



PID NO. : CJA0419

Name : ROUNAK GUHER

Sex / Age : Male / 21 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East ).

Mumbai - 400069

Reg. Date

07-Oct-2024 / 9:50 am

Coll Date

07-Oct-2024 / 9:55 am

Report Date

07-Oct-2024 / 3:14 pm

## REPORT

### BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum,Method- IFCC without/with PDP)	<b>50.91</b>	U/L	0 - 41
Bilirubin (Total) (Serum ,Method-Diazo- End point)	<b>1.43</b>	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum,Method-Diazo-End point)	<b>0.73</b>	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.70	mg/dl	0.0 - 0.90
Serum Creatinine (Serum,Method- Kinetic Jaffe's)	1.01	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

SONALI ADELKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CJA0419

Name : ROUNAK GUHER

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## REPORT

### Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	9.54	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	1.01	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	<b>9.44</b>		10 - 20.1
Urea (Serum, Method-Urease)	20.42	mg/dl	16.6 - 48.5

----- End of Report -----

SONALI ADELKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

**Pathologist**

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## REPORT

### BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma,Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	90.96	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma,Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	96.93	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

SONALI ADELKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CJA0419

Name : ROUNAK GUHER

Sex / Age : Male / 21 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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**REPORT**

**BLOOD GLUCOSE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

SONALI ADELKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

**Pathologist**

MMC Reg No.2006031680



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## REPORT

### Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"A"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.  
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY  
Lab Technician

DR.RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680



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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	15.1	gm/dl	13.0 -17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.25	million / cumm	4.5- 5.5
HCT	45.4	%	40- 50
MCV	86.5	fL	83 - 101
MCH	28.7	pg	27 - 32
MCHC	33.2	gm / dl	31.5 - 34.5
RDW (CV)	13.8	%	11.6- 14.0
Total W.B.C. Count	4960	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 80
Lymphocytes	35	%	20 - 40
Eosinophils	02	%	1 - 6

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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	235000	/cumm	150000 - 410000

#### MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

SONALI ADELKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

**Pathologist**

MMC Reg No.2006031680



PID NO. : CJA0419

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## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	08	mm at 1hr	0 - 15

Method: Westergren.

Sample: Whole Blood (EDTA)

----- End of Report -----

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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

SONALI ADEKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

**Pathologist**

MMC Reg No.2006031680



## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of  
Rounak Gule on 21/5/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> <li>• Fit with restrictions/recommendations</li> </ul> <p style="text-align: center;">Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p style="text-align: center;">However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p style="text-align: center;">Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	

Dr. \_\_\_\_\_

**Medical Officer**

**Dr. MUKUL ARTE** MBBS, DNB  
 Regn. No: 44293 (MAMC)  
 Approved By DG Shipping (GOI)  
 Approved for Marine Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, Teli Cross Lane,  
 Andheri East, Mumbai-400 069  
**SEA BIRD MEDICARE CENTRE**

*This certificate is not meant for medico-legal purposes.*

**HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069**

Tel: 022-46032704 / 8104606813

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [admin@seabirdhf.com](mailto:admin@seabirdhf.com)



# SEA BIRD MEDICARE CENTRE

## MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	7/10/2024.		
NAME	Rounak Amichand Guher		
AGE	22 yrs.	GENDER	male.
HEIGHT (CM)	164 cm	WEIGHT (KG)	74 kg.
B.P.	136/80 mmHg.		
ECG	normal		
X Ray	NAD.		
Vision Checkup	Color Vision: Normal. Far Vision Ratio: 6/6 } Unaided Near Vision Ratio: NS }		
Present Ailments	nil.		
Details of Past ailments (If Any)	Optd for skin laceration in 2023.		
Comments / Advice:	NAD		

Signature with Stamp of Medical Examiner

**Dr. MUKUL ARTE** MBBS, DNB  
Regn. No: 44293 (MAMC)  
Approved By DG Shirdar (GOI)  
Consultant In Marine Medicine & Aviation Medicine  
A-101-102, Heritage Plaza, Teli Cross Lane,  
Andheri East, Mumbai-400069  
SEA BIRD MEDICARE CENTRE


HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069  
Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com

भारत सरकार  
Government of India

आधार

Issue Date: 27/03/2013



Rounak Amichand Guher  
DOB: 21/01/2002  
Male

7341 9042 1563

मेरा आधार, मेरी पहचान

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

आधार

Print Date: 27/09/2023

Address: House no 1391, Mahatma Phule  
Nagar, Near Ram Mandir, Ambarnath west,  
Ambarnath, Thane, Maharashtra, 421502



7341 9042 1563

1947 help@uidai.gov.in www.uidai.gov.in

*Rounak Guher*



Report ID : **RAGM71010636** Reg. : **07-Oct-2024**  
Patient Name : **Mr. ROUNAK AMICHAND GUHER** Report Date : **07-Oct-2024**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR. MUKUL ARTE** Age/Sex : **22 Year / Male**

## CHEST X RAY REPORT

X-Ray No : 8717

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

### **Impression :**

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz

V1

V2

V3

*Finkelstein*

PROMPTCARE

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz

V4

V5

V6

HR	:68	BPM
QRS DUR	:106	mS
QT INT	:340	mS
QTc INT	:362	mS
PR INT	:118	mS
RR INT	:880	mS
QT/QTc	:93	%
QT/RR	:38	%
P/QRS/T	:50/54/17	degr

PROMPTCARE

PROMPTCARE

10mm/mV 25.0mm/S

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



LEAD I

LEAD II

LEAD III

PROMPTCARE

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



*Furukhan*

PROMPTCARE



NAME Rounak Gumber

AGE 22 DATE 07/05/24

Website: www.seabirdhf.com / Email: seabird@seabirdhf.com

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076, Tel.: 2570 4157 / 2570 1053

101-102, Heritage Plaza, Tell Cross Lane, Andheri East (Nr. Station), Mumbai - 400069, Tel.: 022-4603 2704 / 81046 06813

Sea Bird  
Medicare Centre  
(ISO: 9001 - 2015)



### ELECTROCARDIOGRAPHIC REPORT

### E. C. G. REPORT

RATE 68 bpm RHYTHM Regular VOLTAGE N  
 P.WAVE N PR. INTERVAL N Q. WAVE -  
 QRS COMPLEX N ST. SEGMENT iso. electric T. WAVE -  
 REMARKS normal

**Dr. MUKUL ARTE** MBBS, DNB  
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