



MEDICOVER
HOSPITALS

MEDICOVER HOSPITALS

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME : Mr / Mrs Senal: Braude

DATE: 11/1/25

AGE : 49yrs

SEX: Male/ Female

UMR NO : 542501000763

DOCTOR'S NAME:

Health- Package

TEMP :	<u>98.6</u> ° f	BP :	<u>135/81</u> mmHg
PULSE :	<u>60</u> b/m	HEIGHT :	<u>152</u> cm
RR :	<u>20</u> b/m	WEIGHT :	<u>72</u> kg
SPO2 :	<u>98</u> % <u>RA</u>	HGT:	<u>-</u>

REMARK:



MEDICOVER
HOSPITALS

NAVI MUMBAI

2D ECHO CARDIOGRAPHY WITH COLOR DOPPLER

<i>Name</i>	: Mrs. Sonal Bharade	Date:- 11/01/2025
<i>Age / Sex</i>	: 49 Yrs / Female	NMU : 542501000763
<i>Referred By</i>	: Health Checkup	

FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction.
- Trivial mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- Trivial tricuspid regurgitation. No pulmonary hypertension.
PASP = 21 mm Hg.
- No left ventricle clot / vegetation / pericardial effusion.
- Thinned IAS.
- Intact IAS and IVS.
- Normal left atrium and left ventricle dimensions.
- Normal right atrium and right ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

IMP:

- No RWMA.
- Trivial MR and TR. No PH.
- Normal LV and RV systolic function.

DR. RISHI BHARGAVA
MD DM CARDIOLOGY





MEDICOVER
HOSPITALS

NAVI MUMBAI

M-MODE MEASUREMENTS:

LA	33	mm
AO root	29	mm
AO CUSP SEP	18	mm
LVID(s)	31	mm
LVID(d)	43	mm
IVS(d)	10	mm
LVPW(d)	10	mm
RVID(d)	29	mm
RA	30	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Trivial
AORTIC	5			Nil
TRICUSPID	21			Trivial
PULMONERY	4.1			Nil





Name	: Mrs. SONAL MANISH BHARADE	Age /Sex	: 49Y Y(s)/FEMALE
Bill No.	: MCB54250102880	UMR No.	: 542501000763

LABORATORY REPORT : BIOCHEMISTRY

Parameters	Result	Reference Range	Units
BUN / CREATININE RATIO			
(Bill Date : 11-Jan-2025 09:16 AM	Result ID : RMI250108019)		
BUN / CREATININE RATIO <i>CALCULATED</i>	10.5	10-20	
SERUM CREATININE			
(Bill Date : 11-Jan-2025 09:16 AM	Result ID : RMI250108020)		
CREATININE <i>Jaffe</i>	0.57 *	0.6 - 1.2	mg/dL
LIPID PROFILE			
(Bill Date : 11-Jan-2025 09:16 AM	Result ID : RMI250108021)		
TOTAL CHOLESTEROL <i>Enzymatic colorimetric</i>	207 *	Desirable :: < 200 mg/dL Borderline High :: 200 - 239 mg/dL High risk : > 240 mg/dL	mg/dL
HDL CHOLESTEROL <i>Homogeneous enzymatic colorimetric</i>	49	Low :: < 40 mg/dL High :: > 60 mg/dL	mg/dL
LDL CHOLESTEROL <i>Direct-Enzymatic colorimetric</i>	144 *	Very High : - > 190 mg/dL Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL High : 160 - 189 mg/dL Borderline High:130-159 mg/dl	mg/dL
VLDL <i>Calculation</i>	20	2 - 30 mg/dL	mg/dL
SERUM TRYGLYCERIDES <i>Enzymatic colorimetric</i>	98	< 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL	mg/dL
CHO/HDL RATIO <i>Calculation</i>	4.22 *	Normal : - < 3.5 High Risk : - > 5.0	
LDL/HDL RATIO	2.94		
HBA1C (GLYCOSYLATED HAEMOGLOBIN)			
(Bill Date : 11-Jan-2025 09:16 AM	Result ID : RMI250108022)		
HBA1C <i>HPLC</i>	5.1	" Normal : < 5.7% Pre diabetic : 5.7 % - 6.5 % Diabetic : > 6.5 %	



Name	: Mrs. SONAL MANISH BHARADE	Age /Sex	: 49Y Y(s)/FEMALE
Bill No.	: MCB54250102880	UMR No.	: 542501000763

