



ભારત સરકાર

Government of India



અશોકકુમાર જનાર્દન સિંહ

Ashokkumar Janardan Singh

જન્મ તારીખ / DOB : 05/12/1970

પુરુષ / Male



2008 1217 4477

મારો આધાર, મારી ઓળખ



भारतीय विशिष्ट अभिलेखन प्राधिकरण
Unique Identification Authority of India

संरनामु:
S/O जनार्दन प्रसाद सिंह, बेंक/303,
पार्श्वनाथ मेट्रो सिटी, टी पी 44,
चान्दखेडा, अहमदाबाद, चान्दखेडा,
गुजरात, 382424

Address:
S/O Janardan Prasad Singh,
N/303, Parshwnath Metro City, T
P 44, Chandkheda, Ahmedabad,
Chandkheda, Gujarat, 382424

2008 1217 4477



1947



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HEALTH CARE 24x7 PATHOLOGY & ENDOCRINE LABORATORY

(FULLY BARCODED , FULLY AUTOMATED, FULLY COMPUTERISED)

DR. HIRAL BHAVESH FALDU M.D. (Pathology)

306, 3rd Floor, Mehta-531 Complex, Nr. N.H.L. Collage, V. S. Hospital Main Gate Touch,
Ashram Road, Elishbridge, Paldi, Ahmedabad-380006.

Mob. : 9327453698, 9316892459 Email : pathology247@gmail.com
E-mail : healthcare24x7@gmail.com website : www.healthcare24x7.in



Patient Name : Ashokkumar Singh Age/Sex : 54 Years/Male
Referred by : C/o. PUSHYA HOSPITAL : DR. VIRAL SHAH (M.S., ORTHO.)
Ref. No : 13511, Sample No. :3511, Registration Date & Time :08/03/2025 09:04

Haemogram Report

Method : Electrical Impedence/Optical Analysis by Automated Cell counter

Sample : EDTA

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
BLOOD COUNTS:			
Haemoglobin	: 14.7	gm%	M:13.5-18,F:12.5-16
R.B.C. Count	: 4.99	mill./cmm	M: 4.7-5.5,F:4.2-5.4
W.B.C. Count	: 5400	/cmm	4000-10000
Platelet Count	: 220000	/cmm	150000-450000
DIFFERENTIAL COUNT:			
Polymorphs	: 58	%	40 - 70
Lymphocytes	: 38	%	20 - 40
Eosinophils	: 02	%	1 - 6
Monocytes	: 02	%	2 - 10
Basophils	: 00	%	0 - 1
BLOOD INDICES:			
P.C.V	: 44.6	%	M:42-52,F:37-47
M.C.V	: 89.4	fL	78-100
M.C.H	: 29.5	pg	27 - 31
M.C.H.C.	: 33.0	g/dL	32 - 36
R.D.W-CV	: 14.1	%	11.5 - 14
SMEAR STUDY:			
RBC	: RBCs are normochromic normocytic .		
WBC	: No premature cells are seen.		
Platelet	: Adequate and Normal.		
Malarial Parasite	: Malarial Parasites not seen.		

---- End of Report ----

Dr. Nirmal Nayak
M.D. (Patho.)

Dr. Hiral Faldu
M.D.(Patho.)

HBF
DR. HIRAL B. FALDU
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REG. NO. G-10569



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Urine Examination

Test Name	Result	Unit	Biological Reference Interval
Physical Examination:			
Quantity	:15	mL	
Color	: Colourless		
Transparency	: Clear		
Specimen Type	: Random		
Chemical Examination:			
Specific Gravity	: 1.015		1.005 - 1.020
Albumin	: Absent		Absent
(Strip & Acetic Acid)			
Sugar(Reducing Substance)	: Nil		Absent
(Strip & Benedict's)			
Ketone	: Absent		Absent
(Rothera's)			
Bile Salts	: Absent		Absent
Bile Pigment	: Absent		Absent
(Fouchet's)			
Reaction(pH)	: Acidic(6.0)		4.6-8.0
(Litmus Paper)			
Urobilinogen	: Absent		Absent
Erythrocyte	: Absent		Absent
Leucocyte Esterases	: Absent		Absent
Nitrates	: Absent		Absent
Microscopic Examination: (After Centrifugation of Urine Sample)			
Pus Cells	: Occasional	/H.P.F	0-5
Red Blood Cells	: Nil	/H.P.F	0-2
Epithelial Cell	: 1-2	/H.P.F	Present
Amorphous	: Absent		Absent
Cast	: Absent		Absent
Crystals	: Absent		Absent
Yeast Cells	: Absent		Absent
Trichomonas	: Absent		Absent
Bacteria	: Absent		Absent

