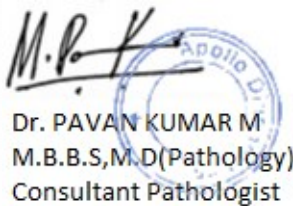


Patient Name	: Ms.KAIVALYA S	Collected	: 09/Nov/2024 09:00AM
Age/Gender	: 37 Y 6 M 6 D/F	Received	: 09/Nov/2024 10:10AM
UHID/MR No	: CMYS.0000062547	Reported	: 09/Nov/2024 11:53AM
Visit ID	: CMYSOPV131304	Status	: Final Report
Ref Doctor	: Self	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 35E7707		

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:MYS241100437



Patient Name : Ms.KAIVALYA S	Collected : 09/Nov/2024 09:00AM
Age/Gender : 37 Y 6 M 6 D/F	Received : 09/Nov/2024 10:10AM
UHID/MR No : CMYS.0000062547	Reported : 09/Nov/2024 01:15PM
Visit ID : CMYSOPV131304	Status : Final Report
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Emp/Auth/TPA ID : 35E7707	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	11.8	g/dL	12.5-15	Spectrophotometer
PCV	35.20	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.58	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	76.8	fL	83-101	Calculated
MCH	25.8	pg	27-32	Calculated
MCHC	33.6	g/dL	31.5-34.5	Calculated
R.D.W	12.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,420	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	57	%	40-80	Electrical Impedance
LYMPHOCYTES	34	%	20-40	Electrical Impedance
EOSINOPHILS	4	%	1-6	Electrical Impedance
MONOCYTES	4	%	2-10	Electrical Impedance
BASOPHILS	1	%	0-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3659.4	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2182.8	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	256.8	Cells/cu.mm	20-500	Calculated
MONOCYTES	256.8	Cells/cu.mm	200-1000	Calculated
BASOPHILS	64.2	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.68		0.78- 3.53	Calculated
PLATELET COUNT	330000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	24	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

R.B.C: Majority are microcytic hypochromic and normocytic normochromic RBCs. Also seen are elongated cells.

W.B.C: Are normal in number, morphology and distribution.

Platelets: Adequate and are seen in singles and clumps.

Hemoparasites: Not seen.

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Dr. PAVAN KUMAR M
M.B.B.S, M.D (Pathology)
Consultant Pathologist

SIN No: MYS241100437



Patient Name	: Ms.KAIVALYA S	Collected	: 09/Nov/2024 09:00AM
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

IMPRESSION: MICROCYTIC HYPOCHROMIC ANEMIA.

Note : Suggested iron studies



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:MYS241100437



Patient Name	: Ms.KAIVALYA S	Collected	: 09/Nov/2024 09:00AM
Age/Gender	: 37 Y 6 M 6 D/F	Received	: 09/Nov/2024 10:10AM
UHID/MR No	: CMYS.0000062547	Reported	: 09/Nov/2024 01:15PM
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



Dr. PAVAN KUMAR M
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Consultant Pathologist

SIN No:MYS241100437



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Age/Gender : 37 Y 6 M 6 D/F	Received : 09/Nov/2024 10:10AM
UHID/MR No : CMYS.0000062547	Reported : 09/Nov/2024 10:51AM
Visit ID : CMYSOPV131304	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 35E7707	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	81	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



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SIN No:MYS241100436



Patient Name : Ms.KAIVALYA S	Collected : 09/Nov/2024 09:00AM
Age/Gender : 37 Y 6 M 6 D/F	Received : 09/Nov/2024 12:47PM
UHID/MR No : CMYS.0000062547	Reported : 09/Nov/2024 01:35PM
Visit ID : CMYSOPV131304	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 35E7707	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	4.7	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	88	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1c is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1c values is a better indicator of Glycemic control than a single test.

