

Health Check up Booking Request(22E37875)

From Mediwheel <wellness@mediwheel.in>

Date Wed 11/6/2024 9:34 AM

PHC [MH-Ghaziabad] <phc.ghaziabad@manipalhospitals.com>

customercare@mediwheel.in <customercare@mediwheel.in> Cc

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011-41195959

Dear Manipal Hospital

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

You confirm this booking?

Yes

No

Name

: Sachin kumar Bharti

Contact Details

: 9716615441

Hospital Package

Name

Mediwheel Full Body Health Checkup Male Below 40

Location

: NH-24, Hapur Road, Oppo. Bahmeta Village, Near Lancraft Golf Links Aparment

Appointment Date: 09-11-2024

Membe	r Information	
Booked Member Name	Age	Gender
MR. BHARTI SACHIN KUMAR	35 year	Male

Thanks,

Mediwheel Team

Please Download Mediwheel App





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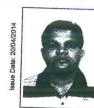
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सचिन कुमार भारती Sachin Kumar Bharti जन्म तिथि / DOB : 26/09/1989 पुरुष / MALE





8190 7160 8307

मेरा आधार, मेरी पहचान

Jun Jun



आस्त्रीय विशिष्ट पहचान प्राधिकरण



पता: S/O प्रेम चंद भारती, 251ए/5सी श्री राम नगर, शाहदरा, पूर्वी दिल्ली, दिल्ली, 110032 Address: S/O,Prem Chand Bharti, 251a/5c Shri Ram Nagar, Shahdara, East Delhi, Delhi, 110032



LIFE'S ON

Manipal Hospital Ghaziabad

NFI-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad 201 002 0120 3535 353 / +91 88609 45566



OUTPATIENT RECORD

Hospital No: MH008785288

Nanze: SACHIN KUMAR BHARTI

Doctor Name: HEALTH CHECK MGD

Date: 09/11/2024 08:33AM

Visit No: H18000003193

Age/Sex: 35 Yrs/Male Specialty: HC SERVICE MGD

OPD Notes:

PRESENT OPHTHALMIC COMPLAINS - ROUTINE EYE CHECK UP SYSTEMIC/ OPHTHALMIC HISTORY - PT HAS GLAUCOMA

NO FAMILY H/O GLAUCOMA

EXAMINATION DETAILS

RIGHT EYE

LEFT EYE

VISION

6/6

6/6

CONJ

NORMAL

NORMAL

CORNEA
ANTERIOR CHAMBER/ IRIS

CLEAR N CLEAR N

LENS

OCULAR MOVEMENTS

FULL

FULL

NCT

16

18

FUNDUS EXAMINATION

A) VITREOUS

B) OPTIC DISC

C:D 0.4

C:D 0.6

C) MACULAR AREA

FOVEAL REFLEX PRESENT FOVEAL REFLEX PRESENT

DIAGNOSIS: DRY EYES

ADVISE / TREATMENT

STARTED ON TIMOLET OD IN BOTH EYES

AVOID WATER EXCESS ESP ON WAKING UP

E/D NST 4 TIMES DAILY BE

E/D TIMOLET OD ONCE DAILY IN BOTH EYES

ADV GLAUCOMA WORK UP INCLUDING FIELDS AND OCT

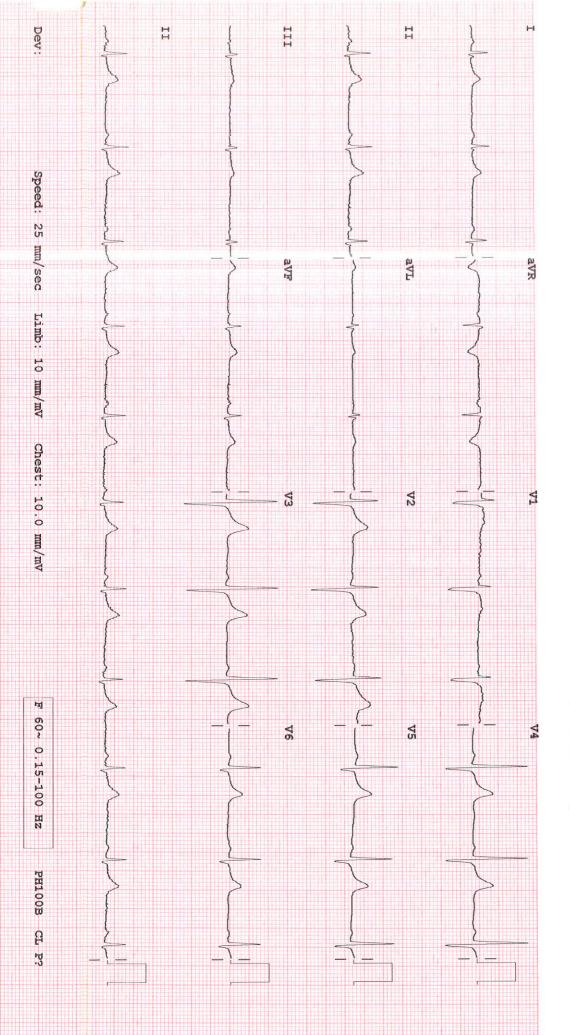
REVIEW AFTER 6 MONTHS OR SOS

HEALTH CHECK MGD

1 of 1

- NORMAL ECG -

Unconfirmed Diagnosis



manipal hospitals







Patient Name MR SACHIN KUMAR BHARTI

Location

: Ghaziabad

Age/Sex

: 35Year(s)/male

Visit No

: V000000001-GHZB

MRNNo

MH008785288

Order Date

: 09/11/2024

Ref. Doctor : H/C

Report Date

: 09/11/2024

Protocol

: Bruce

MPHR

: 185BPM

Duration of exercise Reason for termination

: 09min 16sec

85% of MPHR Peak HR Achieved : 168BPM

: 157BPM

Blood Pressure (mmHg) : Baseline BP : 120/80mmHg

: THR achieved

% Target HR

: 90%

: 140/90mmHg Peak BP

METS

: 10.5METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	68	120/90	Nil	No ST changes seen	Nil
STAGE 1	3:00	117	130/90	Nil	No ST changes seen	Nil
STAGE 2	3:00	137	140/90	Nil	No ST changes seen	Nil
STAGE 3	3:00	163	150/90	Nil	No ST changes seen	Nil
STAGE 4	0:16	168	150/90	Nil	No ST changes seen	Nil
RECOVERY	5:13	88	130/90	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak stage.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

IMPRESSION:

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC Sr. Consultant Cardiology

Dr. Geetesh Govil

Dr. Abhishek Singh

Sr.Consultant Cardiology

Dr. Sudhanshu Mishra CardiologypaRegistanaGhaziabad

NH - 24, Hapur Road, Ghaziabad, Uttar Pradesh - 201 002

P: 0120-3535353

MD, D. Card, P&DCC, MAAC, M. Med, MIMA, FAGE

MD, DNB (CARDIOLOGY), MNAMS

Jr. Consultant Cardiology

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

P + 91 80 4936 0300 F info@manipalhospitals.com www.manipalhospitals.com





LABORATORY REPORT

Name

SACHIN KUMAR BHARTI

Age

35 Yr(s) Sex :Male

Registration No

MH008785288

Lab No

202411001712

Collection Date:

09 Nov 2024 09:00

Patient Episode

H18000003193

Referred By

HEALTH CHECK MGD

Reporting Date:

09 Nov 2024 13:54

Receiving Date

09 Nov 2024 09:00

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Specimen Type : Serum

THYROID PROFILE, Serum

ng/ml 1.000

[0.610-1.630]

[4.680-9.360]

T3 - Triiodothyronine (ELFA) T4 - Thyroxine (ELFA) Thyroid Stimulating Hormone

6.180 1.410

ug/dl uIU/mL

[0.250-5.000]

NOTE:

TSH stimulates the thyroid gland to produce the main thyroid hormones T3 and T4. In cases of hyperthyroidism TSH level is severely inhibited and may even be undetectable. In rare forms of high-origin hyperthyroidism, the TSH level is not reduced, since the negative-feedback control of the thyroid hormones has no effect.

In cases of primary hypothyroidism, TSH levels are always much higher than normal and thyroid hormone levels are low.

The TSH assay aids in diagnosing thyroid or hypophysial disorders.

The T4 assay aids in assessing thyroid function, which is characterized by a decrease in thyroxine levels in patients with hypothyroidism and an increase in patients with hyperthyroidism.

