



26848 091124

Registration ID : 26848

Sample Collection : 09/11/2024 10:49:47

Name : MRS. ANURADHA KAUSTUBH

Sample Received : 09/11/2024 10:49:47

Age/Sex : 42 Yrs. / F

Printed : 11/11/2024 17:41:51

Report Released : 11/11/2024 17:41:39

Ref. By : BANK OF BARODA

Sent By : Arcofemi Healthcare Pvt Ltd

Vitals (Height, Weight, BMI & BP)

Test	Result	Unit	Biological Ref. Range
Height	: 156	cm	
Weight	: 56	Kg	
BMI	: 23.01		Underweight = <18.5 Normal weight = 18.5-24.9 Overweight = 25-29.9 Obesity = BMI of 30 or greater

Blood Pressure : 110/70 mmhg
Pulse Rate : 87 beats per minute
Oxygen Saturation (SpO2) : 97

(Collected At: 09/11/2024 10:49:47, Received At: 09/11/2024 10:49:47, Reported At: 11/11/2024 17:41:39)



NABL M(ELT)-00683





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COMPLETE BLOOD COUNT

Test	Result	Unit	Biological Ref Range
Hemoglobin (SLS) Photometric	: 13.3	g/dL	12-14 g/dL
Total RBC (Electrical Impedence)	: 4.64	10 ⁶ /μL	3.0-6.0 10 ⁶ /μL
Hematocrit (PCV) (Calculated)	: 41.0	%	36-54 %
Mean Corpuscular Volume (MCV) (calculated)	: 88.4	fL	78-101 fL
Mean Corpuscular Hemoglobin (MCH) (Calculated)	: 28.7	pg	27-32 pg
Mean Corpuscular Hemoglobin Concentration (MCHC) (Calculated)	: 32.4	g/dL	31.5-34.5 g/dL
Red Cell Distribution Width (RDW- CV) (Electrical Impedence)	: 14.40	%	12-15 %
Total Leucocytes Count (Light Scattering)	: 7730	/cumm	4000-11000 /cumm
Neutrophils (Calculated)	: 57	%	40-75 %
Eosinophils Percentage (Calculated)	: 03	%	1-6 %
Lymphocyte Percentage (Calculated)	: 33	%	20-45 %
Basophils Percentage (Calculated)	: 0	%	0-1 %
Monocytes Percentage (Calculated)	: 07	%	1-10 %
RBC Morphology	: Normocytic, Normochromic		
WBC Morphology	: Normal Morphology		
Platelet Count (Electrical Impedence)	: 275000	/ul	150000-450000 /ul
Platelets on Smear	: Adequate		Adequate

MORPHOLOGY

NOTE : 08

Sample Type : EDTA Whole Blood

Test done with THREE PART CELL COUNTER (Sysmex KX-21)

*All Samples Processed At Excellas Clinics Mulund Centre .

*ESR NOT IN NABL scope.

(Collected At: 09/11/2024 10:49:47, Received At: 09/11/2024 10:49:47, Reported At: 11/11/2024 15:57:26)



NABL/MELT-00683





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----- End Of Report -----





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Age/Sex	: 42 Yrs. / F	Printed	: 11/11/2024 17:41:51
Ref. By	: BANK OF BARODA	Report Released	: 11/11/2024 15:58:10
	Sent By	: Arcofemi Healthcare Pvt Ltd	

HbA1c (Whole Blood)

Test	Result	Unit	Reference Range
HbA1C-Glycosylated Haemoglobin	: 5.50	%	Non-diabetic: 4-6 Excellent Control: 6-7 Fair to good control: 7-8 Unsatisfactory control: 8-10 Poor Control: >10

EDTA Whole Blood, Method: HPLC

Estimated Average Glucose (eAG)	: 111.15	mg/dl	65.1-136.3 mg/dL mg/dl
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EDTA Whole Blood, Method: Calculated

Interpretation:

- 1.The term HbA1c refers to Glycated Haemoglobin. Measuring HbA1c gives an overall picture of what the average blood sugar levels have been over a period of weeks/month. Higher the HbA1c, the greater the risk of developing diabetes-related complications.
- 2.HbA1c has been endorsed by clinical groups and ADA (American Diabetes Association) guidelines 2012, for the diagnosis of diabetes using a cut-off point of 6.5%. ADA defined biological reference range for HbA1c is between 4-6%. Patients with HbA1c value between 6.0-6.5% are considered at risk for developing diabetes in the future. Trends in HbA1c area a better indicator of glucose control than standalone test.
- 3.To estimate the eAG from the HbA1c value, the following equation is used: $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- 4.Diabetic must aspire to keep values under 7% to avoid the various complications resulting from diabetes.

*Note - This test is outsourced and processed at Millenium Special Labs Pvt Ltd.

(Collected At: 09/11/2024 10:49:47, Received At: 09/11/2024 10:49:47, Reported At: 11/11/2024 15:58:10)

Blood Sugar Fasting (FBS) & Post Prandial Blood Sugar (PPBS)

Test	Result	Unit	Biological Ref. Range
GLUCOSE (SUGAR) FASTING, (Fluoride Plasma Used)	: 78	mg/dL	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >= 126 mg/dl
<i>Method: GOD-POD</i>			
Fasting Urine Glucose	: Absent		Absent
GLUCOSE (SUGAR) PP, (Fluoride Plasma Used)	: 102	mg/dl	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >= 200 mg/dl
PP Urine Glucose	: Absent		Absent

Test Done on - Automated Biochemistry Analyzer (EM 200)

*All Samples Processed At Excellas Clinics Mulund Centre .

(Collected At: 09/11/2024 10:49:47, Received At: 09/11/2024 10:49:47, Reported At: 11/11/2024 15:58:03)



Signature
Dr. Santosh Khairnar
 M.D. (Pathologist)
 Reg. No.-
 2000/08/2926





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Ref. By : BANK OF BARODA

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BLOOD GROUP


Test	Result	Unit	Biological Ref. Range
Blood Group	: 'B' Rh POSITIVE		

Slide and Tube Agglutination Test

(Collected At: 09/11/2024 10:49:47, Received At: 09/11/2024 10:49:47, Reported At: 11/11/2024 15:58:25)

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Age/Sex : 42 Yrs. / F

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Report Released : 11/11/2024 15:58:45

Ref. By : BANK OF BARODA

Sent By : Arcofemi Healthcare Pvt Ltd

LIPID PROFILE

Test	Result	Unit	Biological Ref. Range
Total Cholesterol	: 172	mg/dl	Desirable: <200 Borderline high = 200-239 High: > 239
<i>Serum, Method: CHOD-PAP</i>			
S. Triglyceride	: 140	mg/dl	Desirable: <161 Borderline High: 161 - 199 High: > 200 - 499/ Very High:>499
<i>Serum, Method: GPO-Trinder</i>			
HDL Cholesterol	: 44	mg/dl	42.0-88.0 mg/dl
<i>serum,Direct method</i>			
LDL Cholesterol	: 100.00	mg/dl	Optimal: <100; Near Optimal: 100-129; Borderline High: 130-159; High: 160-189; Very high: >190
<i>Serum, (Calculated)</i>			
VLDL Cholesterol	: 28.0	mg/dl	5-30 mg/dl
<i>Serum, Method: Calculated</i>			
LDL/HDL Ratio	: 2.3		Optimal: <2.5 Near Optimal: 2.5-3.5 High >3.5
<i>Serum, Method: Calculated</i>			
TC/HDL Ratio	: 3.9		Optimal: <3.5 Near Optimal: 3.5 - 5.0 High >5.0
<i>Serum, Method: Calculated</i>			

Test Done on - Automated Biochemistry Analyzer (EM 200).

Interpretation

1. Triglycerides: When triglycerides are very high greater than 1000 mg/dL, there is a risk of developing pancreatitis in children and adults. Triglycerides change dramatically in response to meals, increasing as much as 5 to 10 times higher than fasting levels just a few hours after eating. Even fasting levels vary considerably day to day. Therefore, modest changes in fasting triglycerides measured on different days are not considered to be abnormal.

