

**CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination  
of Mr. Pranav R Joshi on 5/4/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	✓
<ul style="list-style-type: none"> <li>Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are Impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been Communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	

Dr. Anamdar  
Medical Officer  
Apollo Clinic, (NIGDI)

Dr. Anam A. A. Inamdar  
MBBS  
Reg. No. 2021/05/6236

*This certificate is not meant for medico-legal purposes*

Patient Name : Mr.PRANAV R JOSHI  
 Age/Gender : 26 Y 8 M 28 D/M  
 UHID/MR No : CPIM.0000117890  
 Visit ID : CPIMOPV159447  
 Ref Doctor : Dr.SELF  
 Emp/Auth/TPA ID : 423359

Collected : 04/Apr/2024 11:53AM  
 Received : 04/Apr/2024 03:08PM  
 Reported : 04/Apr/2024 03:59PM  
 Status : Final Report  
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF HAEMATOLOGY**  
**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
<b>HAEMOGLOBIN</b>	15.4	g/dL	13-17	Spectrophotometer
PCV	44.20	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.91	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	89.9	fL	83-101	Calculated
MCH	31.4	pg	27-32	Calculated
MCHC	34.9	g/dL	31.5-34.5	Calculated
R.D.W	14	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,910	cells/cu.mm	4000-10000	Electrical Impedence
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	38.6	%	40-80	Electrical Impedence
LYMPHOCYTES	51.7	%	20-40	Electrical Impedence
EOSINOPHILS	2.3	%	1-6	Electrical Impedence
MONOCYTES	6.3	%	2-10	Electrical Impedence
BASOPHILS	1.1	%	<1-2	Electrical Impedence
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	2281.26	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	3055.47	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	135.93	Cells/cu.mm	20-500	Calculated
MONOCYTES	372.33	Cells/cu.mm	200-1000	Calculated
BASOPHILS	65.01	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	0.75		0.78- 3.53	Calculated
<b>PLATELET COUNT</b>	305000	cells/cu.mm	150000-410000	Electrical impedence
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	4	mm at the end of 1 hour	0-15	Modified Westergren

**PERIPHERAL SMEAR**

**RBC's are Normocytic Normochromic**  
**WBC's lymphocytosis**  
**Platelets are Adequate**  
**No hemoparasite seen.**

  
 Dr Sneha Shah  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:BED240093825

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab





Certificate No: MC-5697

Patient Name : Mr.PRANAV R JOSHI  
Age/Gender : 26 Y 8 M 28 D/M  
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## DEPARTMENT OF HAEMATOLOGY

### PERIPHERAL SMEAR , WHOLE BLOOD EDTA

**RBC's are Normocytic Normochromic**  
**WBC's lymphocytosis**  
**Platelets are Adequate**  
**No hemoparasite seen.**

  
Dr Sneha Shah  
MBBS, MD (Pathology)  
Consultant Pathologist

SIN No:BED240093825

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### DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324



  
Dr Sneha Shah  
MBBS, MD (Pathology)  
Consultant Pathologist

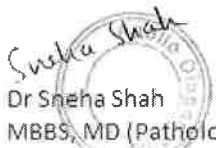
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Patient Name	: Mr.PRANAV R JOSHI	Collected	: 04/Apr/2024 11:53AM
Age/Gender	: 26 Y 8 M 28 D/M	Received	: 04/Apr/2024 03:08PM
UHID/MR No	: CPIM.0000117890	Reported	: 04/Apr/2024 04:44PM
Visit ID	: CPIMOPV159447	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 423359		

**DEPARTMENT OF HAEMATOLOGY**  
**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	AB			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

*Sneha Shah*  
  
**Dr Sneha Shah**  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:BED240093825

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name	: Mr.PRANAV R JOSHI	Collected	: 04/Apr/2024 11:53AM
Age/Gender	: 26 Y 8 M 28 D/M	Received	: 04/Apr/2024 03:13PM
UHID/MR No	: CPIM.0000117890	Reported	: 04/Apr/2024 03:44PM
Visit ID	: CPIMOPV159447	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 423359		

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	76	mg/dL	70-100	HEXOKINASE

**Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- The diagnosis of Diabetes requires a fasting plasma glucose of  $\geq 126$  mg/dL and/or a random / 2 hr post glucose value of  $\geq 200$  mg/dL on at least 2 occasions.
- Very high glucose levels ( $>450$  mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.




