

29

**Points to note:-**  
 Collect photocopy of employee ID proof if health check is through an employer.  
 Collect photocopy of personal ID proof if health check is for insurance.  
 Collect MIER as per package details & that company's format (already shared).  
 By 12 noon of appointment date, share Work order number & visit status (Show/No show).  
 Upload reports in Adhutam portal as per specifications given earlier.

Appointment Booking Details

Comptel/TPA	Agreement Name	Package name	Package Inclusions	Customer Name	Gender M/F	Relation (Self/Spouse)	DOB/Age	Emp ID	Email ID	Mobile No	Date of Appointment
ARCOFEMI HEALTH-CARE LIMITED	ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT	ARCOFEMI HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324	Glycosylated Hemoglobin (HbA1C) - Whole Blood, ECG, Package Gynaecological Consultation, HEMOGRAM (CBC+ESR), X-Ray Chest PA, Opthal by General Physician, BMI, URINE GLUCOSE (POST PRANDIAL), Consultation - Dental, Package Consultation - ENT, Fitness by General Physician, 2 D ECHO, Lipid Profile (all Parameters), Renal Function Test, Ultrasound - Whole Abdomen, URINE GLUCOSE (FASTING), Dietician consultation, GLUCOSE - SERUM / PLASMA (FASTING AND POST PRANDIAL, Blood Grouping And Typing (Abo And Rh), THYROID PROFILE - KIT3, T4 AND TSH), LIVER FUNCTION TEST (PACKAGE), Urine Routine (CUE), GGT, Gamma Glutamyl Transpeptidase - Serum, LBC PAP SMEAR, Doctor GAMMA GLUTAMYL TRANSFERASE (GGT), GLUCOSE, FASTING, GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL), RENAL PROFILE, RENAL FUNCTION TEST (RFT/KFT), LIPID PROFILE, PERIPHERAL AND RH FACTOR, DIET CONSULTATION, BODY MASS INDEX (BMI), LBC PAP TEST - PAPSURE, HEMOGRAM + PERIPHERAL SMEAR, HbA1c, GLYCATED HEMOGLOBIN, THYROID PROFILE (TOTAL T3, TOTAL T4, TSH), LIVER FUNCTION TEST (LFT), COMPLETE URINE EXAMINATION	himarni nagar	female	Self	09-02-1995	N/A	kaushan.nagar@bankofbarodaa.co.in	7575087897	2024-11-0

Fitness  
 ENT  
 → gynec  
 X Ray  
 BMI  
 Diet  
 USG  
 TMT  
 Dento

Himani Nagar

9111124

No any Medical History  
no family History

of a no any ~~Medical~~  
fresh complain

USG abdomen }  
X-ray Chest } penicillin

TMT - negative

ECG - NR

o/l T-O

P-82/m

Spol. 98/9.

HR } 114/77

MMOF

PIA-E: 1.50H

Physically fit

Shreyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468

**Shreyanta Healthcare & Diagnostics Pvt. Ltd.**

Himani Nagar

9/11/2024


No any Medical History  
No family History

✓ No deafness  
- No tonsillitis  
- No elevated Urinary  
Septum

o/e T-R  
P- 82/17  
S/G- 98 N.  
BP- 120/78  
N.M.O.M

Dr. Maulik K. Kinariwala  
9/11/24  
P/A

Shreyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad - 380 013.  
Regd. No. : U-1902406

  
**Dr. Maulik K. Kinariwala**  
(M.D. (Medicine), PGDDM (UK)  
Regd. No. : G-14925  
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

# SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD

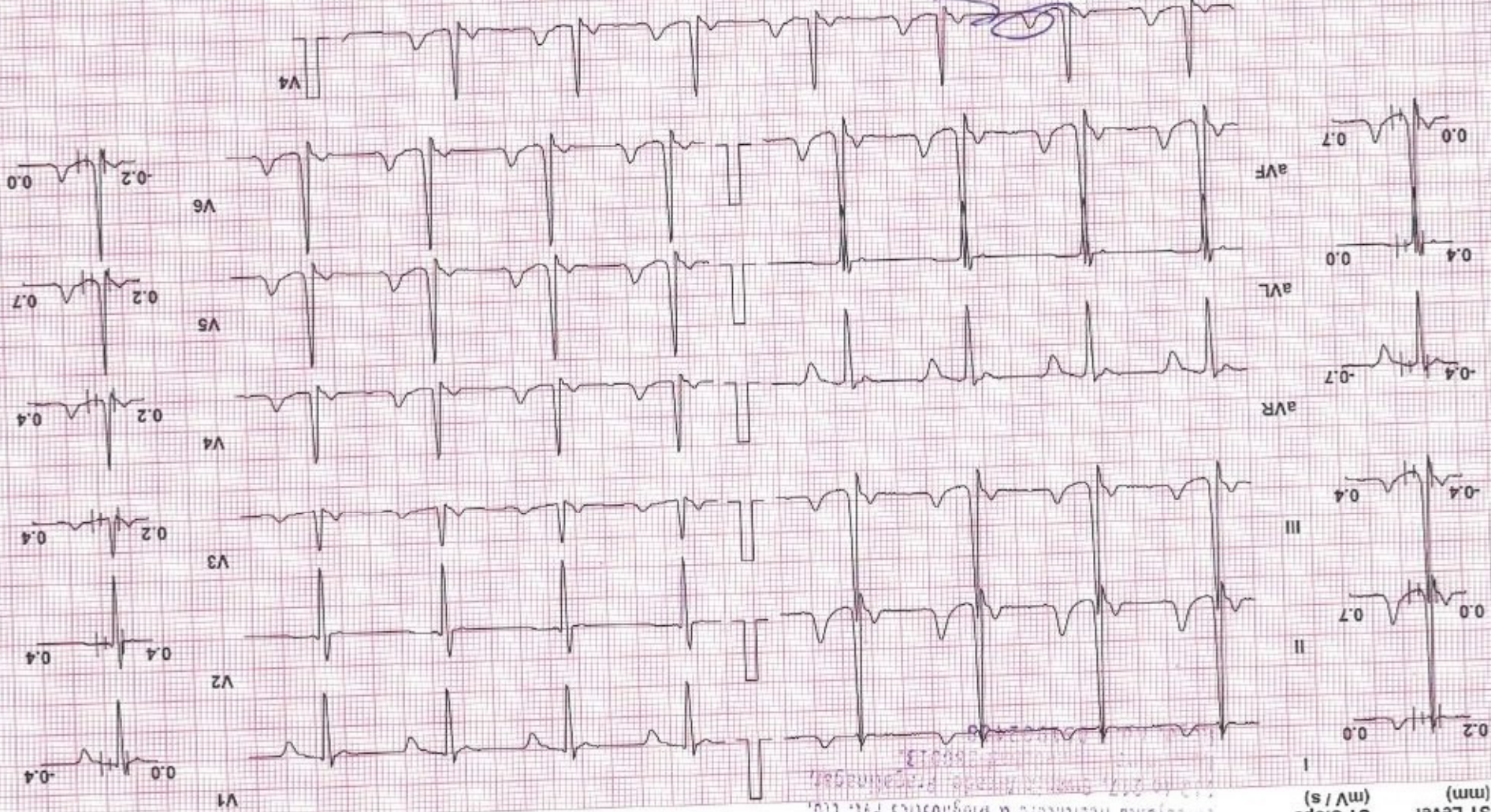
Time: 12:25:14 PM BP: 0 / 0 mmHg  
Date: 09-Nov-24  
Mains Filtr: ON  
Amp: 10 mm  
HR: 72 bpm

HIMANI NAGAR (29 F)  
Chart Speed: 25 mm/sec

ST Level (mm)  
ST Slope (mV/s)

ST Level (mm)  
ST Slope (mV/s)

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
110/6027, Sankar Nagar, Prasad Nagar,  
Kirti Nagar, New Delhi - 110015.



Dr. Maulik K. Kinariwala  
(M.D. (Medical), FRCGP (UK))  
Specialist in Cardiology  
Consultant Cardiologist & Diagnostic PVT. LTD.

Interpretation:  
NSR/MNL

Rel By: APOLLO

Schiller Spandan V4.7

Dr Maulik Kinariwala

Linked Median Iso = R - 60 ms J + R + 60 ms Post J = J + 60 ms

# SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD

Time: 12:26:48 PM

Date: 09-Nov-24

### Patient Details

Name: HIMANI NAGAR ID: 1709

Age: 29 y Sex: F

Clinical History: NO

Height: 161 cms.

Weight: 44 Kg.

Medications: NO

### Test Details

Protocol: Bruce

Total Exec. Time: 9 m.25 s

Max. BP: 160 / 80 mmHg

THR: 171 (90 % of Pr.MHR) bpm

Pr.MHR: 191 bpm

Max. HR: 154 ( 81% of Pr.MHR) bpm

Max. BP x HR: 24640 mmHg/min

Max. Mets: 13.50

Min. BP x HR: 6240 mmHg/min

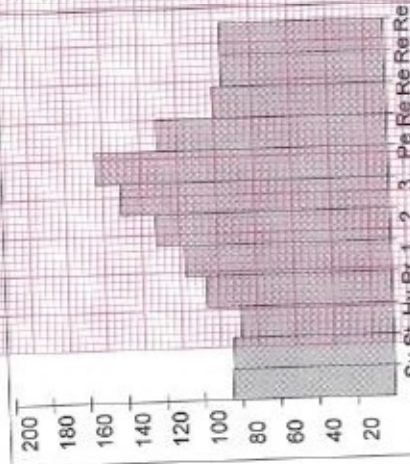
Test Termination Criteria: ACHIEVEMENT OF THR

### Protocol Details

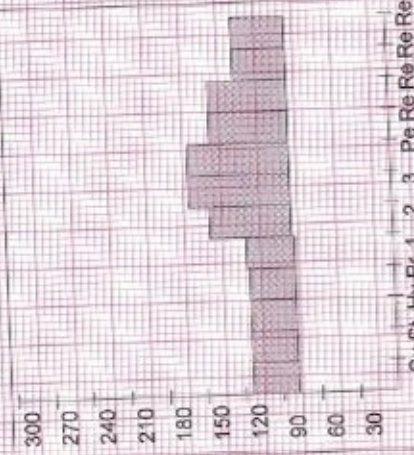
Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 21	1.0	0	0	85	114 / 78	-0.42 III	0.71 II
Standing	0 : 6	1.0	0	0	84	114 / 78	-0.42 III	0.71 II
Hyperventilation	0 : 8	1.0	0	0	80	114 / 78	-0.42 III	0.71 II
1	3 : 0	4.6	1.7	10	108	116 / 78	-4.67 V4	4.25 V4
2	3 : 0	7.0	2.5	12	123	144 / 80	-5.10 V4	-5.66 V4
3	3 : 0	10.2	3.4	14	141	160 / 80	-1.70 III	2.83 III
Peak Ex	0 : 25	13.5	4.2	16	154	160 / 80	-2.55 III	2.83 II
Recovery(1)	1 : 0	1.8	1	0	121	142 / 80	-1.06 III	2.83 II
Recovery(2)	1 : 0	1.0	0	0	91	142 / 80	-1.06 III	1.77 V4
Recovery(3)	1 : 0	1.0	0	0	86	122 / 80	-1.06 III	1.06 II
Recovery(4)	0 : 3	1.0	0	0	86	122 / 80	-0.85 III	1.06 II

*Signature*

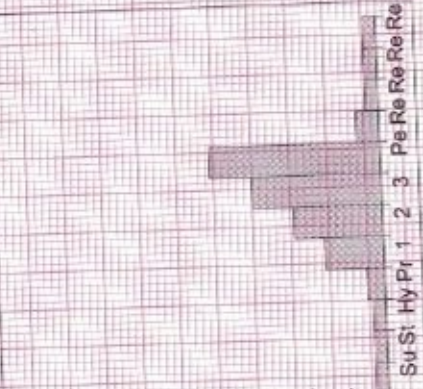
### HR x Stage



### BP x Stage



### Mets x Stage



# SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD

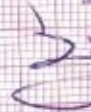
## Patient Details

Date: 09-Nov-24 Time: 12:26:48 PM  
Name: HIMANI NAGAR ID: 1709 Height: 161 cms.  
Age: 29 y Sex: F Weight: 44 Kg.

