

Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Prateek Agarwal** aged, **35yrs.** Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: **Mohali**

Date: 25/04/2024

Dr. Nitesh Kumar

MBBS

BCMR 47093

Name & Signature of

Medical officer



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of
Ajeet Ramesh Vishwakarma on 06/11/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit • Fit with restrictions/recommendations <p style="text-align: center;">Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p style="text-align: center;">However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p style="text-align: center;">Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. *Mukul Arte*

Medical Officer

DR. MUKUL ARTE MBBS, DNB

Reg. No: 44293 (MMC)

Approved By DG Shipping (GOI)

Assistant in Marine Medicine & Aviation Medicine

101-102, Heritage Plaza, Teli Cross Lane

Andheri East, Mumbai-400 069.

SEA BIRD MEDICARE CENTRE

This certificate is not meant for medico-legal purposes.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069
 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

MER- MEDICAL EXAMINATION REPORT



DATE OF EXAMINATION	6/11/2024		
NAME	BIPIN RAKESH Vishwakarma		
AGE	20 yrs	GENDER	Male
HEIGHT (CM)	158 cm	WEIGHT (KG)	66 kg
B.P.	130/80 mmHg		
ECG	Normal		
X Ray	NAD		
Vision Checkup	Color Vision:	Normal	
	Far Vision Ratio:	6/6 } Unaided	
	Near Vision Ratio:	N5 } Unaided	
Present Ailments	RTA Injury to (R) Index finger - 1 week ago - On Rx.		
Details of Past ailments (If Any)	Nil		
Comments / Advice:	NAD		
—			

Signature with Stamp of Medical Examiner

DR. MUKUL ARTE MBBS, DNB
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Consultant in Marine Medicine & Aviation Medicine
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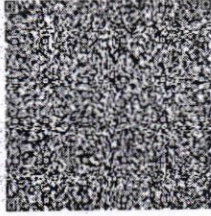



भारत सरकार
Government of India

भारतीय विशिष्ट ओळख प्राधिकरण
Unique Identification Authority of India



नोंदणी क्रमांक/ Enrolment No.: 0013/37004/02409

To
बिपिन रमेश विश्वकर्मा
Bipin Ramesh Vishwakarma
S/O Ramesh Vishwakarma,
Hill No 3 netaji Nagar,
Room No 25 B-12 BHD ADarsh Housing Society,
VTC: Sakinaka S.O,
District: Mumbai,
State: Maharashtra,
PIN Code: 400072,
Mobile: 9321445292.




आपला आधार क्रमांक / Your Aadhaar No. :
5600 8629 7380
VID : 9198 8783 9118 5437

माझे आधार, माझी ओळख

भारत सरकार
Government of India





बिपिन रमेश विश्वकर्मा
Bipin Ramesh Vishwakarma
जन्म तारीख/DOB: 10/03/2004
पुरुष/ MALE

Aadhaar हा ओळखीचा पुरावा आहे, नागरिकत्वा किंवा जन्मतारखेचा नाही. हे फक्त पडताळणीसाठी वापरले जावे (ऑनलाइन प्रमाणीकरण किंवा QR कोडचे स्कॅनिंग/ ऑफलाइन XML).
Aadhaar is proof of identity, not of citizenship or date of birth. It should be used with verification (online authentication, or scanning of QR code / offline XML).



