



To,

The Coordinator,
MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.)

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	RUCHIKA NAYAN
DATE OF BIRTH	11-02-1996
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	22-02-2025
BOOKING REFERENCE NO.	24M104387100149556S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. KUMAR SANJEEV
EMPLOYEE EC NO.	104387
EMPLOYEE DESIGNATION	BRANCH OPERATIONS
EMPLOYEE PLACE OF WORK	JAMTORIA
EMPLOYEE BIRTHDATE	20-02-1988

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **18-02-2025** till **31-03-2025**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM & Marketing Department
Bank of Baroda**



(Note: This is a computer generated letter. No Signature required. For any clarification, please contact MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.))

भारत सरकार
Government of India

आधार

रुचिका नयन
Ruchika Nayan
जन्म तिथि/DOB: 11/02/1996
महिला/ FEMALE

Download Date: 02/10/2021

Issue Date: 25/09/2021

8302 5728 2927
VID : 9122 1265 5399 3415

मेरा आधार, मेरी पहचान

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

आधार

पता:
डी/ओ राजेंद्र प्रसाद, हाउस नं. 47, छत तालाब मार्ग,
मनेतंद, धनबाद, धनबाद,
झारखण्ड - 826001

Address:
D/O RAJENDRA PRASAD, HOUSE NO. 47,
CHHATH TALAB ROAD, MANAITAND,
Dhanbad, Dhanbad,
Jharkhand - 826001

8302 5728 2927
VID : 9122 1265 5399 3415


1947 | help@uidai.gov.in | www.uidai.gov.in




B बैंक ऑफ बड़ोदा
Bank of Baroda

नाम
Name **संजीव कुमार**
SANJEEV KUMAR

कार्यकारी फूट नं.
E.C. No. **104387**



D-K
जारीकर्ता प्राधिकारी
Issuing Authority


धारक के हस्ताक्षर
Signature of Holder

मिलाने पर निम्नलिखित को लौटाएं
मुख्य प्रबंधक (सुरक्षा)
बैंक ऑफ बड़ोदा, अंचल कार्यालय, दक्षिण गुजरात अंचल,
छठा तल, सुरज प्लाजा III, सायाजीगंज,
बड़ोदा - 390 005. गुजरात, भारत.
फोन 91 265-3966681 फैक्स 91 265 3966610

If Found, please return to
Chief Manager (Security)
Bank of Baroda, Zonal Office, South Gujarat Zone,
6th Floor, Suraj Plaza III, Sayajigunj,
Baroda - 390 005. Gujarat. India.
Phone : 91 265 3966681 Fax: 91 265 3966610

Owe **CUT MARK ON RIGHT**
रक्त समूह / Blood Group पड़चाल चिन्ह / Identification Marks **CHEEK**





OUT PATIENT DEPARTMENT

Department of General Medicine

MEDIWHEEL

Regd. No. : MAR23-44294 Visit : OPD/80325/312599
 Patient Name : MRS. RUCHIKA NAYAN Mobile : 7046363163
 Age/Sex : 28 Y 0 M 27 D / Female Date : 8-Mar-2025 2:49 pm
 Address : BOKARO STEEL CITY, BOKARO - Jharkhand , INDIA
 Doctor : Dr. Pankaj Kumar MBBS, DNB (Medicine) Senior Consultant OPD Timing :
 Referred By :
 Allergies : none Height : Ft In Temp. : 97.3 F SPO2 : 99 %
 Weight : 54 Kg Pulse : 67 BPM B.P. : 90/80 mm/Hg

History and complaints :

Examination:

Examination done

Diagnosis:

*USG CWLAs
 Es. Int. nura fibrosid*

Investigations:

Medicines Prescribed:

*Dele
 Gynecology Consultancy*

Follow up:

Days

Advice
(Diet/ Lifestyle / Rehab)

Date :

Time :

Signature of Doctor

*Prescription to be valid for 7 Days and one follow-up consultation only.

*This document is not valid for Medico-Legal purposes.