Remarks : -

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Biochemistry

By DIMENSION RLX MAX : SIEMENS
Fully Automated Biochemistry Analyser

Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
GGT*	: 18.53	U/ L	M : 15 - 85 F : 05-55
(Gamma Glutamyl Transferase)			
(Method:G-Glutamyl-p-nitroanilide)			

* NOT IN NABL SCOPE

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PROSTATE SPECIFIC ANTIGEN*

Method : By Chemiluminescent Immunoassay
(Advia Centaur CP : Siemens)

Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
PSA	: 1.78	ng/mL	< 4.0

* NOT IN NABL SCOPE

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BLOOD GROUP & Rh

Method : Slide & Tube Agglutination

Sample : EDTA (W.B.), Serum

<u>Test</u>	<u>Result</u>
Blood Group :	"O"
Rh typing :	Positive
Blood Group & Rh type :	"O" Positive

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Lipid Profile

By DIMENSION RXL MAX-SIEMENS:Fully Automated Biochemistry Analyser

Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Cholesterol (CHOD POD)	: 212	mg/dL	Desirable : < 200 Borderline high : 200 - 239 High : > 240
Triglyceride (GPO PAP)	: 85	mg/dL	Normal : <150 Borderline high : 150-199 High : 200 - 499 Very high : > 500
HDL Cholesterol (PEG Direct)	: 45	mg/dL	Low Risk : > 60 High Risk : < 40
LDL Cholesterol (Calculation)	: 104	mg/dL	Optimal : < 100 Near or above Optimal : 100-129 Borderline : 130-159 High : 160 - 189 Very High : > 190
VLDL Cholesterol (Calculation)	: 17	mg/dL	10 - 30
Cholesterol/HDL (Calculation)	: 4.7		0.00 - 4.10
LDL/HDL (Calculation)	: 2.3		0.5 - 3.0

- Biological Reference Interval given as per NEW ATP III GUIDELINES MODIFICATION OF NCEP -

NOTE : Triglyceride level changes acutely and temporarily because of previous night's diet, fasting/nonfasting state and changes with blood sugar level.

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BIO-CHEMISTRY TEST

By DIMENSION RXL MAX-SIEMENS:Fully Automated Biochemistry Analyser
Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Creatinine (Jaffe's)	: 1.13	mg/dL	Male : 0.7-1.3 Female : 0.55-1.1
Blood Urea (Urease)	: 20	mg/dL	15-39
ELECTROLYTES : (Indirect ISE)			
Sodium	: 137	mEq/L	136 - 145
Potassium	: 3.8	mEq/L	3.5 - 5.1
Chloride	: 102	mEq/L	98 - 107

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Plasma Glucose Estimation

By DIMENSION RXL MAX-SIEMENS:Fully Automated Biochemistry Analyser
Method : Hexokinase

Sample : Flouride Plasma

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Fasting Blood Glucose (FBS)	: <u>104</u>	mg %	< 100 : No Impaired Glucose tolerance 100-125 : Prediabetes > 126 : Hyperglycemia
Post Prandial Blood Glucose: <u>183</u> (PPBS)		mg %	< 100 : Normal Glucose 140-199 : Prediabetes >200 : Provisional Diagnosis of Diabetes.

