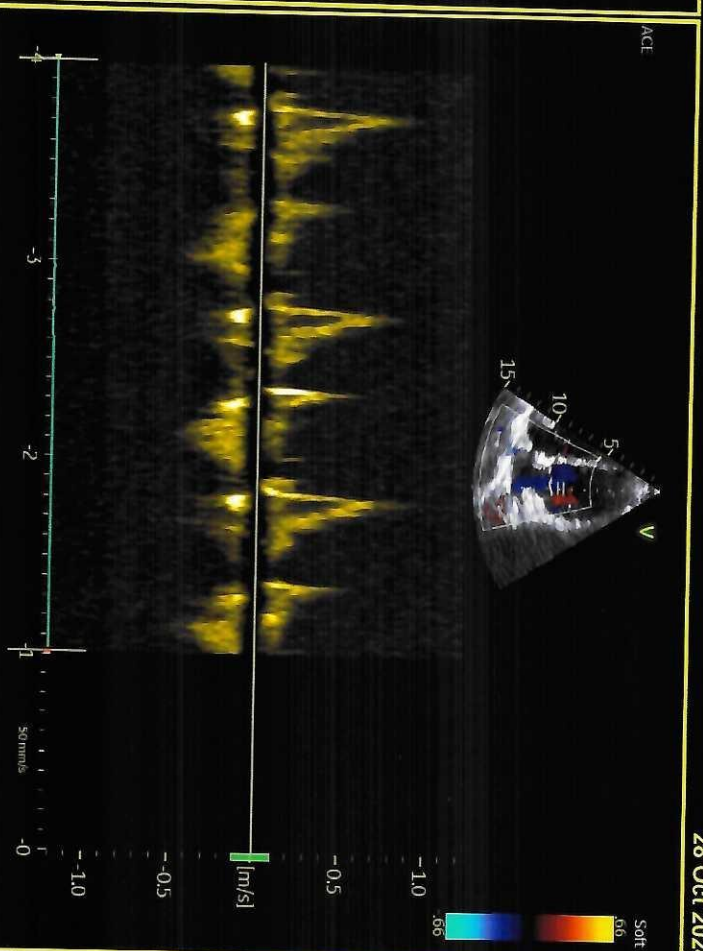

DR. GAURAV KHANDELWAL
DM (Cardiology), FACC, FESC, FSCAI, FIC
INTERVENTIONAL CARDIOLOGIST

Name : PRASHANT AHIRWAR 36Y HC-23294

Apollo Sage Hospitals

28 Oct 2024

1	LVPWd	0.9 cm
2	LVDd	3.7 cm
3	EDV(Treich)	58 ml
4	IVsd	0.8 cm



Name : Mr. PRASHANT AHIRWAR

UHID : ASHB.0000023294

Date : 28/10/2024

MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40
ADVANCED-MALE

AHC No : BPLAH11519

AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Low Risk	3	4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515





Mr. PRASHANT AHIRWAR (36 /M)
UHID : ASHB.0000023294
AHC No : BPLAH11519
Date : 28/10/2024
MEDIWHEEL FULL BODY HEALTH PLUS BELOW
40 ADVANCED-MALE

Dear Mr. PRASHANT AHIRWAR

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

In this personalized health report, you will find your

- Medical History and Physical examination results
- Investigations Results
- Artificial Intelligence powered risk scores
- Physician's Impressions on your Health
- Path to Wellness: A personalized management protocol, including follow-up assessments
- Vaccination counselling advice

Apollo ProHealth encompasses the following processes:

Personalized Health Risk Assessment (pHRA): Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

Health Mentor: We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress



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Executive Summary



I/M consultation refuse By Guest

Dr.NEELAM JAIN

AHC Physician / Consultant Internal Medicine

Printed By : NEELAM JAIN

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



ProHealth App: You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

Follow- Up Consultation:

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <https://www.apollo247.com/specialties> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on

ANDROID IOS

Disclaimer: The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.



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MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40
ADVANCED-MALE

CARDIOLOGY

TMT/2D ECHO

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

X Ray

X-RAY CHEST PA

● Within Normal Range

● Borderline High/Low

● Out of Range



Name : Mr. PRASHANT AHIRWAR (36 /M)

Date : 28/10/2024

Address : H NO 72, VAIDYANATH CITY, BEHING PEOPLE MALL, BHOPAL, BHOPAL, MADHYA
PRADESH, INDIA

Examined by : Dr. NEELAM JAIN

UHID : ASHB.0000023294

MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40
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Chief Complaints

For corporate health checkup

No specific complaints

Present Known illness

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer, Impaired Glycemia



Drug Allergy

NO KNOWN ALLERGY

:25/11/2023



Systemic Review

Cardiovascular system : Chest pain - no; Breathing difficulty - no

Respiratory system : - Nil Significant

Oral and dental : - Nil Significant

Gastrointestinal system : Appetite - normal; Bowel habits - regular

Genitourinary system : Frequency - normal; Dysuria/burning micturition - no; Urgency - no

Central nervous system : - Nil Significant

Eyes : Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

ENT : - Nil Significant

Musculoskeletal system :

Spine and joints
- Nil Significant

Skin : - Nil Significant

Weight : - stable

General symptoms : General symptoms - tiredness, weakness



Present medications : - Nil



Past medical history



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CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.95	mg/dL	●	0.72 - 1.18

URIC ACID - SERUM / PLASMA

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	5.6	mg/dL	●	3.5-7.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.9	mg/dL		Male: <50yrs 8.87-20.5 mg/dl Male:>50yrs 8.41-25.7 mg/dl

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.23	ng/ml	●	0.60-1.81

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	12.07	µg/dL	●	5.01 - 12.45

TSH: THYROID STIMULATING HORMONE - SERUM

TSH is a test that measures the amount of the hormone TSH in the blood. It can tell you if it's overactive (hyperthyroidism) or underactive (hypothyroidism). The test also detect thyroid disorder before you have any symptoms.