3. Low HbA1c in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1c, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



Dr. PAVAN KUMAR M
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Consultant Pathologist

SIN No:MYS241100439



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Emp/Auth/TPA ID : 35E7707	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	210	mg/dl	0-200	CHOD
TRIGLYCERIDES	172	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	32	mg/dL	40-60	CHOD
NON-HDL CHOLESTEROL	178	mg/dL	<130	Calculated
LDL CHOLESTEROL	143.82	mg/dL	<100	Calculated
VLDL CHOLESTEROL	34.3	mg/dL	<30	Calculated
CHOL / HDL RATIO	6.59		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.37		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220



Dr. PAVAN KUMAR M
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SIN No:MYS241100441



Patient Name : Ms.KAIVALYA S	Collected : 09/Nov/2024 09:00AM
Age/Gender : 37 Y 6 M 6 D/F	Received : 09/Nov/2024 10:10AM
UHID/MR No : CMYS.0000062547	Reported : 09/Nov/2024 12:48PM
Visit ID : CMYSOPV131304	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.38	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.11	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.27	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	26	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	29.0	U/l	0-31	IFCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.1		<1.15	Calculated
ALKALINE PHOSPHATASE	57.00	U/l	42-98	IFCC (AMP buffer)
PROTEIN, TOTAL	7.60	g/dl	6.4-8.3	Biuret
ALBUMIN	4.00	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.60	g/dL	2.0-3.5	Calculated
A/G RATIO	1.11		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons’s diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Patten:*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.*Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.



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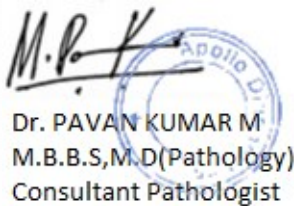


Patient Name : Ms.KAIVALYA S	Collected : 09/Nov/2024 09:00AM
Age/Gender : 37 Y 6 M 6 D/F	Received : 09/Nov/2024 10:10AM
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Visit ID : CMYSOPV131304	Status : Final Report
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Emp/Auth/TPA ID : 35E7707	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.41	mg/dL	0.51-1.04	Enzymatic colorimetric
UREA	13.04	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	6.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.10	mg/dL	2.6-6	Uricase
CALCIUM	8.70	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	3.90	mg/dl	2.7-4.5	Molybdate
SODIUM	137	mmol/L	135-145	Direct ISE
POTASSIUM	4.2	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.60	g/dl	6.4-8.3	Biuret
ALBUMIN	4.00	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.60	g/dL	2.0-3.5	Calculated
A/G RATIO	1.11		0.9-2.0	Calculated



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No: MYS241100441

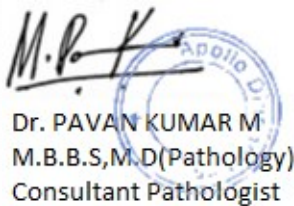


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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	19.00	U/l	0-38	IFCC



Dr. PAVAN KUMAR M
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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-iodothyronine (T3, TOTAL)	1.43	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	9.73	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	3.700	µIU/mL	0.38-5.33	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes

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Dr. PAVAN KUMAR M
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Consultant Pathologist

SIN No: MYS241100440



Patient Name	: Ms.KAIVALYA S	Collected	: 09/Nov/2024 09:00AM
Age/Gender	: 37 Y 6 M 6 D/F	Received	: 09/Nov/2024 10:10AM
UHID/MR No	: CMYS.0000062547	Reported	: 09/Nov/2024 12:53PM
Visit ID	: CMYSOPV131304	Status	: Final Report
Ref Doctor	: Self	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
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Dr. PAVAN KUMAR M
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Consultant Pathologist