Ref.: American Diabetes Association (Diabetes care, Volume 38,1, Jan 2015)

Remarks : Values Rechecked
(N.A = Not Available)

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Thyroid Function Test

Method : By Chemiluminescent Immunoassay
(Advia Centaur CP : Siemens)

Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
T3:	1.27	ng/mL	0.6 - 1.81
T4:	9.92	µg/dL	4.5 - 10.9
TSH: (Ultra)	1.175	µIU/mL	0.55 - 4.78

Age Specific Biological Reference Interval as below:

AGE GROUP	T3 ng/mL	T4 µg/dL	TSH µIU/mL	FT3 pg/mL	FT4 ng/dL
1. Infants (01-23 Months)	1.17-2.39	6.03-13.18	0.87-6.15	3.28-5.19	0.94-1.44
2. Children (02-12 Years)	1.05-2.07	5.50-12.10	0.64-6.27	3.34-4.80	0.86-1.40
3. Adolescents (13-20 Years)	0.86-1.92	5.50-11.10	0.48-4.17	3.04-4.65	0.83-1.43
4. Adult (>20 Years)	0.6-1.81	4.5-10.9	0.55-4.78	2.3-4.2	0.89-1.76

*Free T3 and Free T4 tests are NOT IN NABL SCOPE

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Biochemistry Test

By DIMENSION RLX MAX: SIEMENS Fully Automated Biochemistry Analyser
Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Billirubin Total (Jendrassik Grof)	: 0.50	mg/dL	0.2 - 1.0
Billirubin Direct (Diazotization)	: 0.13	mg/dL	0.0 - 0.2
Billirubin Indirect (Calculated)	: 0.37	mg/dL	0.1 - 1.0
SGPT (UV with P5P)	:17	U/L	Male : 16-63 Female : 14-59
SGOT (UV with P5P)	:21	U/L	15- 37
Total Protein (Biuret)	: 7.51	gm/dL	6.4 - 8.2
Albumin (BCP Dye)	: 4.95	gm/dL	3.4 - 5.0
Globulin (Calculated)	: 2.56	gm/dL	2.3 - 3.5
A/G Ratio	: 1.9		0.8-2.0
Alkaline Phosphatase (p-NPP,AMP buffer)	: 49.99	U/L	46-116

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Glycosylated Haemoglobin (HBA1-C)*

Method:HPLC (D-10 System By Bioered)

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Glycosylated HB (HBA1-C)	: 6.39	%	Non-diabetic : 4.5 - 5.7 Pre Diabetic : 5.7 - 6.5 Good control : 6.5 - 8.0 Fair control : 8.0 - 10.0 Poor control : > 10.0
Mean Blood Glucose	: 136.693	mg %	

* NOT IN NABL SCOPE

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Erythrocyte Sedimentation Rate

Sample : EDTA

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
E.S.R.			
Westergren's Method			
After 1 Hour	: 18	mm	M:<10, F:< 20
After 2 Hour	: 38	mm	

Note : As per Ref. of WALLACH'S Interpretation of diagnostic tests , 7th, Page no. 57

Men : ESR = Age (years) / 2, Women : ESR = (Age (years) +10) / 2.

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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Ms. ASHOKKUMAR SINGH on 08/03/2025

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	X
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job. <i>dyslipidaemia, prediabetic.</i></p> <ol style="list-style-type: none"> 1. <i>Do FBS, PPBS, PPS, for (F) tests & consult Family physician for ? DM-II.</i> 2. <i>low fat diet & Antidiabetic diet.</i> 3. <i> brisk walking 45 mins/day. / Take medicines as per advice.</i> <p>However the employee should follow the advice/medication that has been communicated to him/her. <i>Do HbA1c & lipid profile every 3 months</i></p> <p>Review after _____</p>	✓
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ 	X
<ul style="list-style-type: none"> • Unfit 	X

recommened



Dr. Ashokkumar Singh
 Medical Officer 927279
 The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes

MER- MEDICAL EXAMINATION REPORT

Date of Examination	MAGASA 08/03/2025								
NAME	MRS. ASHOK KUMAR SINGH								
AGE	54	Gender	MALE						
HEIGHT(cm)	161	WEIGHT (kg)	65						
B.P.	122/68 mmHg								
ECG	NSR								
X Ray	NAD								
Vision Checkup	Vision-6/6 Color Vision : NAD <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td>Far Vision Ratio :</td> <td>RE</td> <td>LE</td> </tr> <tr> <td>Near Vision Ratio :</td> <td>-1.25 +1.00</td> <td>-1.50 +1.50</td> </tr> </table>			Far Vision Ratio :	RE	LE	Near Vision Ratio :	-1.25 +1.00	-1.50 +1.50
Far Vision Ratio :	RE	LE							
Near Vision Ratio :	-1.25 +1.00	-1.50 +1.50							
Present Ailments	Areticabetic, distoidentis								
Details of Past ailments (If Any)	no any other illness								
Comments / Advice : She /He is Physically Fit	Physically fit & Recommendations.								