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	1.89	µIU/mL	●	0.35-5.50

ECG

NSR

● Within Normal Range ● Borderline High/Low ● Out of Range



**MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40
ADVANCED-MALE**

Past medical history - nil significant

Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Ethnicity - Indian Asian

Marital status - Married

No. of children - 1

Profession - government employee

Diet - Mixed Diet

Alcohol - consumes alcohol occasionally

Frequency - occasional

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



Family history

Father - alive

Aged - 68

Mother - alive

Aged - 63

Brothers - 0

Sisters - 3

Diabetes - father,mother

Coronary artery
disease - father

Cancer - None

Physical Examination



General

General appearance - normal



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ALBUMIN/GLOBULIN RATIO

Test Name	Result	Unit	Level	Range
ALBUMIN AND GLOBULIN RATIO	2.0		●	0.9-2.0

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT)	19	U/L	●	< 50

ALT(SGPT) - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	11	U/L	●	<50

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL	0.7	mg/dL	●	0.3-1.2

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT)	0.2	mg/dL	●	<0.2

BILIRUBIN UNCONJUGATED (INDIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN UNCONJUGATED (INDIRECT)	0.5	mg/dL	●	0.1-1.2

ALKALINE PHOSPHATASE - SERUM/PLASMA

Test Name	Result	Unit	Level	Range
Alkaline Phosphatase - Serum	69	U/L	●	30-120

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	16	U/L	●	0 - 55

● Within Normal Range ● Borderline High/Low ● Out of Range



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**MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40
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Build	- normal
Height	- 174
Weight	- 59.2
BMI	- 19.55
Pallor	- No
Oedema	- no
SpO2	- 99



Head and ENT

Ear - Wax



Oral and Dental

- No significant finding



Cardiovascular system

Heart rate (Per minute)	- 100
Rhythm	- Regular
Systolic(mm of Hg)	- 115
Diastolic(mm of Hg)	- 69
	- B.P. Sitting
Heart sounds	- S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance	- Normal
Organomegaly	- No
Tenderness	- No



Central nervous system

- No neurological deficit



Skin

- No significant finding



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LDL CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	111 *	mg/dL	●	Optimal: <100 Above optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: >190

TRIGLYCERIDES - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	90	mg/dL	●	Normal<150 Borderline high 150-199 High 200-499 Very high: ≥ 500

VLDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	18		●	15-30

TOTAL CHOLESTEROL AND HDL RATIO

Test Name	Result	Unit	Level	Range
Total Cholesterol / HDL Cholesterol Ratio (Calculated)	3.4 *		●	3.5-5.0

PROTEIN TOTAL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.0	g/dL	●	6.6-8.3

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
Albumin - Serum	4.7	g/dL	●	3.5-5.2

GLOBULIN - SERUM

Test Name	Result	Unit	Level	Range
GLOBULIN	2.3 *	g/dL	●	2.6-4.6

● Within Normal Range ● Borderline High/Low ● Out of Range



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Musculo Skeletal System

- No significant finding

Psychological Assessment

Psychological assessment - Normal

Ophthalmology consultation

Ophthalmology consultation done by - Dr.Siddhartha Malaiya

Ophthalmology findings - BE A/s wnl Treatment BE e/d Tear drops 4 times/day for 1 month

ENT consultation

ENT consultation done by - Dr Ankit Mishra

ENT findings - Rx Soliwax ear drop 3 3 3 left ear 5 days

Printed By : SIDDHARTH MALAIYA



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Sugar	Nil		
Ketone	Nil		
Bilirubin	Nil		
RBC	Nil		
Pus Cells	1-2	/hpf	0.0 - 5.0/HPF
Epithelial Cells	1-2	/hpf	<20
Yeast Cells	Absent		
Bacteria	Absent		
Casts	Absent		ABSENT
Crystals	Absent		

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group	B			
Rh (D) Type	Positive			

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	95	mg/dL	●	70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post prandial)	81	mg/dL	●	70-140

CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Total Cholesterol	170	mg/dL	●	Desirable: <200 Borderline High: 200-239 High >240

HDL CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
HDL Cholesterol	51	mg/dL	●	>40

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CBC

Test Name	Result	Unit	Level	Range
HAFMOGLOBIN	14.2	g/dL	●	13.0-17.0
Packed cell volume (Calculated)	43.3	%	●	38.3-48.6
RBC Count	5.06	Million/ul	●	4.50-5.90
MCV-	85.5	fl	●	80-100
MCH-	28.2	pg	●	27-32
MCHC-	33.0	g/dL	●	32-36
RDW	15.0 *	%	●	11.8-14.5
TLC COUNT	5.61	10 ⁹ /mm ³	●	4.0-11.0
Neutrophils	46	%	●	40-80
Lymphocytes	41 *	%	●	20-40
Monocytes	9	%	●	2-10
Eosinophils	4	%	●	1-6
Basophils	0	%	●	0-2
Platelet Count	272.6	10 ⁹ /mm ³	●	150-450
Mean Platelet Volume	9.86	fl	●	6.5-12.0

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	3	mm/1st hr	●	0-15

URINE ROUTINE (CUE)

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Specific Gravity	1.015		●	1.005 - 1.025
Colour	Pale-Yellow			
Transparency	Clear			
pH	Acidic			
Protein :	Nil			

● Within Normal Range

● Borderline High/Low

● Out of Range