## Interpretation

GOOD EXERCISE TOLERANCE  
NORMAL HAEMODYNAMIC AND CHRONOTROPIC RESPONSE  
NO SIGNIFICANT ST-T CHANGES ARE SEEN DURING EXERCISE AND  
RECOVERY  
RECOVERY UNEVENTFUL  
NO ANGINA, GALLOP, ARRHYTHMIA  
TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHEMIA DURING  
EXERCISE AND RECOVERY AT HIGH WORKLOAD.

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swarnik Arcade, Pragathi Nagar,  
Narayanpet, Hyderabad-500013.  
Regd. No. 051902468

  
Dr. Maulik K. Kinariwala  
(M.D. (Medicine), FRCOM (UK))  
Regd. No. 051902468  
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
Doctor: Dr Maulik Kinariwala

Ref. Doctor: APOLLO

( Summary Report edited by user )

**Test Report**

Stage Time : 0 m 15 s HR: 80 bpm  
 (THR: 171 bpm) B.P: 114 / 78

**SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD**

Date: 09-Nov-24 Exec Time : 0 m 0 s  
 Speed: 0 mph Grade: 0 %

ID: 1709  
 Stage: Supine

Protocol: Bruce

HIMANI NAGAR (29 F)

ST Level (mm)  
 ST Slope (mV/s)

I 0.2

II 0.0

III 0.4

aVR -0.2

aVL 0.4

aVF -0.2

0.4

0.4

0.0

0.0

0.0

Chart Speed: 25 mm/sec

Schier Spandan V4.7

Filter: 35 Hz

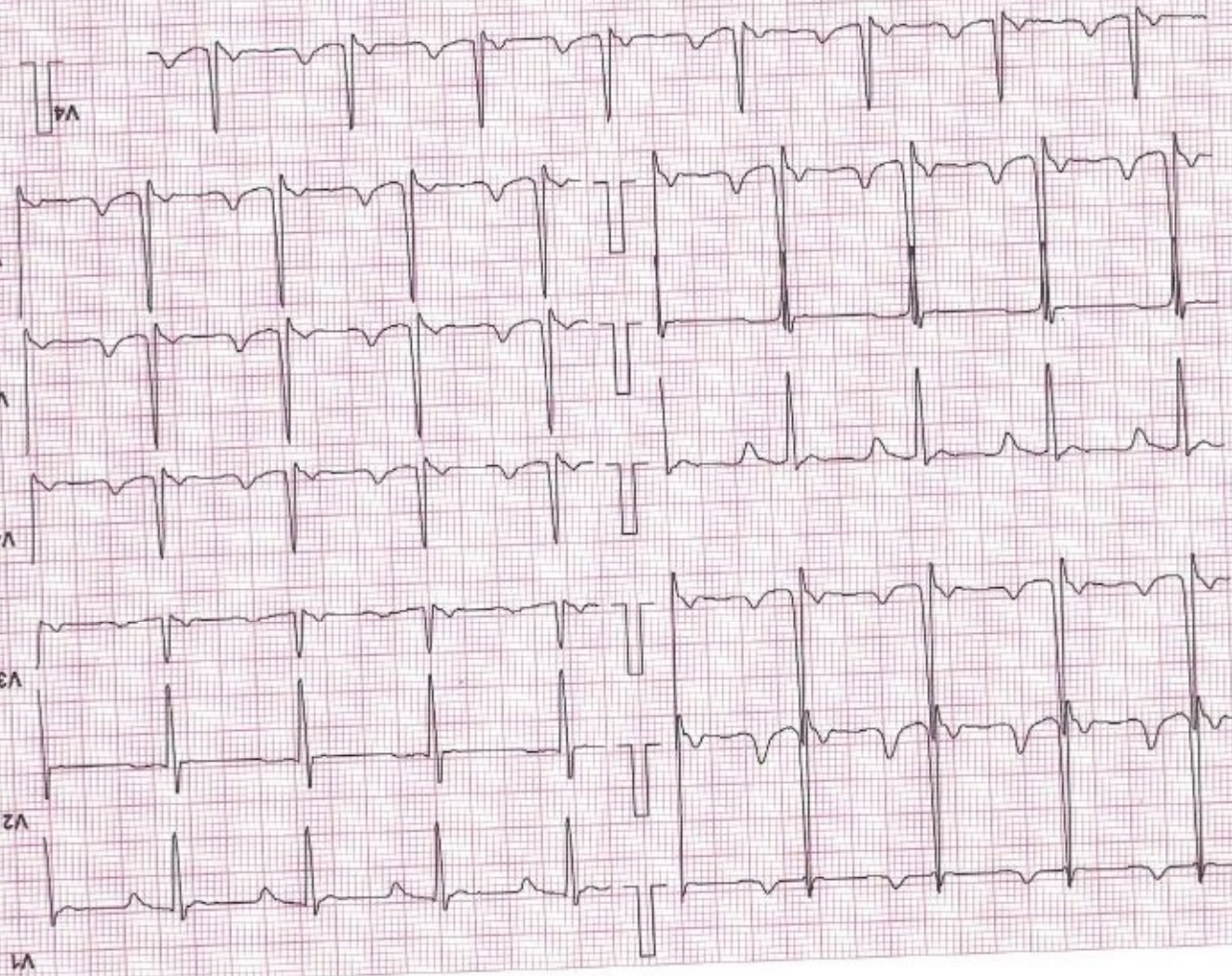
Mains Filtr ON

Amp: 10 mm

150 = R-80 ms J = R+60 ms

Post J = J+60 ms

Linked Median



HIMANI NAGAR (29 F)

Protocol: Bruce

Stage: Standing

Speed: 0 mph Grade: 0 %

(THR: 171 bpm)

B.P: 114 / 78

Test Report

HR: 83 bpm

Stage Time : 0 m 0 s

Exec Time : 0 m 0 s

Date: 09-Nov-24

ID: 1709

SHREYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD

ST Level (mm)

ST Slope (mV/s)

0.2

0.0

0.7

0.4

0.4

0.0

0.4

0.2

0.4

Chart Speed: 25 mm/sec

Schiller Spanden V4.7

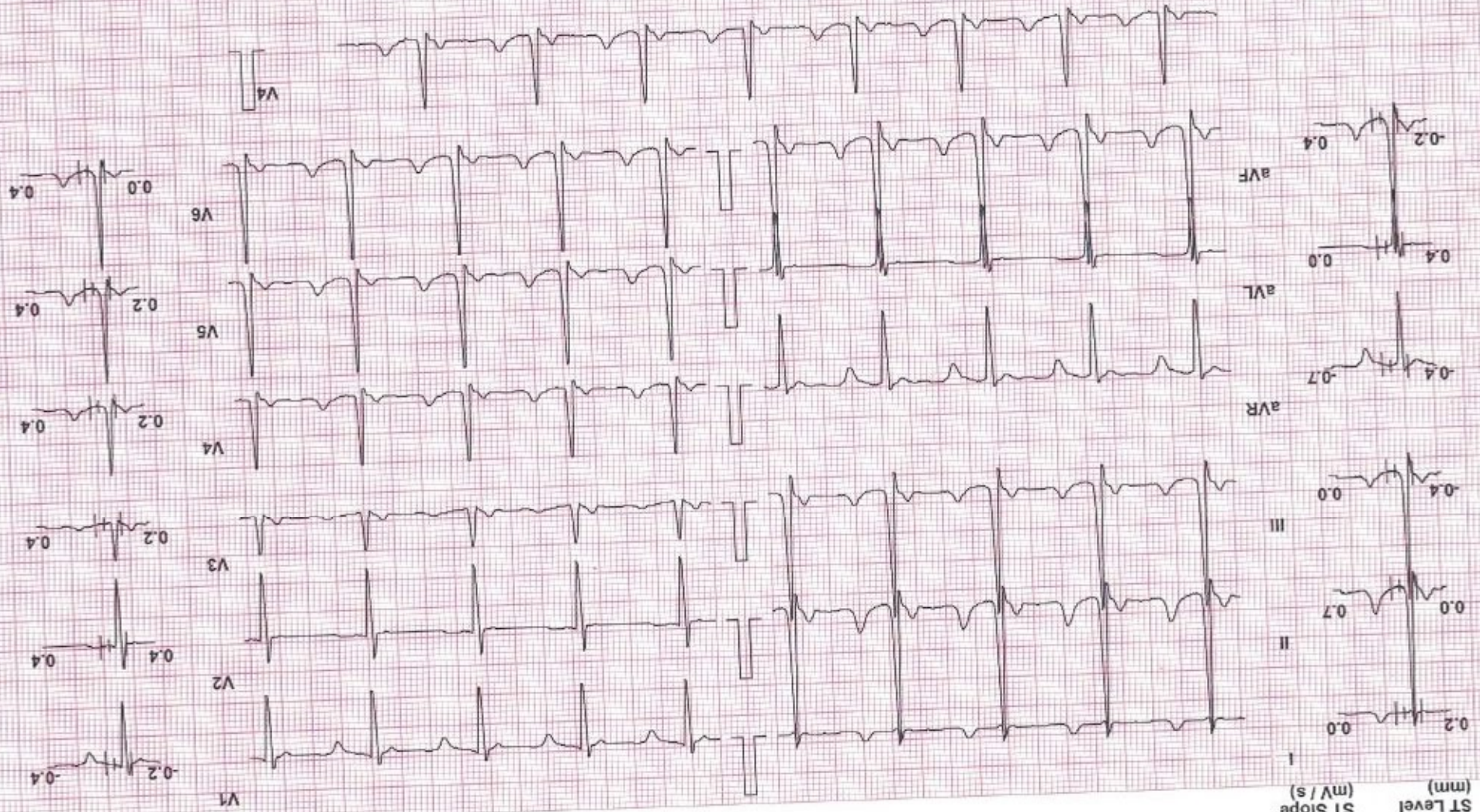
Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms J = R + 60 ms Post J = J + 60 ms

Linked Median





**Test Report**

HR: 82 bpm  
Stage Time: 0 m 2 s  
B.P.: 114/78

(THR: 171 bpm)

Grade: 0 %

Date: 09-Nov-24  
Exec Time: 0 m 0 s

Speed: 0 mph  
Stage: Hyperventilation

**SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD**

ID: 1709

**HIMANI NAGAR (29 F)**

Protocol: Bruce

ST Level (mm)  
ST Slope (mV/s)

