

Name : Ms. MADHUMITA BANERJEE (37 /F)

Date : 15/02/2025

Address :

Examined by:

UHID : AMHL.0002110685

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH236238



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Heart  
disease, Asthma  
Thyroid disease - hypothyroidism; Since -  
6 yrs; Medication -  
stopped with medical  
advice



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 22/1/2205; Periods - regular;  
No of Children - 1; Deliveries - LSCS

### Eyes

Vision - normal with glasses

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Back - pain

### Skin

- Nil Significant



### Present medications

- Nil



### Past medical history

Covid 19 - Yes  
Hospitalization for  
Covid 19 - No  
Jaundice - 4 yrs ago



### Surgical history

Appendicectomy - 2003  
Caesarian section - 2019  
Others - Fimbrial cyst removed in  
2003



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Diabetes - father  
Hypertension - father  
Coronary artery  
disease - none  
Cancer - father

## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 157

Weight - 61  
 BMI - 24.75  
 Pallor - No  
 Oedema - no



**Cardiovascular system**

Heart rate (Per minute) - 64  
 Rhythm - Regular  
   - B.P. Sitting  
 Systolic(mm of Hg) - 96  
 Diastolic(mm of Hg) - 63  
 Heart sounds - S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds



**Abdomen**

Organomegaly - No  
 Tenderness - No



**Skin**

- No significant finding

**Ophthalmology consultation**

Ophthalmology findings - OCULAR MOVEMENTS:  
   (RE):FULL (LE):FULL  
   ANTERIOR SEGMENTS:  
   (RE):WNL (LE):WNL  
   VISUAL ACUITY  
   DISTANCE:WITH GLASS  
   (RE):6/6 (LE):6/6 VISUAL  
   ACUITY NEAR:WITH  
   GLASS (RE):N6 (LE):N6  
   ADVICE:\*To continue  
   present glass\*Detail  
   funduscopy\*Review after  
   1yr/SOS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.6 *	g/dl	●	12.0-15.0
RBC COUNT	4.32	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.2	%	●	36-46
MCV	83.8	fl	●	83-101
MCH	26.8 *	pg	●	27-32
MCHC	32.0	%	●	31.5-34.5
RDW	15.3 *	%	●	11.8-14.0
WBC Count	7000	/cu mm	●	4000-10000
Platelet Count	1.59	lacs/cu mm	●	1.5-4.0
Neutrophils	70	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	2-4	/hpf		
Epithelial Cells	3-5			

Casts: Not Found  
Crystals: Not Found

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	13	U/L	●	0-35
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	89	U/L	●	33-98
AST (SGOT) - SERUM	20	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.3-1.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	162	mg/dL	●	0-200
Non-HDL Cholesterol	117			

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	12	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	98	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	100	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.0	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	4 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	45	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	110 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	7	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.4		●	1.0-2.0

GLOBULIN: (CALCULATED) - SERUM	3.2	g/dL	●	1.8-3.6
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**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Electrochemiliminescence (ECLIA))	1.2	ng/ml	●	0.8-2

TOTAL T4: THYROXINE - SERUM (Electrochemiliminescence (ECLIA))	6.8	ug/dL	●	5.1-14.1
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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	96	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Electrochemiliminescence (ECLIA))	4.64 *	μIU/mL	●	0.27-4.2

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.6	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.47	mg/dL	●	7.0-18.0
UREA - SERUM	16	mg/dL	●	13-43
UREA - SERUM	16	mg/dL	●	13-43

● Within Normal Range    ● Borderline High/Low    ● Out of Range

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	12.45			
UREA - SERUM	16	mg/dL	●	13-43
UREA - SERUM	16	mg/dL	●	13-43
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

\* Chest skiagram does not reveal any significant abnormality.

DR. SNEHASREE CHATTOPADHYAY  
DNB RESIDENT  
In consultation with

**PAP SMEAR /CERVICAL SMEAR**

Ref No:  
AG01.C2501256  
SPECIMEN TYPE:  
Conventional cervical smear x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation with endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no organism

DR. CHANDRIMA MANDAL  
ASSOCIATE CONSULTANT  
MD (RADIODIAGNOSIS)  
Reg. No. 74268 (WBMC)

**ECG**

SINUS RHYTHM WITH SINUS ARRHYTHMIA.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Biochemistry**

A/G - RATIO

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade I fatty liver.  
\* Mildly bulky uterus.  
[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. ANWESHA DUTTA  
DNB RESIDENT  
In consultation with

DR. CHANDRIMA MANDAL  
ASSOCIATE CONSULTANT  
MD (RADIODIAGNOSIS)  
Reg. No. 74268 (WBMC)

**X-RAY CHEST PA**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

2

### ACCEPTABLE SCORE

3

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**