BUN(BLOOD UREA NITROGEN)

(Bill Date : 11-Jan-2025 09:16 AM Result ID : RMI250108023)

BUN (Blood Urea Nitrogen.) <i>Calculated</i>	6 *	7 - 21.0	mg/dL
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LFT(LIVER FUNCTION TEST)

(Bill Date : 11-Jan-2025 09:16 AM Result ID : RMI250108024)

TOTAL BILIRUBIN <i>DIAZO</i>	0.5	<1.2	mg/dL
DIRECT BILIRUBIN <i>DIAZO</i>	0.2	<=0.20	mg/dL
INDIRECT BILIRUBIN <i>Calculated</i>	0.3	<=1.0	mg/dL
SGPT (ALT) <i>UV without P5P</i>	8	<=33	U/L
SGOT (AST) <i>UV without P5P</i>	11	<= 32	U/L
ALKALINE PHOSPHATASE (ALP) <i>PNPP, AMP Buffer - IFCC Ref.</i>	91	35 - 105	U/L
TOTAL PROTEINS <i>Biuret method</i>	7.1	6.0 - 8.0 g/dL	g/dL
SERUM ALBUMIN <i>Bromcresol Green (BCG)</i>	4.2	3.5 - 5.2 g/dL	g/dL
GLOBULINS <i>Calculated</i>	2.9	2.5 - 3.5 g/dL	g/dL
A/G RATIO <i>Calculation</i>	1.4	1.2 - 2.5	
GAMMA GLUTAMYL TRANSFERASE(GGT) <i>G-glutamyl-carboxy-nitroanilide-IFCC</i>	10	6-42	U/L

SERUM URIC ACID

(Bill Date : 11-Jan-2025 09:16 AM Result ID : RMI250108025)

SERUM URIC ACID <i>uricase</i>	5.9 *	2.4-5.7	mg/dL
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T3,T4 AND TSH

(Bill Date : 11-Jan-2025 09:16 AM Result ID : RMI250108029)

T3 <i>ECLIA</i>	119.1	70 - 204	ng/dL
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Bill No.	: MCB54250102880	UMR No.	: 542501000763

T4 ECLIA	12.25	5.1 - 14.1	ug/dL
TSH(THYROID STIMULATING HORMONE) ECLIA	1.77	0.270 - 4.20	uIU/mL

FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)

(Bill Date : 11-Jan-2025 09:16 AM Result ID : RMI250108031)

FASTING BLOOD GLUCOSE <i>Hexokinase</i>	93	Normal Range : 70 - 99 Impaired Glucose tolerance : 100 -125 Diabetes Mellitus : >=126	mg/dL
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FASTING URINE GLUCOSE NIL

PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)

(Bill Date : 11-Jan-2025 09:16 AM Result ID : RMI250108613)

PLBS (POST LUNCH BLOOD GLUCOSE)	101	Normal Range : <140 Impaired Glucose Tolerance : 140 -199 Diabetes Mellitus : >=200
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URINE SUGAR NIL


DR. MEHROTRA VISHAL
MD PATHOLOGY



MEDICOVER HOSPITALS

UNIT NO.04,BASEMENT, C/O MEDICOVER
HOSPITALS,PLOT NO.01,SECTOR
NO.10,KHARGHAR,PANVEL (RAIGAD ZONE 1
)MAHARASHTRA INDIA 410210 .. Navimumbai




Name	: Mrs. SONAL MANISH BHARADE	Age /Sex	: 49Y Y(s)/FEMALE
Bill No.	: MCB54250102880	UMR No.	: 542501000763

LABORATORY REPORT : BLOOD BANK

Parameters	Result	Reference Range	Units
BLOOD GROUPING AND RH			
(Bill Date : 11-Jan-2025 09:16 AM		Result ID : RMI250108030)	
BLOOD GROUP <i>Tube agglutination</i>	A		
RH TYPE	POSITIVE		

INTERPRETATION

1. If Rh is Du positive it is best considered as Rh negative as recipient and Rh positive as donor. Proper Cross matching is recommended before transfusion.
2. In case of forward and reverse grouping discrepancy, clinical correlation and repeat sample analysis is recommended.
3. For Infants below 6 months only forward grouping is performed.
4. A sub-grouping is recommended after the age of 6 months.


DR. MEHROTRA VISHAL
MD PATHOLOGY



Name	: Mrs. SONAL MANISH BHARADE	Age /Sex	: 49Y Y(s)/FEMALE
Bill No.	: MCB54250102880	UMR No.	: 542501000763

LABORATORY REPORT : CLINICAL PATHOLOGY

Parameters	Result	Reference Range	Units
CUE(COMPLETE URINE EXAMINATION)			
(Bill Date : 11-Jan-2025 09:16 AM Result ID : RMI250108026)			
<u>PHYSICAL EXAMINATION</u>			
VOLUME	25 ML		ml
COLOUR	PALE YELLOW	PALE YELLOW	
APPEARANCE	CLEAR	CLEAR	
<u>CHEMICAL EXAMINATION</u>			
DEPOSIT	ABSENT	ANSENT	
SPECIFIC GRAVITY	1.000	1.000 - 1.030	
<i>Bromthymol blue</i>			
PH	6.5	5.0 - 8.0	
<i>Bromthymol blue</i>			
PROTEIN	NIL	NIL (<15 mg/dL)	
<i>Tetra-bromophenol blue/Heat coagulation test</i>			
GLUCOSE	NIL	NIL (<25 mg/dL)	
<i>Glucose oxidase Peroxidase/Benedict?s test</i>			
UROBILINOGEN	NIL	NIL	
<i>Diazonium salt</i>			
KETONE	NIL	NIL (<5 mg/dL)	
<i>Sodium nitroprusside/Rothera?s test.</i>			
BLOOD	NIL	NEGATIVE	
<i>Dipstick/Microscopy</i>			
BILIRUBIN	NIL	NEGATIVE	
<i>Dipstick/Fouchets test</i>			
BILE SALT	NIL	NEGATIVE	
<i>Hays sulphur powder</i>			
BILE PIGMENT	NIL	NEGATIVE	
<i>Fouchet test</i>			
NITRITE	NIL	NEGATIVE	
<i>Sulfanilic acid</i>			



Name	: Mrs. SONAL MANISH BHARADE	Age /Sex	: 49Y Y(s)/FEMALE
Bill No.	: MCB54250102880	UMR No.	: 542501000763

LABORATORY REPORT : HAEMATOLOGY

Parameters	Result	Reference Range	Units
ESR			
(Bill Date : 11-Jan-2025 09:16 AM Result ID : RMI250108027)			
ESR <i>MODIFIED WESTERGREN'S METHOD</i>	31 *	0 - 20	mm/1st hour

CBP(COMPLETE BLOOD PICTURE)

Parameters	Result	Reference Range	Units
(Bill Date : 11-Jan-2025 09:16 AM Result ID : RMI250108028)			
R B C COUNT <i>Electrical Impedance</i>	4.29	3.8-4.8	10 ¹² /L
HEMOGLOBIN <i>Photometric</i>	11.9 *	12.0 - 15.0	gms/dL
PCV/HCT <i>Calculated</i>	37.0	36 - 46	%
MCV <i>Calculated</i>	86.1	83 - 101	fl
MCH <i>Calculated</i>	27.7	27 - 32	pg
MCHC <i>Calculated</i>	32.2	31.5 - 34.5	g/dL
RDW(cv)	14.3 *	11.6 - 14.0 %	%
TLC (TOTAL LEUCOCYTE COUNT) <i>Impedance</i>	5.41	4.0 - 10.0	10 ³ /μl

DIFFERENTIAL COUNT

NEUTROPHILS <i>DHSS/Microscopy</i>	67	40 - 80 %
LYMPHOCYTES <i>DHSS/Microscopy</i>	29	20 - 40 %
MONOCYTES <i>DHSS/Microscopy</i>	03	02 - 10 %
EOSINOPHILS <i>DHSS/Microscopy</i>	01	00 - 06 %
BASOPHILS <i>DHSS/Microscopy</i>	00	00 - 01 %



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NO.10,KHARGHAR,PANVEL (RAIGAD ZONE 1
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Name : Mrs. SONAL MANISH BHARADE

Age /Sex : 49Y Y(s)/FEMALE

Bill No. : MCB54250102880

UMR No. : 542501000763

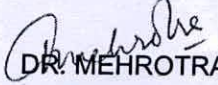
PLATELET COUNT

215

150 - 400 $10^3/\mu\text{L}$

$10^3/\mu\text{L}$

Electrical Impedance


DR. MEHROTRA VISHAL
MD Pathology

Patient ID:	542501000763	Patient Name:	SONAL MANISH BHARADE
Age:	49 Years	Sex:	F
Accession Number:		Modality:	DX
Referring Physician:		Study:	CHEST
Study Date:	11-Jan-2025		

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

Both pleural spaces are clear.

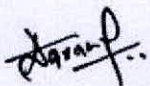
Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

- No significant abnormality is seen.



DR. ANUPKUMAR AGRAWAL
Consultant & HOD Radiology
MBBS, MD

Date: 11-Jan-2025 12:59:24

Patient ID:	542501000763	Patient Name:	SONAL MANISH BHARADE 49YRS/F
Age:		Sex:	F
Accession Number:		Modality:	US
Referring Physician:	DMO	Study:	USG ABDOMEN AND PELVIS
Study Date:	11-Jan-2025		

USG ABDOMEN & PELVIS

The Liver is normal in size (15.3 cm) and shows normal echotexture. No focal lesion is seen. The Hepatic veins appear normal. There is no IHBR dilatation. The portal vein appears normal.

The gall bladder is well distended with normal wall thickness. There is no evidence of gallstones. C.B.D. is of normal caliber.

The Pancreas is normal in size and echotexture.

The spleen is normal size (10 cm). No focal lesion is seen.

The Right Kidney measures 9.6 x 4 cm.

The Left Kidney measures 9.5 x 3 cm.

Both kidneys are normal in size, shape and echotexture. They show normal cortical echogenicity with maintained cortico-medullary distinction.

There is no evidence of a calculus, hydronephrosis, or hydroureter.

The Urinary bladder is adequately distended and shows normal wall thickness. No evidence of any intraluminal mass or calculi.

The uterus is normal in size and echotexture. It measures 8.1 x 4.8 x 4.5 cm.

Posterior wall of uterus shows heterogeneous echotexture.

The Endometrial thickness is 7.5 mm.

Both ovaries are well visualized and appear normal in size and echotexture.

The Right ovary measures 3.5 x 3.4 cm

The Left ovary measures 2.6 x 1.8 cm

There is no evidence of any ovarian or adnexal mass lesion.

Visualised bowel loops are unremarkable.

There is no evidence of significant lymphadenopathy.

No ascitis is seen.

IMPRESSION:

Posterior wall of uterus shows heterogeneous echotexture – may represent early adenomyosis changes.

No other significant abnormality is seen.