2. HDL-Cholesterol: HDL- C is considered to be beneficial, the so-called "good" cholesterol, because it removes excess cholesterol from tissues and carries it to the liver for disposal.

3. LDL-Cholesterol: Desired goals for LDL-C levels change based on individual risk factors.

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Report Released : 11/11/2024 15:59:36

Ref. By : BANK OF BARODA

Sent By : Arcofemi Healthcare Pvt Ltd

LIVER FUNCTION TEST

Test	Result	Unit	Biological Ref. Range
S. Bilirubin (Total) <i>Serum, Method: Diazo (walter & Gerarde)</i>	: 0.62	mg/dl	0-2.0 mg/dl
S. Bilirubin (Direct) <i>Serum, Method: Diazo (walter & Gerarde)</i>	: 0.11	mg/dl	0-0.4 mg/dl
S. Bilirubin (Indirect) <i>Serum, Method: Calculated</i>	: 0.51	mg/dl	0.10-1.0 mg/dl
Aspartate Transaminase (AST/SGOT) <i>Serum, Method: UV Kinetic with P5P</i>	: 25.0	IU/L	0-31 IU/L
Alanine Transaminase (ALT/SGPT) <i>Serum, Method: UV Kinetic with P5P</i>	: 20.0	IU/L	0-34 IU/L
S. Alkaline Phosphatase <i>Serum, Method: IFCC with AMP buffer</i>	: 66.4	IU/L	42-98 IU/L
Total Proteins <i>Serum, Method: Biuret</i>	: 7.1	gm/dl	6.4-8.3 gm/dl
S. Albumin <i>Serum, Method: BCG</i>	: 3.9	gm/dl	3.5-5.2 gm/dl
S. Globulin <i>Serum, Method: Calculated</i>	: 3.2	gm/dl	2.3-3.5 gm/dl
A/G Ratio <i>Serum, Method: Calculated</i>	: 1.22		0.90-2.00
Gamma GT <i>Serum, Method: G glutamyl carboxy nitroanilide</i> <i>Test Done on - Automated Biochemistry Analyzer (EM 200).</i>	: 13	U/L	0-38 U/L

*All Samples Processed At Excellas Clinics Mulund Centre .

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Ref. By : BANK OF BARODA

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SERUM CREATININE

Test	Result	Unit	Biological Ref. Range
S. Creatinine	: 0.59	mg/dl	0.60-1.1 mg/dl

Serum, Method: Enzymatic

Test Done on - Automated Biochemistry Analyzer (EM 200).

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BLOOD UREA NITROGEN (BUN)

Test	Result	Unit	Biological Ref. Range
Urea	: 12.05	mg/dl	13-40 mg/dl

Serum, Method: Urease - GLDH

Blood Urea Nitrogen : 5.63 mg/dl 5-18 mg/dl

Test Done on - Automated Biochemistry Analyzer (EM 200)

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SERUM URIC ACID

Test	Result	Unit	Biological Ref. Range
S. Uric Acid	: 5.12	mg/dl	2.6-6.0 mg/dl

Serum, Method: Uricase - POD

Test Done on - Automated Biochemistry Analyzer (EM 200).

(Collected At: 09/11/2024 10:49:47, Received At: 09/11/2024 10:49:47, Reported At: 11/11/2024 16:01:49)



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Sent By : Arcofemi Healthcare Pvt Ltd

BUN CREAT RATIO (BCR)

Test	Result	Unit	Biological Ref. Range
BUN/Creatinine ratio	: 9.54		5-20

Serum, Method: Calculated


NOTE:

A blood urea nitrogen (BUN)/creatinine ratio (BCR) >20 is used to distinguish pre-renal azotemia (PRA) and acute tubular necrosis (ATN)

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Report Released : 11/11/2024 16:01:31

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THYROID FUNCTION TEST

Test	Result	Unit	Biological Ref. Range
Total T3	: 0.9	ng/dl	0.70-2.04 ng/dl
<i>Serum, Method: CLIA</i>			
Total T4	: 9.24	µg/dl	5.1-14.1 µg/dl
<i>Serum, Method: CLIA</i>			
TSH (Thyroid Stimulating Hormone)	: 2.21	µIU/ml	0.27-5.3 µIU/ml
<i>Serum, Method: CLIA</i>			


Interpretation Decreased TSH with raised or within range T3 and T4 is seen in primary hyperthyroidism, toxic thyroid nodule, sub-clinical hyperthyroidism, on thyroxine ingestion, post-partum and gestational thyrotoxicosis Raised TSH with decreased T3 and T4 is seen in hypothyroidism and with intermittent T4 therapy. Alterations in TSH are also seen in non-thyroidal illnesses like HIV infection, chronic active hepatitis, estrogen producing tumors, pregnancy, new-born, steroids, glucocorticoids and may cause false thyroid levels for thyroid function tests as with increased age, marked variations in thyroid hormones are seen. In pregnancy T3 and T4 levels are raised, hence FT3 and Ft4 is to be done to determine hyper or hypothyroidism.

*Note - This test is outsourced and processed at Millenium Special Labs Pvt Ltd.

(Collected At: 09/11/2024 10:49:47, Received At: 09/11/2024 10:49:47, Reported At: 11/11/2024 16:01:31)

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Ref. By : BANK OF BARODA

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EXAMINATION OF URINE

Test	Result	Unit	Biological Ref. Range
<u>PHYSICAL EXAMINATION</u>			
Quantity :	30	ml	
Colour :	Pale yellow		
Appearance :	Clear		
Reaction (pH) :	6.0		4.5 - 8.0
Specific Gravity :	1.005		1.010 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Protein :	Absent		Absent
Glucose :	Absent		Absent
Ketones Bodies :	Absent		Absent
Occult Blood :	Absent		Absent
Bilirubin :	Absent		Absent
Urobilinogen :	Absent		Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells :	2 - 3	/ hpf	
Pus cells :	2 - 3	/ hpf	
Red Blood Cells :	Absent	/ hpf	
Casts :	Absent	/ lpf	Absent / lpf
Crystals :	Absent		Absent
<u>OTHER FINDINGS</u>			
Yeast Cells :	Absent		Absent
Bacteria :	Absent		Absent
Mucus Threads :	Absent		
Spermatozoa :	Absent		
Deposit :	Absent		Absent
Amorphous Deposits :	Absent		Absent

sample type:Urine

Method:Visual and Microscopic

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X RAY CHEST PA VIEW

Both the lung fields appear normal.

Cardiac silhouette is within normal limits.

Bilateral hilar shadows appear normal.

Bilateral costophrenic angles appear normal.

Bony thorax appears normal.

Soft tissues appear normal.

IMPRESSION:

No significant abnormality detected.



Dr. Deepak Mishra

D.N.B. (Radio-

Diagnosis)

Reg. No:

2021/09/7488





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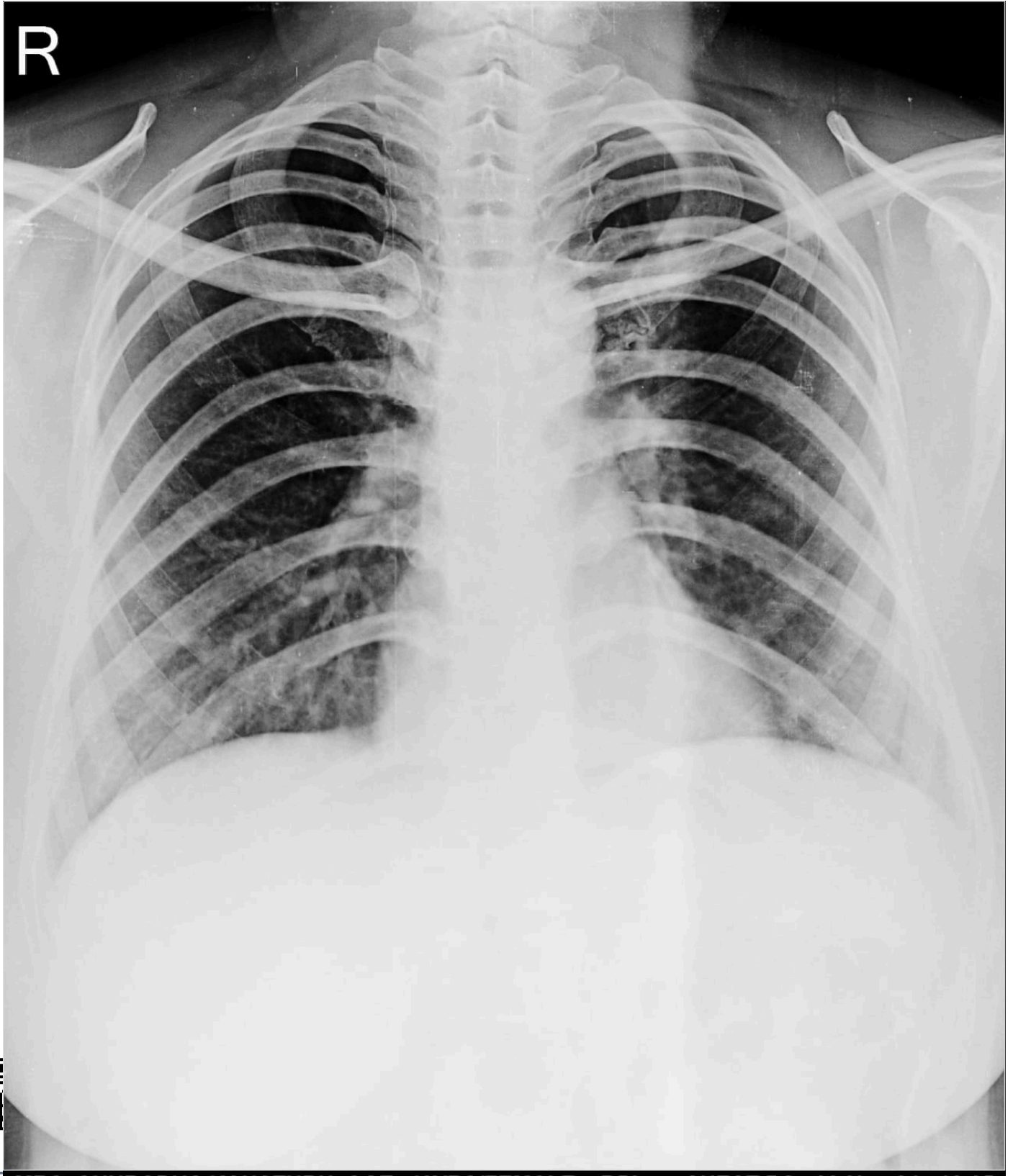
Age/Sex : 42 Yrs. / F

Printed : 11/11/2024 17:41:51

Report Released : 11/11/2024 14:32:13

Ref. By : BANK OF BARODA

Sent By : Arcofemi Healthcare Pvt Ltd



MRS. ANURADHA KAUSTUBH. AGE:-42YRS/FEMALE. R50 CHEST PA 09-Nov-24 12:35

EXCELLAS CLINICS PVT LTD TEL:-022-25695661/71



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USG ABDOMEN & PELVIS - FEMALE

Liver:- is normal in size (10.3 cms), shape and echotexture. No focal or diffuse lesion is seen. The portal and hepatic veins are normal. There is no IHBR dilatation seen.

Gall Bladder:- is normally distended. No calculus or mass lesion is seen.
No GB wall thickening or pericholecystic fluid is seen.
CBD is normal.

Pancreas:- is normal in size, shape and echotexture. There is no focal lesion seen.

Spleen:- is normal in size (7.7 cms) and echotexture. No focal lesion is seen.

Kidneys:- Both Kidneys are normal in size, shape, position. They show normal reflectivity. CMD is maintained. No calculi or hydronephrosis seen on either side.

Right kidney – 9.5 x 4.5 cms.

Left kidney – 9.7 x 5.1 cms.

Urinary Bladder:- is well distended and shows normal wall thickness.
There is no intraluminal lesion within.

Uterus:- is anteverted, mildly bulky in size and measures 8.7 x 6.1 x 6.7 cms and shows a fibroid measuring 4.0 x 3.5 cms in posterior fundal wall.

ET : 5.4 mm

Ovaries:- appear normal in size, shape & show normal follicular pattern.

Right ovary measures – 2.9 x 2.1 cms.

Left ovary measures – 2.3 x 2.1 cms.

Both adnexae appear normal. No e/o of free fluid noted in POD.

No ascites is seen. No significant lymphadenopathy is seen.

IMPRESSION:

- **Bulky uterus with uterine fibroid.**

Thanks for the Referral

(Collected At: 09/11/2024 10:49:47, Received At: 09/11/2024 10:49:47, Reported At: 10/11/2024 13:29:44)



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USG BOTH BREAST

- Both breasts show normal fibroglandular & fibro fatty parenchyma.
- There is no solid, cystic lesion or abnormal dilatation of ducts noted on either.
- No significant axillary lymphadenopathy is seen.

IMPRESSION :

- **No significant abnormality is seen**

Thanks for referral

BIRADS CATEGORY : (0 = requires additional evaluation , 1 = Negative , 2 = benign findings , 3 = probably benign findings, 4 = suspicious abnormality , 5 = highly suggestive of malignancy).

(Collected At: 09/11/2024 10:49:47, Received At: 09/11/2024 10:49:47, Reported At: 10/11/2024 13:38:33)

----- End Of Report -----



Dr. Deepak Mishra

D.N.B. (Radio-

Diagnosis)

Reg. No:

2021/09/7488



Ref.By : MEDIWHEEL

Protocol : BRUCE

Medication : TSH

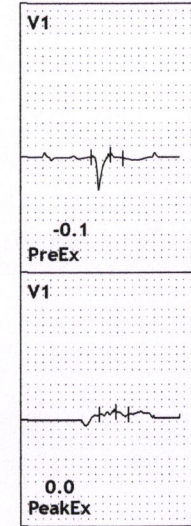
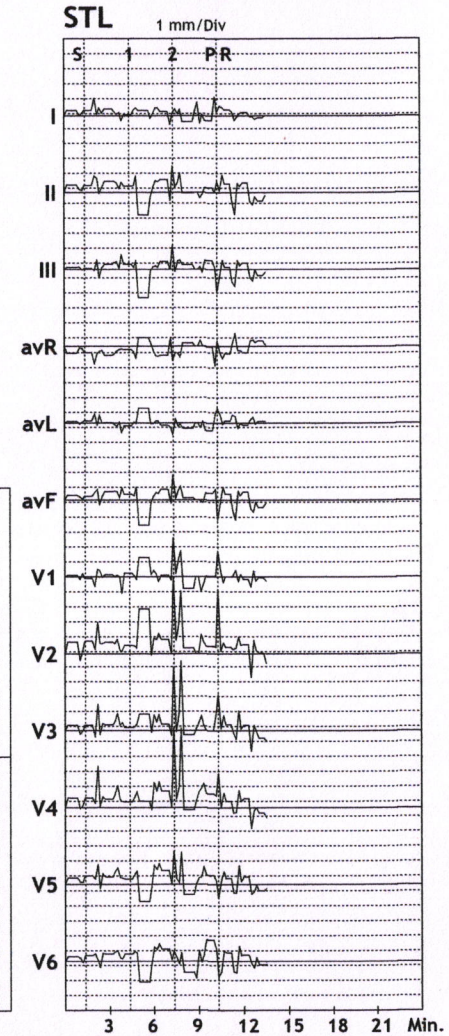
History : TSH

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (kmph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	87	110/70	95	-	
Standing					1.0	63	110/70	69	-	
HV					1.0	76	110/70	83	-	
ExStart					1.0	78	110/70	85	-	
Stage 1	3:00	3:01	2.7	10.0	4.6	96	120/70	115	-	
Stage 2	3:00	6:01	4.0	12.0	7.0	118	130/80	153	-	
PeakEx	3:00	9:00	5.5	14.0	10.2	126	140/90	176	-	
Recovery	1:00		0.0	0.0	1.1	74	140/90	103	-	
Recovery	2:00		0.0	0.0	1.0	86	130/80	111	-	
Recovery	3:00		0.0	0.0	1.0	87	102/70	88	-	
Recovery	3:06		0.0	0.0	1.0	76	102/70	77	-	
Recovery	1:18		0.0	0.0	1.0	91	130/80	118	-	