SIN No: MYS241100440



Patient Name : Ms.KAIVALYA S	Collected : 09/Nov/2024 09:00AM
Age/Gender : 37 Y 6 M 6 D/F	Received : 09/Nov/2024 01:48PM
UHID/MR No : CMYS.0000062547	Reported : 09/Nov/2024 02:58PM
Visit ID : CMYSOPV131304	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 35E7707	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement
pH	6.0		5-7.5	Double Indicator
SP. GRAVITY	1.005		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modified Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	5 - 7	/hpf	<10	Microscopy
RBC	NIL	/hpf	0-2	Microscopy
CASTS	NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

***** End Of Report *****

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Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:MYS241100438




Patient Name : Ms.KAIVALYA S
Age/Gender : 37 Y 6 M 6 D/F
UHID/MR No : CMYS.0000062547
Visit ID : CMYSOPV131304
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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

TERMS AND CONDITIONS GOVERNING THIS REPORT

1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.
2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of particulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.
3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation).
4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.
5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.
6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.



Dr. PAVAN KUMAR M
M.B.B.S, M.D (Pathology)
Consultant Pathologist

SIN No: MYS241100438

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
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www.apollohi.com | Email ID: enquiry@apollohi.com, Ph No: 040-4904 7777, Fax No: 4904 7744

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | **Andhra Pradesh:** Vizag (Seethamma Peta) | **Karnataka:** Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | **Mysore** (VV Mohalla) | **Tamilnadu:** Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | **Maharashtra:** Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | **Uttar Pradesh:** Ghaziabad (Indrapuram) | **Gujarat:** Ahmedabad (Satellite) | **Punjab:** Amritsar (Court Road) | **Haryana:** Faridabad (Railway Station Road)

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OPP.RBI Layout, JP Nagar, 7th Phase, Bengaluru, Karnataka



**1860 500 7788**
www.apolloclinic.com

Patient Name	: Ms. KAIVALYA S	Age	: 37Yrs 6Mths 8Days
UHID	: CMYS.0000062547	OP Visit No.	: CMYSOPV131304
Printed On	: 10-11-2024 04:01 AM	Advised/Pres Doctor	: --
Department	: Cardiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 35E7707		

DEPARTMENT OF CARDIOLOGY

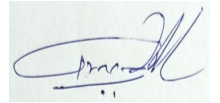
Observation :-

1. Sinus Rhythm.
2. Heart rate is 74 beats per minutes.

Impression:

NORMAL RESTING ECG.

---End Of The Report---



Dr. GURU PRASAD B V
MBBS, PGDCC
69949
Cardiology

Patient Name	: Ms. KAIVALYA S	Age	: 37Yrs 6Mths 8Days
UHID	: CMYS.0000062547	OP Visit No.	: CMYSOPV131304
Printed On	: 10-11-2024 04:49 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employeer Id	: 35E7707		

DEPARTMENT OF RADIOLOGY

LIVER: It is normal in size and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 9.3 cm with parenchymal thickness of 1.1cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 9.0 cm with parenchymal thickness of 1.4 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen. Few free floating internal echoes noted within the bladder lumen

UTERUS: It is anteverted and measures 7.2x3.1x4.1cm with ET = 7.5mm. It is normal in size, outline and echotexture. No mass lesion.

Rt. OVARY: It measures 2.7x1.4m. It is normal. No mass lesion seen.

Lt. OVARY: It measures 2.6x1.4cm. It is normal. No mass lesion seen.

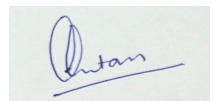
OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION:

-Grade I fatty liver .

-Few free floating internal echoes within the bladder lumen -could represent cystitis

---End Of The Report---



Qutan

Dr.CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)
90037
Radiology

Patient	Ms. KAIVALYA S	Doctor	SUJATHA T R	Appt ID	CMYSAPT1450
Age/Gender	37Y Female	Qualification	MBBS, PGDMCH	Consult Date	10 Nov 2024
UHID	CMYS.0000062547	Reg. No.	69649	Order Bill ID	CMYS-OCR-24666
				Visit Display ID	CMYSOPV131304

VITALS

Weight : 60.9Kgs	Height : 154Cms
Pulse : 64 BPM	Spo2 : 98%
BP : 120 / 70 MmHg	Respiratory Rate : 20 BPM
Temperature : 98 °F	

SUJATHA T R
Doctor's Signature

Apollo Health and Lifestyle Limited

(CIN-U85110TG2000PLC115819)

Corporate Office: 7-1-617/A, 7* Floor, Imperial Towers, Ameerpet, Hyderabad-500016, Telangana

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com

819, H2, eye.

