

Dr. Vimmi Goel

Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg No: MDC - 2014/01/0115

Preventive Health Check up

1000, 1000, 1000 Hospitalite
1000, 1000, 1000
No. 2400213052



KIMS-KINGSWAY
HOSPITALS

Name: Mrs. Ekta Bansal

Date: 9/11/24

Age: 35 y Sex: ♀ Weight: 60 kg Height: 158 cm BMI: 24.1

BP: 115/75 mmHg Pulse: 80/01
SpO2: 99%

Temp: 36.5 °C
LMP: 20/10/24 mg/dl

4% total cholesterol
(6.1)

Non HT

Non DM

1111 N/A... HT

Ch - clear

CVS - signs in?

P/A signs

Adv:

2) Echo screening

22 pro 11-20

VIMMI GOEL
Head - Non Invasive Cardiology
2014/01/0115

Name : Nrs Eka Bansod Date : 09.11.24

Age : 35yrs Sex : M/F Weight : _____ kg Height : _____ Inc BMI : _____

BP : _____ mmHg Pulse : _____ bpm RBS : _____ mg/dl

Allergy: _____

PMH :- Nil

Adv

scaling

Extraction of 81

Vishu



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
44, Kingsway, Near Kasturchand Park, Nagpur,
Maharashtra, India - 440001.

Ph No.:1800 266 8346|Mobile No.:+91-7126789100
Email :assistance@kimshospitals.com|Website :www.kimshospitals.com

**DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD**

EKTA BANSOD 35Y(S) 11M(S) 0D(S)F MRNP2425027243 9325007588 MARRIED	CONSULT DATE : 09-11-2024 CONSULT ID : OPC2425088024 CONSULT TYPE : WALK IN VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
---	---	---

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA -- /10 - cms

Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

NOTES

**GLASS PRESCRIPTION :-
DISTANCE VISION**

EYE SPH CYL AXIS VISION

RIGHT EYE 00 00 00 6/6

LEFT EYE 00 00 00 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :09-11-2024 11:39:48

KIMS
CUBDLES™
MOTHER & CHILD CENTRE

Dr. Rita Bang
MS, DNB, OBGY, FMAS,
DMAS, High Risk Obstetrician, Gynecologist
Endoscopic Surgeon and Infertility Specialist
Reg. No: MMC-2010/06/2306

9/11/24.

Mrs. Ekta Bansod / 35 Yrs.

35 Yrs / P2L2 / Prev 2 USG.

B/L Breasts - Soft.

LMP - 20/10/24

USG noted.

P/S. Co J (+)
Vg

Adv

Pap's Smear

Bang



MC-6773

**KIMS-KINGSWAY
HOSPITALS****KIMS-KINGSWAY
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. EKTA BANSOD	Age /Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425062549/MRNP2425027243	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 09-Nov-24 09:12 am	Report Date : 09-Nov-24 10:58 am

HAEMOGRAM

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	12.4	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		38.3	36.0 - 46.0 %	Calculated
RBC Count		4.15	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		92	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.8	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.3	31.5 - 35.0 g/l	Calculated
RDW		13.7	11.5 - 14.0 %	Calculated
Platelet count		332	150 - 450 10^3 /cumm	Impedance
WBC Count		8500	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		70.3	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		23.4	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.7	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.6	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		5975.5	2000 - 7000 /cumm	Flow Cytometry/Light microscopy
Absolute Lymphocyte Count		1989	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		144.5	20 - 500 /cumm	Calculated
Absolute Monocyte Count		391	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated



MC-6773



**KIMS-KINGSWAY
HOSPITALS**

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HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. EKTA BANSOD
Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425062549/MRNP2425027243
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 09-Nov-24 09:12 am
Report Date : 09-Nov-24 10:58 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
PERIPHERAL SMEAR			
RBC		Normochromic	
WBC		Normocytic	
Platelets		As above	
E S R		Adequate	
		19	0 - 20 mm/hr
		*** End Of Report ***	Automated Westergren's Method