ST Level (mm)  
ST Slope (mV/s)

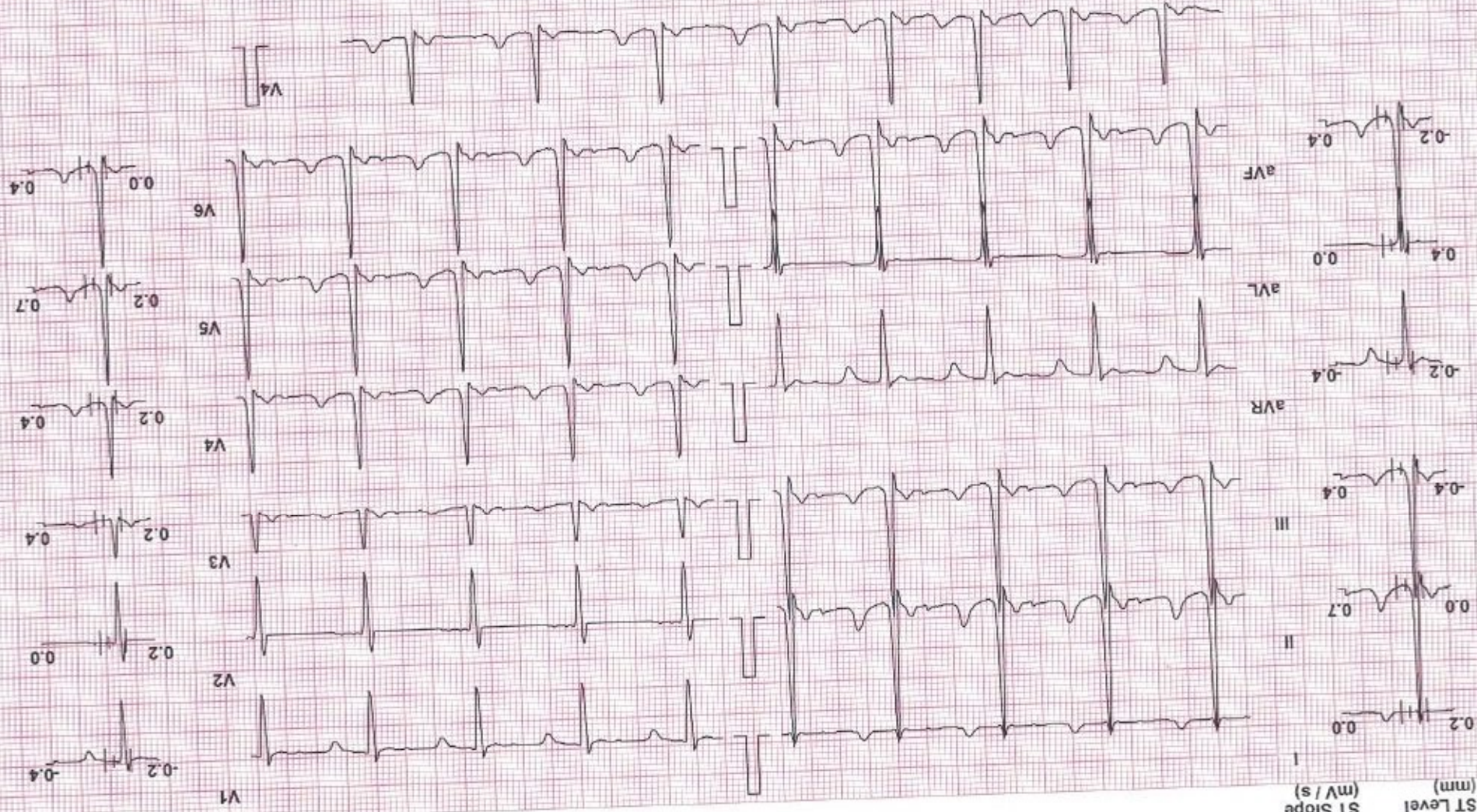


Chart Speed: 25 mm/sec  
Filter: 35 Hz  
Mains Fil: ON  
Amp: 10 mm  
150 = R-60 ms  
J = R+60 ms  
Post J = J+60 ms  
Linked Median  
Schlier Spanden V4.7

# SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD

**Test Report**  
Date: 09-Nov-24    Exec Time : 2 m 54 s    Stage Time : 2 m 54 s    HR: 108 bpm  
Speed: 1.7 mph    Grade: 10 %    (THR: 171 bpm)    B.P: 116/78

**HIMANI NAGAR (29 F)**

Protocol: Bruce

ID: 1709  
Stage: 1

ST Level (mm)  
ST Slope (mV/s)

ST Level (mm)  
ST Slope (mV/s)

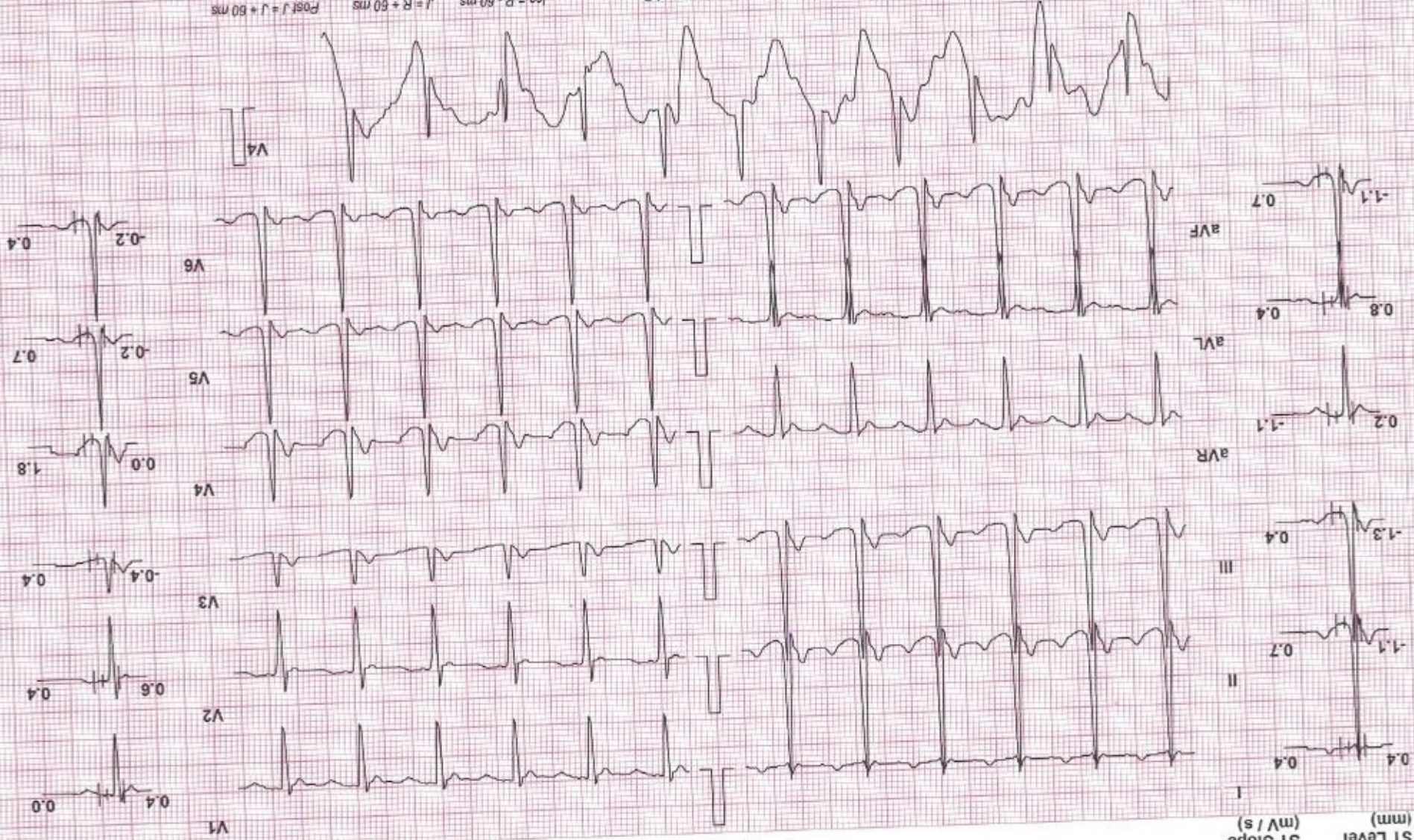


Chart Speed: 25 mm/sec  
Filter: 35 Hz  
Mains Fil: ON  
Amp: 10 mm  
Iso = R - 60 ms    J = R + 60 ms    Post J = J + 60 ms  
Linked Median  
Schler Spandan V47

**Test Report**

Date: 09-Nov-24 Exec Time : 5 m 54 s Stage Time : 2 m 54 s HR: 121 bpm

B.P: 144 / 80

(THR: 171 bpm)

Speed: 2.5 mph Grade: 12 %

ID: 1709

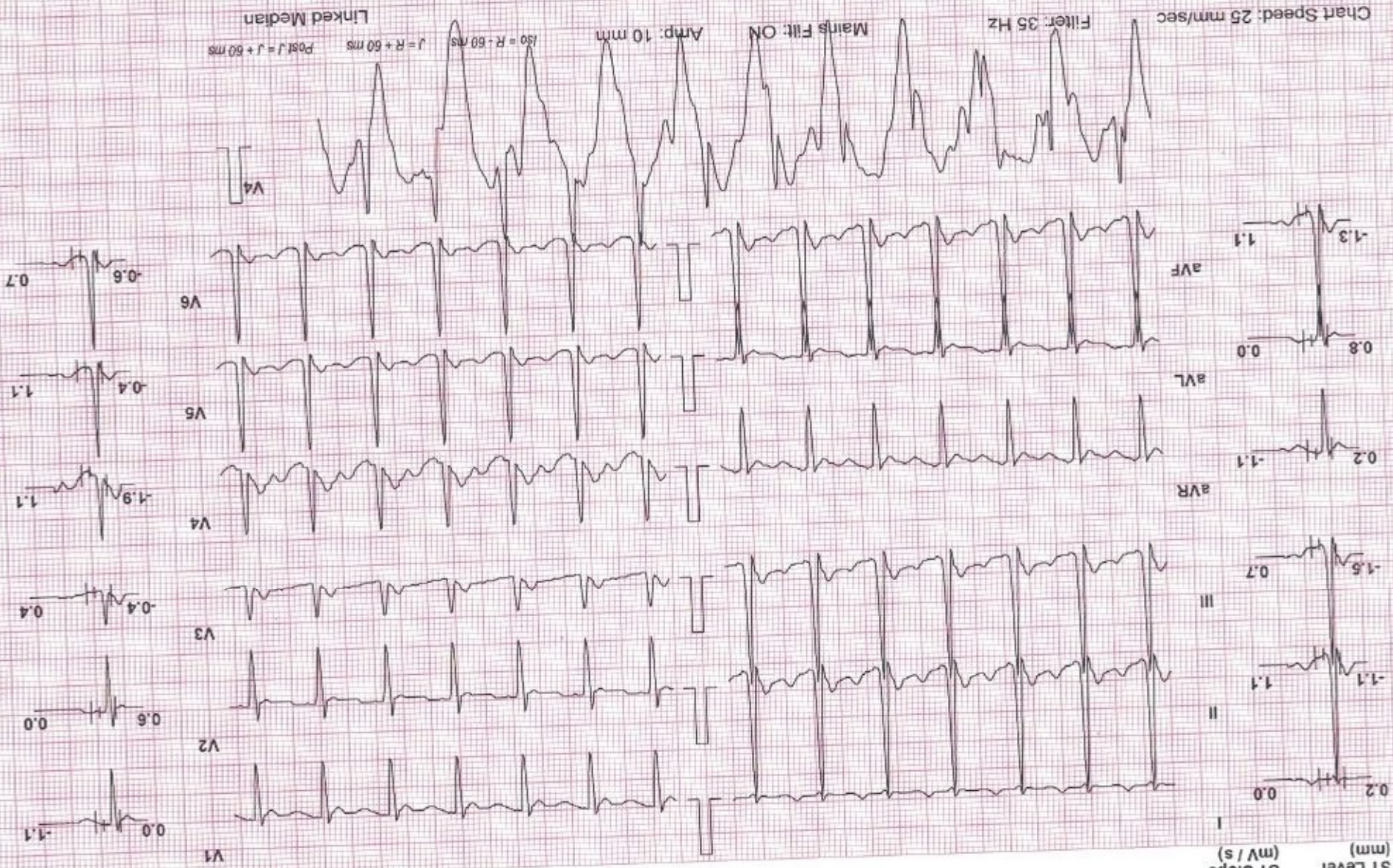
Stage: 2

**HIMANI NAGAR (29 F)**

Protocol: Bruce

ST Level (mm)  
ST Slope (mV/s)

ST Level (mm)  
ST Slope (mV/s)



Linked Median  
Post J = J + 60 ms  
J = R + 60 ms  
Iso = R - 60 ms

Chart Speed: 25 mm/sec  
Filter: 35 Hz  
Main Filter: ON  
Amp: 10 mm

Schier Spandan V4.7

# SHREYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD

**Test Report**  
Date: 09-Nov-24    Exec Time : 8 m 54 s    Stage Time : 2 m 54 s    HR: 141 bpm  
Speed: 3.4 mph    Grade: 14 %    (THR: 171 bpm)    B.P: 160 / 80

HIMANI NAGAR (29 F)

Protocol: Bruce

ID: 1709    Stage: 3

ST Level (mm)  
ST Slope (mV/s)

ST Level (mm)  
ST Slope (mV/s)

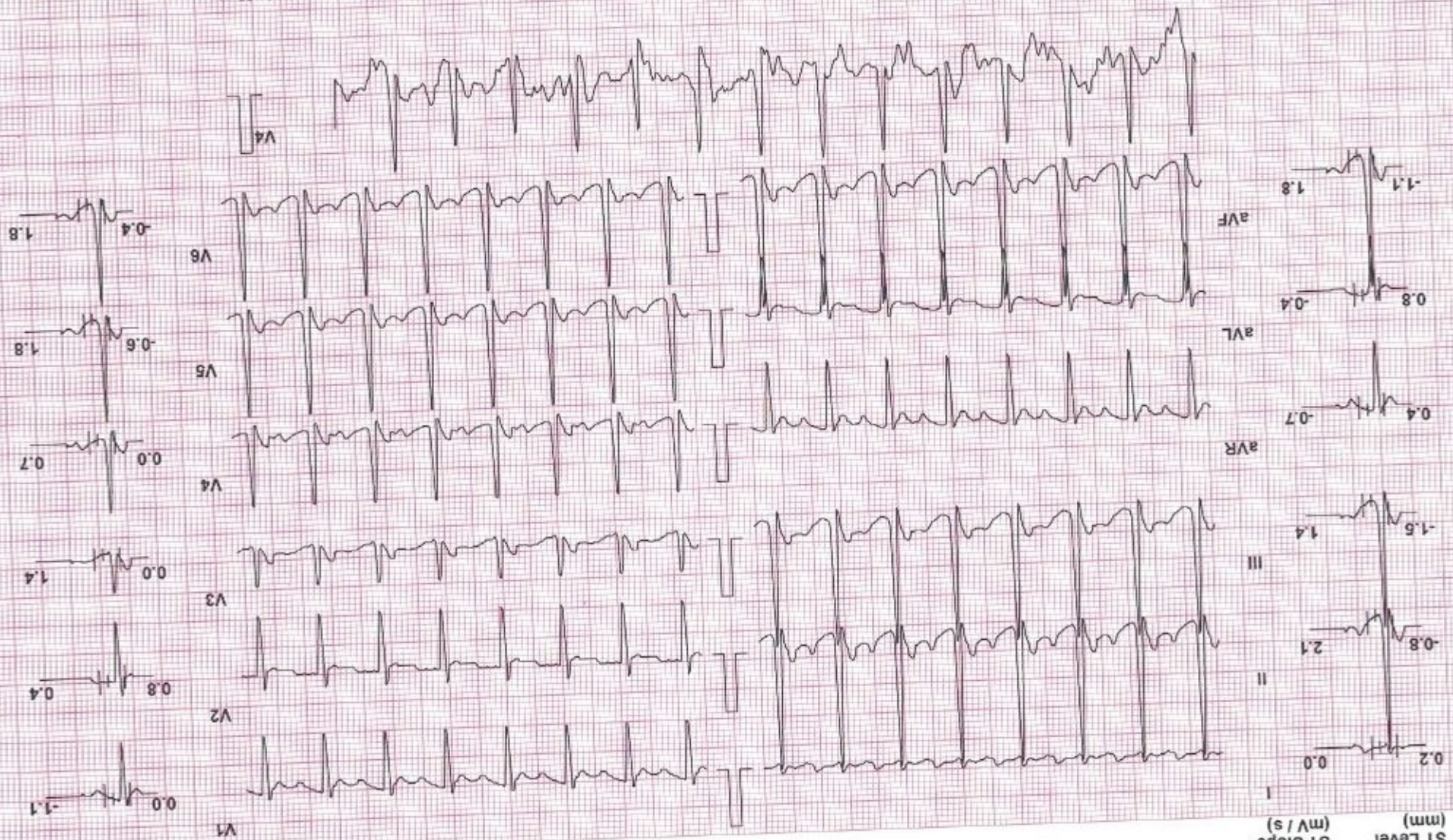


Chart Speed: 25 mm/sec    Filter: 35 Hz    Mains Fil: ON    Amp: 10 mm    Iso = R - 60 ms    J = R + 60 ms    Post J = J + 60 ms    Linked Median    Schiller Spandan V.7

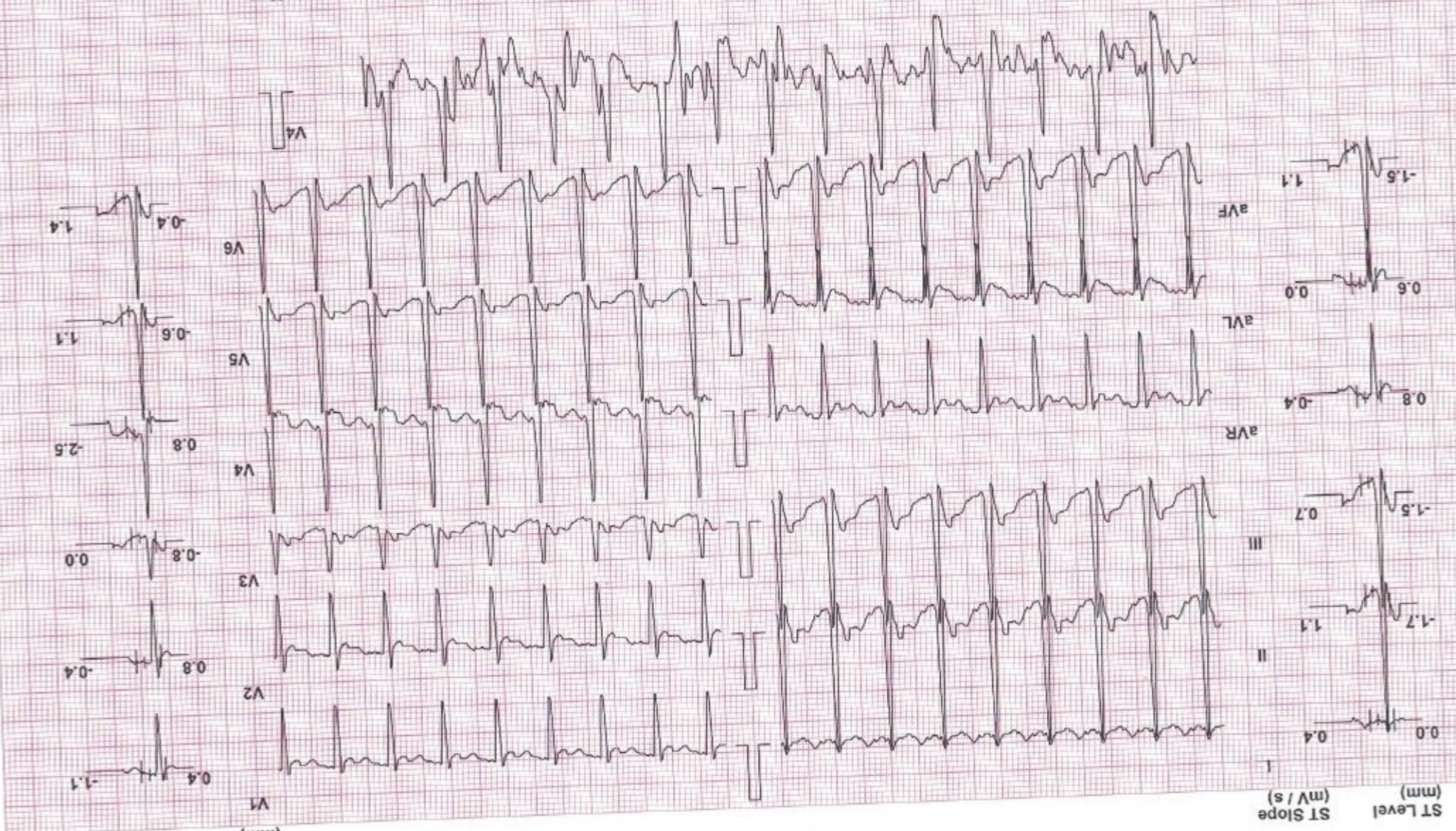
**Test Report**

**SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD**  
 Date: 09-Nov-24 Exec Time : 9 m 19 s Stage Time : 0 m 19 s HR: 153 bpm  
 (THR: 171 bpm) B.P: 160 / 80

**HIMANI NAGAR (29 F)**

ID: 1709  
 Stage: Peak Ex

Protocol: Bruce



Schiller Spandan V 4.7

# SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD

**Test Report**  
ID: 1709  
Date: 09-Nov-24  
Exec Time : 9 m 25 s  
Stage Time : 0 m 54 s  
HR: 114 bpm  
B.P: 142 / 80  
(THR: 171 bpm)  
Grade: 0 %  
Speed: 1 mph  
Stage: Recovery(1)

HIMANI NAGAR (29 F)

Protocol: Bruce

ST Level (mm)  
ST Slope (mV/s)

ST Level (mm)  
ST Slope (mV/s)