Rate 65 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Borderline right axis deviation.....
 . Baseline wander in lead(s) II,III,aVL,aVF,V2

PR 130
 QRS 89
 QT 372
 QTc 387

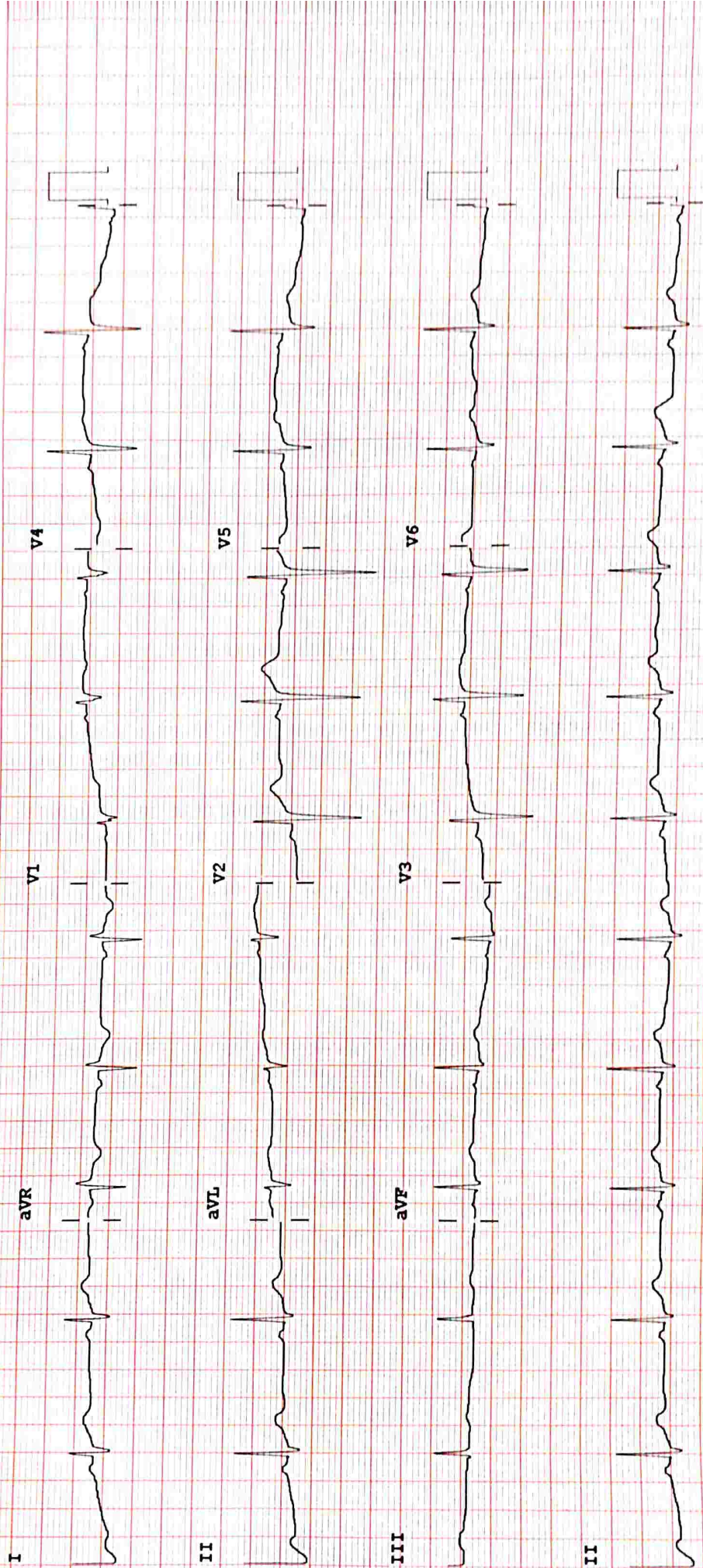
--AXIS--

P 39
 QRS 94
 T 59

12 Lead; Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis

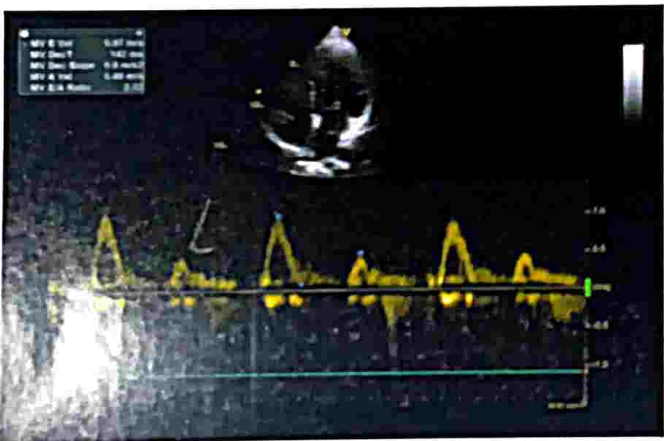
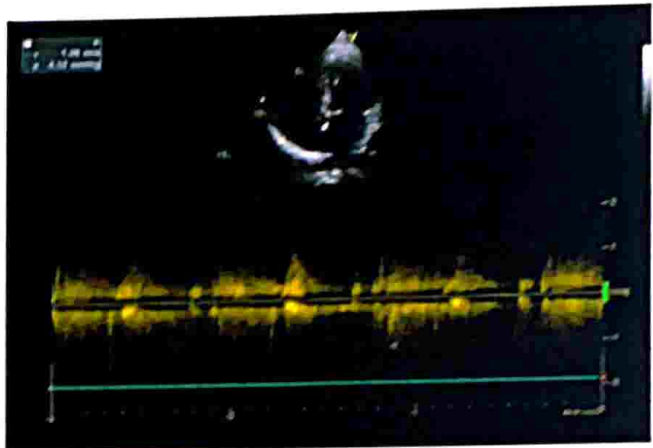
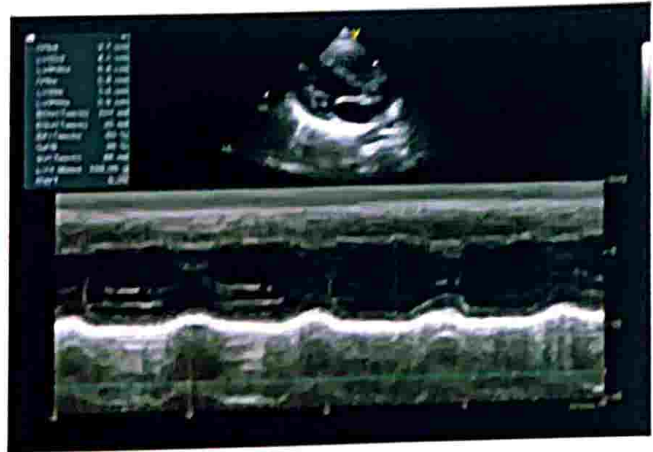


Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 50~ 0.15-100 Hz 100B CL P?

ASARFI INSTITUTE OF CARDIAC SCIENCES

Name : MRS RUCHIKA NAYAN
Patient Id : 44294

Date : 08/03/2025



REPORT

ECHOCARDIOGRAPHY REPORT

Name: MRS RUCHIKA NAYAN

Age: 28

Sex: Female

Date: 08/03/2025

2D & M-MODE MEASUREMENTS

LA Diam	2.8 cm
Ao Diam	2.4 cm
IVSd	0.7 cm
LVIDd	4.7 cm
LVPWd	0.6 cm
