

Patient Name Mr Saurabh MRN : 166003 Age 37 Sex M Date/Time 08/03/25

H-169
W-71
BP-120/80
P-69

Urologist
reference

[Signature]
Dr. Bhawna Garg
MBBS, DIP.GO, PGDHA
MEDICAL CO ORDINATOR
RJN Apollo Spectra Hospital
Reg.No. MP18035

Patient NAME	: Mr. SAURABH YADAV	Collected	: 08/Mar/2025 09:33AM
Age/Gender	: 37 Y 0 M 0 D /M	Received	: 08/Mar/2025 10:23AM
UHID/MR NO	: ILK.00039772	Reported	: 08/Mar/2025 01:19PM
Visit ID	: ILK.149856	Status	: Final Report
Ref Doctor	: Dr.ARCOFEMI HEALTHCARE LIMITED	Client Name	: INSTA

DEPARTMENT OF HEMATOLOGY

COMPLETE BLOOD COUNT- CBC / HAEMOGRAM , WHOLE BLOOD EDTA

Haemoglobin (Hb%)	13.5	gm%	14.0-17.0	Cyanmeth
P.C.V (Hematocrit)	43.9	%	40-54	Cell Counter
RBC Count	7.00	Mill./cu mm	4.00-5.50	Cell Counter
Mean Corpuscular Volume(MCV)	62.5	fL	76-96	Calculated
Mean Corpuscular Hb. (MCH)	19.2	pg	27.0-32.0	Calculated
Mean Corp. Hb. Conc.(MCHC)	30.8	g/dl	30.0-35.0	Calculated
RDW	16.1	%	11-16	Calculated
Total WBC count (TLC)	7,740	/cu mm	4000-11000	Cell Counter

Differential Count by Flowcytometry/Microscopy

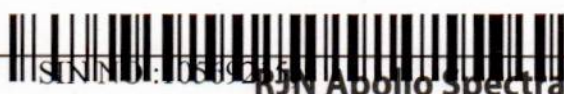
Neutrophils	66.2	%	50-70	Cell Counter
Lymphocytes	20.0	%	20-40	
Monocytes	5.3	%	01-10	Cell Counter
Eosinophils	8.1	%	01-06	Cell Counter
Basophils	0.4	%	00-01	Cell Counter

Absolute Leucocyte Count

Neutrophil (Abs.)	5,120	per cumm	2000 - 8000	Calculated
Lymphocyte (Abs.)	1550	per cumm	600-4000	Calculated
Monocyte (Abs.)	410	per cumm	0-600	Calculated
Eosinophil (Abs.)	630	per cumm	40-440	Calculated
Basophils (Abs.)	30	per cumm	0-110	Calculated
Platelet Count	2.01	Lac/cmm	1.50-4.00	Cell Counter

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Erythrocyte Sedimentation Rate (ESR)	5	mm 1st hr.	0-20	Wester Green
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Surekha

DR. SUREKHA SHARMA
MD PATHOLOGIST

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DEPARTMENT OF HEMATOLOGY

BLOOD GROUPING(A,B,O) AND RH FACTOR , WHOLE BLOOD EDTA

Blood Grouping	B			Slide/Tube Agglutination
Rh (D) Type	POSITIVE			Slide/Tube Agglutination

BLOOD PICTURE - PERIPHERAL SMEAR EXAMINATION , WHOLE BLOOD EDTA

BC : Microcytic hypochromic to normocytic blood picture with fair no of target cells and few schistocytes.

No cytoplasmic inclusions or hemoparasite seen

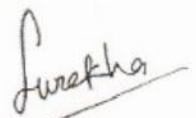
WBC : Total leukocytes count with in normal limit,differential showing mild eosinophilia.

No abnormal cell seen.

PLATELETS : Adequate on smear.

IMPRESSION : MICROCYTIC HYPOCHROMIC BLOOD PICTURE WITH(MENTZER INDEX 8.9)

ADVICE-SERUM IRON AND SERUM FERRITIN ,HPLC AS POSSIBILITY OF THALESSEMIA TRAIT NEED BE RULED OUT.