Name : Ms. KAIVALYA S

Address : Mysore Mysore Karnataka INDIA 570001

Plan : ARCOFEMI MEDIWHEEL FEMALE AHC
CREDIT PAN INDIA OP AGREEMENT

H → 157
W → 60.9
BP → 120/80

Age : 37Y 6M 6D

sex : Female

UHID : CMYS.0000062547



CMYS.0000062547

OP No: CMYSOPV131304

Bill No: CMYS-OCR-24666

Date: Nov 9th, 2024, 8:57 AM

Sno.	Service Type/Service Name	Department	
1	ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324		
1	GYNAECOLOGY CONSULTATION → P	Consultation	<input type="checkbox"/>
2	GAMMA GLUTAMYL TRANSFERASE (GGT)	Biochemistry	<input type="checkbox"/>
3	LBC PAP TEST- PAPSURE → Skip	Histopathology	<input type="checkbox"/>
4	COMPLETE URINE EXAMINATION	Clinical Pathology	<input type="checkbox"/>
5	HEMOGRAM + PERIPHERAL SMEAR	Haematology	<input type="checkbox"/>
6	PERIPHERAL SMEAR	Haematology	<input type="checkbox"/>
7	DIET CONSULTATION → P	General	<input type="checkbox"/>
8	BODY MASS INDEX (BMI)	General	<input type="checkbox"/>
9	ECG	Cardiology	<input type="checkbox"/>
10	HbA1c, GLYCATED HEMOGLOBIN	Biochemistry	<input type="checkbox"/>
11	LIPID PROFILE	Biochemistry	<input type="checkbox"/>
12	ULTRASOUND - WHOLE ABDOMEN	Ultrasound Radiology	<input type="checkbox"/>
13	ENT CONSULTATION → ✓	Consultation	<input type="checkbox"/>
14	BLOOD GROUP ABO AND RH FACTOR	Blood Bank	<input type="checkbox"/>
15	DENTAL CONSULTATION	Consultation	<input type="checkbox"/>
16	GLUCOSE, FASTING	Biochemistry	<input type="checkbox"/>
17	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	Biochemistry	<input type="checkbox"/>
18	FITNESS BY GENERAL PHYSICIAN → P	Consultation	<input type="checkbox"/>
19	LIVER FUNCTION TEST (LFT)	Biochemistry	<input type="checkbox"/>
20	OPHTHAL BY GENERAL PHYSICIAN	Consultation	<input type="checkbox"/>
21	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	Biochemistry	<input type="checkbox"/>

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination
of Ms. Kailabya. S. on 21/11/20

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	

Dr. Murugesu
Medical Officer

This certificate is not meant for medico-legal purposes.

Apollo Clinic
23, 1st Floor,
Kaldasa Road, Mysore - 02
Ph : 0821-4006040/47

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.

Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore (Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) **Mysore** (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

[Phy]

Ms. Kairalya S
37 yrs / Female

Dr. T. MUKUND
MBBS, MD (Internal
Medicine)

Height: 154 cm	Weight: 60.9 kg	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P: 120/70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Routine Health Check up.
not a H/O T2DM / H/O Hypothyroidism

Reports - Noted

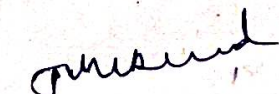
US abdomen & pelvis - Cystitis.

Adv

Tab. NITROBACT 100mg \rightarrow 1 x 5 days.