[Handwritten Signature]
 27279

Signature with Stamp of Medical Examiner

Name : Mr. ASHOKKUMAR SINGH
UHID/REG : UHID12302/REG-12300
Age/Sex : (54Y 3M 3D-M)
Consultant : Dr. Medical Officer
Sponsor : Apollo Health And Lifestyle Li

- Urine Routine (CUE)
- -GGTP: Gamma Glutamyl Transpeptidase - Serum
- Blood Grouping And Typing (Abo And Rh)
- ECG
- Lipid Profile (all Parameters)
- Renal Function Test
 - Opthal by General Physician
- GLUCOSE - SERUM / PLASMA (FASTING AND POST PRANDIAL ^{2 hour})
- THYROID PROFILE - I (T3, T4 AND TSH)
- LIVER FUNCTION TEST (PACKAGE)
 - Fitness by General Physician
- Glycosylated Hemoglobin (HbA1C) - Whole Blood
- HEMOGRAM (CBC+ESR)
- X-Ray Chest PA
 - BMI
- PERIPHERAL SMEAR
- LIPID PROFILE
- HEMOGRAM + PERIPHERAL SMEAR
- RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)
- LIVER FUNCTION TEST (LFT)
- GAMMA GLUTAMYL TRANSFERASE (GGT)
 - Doctor
- THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)
 - BODY MASS INDEX (BMI)
- GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)
- COMPLETE URINE EXAMINATION
- HbA1c, GLYCATED HEMOGLOBIN
- BLOOD GROUP ABO AND RH FACTOR
- GLUCOSE, FASTING

I hereby declare that I want to undergo
PSA (Male) - Prostate Specific Antigen test in place
of GGTP: Gama test.

All reports are done
Asst. Dr. Singh

Singh
(Ashok Kumar Singh.)
PF- 651287
Union Bank of India
(M) 9714746458 / 9998417625

