

SUBURBAN DIAGNOSTICS - KALINA, SANTACRUZ EAST



Patient Name: PREDEEP KUMAR VERMA
Patient ID: 393866606

Date and Time: 8th Mar 25 1:37 PM

Age **37** **4** **29**
years months days

Gender **Male**

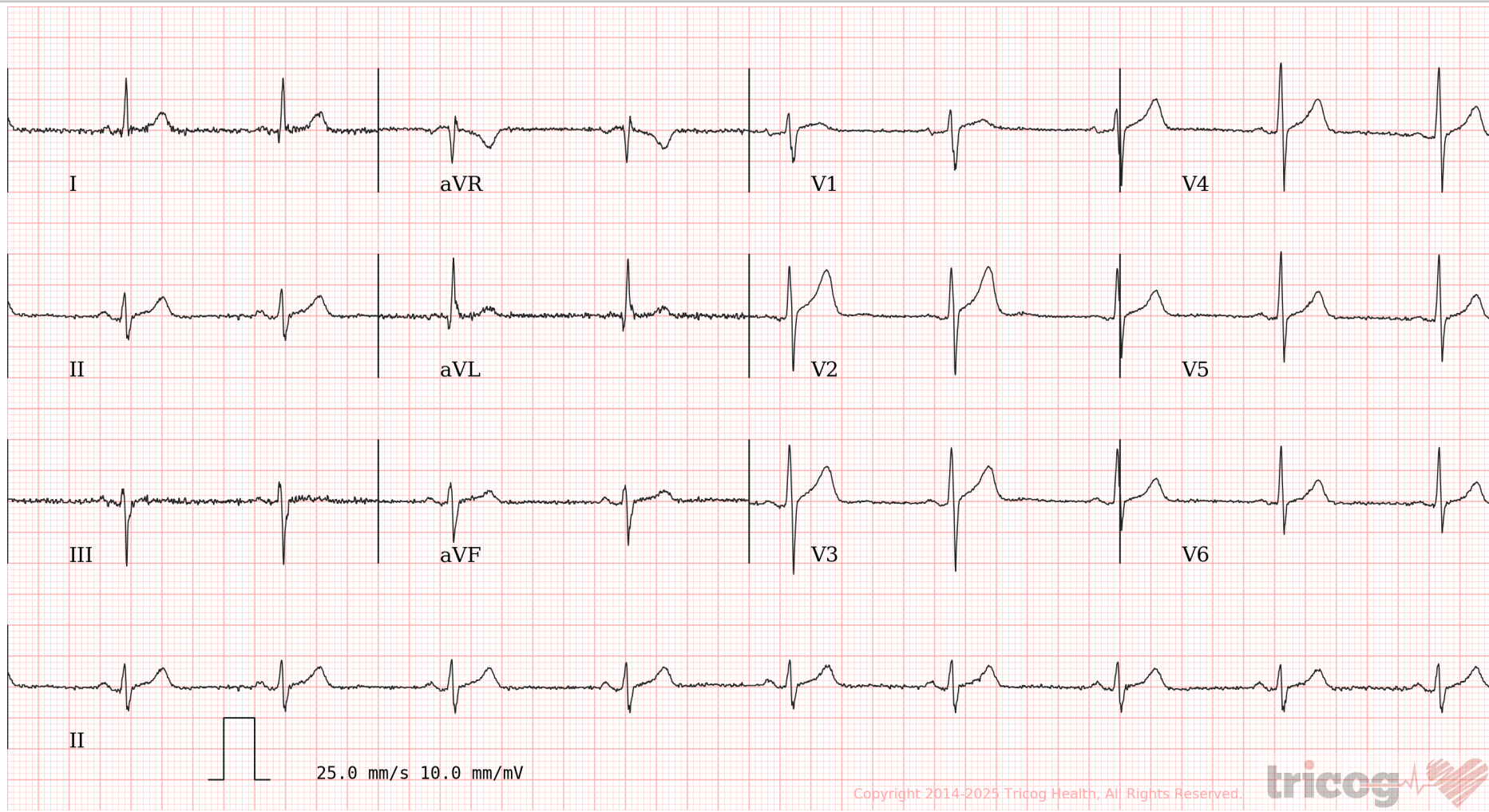
Heart Rate **56bpm**

Patient Vitals

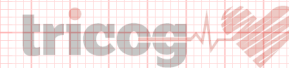
BP: 120/80 mmHg
Weight: 64 kg
Height: 170 cm
Pulse: NA
Spo2: NA
Resp: NA
Others: _____

Measurements

QRSD: 82ms
QT: 370ms
QTcB: 357ms
PR: 142ms
P-R-T: 48° -27° 36°



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Sinus Bradycardia. Please correlate clinically.

REPORTED BY

Dr Naveed Sheikh
PGDCC
2016/11/4694



भारत सरकार
Government of India



प्रदीप कुमार वर्मा
Predeep Kumar Verma
जन्म तिथि/DOB: 10/10/1987
पुरुष/ MALE



6403 0697 3000

मेरा आधार, मेरी पहचान

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9413435672

Suburban Diagnostics (I) Pvt. Ltd.
1st Floor, ... CST Road,
Tel. No. 022-61700000
Sangli

B.P - 170

H - 170

W - 84-8



PHYSICAL EXAMINATION FORM

Patient Name: Mr. Pradeep Kumar CID: 393866606 Sex/Age: 37 | M
Date: 8/31/2025 Vermg

History and Complaints:

Hypothyroidism 2018

EXAMINATION FINDINGS:

Height: 170

Weight: 64.8

Blood Pressure: 120/80

Pulse: 56

Temp:

Skin:

Nails:

Lymph Node:

NAD.

Systems

Cardiovascular:

Respiratory:

Genitourinary:

GI System:

CNS:

NAD

IMPRESSION:

Platelet 119000

Chol 203
HDL 36.
LHDL 167
LDL 149.

ADVICE:

Refer to Physician.

CHIEF COMPLAINTS:

- 1) Hypertension:
- 2) IHD
- 3) Arrhythmia
- 4) Diabetes Mellitus
- 5) Tuberculosis
- 6) Asthama
- 7) Pulmonary Disease
- 8) Thyroid/ Endocrine disorders
- 9) Nervous disorders
- 10) GI system
- 11) Genital urinary disorder
- 12) Rheumatic joint diseases or symptoms
- 13) Blood disease or disorder
- 14) Cancer/lump growth/cyst
- 15) Congenital disease
- 16) Surgeries

NIL

PERSONAL HISTORY:

- 1) Alcohol *occasional.*
- 2) Smoking *NIL*
- 3) Diet *Mixed.*
- 4) Medication *Thyronorm 75 mcg*

Dr.

Dr. D.G. HATALKAR
L.No. 61067 M.D. (Ob.Gy)

CID : 393866606
Name : MR PRADEEP KUMAR VERMA
Age / Sex : 37 Years/Male
Ref. Dr :
Reg. Location : Kalina, Santacruz East Main Centre
Reg. Date : 08-Mar-2025
Reported : 08-Mar-2025 / 12:25

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----



Dr R K Bhandari
M D , DMRE
MMC REG NO. 34078

CID : 393866606
Name : MR PRADEEP KUMAR VERMA
Age / Sex : 37 Years/Male
Ref. Dr : self
Reg. Date : 08-Mar-2025
Reg. Location : Kalina, Santacruz East Main Centre
Reported : 08-Mar-2025 / 15:27

USG WHOLE ABDOMEN

LIVER:

The liver is normal in size (14.5 cm), shape and smooth margins. It shows normal parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

GALL BLADDER:

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen

PANCREAS:

The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

KIDNEYS:

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures 10.1 x 4.4 cm. Left kidney measures 11.2 x 5.1 cm.

SPLEEN:

The spleen is normal in size and echotexture. No evidence of focal lesion is noted.

There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER:

The urinary bladder is well distended and reveal no intraluminal abnormality..


PROSTATE:

The prostate is normal in size 4.5 x 2.9 x 3.2 cm and volume is 22 cc.

IMPRESSION:

No significant abnormality is seen.

-----End of Report-----


DR MAHIMA SETHI
(MBBS, MD RADIOLOGY)
REG NO . 2018/12/6157

Suburban Diagnostics Kalina

Patient Details Date: 08-Mar-25 Time: 1:47:35 PM
 Name: PREDEEP KUMAR VERMA ID: 393866606

Age: 37 y Sex: M Height: 170 cms. Weight: 64 Kg.

