

: 393786863 Lab No. : SELF Ref By

Collected : 8/3/2025 8:55:00AM

; P A/c Status

Collected at : WALKIN - MALAD WEST (MAIN CENTRE)

102, Bhoomi Castle, Opp. Goregaon Sports Club Link Road, Malad West, Mumbai, Maharashtra -

400064

: 34 Years Age : Male Gender

: 8/3/2025 6:44:21PM Reported

Report Status : Interim : ANDHERI LAB Processed at



# Aerfocami Healthcare Below 40 Male/Female CBC (Complete Blood Count), Blood

PARAMETER RBC PARAMETERS	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Haemoglobin	14.3	13.0 - 17.0 g/dL	Spectrophotometric
RBC	5.1	4.5 - 5.5 mil/cmm	Elect. Impedance
PCV	45.0	40.0 - 50.0 %	Calculated
MCV	88.3	81.0 - 101.0 fL	Measured
MCH	28.1	27.0 - 32.0 pg	Calculated
MCHC	31.8	31.5 - 34.5 g/dL	Calculated
RDW	19.2	11.6 - 14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	6300	4000 - 10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABSOLUTE COU	NTS		
Lymphocytes	46.5	20.0 - 40.0 %	
Absolute Lymphocytes	nphocytes 2929.5 1000.0 - 3000.0 /cmm		Calculated
Monocytes	7.5 2.0 - 10.0 %		
Absolute Monocytes	472.5	200.0 - 1000.0 /cmm	Calculated
Neutrophils	43.0	40.0 - 80.0 %	
Absolute Neutrophils	2709.0	2000.0 - 7000.0 /cmm	Calculated
Eosinophils	phils 2.8 1.0 - 6.0 %		
Absolute Eosinophils	176.4	20.0 - 500.0 /cmm	Calculated
Basophils	0.2	0.1 - 2.0 %	
Absolute Basophils	12.6	20.0 - 100.0 /cmm	Calculated

## **PLATELET PARAMETERS**



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Lab No. : 393786863 Ref By : SELF

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Age : 34 Years Gender : Male

Reported : 8/3/2025 6:44:21PM

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# Aerfocami Healthcare Below 40 Male/Female CBC (Complete Blood Count), Blood

PARAMETER Platelet Count	<u>RESULTS</u> 108000	BIOLOGICAL REF RANGE 150000 - 410000 /cmm	METHOD Elect. Impedance
MPV	13.7	6.0 - 11.0 fL	Measured
PDW	32.9	11.0 - 18.0 %	Calculated

## **RBC MORPHOLOGY**

Microcytosis Mild

Anisocytosis

Poikilocytosis Mild

Others Elliptocytes-occasio

nal

PLATELET MORPHOLOGY Megaplatelets seen

on smear

Specimen: EDTA whole blood





Lab No. : 393786863 Age : 34 Years
Ref By : SELF Gender : Male

Collected : 8/3/2025 8:55:00AM Reported : 8/3/2025 6:44:29PM

A/c Status : P Report Status : Interim

Collected at : WALKIN - MALAD WEST (MAIN CENTRE) Processed at : ANDHERI LAB

102, Bhoomi Castle, Opp. Goregaon Sports Club Link Road, Malad West, Mumbai, Maharashtra -

400064



# Aerfocami Healthcare Below 40 Male/Female ERYTHROCYTE SEDIMENTATION RATE (ESR)

PARAMETERRESULTSBIOLOGICAL REF RANGEMETHODESR, EDTA WB5.002.00 - 15.00 mm/hrSedimentation

**Clinical Significance:** The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

## Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

#### Limitations:

- It is a non-specific measure of inflammation.
- The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

# Reference:

- Pack Insert
- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.





Lab No. : 393786863 Ref By : SELF

Collected : 08/03/2025 08:55:00AM

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Collected at : WALKIN - MALAD WEST (MAIN CENTRE)

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100064

Age : 34 Years Gender : Male

Reported : 8/3/2025 6:44:41PM

Report Status : Interim

Processed at : ANDHERI LAB



Hexokinase

Hexokinase

Calculated

## Aerfocami Healthcare Below 40 Male/Female

<u>PARAMETER</u> <u>RESULTS</u> <u>BIOLOGICAL REF RANGES</u> <u>METHOD</u>

GLUCOSE (SUGAR) FASTING, 87.40 Non-Diabetic: < 100 mg/dl Fluoride Plasma Fasting Impaired Fasting Glucose:

100-125 mg/dl

Diabetic: >/= 126 mg/dl

Note: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition

GLUCOSE (SUGAR) PP, Fluoride 66.20 Non-Diabetic: < 140 mg/dl

Plasma PP

Impaired Glucose Tolerance: 140-199 mg/dl

Diabetic: >/= 200 mg/dl

Note: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition

CREATININE, Serum 0.89 0.67 - 1.17 mg/dL Modified Jaffe's (Kinetic)

eGFR, Serum 114.78 (ml/min/1.73sqm)

Normal or High: Above 90 Mild decrease: 60-89

Mild to moderate decrease: 45-59

Moderate to severe decrease:30-44

Severe decrease: 15-29

Kidney failure:<15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation



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Lab No. : 393786863 Ref By : SELF

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Collected at : WALKIN - MALAD WEST (MAIN CENTRE)

