

Patient Name : Mr.GANESH AMBIGER	Collected : 15/Jun/2024 08:41AM
Age/Gender : 44 Y 10 M 0 D/M	Received : 15/Jun/2024 01:10PM
UHID/MR No : CHSR.0000152819	Reported : 15/Jun/2024 03:03PM
Visit ID : CHSROPV317694	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9845198387	

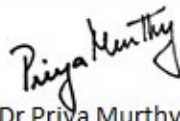
DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	15.8	g/dL	13-17	Spectrophotometer
PCV	46.30	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.97	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	93.1	fL	83-101	Calculated
MCH	31.8	pg	27-32	Calculated
MCHC	34.2	g/dL	31.5-34.5	Calculated
R.D.W	12.7	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,790	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	53.2	%	40-80	Electrical Impedance
LYMPHOCYTES	32.6	%	20-40	Electrical Impedance
EOSINOPHILS	1.5	%	1-6	Electrical Impedance
MONOCYTES	12.4	%	2-10	Electrical Impedance
BASOPHILS	0.3	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4144.28	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2539.54	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	116.85	Cells/cu.mm	20-500	Calculated
MONOCYTES	965.96	Cells/cu.mm	200-1000	Calculated
BASOPHILS	23.37	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.63		0.78- 3.53	Calculated
PLATELET COUNT	242000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	5	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				



Dr. Anusha B M
M.B.B.S,M.D(Pathology)
Consultant Pathologist



Dr Priya Murthy
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Consultant Pathologist



SIN No:BED240153596

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
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APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | Andhra Pradesh: Vizag (Seethamma Peta) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | Uttar Pradesh: Ghaziabad (Indrapuram) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

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RBCs: are normocytic normochromic

WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.

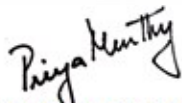
HEMOPARASITES: negative

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE

Kindly correlate clinically.



Dr. Anusha B M
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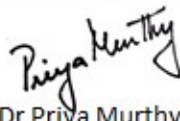
DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	O			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination



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Patient Name : Mr.GANESH AMBIGER	Collected : 15/Jun/2024 10:48AM
Age/Gender : 44 Y 10 M 0 D/M	Received : 15/Jun/2024 03:41PM
UHID/MR No : CHSR.0000152819	Reported : 15/Jun/2024 04:14PM
Visit ID : CHSROPV317694	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9845198387	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	283	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia


Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

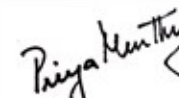
Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	341	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



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SIN No:PLP1463118

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

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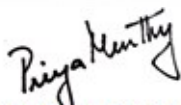
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Patient Name : Mr.GANESH AMBIGER	Collected : 15/Jun/2024 08:41AM
Age/Gender : 44 Y 10 M 0 D/M	Received : 15/Jun/2024 12:12PM
UHID/MR No : CHSR.0000152819	Reported : 15/Jun/2024 12:34PM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM	21	U/L	<50	IFCC



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Consultant Pathologist



SIN No:SE04750057

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Age/Gender : 44 Y 10 M 0 D/M	Received : 15/Jun/2024 12:12PM
UHID/MR No : CHSR.0000152819	Reported : 15/Jun/2024 12:36PM
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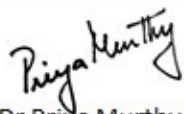
DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL , SERUM	0.56	mg/dL	0.3-1.2	DPD



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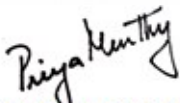
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BUN/CREATININE RATIO , SERUM				
BLOOD UREA NITROGEN	11.8	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.84	mg/dL	0.84 - 1.25	Modified Jaffe, Kinetic
BUN / CREATININE RATIO	14.02			Calculated

Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE , SERUM	0.84	mg/dL	0.84 - 1.25	Modified Jaffe, Kinetic



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UHID/MR No : CHSR.0000152819	Reported : 15/Jun/2024 02:27PM
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

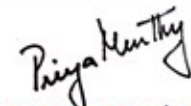
Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	HAZY		CLEAR	Physical measurement
pH	5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	POSITIVE ++		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	10-15	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Comment:

All urine samples are checked for adequacy and suitability before examination. Microscopy findings are reported as an average of 10 high power fields.



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SIN No:UR2366985

This test has been performed at Apollo Health & Lifestyle Ltd, BANGALORE Laboratory

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APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | Andhra Pradesh: Vizag (Seethamma Peta) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | Uttar Pradesh: Ghaziabad (Indrapuram) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

Address:
323/100/123, Doddathangur Village, Neeladri Main Road,
Neeladri Nagar, Electronic city, Bengaluru,
Karnataka - 560034

 1860 500 7788
www.apolloclinic.com

Patient Name	: Mr.GANESH AMBIGER	Collected	: 15/Jun/2024 08:41AM
Age/Gender	: 44 Y 10 M 0 D/M	Received	: 15/Jun/2024 01:09PM
UHID/MR No	: CHSR.0000152819	Reported	: 15/Jun/2024 02:27PM
Visit ID	: CHSROPV317694	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 9845198387		

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

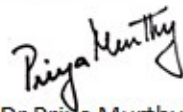
*** End Of Report ***

Result/s to Follow:
PERIPHERAL SMEAR

Page 9 of 9



Dr. Vidya Aniket Gore
M.B.B.S,M.D(Pathology)
Consultant Pathologist



Dr Priya Murthy
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No:UR2366985

This test has been performed at Apollo Health & Lifestyle Ltd. BANGALORE Laboratory

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | Andhra Pradesh: Vizag (Seethamma Peta) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | Uttar Pradesh: Ghaziabad (Indrapuram) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

Address:
323/100/123, Doddathangur Village, Neeladri Main Road,
Neeladri Nagar, Electronic city, Bengaluru,
Karnataka - 560034

 **1860 500 7788**
www.apolloclinic.com

Photo from Ganesh Ambiger

ganesh ambiger <ambiger1979@yahoo.co.in>

Sat 6/15/2024 8:32 AM

To:Hsr Apolloclinic <hsr@apolloclinic.com>



G. M. Ambiger

[Yahoo Mail: Search, organise, conquer](#)

Name : Mr. Ganesh Ambiger

Age: 44 Y

Sex: M

UHID:CHSR.0000152819



OP Number:CHSR0PV317694

Bill No :CHSR-OCR-69180

Date : 15.06.2024 08:33

Address : hsr

Plan : ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324	
1	BILIRUBIN, TOTAL - SERUM	
2	GLUCOSE, FASTING	
3	HEMOGRAM + PERIPHERAL SMEAR	
4	ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM	
5	COMPLETE URINE EXAMINATION	
6	PERIPHERAL SMEAR	
7	ECG <i>078</i>	
8	CREATININE, SERUM	
9	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) <i>10:30</i>	
10	X-RAY CHEST PA <i>W</i>	
11	FITNESS BY GENERAL PHYSICIAN <i>-</i>	
12	BLOOD GROUP ABO AND RH FACTOR	
13	OPHTHAL BY GENERAL PHYSICIAN <i>- A</i>	
14	BUN/CREATININE RATIO	

