

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MRS BHAWANA PUROHIT  
**Referred By Dr :** MEDIWHEEL  
**Sex :** FEMALE **Age :** 33 Years  
**Collected At :** MAHAVIR NAGAR MAIN BRANCH

**Lab No. :** LIC7671 \*LIC7671\*  
**Reg. Date :** 07-Sep-2024 9:49 am  
**Report Date :** 07-Sep-2024 2:58 pm  
**Print Date :** 09-Sep-2024 5:44 pm

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	9.80		5 - 20 mg/dl
CREATININE	0.65	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	3.90	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	33		
eGFR	111.57	ml/min	

eGFR calculation based on MDRD guideline 2012  
 More than 90 ml / min / 1.73 Sqm - Normal eGFR  
 60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .  
 Suggest reapt testing in 6 to 12 months.  
 Exclude kidney disease in those at high risk (Diabetes & Hypertension  
 30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over  
 three month .  
 Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.  
 15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology  
 referral

----- End of Report -----

Checked By  
DILIP

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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**Print Date** : 09-Sep-2024 5:44 pm

## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

----- End of Report -----

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	93.1	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	112.5	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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# HEALTHCARE

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	13.2	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.38	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	40.8	%	Female : 32 - 47 %
MCV	93.00	fl	80- 96 fl
MCH	30.20	pg	27 - 32 pg
MCHC	32.50	gm%	32 - 37 gm%
RDW	13.5	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	5640	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	256000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	20	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

----- End of Report -----

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

\* RECHECKED & CONFIRMED

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	131	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	86.2	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	48.4	mg / dl	35.3 - 79.5 mg / dl
VLDL	17.24	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	65.36	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	2.71		< 5
LDL / HDL	1.35		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

----- End of Report -----

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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.55	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.28	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.27	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	13.6	U / L	Up to 45 U / L
S.G.O.T.	20.70	U / L	Up to 46 U / L
Alkaline Phosphatase	90.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	6.4	gm / dl	6.4 - 8.3 gm / dl
Albumin	3.65	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.75	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.33		1.0- 2.3
GGT	15.3	IU/L	55 IU/L

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### T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	131.908	ng/dl	91.14 - 237.61 ng/dl HYPOTHYROID : Less than 35 ng/dl HYPERTHYROID : Above 193 ng/dl
T4 [ Thyroxine ]	5.691	ug/dl	4.71 - 13.20 ug/dl  µg/dl HYPOTHYROID : Less than 4.87 µg/dl HYPERTHYROID : Above 11.72 µg/dl
TSH [Thyroid Stimulating Hormone]	3.139	uIU/mL	0.3 - 4.3 uIU/ml Hypothyroid > 15.0 Hyperthyroid : < 0.35 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g: L droga, Glucocorticoid Drugs that increase TSH values e.g Iodine, Lithium, Amiodarone.
4. Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens. O C Pills, Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

Page 8 of 10

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS BHAWANA PUROHIT  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : LIC7671 \*LIC7671\*  
**Reg. Date** : 07-Sep-2024 9:49 am  
**Report Date** : 07-Sep-2024 3:10 pm  
**Print Date** : 09-Sep-2024 5:44 pm

## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.015
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

Page 9 of 10

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP: SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 82565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)  
 "Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY • ALLERGY TESTING
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS BHAWANA PUROHIT  
 Referred By Dr : MEDIWHEEL  
 Sex : FEMALE Age : 33 Years  
 Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : LIC7671 \*LIC7671\*  
 Reg. Date : 07-Sep-2024 9:49 am  
 Report Date : 07-Sep-2024 3:10 pm  
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----- End of Report -----

Checked By  
 JAY

DR. BHAVINI KAMDAR  
 MD (PATH) MUM

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**Health Check up Booking Request(22S32665)**

mediwheel <wellness@mediwheel.in>  
o: healthcare.medicals@gmail.com  
c: customercare@mediwheel.in