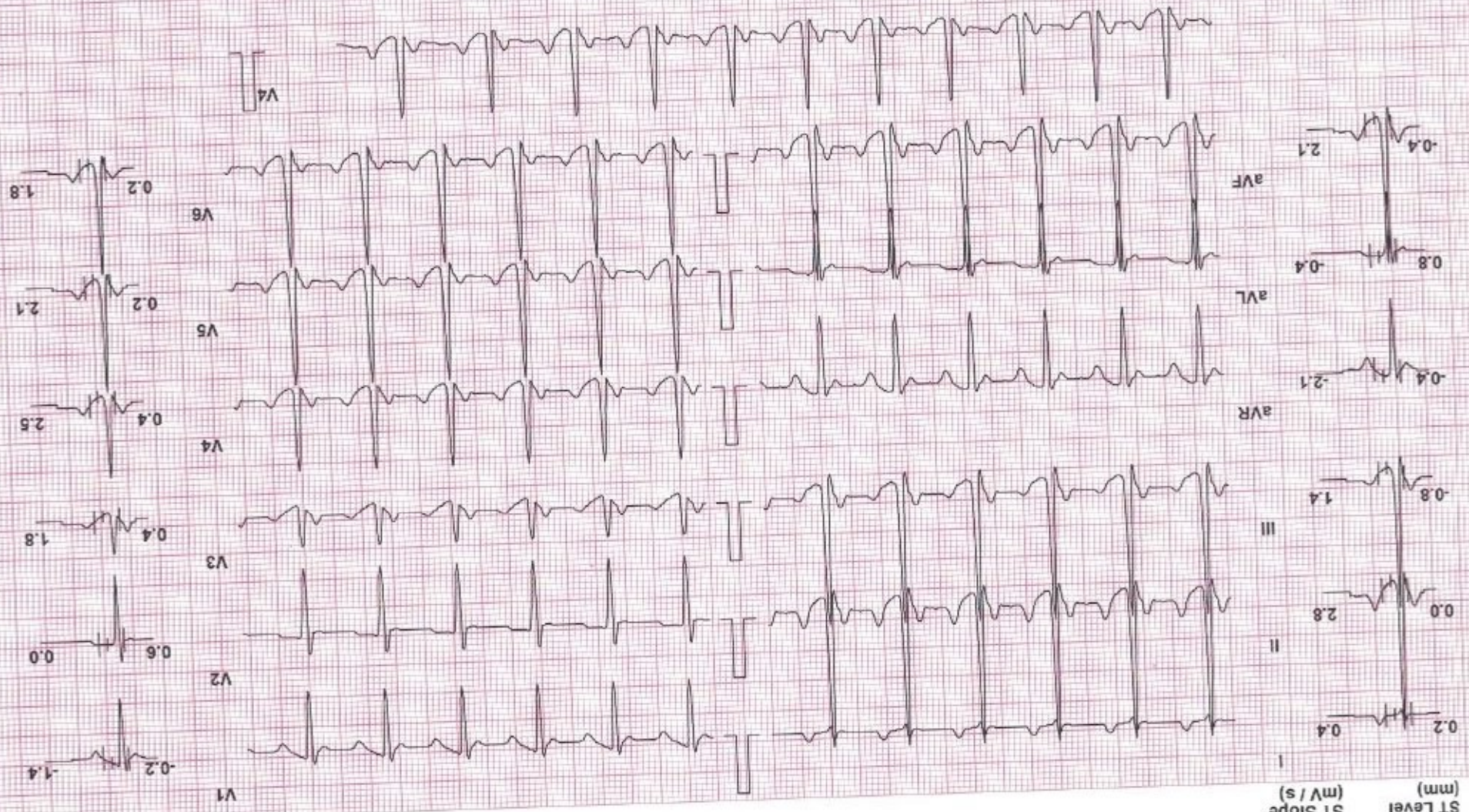


Chart Speed: 25 mm/sec  
Filter: 35 Hz  
Mains Fil: ON  
Amp: 10 mm  
/50 = R-60 ms J=R+60 ms Post J=J+60 ms  
Linked Median  
Schiller Spanda V47

HIMANI NAGAR (29 F)

Protocol: Bruce

ID: 1709

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 171 bpm)

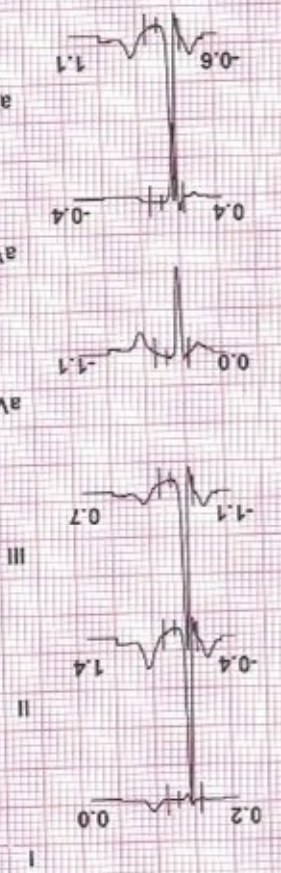
B.P: 142 / 80

Date: 09-Nov-24 Exec Time : 9 m 25 s Stage Time : 0 m 54 s HR: 106 bpm

# SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT.LTD

## Test Report

ST Level (mm)  
ST Slope (mV/s)



ST Level (mm)  
ST Slope (mV/s)

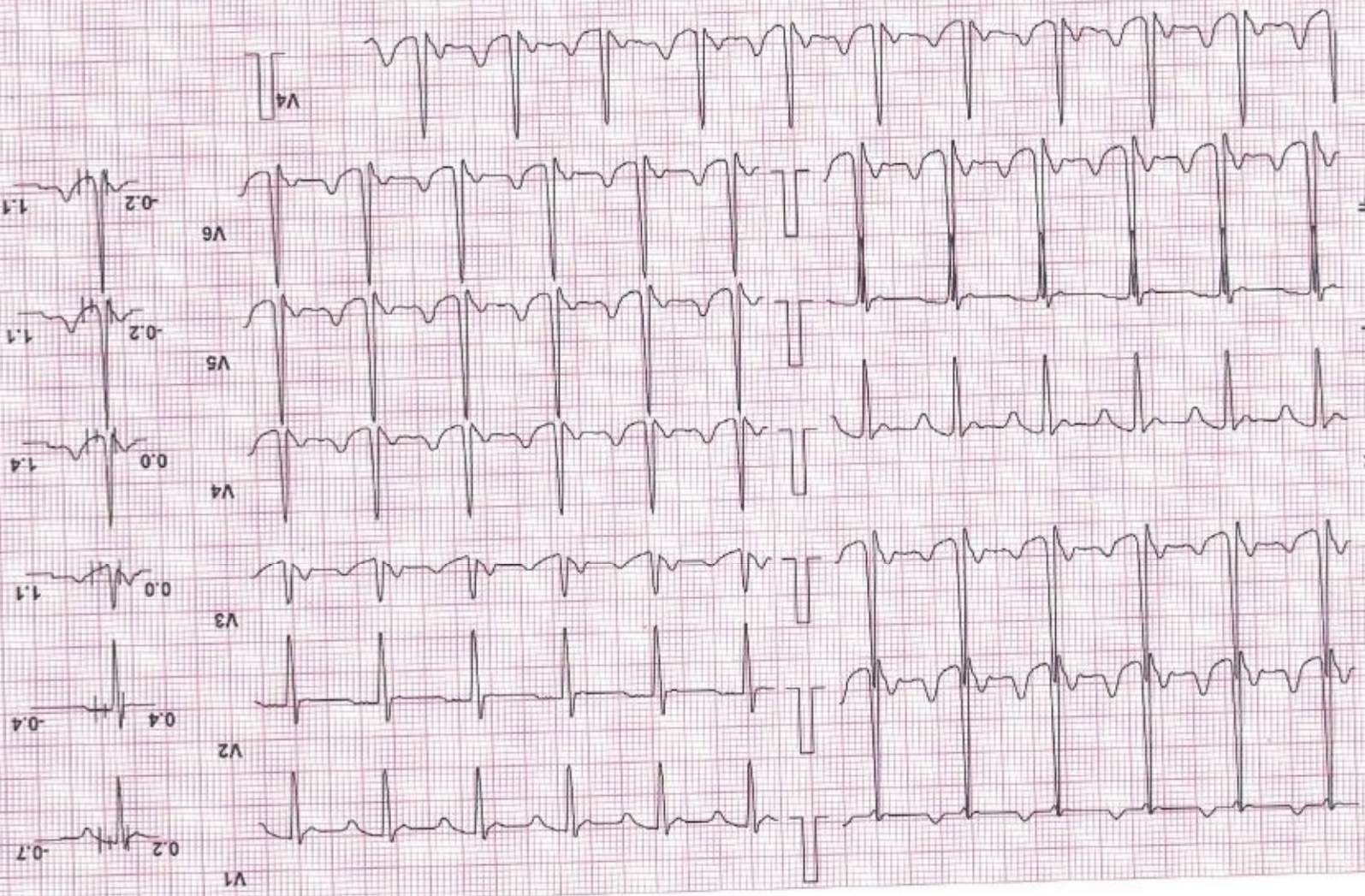


Chart Speed: 25 mm/sec  
Filter: 35 Hz  
Mains Fil: ON  
Amp: 10 mm  
Iso = R-60 ms J = R+60 ms Post J = J+60 ms  
Linked Median  
Schiller Spandan V4.1

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

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ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