Syp. CITRALKA 2tsp BD in a glass
of water & week

Follow up date :



Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 11/9/2024 Department : Obstetrics & Gynaecology
 Patient Name : Ms. KAIVALYA S Doctor : Dr.RASHMI B N
 UHID : CMYS.0000062547 Registration No. : 33393
 Age / Gender : 37Yrs 6Mths 6Days/ Female Qualification : MBBS, DGO, DNB
 (GYNAECOLOGY)
 Consulation Timing : 9:22 AM

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

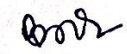
Clinical Diagnosis & Management Plan

UM. MH - regular menses.
 imp → 15 days
 ✓ back

slim → uterus & ovaries @.
 or I fatty liver
 ? explain.

OIE on asst → CAD.
 adv: healthy diet.
 avoid junk food.

Follow up date :


 Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Date : 11/9/2024 Department : Dental
 Patient Name : Ms. KAIVALYA S Doctor : Dr. JYOTHISHREE P V
 UHID : CMYS.0000062547 Registration No. : 33268A
 Age / Gender : 37Yrs 6Mths 6Days/ Female Qualification : B.D.S.[Bachelor of Dental Surgery]
 Consultation Timing : 9:22 AM

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

O/E

11 H/o RCT of crown
Lys back

12 RCT treated??
• Periapical infection noted

71 Dental caries

Follow up date :

Jyothishree P V

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

distance
vision

vn $\left\{ \begin{array}{l} 6/6 \\ 6/6 \end{array} \right.$

near
vision

Ng

colour
vision

(CV) = normal

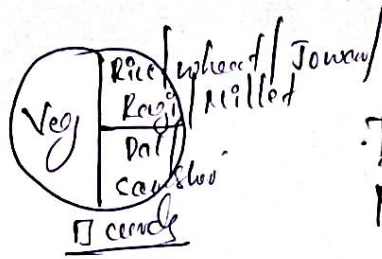
(BE) = normal vision

Follow up date : 09/11/21

Azeeba
Doctor Signature

[Diet]

Ms. Kairalya. S
37 yrs / Female



Dietetic
Ms. Madhura. B.P
M.Sc Nutrition & Dietetics
PhD

IBW - 52kg

Height: 154 cm	Weight: 60.9 kg	BMI: 26 kg/m ²	Waist Circum: 98
Temp:	Pulse:	Resp:	B.P: 120 / 70

General Examination / Allergies History

HB - 11.8
 ESR - 24
 Total cholesterol - 210
 Triglycerides - 172
 HDL - 32
 Non-HDL - 178
 LDL - 143.82
 VLDL - 34.3
 choll/HDL - 6.59

Clinical Diagnosis & Management Plan

Δ^{sis} - Grade I Fatty liver.
 -> Advised low fat diet with Iron rich foods.
 -> Dietary guideline chart is given.

Follow up date :


 Doctor Signature 9/11/2024


Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Department- Dietetics

Name- Madhura B P

Qualification- M.Sc Nutrition & Dietetic
PhD*

- Do not skip any of the meals, take small frequent meals.
- Include all variety of seasonal fruits, vegetables and green leafy vegetables on regular basis.
- Include nuts like Almond, Walnuts and dry-fruits like dried dates and raisins regularly.
- Include seeds like Flax seeds, Pumpkin seeds, Sunflower seeds, Sesame seeds and watermelon seeds- 1 teaspoon each and dry roasted.
- Avoid 5 white slow poisons like Sugar, Salt, Maida, Baking soda and creams.
- Cooking oil- ½ litre/person/month.
- Use combination of oils like Rice bran oil, Groundnut oil, Sesame oil, Mustard oil/ Coconut oil and Ghee. Change the oil every month or 2 months. But do not mix the oils.
- Drink at least 2-3 liters of water in a day.
- Skimmed or toned milk can be used on regular basis. Since it's a rich source of protein and low in calories.
- Avoid Butter, Vanaspati and Dalda.
- Avoid deep-fried foods, Biscuits, Cookies, Bakery products, Pastries, Papad, packed and processed foods, chocolates, Alcohol, caffeine and carbonated beverages.
- Avoid junk foods like Pizza and Burger,