DR. SUREKHA SHARMA
MD PATHOLOGIST



RJN Apollo Spectra Hospitals

18, Vikas Nagar, Near Sai Baba Temple, Gwalior - 474009 (M.P.) Ph.: 0751-2454600, Mob. : 8269663137, Email: ipc.rjn@gmail.com

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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE - FASTING (FBS) , NAF PLASMA

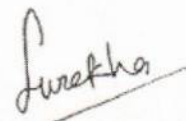
Fasting Glucose	80.0	mg/dL	65-110	God - Pod
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Ref.for Biological Reference Intervals: American Diabetic Assiosation.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) , FLUORIDE PLASMA

Post Prandial Glucose	94.0	mg/dL	90-140	2hrs. after...gm glucose/lunch
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Ref.for Biological Reference Intervals: American Diabetic Assiosation.



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GLYCOSYLATED HAEMOGLOBIN (GHB/HBA1C) , WHOLE BLOOD EDTA

Glycosylated Haemoglobin HbA1c	5.2	%	Normal: <5.7 Pre-Diabetes: 5.7-6.4 Diabetes: 6.5	H P L C
Approximate mean plasma glucose	102.54			Calculated

Ref.for Biological Reference Intervals: American Diabetes Association.

INTERPRETATION:

The A1C test measures your average blood glucose for the past 2 to 3 months. Diabetes is diagnosed at an A1C of greater than or equal to 6.5%.

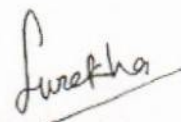
Therapeutic goals for glycemic control (ADA)

-Adults:

- Goal of therapy: <7.0% HbA1c
- Action suggested: >8.0% HbA1c

-Pediatric patients:

- Toddlers and preschoolers: <8.5% (but >7.5%)
- School age (6-12 years): <8%
- Adolescents and young adults (13-19 years): <7.5%

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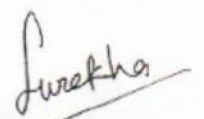
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COMPLETE KIDNEY PROFILE (RFT/KFT) , SERUM

Urea	17.78	mg/dL	13.0-43.0	Urease
Creatinine	0.8	mg/dL	0.5-1.3	Enzymatic
Uric Acid	7.3	mg/dL	3.5-7.2	Urease
Sodium	143.0	Meq/L	135-155	Direct ISE
Potassium	5.4	Meq/L	3.5-5.5	Direct ISE
Chloride	106.0	mmol/L	96-106	Direct ISE
Calcium	9.6	mg/dL	8.6-10.0	OCPC
Phosphorous	2.8	mg/dL	2.5-5.6	PMA Phenol
BUN	8.31	mg/dL	6.0-20.0	Reflect Spectrophotometry

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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

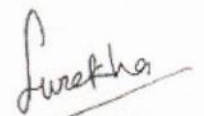
Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

Type OF Sample	SERUM F			
Total Cholesterol	172.0	mg/dl	up to 200	End Point
Total Triglycerides	135.0	mg/dL	Borderline High Risk : 150-199 High Risk: 200-499 Very High Risk: >500	End Point
HDL Cholesterol	50.0	mg/dL	Optimal: >55 Border Line High Risk: 35-55 High Risk:- <35	Reflect Spectrothoto
Non - HDL Cholesterol	122	mg/dL	<130	
LDL Cholesterol	95	mg/dL	49-172	Reflect Spectrothoto
VLDL Cholesterol	27	mg/dL	5.0-40.0	Reflect Spectrothoto
Chol / HDL Ratio	3.44		Low Risk : 3.3-4.4 Average Risk : 4.5-7.1 Moderate Risk : 7.2-11.0 High Risk : >11.0	CALCULATED

POST LUNCH URINE SUGAR , URINE

Post Lunch Urine Sugar	NIL			
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DR. SUREKHA SHARMA
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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) WITH GGT , SERUM

Total Bilirubin	0.8	mg/dL	0.2-1.2	Jendrassik-Grof
Direct Bilirubin	0.2	mg/dL	0.0-0.3	Jendrassik-Grof
Indirect Bilirubin	0.6	mg/dL	0.0-0.9	Calculated
SGOT / AST	30.0	U/L	1-30	UV Kinetic (IFCC)
SGPT / ALT	38.0	U/L	1-45	UV Kinetic (IFCC)
Alkaline Phosphatase	51.0	U/L	43-115	PNPP
Gamma Glutaryl Transferase (GGT)	25.0	U/L	0.0-55.0	Reflect Spectrophoto
Total Protein	7.4	g/dl	6.4-8.3	Biuret
Albumin	4.6	g/dL	3.5-5.2	BCG
Globulin	2.8	g.dl	2.0-3.5	Calculated
A/G Ratio	1.64	%	1.0-2.3	Calculated