IVSs	0.8 cm
LVIDs	3.0 cm
LVPWs	0.9 cm

2D & M-MODE CALCULATIONS

EDV(Teich)	101 ml
ESV(Teich)	35 ml
EF(Teich)	65 %
%FS	36 %
SV(Teich)	66 ml
LVd Mass	108.00 g
RWT	0.26

MITRAL VALVE

MV E Vel	0.97 m/s
MV DecT	142 ms
MV Dec Slope	6.9 m/s ²
MV A Vel	0.48 m/s
MV E/A Ratio	2.02

AORTIC VALVE

AV Vmax	1.06 m/s
AV maxPG	4.52 mmHg

TRICUSPID VALVE

PV Vmax	1.06 m/s
PV maxPG	4.52 mmHg

PULMONARY VALVE

COMMENTS:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- GOOD LV SYSTOLIC FUNCTION (EF-63%)
- NORMAL MITRAL INFLOW PATTERN
- NO MR, NO AR, NO TR
- IAS, IVS INTACT
- NO CLOT PE
- IVC NORMAL

IMPRESSION:

- NORMAL ECHO STUDY

DR.S.H CHAVAN
(CONSULTANT CARDIOLOGIST)

TECH. SIG





RADIOLOGY REPORT

Reg. No.	44294 (OPD)	Ref. Dr.	SELF
Name	MRS. RUCHIKA NAYAN	Study	USG WHOLE ABDOMEN
Age & Sex	28Y /F	Reporting Date	08.03.2025