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. Suwarna Kawade, MBBS,MD (Pathology)
CONSULTANT



MC-6773



**KINGS-KINGWAY
HOSPITALS**

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. EKTA BANSOD	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425062549/MRNP2425027243	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 09-Nov-24 09:11 am	Report Date : 09-Nov-24 10:58 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	94	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		99	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		5.0	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**KIMS-KINGSWAY
HOSPITALS**

**KIMS-KINGSWAY
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. EKTA BANSOD	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425062549/MRNP2425027243	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 09-Nov-24 09:12 am	Report Date : 09-Nov-24 10:58 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	146	Enzymatic(CHE/CHO/PO D)
Triglycerides		< 200 mg/dl	
HDL Cholesterol Direct		100	
LDL Cholesterol Direct		43	
VLDL Cholesterol		81.80	
Tot Chol/HDL Ratio		20	
		3	

<u>Initiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130, optional at 100-129	
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	<130
No additional major risk or one additional major risk factor	10 yrs risk 10-20 % >130 10 yrs risk <10% >160 >190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100028

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MC-6773

CLINICAL DIAGNOSTIC LABORATORY DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. EKTA BANSOD
Bill No/ UMR No : BIL2425062549/MRNP2425027243
Received Dt : 09-Nov-24 09:12 am
Age / Gender : 35 Y(s)/Female
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 09-Nov-24 10:58 am

RFT

Parameter	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	14	15.0 - 36.0 mg/dl	
Creatinine		0.68	0.52 - 1.04 mg/dl	
GFR		116.4	>90 mL/min/1.73m square.	
Sodium		140	136 - 145 mmol/L	
Potassium		4.67	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

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MC-6773

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. EKTA BANSOD

Age / Gender : 35 Y(s)/Female

Bill No/ UMR No : BIL2425062549/MRNP2425027243

Referred By : Dr. Vimmi Goel MBBS,MD

Received Dt : 09-Nov-24 09:12 am

Report Date : 09-Nov-24 11:08 am

THYROID PROFILE

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.78	0.55 - 1.70 ng/ml	
Free T4		1.36	0.80 - 1.70 ng/dl	
TSH		2.94	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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MC-6773

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. EKTA BANSOD

Age / Gender : 35 Y(s)/Female
Referred By : Dr. Vimmi Goel MBBS,MD

Report Date : 09-Nov-24 10:29 am

Report Date : 09-Nov-24 11:48 am

URINE MICROSCOPY

Parameter	Specimen	Results	Biological Reference	Method
PHYSICAL EXAMINATION				
Volume	Urine	40 ml		
Colour.		Pale yellow		
Appearance		Clear		
CHEMICAL EXAMINATION				
Specific gravity		1.015	1.005 - 1.025	ion concentration
Reaction (pH)		7.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	protein error of pH indicator
Urine Protein		Negative	Negative	GOD/POD
Sugar		Negative	Negative	Legal's est Principle
Ketone Bodies		Negative	Negative	Ehrlich's Reaction
Urobilinogen		Normal	Normal	Diazonium
Bilirubin		Negative	Negative	

MICROSCOPIC EXAMINATION

Pus Cells	11-20	0 - 4 /hpf
R.B.C.	Absent	0 - 4 /hpf
Epithelial Cells	11-20	0 - 4 /hpf
Casts	Absent	Absent
Crystals	Absent	
Others		Budding yeast cells & bacteria seen

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : 11101075

Test results related only to the item tested.

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Dr. Suwarna Kawade, MBBS,MD (Pathology)

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**KIMS-KINGSWAY
HOSPITALS**

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HOSPITALS**

MC-6773

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. EKTA BANSOD
Age /Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425062549/MRNP2425027243
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 09-Nov-24 11:28 am
Report Date : 09-Nov-24 12:37 pm

URINE SUGAR

Parameter
Urine Glucose

Result Values

Negative
Post Meal Urine Sugar
*** End Of Report ***

NOTE:

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11101075

Test results related only to the item tested.