Atchb - 08
Dental - 27
opthal - 07

152819
44 Years

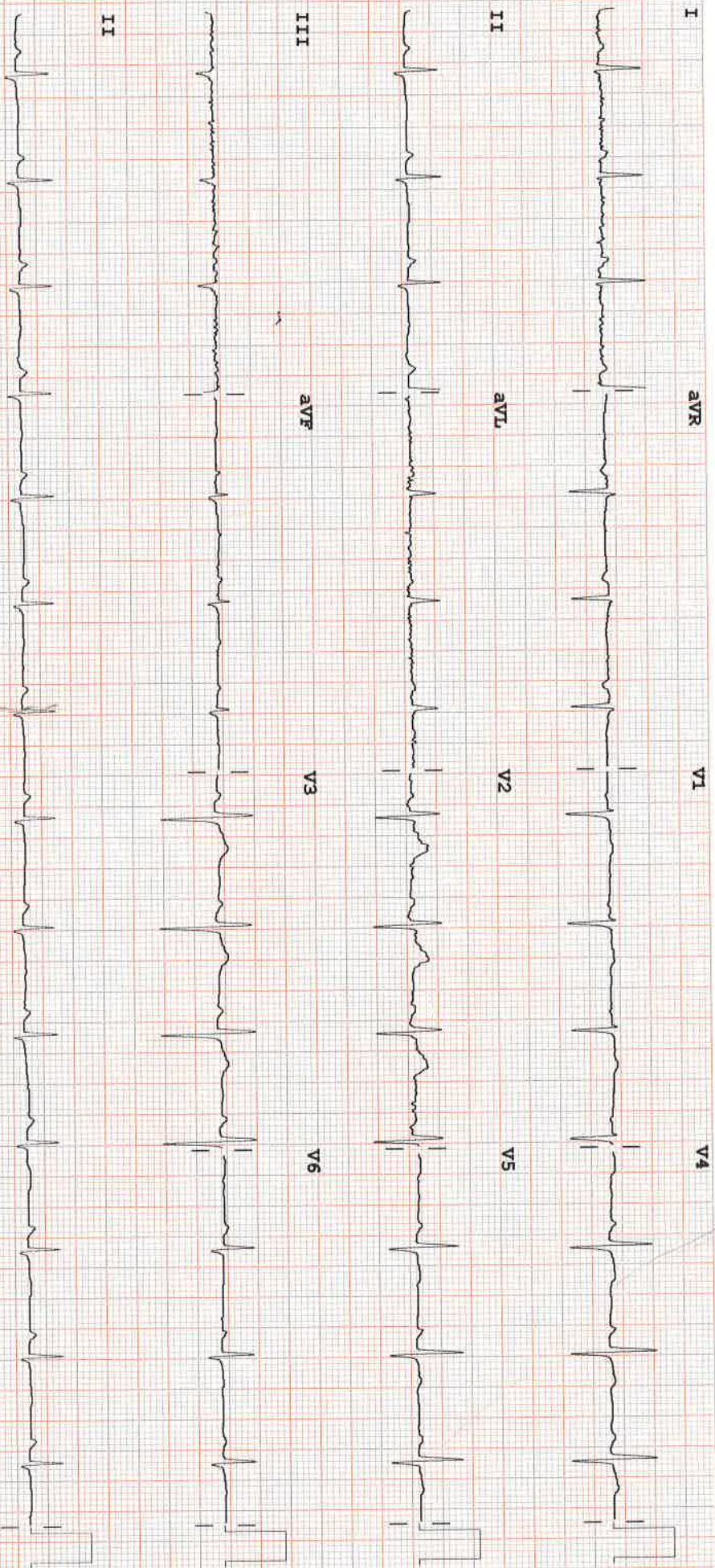
15/06/2024 09:25:42 AM ganesh
Male

THE APOLLO CLINIC
Dept: ECG

Rate	85	SINUS RHYTHM.....	normal P axis, V-rate 50-99
RR	706	CONSIDER LEFT ATRIAL ABNORMALITY.....	wide or notched P waves
PR	160	BORDERLINE T WAVE ABNORMALITIES.....	T/QRS ratio < 1/20 or flat T
QRSD	70		
QT	320		
QTcB	381		
QTcF	359		
--AXIS--			
P	22		
QRS	8		
T	11		

- BORDERLINE ECG -

(N)



Dev: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

604



REORDER HP M2242B

F 50 ~ 0.50 - 40 Hz W PH090A CL P2

Date : 15-06-2024
MR NO : CHSR.0000152819

Department : GENERAL
Doctor : *Thara Nair k.*

Name : Mr. Ganesh Ambiger
Age/ Gender : 44 Y / Male

Registration No :
Qualification :

Bt. jomp'o' Panku

Consultation Timing: 08:32

Height : <i>173 cm</i>	Weight : <i>100.3 kg</i>	BMI :	Waist Circum :
Temp :	Pulse : <i>99</i>	Resp :	B.P : <i>133/83</i>

General Examination / Allergies History

Clinical Diagnosis & Management Plan

No known allergies

No Complaints

*P/H - KICLO DM Since 5yr.
Glimisave MV 3.3*

*F/H - Father - DM.
Mother - DM.*

Diet - Veg Disease - regular Pabets - No

*Imp - Diabetes Mellitus - uncontrolled
AHOHA*

UTI



- Fit for employment with recommendation
- Diabetes management - importance
- Endo consultant / Diabetologist / Endocrinologist

Follow up date:

Doctor Signature

Seps-

PPBS - 283 ↑

PPBS - 341 ↑

S. creatinine 0.84

mic RF - Infx

Xray chest (N)

ECG - (N)



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Ganesh Ambiger on 15.6.24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> • <u>Fit with restrictions/recommendations</u> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Uncontrolled Diabetes Mellitus</u></p> <p>2. <u>Urinary tract Infection</u></p> <p>3. _____</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____ <u>Umic Care & Semty Test.</u> <u>Endocrinist Diabetologist</u> <u>Consultant</u></p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>



Dr. [Signature]
Medical Officer
The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes

Date : 15-06-2024
 MR NO : CHSR.0000152819
 Name : Mr. Ganesh Ambiger
 Age/ Gender : 44 Y / Male

Department : GENERAL
 Doctor :
 Registration No :
 Qualification :

Consultation Timing: 08:32

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies
 History

Clinical Diagnosis & Management Plan

Optical

*Slc without slc
 also with also*

Cor $\frac{17}{17}$ $\frac{17}{17}$

Refractive Error

Adv: New glass

Ruo

Puo

Add +1.50

(Be)

Follow up date:

Doctor Signature

Your appointment is confirmed

noreply@apolloclinics.info <noreply@apolloclinics.info>

Fri 6/14/2024 4:37 PM

To:ambiger1979@yahoo.co.in <ambiger1979@yahoo.co.in>

Cc:Hsr Apolloclinic <hsr@apolloclinic.com>;Anusha Siripurapu <anusha.s@apolloclinic.com>;Syamsunder M <syamsunder.m@apollohl.com>

Dear Ganesh Ambiger,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **HSR LAYOUT clinic** on **2024-06-15** at **08:00-08:15**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

Clinic Address: 54, FIRST FLOOR, 12TH MAIN ROAD, HSR LAYOUT.

Contact No: (080) 2572 4235 -36.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards,
Apollo Clinic

Patient Name : Mr. Ganesh Ambiger

Age/Gender : 44 Y/M

UHID/MR No. : CHSR.0000152819

OP Visit No : CHSR0PV317694

Sample Collected on :

Reported on : 15-06-2024 15:23

LRN# : RAD2352041

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 9845198387

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen

**DR .ABID HUSSIAN.
CONSULTANT RADIOLOGIST.**