SRN ID: 053005

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DR. SUREKHA SHARMA
MD PATHOLOGIST

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 Received : 08/Mar/2025 01:08PM
 Reported : 08/Mar/2025 03:02PM
 Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY-SPECIAL

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE-I , SERUM

Trilodothyronine Total (TT3)	1.56	ng/dL	0.6-1.8	Chemilluminisence
Thyroxine (TT4)	10.14	µg/dL	4.5-10.9	Chemilluminisence
Thyroid Stimulating Hormone (TSH)	1.770	µIU/ml	0.35-5.50	Chemilluminisence

COMMENT :- Above mentioned reference ranges are standard reference ranges.

AGE RELATED GUIDLINES FOR REFERENCE RANGES FOR TSH

TSH	NEW BORN	INFANT	CHILD	ADULT
(u lu/ml)	0.52-38.9	1.7-9.1	0.7-6.4	0.3-5.6

PREGNENCY RELATED GUIDLINES FOR REFERENCE RANGES FOR TSH

TSH	1st Trimester	2nd & 3rd Trimester
(u lu/ml)	0.2 - 2.5	0.3 - 3.0

NOTE : TSH levels are subject to circadian variation, reaching peak levels between 2-4 AM and at a minimum between 6-10 PM. Dose and time of drug intake also influence the test result.

Ultrasensitive kits used.

Serum T3/ FT3 , T4/FT4 and TSH measurements form three components of thyroid screening panel.

- Primary hypothyroidism is accompanied by elevated serum T3 & T4 values alongwith depressed TSH level.
- Primary hypothyroidism is accompanied by elevated serum T3 & T4 values & elevated serum TSH level.
- Normal T3 & T4 levels with high TSH indicate mild / subclinical HYPOTHYROIDISM.
- singhtly elevated T3 levels may be found in pregnancy and in estrogen therapy while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol .
- Although elevated TSH levels are nearly always indicative of primary hypothyroidism. Rarely they can result from TSH secreting pituitary tumours (seconday huperthyroidism).




Dr. Sarita Pathak
MD. Path

SIN NO :10569215

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DEPARTMENT OF CLINICAL PATHOLOGY

Test Name	Result	Unit	Bio. Ref. Range	Method
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CUE - COMPLETE URINE ANALYSIS , URINE
Physical Examination

Colour	PALE YELLOW			Visual
Appearance	Clear			Visual
pH	6.0		5.0-7.5	Dipstick
Specific Gravity	1.025		1.002-1.030	Dipstick

Chemical Examination

Albumin Urine/ Protein Urine	NIL		NIL	Dipstick/Heat Test
Glucose Urine	NIL		NIL	Dipstick/Benedict
Urobilinogen	NIL		NIL	Dipstick/Ehrlichs
Ketones	NIL		NIL	Dipstick/Rotheras
Bile Salts	ABSENT		ABSENT	Dipstick
Bile Pigments	ABSENT		ABSENT	Dipstick/Fouchets
Nitrite	ABSENT		ABSENT	Dipstick

Microscopic Examination.

Pus Cells	1-2	/Hpf	0-2	
Epithelial Cells	2-3	Hpf	<10	
RBC	ABSENT	/Hpf	ABSENT	
Casts	ABSENT		ABSENT	
Crystals	ABSENT		ABSENT	
Bacteria	NORMALLY PRESENT		NORMALLY PRESENT	
Budding Yeast Cells	Absent		Absent	

URINE SUGAR FASTING , URINE

Fasting Urine Sugar	NIL		NIL	
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*** End Of Report ***




Dr. Sarita Pathak
MD. Path

SIN NO :10569215

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ECHO REPORT

NAME : MR. SURABH YADAV

Age/Sex 37Yrs/male

MR NO.166003

Date :-08/03/2025

Clinical Diagnosis:

Referred by: Dr. Ravi ShankerDalmia MD DM

PROCEDURES : M- MODE /2D / DOPPLER /COLOR /CONTRAST/ B.S.A M²

MEASUREMENTS		Normal Range	
Aortic root diameter	3.1	2.0 – 3.7 cm < 2.2 cm / M ²	
Aortic valve opening	2.1	1.5 – 2.6 cm	
Right ventricular dimension		0.7 – 2.6 cm < 1.4 cm/M ²	
Right ventricular thickness		0.3 – 0.9 cm	
Left atrial dimension	3.0	1.9 – 4.0 cm < 2.2 cm / M ²	
Left ventricular ED dimension	4.0	3.7 – 5.6 cm < 3.2 cm / M ²	
Left ventricular ES dimension	3.0	2.2 – 4.0 cm	
Interventricular septal thickness (S)	1.2	(D) 0.9	.6 – 1.2 cm
Left vent PW thickness (S)	1.1	(D) 0.8	0.5 – 1.0 cm
IVS / LVPW			
Ejection fraction	60%		

