

Name : Mrs. SANGHAMITRA TALUKDAR (48 /F)

Date : 09/11/2024

Address : VIP UDICHI APARTMENT DOHARIA, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AMHL.0002450681

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH226033



## CHIEF COMPLAINTS

For general health checkup

## PRESENT KNOWN ILLNESS

No history of - Thyroid disorder, Heart disease, Stroke, Asthma  
Diabetes mellitus - type 2; Medication - regular  
Hypertension Medication - regular  
Dyslipidaemia Medication - regular; - Razel 5



## DRUG ALLERGY

NO KNOWN ALLERGY

:09/11/2024



## SYSTEMIC REVIEW

### Cardiovascular system

High blood pressure - yes; Medication - yes

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 21.10.24; Periods - irregular;  
No of Children - 1; Last child birth - 19 yrs;  
Deliveries - LSCS

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Back (lower) - pain; Knee (bilateral) - pain

### Skin

- Nil Significant

### Weight

- stable



### Present medications

Compliance - regular



### Past medical history

Covid 19 - Yes  
Hospitalization for Covid 19 - No  
Jaundice - yes  
Typhoid - yes



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - has expired  
Mother - has expired  
Diabetes - mother  
Hypertension - father, mother  
Coronary artery disease - mother  
Cancer - sisters, brothers, uncle

Name : Mrs. SANGHAMITRA TALUKDAR (48 /F)

UHID : AMHL.0002450681

Date : 09/11/2024

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH226033

Type - Breast  
Type - Pulmonary

Ophthalmology findings

- OCULAR MOVEMENTS:  
(RE):FULL (LE):FULL  
ANTERIOR SEGMENTS:  
(RE):WNL (LE):WNL  
VISUAL ACUITY  
DISTANCE:WITHOUT  
GLASS (RE):6/6 (LE):6/6  
VISUAL ACUITY  
NEAR:WITHOUT GLASS  
(RE):N8P (LE):N8P  
SPECTACLE POWER:  
RE:PLANO(6/6) ADD:  
+2.00DSPH(N6)  
ADVICE:\*Glass Rx\*Review  
after 1yr/SOS

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 155  
Weight - 66.8  
BMI - 27.8  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 76  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 133  
Diastolic(mm of Hg) - 89  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Ophthalmology consultation

Printed By : Benazir Begaum

Name : Mrs. SANGHAMITRA TALUKDAR (48 /F)

UHID : AMHL.0002450681

Date : 09/11/2024

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH226033

## COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	12.1	g/dl	●	12.0-15.0
RBC COUNT	4.78	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	40.1	%	●	36-46
MCV	83.8	fl	●	83-101
MCH	25.4 *	pg	●	27-32
MCHC	30.3 *	%	●	31.5-34.5
RDW	14.5 *	%	●	11.8-14.0
WBC Count	8900	/cu mm	●	4000-10000
Platelet Count	4.40 *	lacs/cu mm	●	1.5-4.0
Neutrophils	78	%	●	40-80
Lymphocytes	17 *	%	●	20-40
Monocytes	03	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Increased.			

## ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	30 *	mm/1st hr	●	0-20

## URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	1-2	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	1-3
Casts:	Not Found
Crystals:	Not Found

## URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

## URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

## BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

## ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	13	U/L	●	0-35

## ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1

## ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	72	U/L	●	33-98

## AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	18	U/L	●	0-35

## BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.3-1.2

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mrs. SANGHAMITRA TALUKDAR (48 /F)

UHID : AMHL.0002450681

Date : 09/11/2024

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH226033

### CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	113	mg/dL	●	0-200
Non-HDL Cholesterol	78			

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.6-1.1

### GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L	●	0-38

### GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	112 *	mg/dL	●	70-99

### GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	177 *	mg/dL	●	70-140

### HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.2 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

### HDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	3		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	35	mg/dL	●	30-70

### LDL CHOLESTEROL -SERUM

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	67	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	11	mg/dL	●	0-35

### PROTEIN TOTAL - SERUM

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.1		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	3.8 *	g/dL	●	1.8-3.6

### TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	1.00	ng/ml	●	0.87-1.78

### TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	10.5	µg/dL	●	5.48-14.28

### TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	117	mg/dL	●	0-150

### TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	5.65 *	µIU/mL	●	0.38-5.33

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.4	mg/dL	●	2.4-5.7

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mrs. SANGHAMITRA TALUKDAR (48 /F)

UHID : AMHL.0002450681

Date : 09/11/2024

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK AHC No : AMHLAH226033

### BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

\* Grade I fatty liver.  
\* Gall bladder polyp with cholesterosis.  
\* Bulky uterus with heterogeneous myometrium -? adenomyosis.  
\* Fibroids as described.

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.9	mg/dL	●	7.0-18.0
UREA - SERUM	17	mg/dL	●	13-43

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated].

### BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	8.8			
BUN (BLOOD UREA NITROGEN)	7.9	mg/dL	●	7.0-18.0
UREA - SERUM	17	mg/dL	●	13-43
CREATININE - SERUM	0.9	mg/dL	●	0.6-1.1

Dr. MOURUSI MANDAL  
DNB RESIDENT  
In consultation with

Dr. SUBHRAJIT HAZRA  
DMRD, DNB (RADIOLOGY)  
CONSULTANT RADIOLOGIST  
Reg. No. 71276 (WBMC)

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### PAP SMEAR /CERVICAL SMEAR

Ref No:  
AG01.C2408961  
SPECIMEN TYPE:  
Conventional cervical smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no organism

### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

Dr. MOURUSI MANDAL  
DNB RESIDENT  
In consultation with

### X-RAY MAMMOGRAPHY BILATERAL (MHC)

\* No significant abnormality detected. (BIRADS I).

Dr. SUBHRAJIT HAZRA  
DMRD, DNB (RADIOLOGY)  
CONSULTANT RADIOLOGIST  
Reg. No. 71276 (WBMC)

BIRADS Category:

0. Requires additional evaluation
1. Negative
2. Benign findings
3. Intermediate
4. Suspicious malignancy
5. Highly suggestive of malignancy
6. Histologically proven malignancy)

### TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 84%) STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

### Biochemistry

A/G - RATIO

● Within Normal Range    ● Borderline High/Low    ● Out of Range

**Name** : Mrs. SANGHAMITRA TALUKDAR (48 /F)

**UHID** : AMHL.0002450681

**Date** : 09/11/2024

**Package** : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

**AHC No** : AMHLAH226033

---

**Printed By** :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

5

### ACCEPTABLE SCORE

5

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**