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**Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST**

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. EKTA BANSOD
Bill No/ UMR No : BIL2425062549/MRNP2425027243
Received Dt : 09-Nov-24 10:29 am
Age / Gender : 35 Y(s)/Female
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 09-Nov-24 11:48 am

USF(URINE SUGAR FASTING)

Parameter
Urine Glucose
Comment

Specimen
Urine

Result Values
Negative
Urine Fasting Sugar
*** End Of Report ***

Biological Reference
Method
STRIP

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11101075

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Dr. Suwarna Kawade, MBBS,MD (Pathology)
CONSULTANT



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATATOLOGY

Patient Name : Mrs. EKTA BANSOD **Age / Gender** : 35 Y(s)/Female
Bill No/ UMR No : BIL2425062549/MRNP2425027243 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 09-Nov-24 09:12 am **Report Date** : 09-Nov-24 11:48 am

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

Specimen **Results**

EDTA Whole "AB"
Blood &
Plasma/
Serum

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. Suwarna Kawade, MBBS,MD (Pathology)
CONSULTANT

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Maharashtra, India. Phone +91 712 6789100

DEPARTMENT OF RADIOLOGY & IMAGING, SCIENCE

NAME	PKTA RANSOND	STUDY DATE	09-11-2024 10:51:57
AGE/SEX	35Y 11M 2D / F	HOSPITAL NO.	MBNP2425027243
ACCESSION NO.	HH 2425062549-10	MODALITY	DX
REPORTED ON	09-11-2024 13:37	REFERRED BY	Dr. Vinod Goyal

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



Dr. Poornam Chiddarwar
MBBS, MD

N.B: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

NAME OF PATIENT:	EKTA BANSOD	AGE & SEX:	35 YRS/FEMALE
UMR NO:	MRNP2425027243	BILL NO	BIIL2425062549
REF BY:	DR. VIMMI GOEL	DATE:	09-NOV-2024

USG WHOLE ABDOMEN

LIVER is normal in size (13.5 cm), shape and echotexture.
No evidence of any focal lesion seen.

PORTAL VEIN and CBD are normal in course and caliber.
Intrahepatic biliary radicals are not dilated.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (9.0 cm) shape and echotexture. No focal lesion seen.

Right kidney measures 8.5 x 4.2 cm. Left kidney measures 11.0 x 5.4 cm.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is minimally distended. No calculus or mass lesion seen.

Uterus grossly appears normal, shape and echotexture. It measures 8.0 x 6.0 x 4.5 cm.
No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET – 10 mm.

Right ovary measures - 3.2 x 2.5 x 2.2 cm, volume 9.6 cc.

Left ovary measures – 2.5 x 3.0 x 1.8 cm, volume 7.4 cc.

Both ovaries appear normal. No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- No significant visceral abnormality seen.

Suggest clinical correlation.



DR. REEMA PERVEZ
MBBS, DMRD, DNB
CONSULTANT RADIOLOGIST

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Ekta, Bannod
Patient ID: 027243
Height:
Weight:
Study Date: 09.11.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 22.11.1989
Age: 34yrs
Gender: Female
Race: Indian
Referring Physician: Mediweel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:
Nil

Reason for Exercise Test: Screening for CAD Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
● ETEST	SUPINE	00:04	0.00	0.00	86	110/70	
	HYPERV.	00:01	0.00	0.00	86		
	WARM-UP	00:12	1.00	0.00	89		
EXERCISE	STAGE 1	03:00	1.70	10.00	130	110/70	
	STAGE 2	03:00	2.50	12.00	150	120/70	
	STAGE 3	01:32	3.40	14.00	169		
RECOVERY		01:00	0.00	0.00	133		
		02:00	0.00	0.00	103	130/70	
		00:31	0.00	0.00			

