

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Aman Shukla on 9.11.2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit ✓ 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations → <i>Observe Sugar Carefully and get regular check up</i> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p style="text-align: right;"><i>→ SGLT Raiser get on full LAJ</i></p> <p>1..... 2..... 3.....</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. **DR. ABHISHEK GURJAR**
MS GENERAL SURGERY/GASTROSURGERY
Reg. No. MP-16104

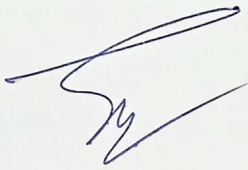
Medical Officer
The Apollo Clinic,

Date - 09-11-24
Name - Mr. Aman shukla
Age - 30
BP - 120/80
P - 88
SpO₂ - 96%
Height - 175 cm
Weight - 92 kg
BMI - 30 kg/m²

At present no complaint.

FBS - 136 BP 172. SALT 73.0

No other problem. He is physically fit, but needs care for Bl. Sugar. Ophthalmic check up vision.



DR. ABHISHEK GURJAR
MS GENERAL SURGERY - GASTRO SURGERY
Reg. No. MP-16104

Patient Name:	MR. AMAN SHUKLA	MR NO:	FABR 000009061
VISIT NO. :	FABROPV0000	Age / Gender :	30/M
Conducted by :	DR. MUKESH DAMOR	Conducting Date :	09/11/2024

ECG REPORT

- **The Sinus Rhythm.**
- **Heart Rate is 81 beats per minute**
- **Normal P- 61, R- 58,T- 48 axis.**
- **Normal PRI- 156 ms , QRS - 80ms, QT – 372ms, QTC - 432ms duration.**

DR.ABHISHEK GURJAR


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MS GENERAL SURGERY/GASTROSURGERY
Reg. No. MP-16104

Licensee: Gurjar Hospital & Endoscopy Centre Pvt. Ltd.

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E-mail : ab.road@apolloclinic.com, Visit us at : www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **0731 4870 738**

FOR SAMPLE COLLECTION

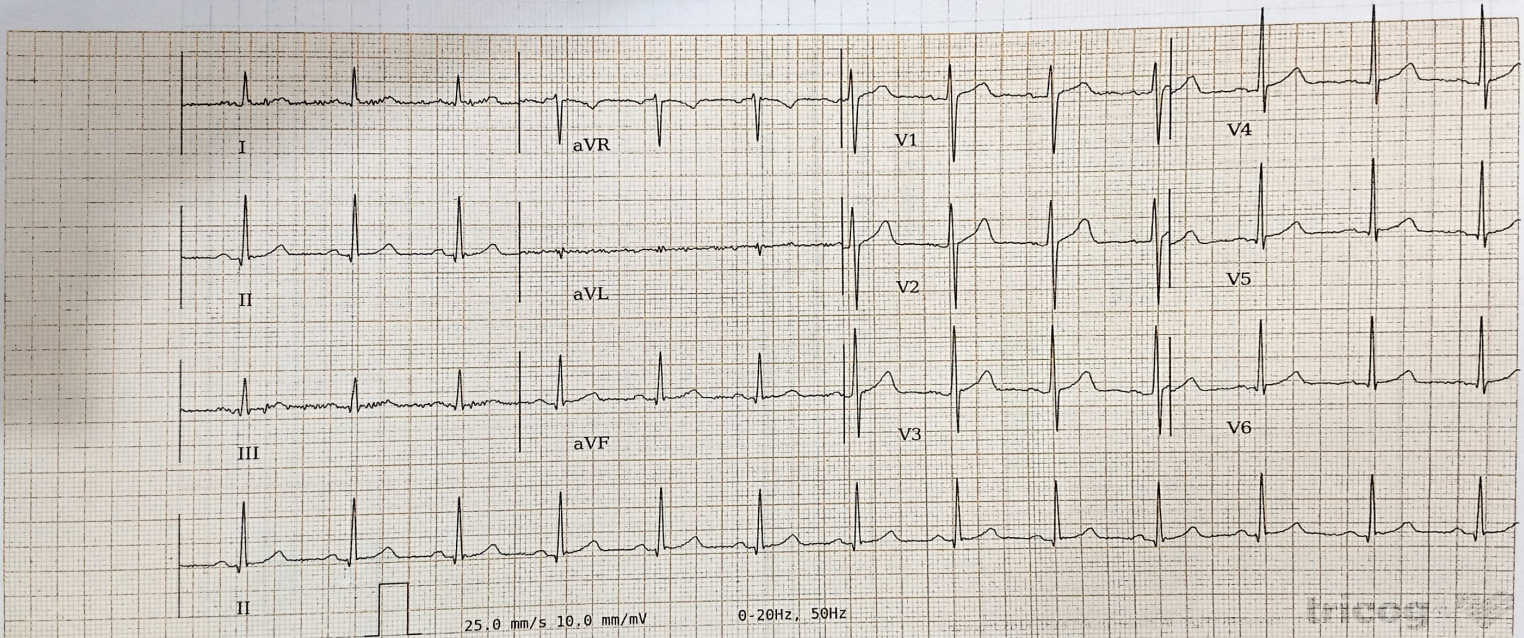
 **9893 110 657**



Age / Gender: 30/Male
Patient ID: 000009051
Patient Name: MR AMAN SHUKLA

Date and Time: 9th Nov 24 8:59 AM

MR SHUKLA



AR: 81bpm VR: 81bpm QRSD: 80ms QT: 372ms QTcB: 432ms PRI: 156ms P-R-T: 61° 58° 48°