DR. ANUPKUMAR AGRAWAL
Consultant & HOD Radiology
MBBS, MD

Date: 11-Jan-2025 10:54:39

HC 763
49 Years
sonal bharade
Female
1/11/2025 10:55:00 AM

Rate 70 . Sinus rhythm.....normal P axis, V-rate 50- 99

PR 143
QRS 91
QT 373
QTc 403

--AXIS--

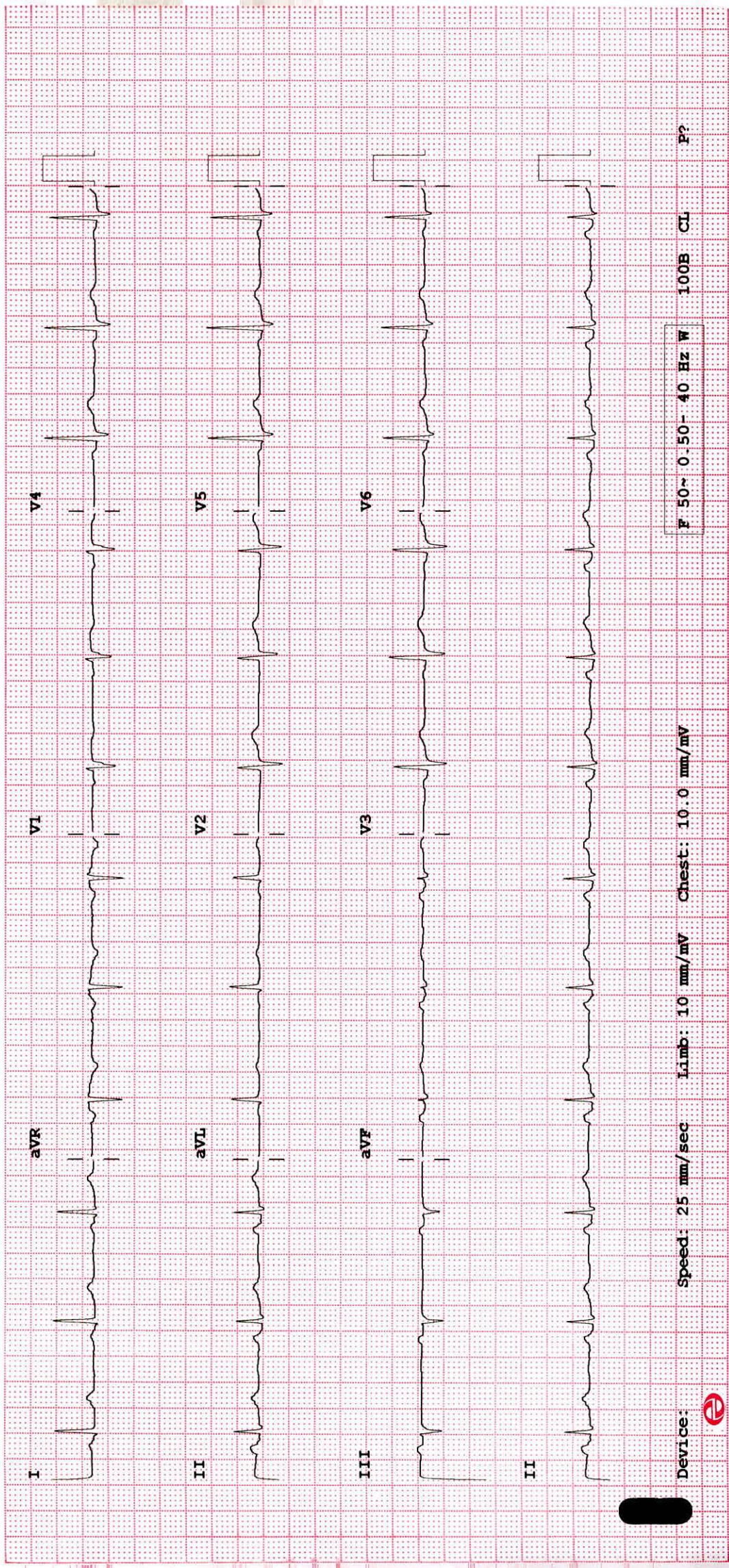
P 43
QRS 2
T 35

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis

WNL
A



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50- 40 Hz W 100B CL P?

OUT PATIENT DEPARTMENT

Patient Name : Mrs. SONAL MANISH BHARADE	UMR No : 542501000763
Age/Gender : 49Years, 10Months/FEMALE	Bill No : HC542501000305_14 Bill Dt : 11-Jan-2025
Mobile : 8928176364	Visit Dt. : 11-Jan-2025 Visit Type : Single
Organisation : ARCOFEMI HEALTHCARE PVT. LTD (MEDIWHEEL).	

Vitals :

BP Sit	BP Stand	BMI					
0/	0/	--					

Consultant :

DR.Anushree Sameer Vankar

CONSULTANT

Ophthalmology History :

HEALTH CHECKUP

Assessment And Plan :

VN(PGP) (RE) : 6/6 N6 (LE): 6/6 N6

COLOUR VISION : (BE) NORMAL

REF : (RE) -5.75DS/-0.50CYL@20 --6/6 (LE) : -4.50DS--:6/6P

ADD : (BE) +2.50DSPH- N6

ANT SEG (BE) - WNL DISC (RE) - 0.3 MILD TEMPORAL PALLOR+ (LE) - 0.2 MILD TEMPORAL PALLOR

Rx :

TOTAL NO.OF MEDICINES: 1

	Medicine	Frequency	Route - Timing - Duration
1	REFRESH TEARS EYE DROP	1-1-1-1	LOCAL APPLICATION - - 1 Months

Timing : --

DR.Anushree Sameer Vankar

CONSULTANT

OUT PATIENT DEPARTMENT

Patient Name : Mrs. SONAL MANISH BHARADE	UMR No : 542501000763
Age/Gender : 49Years, 10Months/FEMALE	Bill No : HC542501000305_15 Bill Dt : 11-Jan-2025
Mobile : 8928176364	Visit Dt. : 11-Jan-2025 Visit Type: Single
Organisation : ARCOFEMI HEALTHCARE PVT. LTD (MEDIWHEEL).	

Vitals :

BP Sit	BP Stand	BMI						
0/	0/	--						

Consultant :

Dr.Binota Singh

BDS, eMBA

CONSULTANT

Final Diagnosis :

gen gingivitis

Chief Complaint :

routine check up

Assessment And Plan :

STAINS AND CALCULUS

Advice :

scaling and polishing

Rx :

Dr.Binota Singh

BDS, eMBA

CONSULTANT