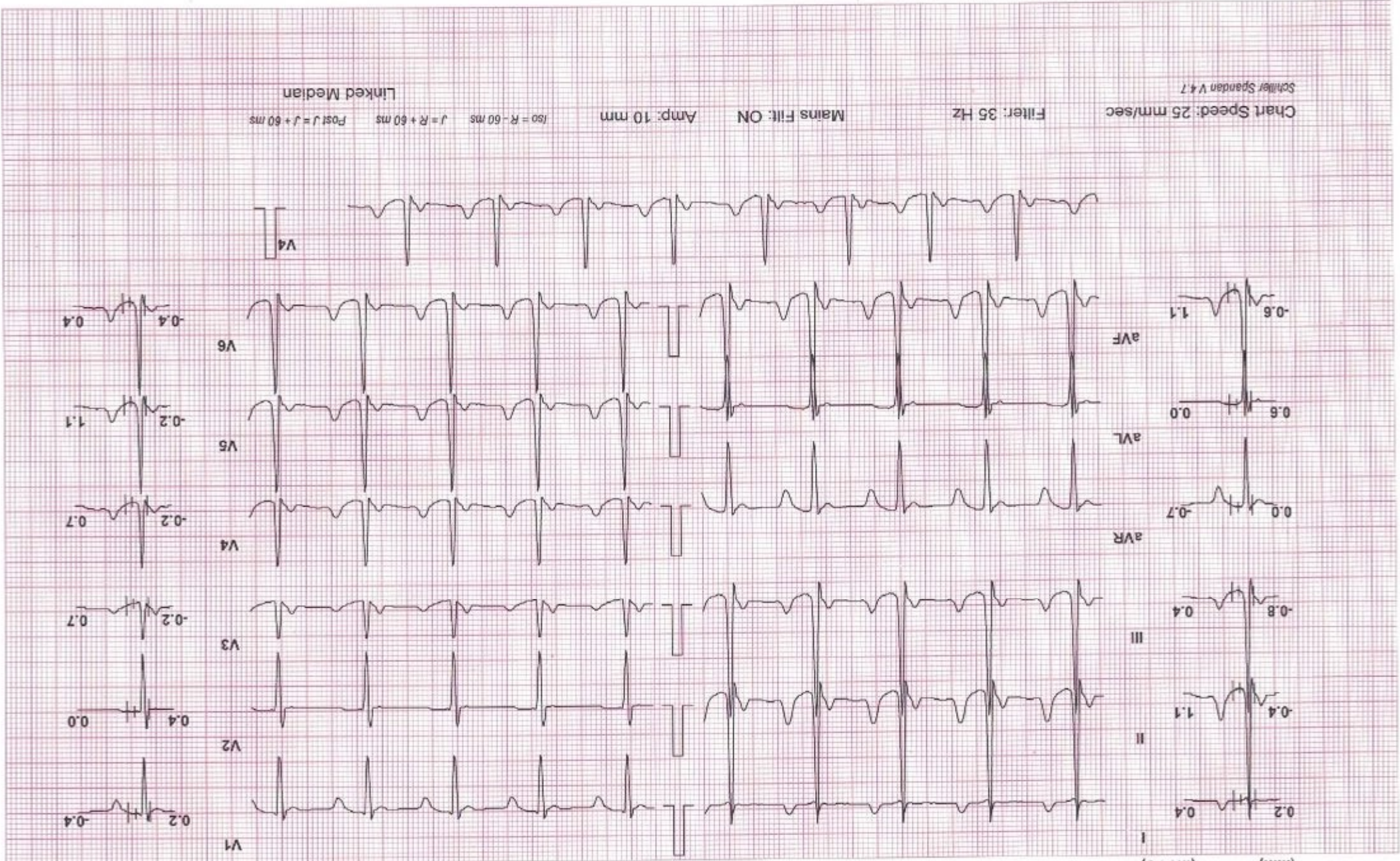


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Fil: ON Amp: 10 mm Iso = R-60 ms J = R+60 ms Post J = J+60 ms Linked Median

Schiller Spanden V4.7



ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

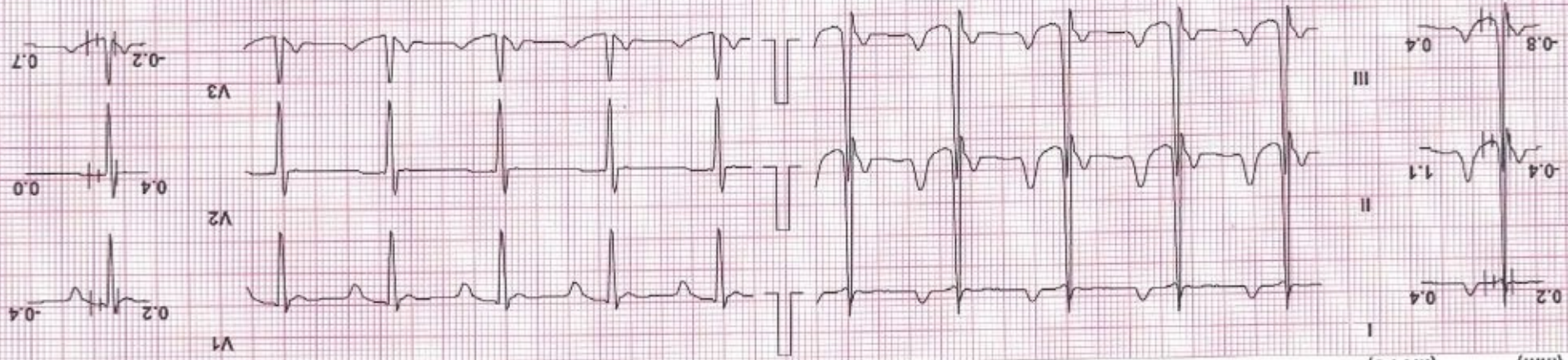


Chart Speed: 25 mm/sec  
 Filter: 35 Hz  
 Mains Fil: ON  
 Amp: 10 mm  
 Iso = R-60 ms J = R+60 ms Post J = J+60 ms  
 Linked Median  
 Schifer Spenden V47



Dr. Pooja & Associates Pvt. Ltd.  
512/4, Nirnay Nagar,  
Ahmedabad,  
Gujarat

Ahmedabad, Gujarat, India

512/4, Nirnay Nagar, Ahmedabad, Gujarat 380081,

India

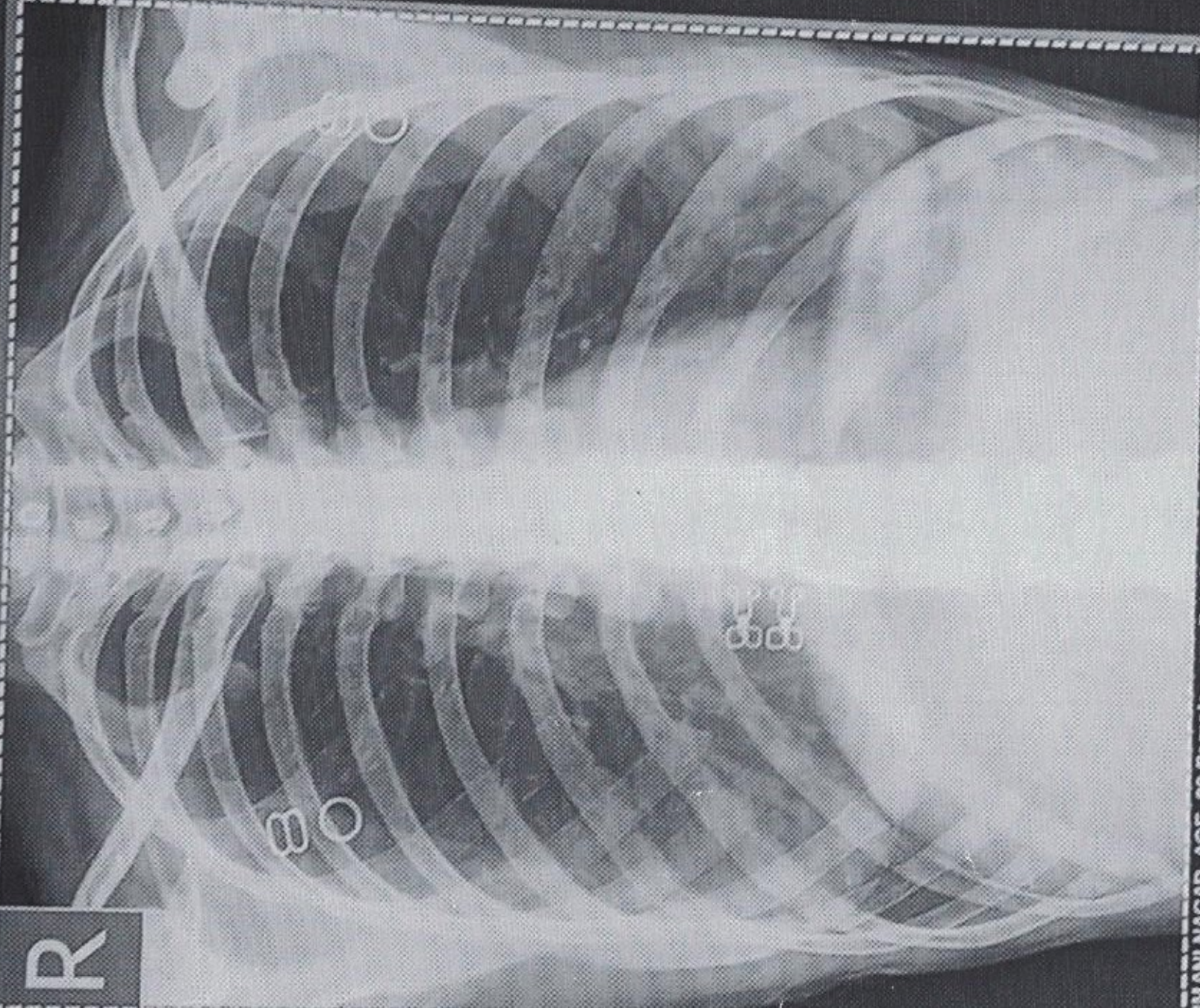
Lat 23.06835° Long 72.552485°

09/11/24 12:50 PM GMT +05:30

GPS Map Camera

Google

R



HIMANI NAGAR AGE -29 Female Pat. ID. Chest PA  
REF DR. 09-11-2024 10:40:58 AM  
SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT. LTD.

Save as New

NAME : HIMANI NAGAR	AGE : 29YRS/FEMALE
REF BY : HEALTH CHECK UP	DATE: 09/11/2024

### X ray chest PA

Bilateral prominent bronchovascular markings seen.

No evidence of koch's consolidation and pleural effusion seen either side.

Cardiac shadow appear normal.

Bony thorax and Both dome diaphragm appear normal.

### IMPRESSION: -

NORMAL X RAY CHEST PA VIEW



**DR. MITUL MEWADA**  
CONSULTANT RADIOLOGIST

**Dr. Mitul Mevada**  
MD. DMRE.  
Reg. No. (G-0152)  
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

**Shreyanta Healthcare & Diagnostics Pvt. Ltd.**

NAME: HIMANI NAGAR	DATE: 09 / 11 / 2024
AGE: 29 YEARS      SEX: Female	REF.DR. APOLLO

**INVESTIGATION : USG ABDOMEN & PELVIS**

**LIVER** appears normal in size and shows normal echopattern. No evidence of focal mass lesion. No evidence of dilated intrahepatic biliary radicals noted. Portal vein and hepatic veins are unremarkable. Common bile duct appears normal.

**GALL BLADDER** appears normal distended. No cholecystitis.

**PANCREAS** appears normal in size and echopattern.

**SPLEEN** appears normal in size and echopattern. No evidence of mass lesion seen.

**KIDENYS:**

Both kidneys appear normal in size, shape and position. No evidence of mass lesion or hydronephrosis seen on either side. Both Kidneys show normal cortical echogenicity well preserved cortico-medullary differentiation.