USG WHOLE ABDOMEN

- LIVER** : Liver is normal in size (13 cm), shape & echotexture. No obvious focal lesion is seen. IHBR are not dilated.
- GALL BLADDER** : GB is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- CBD** : CBD is normal in course & caliber.
- PORTAL VEIN** : Portal vein is normal in course & caliber.
- PANCREAS** : Pancreas is normal in size, shape & echotexture. Peripancreatic soft tissues appear normal. MPD is not dilated.
- SPLEEN** : Spleen is normal in shape, size & echotexture. It measures 9.2 cm in size.
- KIDNEYS** : The right kidney measures 9.3 x 3.9 cm. The left kidney measures 9.7 x 4.9 cm. Both kidneys are normal in shape, size & position. The pelvicalyceal system is normal. Corticomedullary differentiation is maintained. No focal lesion is seen.
- URINARY BLADDER** : Urinary bladder is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- UTERUS** : Uterus is normal in size, shape & echotexture. It measures 8.2 x 4.0 x 4.8 cm. Endometrium is central and measures 10 mm. **Presence of 10 x 10 mm well defined hypoechoic lesion noted in the posterior wall of myometrium of uterus.**

Findings are suggestive of intramural fibroid (FIGO-IV) appears likely.



Typed by: Anjan

24 HOUR EMERGENCY

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RADIOLOGY REPORT

OVARIES

: Right ovary is bulky & measures 2.6 x 2.1 x 3.6 cm (Vol-11 cc).

Presence of multiple small peripheral arranged follicles are seen in right ovaries. Stroma is thickened and echogenic.

Advice LH, FSH, Total testosterone, androstenedione, TSH and Prolactin correlation on Day 2 of menstrual cycle.

Left ovary volume-8 cc.

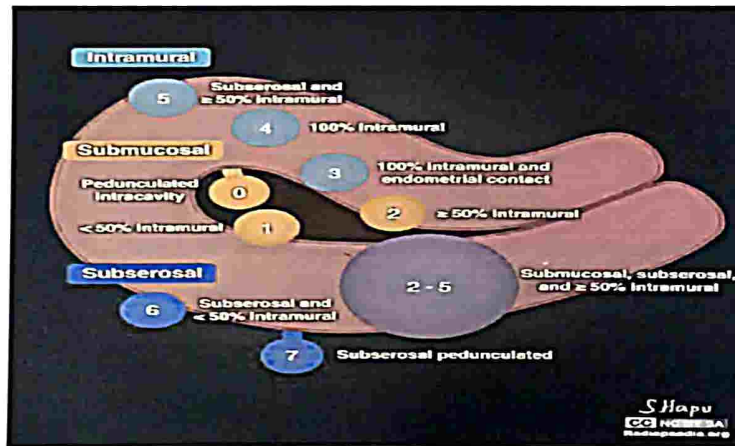
OTHERS

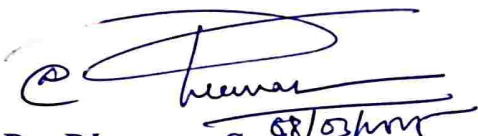
: No retroperitoneal lymphadenopathy is seen.

IMPRESSION

- : • Intramural fibroid (FIGO-IV) in posterior wall of myometrium of uterus as described above.
- Polycystic ovarian morphology in right ovary as described above.

Advice LH, FSH, Total testosterone, androstenedione, TSH and Prolactin correlation on Day 2 of menstrual cycle.




