

Ref: GIC-HO/HR/HealthCheckUp/1354/2023-24

February 21, 2024

CIRCULAR

Re: 'GIC Re Annual Preventive Health Check - Up Scheme'

We are pleased to inform that the Corporation has appointed M/s Arcofemi Health Care Ltd (Mediwheel) as health check - up facilitator under 'GIC Re Annual Preventive Health Check -Up Scheme'.

The Corporation shall engage its services at the three office locations - Mumbai, Delhi and GIFT City / Ahmedabad.

Packages under each Age Band are given in Annexure I.

M/s Arcofemi Health Care Ltd (Mediwheel) shall be sharing a Welcome Mailer to all employees through Email / WhatsApp. It will contain a link to the dedicated portal for GIC Re employees and a guide on 'How to Book' to enable the employees to understand the procedure.

Employees willing to avail the Health Check - Up shall book the service through the dedicated portal and proceed for the Check - Up at the booked time and date. Employees should carry GIC Employee ID on the day of the visit.

We are pleased to inform that the employees can:

- 1. Avail a Complimentary Post Check Up Consultation with prior appointment for those employees who wish to review their report findings.
- 2. Avail the same package in the entitled age category for his / her family members. The employee will need to produce GIC Employee ID at the time of booking for the health check – up. The cost for the same will be borne by the employee.
- 3. Avail a 10% discount on any additional diagnostic tests for themselves or their family members. The employee will need to produce GIC Employee ID at the time of booking for the health check – up. The cost for the same will be borne by the employee.

Subsequent to the appointment of M/s Arcofemi Health Care Ltd (Mediwheel), the health check up services are no longer available on reimbursement basis.

> (MEDHA SAWANT) Assistant General Manager

भारतीय साधारण बीमा निगम

General Insurance Corporation of India

(Government of India Company)

CIN NO.: L67200MH1972GOI016133 IRDA REGN No.: 112

"सुरक्षा", 170, जे. टाटा रोड, चर्चगेट, मुंबई - 400 020. "SURAKSHA", 170, J. Tata Road, Churchgate, Mumbai - 400 020. INDIA Tel.: +91-22-2286 7000

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ANNEXURE-I

Health Check - Up Packages under each Age Band

AGE GROUP 18 TO 30		
Pathology	Digital Chest X-Ray (Reports)	
CBC + ESR	ECG	
Tests for Diabetes	Sonography (Abdomen and Pelvis) (Screening)	
Hba1c	2DEcho or TMT	
Blood Sugar Fasting	PAP Smear	
Post Prandial Sugar	Consultations	
Tests for Liver Disease	Complete Physical Examination	
SGPT	Specialized Investigations	
Proteins (Albumin, Globulin, A/G Ratio)	Vitamin D	
Tests for Heart Disease	Vitamin B12	
Cholesterol	PCOD (for female)	
Triglycerides	Tests for Kidney Disease	
HDL Cholesterol	Creatinine	
LDL Cholesterol	Uric Acid	
VLDL Cholesterol	Thyroid Profile with TSH	
LDL/HDL Ratio	Urine Routine	
Total Cholesterol/HDL Ratio	Stool Routine	
Sr Calcium		

AGE GROUP 31 TO 40		
Pathology	Digital Chest X-Ray (Reports)	
CBC + ESR	ECG	
Tests for Diabetes	Sonography (Abdomen and Pelvis) (Screening)	
Hbalc	2DEcho or TMT	
Blood Sugar Fasting	PAP Smear	
Post Prandial Sugar	Consultations	
Tests for Liver Disease	Complete Physical Examination	
SGPT	Specialized Investigations	
Proteins (Albumin, Globulin, A/G Ratio)	Vitamin D	
Tests for Heart Disease	Vitamin B12	
Cholesterol	PCOD (for female)	



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स्वच्छ निभारत		
- High perides	Tests for Kidney Disease	
HDL Cholesterol	Creatinine	
LDL Cholesterol	Uric Acid	
VLDL Cholesterol	Thyroid Profile with TSH	
LDL/HDL Ratio	Urine Routine	
Total Cholesterol/HDL Ratio	Stool Routine	
Sr Calcium	DEXA	

AGE GROUP 41 AND ABOVE		
Pathology	Digital Chest X-Ray (Reports)	
CBC + ESR	ECG	
Tests for Diabetes	Sonography (Abdomen and Pelvis) (Screening)	
Hbalc	2DEcho and TMT	
Blood Sugar Fasting	Mammogram	
Post Prandial Sugar	PAP Smear	
Tests for Liver Disease	PSA	
SGPT	Consultations	
Proteins (Albumin, Globulin, A/G Ratio)	Complete Physical Examination	
Tests for Heart Disease	Specialized Investigations	
Cholesterol	Vitamin D	
Triglycerides	Vitamin B12	
HDL Cholesterol	PCOD (for female)	
LDL Cholesterol	Tests for Kidney Disease	
VLDL Cholesterol	Creatinine	
LDL/HDL Ratio	Thyroid Profile with TSH	
Total Cholesterol/HDL Ratio	Urine Routine	
Sr Calcium	Stool Routine	
Insulin	Spirometry	
DEXA	Audiometry	
Uric Acid		