5600 8629 7380

माझे आधार, माझी ओळख

माहिती / INFORMATION

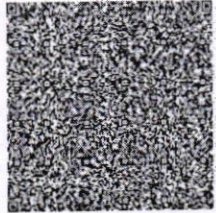
- आधार हा ओळखीचा पुरावा आहे, नागरिकत्वाचा किंवा जन्मतारखेचा नाही. जन्मतारीख आधार क्रमांक धारकाने प्रस्तुत केलेल्या नियमांमध्ये निविष्ट केलेल्या जन्मतारीख दस्तऐवजाच्या पुराव्याद्वारे समर्थित असलेल्या माहितीवर आधारित आहे.
- ह्या आधार पत्राची पडताळणी UIDAI-नियुक्त प्रमाणीकरण एजन्सीद्वारे ऑनलाइन प्रमाणीकरणाद्वारे किंवा ॲप स्टोरमध्ये उपलब्ध mAadhaar किंवा Aadhaar QR स्कॅनर ॲप वापरून किंवा www.uidai.gov.in वर उपलब्ध सुरक्षित QR कोड रीडर ॲप वापरून QR कोड स्कॅनिंगद्वारे सत्यापित केले जावे.
- आधार अद्वितीय आणि सुरक्षित आहे.
- ओळख आणि पत्त्याला आधार देणारी कागदपत्रे आधार नोंदणीच्या तारखेपासून दर 10 वर्षांनी आधारमध्ये अद्यतनित केली जावीत.
- आधार तुम्हाला विविध सरकारी आणि गैर-सरकारी लाभ/सेवांचा लाभ घेण्यास मदत करते.
- आधारमध्ये तुमचा मोबाईल नंबर आणि ईमेल आयडी अपडेट ठेवा.
- आधार सेवांचा लाभ घेण्यासाठी mAadhaar ॲप डाउनलोड करा.
- आधार/बायोमेट्रिक्स वापरत नसताना सुरक्षितता सुनिश्चित करण्यासाठी लॉक/अनलॉक आधार/बायोमेट्रिक्सचे वैशिष्ट्य वापरा.
- आधारची मागणी करणाऱ्या संस्थांनी संमती घेणे बंधनकारक आहे.
- Aadhaar is proof of identity, not of citizenship or date of birth (DOB). DOB is based on information supported by proof of DOB document specified in regulations, submitted by Aadhaar number holder.
- This Aadhaar letter should be verified through either online authentication by UIDAI-appointed authentication agency or QR code scanning using mAadhaar or Aadhaar QR Scanner app available in app stores or using secure QR code reader app available on www.uidai.gov.in.
- Aadhaar is unique and secure.
- Documents to support identity and address should be updated in Aadhaar after every 10 years from date of enrolment for Aadhaar.
- Aadhaar helps you avail of various Government and Non-Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app to avail of Aadhaar services.
- Use the feature of Lock/Unlock Aadhaar/biometrics to ensure security when not using Aadhaar/biometrics.
- Entities seeking Aadhaar are obligated to seek consent.

भारतीय विशिष्ट ओळख प्राधिकरण
Unique Identification Authority of India

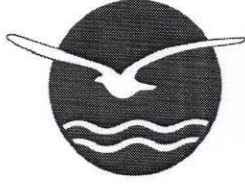
पत्ता:
S/O रमेश विश्वकर्मा, हिल नं ३ नेताजी नगर, रुम नं २५
बी-१२ बीएचडी आदर्श होसिंग सोसायटी, साकिनका सा.ॲ.
मुंबई,
महाराष्ट्र - 400072

Address:
S/O Ramesh Vishwakarma, Hill No 3 netaji
Nagar, Room No 25 B-12 BHD ADarsh
Housing Society, Sakinaka S.O, DIST:
Mumbai,
Maharashtra - 400072



5600 8629 7380
VID : 9198 8783 9118 5437

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SEA BIRD MEDICARE CENTRE

Report ID : **BRVM61110540**
Patient Name : **Mr. BIPIN RAMESH VISHWAKARMA**
Rank :
Ref By : **DR. MUKUL ARTE**
Reg. : **06-Nov-2024**
Report Date : **06-Nov-2024**
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Age/Sex : **20 Year / Male**

CHEST X RAY REPORT

X-Ray No : 9733

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

NAME Bipin Vishwakarma AGE 20y DATE 06/11/24

Website: www.seabirdhf.com / Email: seabird@seabirdhf.com

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076. Tel.: 2570 4157 / 2570 1053
101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069. Tel.: 022-4603 2704 / 81046 06813

Sea Bird
Sea Bird Medicare Centre
(ISO: 9001 - 2015)