DR. Sanjay Ingle  
M.B.B.S, M.D (Pathology)  
Consultant Pathologist

SIN No: PLF02140856

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab


Patient Name	: Mr.PRANAV R JOSHI	Collected	: 04/Apr/2024 02:43PM
Age/Gender	: 26 Y 8 M 28 D/M	Received	: 04/Apr/2024 08:27PM
UHID/MR No	: CPIM.0000117890	Reported	: 04/Apr/2024 08:43PM
Visit ID	: CPIMOPV159447	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 423359		

**DEPARTMENT OF BIOCHEMISTRY**  
**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)</b>	94	mg/dL	70-140	HEXOKINASE

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.  
Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



**DR. MANISH T. AKARE**  
M.B.B.S, MD(Path.)  
Consultant Pathologist

SIN No:PLP1442783

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name	: Mr.PRANAV R JOSHI	Collected	: 04/Apr/2024 11:53AM
Age/Gender	: 26 Y 8 M 28 D/M	Received	: 04/Apr/2024 03:12PM
UHID/MR No	: CPIM.0000117890	Reported	: 04/Apr/2024 03:50PM
Visit ID	: CPIMOPV159447	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 423359		

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM</b>	14.04	U/L	<50	IFCC

**Comment:**

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes. ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear. The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.



DR. Sanjay Ingle  
M.B.B.S, M.D (Pathology)  
Consultant Pathologist

SIN No: SE04687202

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab






Patient Name : Mr.PRANAV R JOSHI  
 Age/Gender : 26 Y 8 M 28 D/M  
 UHID/MR No : CPIM.0000117890  
 Visit ID : CPIMOPV159447  
 Ref Doctor : Dr.SELF  
 Emp/Auth/TPA ID : 423359

Collected : 04/Apr/2024 11:53AM  
 Received : 04/Apr/2024 03:12PM  
 Reported : 04/Apr/2024 03:51PM  
 Status : Final Report  
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BILIRUBIN, TOTAL , SERUM</b>	0.72	mg/dL	0.3-1.2	DPD

  
**Dr Sneha Shah**  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:SE04687202

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab




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## DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BUN/CREATININE RATIO , SERUM</b>				
BLOOD UREA NITROGEN	6.0	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.97	mg/dL	0.72 - 1.18	Modified Jaffe, Kinetic
BUN / CREATININE RATIO	6.13			Calculated

  
 Dr Sneha Shah  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:SE04687202

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab





Certificate No: MC-5697

Patient Name : Mr.PRANAV R JOSHI  
 Age/Gender : 26 Y 8 M 28 D/M  
 UHID/MR No : CPIM.0000117890  
 Visit ID : CPIMOPV159447  
 Ref Doctor : Dr.SELF  
 Emp/Auth/TPA ID : 423359

Collected : 04/Apr/2024 11:53AM  
 Received : 04/Apr/2024 03:12PM  
 Reported : 04/Apr/2024 03:51PM  
 Status : Final Report  
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE , SERUM	0.97	mg/dL	0.72 – 1.18	Modified Jaffe, Kinetic



*Sneha Shah*  
 Dr Sneha Shah  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:SE04687202

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name	: Mr.PRANAV R JOSHI	Collected	: 04/Apr/2024 11:53AM
Age/Gender	: 26 Y 8 M 28 D/M	Received	: 04/Apr/2024 03:19PM
UHID/MR No	: CPIM.0000117890	Reported	: 04/Apr/2024 03:33PM
Visit ID	: CPIMOPV159447	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 423359		

**DEPARTMENT OF CLINICAL PATHOLOGY**  
**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

\*\*\* End Of Report \*\*\*



*Sneha Shah*  
Dr Sneha Shah  
MBBS, MD (Pathology)  
Consultant Pathologist

SIN No:UR2325089

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

26 years Male Caucasian

Vent. rate 73 bpm  
PR interval 122 ms  
QRS duration 92 ms  
QT/QTc 342/376 ms  
P-R-T axes 71 60 -20

Technician:  
Test ind.