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician

Patient ID:	09112401	Patient Name:	MR.AMAN SHUKLA 30YRS
Age:	30Y/M	Sex:	M
Study Date:	9/11/2024 9:51:03 AM	Ref. By:	DR.SELF

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costophrenic angles appear normal.

The hila, mediastinal and diaphragmatic outlines appear normal.

Cardiac silhouette appears normal.

The bony thoracic cage and soft tissues are normal.

IMPRESSION

* No significant abnormality is seen.



Dr Shardul Gund
MD RADIOLOGY
MMC 2018030488

P115201000000



MR. JAMES R. BROWN, MD, PS, 09113101 M. CHEST PA 30 M. 11 04 10

Patient Name	: Mr. AMAN SHUKLA	Age / Gender	: 30Y/Male
UHID/MR No.	: FABR.0000009051	OP Visit No	: FABROPV10795
Visit Date	: 09-11-2024 08:25	Reported on	: 09-11-2024 12:28
Sample Collected on	: 09-11-2024 11:44	Specimen	: Whole Blood (Edta)
Sample No	: WHB1614070	Pres Doctor:	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: TEAM MEDIWHEEL		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HAEMOGRAM			
HAEMOGLOBIN Method: Non Cyanide,SIs Based	14.7	13-17 gm/dl	gm/dl
TOTAL WBC COUNT: Method: Electrical Impedence	8,800	4000 - 10000	thousand/cumm
RBC COUNT Method: Electrical Impedence	4.62	4.5 - 5.5	Million/Cumm.
HEMATOCRIT(PCV) Method: Cumulative Pulse	43.4	40 - 50	%
MCV Method: Calculated	94.1	83 - 101	fl
MCH Method: Calculated	31.8	27 - 32	pg
MCHC Method: Calculated	33.8	31.5 - 34.5	gm/dl
PLATELET COUNT Method: Electrical Impedence	2.98	1.5 - 4.0	Lakhs/c.mm
NEUTROPHIL Method: Microscopy	67	40 - 80	%
LYMPHOCYTE Method: Microscopy	27	20 - 40	%
MONOCYTE Method: Microscopy	04	2 - 10	%
EOSINOPHIL Method: Microscopy	02	1 - 6	%
BASOPHIL Method: Microscopy	00	< 1 - 2	%
ESR Method: Westergren's Method	08	M 10 F 12	mm/hr

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
GHI0029


DR. S.K SHARMA (V)
 MBBS MD
 MD PATHOLOGY

Patient Name : Mr. AMAN SHUKLA
UHID/MR No. : FABR.0000009051
Visit Date : 09-11-2024 08:25
Sample Collected on : 09-11-2024 11:44
Sample No : WHB1614070
Ref Doctor : SELF
Emp/Auth/TPA ID : TEAM MEDIWHEEL
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 30Y/Male
OP Visit No : FABROPV10795
Reported on : 09-11-2024 12:28
Specimen : Whole Blood (Edta)
Pres Doctor: :



Patient Name	: Mr. AMAN SHUKLA	Age / Gender	: 30Y/Male
UHID/MR No.	: FABR.0000009051	OP Visit No	: FABROPV10795
Visit Date	: 09-11-2024 08:25	Reported on	: 09-11-2024 12:28
Sample Collected on	: 09-11-2024 11:44	Specimen	: Urine
Sample No	: UR1151520	Pres Doctor:	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: TEAM MEDIWHEEL		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION

Tests	CLINICAL PATHOLOGY			
	Result	Units	Biological Ref Range	Test Method
URINE EXAMINATION				
<u>Physical Examination</u>				
Colour	: Pale Yellow			
Quantity	30 ML	CC		
Appearance	: Clear			
Specific Gravity	1.010		1.010 - 1.030	
Reaction (pH)	: Acidic			
<u>Chemical Examination</u>				
Proteins	: Absent			
Glucose	: Absent			
Occult Blood	: Absent			
Ketones	: Absent			
Urobilinogen	: Normal			
Bile Pigments	: Absent			
<u>Microscopic Examination</u>				
Red Blood Cells	NIL	/hpf	00 - 03	
Pus Cells	2-3	/hpf	00 - 05	
Epithelial Cells	1-2	/hpf		
Casts	: Absent			
Crystals	: Absent			
Amorphous Deposits	: Absent			
Comments				

