

Name : Ms. MONALI GUHAIT (36 /F)

Date : 08/03/2025

Address : KANCHAN BIBHUTI SMRITI SADAN,PLOT 180 PART,PO-HIJLI CO-OPERATIVE SOCIETY,PS-KHARAGPUR TOWN, PASCHIM MEDINIPUR, PASCHIM MEDINIPUR, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001402170

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH238034



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Heart
disease, Stroke, Asthma

Thyroid disease - hypothyroidism;
Medication - regular; -
Thyronorm 25 mcg



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 20.2.25; Periods - irregular;
No of Children - 1; Last child birth - 4 yrs; Deliveries
- LSCS

Central nervous system

Head ache - on and off

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant

Weight

- stable

General symptoms

General symptoms - nonspecific myalgia



Past medical history

Covid 19 - Yes



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



Family history

Father - alive

Mother - alive

Diabetes - father,mother

Hypertension - father,mother

Coronary artery
disease - father

Cancer - None


PHYSICAL EXAMINATION



General

Build - obese

Height - 152
Weight - 73
BMI - 31.6
Pallor - No
Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 77
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 118
Diastolic(mm of Hg) - 76
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:
(RE):FULL (LE):FULL
ANTERIOR SEGMENTS:
(RE):WNL (LE):WNL
VISUAL ACUITY
DISTANCE:WITHOUT
GLASS (RE):6/6 (LE):6/6
VISUAL ACUITY
NEAR:WITHOUT GLASS
(RE):N6 (LE):N6
ADVICE:*Review after
1yr/SOS

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin | 12.2 | g/dl | ● | 12.0-15.0 |
| RBC COUNT | 4.56 | Million/ ul | ● | 3.8-4.8 |
| Hematocrit - Hct: | 38.8 | % | ● | 36-46 |
| MCV | 85.1 | fl | ● | 83-101 |
| MCH | 26.7 * | pg | ● | 27-32 |
| MCHC | 31.4 * | % | ● | 31.5-34.5 |
| RDW | 14.3 * | % | ● | 11.8-14.0 |
| WBC Count | 9000 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.66 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 74 | % | ● | 40-80 |
| Lymphocytes | 20 | % | ● | 20-40 |
| Monocytes | 05 | % | ● | 2-10 |
| Eosinophils | 01 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate. | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 22 * | mm/1st hr | ● | 0-20 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|-----------------|------|-------|-------|
| Volume: | 10 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Slightly Turbid | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |
| Epithelial Cells | 1-3 | | | |

Casts: Not Found
 Crystals: Not Found
 Note: Outside Container.

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 21 | U/L | ● | 0-35 |
| ALBUMIN - SERUM | 3.8 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 83 | U/L | ● | 33-98 |
| AST (SGOT) - SERUM | 26 | U/L | ● | 0-35 |
| BILIRUBIN TOTAL - SERUM | 0.5 | mg/dL | ● | 0.3-1.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 142 | mg/dL | ● | 0-200 |
| Non-HDL Cholesterol | 105 | | | |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.7 | mg/dL | ● | 0.6-1.1 |
| CREATININE - SERUM | 0.7 | mg/dL | ● | 0.6-1.1 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 7 | U/L | ● | 0-38 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

● Within Normal Range ● Borderline High/Low ● Out of Range

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GLUCOSE - PLASMA (FASTING) 96 mg/dL ● 70-99

TOTAL T4: 9.41 µg/dL ● 5.48-14.28
THYROXINE - SERUM (Chemiluminescence)

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 94 mg/dL ● 70-140

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 88 mg/dL ● 0-150

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.3 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA
Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence) 2.88 µIU/mL ● 0.38-5.33

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.9 mg/dL ● 2.4-5.7

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TC/HDL-C ratio serum 4 * ● Optimal<3.5
HDL CHOLESTEROL - SERUM 37 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 98 mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 7 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 6.4 g/dL ● 6.4-8.3
Albumin/Globulin Ratio 1.5 ● 1.0-2.0
GLOBULIN: (CALCULATED) - SERUM 2.6 g/dL ● 1.8-3.6

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 6.5 * ● 7.0-18.0
UREA - SERUM 14 mg/dL ● 13-43
UREA - SERUM 14 mg/dL ● 13-43

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 9.3
BUN (BLOOD UREA NITROGEN) 6.5 * ● 7.0-18.0
UREA - SERUM 14 mg/dL ● 13-43
UREA - SERUM 14 mg/dL ● 13-43
CREATININE - SERUM 0.7 mg/dL ● 0.6-1.1
CREATININE - SERUM 0.7 mg/dL ● 0.6-1.1

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence) 0.89 ng/ml ● 0.87-1.78

ECG

● Within Normal Range ● Borderline High/Low ● Out of Range

SINUS BRADYCARDIA WITH SINUS ARRHYTHMIA.
LOW VOLTAGE QRS.

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.
* Right paraovarian cyst.
Suggested follow up.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

DONE BY
Dr. HENA PARVIN
DNB RESIDENT
In consultation with

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

A/G - RATIO

Blood Bank - 2 Services

BLOOD GROUPING AND TYPING (ABO AND RH)

Histopathology

PAP SMEAR /CERVICAL SMEAR

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)



Within Normal Range



Borderline High/Low



Out of Range

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

3

ACCEPTABLE SCORE

3

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515