B. P
9/11/2024
Dietician signature

Date : 11/9/2024 Department : ENT
 Patient Name : Ms. KAIVALYA S Doctor : Dr. PRAVEEN KUMAR R
 UHID : CMYS.0000062547 Registration No. : 66012
 Age / Gender : 37Yrs 6Mths 6Days/ Female Qualification : MBBS, MS (ENT)
 Consultation Timing : 9:22 AM

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Come for medical health check

Ear - Bilateral TM ⊕

Nose - nasal mucosa ⊕

oral cavity in oropharynx ⊕

neck ⊕

Ad.
received

PKC

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Apollo Clinic

CONSENT FORM

Patient Name: Ms. Kairalya S Age: 37 / Female
UHID Number: 62547 Company Name: Arcofeme

I Mr/Mrs/ Ms Kairalya S Employee of Arcofeme
(Company) Want to inform you that I am not interested in getting OPthal + Lbc +

Tests done which is a part of my routine health check package.

And I claim the above statement in my full consciousness.

Patient Signature: x Kairalya S Date: 9/11/2024

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Patient Name: Miss Kaivalya S	Date : 09.11.2024	Referring Doctor: Dr. Self
Age / Sex: 37Yrs/Female	UHID No : 62547	Location : OP
ULTRASONOGRAPHY- ABDOMEN & PELVIS		

LIVER: It is normal in size and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 9.3 cm with parenchymal thickness of 1.1cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 9.0 cm with parenchymal thickness of 1.4 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen. Few free floating internal echoes noted within the bladder lumen

UTERUS: It is anteverted and measures 7.2x3.1x4.1cm with ET= 7.5mm. It is normal in size, outline and echotexture. No mass lesion.

Rt. OVARY: It measures 2.7x1.4m. It is normal. No mass lesion seen.


Lt. OVARY: It measures 2.6x1.4cm. It is normal. No mass lesion seen.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION:

-Grade I fatty liver .

-Few free floating internal echoes within the bladder lumen -could represent cystitis


Dr. Karthik H V MDRD , DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)

Regd Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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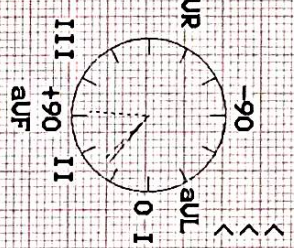
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TO BOOK AN APPOINTMENT