102, Bhoomi Castle, Opp. Goregaon Sports

Club Link Road, Malad West, Mumbai,

Maharashtra - 400064

Age : 34 Years

Gender : Male Reported : 8/3/2025 6:44:49PM

Report Status : Interim

Processed at : ANDHERI LAB



## Aerfocami Healthcare Below 40 Male/Female

PARAMETER BILIRUBIN (TOTAL), Serum	RESULTS 1.21	BIOLOGICAL REF RANGE 0.30 - 1.20 mg/dL	METHOD Dichlorophenyl diazonium tetrafluoroborate (DPD)
BILIRUBIN (DIRECT), Serum	0.24	<0.20 mg/dL	Dichlorophenyl diazonium tetrafluoroborate (DPD)
BILIRUBIN (INDIRECT), Serum	0.97	<1.20 mg/dL	Calculated
TOTAL PROTEINS, Serum	7.00	6.40 - 8.30 g/dL	Biuret
Albumin Serum	4.60	3.50 - 5.20 g/dL	BCG
GLOBULIN Serum	2.40	2.30 - 3.50 g/dL	Calculated
A/G RATIO Serum	1.92	1.00 - 2.00	Calculated
SGOT (AST), Serum	26.30	<50.00 U/L	IFCC (without pyridoxal phosphate activation)
SGPT (ALT), Serum	26.40	<50.00 U/L	IFCC (without pyridoxal phosphate activation)
GAMMA GT, Serum	29.30	<55.00 U/L	IFCC
ALKALINE PHOSPHATASE, Serum	99.20	30.00 - 120.00 U/L	IFCC AMP buffer
BLOOD UREA,Serum	24.10	17.00 - 43.00 mg/dL	Urease
BUN, Serum	11.25	6.00 - 20.00 mg/dL	Calculated
URIC ACID, Serum	6.70	3.50 - 7.20 mg/dL	Uricase





Lab No. : 393786863 Age : 34 Years
Ref By : SELF Gender : Male

Collected : 08/03/2025 08:55:00AM Reported : 8/3/2025 6:44:59PM

A/c Status : P

Collected at : WALKIN - MALAD WEST (MAIN CENTRE)

102, Bhoomi Castle, Opp. Goregaon Sports Club Link Road, Malad West, Mumbai, Maharashtra -

400064



# <u>Aerfocami Healthcare Below 40 Male/Female</u> <u>GLYCOSYLATED HEMOGLOBIN (HbA1c)</u>

Report Status : Interim

: ANDHERI LAB

Processed at

PARAMETER

RESULTS

BIOLOGICAL REF RANGES

METHOD

MINIOR STANDS

METHOD

Non-Diabetic Level: < 5.7 %

Prediabetic Level: 5.7-6.4 %

Diabetic Level: >/= 6.5 %

Estimated Average Glucose 114.0 mg/dL Calculated

(eAG),EDTA WB

#### Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

# **Clinical Significance:**

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

# **Test Interpretation:**

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

## Factors affecting HbA1c results:

**Increased in:** High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, plenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach □s interpretation of diagnostic tests 10th edition.



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Lab No. : 393786863 Age : 34 Years
Ref By : SELF Gender : Male

Collected : 08/03/2025 08:55:00AM Reported : 8/3/2025 6:45:08PM

A/c Status : P

Collected at : WALKIN - MALAD WEST (MAIN CENTRE)

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400064

# <u>Aerfocami Healthcare Below 40 Male/Female</u> <u>LIPID PROFILE</u>

Report Status : Interim

: ANDHERI LAB

Processed at

<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGES</b>	<u>METHOD</u>
CHOLESTEROL, Serum	149	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	110	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL Serum	37	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	112	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL Serum	90	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL Serum	22	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4	0 - 4.50 RATIO	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	2	0 - 3.50 RATIO	Calculated

# Reference:

- 1) Executive Summary of the Third Report of the National Cholesterol Education Program (NCEP) Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III).
- 2) Pack Insert.



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Lab No. : 393786863 Age : 34 Years
Ref By : SELF Gender : Male

Collected : 08/03/2025 08:55:00AM Reported : 8/3/2025 6:45:08PM

A/c Status : P

Collected at : WALKIN - MALAD WEST (MAIN CENTRE)

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# <u>Aerfocami Healthcare Below 40 Male/Female</u> <u>THYROID FUNCTION TESTS</u>

Report Status : Interim

Processed at : ANDHERI LAB

PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGES	<b>METHOD</b>
Free T3, Serum	5.35	3.50 - 6.50 pmol/L	ECLIA
Free T4 Serum	14.00	11.50 - 22.70 pmol/L	ECLIA
sensitiveTSH Serum	5.31	0.35 - 5.50 microIU/ml	ECLIA

## Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

## **Clinical Significance:**

- 1. TSH Values between high abnormal upto15 microlU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2. TSH values may be trasiently altered becuase of non thyroidal illness like severe infections,liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with   thyroxine, drugs like amiodarone recovery phase of   nonthyroidal illness, TSH Resistance
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio liodine Rx, post thyroidectomy, anti thyroid drugs, styrosine kinase inhibitors & amiodarone amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	нigh	Hyperthyroidism, Graves disease,toxic multinodular    goiter,toxic adenoma, excess iodine or thyroxine    intake, pregnancy related (hyperemesis gravidarum    hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism,recent Rx for hyperthy-  roidism, drugs like steroids & dopamine, Non  thyroidal illness.
Low	Low	Low   	Central Hypothyroidism, Non Thyroidal Illness,   Recent Rx for Hyperthyroidism.
High	Нigh	High	Interfering anti TPO antibodies,Drug interference:    Amiodarone,Heparin, Beta Blockers, steroids & anti    epileptics.