**URINARY BLADDER** is partially distended. No evidence of vesical mass or calculus is seen.

**Uterus** appears normal in size, position and echopattern. Endometrium thickness measures and appear normal.

**Both ovaries** appear normal. No gross adnexal mass lesion seen.

**Small and large bowel loops** are unremarkable.

**No evidence of ascites or lymphadenopathy** is seen.

**Impression:-**

**No significant abnormality detected.**



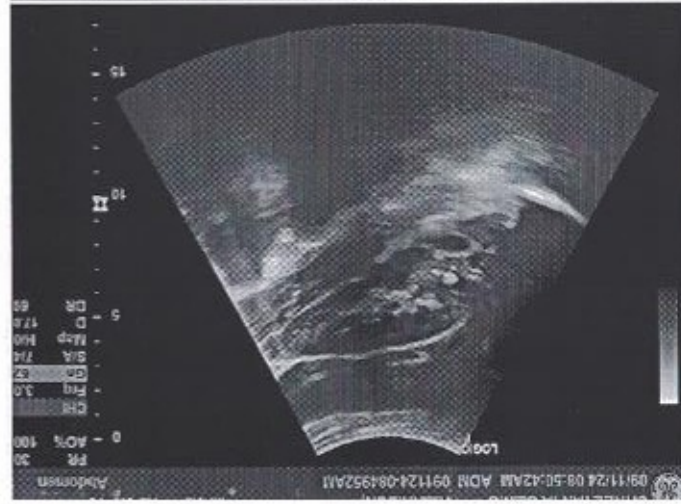
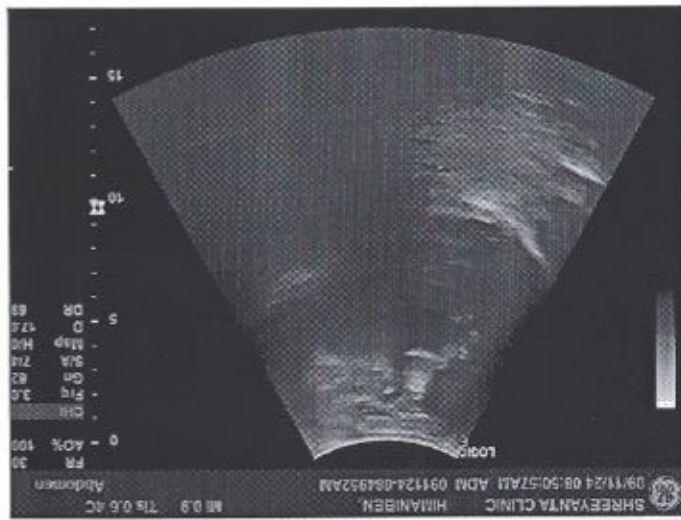
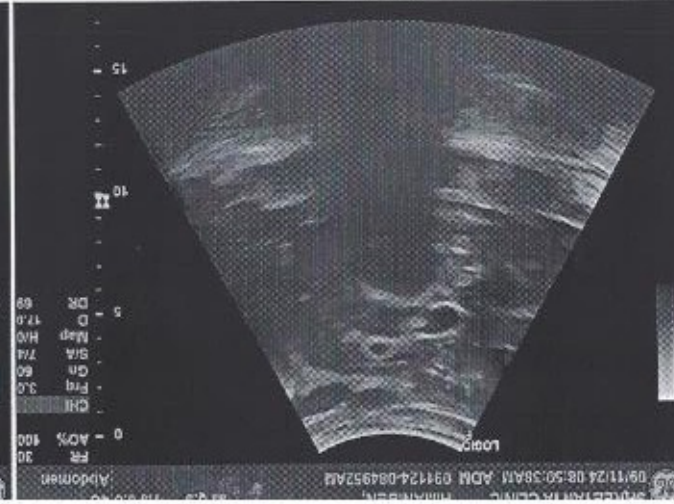
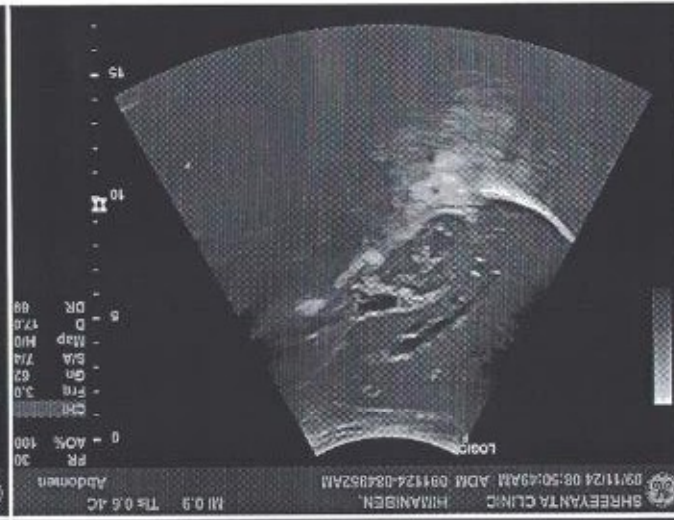
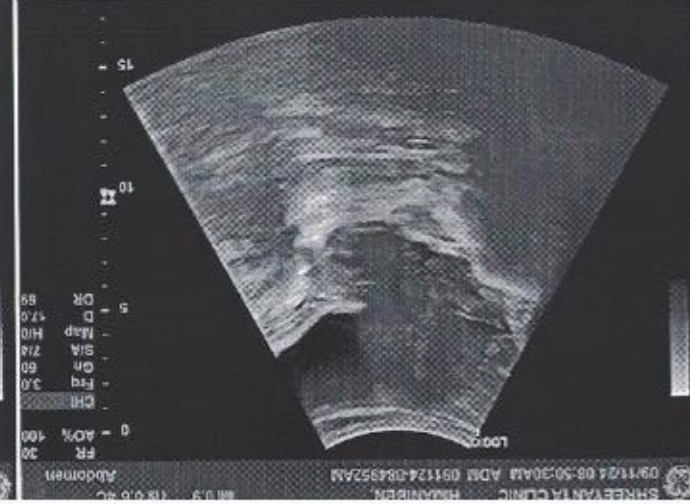
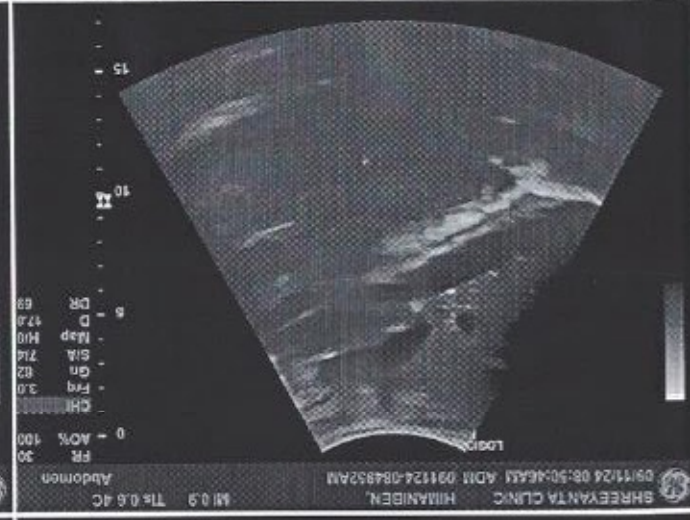
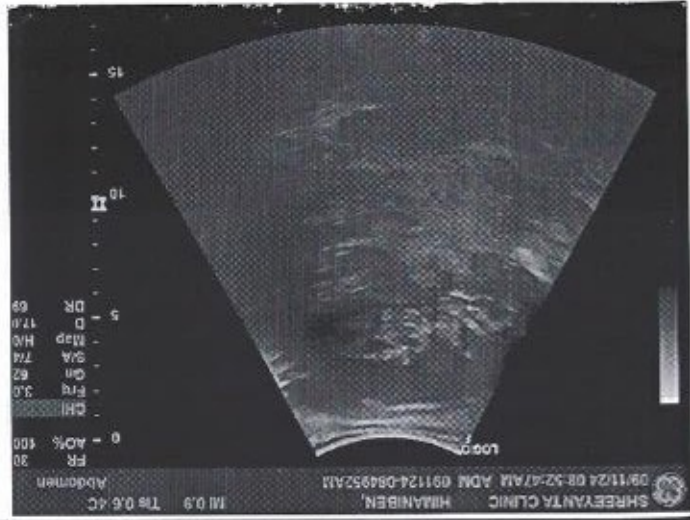
**DR. MITUL MEVADA**

**CONSULTANT RADIOLOGIST.**

**Dr. Mitul Mevada**  
MD. DMRE.

Reg. No. (G-0152)

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.



PATIENT NAME: HIMANI NAGAR

AGE/SEX: 29 Years/FEMALE

REF. DOCTOR: HEALTH CHECK UP

DATE: 09/11/2024

**EYE VISION CHECK UP**

EYE PARAMETERS	RIGHT EYE	LEFT EYE
DISTANCE VISION	6/6 WITHOUT GLASS	6/6 WITHOUT GLASS
NEAR VISION	N/6 WITHOUT GLASS	N/6 WITHOUT GLASS
COLOUR VISION	NO COLOUR BLINDNESS	NO COLOUR BLINDNESS

Shreyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468

**Shreyanta Healthcare & Diagnostics Pvt. Ltd.**

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Appointment +91 99042 90525 / +91 92656 34065 ☎ 079 2749 98 35 / Emergency : 87340 72706 📧 shreyantaclinic@gmail.com



# AHMEDABAD DENTAL

NAME: HIMANI NAGAR  
MOBILE NO: 757508789A  
REFERENCE: Shri Gopal Hospital  
DATE: 11/11/24  
CASE NO: 1717  
BIRTHDATE: 18/01/1995

ADDRESS: A-6, APOLLO PARK SOCIETY, SHANTINAGAR,  
RAIPUR, AHMEDABAD  
MEDICAL HISTORY: NAD

CHIEF COMPLAINTS: Good alignment in lower  
dysoc back from segment line  
front

EXAMINATION:  
- missing 61A  
- proximal caries 61  
- occlusal caries 51A  
- proximal caries 1A

TREATMENT REQUIRED:  
Adv: → OPG → 1A - (missy teem)  
→ class II restora 61A  
- class I restora 1A



HIMANI NAGAR

Weight: 44 KG

9<sup>th</sup> Nov'24

**ON RISING: 7:30**

Water 1 glass 2-Dates, 2- Figs

**Breakfast 8:30 AM**

3/w milk with apple with peanut butter

2/w milk with oats-apple -1/2 banana

2/w veg poha / suji upma /vermicelli upma 1 bowl

**Mid-Morning :** fruits , green tea

Moong soup with fruits & therptin biscuits-5

**Lunch: 1:30**

Roti 3 (small size like phulka ) & green veggies 1 small bowl , pulses 1 small bowl , 1 glass of butter milk , salad daily curd (1 bowl )

**Afternoon: 5:30 PM**

Murmura 1 bowl, roasted chana, poha chevdo, 1 handful makhana , sprouts green tea, butter milk , soya milk 1 glass

**Dinner: 8:00 PM**

2/w Dalia veg khichdi with kadhi

2/w paneer veg chills-2 with chutney

2/w south Indian (uttapam /dosa )add cheese

2/w rajama with brown rice with 2 paratha

**BED TIME :** Milk with haldi or kesar with makhana

1 katori : 150 gms, 1 bowl : 250 gms

DT NIDHI PARIKH

M.Sc. FOOD SCIENCE NUTRITION

DIABETES EDUCATOR

*N.N. Scriver*

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
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PATIENT'S NAME : HIMANI NAGAR  
AGE/SEX : 29 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-3190-24  
SAMPLE NO : 1121  
DATE/TIME : 09/11/2024/09:23  
PT ID :

**COMPLETE BLOOD COUNT**  
**(PERFORM BY FULLY AUTOMATED SYSMAX-XP 100 CELL COUNTER)**

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
<b><u>Blood Counts</u></b>			
Haemoglobin :	13.30	Gms%	11.5 - 16.0
Total R.B.C. :	4.71	mill/c.mm	4.2 - 5.4
Total W. B. C. :	6400	/cu mm	4000 - 11000
Platelet Count :	317000	/cu.mm	1,50,000 - 4,50,000
<b><u>Differential Count</u></b>		<b>Expected Value (Absolute Count/uL)</b>	
Neutrophils :	60	3840	1600 - 7000
Lymphocytes :	28	1792	1000-4000
Eosinophils :	05	320	40 - 400
Monocytes :	07	448	200 - 1000
Basophils :	00	00	0 - 100
<b><u>Blood Indices</u></b>			
P. C. V. :	39.70	%	37 - 47
M. C. V. :	84.30	fl	78 - 100
M.C.H. :	28.20	pg	27 - 32
M. C. H. C. :	33.50	%	32 - 36
R.D.W. :	12.50	%	11.5 - 14.0

**Peripheral smear study**

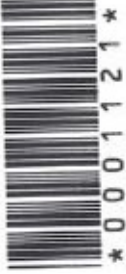
**RBC's**  
R.B.C -Normocytic Normochromic.  
**WBC's**  
W.B.C -Normal in Number & DC As Given Above.  
**Platelets**  
Platelets are Adequate and Normal in Morphology.  
**PS FOR MP**  
No Any Blood Parasites seen.