The patient exercised according to the BRUCE for 7:31 min-s, achieving a work level of Max. METS: 10.10. The resting heart rate of 87 bpm rose to a maximal heart rate of 171 bpm. This value represents 91 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
● BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Dr. VIMMI GOEL

MBBS, MD
Sr. Consultant-Non-Invasive Cardiology
Reg. No.: 2014/01/0113

35 Years

MRS EKTA BANSOD
Female

09-Nov-24 9:39:21 AM

KIMS-KINGSWAY HOSPITALS

Rate 78 . Sinus rhythmnormal P axis, V-rate 50- 99
PR 149 . Baseline wander in lead(s) I,III,aVR,aVL,V2,V3,V4,V5

PHC DEPT.

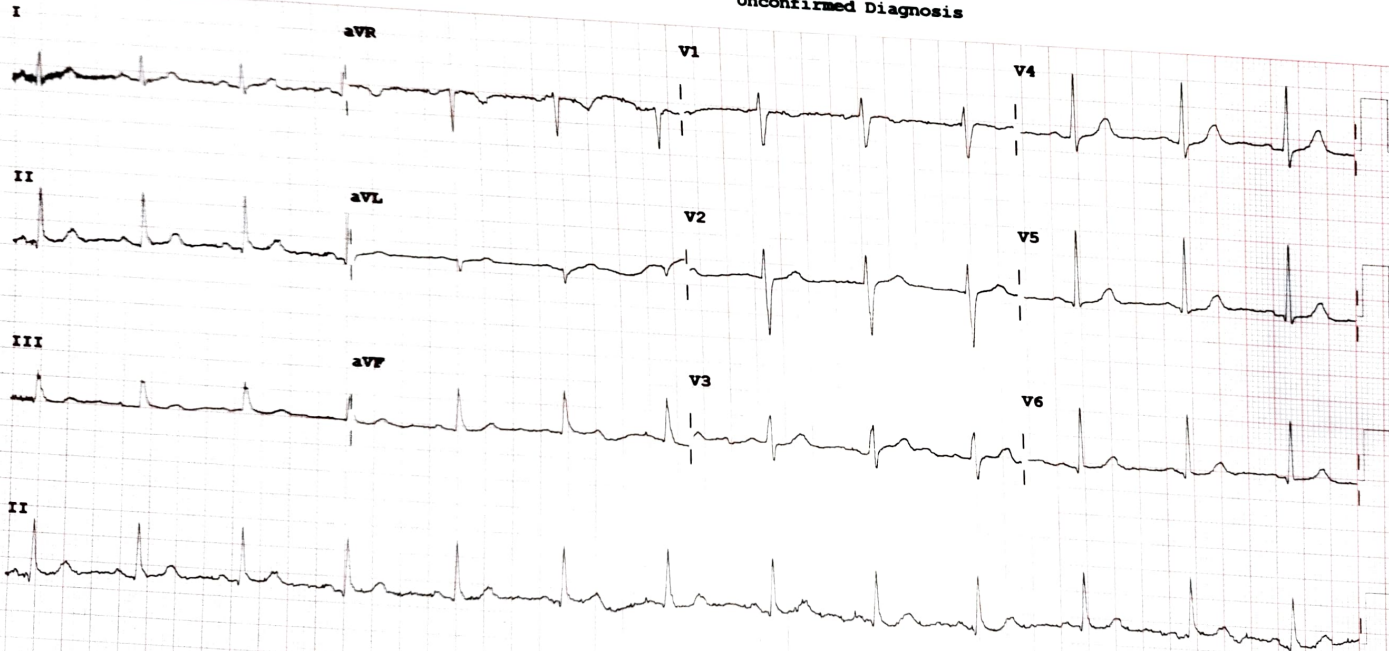
QRSD 103
QT 361
QTc 412

--AXIS--
P 23
QRS 73
T 27

- NORMAL ECG -

12 Lead: Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 1 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL