

Patient Name : MR. AJIT KUMAR DAS

Age / Gender : 41 years / Male

Patient ID : 19803

Referral : MEDI WHEEL

Collection Time : 24/01/2024, 08:54 AM

Reporting Time : 24/01/2024, 01:00 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.77	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazoization	0.20	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.57	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with PSP, IPCC 37 degree	19.91	8 - 33	U/L
SGPT Method : Serum, UV with PSP, IPCC 37 degree	26.97	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	7.06	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/ Kinetic	154.12	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	7.61	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.67	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.94	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	0.93	1.2 - 2.2	

END OF REPORT

Lab Technician

W. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health

Patient Name : MR. AJIT KUMAR DAS

Age / Gender : 41 years / Male

Patient ID : 19803

Referral : MEDI WHEEL

Collection Time : 24/01/2024, 08:54 AM

Reporting Time : 24/01/2024, 12:39 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	14.0	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.04	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	43.7	42 - 52	%
Mean Cell Volume (MCV)	86.71	78 - 100	fL
Mean Cell Haemoglobin (MCH)	27.78	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	32.04	32 - 36	g/dL
Red Cell Distribution Width (RDW)	13.7	11.5 - 14.0	%
Total Leucocytes (WBC) Count	6100	4000-10000	cell/cu.mm
Neutrophils	66	40 - 80	%
Lymphocytes	28	20 - 40	%
Monocytes	04	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	273	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	11.5	7.2 - 11.7	fL
PCT	0.31	0.2 - 0.5	%
PDW	16.8	9.0 - 17.0	%

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
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Patient Name : MR. AJIT KUMAR DAS

Age / Gender : 41 years / Male

Patient ID : 19803

Referral : MEDI WHEEL

Collection Time : 24/01/2024, 08:54 AM

Reporting Time : 24/01/2024, 12:41 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	171.15	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	158.85	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42.78	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	96.60	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	31.77	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.26	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab technician


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Collection Time : 24/01/2024, 08:54 AM

Reporting Time : 24/01/2024, 12:41 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
Glucose, Fasting (FBS)			
Glucose fasting <small>Method : Fluoride Plasma-F, Hexokinase</small>	88.88	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial <small>Method : Hexokinase</small>	121.69	70 - 140	mg/dL
HbA1c, Glycosylated Hemoglobin			
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD <small>Method : (HPLC, NGSP certified)</small>	5.29		%
Estimated Average Glucose :	105.12	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

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Age / Gender : 41 years / Male

Patient ID : 19803

Referral : MEDI WHEEL

Collection Time : 24/01/2024, 08:54 AM

Reporting Time : 24/01/2024, 12:41 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate 12 0 - 15 mm/hr

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

****END OF REPORT****

Lab technician


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Collection Time : 24/01/2024, 08:54 AM

Reporting Time : 24/01/2024, 12:35 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.91	0.60 - 1.30	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Urnase, Colorimetric	5.14	3.4 - 7.0	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urnase	11	10 - 50	mg/dL
<u>Blood Group ABO & Rh Typing, Blood</u>			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"O"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		

END OF REPORT

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Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow
Transparency (Appearance)	CLEAR	Clear
Deposit	Absent	Absent
Reaction (pH)	Acidic 6.0	4.5 - 7.0
Specific gravity	1.015	1.005 - 1.030

Chemical Examination

Urine Protein (Albumin)	Absent	Absent
Urine Glucose (Sugar)	Absent	Absent

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
R128 cells (WBCs)	1 - 2 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab technician


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Age / Gender : 41 years / Male

Patient ID : 19803

Referral : MEDI WHEEL

Collection Time : 24/01/2024, 08:54 AM

Reporting Time : 24/01/2024, 12:40 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.16	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	8.61	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	1.45	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH(especially in the range of 4.7 to 15 mIU/ml) is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent L4 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness*
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis*
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies)Intermittent L4 therapy or T4 overdose *Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion*
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)*
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre, Toxic nodule *Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum*
Decreased Within Rang	Raised	Within range	T3 toxicosis *Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT

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Wishing Good Health

NAME:- AJIT KUMAR DAS
AGE:- 41 YRS

DATE:-24.01.2024
SEX:- MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMP:-NORMAL STUDY.



Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist



810 / AJIT KUMAR DAS / 41 Yrs / M / 168 Cms / 64 Kg Date: 24-Jan-2024 Refd By : MEDIWHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:19	0:19	00.0	00.0	01.0	077	43%	120/80	092	00	
Standing	00:37	0:18	00.0	00.0	01.0	073	41%	120/80	087	00	
HV	00:54	0:17	00.0	00.0	01.0	078	44%	120/80	093	00	
ExStart	01:11	0:17	00.0	00.0	01.0	078	44%	120/80	093	00	
BRUCE Stage 1	04:11	3:00	01.7	10.0	04.7	129	72%	121/81	156	00	
BRUCE Stage 2	07:11	3:00	02.5	12.0	07.1	160	89%	123/83	196	00	
PeakEx	08:24	1:13	03.4	14.0	08.4	179	100%	123/83	220	00	
Recovery	08:54	0:30	01.1	00.0	04.2	172	96%	123/83	211	00	
Recovery	09:24	1:00	01.1	00.0	01.2	160	89%	122/82	195	00	
Recovery	11:24	3:00	00.0	00.0	01.0	146	81%	122/82	176	00	
Recovery	13:30	5:06	00.0	00.0	01.0	128	72%	121/81	154	00	

FINDINGS :

Exercise Time : 07:13
 Max HR Attained : 179 bpm 100% of Target 179
 Max BP Attained : 123/83
 Max Workload Attained : 8.4 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :



ZENA HEALTHCARE

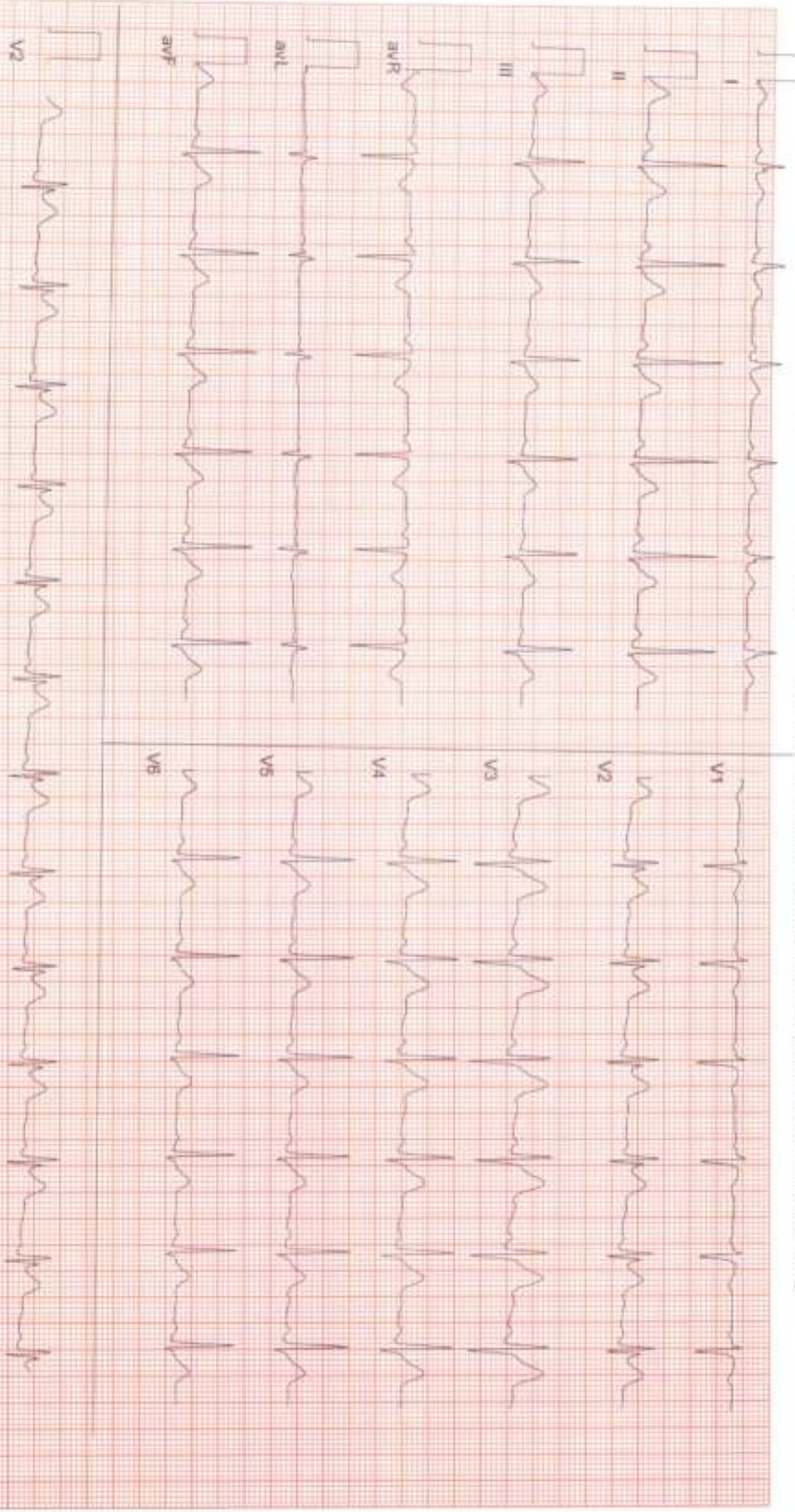
SAHIDNAGAR, BHUBANESWAR

810 / AJIT KUMAR DAS / 41 Yrs / Male / 168 Cm / 64 Kg

Date: 24-01-2024 03:01:22 PM METs: 1.0 HR: 77 Target HR: 43% of 179 BP: 120/80

Ex Time: 00:00 0.0 mph/0.0 % 25 mm/Sac 1.0 Cm/mV B.L.C. On/ Natch Cnv/HR: 0.05 Hz/LF: 35 Hz

6 x 2 + Rhythm
BRUCE Supine(0:19)

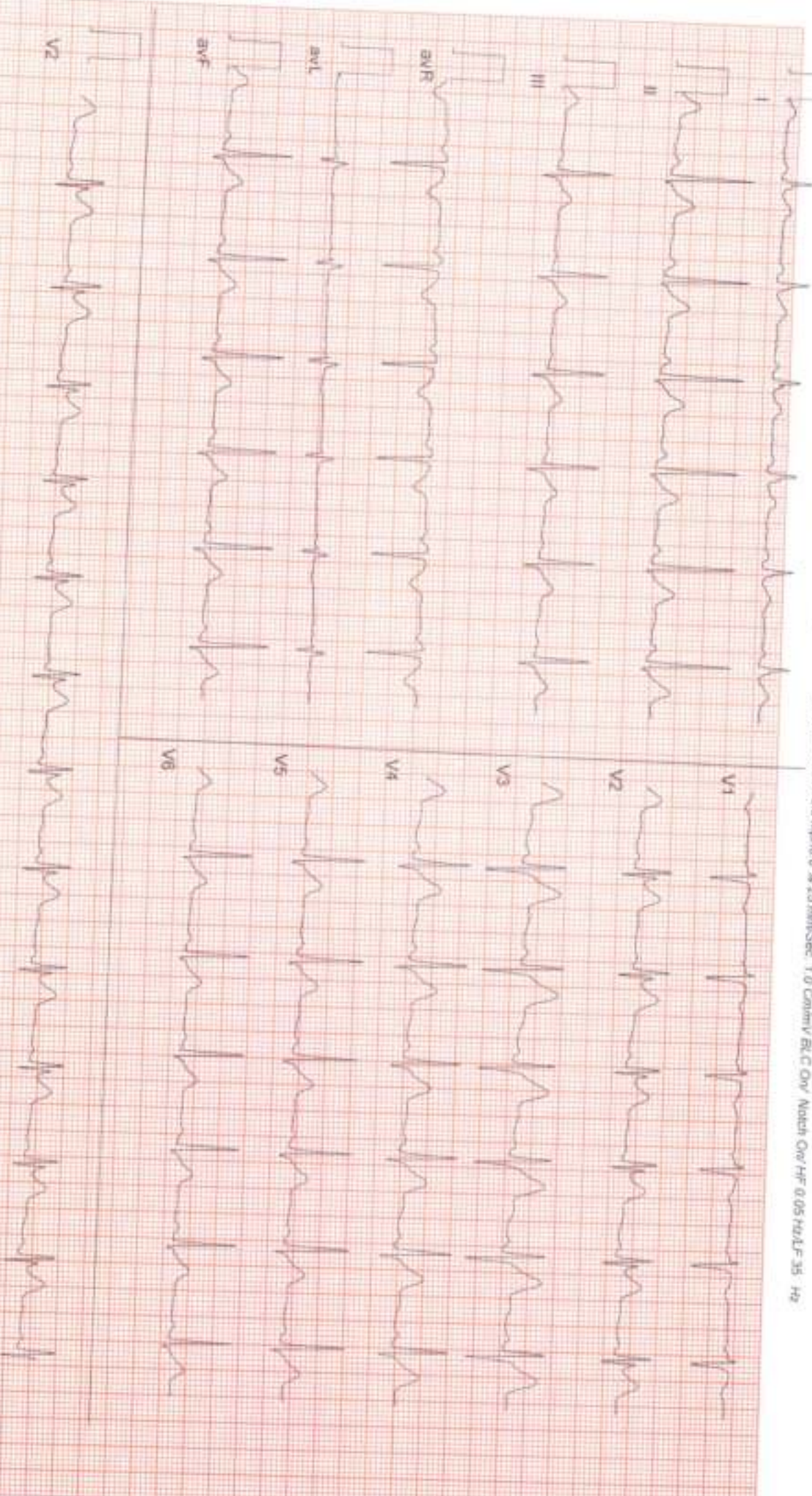


6 x 2 + Rhythm
ExStart



Date: 24.01.2024 03:01:22 PM METs: 1.0 HR: 78 Target HR: 44% of 179 BP: 120/80

Ex Time: 00:00 0.0 mmHg 0 % 29 mm/Sec 1.0 Cm/mV RL C Ov/ Notch Ov/ HF 0.05 Hz/LF 35 Hz

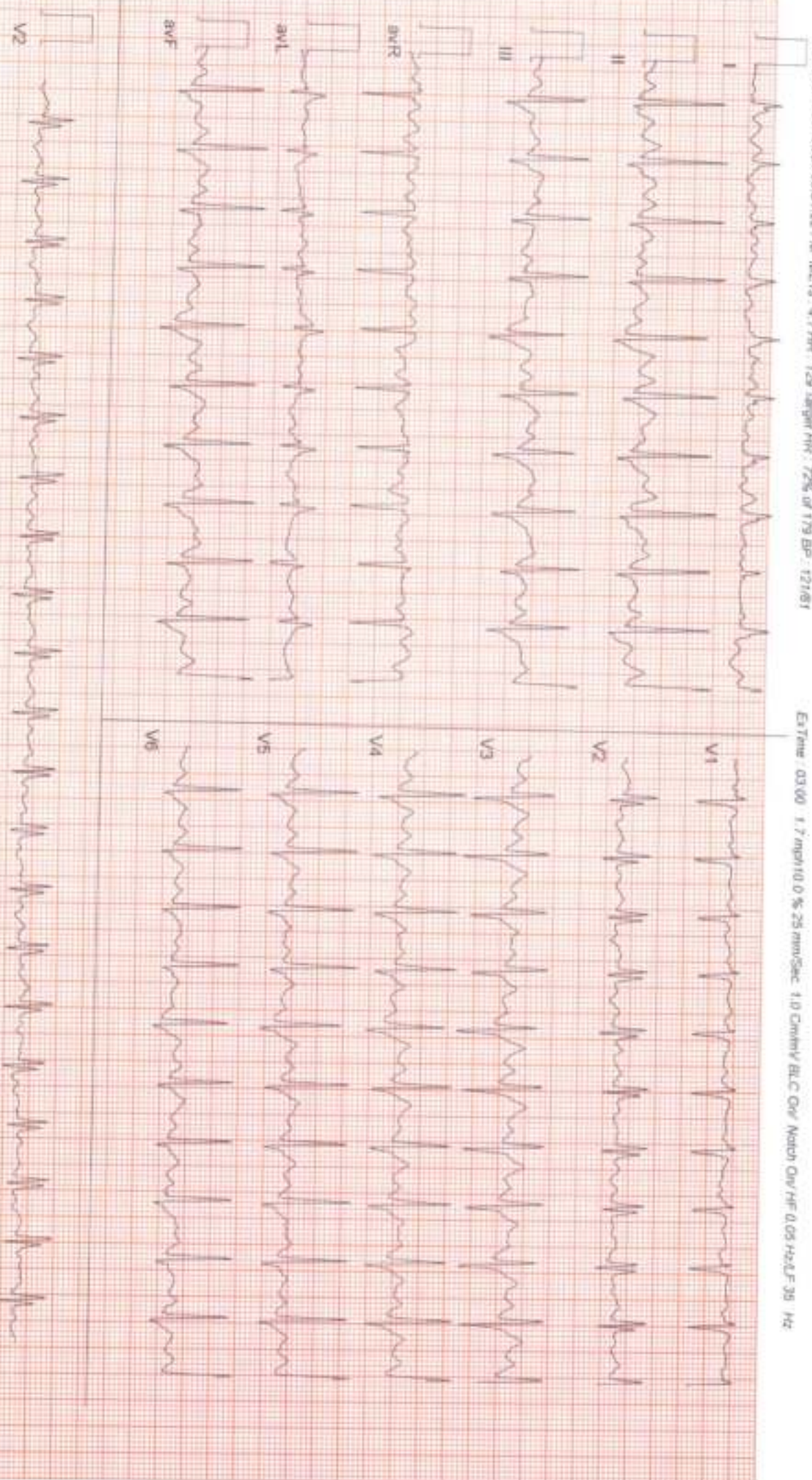


Date: 24-01-2024 03:01:22 PM NETs: 4.7 HR: 129 Temp HR: 72% of 179 BP: 121/61

ExTime: 03:00 1.7 msp/10.0 % 25 mm/Sec 1.0 Cm/mV BLC Off Natch On HF 0.05 Hz LF 35 Hz

6 x 2 + Rhythm

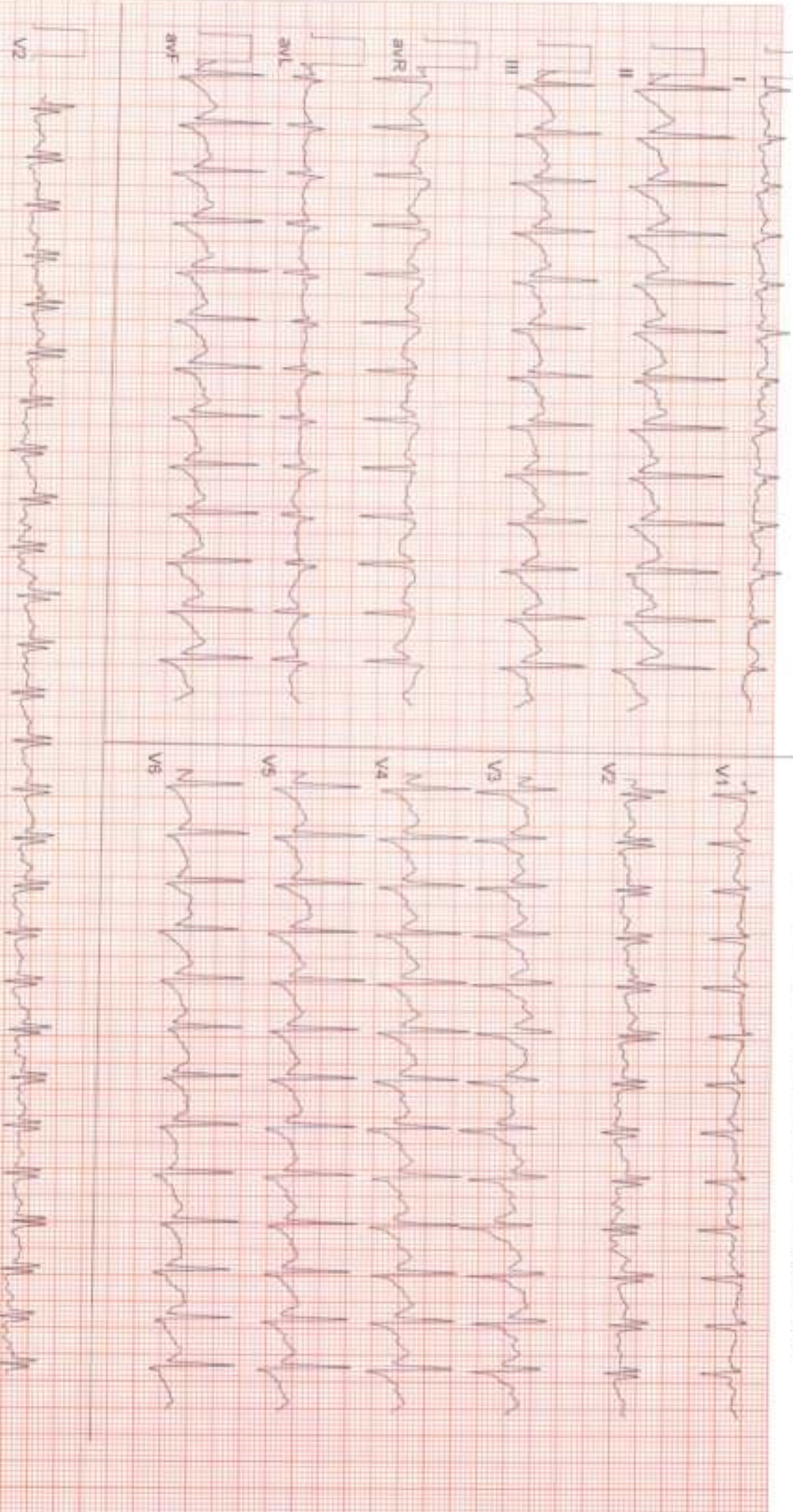
BRUCE: Stage 1 (3:00)





Date: 24-01-2024 03:01:22 PM METs : 1.1 HR : 160 Target HR : 80% of 179 BP : 123/83

Ex Time : 06:00 2.5 mph/12.0 % 25 mm/Sec 1.0 CM/1V BLC CM' March CM' HF 0.06 Hz/UF 25 Hz



Date: 24-01-2024 03:01:22 PM METs : 8.4 HR : 179 Target HR : 100% of 179 BP : 123/83

Ex Time : 07:13 3.4 mm/14.0 % 25 mm/Sec 1.0 CreamV BLC Div/ Notch Div/HR 0.05 Half 35 Hz

6 x 2 + Rhythm
PeakEx

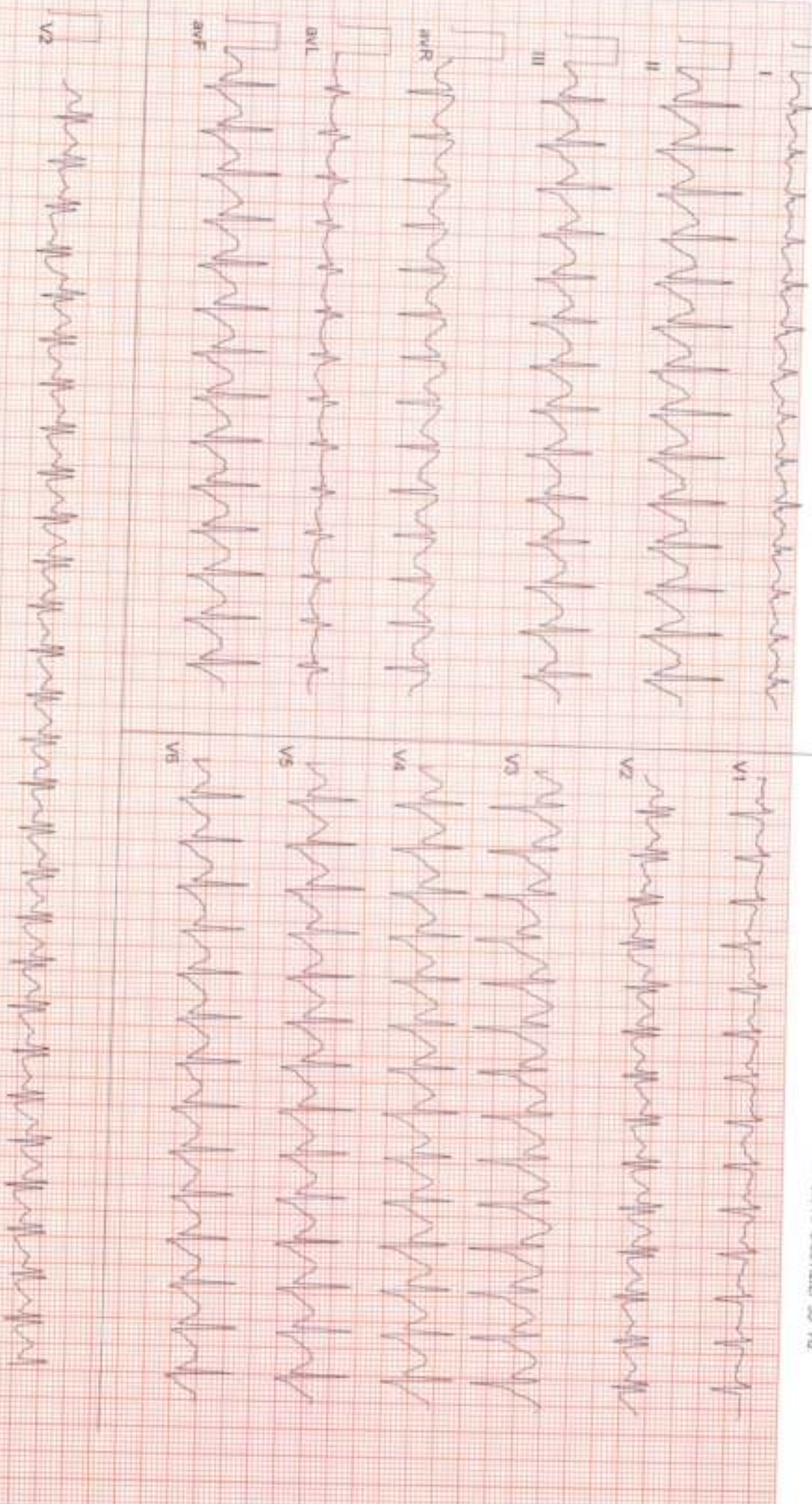


Date: 24-01-2024 03:01:22 PM METs: 4.2 HR: 172 Target HR: 96% of 179 BP: 123/83

6 x 2 + Rhythm
Recovery(0:30)



ExTime : 07:13 1.1 mph 0 % 25 mm/Sec 1.0 Cm/Div BLC QW Match QW HF 0.05 Hz LF 35 Hz



Date: 24 - 07 - 2024 03:01:22 PM METs: 1.2 HR: 160 Target HR: 89% of 179 BP: 120/83

6 x 2 + Rhythm
Recovery (1:00)



Ex Time: 07:13 1.1 mVx0.05 25 mm/Sec 1.0 CMV/BLC Div Natch Div/HR 0.05 Hz/LF 35 Hz



Date: 24-01-2024 03:01:23 PM METS: 1.0 HR: 145 Target HR: 81% of 179 BP: 122/82

6 x 2 + Rhythm
Recovery(3:00)



ExTone: 07:13 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV SLC On/ Natch CW/HR 0.05 Hz/LF 35 Hz



Date: 24-01-2024 03:01:22 PM METs: 1.0 HR: 128 Target HR: 72% of 179 BP: 121/81

6 x 2 + Rhythm
Recovery(5:06)

Ex Time: 07:13 0.0 mph 0 % 25 min/Sec 1.0 Crd/MV B.L.C Crd/Minch Crd/HR 0.05 Hz/EF 35 Hz



ID 1532 CASE
AGE 41 Y M D

AJIT KU DAS
MALE

24/01/2024 10:21:03
ZENA HEALTHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

Cms

HEAR 76 bpm SINUS RHYTHM

R-R 785 ms

P-R 140 ms

QRS 94 ms

QT 346 ms

QTc 374 ms

--AXIS--

P 26°

QRS 80°

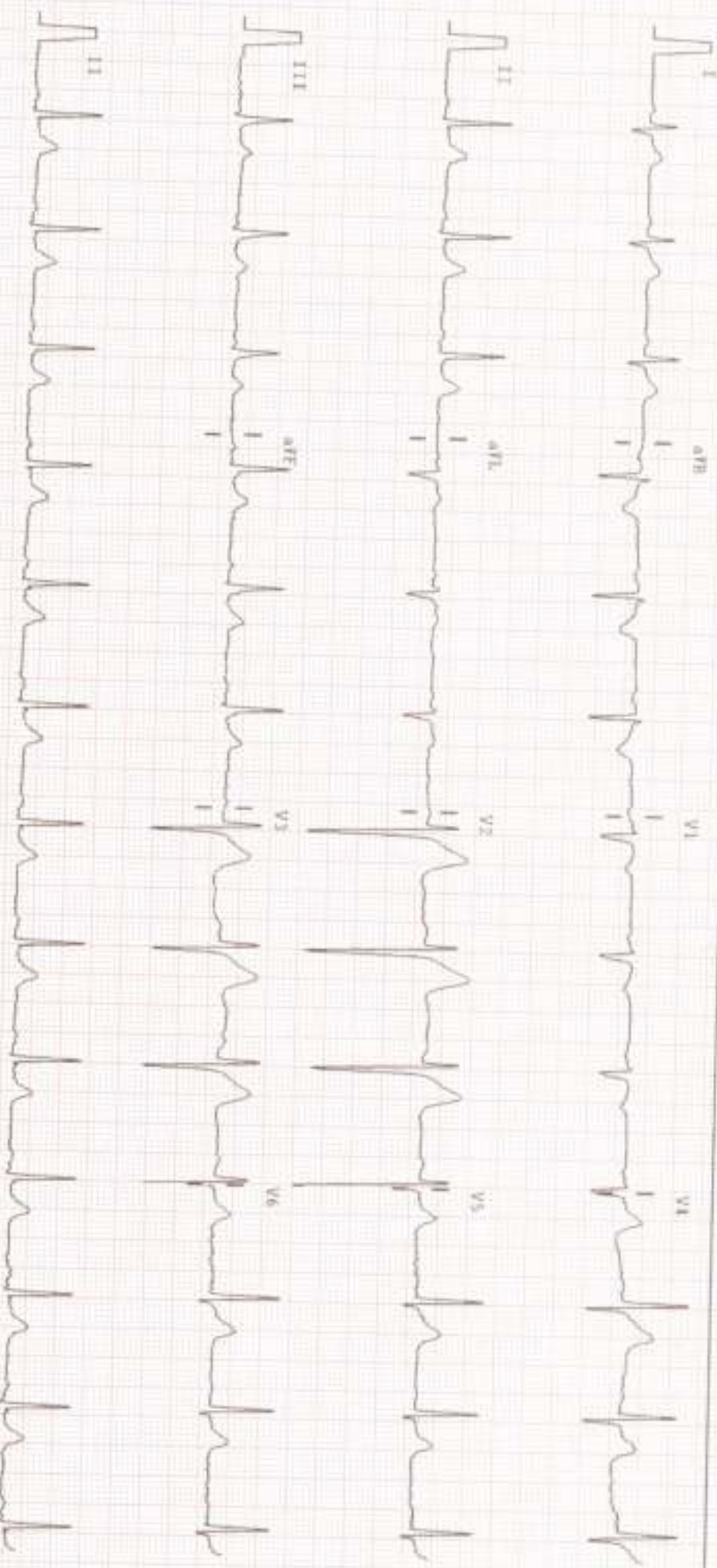
T 57°

NORMAL ECG

12 LEAD REPORT FORMAT 3x4+1L 50

REF.