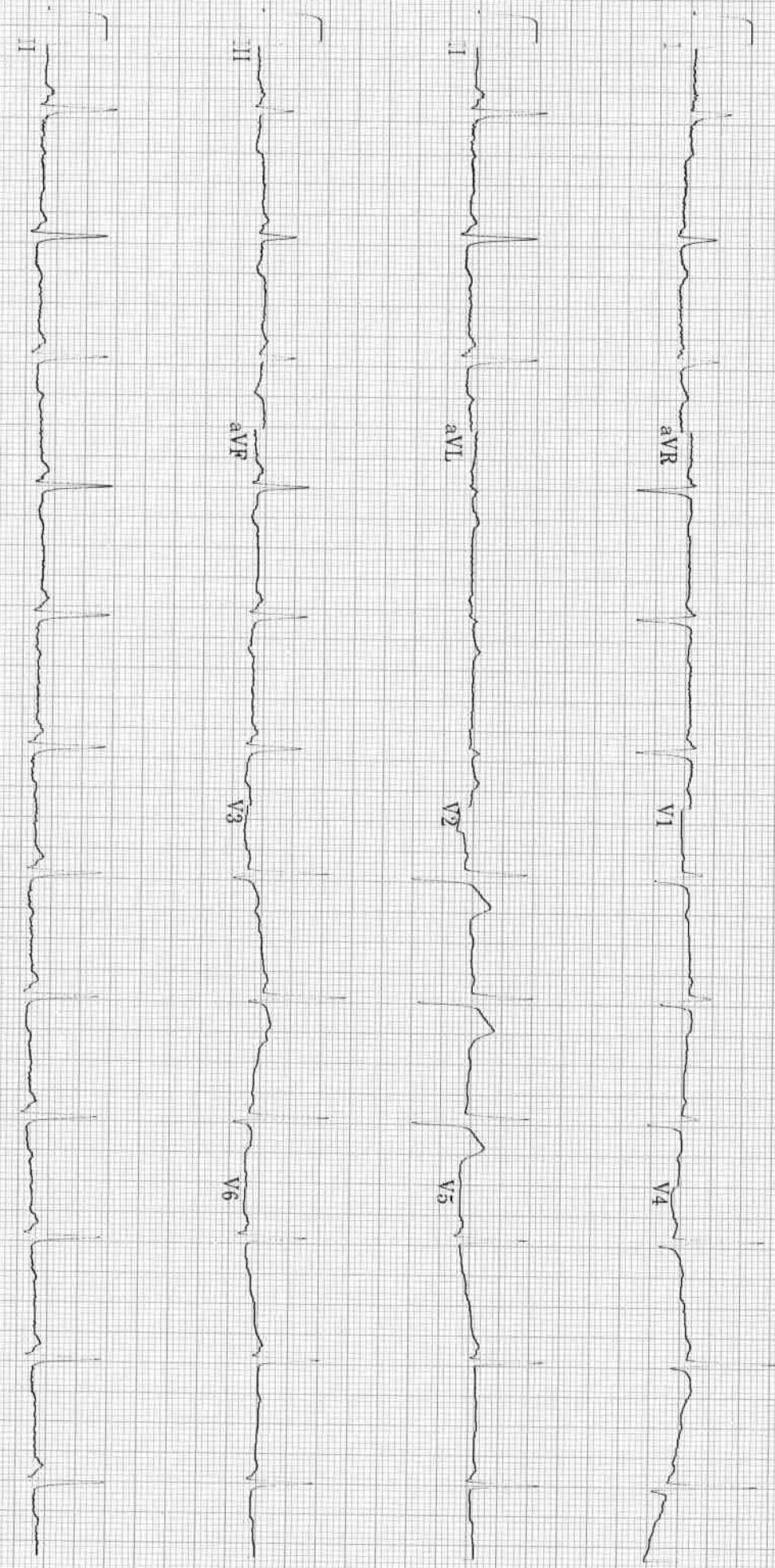
Normal sinus rhythm  
T wave abnormality, consider inferior ischemia  
Abnormal ECG

*not Anam*

Dr. Anam A. Inamdar

Referred by: Reg. No. 4017006/6236

Unconfirmed



20 Hz 25.0 mm/s 10.0 mm/mV

4 by 2.5s + 1 rhythm 1d

MAC55 009C

12SL™ V239

Arrow CE

Patient Name	: Mr. PRANAV R JOSHI	Age	: 26 Y M
UHID	: CPIM.0000117890	OP Visit No	: CPIMOPV159447
Reported on	: 04-04-2024 17:51	Printed on	: 04-04-2024 18:19
Adm/Consult Doctor	:	Ref Doctor	: SELF

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

**Observation:-**

Both lung fields are clear.