Dr. Dheeman Sarkar
 M.B.B.S, M.D (RADIODIAGNOSIS)
 Radiology Consultant

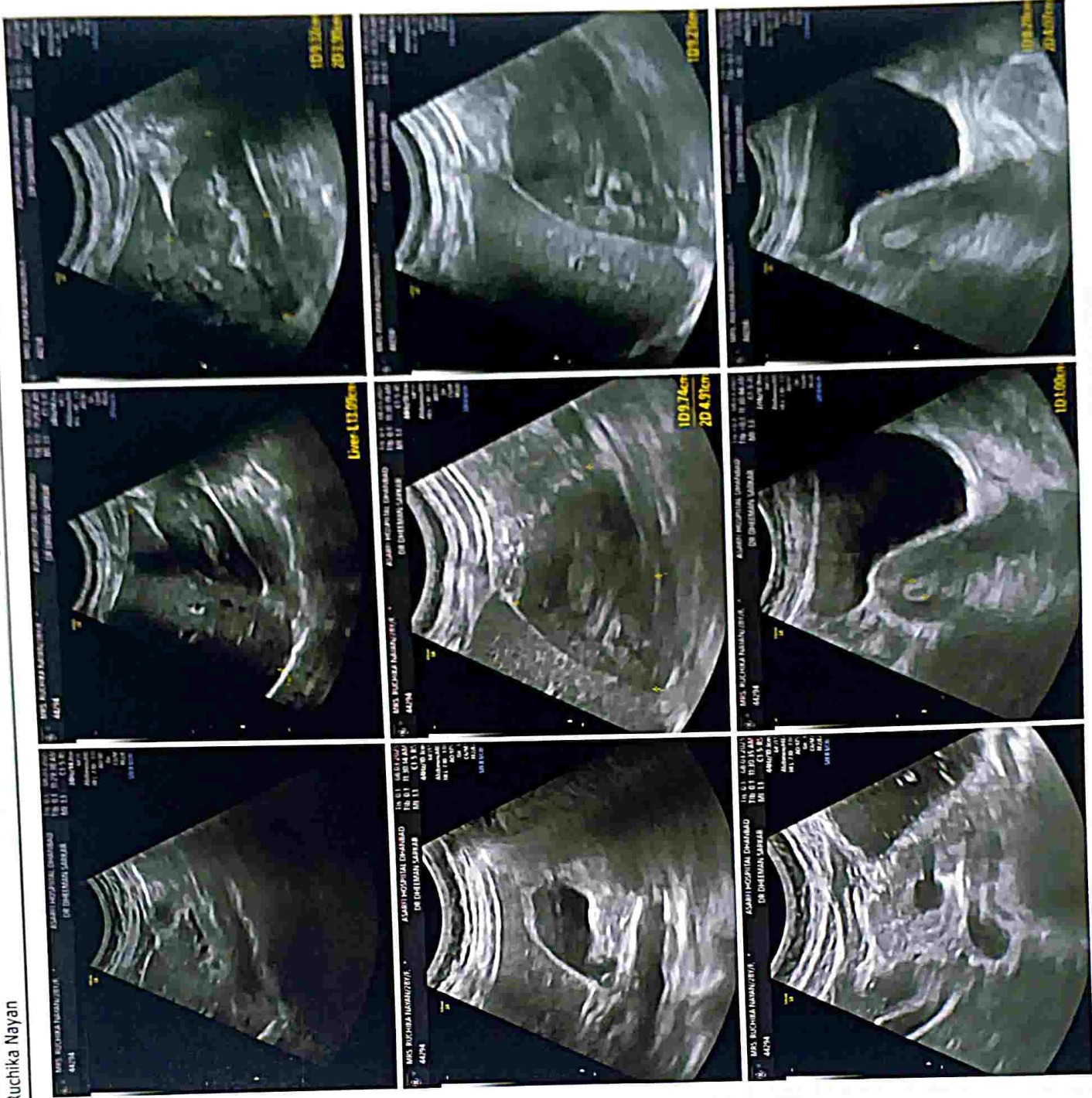
Asarfi Hospital

Baramuni, B.Polytechnic, Dharwad, Maharashtra - 828130

Date: 08-Mar-20

Name: Mrs. Ruchika Nayan

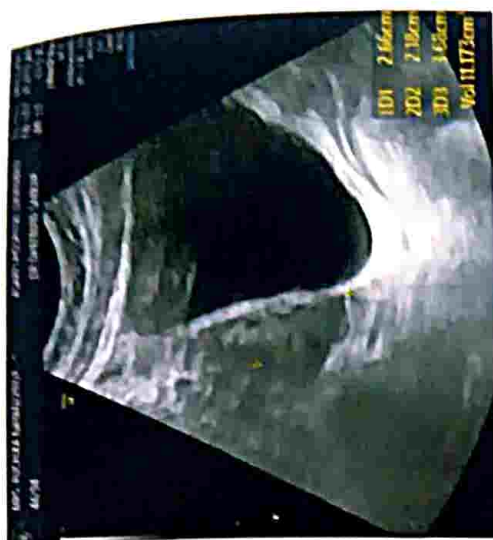
Age: 28 Y



Name: Mrs . Ruchika Nayan

Age: 28 Y

Dr. Nayan





असर्फी हॉस्पिटल
सबके लिए स्वास्थ्य

Baramuri, P.O. - Bishunpur Polytechnic, Dhanbad (Jharkhand) - 828130
Regd. Office : Phularitand, Kharkaree, Dhanbad (Jharkhand) - 828125
Mob.: 78083 68888
CIN : U85110JH2005PLC011673