**Diurnal Variation:** TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%



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Lab No. : 393786863 Age : 34 Years
Ref By : SELF Gender : Male

Collected : 08/03/2025 08:55:00AM Reported : 8/3/2025 6:45:08PM

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Collected at : WALKIN - MALAD WEST (MAIN CENTRE)

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400064

# <u>Aerfocami Healthcare Below 40 Male/Female</u> <u>THYROID FUNCTION TESTS</u>

Report Status : Interim

: ANDHERI LAB

Processed at

PARAMETER RESULTS BIOLOGICAL REF RANGES METHOD

(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

#### Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results.this assay is designed to minimize interference from heterophilic antibodies.

#### Reference:

- 1. O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4. Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)





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Ref By : SELF Gender : Male

Collected : 8/3/2025 8:55:00AM Reported : 8/3/2025 6:45:21PM

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400064



PARAMETER RESULTS

ABO GROUP B

Rh Typing POSITIVE

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

## Clinical significance:

ABO system is most important of all blood group in transfusion medicine

### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the
  first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of
  adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

## Refernces:

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia







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400064

Age : 34 Years Gender : Male

Reported : 8/3/2025 6:45:32PM

Report Status : Interim

Processed at : ANDHERI LAB



## **URINE EXAMINATION REPORT**

PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Yellow	Pale Yellow	Light scattering
Transparency	CLEAR	Clear	Light scattering
CHEMICAL EXAMINATION			
Specific Gravity	1.02	1.002-1.035	Refractive index
Reaction (pH)	5.0	5-8	pH Indicator
Proteins	Absent	Absent	Protein error principle
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Negative	Negative	Griess Test
MICROSCOPIC EXAMINATION			
(WBC)Pus cells / hpf	1.7	0-5/hpf	
Red Blood Cells / hpf	0.00	0-2/hpf	
Epithelial Cells / hpf	0.9	0-5/hpf	
Hyaline Casts	0.00	0-1/hpf	
Pathological cast	0.00	0-0.3/hpf	
Calcium oxalate monohydrate crystals	0.00	0-1.4/hpf	
Calcium oxalate dihydrate crystals	0.00	0-1.4/hpf	
Triple Phosphate crystals	0.00	0-1.4/hpf	
Uric acid crystals	0.00	0-1.4/hpf	
Amorphous debris	Absent	Absent	
Bacteria / hpf	32.80	0-29.5/hpf	
Yeast	Absent	Absent	

## Kindly rule out contamination.

**Note:** Microscopic examination is performed by Automated Cuvette based technology. All the Abnormal results are confirmed by reagent strips and Manual method. The Microscopic examination findings are mentioned in decimal numbers as they are the arithmetic mean of the multiple fields scanned using microscopy.

Reference: Pack Insert.



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400064

Age : 34 Years Gender : Male

Reported : 8/3/2025 6:45:32PM

Report Status : Interim

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# **URINE EXAMINATION REPORT**

PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD



Dr Jyot Thakker MD,DPB Pathology Head - Lab Operations





400064

Lab No. : 393786863 Age : 34 Years
Ref By : SELF Gender : Male

Collected : 8/3/2025 8:55:00AM Reported : 8/3/2025 6:45:42PM

A/c Status : P Report Status : Interim

102, Bhoomi Castle, Opp. Goregaon Sports Club

Collected at : WALKIN - MALAD WEST (MAIN CENTRE) Processed at : WALKIN - MALAD WEST (MAIN CENTRE)

102, Bhoomi Castle, Opp. Goregaon Sports

Link Road, Malad West, Mumbai, Maharashtra - Club, Link Road, Malad West, Mumbai,

Maharashtra - 400064

# Aerfocami Healthcare Below 40 Male/Female EXAMINATION OF FAECES

PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD

**PHYSICAL EXAMINATION** 

EXAMINATION OF FAECES Sample Not Received

**CHEMICAL EXAMINATION** 

**MICROSCOPIC EXAMINATION** 



Result/s to follow:

FUS and KETONES, Glucose & Ketones, Urine

# IMPORTANT INSTRUCTIONS

The published test results relate to the submitted specimen. All test results are dependent on the quality of the sample received by the laboratory. Laboratory tests should be clinically correlated by a physician and are merely a tool to help arrive at a diagnosis. Unforeseen circumstances may cause a delay in the delivery of the report. Inconvenience is regretted. Certain tests may require further testing at an additional cost for derivation of exact value. Kindly submit the request within 72 hours post-reporting. The Court/Forum at Mumbai shall have exclusive jurisdiction in all disputes/claims concerning the test(s) & or results of the test(s). Test results are not valid for medico-legal purposes. This computer-generated medical diagnostic report has been verified by a doctor or an authorized medical professional. A physical signature is not required for this report. (#) sample drawn from an external source.

If test results are alarming or unexpected, the client is advised to contact customer care immediately for possible remedial action.
Tel: 022-61700000, Email: <a href="mailto:customerservice@suburbandiagnostics.com">com</a> <a href="mailto:customerservice@suburbandiagnostics.com">customerservice@suburbandiagnostics.com</a>

West Reference Lab, Mumbai, is a CAP (8036028) Accredited laboratory.