Wed, Sep 4, 2024 at 4:30 P

**011-41195959****Dear Healthcare Medical Centre and Diagnostic**

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

**You confirm this booking?**

Name : Devesh pathak

Contact Details : 9920312219

Hospital Package Name : Mediwheel Full Body Health Checkup Female Below 40

Location : 76/754 Mahavir Suryadarshan Soc., Satyanagar Road, Mahavir Nagar, Kandivali (W)

Appointment Date : 07-09-2024

Member Information		
Booked Member Name	Age	Gender
Bhawana purohit	33 year	Female

**Tests included in this Package**

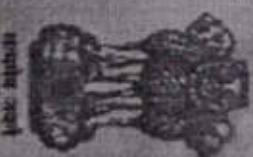
- Blood Group
- Stool Test
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver Profile
- Blood Glucose (Post Prandial)
- Thyroid Profile
- Pap Smear
- Urine Sugar Fasting
- Urine Sugar PP
- ESR
- Blood Glucose (Fasting)
- TMT OR 2D ECHO (Any 1) Chosen By Candidate
- Chest X-ray
- ECG
- USG Whole Abdomen
- Gynae Consultation
- Eye Check up consultation

**DR. M. PUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PCCO)  
Reg. No. 2018115643

**Healthcare**  
Mahavir Suryadarshan Soc,  
Satya Nagar Road, Mahavir Nagar  
Kandivalli (W), Mumbai - 400 067  
Tel. No. 2869 7808

**आयकर विभाग**

**INCOME TAX DEPARTMENT**



**भारत सरकार**  
**GOVT. OF IND**



**स्थायी लेखा संख्या कार्ड**

**Permanent Account Number Card**

**GRUPPP2393L**

*Bhawana*

**नाम / Name**

**BHAWANA PUROHIT**

**पिता का नाम / Father's Name**

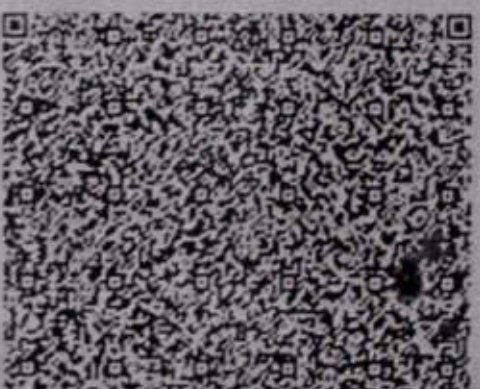
**RAJENDRA PUROHIT**

**जन्म की तारीख / Date of Birth**

**30/11/1990**

*Bhawana*  
**हस्ताक्षर / Signature**

**9480149**



- COMPLETE PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME:</b>	MRS BHAWANA PUROHIT	<b>DATE</b>	07/09/2024
<b>HEIGHT: 162CMS</b>	<b>WEIGHT: 57.5 KG</b>	<b>AGE:</b>	33YRS
<b>REFERRED BY:</b>	MEDIWHEEL	<b>SEX:</b>	FEMALE
<b>PRESENT COMPLAINT: NONE</b>			
<b>CURRENT MEDICATION: NONE</b>			
<b>PAST HISTORY: H/O LSCS 1 YR BACK</b>			
<b>FAMILY HISTORY: NONE</b>			
<b>ALLERGY: NONE</b>	<b>HABITS: NONE</b>	<b>APPETITE: NORMAL</b>	
<b>SLEEP: NORMAL</b>	<b>BLADDER: NAD</b>	<b>BOWEL: NAD</b>	
<b>GENERAL EXAMINATION:</b>		<b>ADVICE</b>	
P: 94/min BP: 114/70 mm of Hg			
ICTERUS: NIL OEDEMA: NIL			
OTHERS: NAD			
RS: NAD			
CVS: NAD			
PA: NAD			
CNS: NAD			
<b>INVESTIGATION:</b>			