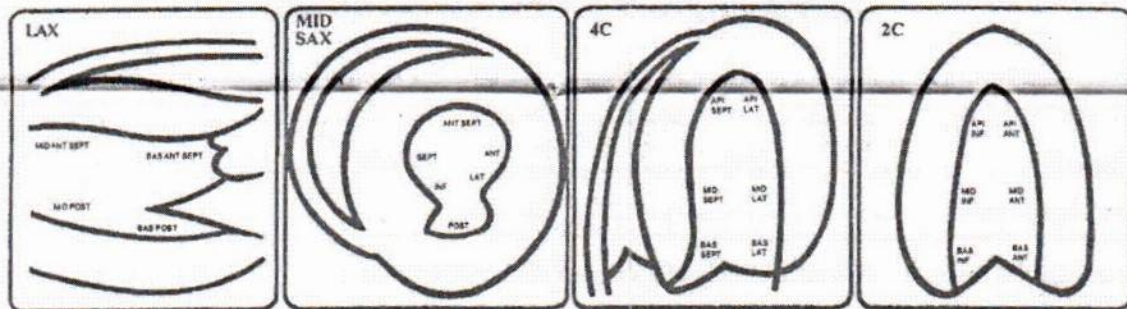
DOPPLER

- 1) Mitral valve
Peak Velocity E= 0.9 m/s A=1.0 m/s
MVA
Pg/Mg
Stenosis / Regurgitation NIL
- 2) Aortic valve –
Peak Velocity
Pg/Mg
Stenosis / Regurgitation NIL
- 3) Pulmonary valve
Velocity
Stenosis / Regurgitation NIL

- 4) Tricuspid valve
Velocity
Stenosis / Regurgitation

NIL

- 5) Pericardium- Normal
LV WALL MOTION



FINAL IMPRESSION –

- No regional wall motion abnormality :LVEF-60%
- Normal Cardiac Chamber Dimensions
- Normal Colourflow
- NO I/C Clot / Vegetation/PE.

Dr. Ravi Shankar Dalmia
MD (Goldmedalist) DM FACC Cardiologist
RJN Apollo Spectra Hospitals
Reg No. 947

CONSULTANT

DR. RAVI SHANKER DALMIA
MD (Medicine), DM (Cardiology)

MR No. Patient Name Saurabh Yadav Age 37 Sex M Date 08/03/25
Mob No.

Investigations : (Please Tick)

CBC
ESR
CRP
S-Vit D3
S-Vit B12
RBS
B Sugar - F/PP
HbA1C
LFT/KFT
PT
INR
RA Factor
Anti CCP
HLA B27
ANA
HIV
HBsAg
Anti HCV

Health checkup

O/E

- Inspected +

- Calc -

- Spec -

- Gen. gingivitis.

Vitals

B.P.
P.R.
SPO2
Temp

P/A. - oral prophyl

- Ex/inspect +

Medical Illness

Hypertension
Diabetes
Thyroid
Cardiac Disease
Drug Allergies

R₁

Saurabh peru - 1-1 - 15 day
mn

Next Appointment/Follow up

Signature :

[Signature]



॥ सर्वेन्द्रियाणाम् नयनम् प्रधानम् ॥

RATAN JYOTI NETRALAYA

OPHTHALMIC INSTITUTE & RESEARCH CENTRE

Hospital Reg. No. : 071



18, Vikas Nagar, Near Sai Baba Mandir, Gwalior-2 (M.P.) INDIA Tel. : 2423350/51, Web : www.ratanjyotigroup.org, Email : rjneye@gmail.com

Anc

SR.NO. : 2096379
NAME : MR SAURABH YADAV
AGE/SEX : 37 YRS / MALE

DATE : 08-March-2025
MRD NO. : R-146095
CITY : GWALIOR

VISION	DISTANCE		NEAR	
	OD	OS	OD	OS
UNAIDED	6/6	6/6	N6	N6
WITH GLASSES				
WITH PIN HOLE				
WITH COLOR				
VISION				

IOP READING				
TIME	OD	OD METHOD	OS	OS METHOD
10:25AM	18		17	

Rx.