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# ભારત સરકાર Government of India

# ભારતીય વિશિષ્ટ ઓળખાણ પ્રાધિકરણ Unique Identification Authority of India

लामोडल इम aivai/ Enrolment No.: 0648/50328/07398

To altera filari Kaushal Mishra C/O: Pawan Mishra. E-502 Dhanvihar Residency. Opp Devnandan Sky. Chandkheda,

Chandkheda, VTC: Ahmedabad, PO: Chandkheda, Sub District Ahmedabad City, District Ahmedabad, State: Gugarat, Piki Code: 382424, Mobile: 7011871030







તમારી આધાર નંબર / Your Aadhaar No. :

5956 0399 5731 VID: 9143 7154 7752 5031

મારો આધાર, મારી ઓળખ







कोशल विश्वा Kaushal Mishra ७०५ वारीन/DDB: 06/06/1990 पुरुषर्ग MALE

## 5956 0399 5731

મારો આધાર, મારી ઓળખ







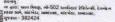
## माहिली / INFORMATION

- બાધાર એ ઓળખનો પુરાવી છે. નાચરિકતા કે જન્મતારીખનો નહીં. જન્મ તારીખ આધાર નંબર ધારક દ્વારા જમા કરાયેલ નિયમોમાં ઉલ્લેખિત, જન્મ તારીખના દસ્તાવેજના પુરાવા દ્વારા આધારભૂત માહિતી પર આધારિત છે.
- માં આવ્યા પાત્ર કરવા દુવાના હુવા વાંચાવ્યું તમાણતા ધર ભાવાસ્તર છ એ આ આદા પાત્ર વાંચા આવશે છે. આ છે. ડી. એ આઇ દ્વારા નિયુક્ત પ્રમાણીકાય મેજબરી દ્વારા ઓનલાઇન પ્રમાણીકાય દ્વારા અથવા અવિક્રેશન સ્ટોર્સ પર ઉપલબ્ધ એમબાવાદ અથવા આવત ક્યુંઆર સ્કેનર એપ્લિકેશનની ઉપયોગ કરીને અથવા અભ્યાત્વેલા તુંઆપાર ઇંધાવ્યા સુધિત ક્યુંઆર કોક રોક્ટ એપ્લિકેશનની ઉપયોગ કરીને ક્યુંઆર કોક સ્ક્રેનીંગ દ્વારા થવી જોઈએ
- आधार अनन्य अने सुरक्षित छे.
- બાધાર માટે નોંધખીની તારીખથી દર 10 વર્ષ પછી ઓળખ અને સરનામાને સમર્થન આપતા દસ્તાવેજો આધારમાં અપડેટ થવા જોઈએ.
- આધાર તમને વિવિધ સરકારી અને બિન-સરકારી વામો/સેવાઓને સરળતાથી મેળવવામાં મદદ કરે છે.
- આવારમાં તમારો મોબાઇલ નંબર અને ઇમેલ આઇડી અપડેટ રાખો.
- આપાર સેવાઓનો લાભ થેવા માટે mAndroor એપ ડાઉનથો ડ કરો.
   આપાર તેવાઓની લાભ થેવા માટે mAndroor એપ ડાઉનથો ડ કરો.
   આવાર/બાર્યોમેટ્રિક્સનો ઉપયોગ ન કરતી વખતે સુરક્ષા સુનિશ્ચિત કરવા માટે આવારને બંધ કરો/ખોશો/બાર્યોમેટ્રિક્સની સુનિશ્યાનો ઉપયોગ કરો.
- અધાર મેળવવાની સંસ્થાઓ સંમતિ મેળવવા માટે બંધાયેલી છે.
- Ancharia report of diseating not of citizenship or date of barin (DOB). DOB is based on information supported by proof of DOB document specified in regulations, substituted by Anahara number holds.

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# ભારતીય વિશિષ્ટ ઓળખણ પ્રાપ્તિકરણ Unique Identification Authority of India



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# **PHYSICAL EXAMINATION FORM**

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ration Name: Naushal Mush	Sex/Age:
Lab No: 393786863	Date: 08 05 28
History and Complaints:	)
EXAMINATION FINDINGS:	
Height: 75	Temp: Alebri le
Weight: 95	Skin: Normal
Blood Pressure: 120 8 h	Nella N. I

Lymph Node: Not. Polpable

# Systems

Pulse:

Cardiovascular:	NAO	
Respiratory:	NAD	
Genitourinary:	NAD	3
GI System:	NAD	
CNS:	NAD	

# **IMPRESSION:**

**ADVICE:** 

Regular exercise



# **CHIEF COMPLAINTS:**

1	Hypertension:	No	
2	IHD	NO	
3	Arrhythmia	No	
4	Diabetes Mellitus	No	V
5	Tuberculosis	NO	
6	Asthama	No	
7	Pulmonary Disease	No	
8	Thyroid/ Endocrine disorders	ND	
9	Nervous disorders	No	
10	GI system	ND	
11	Genital urinary disorder	ND	
12	Rheumatic joint diseases or symptoms	No	
13	Blood disease or disorder	No	
14	Cancer/lump growth/cyst	Nn	
15	Congenital disease	No	
16	Surgeries	ND	

# **PERSONAL HISTORY:**

Alcohol	NO.
Smoking	No
Diet	Mixed.
Medication	NO.

Dr. SONALI HONRAC MD PHYSICIAN

REG. NO. 2001/04/1882

DR. SONALI HONRAO

**MD PHYSICIAN** 

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REG. NO. 2001/04/1882

SUBURSAN DIASMOSTICS (MOVA) PVT. LTD.