The test has been carried out in Fully Automated Immunoassay System VIDAS using ELFA (Enzyme Linked Fluorescence Assay) technology.

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LABORATORY REPORT

Name

SACHIN KUMAR BHARTI

Age

35 Yr(s) Sex :Male

Registration No

MH008785288

Lab No

202411001712

Patient Episode

H18000003193

Collection Date:

09 Nov 2024 09:00

HEALTH CHECK MGD

Reporting Date:

09 Nov 2024 16:18

Referred By Receiving Date 09 Nov 2024 09:00

BLOOD BANK

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

TEST

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood Blood Group & Rh typing B Rh (D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 2 of 2

NOTE:

- Abnormal Values

----END OF REPORT-----

Dr. Alka Dixit Vats Consultant Pathologist







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LABORATORY REPORT

Name

: SACHIN KUMAR BHARTI

Registration No

: MH008785288

Patient Episode

: H18000003193

Referred By

: HEALTH CHECK MGD

Receiving Date

: 09 Nov 2024 09:00

Age

35 Yr(s) Sex :Male

Lab No

202411001712

Collection Date:

09 Nov 2024 09:00

Reporting Date :

09 Nov 2024 13:31

HAEMATOLOGY

TEST

RESULT

5.22

182

7.0

11.80

UNIT

BIOLOGICAL REFERENCE INTERVAL

COMPLETE BLOOD COUNT (AUTOMATED)

RBC COUNT (IMPEDENCE)

HEMOGLOBIN

Mathodicapanide free SLS-colorime

HEMOGLOBIN
Method:cyanide free SLS-colorimetry
HEMATOCRIT (CALCULATED)
46.2

MCV (DERIVED)

MCH (CALCULATED)

MCHC (CALCULATED)

MCHC (CALCULATED)

13.9

RDW CV% (DERIVED)
Platelet count
Mathod: Flectrical Impedance

Method: Electrical Impedance MPV(DERIVED)

WBC COUNT (TC) (IMPEDENCE) 4.61
DIFFERENTIAL COUNT

(VCS TECHNOLOGY/MICROSCOPY)

Neutrophils

Lymphocytes

50.0

40.0

8.0

Monocytes 2.0
Eosinophils 0.0
Basophils

ESR

SPECIMEN-EDTA Whole Blood

millions/cumm [4.50-5.50] g/dl [13.0-17.0]

% [40.0-50.0] fL [83.0-101.0] pg [25.0-32.0] g/dl [31.5-34.5] [11.6-14.0]

 \times x 10³ cells/cumm [150-410]

 $\times 10^3 \text{ cells/cumm}$ [4.00-10.00]

8 [0.0-2.0]

mm/1sthour [0.0-10.0]

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LABORATORY REPORT

Name

: SACHIN KUMAR BHARTI

Registration No Patient Episode : MH008785288

Referred By Receiving Date : H18000003193 : HEALTH CHECK MGD

: 09 Nov 2024 09:00

Age

35 Yr(s) Sex :Male

Lab No

202411001712

Collection Date:

09 Nov 2024 09:00

Reporting Date:

09 Nov 2024 14:35

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

5.1

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

HbA1c in %

Non diabetic adults >= 18 years <5.7

Prediabetes (At Risk) 5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

100

mg/dl

Comments : HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW

(Pale Yellow - Yellow)

Appearance

CLEAR

(4.6 - 8.0)

Reaction[pH] Specific Gravity 5.0 1.005

(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin

NEGATIVE

(NEGATIVE)

Glucose

NIL

(NIL) (NEGATIVE)

Ketone Bodies

Negative

Urobilinogen

Normal

(NORMAL)

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LABORATORY REPORT

Name

: SACHIN KUMAR BHARTI

: MH008785288

Registration No Patient Episode

: H18000003193

Referred By

: HEALTH CHECK MGD

Receiving Date

: 09 Nov 2024 10:20

Age

35 Yr(s) Sex :Male

Lab No

202411001712

Collection Date:

09 Nov 2024 10:20

Reporting Date:

09 Nov 2024 16:09

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Auto Pus Cells RBC Epithelial Cells CASTS Crystals Bacteria OTHERS	NIT	.) npf	(0-5/hpf) (0-2/hpf)	
Serum LIPID PROFILE				
Serum TOTAL CHOLESTEROL Method:Oxidase,esterase, pe	eroxide	155	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)		61	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL		57	mg/dl	[35-65]
Method: Enzymatic Immunoi: VLDL- CHOLESTEROL (Calcula CHOLESTEROL, LDL, CALCULAT	ted)	12 86.0	mg/dl mg/dl	[0-35] . [<120.0] Near/
Above optimal-100-129 T.Chol/HDL.Chol ratio(Cal	_culated)	2.7	eg ¹	Borderline High:130-159 High Risk:160-189 <4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio(Ca	alculated)	1.5		<pre><3 Optimal 3-4 Borderline >6 High Risk</pre>

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LABORATORY REPORT

BIOCHEMISTRY

Name

: SACHIN KUMAR BHARTI

Age

35 Yr(s) Sex :Male

Registration No

Lab No

202411001712

Patient Episode

: MH008785288

Collection Date:

09 Nov 2024 09:00

Referred By

: H18000003193 : HEALTH CHECK MGD

09 Nov 2024 13:54

Receiving Date

: 09 Nov 2024 09:00

Reporting Date:

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Note:

Reference ranges based on ATP III Classifications.

Lipid profile is a panel of blood tests that serves as initial broad medical screening tool for abnormalities in lipids, the results of this tests can identify certain genetic diseases and determine approximate risks for cardiovascular disease, certain forms of pancreatitis and other diseases

KIDNEY PROFILE

Specimen: Serum UREA	24.3	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay BUN, BLOOD UREA NITROGEN	11.4	mg/dl	[8.0-20.0]
Method: Calculated CREATININE. SERUM	1.21 #	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization URIC ACID Method:uricase PAP	6.4	mg/dl	[4.0-8.5]
SODIUM, SERUM	137.90	mmol/L	[136.00-144.00]
POTASSIUM, SERUM SERUM CHLORIDE Method: ISE Indirect	4.83 105.3	mmol/L	[3.60-5.10] [101.0-111.0]
eGFR (calculated)	77.1	ml/min/1.73sq.m	
- 1 ' 1 Noto			

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009. Technical Note equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis

Icterus / Lipemia.

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LABORATORY REPORT

Name

: SACHIN KUMAR BHARTI

Age

35 Yr(s) Sex :Male

Registration No

: MH008785288

Lab No

202411001712

Patient Episode

: H18000003193

Collection Date:

09 Nov 2024 09:00

Referred By

: HEALTH CHECK MGD

Reporting Date:

09 Nov 2024 13:54

Receiving Date

: 09 Nov 2024 09:00

BIOCHEMISTRY

	BIOCHEMIS		± °	
TEST	RESULT	UNIT BIOLOG	ICAL REFERENCE INTERVAL	
LIVER FUNCTION TEST				
BILIRUBIN - TOTAL Method: D P D	0.75	mg/dl	[0.30-1.20]	
BILIRUBIN - DIRECT Method: DPD	0.17	mg/dl	[0.00-0.30]	
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.58	mg/dl	[0.10-0.90]	
TOTAL PROTEINS (SERUM) Method: BIURET	7.70	gm/dl	[6.60-8.70]	
ALBUMIN (SERUM) Method: BCG	5.10	g/dl	[3.50-5.20]	
GLOBULINS (SERUM) Method: Calculation	2.60	gm/dl	[1.80-3.40]	
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.96		[1.00-2.50]	
AST(SGOT) (SERUM) Method: IFCC W/O P5P	30.00	U/L	[0.00-40.00]	
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	29.90	Π\Γ	[17.00-63.00]	
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	109.0 #	IU/L	[32.0-91.0]	
GGT	21.0	U/L	[7.0-50.0]	
5 9 9 8 8 8 9 8 9 8 9 8 9 8 9 9 8 9			Page 5 of 8	







LABORATORY REPORT

Name

: SACHIN KUMAR BHARTI

Age

35 Yr(s) Sex :Male

Registration No

: MH008785288

Lab No

202411001712

Patient Episode

: H18000003193

Collection Date:

09 Nov 2024 09:00

Referred By

: HEALTH CHECK MGD

Reporting Date:

09 Nov 2024 13:54

Receiving Date

: 09 Nov 2024 09:00

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Liver function test aids in diagnosis of various pre hepatic, hepatic and post hepatic causes of dysfunction like hemolytic anemia's, viral and alcoholic hepatitis and cholestasis of obstructive causes.