Clinical History: Routine Test

Medications: NONE

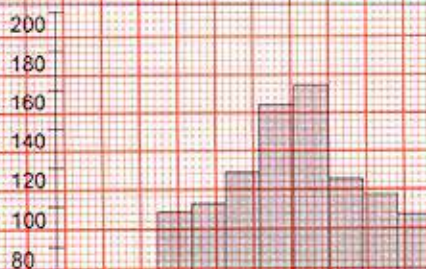
Test Details

Protocol: Bruce Pr.MHR: 183 bpm THR: 155 (85 % of Pr.MHR) bpm
 Total Exec. Time: 9 m 35 s Max. HR: 163 (89% of Pr.MHR)bpm Max. Mets: 13.50
 Max. BP: 160 / 80 mmHg Max. BP x HR: 26080 mmHg/min Min. BP x HR: 4320 mmHg/min
 Test Termination Criteria: Target HR attained

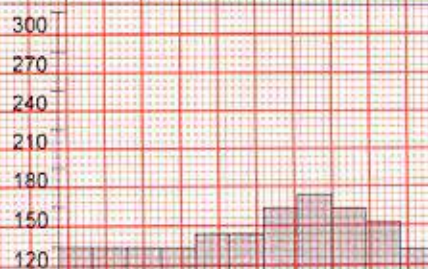
Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 14	1.0	0	0	54	120 / 80	-0.42 aVR	1.77 V3
Standing	0 : 7	1.0	0	0	59	120 / 80	-0.42 aVR	2.12 V3
Hyperventilation	0 : 6	1.0	0	0	60	120 / 80	-0.42 aVR	2.12 V3
1	3 : 0	4.6	1.7	10	102	130 / 80	-2.76 aVR	4.95 V3
2	3 : 0	7.0	2.5	12	118	130 / 80	-1.49 aVR	3.89 V3
3	3 : 0	10.2	3.4	14	153	150 / 80	-1.06 aVR	5.31 V3
Peak Ex	0 : 35	13.5	4.2	16	163	160 / 80	-0.64 aVR	5.66 V3
Recovery(1)	2 : 0	1.8	1	0	115	150 / 80	-2.12 aVR	5.66 V3
Recovery(2)	2 : 0	1.0	0	0	107	140 / 80	-1.27 aVR	5.31 V3
Recovery(3)	0 : 41	1.0	0	0	97	120 / 80	-0.85 aVR	1.77 V3

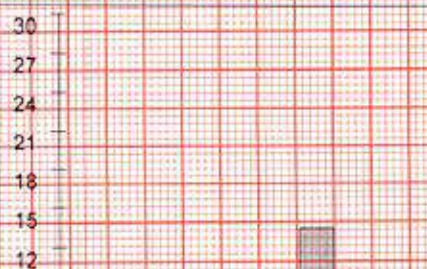
HR x Stage



BP x Stage



Mets x Stage



Suburban Diagnostics Kalina

Patient Details

Date: 08-Mar-25

Time: 1:47:35 PM

Name: PREDEEP KUMAR VERMA ID: 393866606

Age: 37 y

Sex: M

Height: 170 cms

Weight: 64 Kg.

Interpretation

GOOD EFFORT TOLERENCE
NORMAL HEART RATE RESPONSE
NORMAL BLOOD PRESSURE RESPONSE
NO ANGINA/ANGINA EQUIVALENTS
NO ARRTHYMIAS
NO SIGNIFICANT ST-T CHANGES NOTED AS COMPARED TO BASELINE
ECG
IMPRESSION: STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA

Disclaimer: Negative stress test does not rule out Coronary Artery Disease
Positive stress test is suggestive but not confirmatory of coronary artery disease
Hence clinical correlation is mandatory

Suburban Diagnostics (I) Pvt. Ltd.
1st Floor, Marol Bunder, Above HDFC Bank,
Opp. Marol Bunder, Kalina, CST Road,
Santa Cruz (East),
Tel. No. 022-61700000



DR. SHEIKH NAVEED
MBBS - CC
Clinical Cardiology
Reg. No. 2016 - 94

Suburban Diagnostics Kalina

PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 120 / 80

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

Exec Time : 0 m 0 s

Stage Time : 0 m 8 s

HR: 61 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.2	0.0
aVR	-0.4	-0.4
V1	0.2	0.4
V4	1.1	0.7
II	0.6	0.4
aVL	0.0	0.0
V2	0.4	0.0
V5	0.4	0.0
III	0.2	0.0
aVF	0.4	0.0
V3	1.7	1.4
V6	0.2	0.0

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PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 120 / 80

Protocol: Bruce

Stage: Standing

Speed: 0 mph

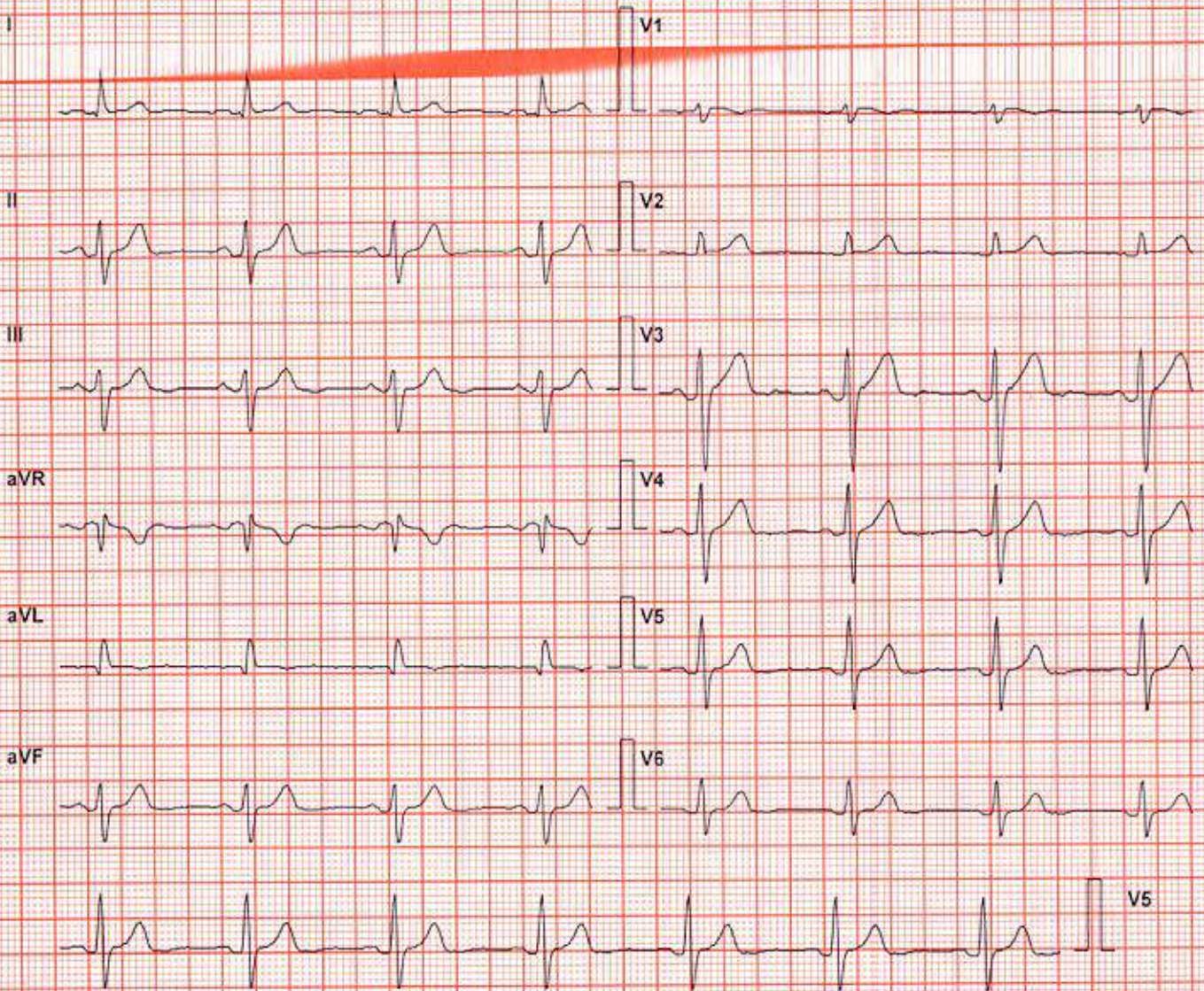
Grade: 0 %

Exec Time : 0 m 0 s

Stage Time : 0 m 1 s

HR: 66 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.4	0.4
aVR	-0.8	-0.4
V1	0.4	0.0
V4	1.1	1.1
II	1.1	1.1
aVL	0.0	0.0
V2	0.4	0.0
V5	0.8	0.4
III	0.2	0.0
aVF	0.6	0.4
V3	2.3	1.8
V6	0.6	0.4