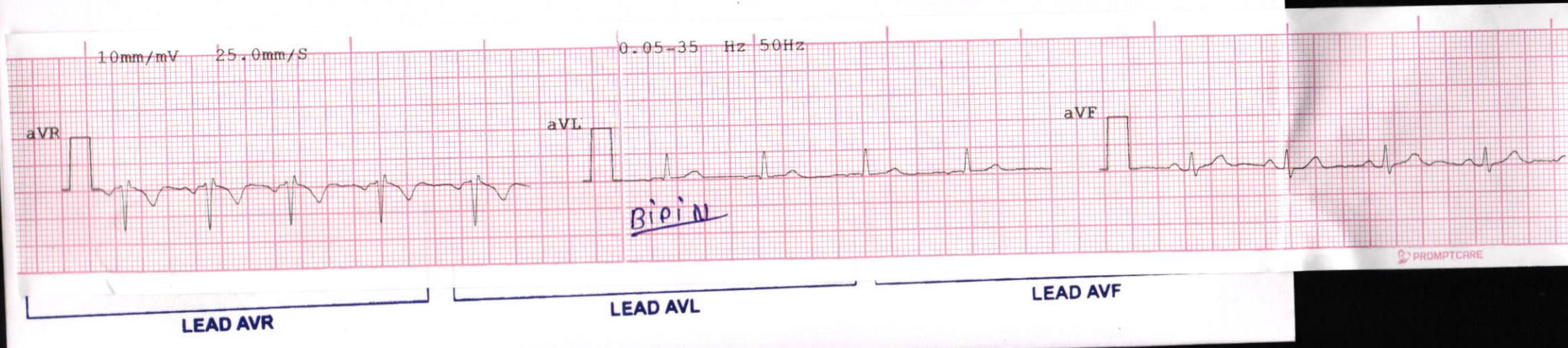
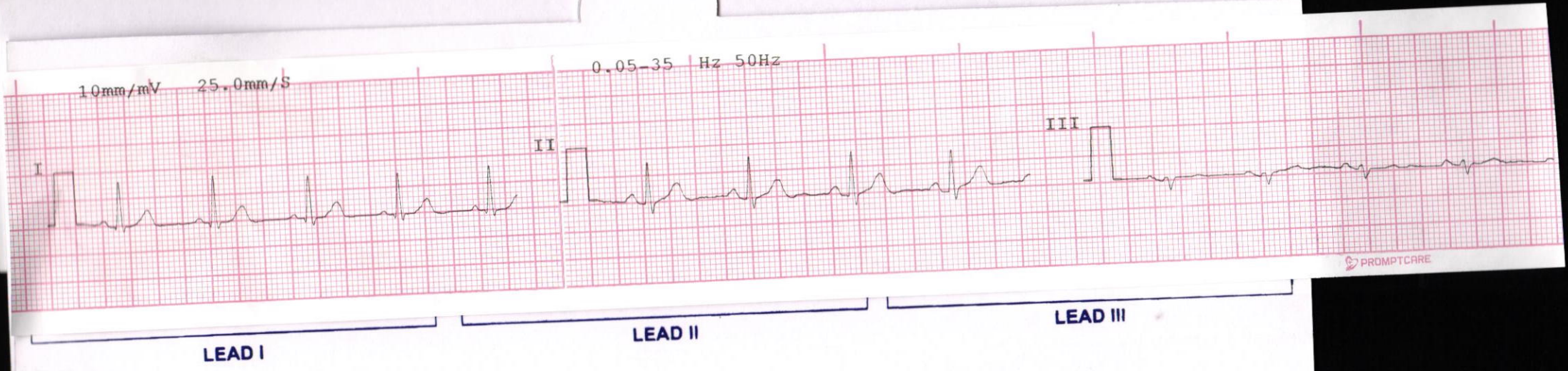
ELECTROCARDIOGRAPHIC REPORT