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# SUBURBAN DIAGNOSTICS - MALAD WEST

PRECISE TESTING . HEALTHIER LIVING **JRBAN** 

> Patient ID: Patient Name: KAUSHAL MISHRA 393786863

> > Date and Time: 8th Mar 25 10:04 AM

years months

175 cm 85 kg

110/80 mm]

NA

94ms

408ms

390ms

NA 30° 10° 116ms

25.0 mm/s 10.0 mm/mV aVF aVL aVF V1 12  $\sqrt{3}$ Tridog Healt gnts 46 75 P-R-T: Others: Resp: Spo2: Pulse: Height: Weight: Age QTcB: QT: QRSD: Patient Vitals PR: Heart Rate 66bp1 Gender Male Measurements 34

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG. and results of other invasive non-invasive tests and must be inte

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

DR SONALI HONRAO MD (General Medicine) Physician 2001/04/1882 REPORTED BY



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Date:-	08	03	2	5	11			
Name:-	7/-	hich	10	-	1	15	hua	,

CID:

Sex / Age:

EYE CHECK UP

Chief complaints:

Systemic Diseases:

Past history:

Unaided Vision: DV- RE-6 6 NV-RE-M 6
Aided Vision: LC-6 6 LE-M 6

Refraction:

(Right Eye)

(Left Eye)

	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance						11-15		3
Near	<							

Colour Vision Normal Abnormal

Remark:

SUBURBLY DIACKORTOS (ALTUM CATURA) 102-104, Bhoomi C. Opp. Gerageon Span. Link Road, Indiad (19), Markhar - 400 304.



CID

: 393786863

Name

: Mr. KAUSHAL MISHRA

Age / Sex

: 34 Years/Male

Ref. Dr

Reg. Location

.

: Malad West Main Centre

Reg. Date

: 08-Mar-2025

Reported

: 08-Mar-2025 / 16:33

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# X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

# **IMPRESSION:**

# NO SIGNIFICANT ABNORMALITY IS DETECTED.

# Kindly correlate clinically.

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. X- ray is known to have interobserver variations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests further / follow-up imaging may be needed in some case for confirmation of findings. Please interpret accordingly.

----End of Report----

Dr. Sunil Bhutka DMRD DNB

Dri 1

MMC REG NO:2011051101

Click here to view images << ImageLink>>

Page no 1 of 1



CID : 393786863

Name : Mr. KAUSHAL MISHRA

Age / Sex : 34 Years/Male

Ref. Dr : unknown Reg. Date : 08-Mar-2025

Reg. Location : Malad West Main Centre Reported : 08-Mar-2025 / 10:12

# **USG WHOLE ABDOMEN**

# LIVER:

The liver is normal in size, shape and smooth margins. It shows diffuse bright parenchymal echo pattern s/o fatty liver. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

# GALL BLADDER:

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen

# **PANCREAS:**

The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

# KIDNEYS:

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures 10.0 x 4.2 cm.

Left kidney measures 9.8 x 5.2 cm.

## SPLEEN:

The spleen is normal in size and echotexture. No evidence of focal lesion is noted.

There is no evidence of any lymphadenopathy or ascites.

# **URINARY BLADDER:**

The urinary bladder is well distended and reveal no intraluminal abnormality.

# **PROSTATE:**

The prostate is normal in size and measures 4.1 x 3.0 x 2.7 cm volume is 17.8 cc.

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CID

: 393786863

Name

: Mr. KAUSHAL MISHRA

Age / Sex

: 34 Years/Male

Ref. Dr

: unknown

Reg. Location

: Malad West Main Centre

Reg. Date

: 08-Mar-2025

Reported

: 08-Mar-2025 / 10:12

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# IMPRESSION:

Fatty liver.

No other significant abnormality is seen.

# Suggestion: Clinicopathological correlation.

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further / Follow-up imaging may be needed in some case for confirmation of findings. Patient has been explained in detail about the USG findings including its limitations and need for further imaging if clinically indicated. Please interpret accordingly.

-----End of Report-----

Dr. Sunil Bhutka DMRD DNB

MMC REG NO:2011051101

SUBURBAN DIAGNOSTICS

Station

Malad West

Telephone:

# EXERCISE STRESS TEST REPORT

Patient Name: KAUSHAL, MISHRA

Patient ID: 393786863 Height: 175 cm

Weight: 95 kg

Study Date: 08.03.2025 Test Type: --

Protocol: BRUCE

DOB: 06.06.1990 Age: 34yrs

Gender: Male Race: Oriental

Referring Physician: -

Attending Physician: DR SONALI HONRAO

Technician: --

Medications:

Medical History:

Reason for Exercise Test:

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:13	0.00	0.00	83	120/80	
	STANDING	00:05	0.00	0.00	78	120/80	
	HYPERV.	00:07	0.00	0.00	73	120/80	
	WARM-UP	00:07	0.00	0.00	71	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	116	130/80	
	STAGE 2	03:00	2.50	12.00	139	140/80	
	STAGE 3	02:52	3.40	14.00	166	150/80	
RECOVERY		03:09	0.00	0.00	99	150/80	

The patient exercised according to the BRUCE for 8:52 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 84 bpm rose to a maximal heart rate of 169 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

## Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

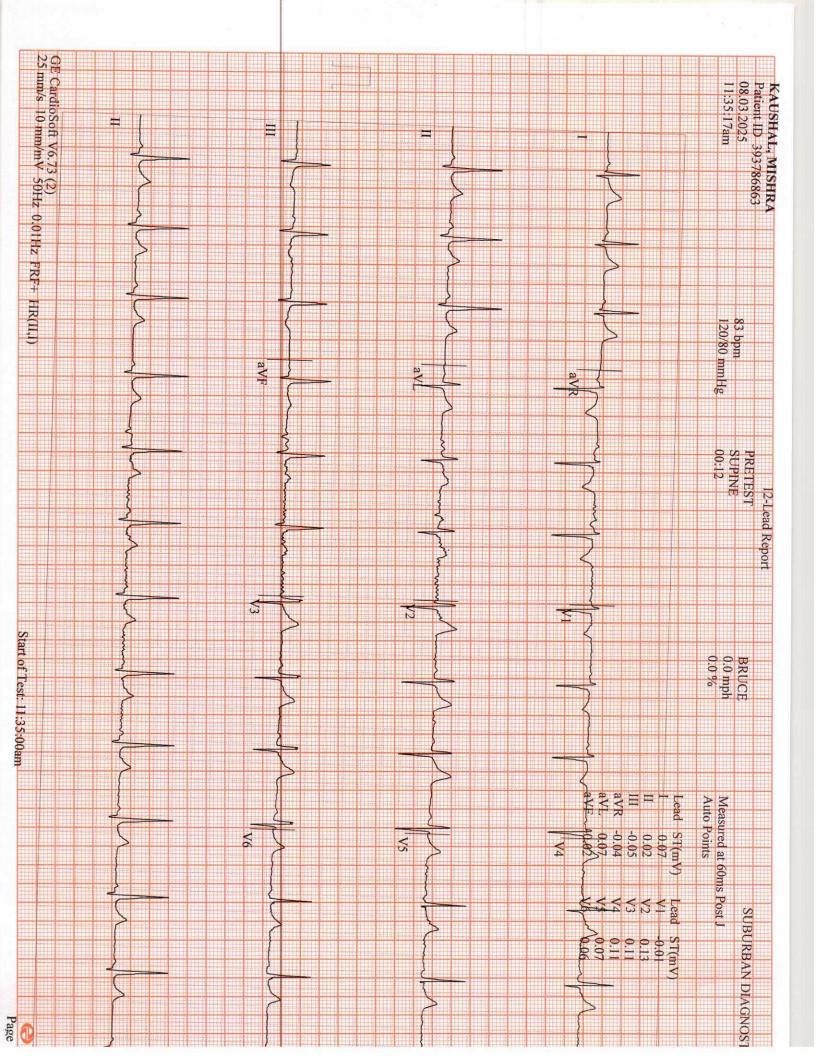
Chest Pain: none. Arrhythmias: none. ST Changes: none.

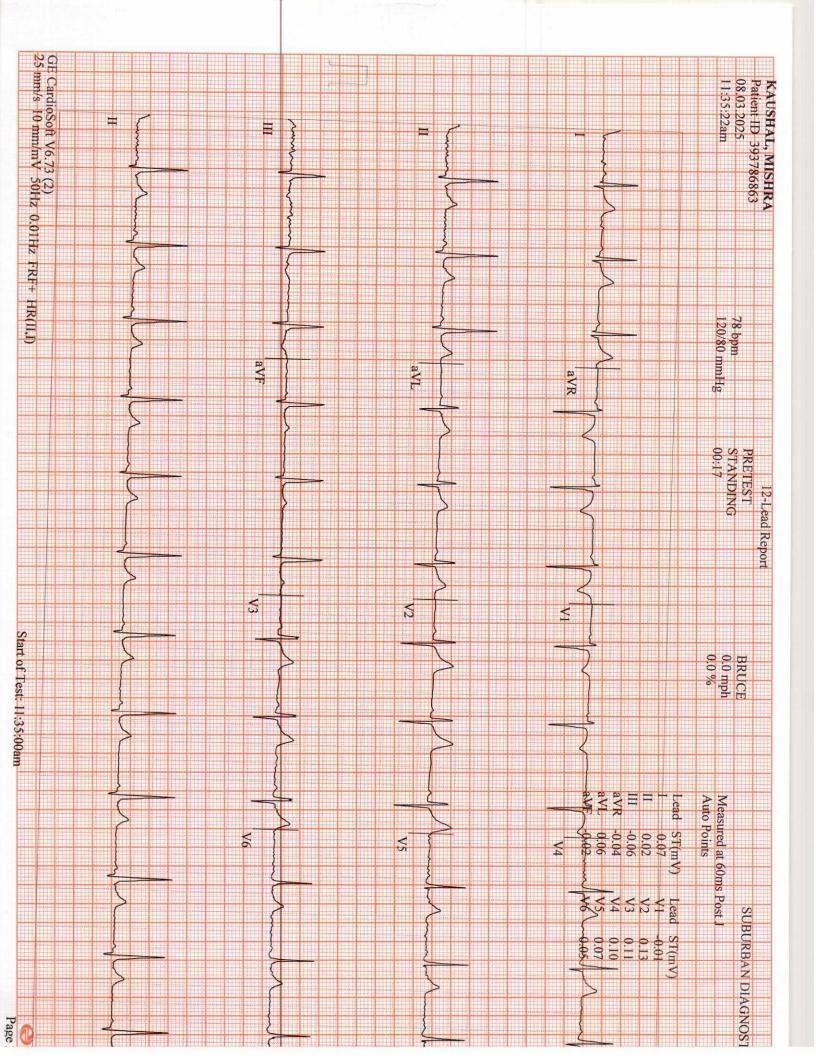
Overall impression: Normal stress test.