Findings :

Exercise Time : 9:00 minutes
 Max HR attained : 126 bpm 83% of Max Predictable HR 178
 Max BP : 140/90(mmHg)
 WorkLoad attained : 10.2 (Good Effort Tolerance)
 No significant ST segment changes noted during exercise or recovery.
 No Angina/Arrhythmia/S3/murmur
 Final Impression : Test is negative for inducible ischaemia.
 Maxmum Depression: 3:40

Advice/Comments:



Mans

DR. MANSI SOLANKI
 MBBS MD GENERAL MEDICINE
 REG. NO. MMC 2024042065

Excellas Clinics Pvt Ltd

B-1, Vikas Paradise Comm, Below Axis Bank, LBS Marg, Mulund W, Mumbai

266/ANURADHA KAUSTUBH

42 Yrs/Female

56 Kg/156 Cms

Date: 09-Nov-2024 12:52:43 PM

HR: 84 bpm

METS: 1.0

BP: 110/70

MPHR:47% of 178

Speed: 0.0 kmph

Grade: 0.0%

12 Lead + Comparison

Raw ECG

BRUCE

(1.0-100)Hz

Ex Time 00:32

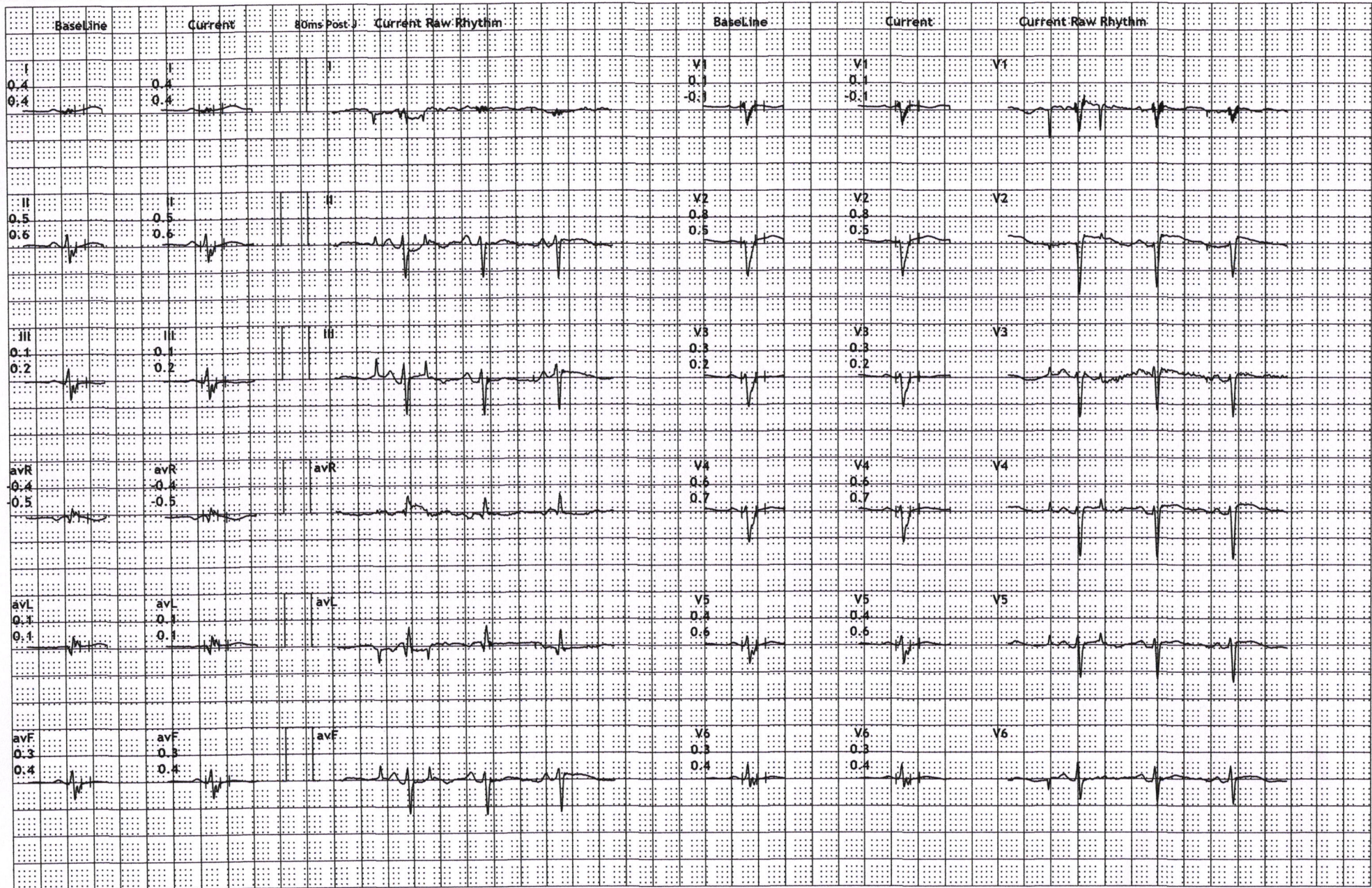
BLC :On

Notch :On

SUPINE

10.0 mm/mV

25 mm/Sec.