 **1860 500 7788**

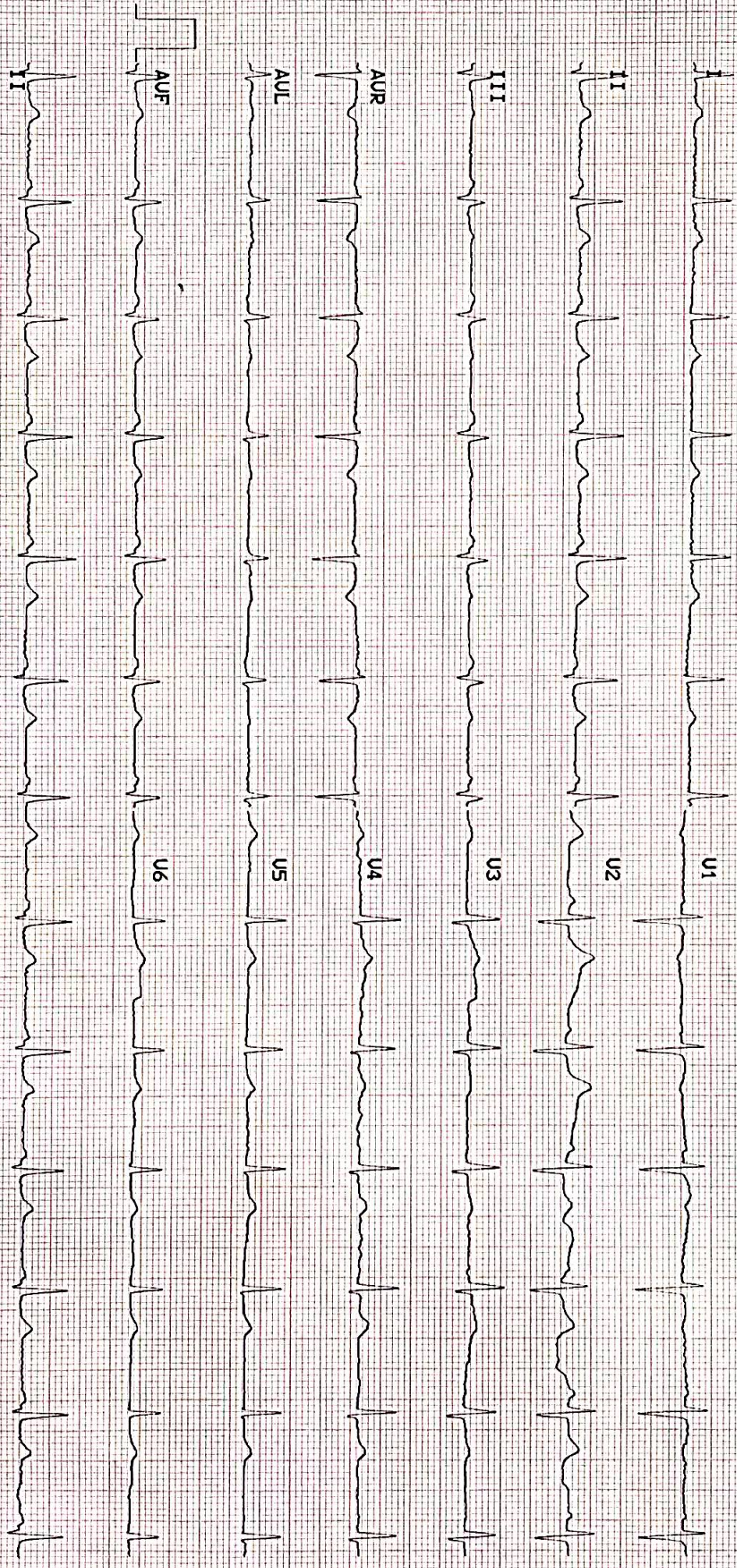
AGE: 37 NO: _____

Measurement Results:
 QRS : 90 ms
 QT/QTcB : 372 / 414 ms
 PR : 122 ms
 P : 96 ms
 RR/PP : 808 / 785 ms
 P/QRS/T : 95 / 40 / 45 degrees
 QTd/QTcBD : 38 / 42 ms
 Sokolow : 1.3 mV
 NK : 10

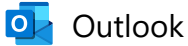


Interpretation:

Unconfirmed report.



APOLLO Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph: 0821-4006040/41



Your appointment is confirmed

From noreply@apolloclinics.info <noreply@apolloclinics.info>

Date Tue 29-10-2024 13:06

To kaivalyarocks@gmail.com <kaivalyarocks@gmail.com>

Cc Mysore Apolloclinic <mysore@apolloclinic.com>; Yogeesh KV <mkt.mysore@apolloclinic.com>; Syamsunder M <syamsunder.m@apollohl.com>



Dear KAIVALYA S,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **KALIDASA RAOD clinic** on **2024-10-30** at **08:00-08:15**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY HC STARTER FEMALE - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.

3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

Clinic Address: 23, KALIDASA ROAD, VV MOHLLA, MYSORE.

Contact No: (0821) 400 6040 - 41.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards,
Apollo Clinic