2025030809084107

2025-03-08 09:53:24

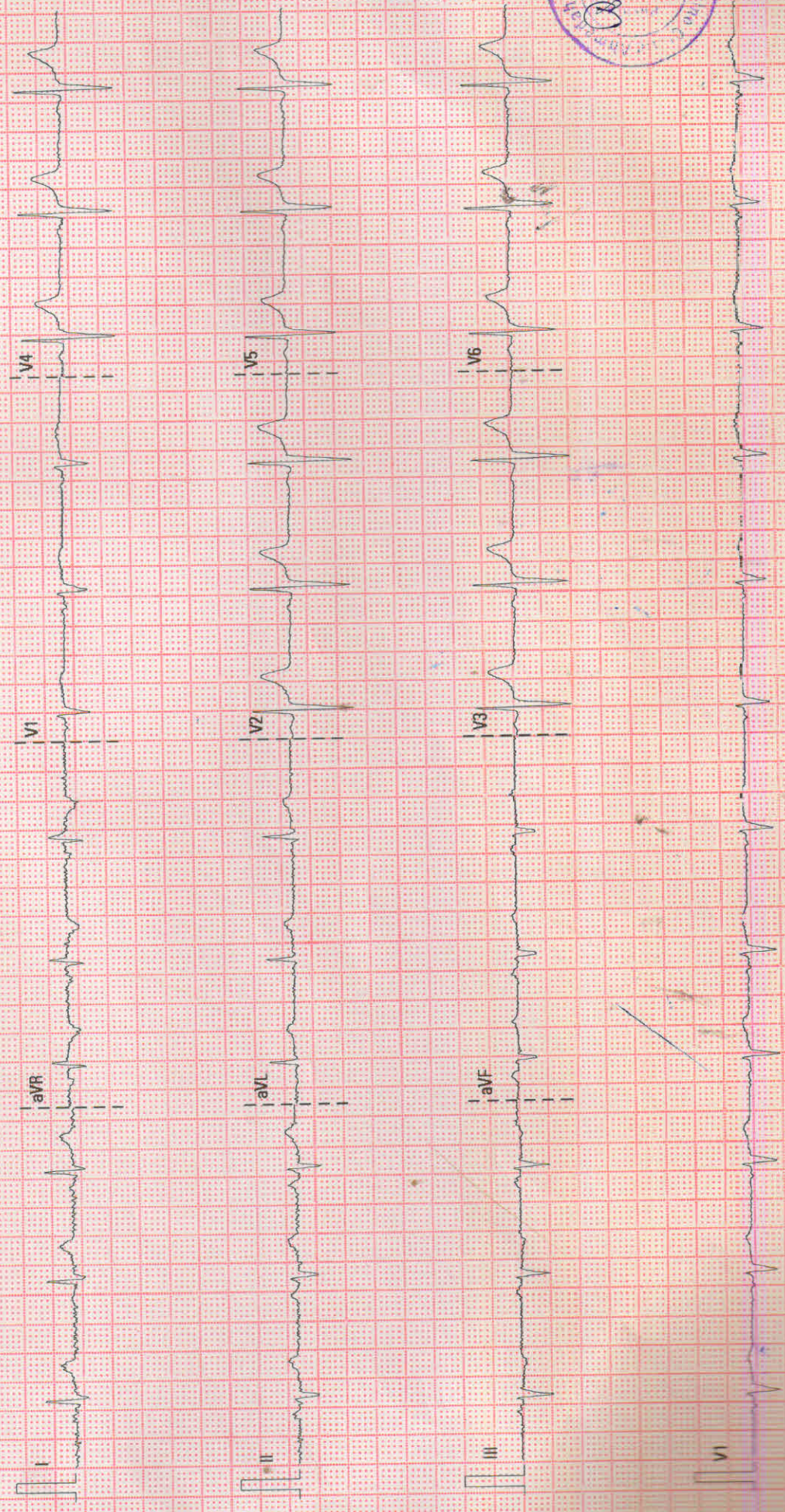
ID:
Name:
Age:
Gender:

Name : Mr. ASHOKKUMAR SINGH
UHID/REG : UHID12302/REG-12300
Age/Sex : (54Y 3M 3D-M)
Consultant : Dr. Medical Officer
Sponsor : Apollo Health And Lifestyle Limite

Vent. Rat 73 bpm
PR Interval 132 ms
QRS Duration 86 ms
QT/QTc Interval 358/381 ms
P/QRS/T Axes 51/-43/15 deg
QTc/Hodges

Sinus arrhythmia
--- Interpretation made without knowing patient's gender/age ---
Left axis deviation
Borderline ECG

Unconfirmed Diagnosis.



25 mm/s

50 Hz

10 mm/mV

8DR 35 Hz

pushya hospital

02.07.00AV28.4.1

SN:FN-83011014

Name : Mr. ASHOKKUMAR SINGH
UHID/REG : UHID12302/REG-12300
Age/Sex : (54Y 3M 3D-M)
Consultant : Dr. Medical Officer
Sponsor : Apollo Health And Lifestyle Limi

Ht - 161 cm.

Wt - 65.30 kg.

BP - 122/67 mmHg.

Pulse - 82 b/min

SpO₂ - 98.1.

BMI - 25.2 overweight.



Patient Name : MR. ASHOKKUMAR SINGH
Age & Sex. : 54Y 3M 3D /M
Ref Doctor :
Bill Date : 08/03/2025 09:46 AM

Bill No. : OPB1242881
IP/Reg No. : REG-12300
Report Date : 10/03/2025 04:20 PM

X-RAY CHEST PA

Both lung fields show normal broncho-vascular markings.
No evidence of infiltration, consolidation or mass lesion is seen.
Cardiac size appears within normal limit.
Trachea and mediastinal soft tissue shadow appear unremarkable.
Both C.P. angles and both domes of diaphragm appear normal.
Bony thorax under vision appears normal.



Dr. Mitul Mevada
Radiologist
(Prepared & Verified By)