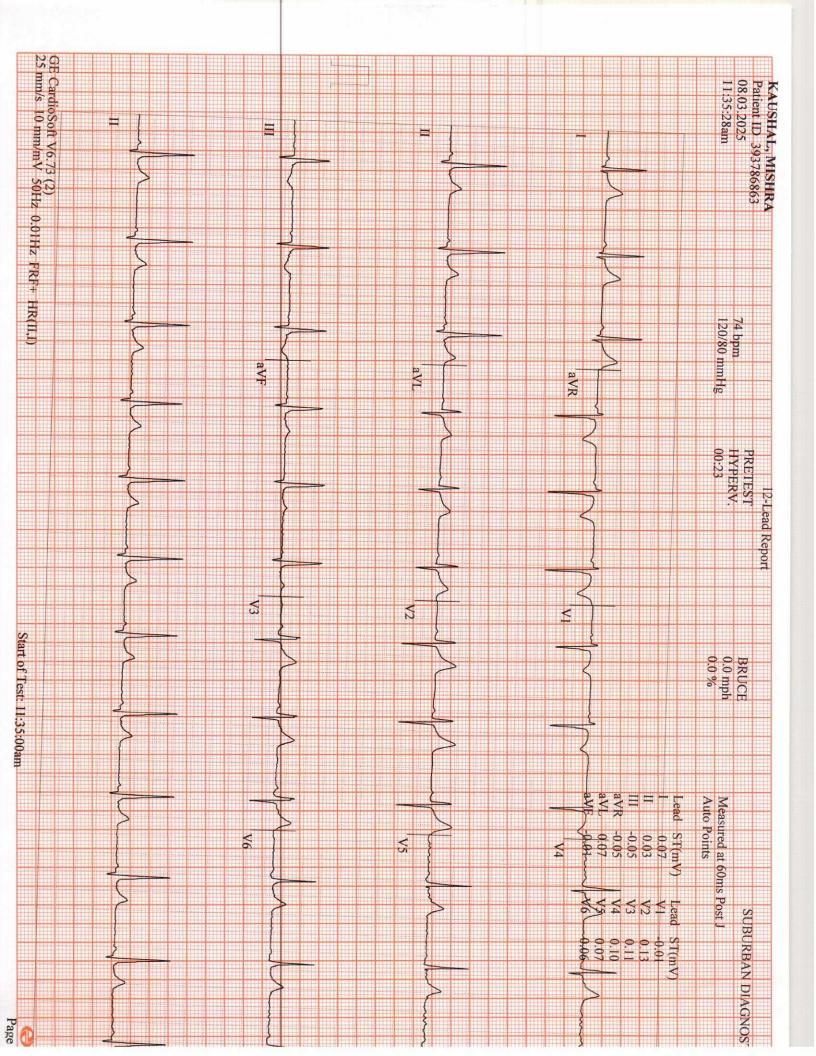
# Conclusions

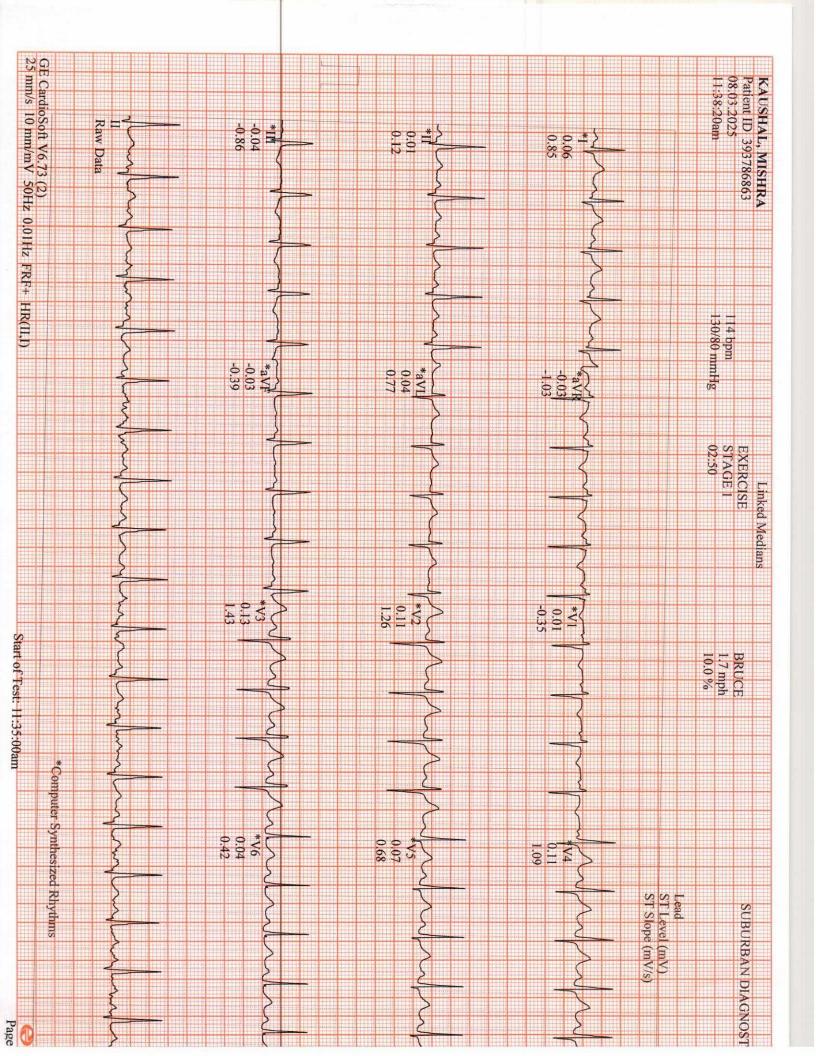
Good effort tolerance. No Significant ST- T changes as compared to baseline. No chest pain / arrythmia noted. Stress test is negative for inducible ischemia.