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PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 120 / 80

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

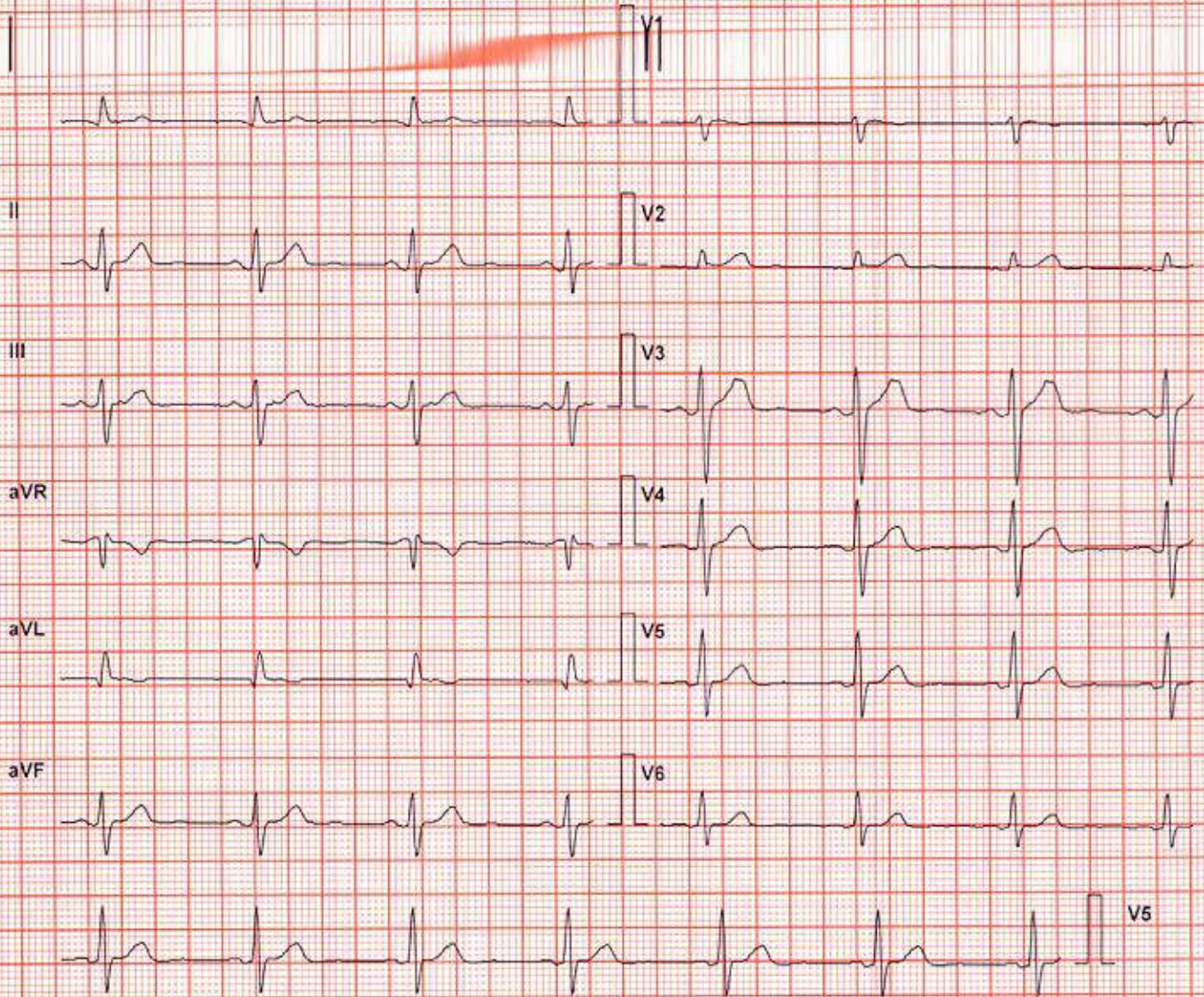
Grade: 0 %

Exec Time : 0 m 0 s

Stage Time : 0 m 0 s

HR: 63 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.4	0.4
aVR	-0.6	0.0
V1	0.2	0.0
V4	1.1	0.7
II	0.8	0.0
aVL	0.0	0.0
V2	0.2	0.0
V5	0.4	0.0
III	0.2	0.0
aVF	0.6	0.0
V3	1.9	1.8
V6	0.2	0.0

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PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 130 / 80

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

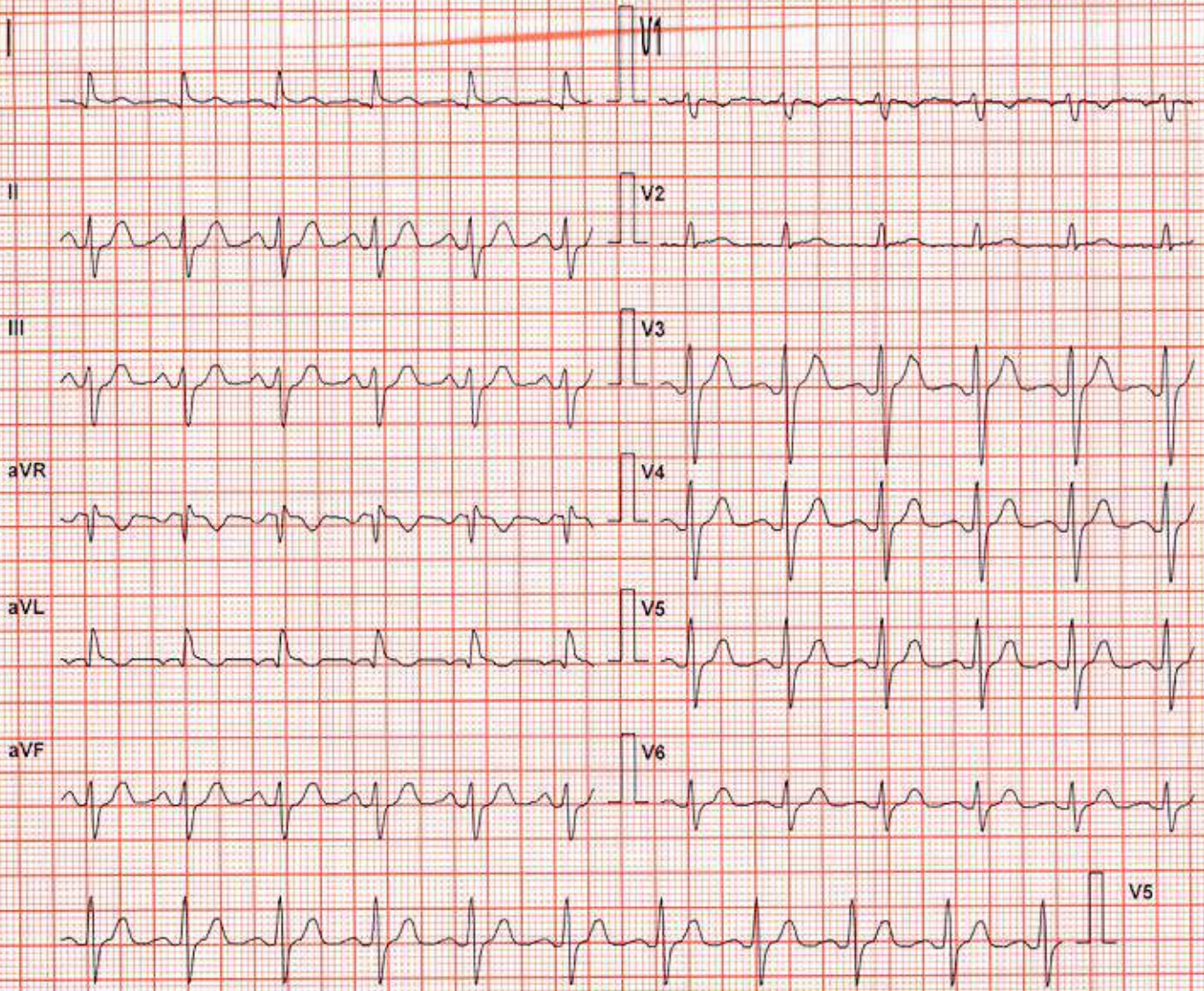
Grade: 10 %

Exec Time : 2 m 54 s

Stage Time : 2 m 54 s

HR: 103 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.2	-0.4
aVR	-0.4	-0.4
V1	0.0	-0.4
V4	1.7	1.8
II	1.1	1.4
aVL	0.0	-0.4
V2	0.6	0.4
V5	1.1	1.4
III	0.6	1.1
aVF	0.8	1.4
V3	2.5	2.5
V6	0.6	1.1

