

Name : Mrs. RUPA GHOSH (41 /F)

Date : 09/11/2024

Address : INDHUREKHA ENCLAVE 105D 8 ASHUTOSH GHOSH ROAD BARSAT, NORTH 24  
PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AMHL.0002450657

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH226005



## CHIEF COMPLAINTS

For corporate health checkup  
Itching

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder  
Hypertension Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY :09/11/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Dyspepsia - yes; Nature - intermittent

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 26/10/24; Periods - irregular;  
No of Children - 1; Deliveries - normal vaginal  
delivery

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- itching



### Present medications

- AMLOKIND H



### Past medical history

Past medical history - nil significant



### Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Diabetes - mother

Hypertension - mother

Coronary artery  
disease - none

Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight

Height - 161

Weight - 66

BMI - 25.46

Pallor - No

Oedema - no



### Cardiovascular system

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Heart rate (Per minute) - 83  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 89  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	13.5	g/dl	●	12.0-15.0
RBC COUNT	4.34	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	39.2	%	●	36-46
MCV	90.3	fl	●	83-101
MCH	31.0	pg	●	27-32
MCHC	34.4	%	●	31.5-34.5
RDW	13.0	%	●	11.8-14.0
WBC Count	7000	/cu mm	●	4000-10000
Platelet Count	1.41 *	lacs/cu mm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	22	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			

### ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	36 *	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	0-2	/hpf		

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

### ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	12	U/L	●	0-35

### ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1

### ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	60	U/L	●	33-98

### AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	16	U/L	●	0-35

### BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.3-1.2

### CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
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● Within Normal Range      ● Borderline High/Low      ● Out of Range

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CHOLESTEROL - SERUM 188 mg/dL ● 0-200

Non-HDL Cholesterol 142

LDL CHOLESTEROL -SERUM 128 \* mg/dL ● 0-100

VLDL CHOLESTEROL - SERUM (Calculated) 14 mg/dL ● 0-35

**CREATININE - SERUM**

Test Name Result Unit Level Range  
CREATININE - SERUM 0.8 mg/dL ● 0.6-1.1

**GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM**

Test Name Result Unit Level Range  
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 13 U/L ● 0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (FASTING) 90 mg/dL ● 70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (POST PRANDIAL) 99 mg/dL ● 70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.0 % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA  
Therapeutic goal : <7%

**HDL CHOLESTEROL - SERUM**

Test Name Result Unit Level Range  
TC/HDL-C ratio serum 4 \* ● Optimal<3.5  
HDL CHOLESTEROL - SERUM 46 mg/dL ● 30-70

**LDL CHOLESTEROL -SERUM**

Test Name Result Unit Level Range

**PROTEIN TOTAL - SERUM**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 7.8 g/dL ● 6.4-8.3  
Albumin/Globulin Ratio 1.3 ● 1.0-2.0  
GLOBULIN: (CALCULATED) - SERUM 3.4 g/dL ● 1.8-3.6

**TOTAL T3: TRI IODOTHYRONINE - SERUM**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence) 1.63 ng/ml ● 0.87-1.78

**TOTAL T4: THYROXINE - SERUM**

Test Name Result Unit Level Range  
TOTAL T4: THYROXINE - SERUM (Chemiluminescence) 11.07 µg/dL ● 5.48-14.28

**TRIGLYCERIDES - SERUM**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 111 mg/dL ● 0-150

**TSH: THYROID STIMULATING HORMONE - SERUM**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence) 3.63 µIU/mL ● 0.38-5.33

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 6.5 \* ● mg/dL 2.4-5.7

**BILIRUBIN CONJUGATED (DIRECT) - SERUM**

Test Name Result Unit Level Range

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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BILIRUBIN 0.1 mg/dL ● 0.0-0.2  
CONJUGATED  
(DIRECT) - SERUM

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.9	mg/dL	●	7.0-18.0
UREA - SERUM	19	mg/dL	●	13-43

### BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	11.1			
BUN (BLOOD UREA NITROGEN)	8.9	mg/dL	●	7.0-18.0
UREA - SERUM	19	mg/dL	●	13-43
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

### PAP SMEAR /CERVICAL SMEAR

Ref No:  
AG01.C2408957  
SPECIMEN TYPE:  
Conventional cervical smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy, with no organism

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Mild bulky uterus and show heterogeneous myometrial echotexture -? early/ mild adenomyotic changes.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. SUBHRAJIT HAZRA  
DMRD, DNB (RADIOLOGY)  
CONSULTANT RADIOLOGIST  
Reg. No. 71276 (WBMC)

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

Dr. MOURUSI MANDAL  
DNB RESIDENT  
In consultation with

Dr. SUBHRAJIT HAZRA  
DMRD, DNB (RADIOLOGY)  
CONSULTANT RADIOLOGIST  
Reg. No. 71276 (WBMC)

### X-RAY MAMMOGRAPHY BILATERAL (MHC)

\* Punctate calcifications in upper outer quadrant of right breast - BIRADS-2.

\* Tram track vascular calcifications in left breast - BIRADS-2.

BIRADS Category:  
0. Requires additional evaluation  
1. Negative  
2. Benign findings  
3. Intermediate  
4. Suspicious malignancy  
5. Highly suggestive of malignancy  
6. Histologically proven malignancy)

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

### Biochemistry

A/G - RATIO

### CARDIOLOGY

TREADMILL TEST / STRESS TEST

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Printed By :

**Dr.JHUMA BAGCHI**

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### AICVD RISK SCORE REPORT

**RISK STATUS**

Low Risk

**YOUR SCORE**

3

**ACCEPTABLE SCORE**

4

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**