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266/ANURADHA KAUSTUBH

42 Yrs/Female

56 Kg/156 Cms

Date: 09-Nov-2024 12:52:43 PM

HR: 72 bpm

METS: 1.0

BP: 110/70

12 Lead + Comparison

MPHR:40% of 178

Speed: 0.0 kmph

Grade: 0.0%

Raw ECG

BRUCE

(1.0-100)Hz

Ex Time 00:42

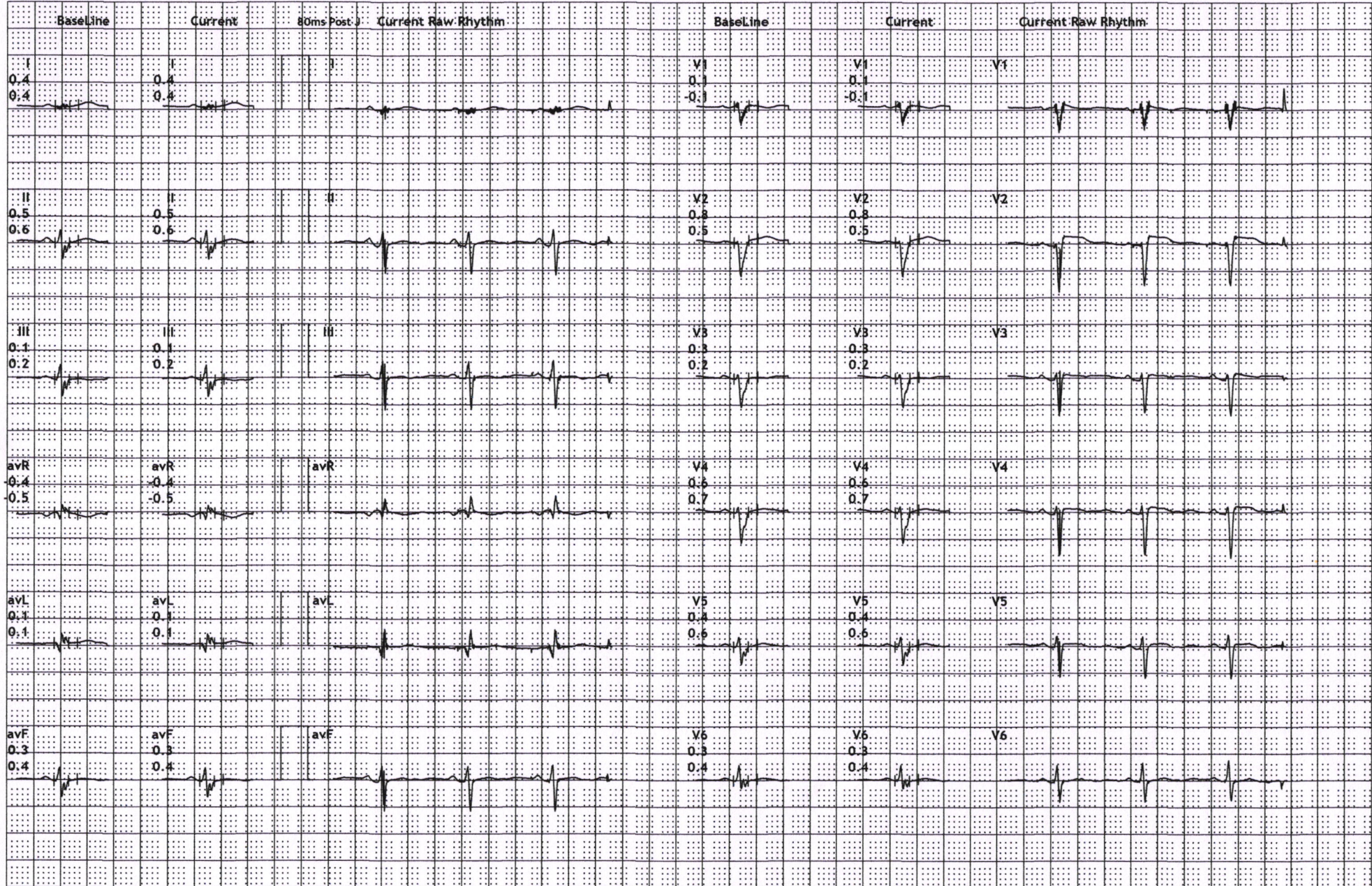
BLC :On

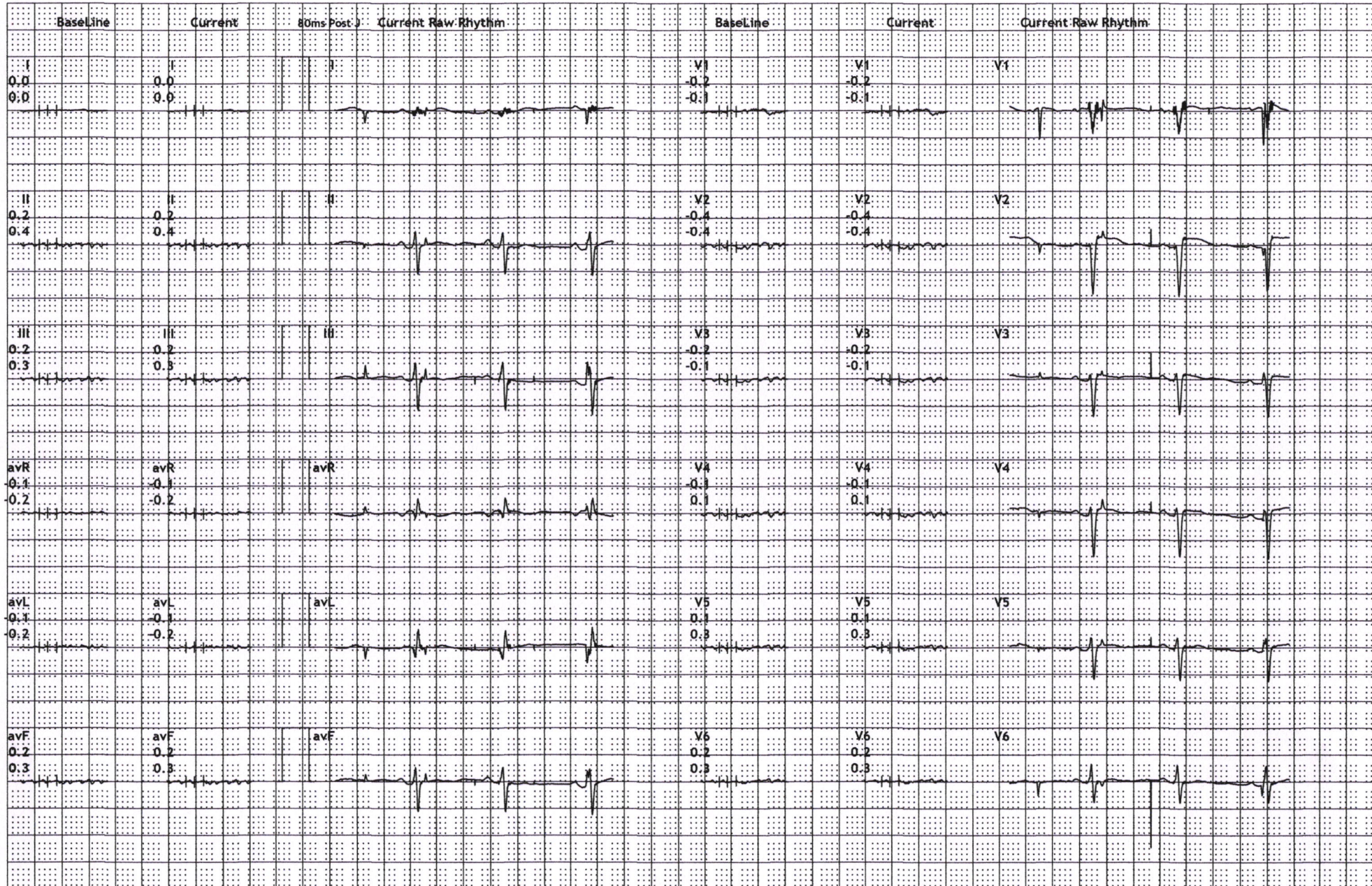
Notch :On

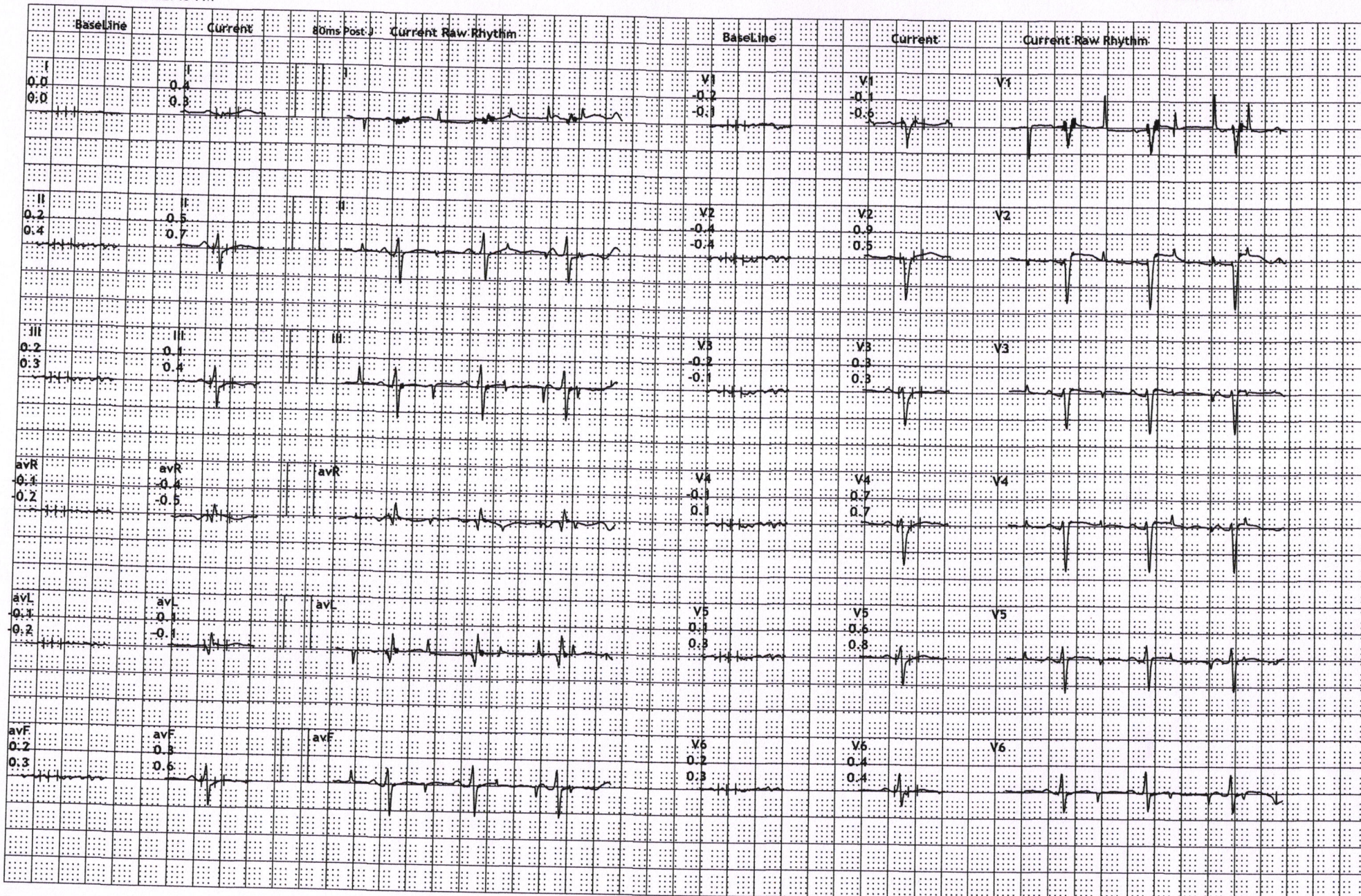
STANDING

10.0 mm/mV

25 mm/Sec.









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B-1, Vikas Paradise Comm, Below Axis Bank, LBS Marg, Mulund W, Mumbai