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PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 130 / 80

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

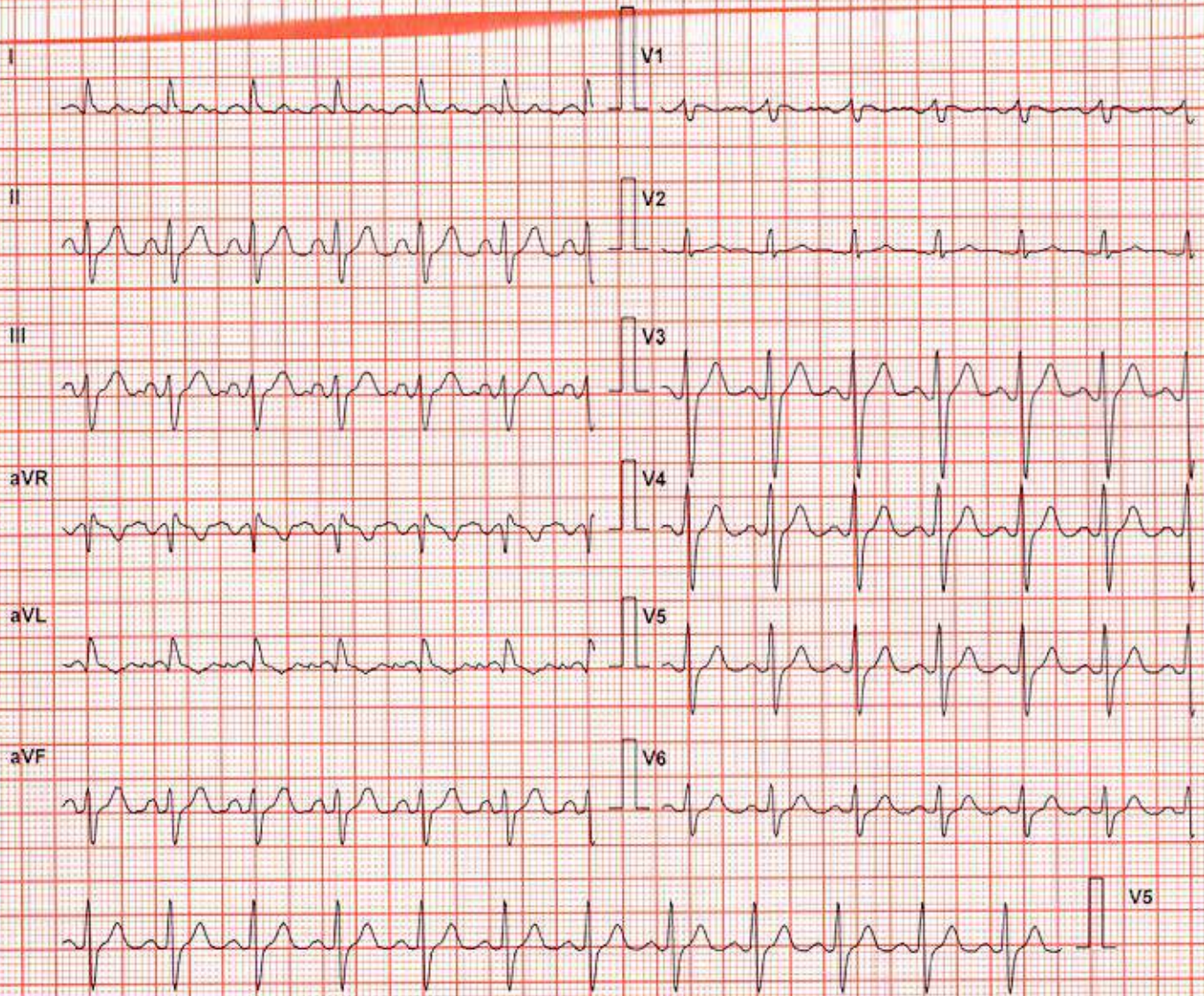
Grade: 12 %

Exec Time : 5 m 54 s

Stage Time : 2 m 54 s

HR: 119 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	-0.6	-0.4
II	1.1	1.8
III	1.7	1.8
aVR	-0.2	-0.7
aVL	-1.1	-1.1
aVF	1.5	1.8
V1	0.2	-0.4
V2	0.6	0.4
V3	2.5	2.8
V4	1.7	2.5
V5	1.1	1.8
V6	0.6	1.1

Suburban Diagnostics Kalina

PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 150 / 80

Protocol: Bruce

Stage: 3

Speed: 3.4 mph

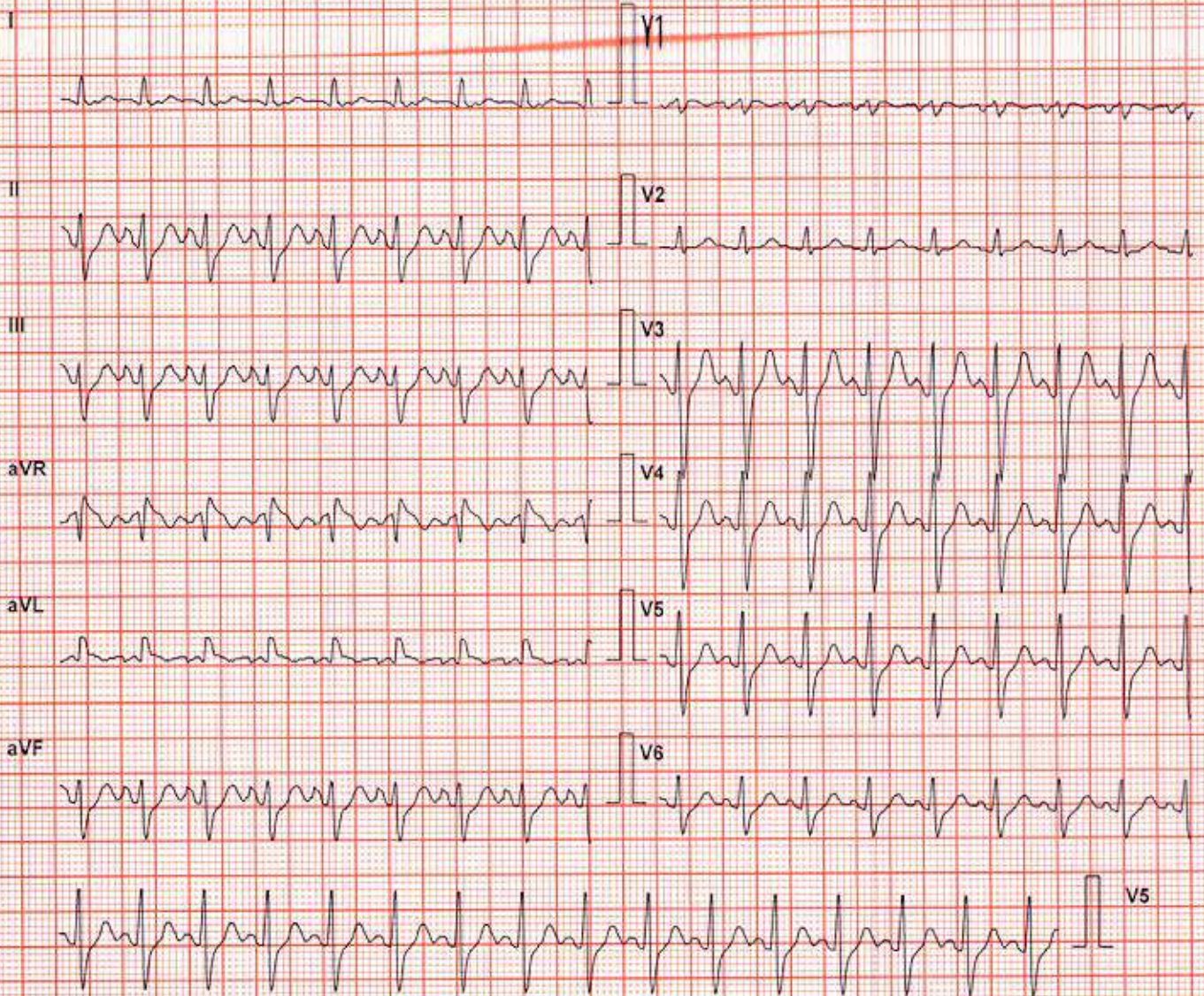
Grade: 14 %

Exec Time : 8 m 54 s

Stage Time : 2 m 54 s

HR: 152 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.2	0.7
aVR	-0.4	-1.8
V1	0.0	-0.7
V4	1.7	3.9
II	0.8	3.2
aVL	-0.2	-0.4
V2	0.6	0.7
V5	0.8	2.8
III	0.6	2.5
aVF	0.8	3.2
V3	2.8	4.2
V6	0.6	2.1