RADIOLOGY REPORT

Patient Name :	MRS.RUCHIKA NAYAN	Patient ID :	44293
Modality :	DX	Sex :	F
Age :	28Y	Study :	CXR
Reff. Dr. :	DR.SELF	Study Date :	08-03-2025

X-RAY OF CHEST PA VIEW

Findings:

- No lung parenchymal lesion is seen.
- Both costo-phrenic angles are clear.
- Cardio thoracic ratio within normal limit.
- Both the hila are normal.
- Both domes of diaphragm are normal in shape and position.
- Trachea is at midline.

IMPRESSION: Skiagram does not reveal any abnormality.

Clinical correlation and other investigation suggested if clinically indicated.

Preetam Debasish Panda

Dr. Preetam Debasish Panda

MD (Radio diagnosis)

Registration No. 12-46299



Disclaimer: - It is an online interpretation of medical imaging based on clinical data. All modern machines/ procedures have their own limitation. If there is any clinical discrepancy, this investigation may be repeated or reassessed by other tests. Patient's identification in online reporting is not established, so in no way can this report be utilized for any medico legal purpose.



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FINAL REPORT

Name : MRS. RUCHIKA NAYAN
Reg. No. : MAR23-44294
Age / Sex : 28 Y O M 27 D / Female
Doctor : Self-Walkin
Pat. Type : TPA (Cashless Category)



Collection Time : 08-03-2025 11:56:33
Receiving Time : 08-03-2025 11:57:39
Reporting Time : 08-03-2025 13:20:02
Publish Time : 08-03-2025 2:49 pm

Test Name	Result	Flag	Unit	Reference Range
Biochemistry				
Creatinine, Serum				
Method Enzymatic				
Creatinine, Serum	0.6		mg/dl	0.6-1.4
				Machine Name XL640
Uric Acid, Serum				
Method Enzymatic				
Uric Acid, Serum	4.4		mg/dl	3.4-7.0
				Machine Name XL640
Blood Urea Nitrogen (BUN)				
Method Calculated				
Blood Urea Nitrogen (BUN)	11.4		mg/dl	07-21
				Machine Name XL640
LIPID PROFILE, SERUM				
Method Spectrophotometry				
Triglycerides (Enzymatic)	55.0		mg/dl	Normal: <150 Borderline-high: 150-199 High risk 200-499 Very high risk >500
				Machine Name XL640
Cholesterol, Total (CHOD/PAP)	129.0		mg/dl	<200 No risk 200-239 Moderate risk >240 High risk
VLDL Cholesterol (Calculated)	11		mg/dl	0-30
HDL Cholesterol (Enzymatic)	51.0	L	mg/dl	<40 High Risk ; >60 No Risk




DR N N SINGH
MD (PATHOLOGY)

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Page 1 of 9

Condition of Laboratory Testing & Reporting

(1) It is presumed that the test(s) performed are on the specimen(s) /Sample(s) belonging to the patient named or identified and the verification of the particulars have been carried out by the patient or his/her representative at the point of generation of the said specimen(s)/ Sample(s)(2) Laboratory investigations are only tool to facilitate in arriving at diagnosis and should be clinically correlated. (3) Tests results are not valid for medico legal Purposes. (4) Test requested might not be performed due to following Reason: (a)Specimen received is insufficient or inappropriate. (haemolysed/clotted/lipemic etc.) (b)Incorrect specimen type for requested test. (c)Specimen quality is unsatisfactory. (d) There is a discrepancy between the label on the specimen container and the Name on the test requisition form. (5) The Results of the Test May vary from lab and also from time to time for the same patient. (6) The results of a laboratory test are dependent on the quality of the sample as well as the assay technology. (7) In case of queries or unexpected test results please call at +91 9297862282, Email-labasarfi@gmail.com

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FINAL REPORT

Name : MRS. RUCHIKA NAYAN
Reg. No. : MAR23-44294
Age / Sex : 28 Y 0 M 29 D / Female
Doctor : Self-Walkin
Pat. Type : TPA (Cashless Category)