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Sample No : UR1151520
Ref Doctor : SELF
Emp/Auth/TPA ID : TEAM MEDIWHEEL
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 30Y/Male
OP Visit No : FABROPV10795
Reported on : 09-11-2024 12:28
Specimen : Urine
Pres Doctor: :

MBBS MD
MD PATHOLOGY



Patient Name	: Mr. AMAN SHUKLA	Age / Gender	: 30Y/Male
UHID/MR No.	: FABR.0000009051	OP Visit No	: FABROPV10795
Visit Date	: 09-11-2024 08:25	Reported on	: 09-11-2024 12:28
Sample Collected on	: 09-11-2024 11:44	Specimen	: Serum
Sample No	: SR02218648		
Ref Doctor	: SELF	Pres Doctor:	:
Package Name	: ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324		
Emp/Auth/TPA ID	: TEAM MEDIWHEEL		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		


DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
CREATININE			
CREATININE .. Method: Enzymatic	0.96	ADULT MALE: 0.7-1.3 Female: 0.6-1.1 (0-2) Months Newborn: 0.3-1.0 (1-10) Years Child: 0.3-0.7 2 Months- 1 Years Infant: 0.2-0.4 (10-19) Years Adolescent: 0.5-1.0	mg/dl

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UHID/MR No.	: FABR.0000009051	OP Visit No	: FABROPV10795
Visit Date	: 09-11-2024 08:25	Reported on	: 09-11-2024 12:28
Sample Collected on	: 09-11-2024 11:44	Specimen	: Plasma(Fluoride)
Sample No	: PLF1475955		
Ref Doctor	: SELF	Pres Doctor:	:
Package Name	: ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324		
Emp/Auth/TPA ID	: TEAM MEDIWHEEL		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		


DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - (FASTING)			
GLUCOSE FASTING,, Method: (GOD-POD)	136.0	CHILD Child: 60-100 Cord Blood: 45-96 Newborn(1day) : 40-60 Newborn>1day : 50-80 ADULT Normal: <100 Pre-diabetes: 100-125 Diabetes: 126	mg/dl

End of the report

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Patient Name : Mr. AMAN SHUKLA
UHID/MR No. : FABR.0000009051
Visit Date : 09-11-2024 08:25
Sample Collected on : 09-11-2024 11:44
Sample No : SR02218648
Ref Doctor : SELF
Emp/Auth/TPA ID : TEAM MEDIWHEEL
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 30Y/Male
OP Visit No : FABROPV10795
Reported on : 09-11-2024 12:28
Specimen : Serum
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

BUN/CREATININE RATIO


Test Name	Result	Units	Ranges
BUN	12.1	mg/dl	10-20
Creatinine	0.96	mg/dl	0.6-1.2
BUN Creatinine Ration	13.4		10:1 – 20:1

Sample Type: Serum

End of the report

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UHID/MR No.	: FABR.0000009051	OP Visit No	: FABROPV10795
Visit Date	: 09-11-2024 08:25	Reported on	: 09-11-2024 12:28
Sample Collected on	: 09-11-2024 11:44	Specimen	: Serum
Sample No	: SR02218648		
Ref Doctor	: SELF	Pres Doctor:	:
Package Name	: ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324		
Emp/Auth/TPA ID	: TEAM MEDIWHEEL		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		


DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
BILIRUBIN - TOTAL			
TOTAL BILIRUBIN .. Method: Diazo.	1.11	Adults: 0-2.0 Cord: < 2 Newborns, premature 0-1 days: 1.0-8.0 1-2 days: 6.0-12.0 3-5 days: 10.0-14.0 Newborns, full term: 0-1 days: 2.0-6.0 1-2 days: 6.0-10.0 3-5 days: 4.0-8.0	mg/dl

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UHID/MR No.	: FABR.0000009051	OP Visit No	: FABROPV10795
Visit Date	: 09-11-2024 08:25	Reported on	: 09-11-2024 12:28
Sample Collected on	: 09-11-2024 11:44	Specimen	: Serum
Sample No	: SR02218648	Pres Doctor:	:
Ref Doctor	: SELF		
Package Name	: ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324		
Emp/Auth/TPA ID	: TEAM MEDIWHEEL		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		


DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
ALT (SGPT)			
ALT (SGPT) Method: IFCC WITHOUT P5P	73.0*	Up to 45	U/L

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Patient Name	: Mr. AMAN SHUKLA	Age / Gender	: 30Y/Male
UHID/MR No.	: FABR.0000009051	OP Visit No	: FABROPV10795
Visit Date	: 09-11-2024 08:25	Reported on	: 09-11-2024 13:39
Sample Collected on	: 09-11-2024 11:44	Specimen	: Plasma(PP)
Sample No	: PLP811991		
Ref Doctor	: SELF	Pres Doctor:	:
Package Name	: ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324		
Emp/Auth/TPA ID	: TEAM MEDIWHEEL		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		


DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - (POST PRANDIAL)			
GLUCOSE POST PRANDIAL, Method: GOD-PAP	172.0*	Normal: <140	mg/dl

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