266/ANURADHA KAUSTUBH

42 Yrs/Female

56 Kg/156 Cms

Date: 09-Nov-2024 12:52:43 PM

12 Lead + Comparison

HR: 118 bpm

METS: 7.0

BP: 130/80

MpHR:66% of 178

Speed: 4.0 kmph

Grade: 12.0%

Raw ECG

BRUCE

(1.0-100)Hz

Ex Time 06:00

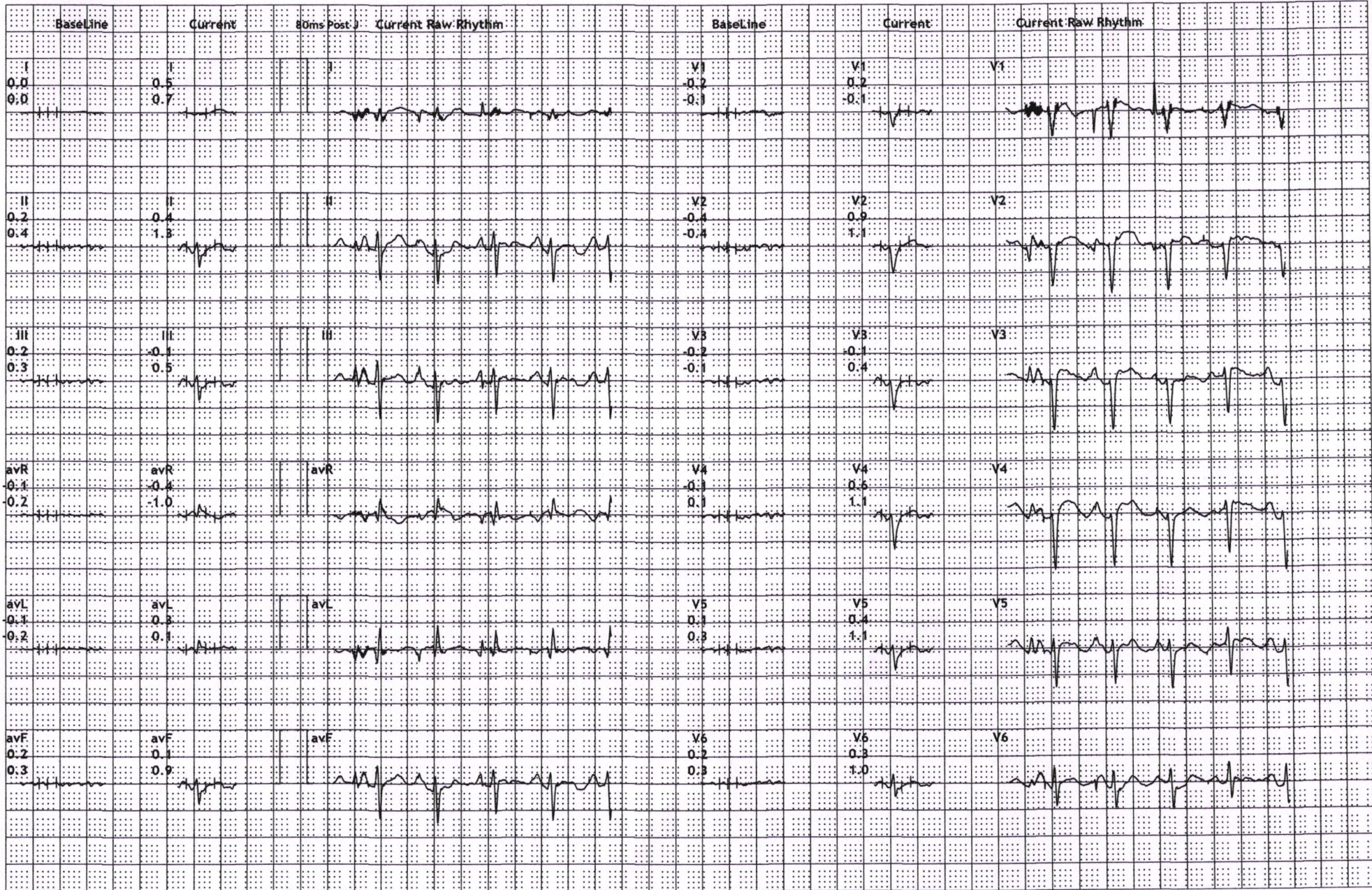
BLC :On

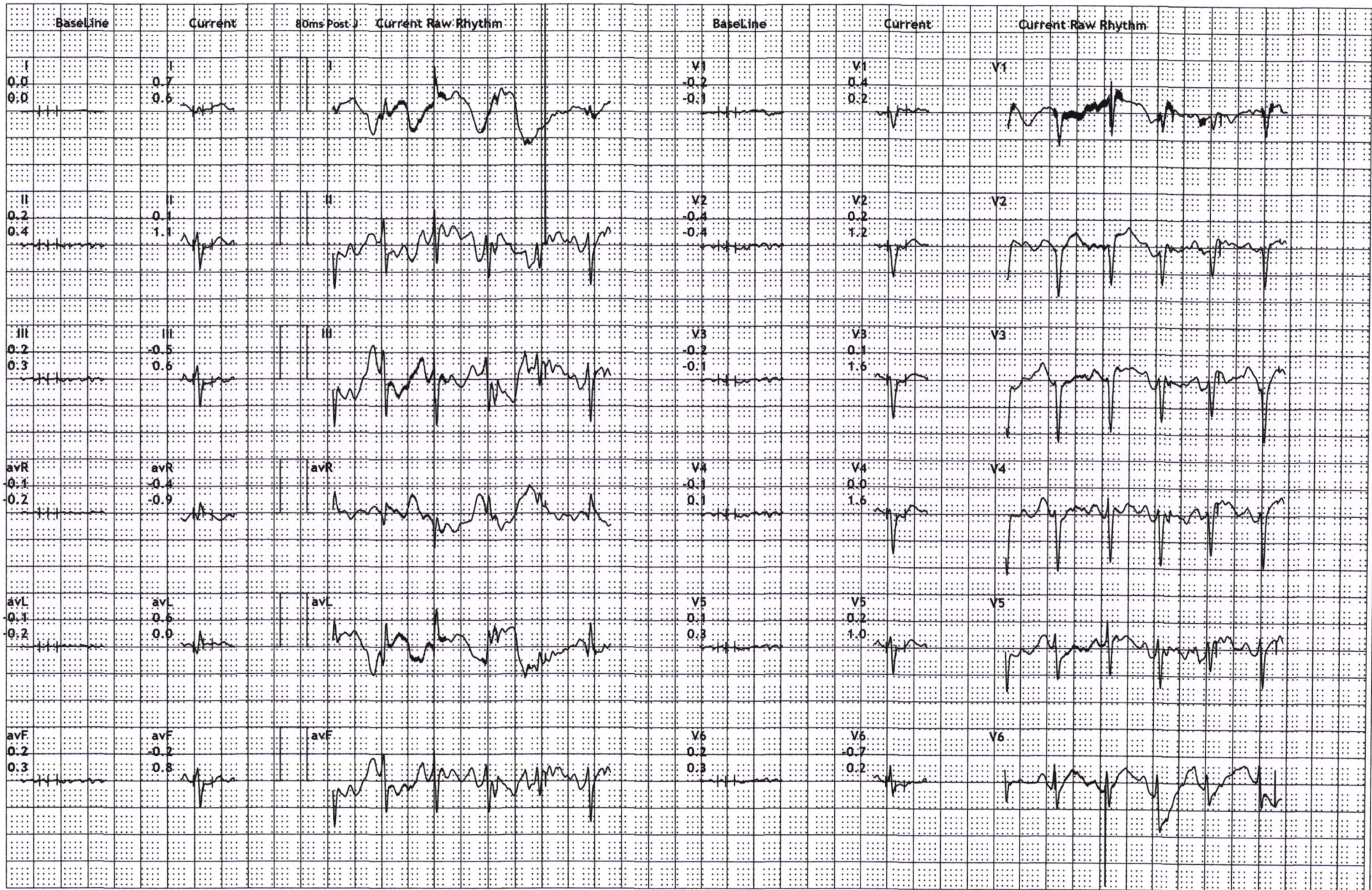
Notch :On

Stage 2 (03:00)

10.0 mm/mV

25 mm/Sec.





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B-1, Vikas Paradise Comm, Below Axis Bank, LBS Marg, Mulund W, Mumbai

266/ANURADHA KAUSTUBH

42 Yrs/Female

56 Kg/156 Cms

Date: 09-Nov-2024 12:52:43 PM

HR: 74 bpm

METS: 1.0

BP: 140/90

MPHR:41% of 178