1 LACRYL ULTRA EYE DROPS (PEG
400+PROPYLENE GLYCOL+OCULAR
LIPIDS)

ONE DROP 4 TIMES A DAY FOR 60 DAYS

EYE From To Instructions

BOTH EYE 8-Mar-2025 6-May-2025

TREATMENT PLAN : -BE ASWNL
REFERRED TO :
NEXT REVIEW : AS PER DR. ADVISED

DR. MANOJ SAXENA
Reg.No MP-10861

NOTE : Kindly continue medications as advised for the period advised.
In case of redness or allergy please discontinue and inform the doctor.
Nutritional Advice : As per treating physician
Instructions : Patient and Attendant(s) Counselling
Advised medicine may be replaced with a good quality generic medicine.

Speciality Clinics : ▪ Comprehensive Ophthalmology Clinic ▪ Cataract & IOL Clinic ▪ Vitreo Retina & Uvea Clinic ▪ Spectacle Removal Clinic (Lasik/Femto Lasik/Phakic Lens) ▪ Cornea Clinic ▪ Glaucoma Clinic ▪ Orbit & Oculoplasty Clinic ▪ Trauma Clinic ▪ Squint Clinic
▪ Paediatric Ophthalmology Clinic ▪ Low Vision Aid Clinic ▪ Contact Lens Clinic

CONSULTATION TIMINGS : MORNING 9:00 A.M. TO 6:00 P.M. (SUNDAY OFF)

● केन्द्रीय कर्मचारियों के लिए मान्यता प्राप्त ● कैशलेस इश्योरेन्स एवं टी.पी.ए. सुविधा उपलब्ध ● For Appointment Please Contact : 9111004046

स्वामी विद्यानंद भारती आई बैंक

नेत्रदान

करें और करावें इसे अपने परिवार की परम्परा बनायें
नेत्रदान के लिए सम्पर्क करें : 9111004044

PATIENT NAME - SAURABH YADAV 37Y/M
REFERRED BY - H.C.P
DATE - 08/03/2025
INVESTIGATION - USG WHOLE ABDOMEN

IMAGING FINDINGS:-

Liver appears normal in size (~13.6cm), position, shape and margin. Parenchyma shows increased echogenicities. The intrahepatic biliary and portal venous radicles appear normal. Hepatic veins and portal vein are normal.

Gall Bladder is well distended. GB wall and lumen content appears normal. No echogenic focus within GB lumen. Visualized **CBD** is of normal caliber.

Spleen appears normal in size (~ 10.1cm), position, shape, echotexture and margin. No any focal lesion within splenic parenchyma. Splenic vein is normal and undilated.

Pancreas is well visualized, appears normal in size, shape and echotexture. Pancreatic duct is not dilated. No USG evidence of obvious measurable focal lesion.

Right Kidney: Measurement of right kidney ~ 10.5x4.8cm. Right kidney is normal in position, size, shape, surface, echotexture and cortico-medullary differentiation. PC system is compact. No significant calculus or hydronephrosis. Ureter is undilated.

Left Kidney: Measurement of left kidney ~ 9.6x5.3cm. Left kidney is normal in position, size, shape and surface. PC system is moderately dilated with smooth tapering at PUJ. Areas of mild to moderate renal cortical thinning also seen. No significant calculus seen. Ureter is undilated.

Urinary Bladder is normal in shape, wall and content.

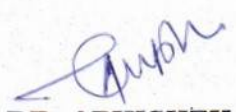
Prostate appears normal in size (~16 cc), shape and echotexture.

No obvious ascites.

OPINION:- Features are suggestive of-

- Grade I fatty liver.
- Left side moderate hydronephrosis with undilated left ureter ? PUJ narrowing. Advised KFT correlation.

Suggested clinical correlation/Follow up imaging.