Dr.



For Followup : - Visit Dr. APARNA DWIBEDY for review as and when necessary



Dr. Aparna Dwibedy
Reg. No : 17233/09
Doctor
Oculoplasty, Oncology, Aesthetics
& Cataract services
General Ophthalmology
Printed on: 24 Jan'2024, 01:38 PM

IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)

PLEASE CONTACT: MOBILE NO 8118052202

ଅପୂର୍ଣ୍ଣା ଆପାର ପରିଚ୍ଛେଦ, ଦେଖିବା ଆଖି ଯତ୍ନ, ଦୁଇ ଦୋଷିବା, ଆଖି ଭାଲ ପରିବା ଓ ଦୃଷ୍ଟି କମିଯିବା କ୍ଷେତ୍ରରେ ଦୟାକରି ଉକ୍ତ ନମ୍ବର ପ୍ର (୮୧୧୮୦୫୨୨୦୨)

Patient :	MR. AJIT KUMAR DAS	Doctor :	Dr. APARNA DWIBEDY
Age/Sex :	41 years 0 months /Male	Facility :	Dr. Agarwal's Health Care Ltd, Bhubaneswar
Contact :	9776413073	Appt. Dt :	24 Jan'24
MR No. :	BHU/41662/24	Address :	RAURKELA, Rourkela - 14 S.O 0
Note Dt :	24 Jan'24		

GLASSES PRESCRIPTIONS

	R/OD			
	Sph	Cyl	Axis	Vision
Distant	0.00	--	--	6/6
Near	+1.00	--	--	N6

	L/OS			
	Sph	Cyl	Axis	Vision
Distant	0.00	--	--	6/6
Near	+1.00	--	--	N6



Dr. Aparna Dwibedy
Reg. No : 17233/09
Doctor
Oculoplasty, Oncology, Aesthetics
& Cataract services
General Ophthalmology
Printed on: 24 Jan 2024, 01:40 PM

**IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)
PLEASE CONTACT: MOBILE NO 8118052202**

ଉତ୍କଳା ଚକ୍ରାନ୍ତ ପବ୍ଲିଶିଂ: ଯେପରିକି ଆଖି ଯତ୍ନ, ଦୂର ଦେଖିବା, ଆଖି ଭାଙ୍ଗି ପଡିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି କମିଯିବା କ୍ଷେତ୍ରରେ ସହାୟକ ଭବ୍ତ ନ୍ୟୁଜ ହୁ (୮୧୧୮ ୦୫୨୨୦୨)

Patient : MR. AJIT KUMAR DAS
Age/Sex : 41 years 0 months /Male
Contact : 9776413073
MR No. : BHU/41662/24
Note Dt : 24 Jan'24

Doctor : Dr. APARNA DWIBEDY
Facility : Dr. Agarwal's Health Care Ltd.
Bhubaneswar
Appt. Dt : 24 Jan'24
Address : RAURKELA, Raurkela - 14 S.O 0

OPD SUMMARY

HISTORY

Visit: General Checkup
Chief Complaints : Came For Annual Eye Check Up
Ophthalmic History : None
Systemic History : H/O Cold & Cough @ 2 Days
Allergies : None

REFRACTION

R/OD

Keratometry:

	Value	Axis
Kh	42.75	170
Kv	44.00	80

Avg. K: 43.38

Cyl: -1.25

Auto Refraction:

	Sph	Cyl	Axis
Dry	0.0	-0.50	160
	--	--	--
	--	--	--
Dilated	--	--	--
	--	--	--
	--	--	--

Dry Refraction:

	Sph	Cyl	Axis	Vision

L/OS

Keratometry:

	Value	Axis
Kh	43.00	180
Kv	44.00	90

Avg. K: 43.50

Cyl: -1.00

Auto Refraction:

	Sph	Cyl	Axis
Dry	0.00	-0.50	20
	--	--	--
	--	--	--
Dilated	--	--	--
	--	--	--
	--	--	--

Dry Refraction:

	Sph	Cyl	Axis	Vision

IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)

PLEASE CONTACT: MOBILE NO 8118052202

ଉତ୍ପାଦନ କାର୍ଯ୍ୟ ପରିଷଦ: ଯେଉଁଠି ଆଖି ନିରୀକ୍ଷା, ଚିକିତ୍ସା, ଆଖି ଭାର ପଢ଼ିବା ଓ ଦୃଷ୍ଟି ଚକ୍ର ନିର୍ଦ୍ଧାରଣ କ୍ଷେତ୍ରରେ ସର୍ବାଧିକ ଉତ୍ତମ ସ୍ତର (CARE ୦୫୨୨୦୨)