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PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 160 / 80

Protocol: Bruce

Stage: Peak Ex

Speed: 4.2 mph

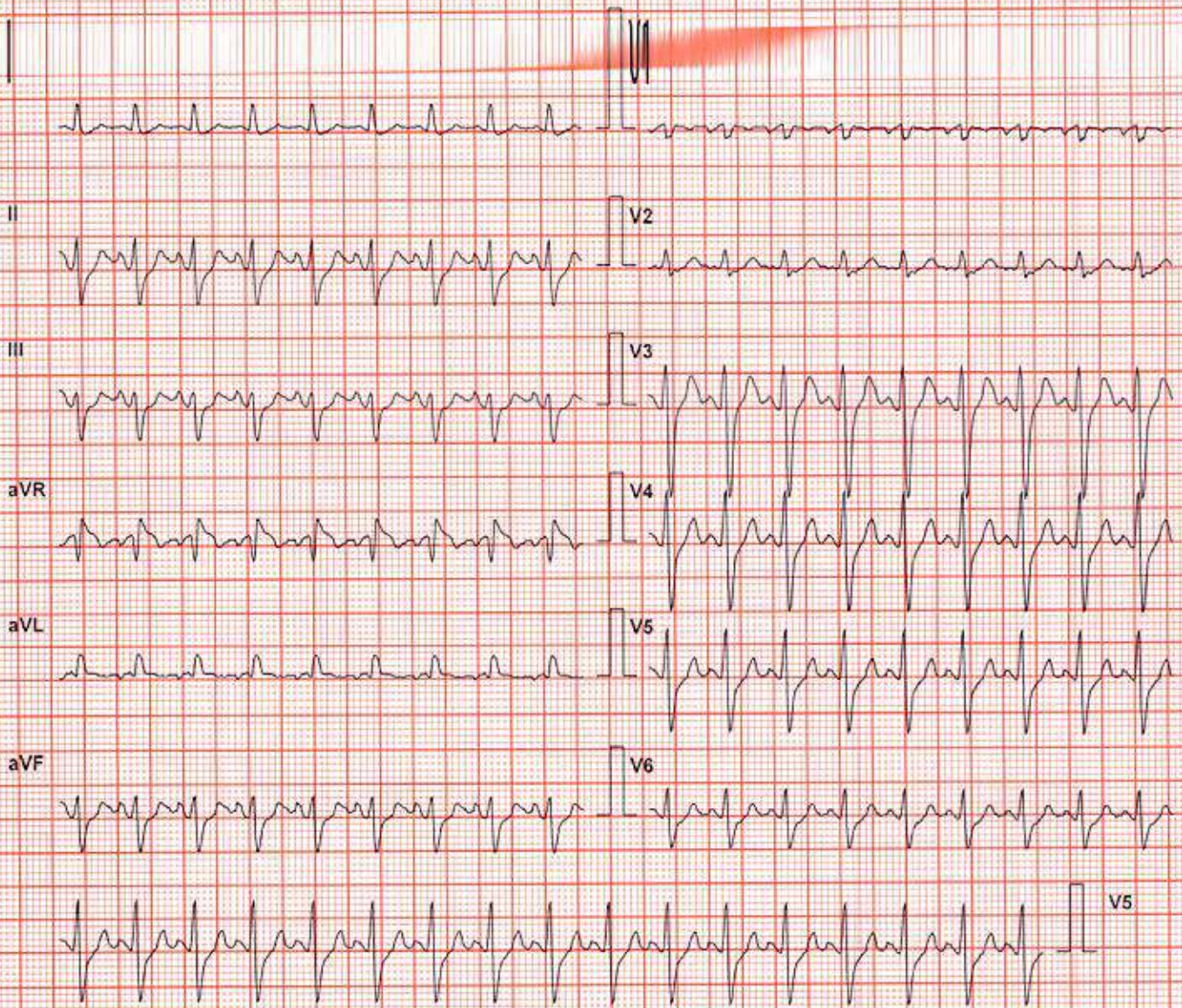
Grade: 16 %

Exec Time : 9 m 29 s

Stage Time : 0 m 29 s

HR: 163 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.0	1.1
aVR	-0.2	-1.8
V1	0.0	-0.4
V4	1.3	4.2
II	0.4	2.8
aVL	-0.2	-0.4
V2	0.2	1.4
V5	0.2	3.2
III	0.4	1.4
aVF	0.2	1.8
V3	2.3	4.2
V6	0.0	1.8

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PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 150 / 80

Protocol: Bruce

Stage: Recovery(1)

Speed: 1 mph

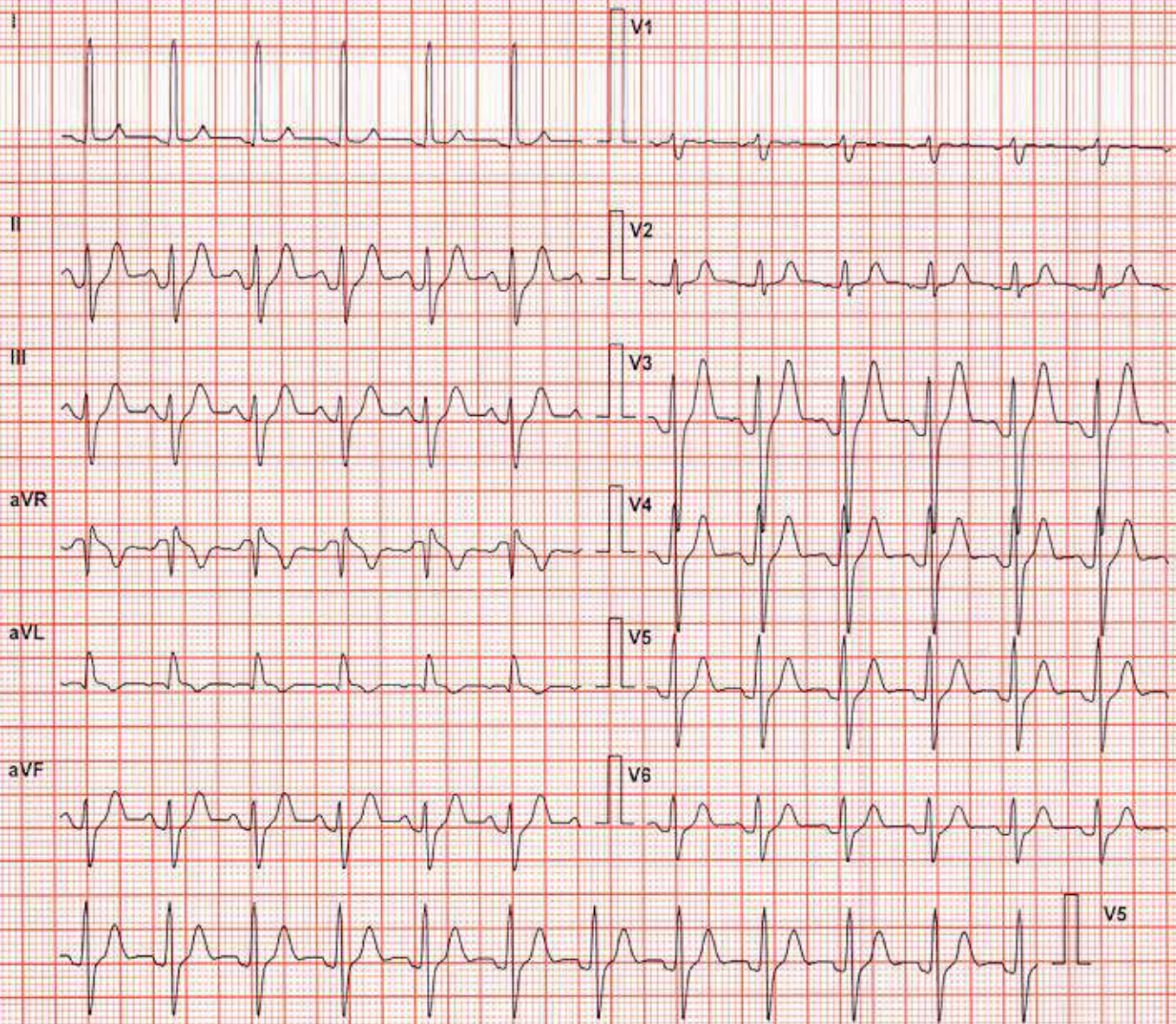
Grade: 0 %

Exec Time : 9 m 35 s

Stage Time : 1 m 54 s

HR: 114 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.4	0.7
aVR	-1.3	-1.8
V1	0.0	-0.4
V4	2.8	3.5
II	2.1	2.8
aVL	-0.2	-0.4
V2	0.8	0.7
V5	1.9	2.5
III	1.3	2.1
aVF	1.7	2.5
V3	4.2	5.3
V6	1.3	1.8

