

Name : Mrs. VARSHARANI D KACHAVE (32 /F)

Date : 30/11/2023

Address : MEDIWHEEL YEOLA NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000156201

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH36307



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



### Past medical history

Do you have any - No  
allergies?



### Surgical history

Surgical history - Nil

### Immunization history

- Covid Dose1, Covid Dose2



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



### Family history

Coronary artery - none  
disease  
Cancer - None

Liver problems - None

## PHYSICAL EXAMINATION



### General

General appearance - normal  
Build - normal  
Height - 158  
Weight - 58  
BMI - 23.23  
Pallor - No  
Oedema - no  
SpO2 - 96



### Cardiovascular system

Heart rate (Per minute) - 64  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Leena Ganpat Wakare

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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.015 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	6.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	1-2/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2/hpf	/hpf		

Monocytes	08	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-20

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	21 *	U/L	●	30-65
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.3	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.3		●	1.1-1.8

**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.6	g/dl	●	11.0-16.0
Haematocrit	34.8	%	●	34.0-48.0
RBC COUNT	4.44	Million/ul	●	3.7-5.6
MCV	78.4	fl	●	75.0-95.0
MCH	26.2	pg	●	26.0-32.0
MCHC	33.4	g/dl	●	31.0-36.0
RDW	16.0	%	●	11-16
Platelet Count(Optical/Impedance)	197	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	5.78	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	62	%	●	40-75
Lymphocytes	25	%	●	20-45
Eosinophils	05	%	●	1-6

ALKALINE PHOSPHATASE - SERUM/PLASMA	54	U/L	●	0-100
AST (SGOT) - SERUM	28	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.3	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	159	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.6	mg/dL	●	0.6-1.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 19 U/L ● 0-50

TOTAL T4: THYROXINE - SERUM 8.5 µg/dL ● Healthy Adults: 5.2 - 12.7

Pregnancy:1stTrimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range Glucose - Plasma (POST PRANDIAL) 100 mg/dL ● 70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name Result Unit Level Range Glycosylated Hemoglobin (HbA1c) 5.7 % ● 0.0-6.0 Mean Plasma Glucose (MPG) Estimate: 125.6200 mg/dL

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range HDL CHOLESTEROL - SERUM / PLASMA 57 mg/dL ● 40-60 TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 2.4 ● 0.0-4.5 LDL Cholesterol (Direct LDL) 147 mg/dL

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range Triglycerides - Serum 79 mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range TSH: THYROID STIMULATING HORMONE - SERUM 2.0 uIU/mL ● Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range PROTEIN, TOTAL - SERUM / PLASMA 7.7 g/dL ● 6.4-8.2

UREA - SERUM / PLASMA

Test Name Result Unit Level Range UREA - SERUM / PLASMA 19 mg/dL ● 15-38 UREA NITROGEN SERUM/PLASMA: (Calculated) 9 mg/dL ● 7-18

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range TOTAL T3: TRI IODOTHYRONINE - SERUM 134 ng/dL ● Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121- 308 2nd & 3rd Trimesters:152- 362

URIC ACID - SERUM

Test Name Result Unit Level Range URIC ACID - SERUM 2.8 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.3 BILIRUBIN UNCONJUGATED - SERUM(Calculated) 0.2 mg/dL ● 0.0-0.7

CARDIAC STRESS TEST - (TMT)

ECG

● Within Normal Range ● Borderline High/Low ● Out of Range

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**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

CERVICAL/VAGINAL SMEAR II SLIDE

**Biochemistry**

GLUCOSE - SERUM / PLASMA (FASTING)

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**X Ray**

X-RAY CHEST PA



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

1

ACCEPTABLE SCORE

3

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**