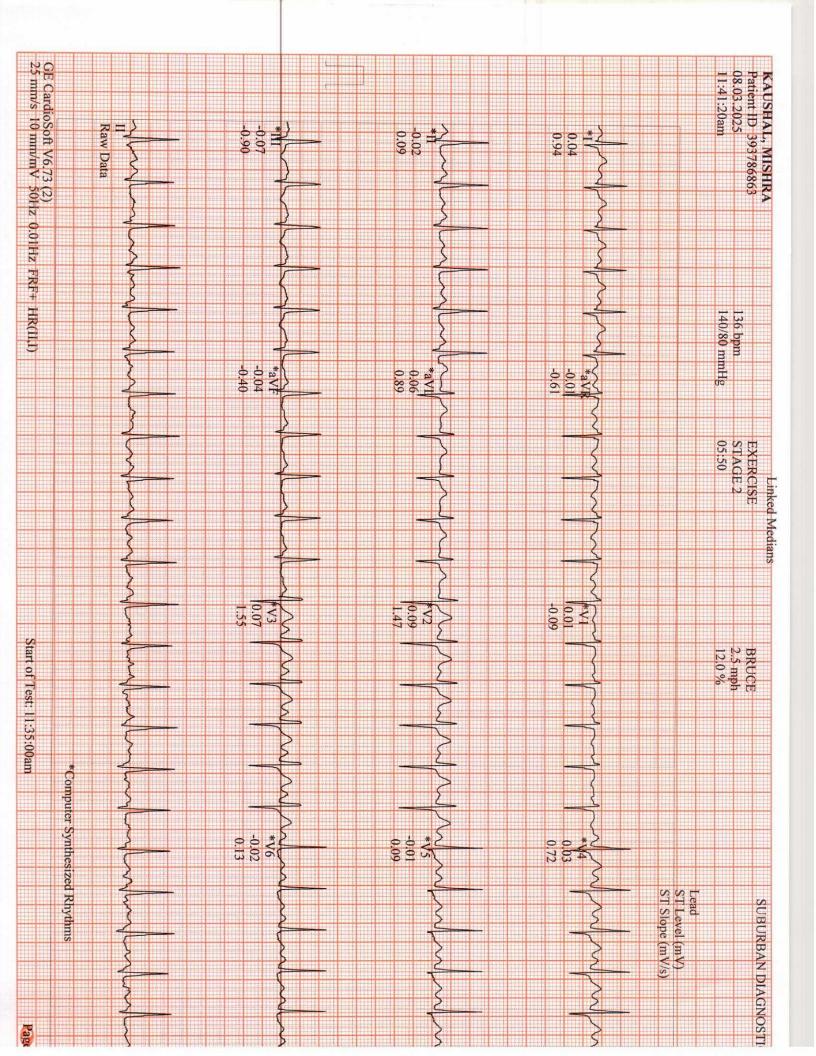
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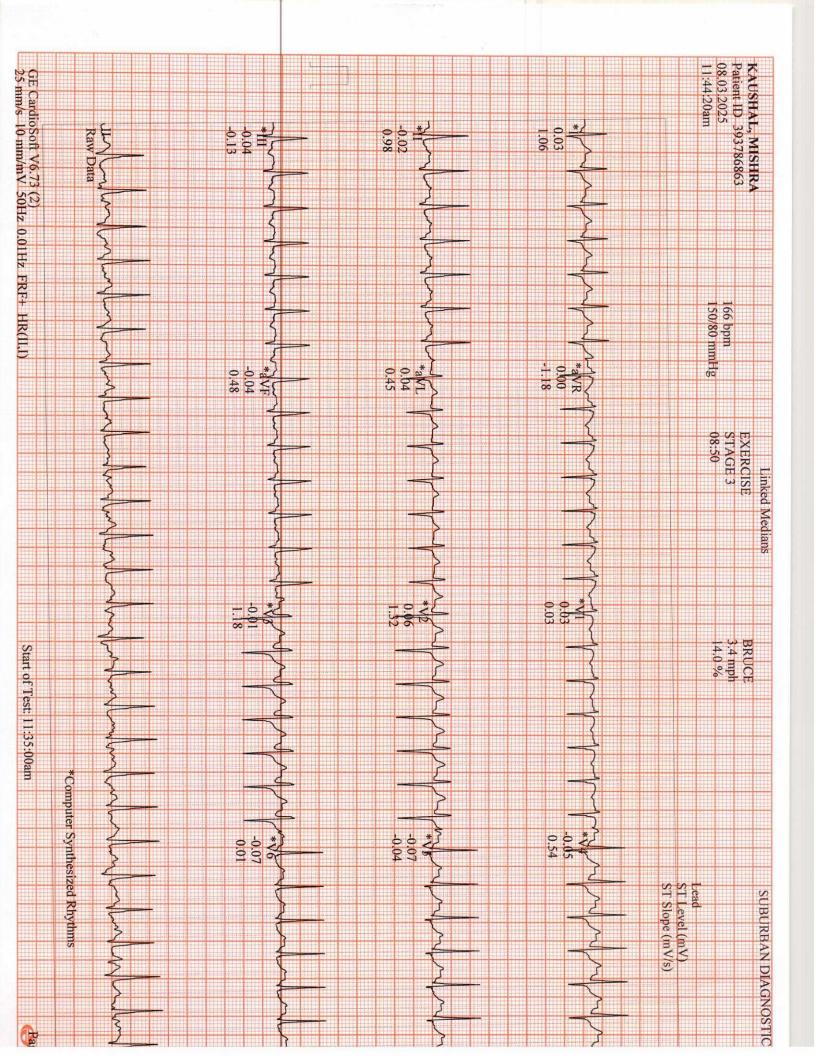












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0ms Post J ) Lead V1	E3 3.4 mph 14.0 %	EXERCISE STAGE 3 08:52	166 bpm 150/80 mmHg	Patient ID 393786863 08.03.2025 11:44:27am