E. C. G. REPORT

RATE 80 bpm RHYTHM Regular VOLTAGE N
P.WAVE N PR. INTERVAL N Q. WAVE -
QRS COMPLEX N ST. SEGMENT 100 - elev m T. WAVE -

REMARKS well

DR. MUKUL ARTE MBS, DNB
Reg. No: 44293 (MMC)
Approved By DG Shipping (GOI)
Consultant in Marine Medicine & Aviation Medicine
A-101-102, Heritage Plaza, Telli Cross Lane
Andheri East, Mumbai-400 069.
SEA BIRD MEDICARE CENTRE



10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



BIPIN

V1

V2

V3

PROMPTCARE

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



HR	: 80	BPM
QRS DUR	: 99	mS
QT INT	: 338	mS
QTc INT	: 391	mS
PR INT	: 122	mS
RR INT	: 744	mS
QT/QTc	: 86	%
QT/RR	: 45	%
P/QRS/T	: 67/24/49	degr

PROMPTCARE



PID NO. : CKA0202

Name : BIPIN RAMESH VISHWAKARMA

Sex / Age : Male / 20 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

06-Nov-2024 / 10:24 am

Coll Date

06-Nov-2024 / 10:29 am

Report Date

06-Nov-2024 / 1:10 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum,Method- IFCC without/with PDP)	9.65	U/L	0 - 41
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.47	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.14	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.33	mg/dl	0.0 - 0.90

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

SONALI ADELKAR

Lab Technician

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0202

Name : BIPIN RAMESH VISHWAKARMA

Sex / Age : Male / 20 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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06-Nov-2024 / 1:10 pm

REPORT

Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	10.18	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.62	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	16.4		10 - 20.1
Urea (Serum, Method-Urease)	21.79	mg/dl	16.6 - 48.5

----- End of Report -----

SONALI ADELKAR

Lab Technician

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0202

Name : BIPIN RAMESH VISHWAKARMA

Sex / Age : Male / 20 Years

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Reg. Date

06-Nov-2024 / 10:24 am

Coll Date

06-Nov-2024 / 10:29 am

Report Date

06-Nov-2024 / 1:10 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma,Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	103.61	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma,Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	103.05	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

SUPARNA DAREKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0202

Name : BIPIN RAMESH VISHWAKARMA

Sex / Age : Male / 20 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Reg. Date

06-Nov-2024 / 10:24 am

Coll Date

06-Nov-2024 / 10:29 am

Report Date

06-Nov-2024 / 2:21 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

SUPARNA DAREKAR

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PID NO. : CKA0202

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06-Nov-2024 / 10:24 am

Coll Date

06-Nov-2024 / 10:29 am

Report Date

06-Nov-2024 / 1:10 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"A"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

SUPARNA DAREKAR

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	14.8	gm/dl	13.0 -17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.44	million / cumm	4.5- 5.5
HCT	44	%	40- 50
MCV	80.8	fL	83 - 101
MCH	27.3	pg	27 - 32
MCHC	33.7	gm / dl	31.5 - 34.5
RDW (CV)	13.9	%	11.6- 14.0
Total W.B.C. Count	8140	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 80
Lymphocytes	34	%	20 - 40
Eosinophils	03	%	1 - 6

SONALI ADELKAR

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Name : BIPIN RAMESH VISHWAKARMA

Sex / Age : Male / 20 Years

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	283000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

SONALI ADELKAR

Lab Technician

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0202

Name : BIPIN RAMESH VISHWAKARMA

Sex / Age : Male / 20 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

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Report Date

06-Nov-2024 / 1:10 pm

REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	12	mm at 1hr	0 - 15

Method: Westergren.

Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0202

Name : BIPIN RAMESH VISHWAKARMA

Sex / Age : Male / 20 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

06-Nov-2024 / 10:24 am

Coll Date

06-Nov-2024 / 10:29 am

Report Date

06-Nov-2024 / 1:10 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.0		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

SUPARNA DAREKAR

Lab Technician

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0202

Name : BIPIN RAMESH VISHWAKARMA

Sex / Age : Male / 20 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

SUPARNA DAREKAR

Lab Technician

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Pathologist

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CHEST PA

Se : 1001

Im : 1001

SEA BIRD MEDICARE CENTRE, ANDHERI

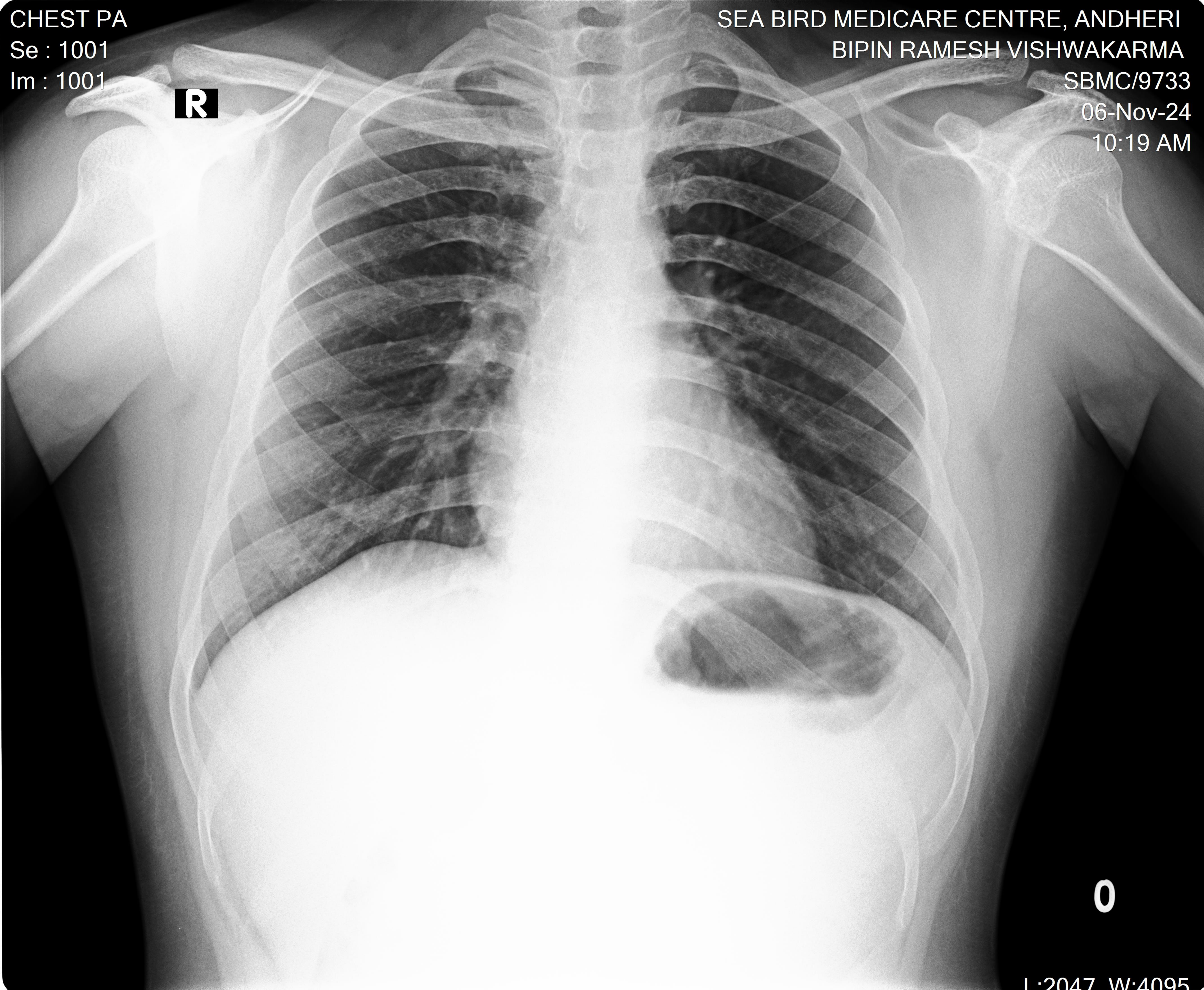
BIPIN RAMESH VISHWAKARMA

SBMC/9733

06-Nov-24

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