Suburban Diagnostics Kalina

PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 140 / 80

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

Exec Time : 9 m 35 s

Stage Time : 1 m 54 s

HR: 108 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.2	0.0
aVR	-0.6	-0.7
V1	0.0	-0.4
V4	1.1	0.7
II	0.8	1.1
aVL	0.0	0.0
V2	0.6	0.4
V5	0.8	1.1
III	0.6	0.4
aVF	0.8	1.1
V3	1.9	1.4
V6	0.6	0.7

Suburban Diagnostics Kalina

PREDEEP KUMAR VERMA (37 M)

ID: 393866606

Date: 08-Mar-25

B.P: 120 / 80

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

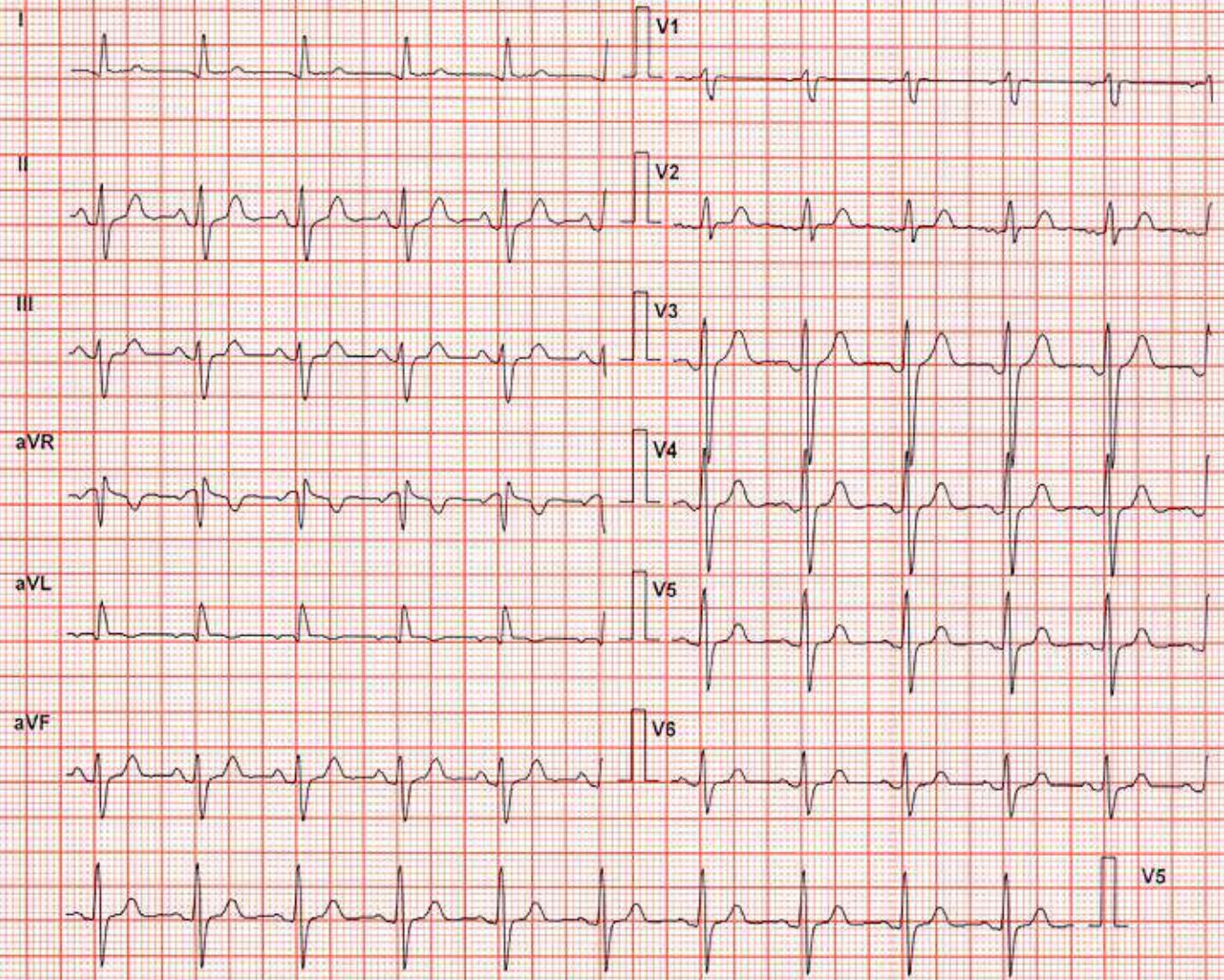
Grade: 0 %

Exec Time : 9 m 35 s

Stage Time : 0 m 35 s

HR: 97 bpm

(THR: 155 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.4	0.4
aVR	-0.8	-0.7
V1	0.0	-0.4
V4	0.8	0.7
II	1.1	1.1
aVL	0.0	0.0
V2	0.6	0.0
V5	0.6	0.7
III	0.6	0.4
aVF	0.8	0.7
V3	1.7	1.4
V6	0.4	0.7



भारत सरकार
Government of India



प्रदीप कुमार वर्मा
Predeep Kumar Verma
जन्म तिथि/DOB: 10/10/1987
पुरुष/ MALE



6403 0697 3000

मेरा आधार, मेरी पहचान

Handwritten mark

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Date: 8/31/2025 Vermg

History and Complaints:

Hypothyroidism 2018

EXAMINATION FINDINGS:

Height: 170

Weight: 64.8

Blood Pressure: 120/80

Pulse: 56

Temp:

Skin:

Nails:

Lymph Node:

NAD.

Systems

Cardiovascular:

Respiratory:

Genitourinary:

GI System:

CNS:

NAD

IMPRESSION:

Platelet 119000

Chol 203
HDL 36.
LHDL 167
LDL 149.

ADVICE:

Refer to Physician.

CHIEF COMPLAINTS:

- 1) Hypertension:
- 2) IHD
- 3) Arrhythmia
- 4) Diabetes Mellitus
- 5) Tuberculosis
- 6) Asthama
- 7) Pulmonary Disease
- 8) Thyroid/ Endocrine disorders
- 9) Nervous disorders
- 10) GI system
- 11) Genital urinary disorder
- 12) Rheumatic joint diseases or symptoms
- 13) Blood disease or disorder
- 14) Cancer/lump growth/cyst
- 15) Congenital disease
- 16) Surgeries

NIL

PERSONAL HISTORY:

- 1) Alcohol *occasional.*
- 2) Smoking *NIL*
- 3) Diet *Mixed.*
- 4) Medication *Thyronorm 75 mcg*

Dr.

Dr. D.G. HATALKAR
L.No. 61067 M.D. (Ob.Gy)

CID : 393866606
Name : MR PRADEEP KUMAR VERMA
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X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----



Dr R K Bhandari
M D , DMRE
MMC REG NO. 34078

CID : 393866606
Name : MR PRADEEP KUMAR VERMA
Age / Sex : 37 Years/Male
Ref. Dr : self
Reg. Date : 08-Mar-2025
Reg. Location : Kalina, Santacruz East Main Centre
Reported : 08-Mar-2025 / 15:27

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LIVER:

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GALL BLADDER:

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen

PANCREAS:

The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

KIDNEYS:

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures 10.1 x 4.4 cm. Left kidney measures 11.2 x 5.1 cm.

SPLEEN:

The spleen is normal in size and echotexture. No evidence of focal lesion is noted.

There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER:

The urinary bladder is well distended and reveal no intraluminal abnormality..


PROSTATE:

The prostate is normal in size 4.5 x 2.9 x 3.2 cm and volume is 22 cc.

IMPRESSION:

No significant abnormality is seen.