Speed: 0.0 kmph

Grade: 0.0%

12 Lead + Comparison

Raw ECG

BRUCE

(1.0-100)Hz

Ex Time 08:59

BLC :On

Notch :On

Recovery : (01:00)

10.0 mm/mV

25 mm/Sec.



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B-1, Vikas Paradise Comm, Below Axis Bank, LBS Marg, Mulund W, Mumbai

266/ANURADHA KAUSTUBH

42 Yrs/Female

56 Kg/156 Cms

Date: 09-Nov-2024 12:52:43 PM

HR: 86 bpm

METS: 1.0

BP: 130/80

MpHR: 48% of 178

Speed: 0.0 kmph

Grade: 0.0%

12 Lead + Comparison

Raw ECG

BRUCE

(1.0-100)Hz

Ex Time 08:59

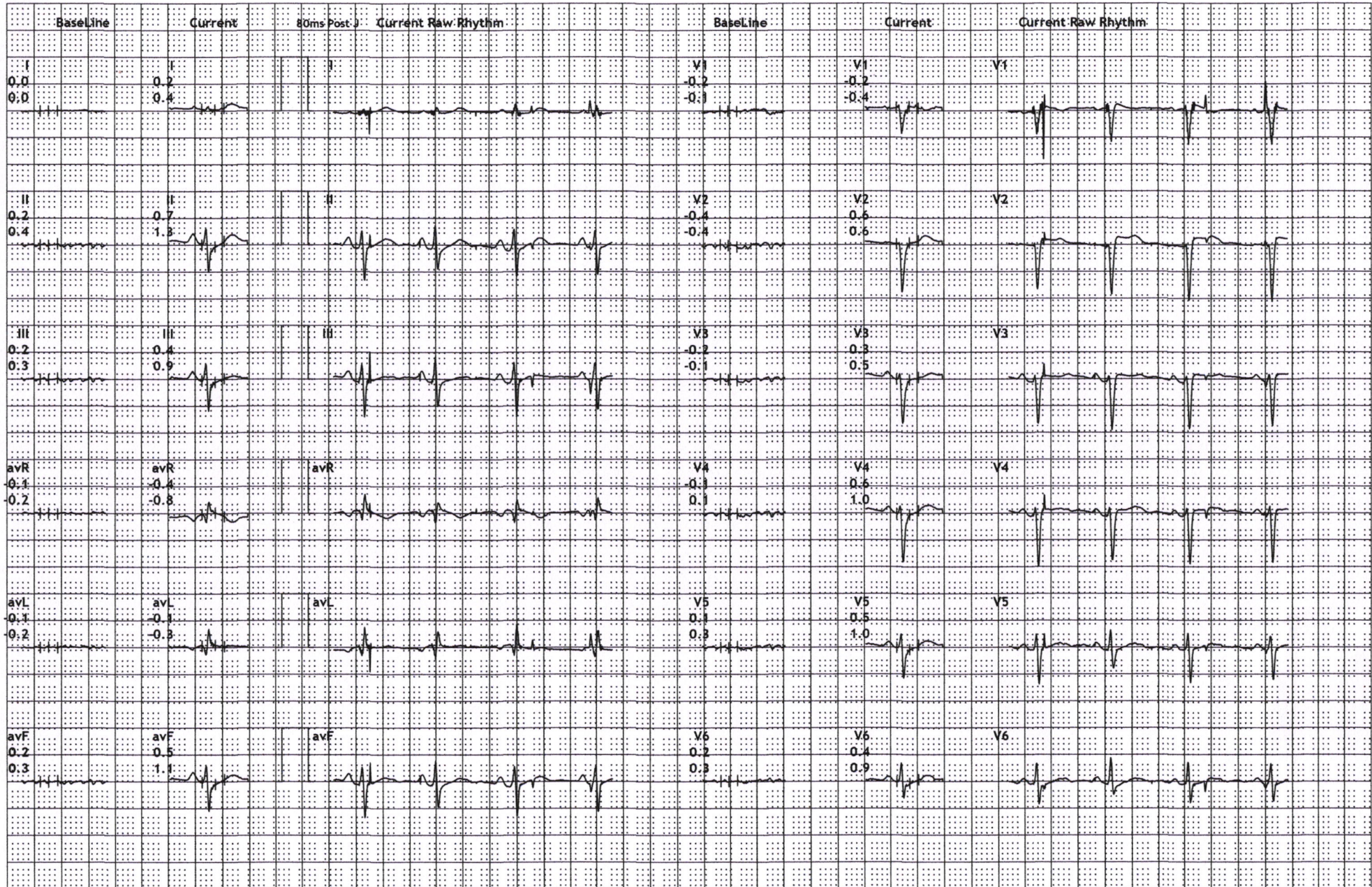
BLC :On

Notch :On

Recovery : (02:00)

10.0 mm/mV

25 mm/Sec.