Collection Time : 08-03-2025 11:56:33
Receiving Time : 08-03-2025 11:57:39
Reporting Time : 08-03-2025 13:20:02
Publish Time : 10-03-2025 1:17 pm

Test Name	Result	Flag	Unit	Reference Range
Liver Function Test (LFT)				
<i>Method:</i> Spectrophotometry			<i>Machine Name:</i> XL-640	
Bilirubin Total (Diazo)	0.6		mg/dl	0.3-1.2
Bilirubin Direct (Diazo)	0.3	H	mg/dl	0.00-0.2
Bilirubin Indirect (Calculated)	0.3		mg/dl	0.00-1.0
SGPT (IFCC without PDP)	16.0		U/L	7-50
SGOT (IFCC without PDP)	22.0		U/L	5-45
Alkaline Phosphate (PNP AMP Kinetic)	175.5		U/L	70-306
GGT (Enzymatic)	10.0		U/L	0-55
Protein Total (Biuret)	7.6		g/dl	6.4-8.3
Albumin (BCG)	4.2		g/dl	3.5-5.2
Globulin (Calculated)	3.4		g/dl	2.3-3.5
A : G Ratio (Calculated)	1.24			0.8-2.0
Blood Glucose Fasting & Postprandial				
<i>Method:</i> GOD-POD			<i>Machine Name:</i> XL640	
Fasting Blood Glucose, Plasma	84.0		mg/dl	70-110
Glucose, PP	91.5		mg/dl	70-140




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MD (PATHOLOGY)

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FINAL REPORT

Name : MRS. RUCHIKA NAYAN
Reg. No. : MAR23-44294
Age / Sex : 28 Y 0 M 27 D / Female
Doctor : Self-Walkin
Pat. Type : TPA (Cashless Category)



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Test Name	Result	Flag	Unit	Reference Range
LDL Cholesterol (Calculated)	67		mg/dl	Optimum:<100 Above optimum: <130; Moderate risk:130-159; High risk:>160
Cholesterol Total : HDL Ratio (Calculated)	2.53		mg/dl	1.2-6.0
GLYCOCYLATED HEMOGLOBIN (HbA1C), BLOOD				
<i>Method</i> HPLC / Nephelometry				<i>Machine Name</i> BIO-RAD, D-10 / MISPA
HbA1C	6.1		%	4.4-6.2
Estimated average glucose (eAG)	128.37		mg/dl	

Interpretation:

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.
Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION | MEASUREMENT | OF HbA1C RESULTS |

-----|-----
| Hemoglobin variants,elevated fetal | Any condition that shortens erythrocyte |
| hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte |
| modified derivatives of hemoglobin | age (e.g.,recovery from acute blood loss,|
| (e.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) |
| with renal failure) can affect the | will falsely lower HbA1c test results |
| accuracy of HbA1c measurements | regardless of the assay method used.Iron |
| deficiency anemia is associated with |
| higher HbA1c |




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MD (PATHOLOGY)

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Test Name	Result	Flag	Unit	Reference Range
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Clinical Pathology




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MD (PATHOLOGY)

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ASARFI HOSPITAL LABORATORY

(A Unit of Asarfi Hospital Ltd.)

Baramuri, Bishunpur Polytechnic, Dhanbad 828 130

Ph. No.: 7808368888, 9297862282, 9234681514



FINAL REPORT

Name : MRS. RUCHIKA NAYAN
 Reg. No. : MAR23-44294
 Age / Sex : 28 Y O M 27 D / Female
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Test Name	Result	Flag	Unit	Reference Range
Routine Urine Examination; Urine				
<i>Method</i> Microscopic			<i>Machine Name</i> Microscope	
Leukocytes	NEGATIVE			
Appearance	CLEAR			
Colour	STRAW			
Volume	15		ml.	
Protiens	NEGATIVE			
Glucose	NEGATIVE			
PH	6.0			
Specific Gravity	1.025			
Bilirubin	NEGATIVE			
Ketone Bodies	NEGATIVE			
Bile Salts	XX			
Bile Pigments	XX			
Nitrite	NEGATIVE			
Pus Cells	1-2		/hpf.	
Epithelial Cells	1-2		/hpf.	