DR. ABHISHEK GUPTA
(MD RADIODIAGNOSIS)

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Rate 73 . Age not entered, assumed to be 50 years old for purpose of ECG interpretation
PR 159 . Sinus rhythm.....normal P axis, V-rate 50- 99
QRS 93 . ST elev, probable normal early repol pattern.....ST elevation, age<55
QT 361 . Artifact in lead(s) I, II, III, aVR, aVL, aVF and baseline wander in lead(s) V3, V4, V5
QTc 398

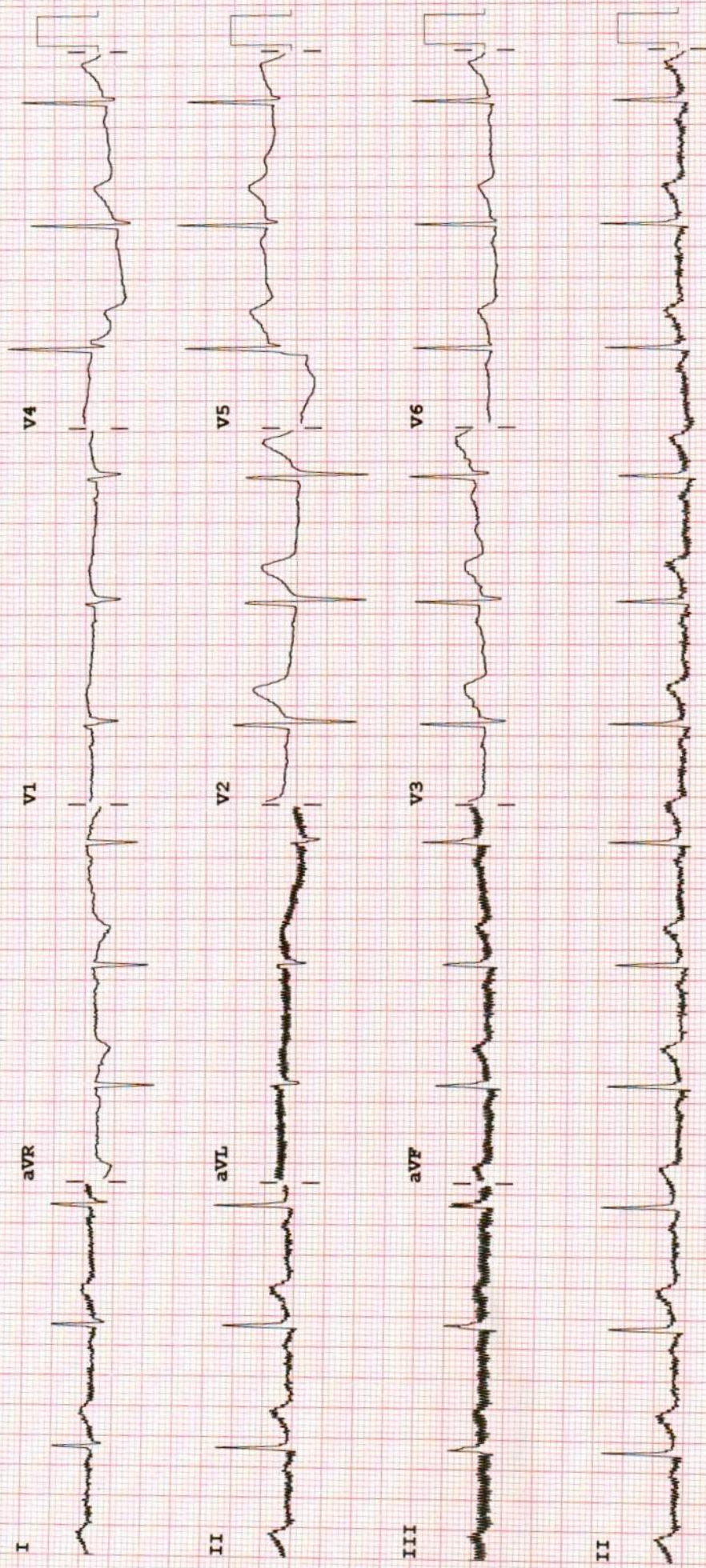
--AXIS--

P 44
QRS 54
T 53

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

PH100B CL

P?

PT. NAME: SAURABH YADAV

AGE/SEX: 37Y/M

REF.BY: 166003

08/3/2025

X RAY CHEST (PA)


IMAGING FINDINGS:

R/L costophrenic angle appear clear and normal.
Trachea is central.
Cardiothoracic ratio is within normal limit.
Soft tissue and bony cage appear normal.
B/L domes of diaphragm are smooth, regular and normal in position.

OPINION:

- No significant abnormality is noted in CXR

Please correlate with clinical findings and relevant investigations.


Dr. ABHISHEK GUPTA
(MD RADIOLOGIST)

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