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B-1, Vikas Paradise Comm, Below Axis Bank, LBS Marg, Mulund W, Mumbai

266/ANURADHA KAUSTUBH

42 Yrs/Female

56 Kg/156 Cms

Date: 09-Nov-2024 12:52:43 PM

HR: 87 bpm

METS: 1.0

BP: 102/70

MPHR:48% of 178

Speed: 0.0 kmph

Grade: 0.0%

12 Lead + Comparison

Raw ECG

BRUCE

(1.0-100)Hz

Ex Time 08:59

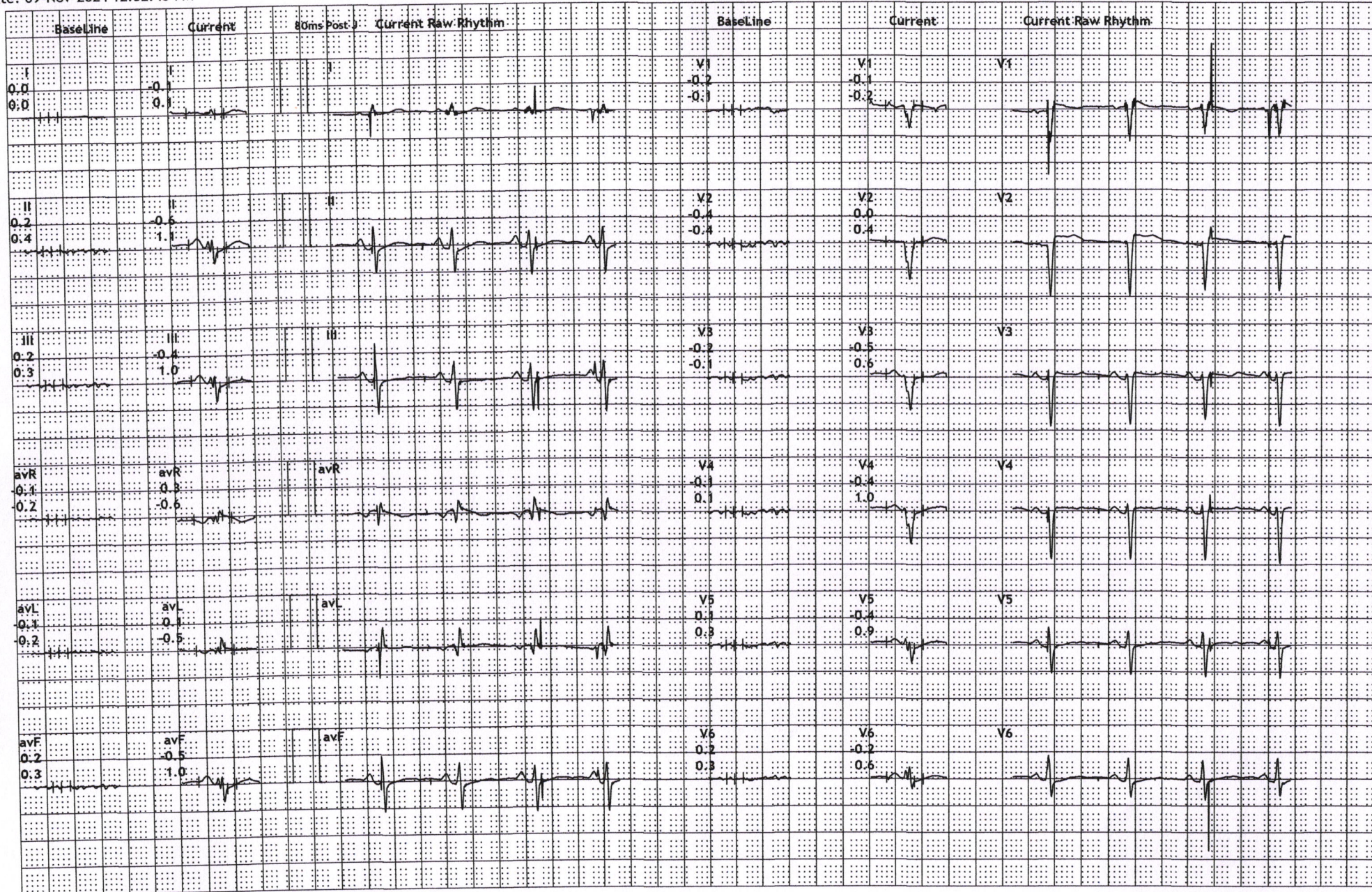
BLC :On

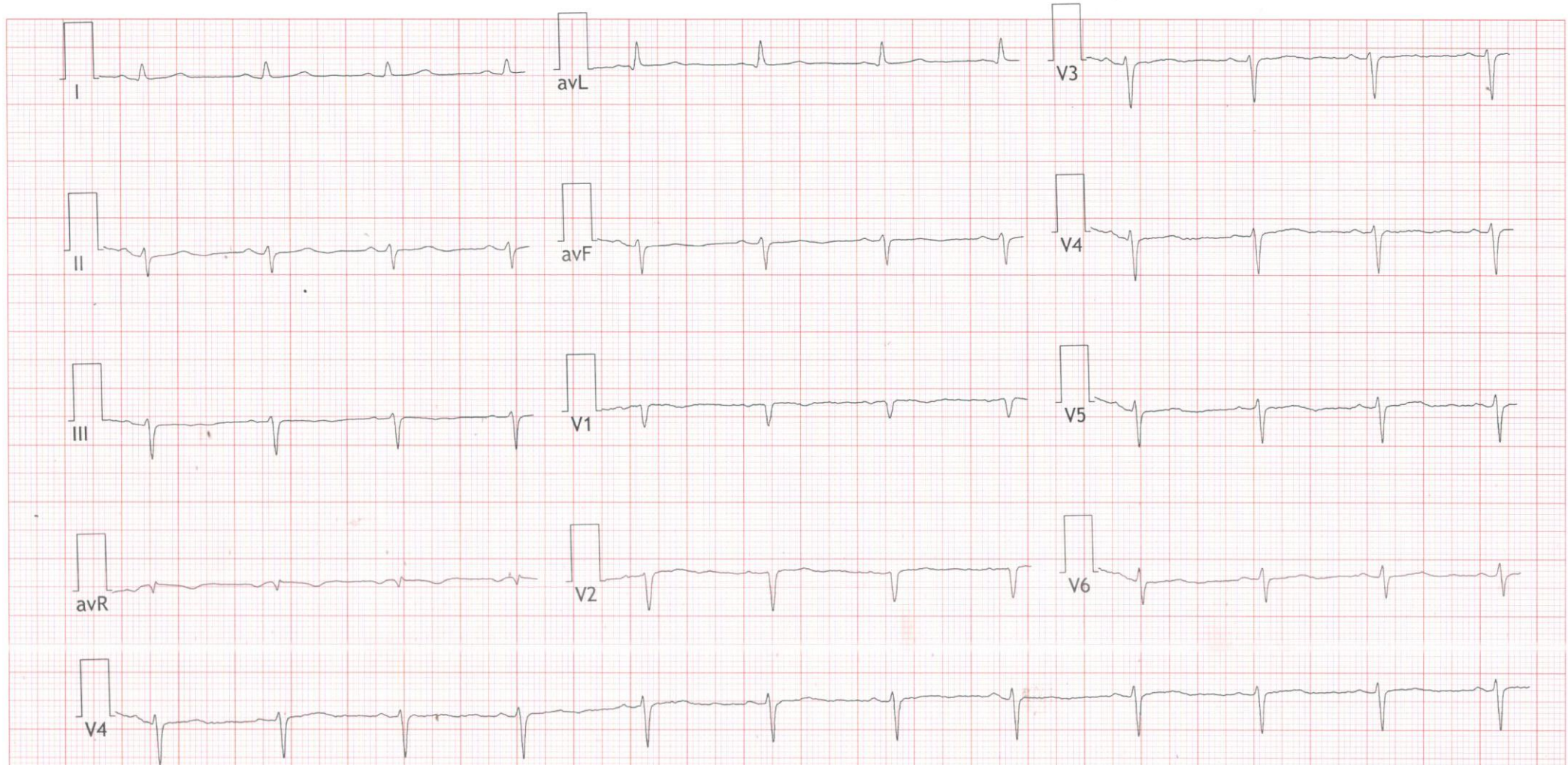
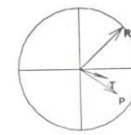
Notch :On

Recovery : (03:00)

10.0 mm/mV

25 mm/Sec.





FINDINGS: Normal Sinus Rhythm

Vent Rate : 69 bpm; PR Interval : 146 ms; QRS Duration: 90 ms; QT/QTc Int : 369/398 ms

P-QRS-T axis: 34• -43• 18• (Deg)

Comments :

DR. MANSI SOLANKI
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*NSRW M
correlate clinical*