Both C-P angles are clear.

Cardiac size appear normal.

Hila and pulmonary vessels are within normal limits.

Both the domes of diaphragm are normal.

Thoracic cage and soft tissues are within normal limits.

**Impression**

Study is within normal limits.

Printed on:04-04-2024 17:51

---End of the Report---



**Dr. KIRAN PRALHAD SUDHARE**  
MBBS, DMRD  
Radiology

**Apollo Clinic,**  
Nigdi, Pune - 411044.

Date - 04.10.2024

Patient Name *pranav joshi*

UHID:

Age / Sex: *26 Y 1 M*

EYE CHECK UP

COMPLETE

PREMEDICAL/OTHER

	RIGHT EYE	LEFT EYE
Far Vision	<i>6/6 &gt; 18 feet</i>	<i>6/6 &gt; 18 feet</i>
Near Vision	<i>2/6 &gt; 18 feet</i>	<i>2/6 &gt; 18 feet</i>
Anterior Segment Pupil	<i>WNL</i>	<i>WNL</i>
Color Vision	<i>Normal</i>	<i>Normal</i>
Family History/Medical History	<i>-</i>	<i>-</i>

*same Rx*

**IMPRESSION: -**

*[Signature]*  
**OPTOMETRIST**

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet,

Hyderabad, Telangana - 500 016. Ph No: 040-4904 7777, Fax No: 4904 7744 | Email

ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointment: www.apolloclinic.com

Date : 04-04-2024  
MR NO : CPIM.0000117890

Department : GENERAL  
Doctor :

Name : Mr. PRANAV R JOSHI

Registration No :

Age/ Gender : 26 Y / Male

Qualification :

Wt 59.6 kg.

Ht - 168.

BP, 110/70.

Consultation Timing: 11:51

SE

CVS: S, S, ⊕

RS: A, B, C

CVS: NAD.

PA: NAD.


No known allergy

No past ex

Diet Mix

*Anam*  
Dr. Anam A. Inamdar  
MBBS  
Reg. No. 2021/06/6236



<b>Name</b> : Mr. PRANAV R JOSHI  <b>Address</b> : 204 SANTOSA SERENE NEAR JSPM TATHWADE PUNE  <b>Plan</b> : ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT	<b>Age:</b> 26 Y  <b>Sex:</b> M	<b>UHID:</b> CPIM.0000117890  <b>OP Number:</b> CPIMOPV159447 <b>Bill No :</b> CPIM-OCR-77382 <b>Date</b> : 04.04.2024 11:52
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Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324	
<input checked="" type="checkbox"/>	1 BILIRUBIN, TOTAL - SERUM	
<input checked="" type="checkbox"/>	2 GLUCOSE, FASTING	
<input checked="" type="checkbox"/>	3 HEMOGRAM + PERIPHERAL SMEAR	
<input checked="" type="checkbox"/>	4 ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM	
<input checked="" type="checkbox"/>	5 COMPLETE URINE EXAMINATION	
<input checked="" type="checkbox"/>	6 PERIPHERAL SMEAR	
<input checked="" type="checkbox"/>	7 ECG	
<input checked="" type="checkbox"/>	8 CREATININE, SERUM	
	9 GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) 230	
	10 X-RAY CHEST PA	
<input checked="" type="checkbox"/>	11 FITNESS BY GENERAL PHYSICIAN	
<input checked="" type="checkbox"/>	12 BLOOD GROUP ABO AND RH FACTOR	
<input checked="" type="checkbox"/>	13 OPHTHAL BY GENERAL PHYSICIAN	
<input checked="" type="checkbox"/>	14 BUN/CREATININE RATIO	

*Audio*

*168*