The test encompasses hepatic excretory, synthetic function and also hepatic parenchymal cell damage. LFT helps in evaluating severity, monitoring therapy and assessing prognosis of liver disease and dysfunction.

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____END OF REPORT-----

Alla

Dr. Alka Dixit Vats Consultant Pathologist

Control of the second







Age

Lab No

Collection Date:

Reporting Date:

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

35 Yr(s) Sex :Male

09 Nov 2024 09:00

09 Nov 2024 13:54

202411001713

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LABORATORY REPORT

Name

: SACHIN KUMAR BHARTI

: MH008785288

Registration No Patient Episode

: H18000003193

Referred By

: HEALTH CHECK MGD

Receiving Date

: 09 Nov 2024 09:00

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)
Method: Hexokinase

88.0

mg/dl '

[70.0-110.0]

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

Increased in Diabetes mellitus, Cushing's syndrome (10-15%), chronic pancreatitis (30%). Drugs corticosteroids, phenytoin, estrogen, thiazides

Decreased in Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy(adrenocortical, stomach, fibro sarcoma), infant of a diabetic mother enzyme deficiency diseases(e.g.galactosemia),

insulin, ethanol, propranolol, sulfonylureas, tobutamide, and other oral hypoglycemic agents.

Page 7. of 8

----END OF REPORT-----

Dr. Alka Dixit Vats Consultant Pathologist







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LABORATORY REPORT

Name

: SACHIN KUMAR BHARTI

: MH008785288

Registration No Patient Episode

: H18000003193

Referred By

: HEALTH CHECK MGD

Receiving Date

: 09 Nov 2024 14:01

Age

35 Yr(s) Sex :Male

Lab No

202411001714

Collection Date:

09 Nov 2024 14:01

Reporting Date:

09 Nov 2024 16:27

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen:Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

111.0

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Page 8 of 8

----END OF REPORT----

Dr. Alka Dixit Vats

Consultant Pathologist





NAME	SACHIN KUMAR BHARTI	STUDY DATE	09/11/2024 9:23AM
AGE / SEX	35 y / M	HOSPITAL NO.	MH008785288
ACCESSION NO.	R8547860	MODALITY	CR
REPORTED ON	09/11/2024 10:23AM	REFERRED BY	HEALTH CHECK MGD

X-RAY CHEST - PA VIEW

FINDINGS:

Lung fields appear normal on both sides.
Cardia appears normal.
Both costophrenic angles appear normal.
Both domes of the diaphragm appear normal.
Bony cage appear normal.

IMPRESSION:

No significant abnormality noted.

Dr. Rahul Suhas Whatkar

MBBS, DMRD, DNB Radiology Reg No. MMC 2009/04/1858

CONSULTANT RADIOLOGIST

*****End Of Report*****





NAME	SACHIN KUMAR BHARTI	STUDY DATE	09/11/2024 10:09AM
AGE / SEX	35 y / M	HOSPITAL NO.	MH008785288
ACCESSION NO.	R8547861	MODALITY	US
REPORTED ON	09/11/2024 10:44AM	REFERRED BY	HEALTH CHECK MGD

USG ABDOMEN & PELVIS WITH PVR FINDINGS

LIVER: appears normal in size (measures 149 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 75 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.2 mm.

COMMON BILE DUCT: Appears normal in size and measures 2.8 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is

maintained. Rest normal.

Right Kidney: measures 104 x 60 mm with parenchymal thickness 10.2 mm.

Left Kidney: measures 99 x 50 mm with parenchymal thickness 10.5 mm. It shows a concretion measuring 3.2

mm at lower calyx.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is over distended. Wall thickness is normal and lumen is echofree. Rest

normal.

Pre-void urine volume 1147 cc.

Post-void residual urine volume 51 cc (Insignificant).

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 41 x 25 x 23 mm with volume 13 cc.

Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- Diffuse grade I fatty infiltration in liver.
- Left renal concretion.

Recommend clinical correlation.

Dr. Monica Shekhawat

Maria.

MBBS, DNB, CCFRG, ACFRG (Reg No MCI 11-10887)

CONSULTANT RADIOLOGIST

*****End Of Report*****