..... **End Of Report** .....

**Dr. Jitendra N. Nayak**  
**MD (PATH) & Diagnostics Pvt. Ltd**  
**DR. JITENDRA NAYAK (Pathologist)**  
**MD(DCP (PATH))**

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Karanpura, Ahmedabad-380013.  
Regd. No. : 051902468

Pathologist



PATIENT'S NAME : HIMANI NAGAR  
 AGE/SEX : 29 Years/Female  
 REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
 LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-3190-24  
 SAMPLE NO : 1121  
 DATE/TIME : 09/11/2024 10:23  
 PT ID :

**BIOCHEMISTRY**  
 (DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample: Serum/Plasma

Test Name	Result	Units	Biological Reference Interval
<b>Urea</b> METHOD: Urease-GLDH	:16.1	mg/dL	12.6 - 42.6
<b>Creatinine</b> METHOD: Jaffe's Bufferw Kinetic	:0.64	mg/dL	0.6 - 1.2
<b>BUN</b> METHOD: UREASE BNZ	: <u>7.52</u>	mg/dL	7.94 - 20.1
<b>S.G.P.T</b> IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	:8.8	U/L	0 - 40
<b>S.G.O.T</b> IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	:8.2	U/L	0-45
<b>Alkaline Phosphatase</b> METHOD: PNPP-AMP (IFCC), KINETIC ASSAY	: 24.6	U/L	30-120
<b>Bilirubin - Total</b> METHOD: DIAZO	: <u>1.65</u>	mg/dL	0.2 - 1.3
<b>Bilirubin - Direct</b> METHOD: DIAZO	: <u>0.66</u>	mg/dL	0 - 0.6
<b>Bilirubin - Indirect</b> METHOD: CALCULATED	: <u>0.99</u>	mg/dL	0.1 - 0.4
<b>Total Protein</b> METHOD: BIURET	:6.83	gm/dL	6.3 - 8.2
<b>Albumin</b> METHOD: BCG	:4.25	gm/dL	3.5 - 5.0
<b>Globulin</b> METHOD: CALCULATED	:2.58	gm/dL	1.9 - 3.5
<b>Albumin/Globulin Ratio</b> METHOD: CALCULATED	:1.65		0.9 - 2.9
<b>ELECTROLYTE</b> METHOD: ISE DIRECT			
<b>Sodium</b>	:138	mmol/L	137 - 145
<b>Potassium</b>	:4.3	mmol/L	3.5-5.5
<b>Chloride</b>	:103	mmol/L	98 - 107
<b>URIC ACID</b> METHOD: URICASE	: <u>2.2</u>	mg/dL	2.5-6.0

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..... End Of Report .....

Pathologist

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Dr. Jitendra N. Nayak  
M.D. (Path)

Dr. Janak M. Thakkar  
M.B.D.C.P. (Path)



\* 0 0 0 1 1 2 1 \*

PATIENT'S NAME : HIMANI NAGAR  
AGE/SEX : 29 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-3190-24  
SAMPLE NO : 1121  
DATE/TIME : 09/11/2024 10:23  
PT ID :

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.DCP (PATH)

Dr. Jitendra N. Nayak  
(M.D., Pathologist)  
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Pathologist

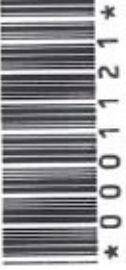
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PATIENT'S NAME : HIMANI NAGAR  
AGE/SEX : 29 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-3190-24  
SAMPLE NO : 1121  
DATE/TIME : 09/11/2024\09:23  
PT ID :

**BLOOD GROUP**

Sample Type: EDTA

Test Name	Result		
ABO SYSTEM :	" B "		
RH Typing :	POSITIVE		
<b><u>E.S.R.( Westergren Method )</u></b>			
Sample Type: EDTA			
Test Name	Result	Units	Biological Reference Interval

After one hour : 2 mm [M: 1 - 7 / F: 3 - 12 ]

..... End Of Report .....

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.D.C.P (PATH)

Dr. Jitendra N. Nayak  
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Pathologist

Dr. Jitendra N. Nayak  
M.D. (Path)

Dr. Janak M. Thakkar  
M.B.D.C.P. (Path)



PATIENT'S NAME : HIMANI NAGAR  
AGE/SEX : 29 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-3190-24  
SAMPLE NO : 1121  
DATE/TIME : 09/11/2024 10:23  
PT ID :

**FASTING BLOOD GLUCOSE(FBS)**

Sample Type: FLORIDE PLASMA/SERUM  
(DONE ON EM200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)


Test Name	Result	Units	Biological Reference Interval
<b>Fasting Blood Glucose :</b> (GOD-POD METHOD)	71.0	mg/dl	70 - 110

**HbA1C REPORT**  
(BY HPLC)

Test Name	Result	Units	Biological Reference Interval
HbA1C :	4.7	%	Non Diabetic Level : < 5.7 % Pre Diabetic : 5.7-6.4 % Diabetes : > (=) 6.5%

**Estimated Average Glucose:** 88.19 mg/dl  
(eAG)

..... End Of Report .....

  
**DR. JITENDRA NAYAK**  
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**DR. JANAK THAKKAR**  
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Pathologist



PATIENT'S NAME : HIMANI NAGAR  
AGE/SEX : 29 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-3190-24  
SAMPLE NO : 1121  
DATE/TIME : 09/11/2024/09:23  
PT ID :

**LIVER FUNCTION TEST**

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
G.G.T :	19.0	U/L	F :5-32 M 10-45


**THYROID FUNCTION**

**(CLIA METHOD)**

Sample Type:SERUM

Test Name	Result	Units	Biological Reference Interval
SERUM T3 :	1.00	ng/ml	0.6-1.81
SERUM T4 :	8.9	ug/dl	3.2-12.6
SERUM TSH :	3.93	µIU/mL	[ 2 to 12 Years 0.64 - 6.27 ] [12 to 18 Years 0.51 - 4.94 ] [> 18 Years 0.35 - 5.5 ]

..... End Of Report .....

  
DR. JITENDRA NAYAK  
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DR. JANAK THAKKAR  
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**Dr. Jitendra N. Nayak**  
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Pathologist

Dr. Jitendra N. Nayak  
M.D. (Path)

Dr. Janak M. Thakkar  
M.B.D.C.P. (Path)



PATIENT'S NAME : HIMANI NAGAR  
AGE/SEX : 29 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-3190-24  
SAMPLE NO : 1121  
DATE/TIME : 09/11/2024 10:23  
PT ID :

### LIPID PROFILE

(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
S. Cholesterol (CHOD-POD ENZYMETIC METHOD)	:118.4	mg / dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-239 Elevated level/ high risk : > 240
S. Triglyceride (GPO/PAP METHOD)	:30.5	mg / dl	Normal : <150 Borderline high : 150-199 High : 200-499 Very High: >=500
S. HDL Cholesterol (IMMUNOINHIBITION)	:54.6	mg / dl	Low (High Risk) : <40 High (Low Risk) : >60
S. LDL Cholesterol (CALCULATED)	:57.7	mg / dl	Optimal : <100 Near Optimal : 100-129 Borderline High : 130-159 High : 160-189 Very High: > 190
S. VLDL Cholesterol (CALCULATED)	:6.1	mg / dl	Upto 34
Total Lipids (CALCULATED)	:467.3	mg / dl	400 - 1000
Chol./HDL Ratio (CALCULATED)	:2.17		0-5
LDL/HDL Ratio (CALCULATED)	:1.06		1-3.5

..... End Of Report .....

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(M.D. Pathology)  
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Pathologist

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PATIENT'S NAME : HIMANI NAGAR  
AGE/SEX : 29 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-3190-24  
SAMPLE NO : 1121  
DATE/TIME : 09/11/2024/09:23  
PT ID :

Sample Type: Urine

**URINE ANALYSIS**

Test Name	Result	Units	Biological Reference Interval
<b>Physical Examination</b>			
Colour :	Pale Yellow		
Transparency :	Clear		
<b>Chemical Examination (BY MISSION(ACON) UI20 SMART AUTOMATED URINALYSIS)</b>			
Specific Gravity :	1.010		
PH :	7		
Protein :	NIL		
Sugar :	NIL		
Ketone :	ABSENT		
Bile Salts :	Absent		
Bile Pigments :	Absent		
Urobilogen :	ABSENT		
Nitrites :	ABSENT		
<b>Microscopic Examination (AFTER CENTRIFUGING AT 2000 RPM FOR 10 MINS)</b>			
Red blood Cells :	NIL	/HPF	
Pus Cells :	4-5	/HPF	
Epithelial Cells :	2-3	/HPF	
Amorphous :	ABSENT		
Bacteria :	ABSENT		
Crystals :	ABSENT		
Casts :	ABSENT	/LPF	
Fungus :	Absent		

..... End Of Report .....

Dr. Jitendra N. Nayak  
(M.D., Pathologist)

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Pathologist

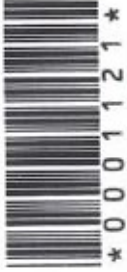
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Dr. Janak M. Thakkar  
M.B.D.C.P. (Path)



PATIENT'S NAME : HIMANI NAGAR  
AGE/SEX : 29 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-3190-24  
SAMPLE NO : 1121  
DATE/TIME : 09/11/2024 10:23  
PT ID :

**POST PRANDIAL BLOOD GLUCOSE (PP2BS)**

Sample Type: FLORIDE PLASMA/SERUM  
(DONE ON EM200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Test Name	Result	Units	Biological Reference Interval
-----------	--------	-------	-------------------------------

Post Prandial Blood  
Glucose After 2hr. :  
(GOD-POD METHOD)

**60.6** mg/dl 80-140

..... End Of Report .....

  
DR. JITENDRA NAYAK  
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Pathologist

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Government of India



हिमानी दर्शन नगर  
Himani Darshan Nagar  
महिला / Female  
जन्म तिथि / DOB : 18/01/1995

श्री अशोक, श्री परमिता

9783 9636 9117

21/12/2013



भारतीय विश्व स्वास्थ्य संगठन  
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Dr. Maulik K. Kinariwala  
(M.D. (Medicine), PGDM (C))  
Regd. No. : G-15925  
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Shreyanta Healthcare & Diagnostics Pvt. Ltd.  
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Karanpura, Ahmedabad-380013.  
Regd. No. : 051902468

Name: Himani Nagari

Date: 9/11

Gender: M  F

Age: 29

Weight: 44.0 kg

Height: 161 cm

Fat mass: 23.1 %

Total Body Water (TBW): 39 %

Muscle Mass (👊): 30.5 %  
V. Fat: ①

Bone Weight (🦴): - %

Calorie (Kcal): 1056 %

Body Mass Index (BMI): 16 kg/m<sup>2</sup>

M.N. Parry