-----End of Report-----


DR MAHIMA SETHI
(MBBS, MD RADIOLOGY)
REG NO . 2018/12/6157



Name : Mr. PREDEEP KUMAR VERMA
Lab No. : 393866606
Ref By : SELF
Collected : 8/3/2025 1:46:00PM
A/c Status : P
Collected at : WALKIN - KALINA, SANTACRUZ EAST (MAIN CENTRE)
 101, 1st Floor, Harbhajan Building, CST Road,
 Kalina Above HDFC Bank, Above Indusind Bank,
 Kalina, Opp. Petrol Pump, Santacruz East,
 Mumbai, Maharashtra - 400009

Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:39:41PM
Report Status : Interim
Processed at : SDRL, VIDYAVIHAR

ID : proposal_no-22E56039

Aerfocami Healthcare Below 40 Male/Female
CBC (Complete Blood Count), Blood

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
<u>RBC PARAMETERS</u>			
Haemoglobin	14.0	13.0 - 17.0 g/dL	Spectrophotometric
RBC	4.3	4.5 - 5.5 mil/cmm	Elect. Impedance
PCV	41.1	40.0 - 50.0 %	Calculated
MCV	95.9	81.0 - 101.0 fL	Measured
MCH	32.7	27.0 - 32.0 pg	Calculated
MCHC	34.1	31.5 - 34.5 g/dL	Calculated
RDW	14.2	11.6 - 14.0 %	Calculated
<u>WBC PARAMETERS</u>			
WBC Total Count	4510	4000 - 10000 /cmm	Elect. Impedance
<u>WBC DIFFERENTIAL AND ABSOLUTE COUNTS</u>			
Lymphocytes	43.6	20.0 - 40.0 %	
Absolute Lymphocytes	1966.4	1000.0 - 3000.0 /cmm	Calculated
Monocytes	7.3	2.0 - 10.0 %	
Absolute Monocytes	329.2	200.0 - 1000.0 /cmm	Calculated
Neutrophils	44.3	40.0 - 80.0 %	
Absolute Neutrophils	1997.9	2000.0 - 7000.0 /cmm	Calculated
Eosinophils	4.5	1.0 - 6.0 %	
Absolute Eosinophils	203.0	20.0 - 500.0 /cmm	Calculated
Basophils	0.3	0.1 - 2.0 %	
Absolute Basophils	13.5	20.0 - 100.0 /cmm	Calculated





Name : Mr. PREDEEP KUMAR VERMA
Lab No. : 393866606
Ref By : SELF
Collected : 8/3/2025 1:46:00PM
A/c Status : P
Collected at : WALKIN - KALINA, SANTACRUZ EAST (MAIN CENTRE)
 101, 1st Floor, Harbhajan Building, CST Road,
 Kalina Above HDFC Bank, Above Indusind Bank,
 Kalina, Opp. Petrol Pump, Santacruz East,
 Mumbai, Maharashtra - 400009

Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:39:41PM
Report Status : Interim
Processed at : SDRL, VIDYAVIHAR

ID : proposal_no-22E56039

Aerfocami Healthcare Below 40 Male/Female
CBC (Complete Blood Count), Blood

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
<u>PLATELET PARAMETERS</u>			
Platelet Count	119000	150000 - 410000 /cmm	Elect. Impedance
MPV	13.3	6.0 - 11.0 fL	Measured
PDW	33.7	11.0 - 18.0 %	Calculated
<u>RBC MORPHOLOGY</u>			
Hypochromia	--		
Microcytosis	--		
Macrocytosis	--		
Anisocytosis	--		
Poikilocytosis	--		
Polychromasia	--		
Target Cells	--		
Basophilic Stippling	--		
Normoblasts	--		
Others	Normocytic Normochromic		
WBC MORPHOLOGY	--		
PLATELET MORPHOLOGY	Megaplatelet seen on smear.		
COMMENT	--		

Specimen: EDTA whole blood





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 Kalina Above HDFC Bank, Above Indusind Bank,
 Kalina, Opp. Petrol Pump, Santacruz East,
 Mumbai, Maharashtra - 400009
Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:39:50PM
Report Status : Interim
Processed at : SDRL, VIDYAVIHAR
Corporate ID : proposal_no-22E56039

Aerfocami Healthcare Below 40 Male/Female
ERYTHROCYTE SEDIMENTATION RATE (ESR)

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
ESR, EDTA WB	6.00	2.00 - 15.00 mm/hr	Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

Limitations:

- It is a non-specific measure of inflammation.
- The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

Reference:

- Pack Insert
- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.





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Ref By : SELF
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Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:39:56PM
Report Status : Interim
Processed at : SDRL, VIDYAVIHAR
ID : proposal_no-22E56039

Aerfocami Healthcare Below 40 Male/Female

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGES</u>	<u>METHOD</u>
GLUCOSE (SUGAR) PP, Fluoride Plasma PP	99.50	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >= 200 mg/dl	Hexokinase

Note : ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition

CREATININE, Serum	0.76	0.73 - 1.18 mg/dL	Enzymatic
eGFR, Serum	118.42	(ml/min/1.73sqm) Normal or High: Above 90 Mild decrease: 60-89 Mild to moderate decrease: 45-59 Moderate to severe decrease:30-44 Severe decrease: 15-29 Kidney failure:<15	Calculated

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation

GLUCOSE (SUGAR) FASTING, Fluoride Plasma Fasting	91.10	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >= 126 mg/dl	Hexokinase
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Note : ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition





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Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:40:01PM
Report Status : Interim
Processed at : SDRL, VIDYAVIHAR
ID : proposal_no-22E56039

Aerfocami Healthcare Below 40 Male/Female

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
BILIRUBIN (TOTAL), Serum	0.62	0.30 - 1.20 mg/dL	Vanadate oxidation
BILIRUBIN (DIRECT), Serum	0.19	0.00 - 0.30 mg/dL	Vanadate oxidation
BILIRUBIN (INDIRECT), Serum	0.43	<1.20 mg/dL	Calculated
SGOT (AST), Serum	25.70	<34.00 U/L	Modified IFCC
SGPT (ALT), Serum	42.50	10.00 - 49.00 U/L	Modified IFCC
GAMMA GT, Serum	28.10	<73.00 U/L	Modified IFCC
ALKALINE PHOSPHATASE, Serum	94.60	46.00 - 116.00 U/L	Modified IFCC
BLOOD UREA, Serum	23.60	19.29 - 49.28 mg/dL	Calculated
BUN, Serum	11.02	9.00 - 23.00 mg/dL	Urease with GLDH
URIC ACID, Serum	5.80	3.70 - 9.20 mg/dL	Uricase/Peroxidas e
TOTAL PROTEINS, Serum	6.30	5.70 - 8.20 g/dL	Biuret
Albumin Serum	4.40	3.20 - 4.80 g/dL	BCG
GLOBULIN Serum	1.90	2.30 - 3.50 g/dL	Calculated
A/G RATIO Serum	2.32	1.00 - 2.00	Calculated





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Gender : Male
Reported : 8/3/2025 11:40:06PM
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Aerfocami Healthcare Below 40 Male/Female
GLYCOSYLATED HEMOGLOBIN (HbA1c)

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGES</u>	<u>METHOD</u>
Glycosylated Hemoglobin (HbA1c), EDTA WB	5.5	Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >= 6.5 %	HPLC
Estimated Average Glucose (eAG), EDTA WB	111.2	mg/dL	Calculated

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.



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 Kalina, Opp. Petrol Pump, Santacruz East,
 Mumbai, Maharashtra - 400009
Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:40:11PM
Report Status : Interim
Processed at : SDRL, VIDYAVIHAR
ID : proposal_no-22E56039

Aerfocami Healthcare Below 40 Male/Female

LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGES</u>	<u>METHOD</u>
CHOLESTEROL, Serum	203	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	90	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic colorimetric
HDL CHOLESTEROL Serum	36	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Elimination/ Catalase
NON HDL CHOLESTEROL, Serum	167	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL Serum	149	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL Serum	18	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	6	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	4	0-3.5 Ratio	Calculated

Reference:

- 1) Executive Summary of the Third Report of the National Cholesterol Education Program (NCEP) Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III).
- 2) Pack Insert.



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Age : 37 Years
 Gender : Male
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ID : proposal_no-22E56039

Aerfocami Healthcare Below 40 Male/Female

THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGES</u>	<u>METHOD</u>
Free T3, Serum	5.30	3.50 - 6.50 pmol/L	CLIA
Free T4 Serum	15.20	11.50 - 22.70 pmol/L	CLIA
sensitiveTSH Serum	3.14	0.55 - 4.78 microIU/ml	CLIA

Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

1. TSH Values between high abnormal upto 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone recovery phase of nonthyroidal illness, TSH Resistance
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, anti thyroid drugs, tyrosine kinase inhibitors & amiodarone amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for hyperthyroidism, drugs like steroids & dopamine, Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.