[Signature]
DR N N SINGH
 MD (PATHOLOGY)

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24 HOUR EMERGENCY

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FINAL REPORT

Name : MRS. RUCHIKA NAYAN
Reg. No. : MAR23-44294
Age / Sex : 28 Y O M 27 D / Female
Doctor : Self-Walkin
Pat. Type : TPA (Cashless Category)



Collection Time : 08-03-2025 11:56:33
Receiving Time : 08-03-2025 11:57:39
Reporting Time : 08-03-2025 13:20:02
Publish Time : 08-03-2025 2:49 pm

Test Name	Result	Flag	Unit	Reference Range
R.B.C.	NIL		/hpf.	
Casts	NOT SEEN		/hpf.	
Crystals	NOT SEEN		/hpf.	
Urinary Protein/Creatinine Ratio				
<i>Method</i> Immunoturbidimetry, Spectrophotom				
Protein	5.0		mg/L	
Creatinine	121.2		mg/dl	
PCR	0.04		mg/g	0-0.5




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Test Name	Result	Flag	Unit	Reference Range
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Haematology

BLOOD GROUP, ABO & RH TYPING

Method Agglutination

ABO GROUP

B

0-0

RH TYPING

POSITIVE

0-0

ESR (Erythrocyte Sedimentaion Rate)

Method Westergren

ESR

16

H

Machine Name VES-MATIC 20

mm/hr

0-10



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Test Name	Result	Flag	Unit	Reference Range
Nature of Material EDTA Blood Sample				
Complete Blood Count (CBC)				
<i>Method</i> Electronical Impedence			<i>Machine Name</i> Sysmex 6 part	
Hemoglobin (Photometry)	12.2	L	g/dl	13-18
PCV (Calculated)	38.1	L	%	40-50
MCH (Calculated)	29.4		Pg	27-31
MCHC (Calculated)	32.0		g/dl	31.5-35.5
Red Cell Distribution Width (RDW) (Electrical Impedence)	12.8		%	11.6-14
Total Leukocyte Count (TLC) (Electrical Impedence)	4,500		/cu-mm	4000-11000
RBC Count (Electrical Impedence)	4.16	L	million/mm3	4.5-5.5
Mean Carpuscular Volume (MCV) (Electrical Impedence)	91.6		fL	83-101
Platelet Count (Electrical impedance)	1.31	L	lakhs/cumm	1.5-4.5
Neutrophils (VCS Technology)	45	L	%	55-75
Lymphocytes (VCS Technology)	50	H	%	15-30
Eosinophils (VCS Technology)	02		%	1-6
Monocytes (VCS Technology)	03		%	2-10
Basophils (VCS Technology)	00		%	0-1




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Test Name	Result	Flag	Unit	Reference Range
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Immunology and Serology

THYROID PROFILE, TOTAL, SERUM

Method	Result	Unit	Reference Range	Machine Name
ECLIA				Vitros ECI
T3, Total	1.41	ng/ml	0.8-2.0	
T4, Total	8.55	µg/dL	5.10-14.10	
TSH (Ultrasensitive)	1.52	mIU/mL	0.27-4.2	

Interpretation:

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals.



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Reporting Time : 10-03-2025 13:24:09
Publish Time : 11-03-2025 11:00 am

Test Name	Result	Flag	Unit	Reference Range
Culture & Sensitivity (Urine)				
<i>Method</i> vitek 2 compact			<i>Machine Name</i> vitek 2 compact	
Organism Isolated	Coagulase negative Staphylococcus	.		
Ampicillin/Sulbactam	IS	.		
Ciprofloxacin	S	.		
Co-Trimixazole	S	.		
Clarithromycin	S	.		
Doxycycline	S	.		
Erythromycin	S	.		
Fosfomycin	S	.		
Gentamycin	S	.		
Levofloxacin	S	.		
Linezolid	S	.		
Nalidixic Acid	R	.		
Nitrofurantoin	S	.		
Norfloxacin	S	.		
Teicoplanin	S	.		




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Test Name	Result	Flag	Unit	Reference Range
Tetracycline	S			
Vancomycin	S			
Tigecycline	S			

Note : Clindamycin : S Penicillin G : R

Note: Sensitive : S Intermediate Sensitive : IS Resistance : R

In view of developing antibiotics resistance in india. It is advisalbe to use anitbiotics belonging to Group B & C only if the patient is resistant to antibiotics.

* Insturment used Bact/Alert 3D 60 & vitek 2 compact.




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