Name	: Mr. PREDEEP KUMAR VERMA	Age	: 37 Years
Lab No.	: 393866606	Gender	: Male
Ref By	: SELF	Reported	: 8/3/2025 11:40:11PM
Collected	: 08/03/2025 01:46:00PM	Report Status	: Interim
A/c Status	: P	Processed at	: SDRL, VIDYAVIHAR
Collected at	: WALKIN - KALINA, SANTACRUZ EAST (MAIN CENTRE) 101, 1st Floor, Harbhajan Building, CST Road, Kalina Above HDFC Bank, Above Indusind Bank, Kalina, Opp. Petrol Pump, Santacruz East, Mumbai, Maharashtra - 400009		
ID	: proposal_no-22E56039		

Aerfocami Healthcare Below 40 Male/Female

THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGES</u>	<u>METHOD</u>
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Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies,USG Thyroid ,TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations:

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results.this assay is designed to minimize interference from heterophilic antibodies.

Reference:

1. O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
3. Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
4. Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)





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Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:40:15PM
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Aerfocami Healthcare Below 40 Male/Female
EXAMINATION OF FAECES

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Brown	Brown	-
Form and Consistency	Semi Solid	Semi Solid	-
Mucus	Absent	Absent	-
Blood	Absent	Absent	-
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)	6.50	-	pH Indicator
Occult Blood	Absent	Absent	Guaiac
<u>MICROSCOPIC EXAMINATION</u>			
Protozoa	Absent	Absent	-
Flagellates	Absent	Absent	-
Ciliates	Absent	Absent	-
Parasites	Absent	Absent	-
Macrophages	Absent	Absent	-
Mucus Strands	Absent	Absent	-
Fat Globules	Absent	Absent	-
RBC/hpf	Absent	Absent	-
WBC/hpf	Absent	Absent	-
Yeast Cells	Absent	Absent	-
Undigested Particles	Present++	-	-
Concentration Method (for ova)	No ova detected	Absent	-
Reducing Substances	-	Absent	Benedicts





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Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:40:19PM
Report Status : Interim
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Corporate ID : proposal_no-22E56039

Aerfocami Healthcare Below 40 Male/Female
BLOOD GROUPING & Rh TYPING

<u>PARAMETER</u>	<u>RESULTS</u>
ABO GROUP	B
Rh Typing	Positive

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

References:

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia





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Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:40:22PM
Report Status : Interim
Processed at : SDRL, VIDYAVIHAR

ID : proposal_no-22E56039

URINE EXAMINATION REPORT

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
<u>PHYSICAL EXAMINATION</u>			
Color	Yellow	Pale Yellow	Light scattering
Transparency	CLEAR	Clear	Light scattering
<u>CHEMICAL EXAMINATION</u>			
Specific Gravity	1.021	1.002-1.035	Refractive index
Reaction (pH)	5.5	5-8	pH Indicator
Proteins	Absent	Absent	Protein error principle
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Negative	Negative	Griess Test
<u>MICROSCOPIC EXAMINATION</u>			
(WBC)Pus cells / hpf	0.00	0-5/hpf	
Red Blood Cells / hpf	0.00	0-2/hpf	
Epithelial Cells / hpf	0.1	0-5/hpf	
Hyaline Casts	0.00	0-1/hpf	
Pathological cast	0.00	0-0.3/hpf	
Calcium oxalate monohydrate crystals	0.00	0-1.4/hpf	
Calcium oxalate dihydrate crystals	0.00	0-1.4/hpf	
Triple Phosphate crystals	0.00	0-1.4/hpf	
Uric acid crystals	0.00	0-1.4/hpf	
Amorphous debris	Absent	Absent	
Bacteria / hpf	9.20	0-29.5/hpf	
Yeast	Absent	Absent	
OTHERS	--		

Note: Microscopic examination is performed by Automated Cuvette based technology. All the Abnormal results





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Age : 37 Years
Gender : Male
Reported : 8/3/2025 11:40:22PM
Report Status : Interim
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ID : proposal_no-22E56039

URINE EXAMINATION REPORT

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
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are confirmed by reagent strips and Manual method. The Microscopic examination findings are mentioned in decimal numbers as they are the arithmetic mean of the multiple fields scanned using microscopy.

Reference: Pack Insert.

Dr Trupti Shetty
MD Pathology
Deputy HOD

Dr Leena Salunkhe
DPB
HOD

Dr Namrata Raul
MD, Biochemistry
Consultant Biochemist

Dr Priyanka Sunil Pagare
MD Pathology
Sr. Pathologist

Dr Vrushali Shroff
MD Pathology
Sr. Pathologist



Result/s to follow:

FUS and KETONES, Glucose & Ketones, Urine

IMPORTANT INSTRUCTIONS

The published test results relate to the submitted specimen. All test results are dependent on the quality of the sample received by the laboratory. Laboratory tests should be clinically correlated by a physician and are merely a tool to help arrive at a diagnosis. Unforeseen circumstances may cause a delay in the delivery of the report. Inconvenience is regretted. Certain tests may require further testing at an additional cost for derivation of exact value. Kindly submit the request within 72 hours post-reporting. The Court/Forum at Mumbai shall have exclusive jurisdiction in all disputes/claims concerning the test(s) & or results of the test(s). Test results are not valid for medico-legal purposes. This computer-generated medical diagnostic report has been verified by a doctor or an authorized medical professional. A physical signature is not required for this report.

(#) sample drawn from an external source.

If test results are alarming or unexpected, the client is advised to contact customer care immediately for possible remedial action.

Tel: 022-61700000, Email: customerservice@suburbandiagnosics.com <<mailto:customerservice@suburbandiagnosics.com>>

West Reference Lab, Mumbai, is a CAP (8036028) Accredited laboratory.





भारत सरकार
Government of India



प्रदीप कुमार वर्मा
Predeep Kumar Verma
जन्म तिथि/DOB: 10/10/1987
पुरुष/ MALE



6403 0697 3000

मेरा आधार, मेरी पहचान

Handwritten mark

9413435672

Suburban Diagnostics (I) Pvt. Ltd.
1st Floor, ... CST Road,
Tel. No. 022-61700000
Sangli

B.P - 170

H - 170

W - 84-8



PHYSICAL EXAMINATION FORM

Patient Name: Mr. Pradeep Kumar CID: 393866606 Sex/Age: 37 | M
Date: 8/31/2025 Vermg

History and Complaints:

Hypothyroidism 2018

EXAMINATION FINDINGS:

Height: 170

Weight: 64.8

Blood Pressure: 120/80

Pulse: 56

Temp:

Skin:

Nails:

Lymph Node:

NAD.

Systems

Cardiovascular:

Respiratory:

Genitourinary:

GI System:

CNS:

NAD

IMPRESSION:

Platelet 119000

Chol 203
HDL 36.
LDL 167
LTC 149.

ADVICE:

Refer to Physician.

CHIEF COMPLAINTS:

- 1) Hypertension:
- 2) IHD
- 3) Arrhythmia
- 4) Diabetes Mellitus
- 5) Tuberculosis
- 6) Asthama
- 7) Pulmonary Disease
- 8) Thyroid/ Endocrine disorders
- 9) Nervous disorders
- 10) GI system
- 11) Genital urinary disorder
- 12) Rheumatic joint diseases or symptoms
- 13) Blood disease or disorder
- 14) Cancer/lump growth/cyst
- 15) Congenital disease
- 16) Surgeries

NIL

PERSONAL HISTORY:

- 1) Alcohol *occasional.*
- 2) Smoking *NIL*
- 3) Diet *Mixed.*
- 4) Medication *Thyronorm 75 mcg*

Dr.

Dr. D.G. HATALKAR
L.No. 61067 M.D. (Ob.Gy)

CID : 393866606
Name : MR PRADEEP KUMAR VERMA
Age / Sex : 37 Years/Male
Ref. Dr :
Reg. Location : Kalina, Santacruz East Main Centre
Reg. Date : 08-Mar-2025
Reported : 08-Mar-2025 / 12:25

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----



Dr R K Bhandari
M D , DMRE
MMC REG NO. 34078

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Reg. Location : Kalina, Santacruz East Main Centre
Reg. Date : 08-Mar-2025
Reported : 08-Mar-2025 / 15:27

USG WHOLE ABDOMEN

LIVER:

The liver is normal in size (14.5 cm), shape and smooth margins. It shows normal parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

GALL BLADDER:

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen

PANCREAS:

The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

KIDNEYS:

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures 10.1 x 4.4 cm. Left kidney measures 11.2 x 5.1 cm.

SPLEEN:

The spleen is normal in size and echotexture. No evidence of focal lesion is noted.

There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER:

The urinary bladder is well distended and reveal no intraluminal abnormality..

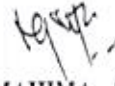
PROSTATE:

The prostate is normal in size 4.5 x 2.9 x 3.2 cm and volume is 22 cc.

IMPRESSION:

No significant abnormality is seen.

-----End of Report-----


DR MAHIMA SETHI
(MBBS, MD RADIOLOGY)
REG NO . 2018/12/6157