*ht for employment*

DR. NUPUR RAI  
 MBBS, DIPLOMA (PDDCC) [M.D.]  
 Reg. No. 2016115643

**Healthcare**  
 Mahavir Suryadarshan Soc,  
 Sety a Nagar Road, Mahavir Nagar  
 Kandivli (W), Mumbai - 400 067  
 Tel. No. 2608 7808

DR. NUPUR RAI  
 MBBS, DIPLOMA (PDDCC) (PDDCC)  
 Reg. No. 2016115643

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**OPHTHALMIC REPORT**

NAME *Mrs Bhawana Purohit* DATE *7-09-2014*  
 R- NO AGE *33 yrs*  
 REF. BY DR. *Mediwheel* SEX *Female*

**RIGHT EYE**      **LEFT EYE**

V.A. WITHOUT GLASSES: *6/6 NG*      *6/6 NG*

V.A. WITH GLASSES: *-*      *-*

SLIT LAMP EXAMINATION: *-*      *-*

IOP - SCHIOTZ TONOMETER: *-*      *-*

FUNDUS: *-*      *-*

COLOUR VISION: *Normal (PSE)*  
(ISHIHARA CHART)

OCULAR MOVEMENTS: *Full Normal (PSE)*

RETINOSCOPY: *-*      *-*

Prescription:

	SPH	CYL	AXIS	SPH	CYL	AXIS
DISTANCE	<i>6/6 -</i>	<i>-</i>	<i>-</i>	<i>-</i>	<i>-</i>	<i>-</i>
NEAR	<i>NG -</i>	<i>-</i>	<i>-</i>	<i>-</i>	<i>-</i>	<i>-</i>

CLINICAL IMPRESSION: *(PSE)*  
 ADVICE: *Antiglare glasses*

DR SAYALI SAWANT  
REG. NO 1010

**Healthcare**  
 Mahavir Suryadarshan Soc,  
 Satya Nagar Road, Mahavir Nagar  
 Kandivali (W), Mumbai - 400 067  
 Tel. No. 2869 7808

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

DATE: 7/10/2014

TO,

Mediheal

This is regarding your client Miss/Mrs/Mr. Bhawna Parashar

Visited to our centre on 7/10/14 for her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool Examination

Reason: RT Neck swelling

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Bhawna Parashar

Client's sign

Dr. NUPUR RAI  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No. 2018115643

Medical Examiner

**Healthcare**  
Mahavir Suryadarshan Soc,  
Satya Nagar Road, Mahavir Nagar  
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS BHAWANA PUROHIT	DATE	07.09.2024
		AGE	33 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

## X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

### IMPRESSION :

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

Correlate clinically .

**DR,SACHIN JADKAR**  
Consultant Radiologist

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly





NAME	MRS BHAWANA PUROHIT	DATE	07/09/2024
		AGE	33 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

### REAL TIME ABDOMINAL SONOGRAPHY SHOWS ,

**LIVER** : Liver is normal in size showing homogenous parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**Gall bladder** : The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

**PANCREAS** : Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture. No focal lesion seen.

**KIDNEYS** : Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appears normal. There is no evidence of hydronephrosis or renal calculus.

(a) Right kidney measures: 9.5 X 3.8 cms

(b) Left kidney measures: 9.2 X 4.6 cms.

**SPLEEN** : The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

**AORTA** : The upper aorta and para aortic regions appear normal.

**URINARY BLADDER** : Urinary bladder is minimally distended. No evidence of calculus or intraluminal mass seen in the bladder.

#### **UTERUS (TAS):**

Uterus is anteverted and normal. Endometrial lining ( 6 to 7 mm) appears normal. No evidence of focal lesion.

Uterus measures: 7.2 x 4.3 x 3.5 cms.

- COMPU. PATHOLOGY • ALLERGY TESTING
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS BHAWANA PUROHIT	DATE	07/09/2024
		AGE	33 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

**ADNEXA :**

Right ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Right ovary measures: 2.6 x 2.4cm.

Left ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Left ovary measures: 2.5 x 2.4cm.

No evidence of free fluid.

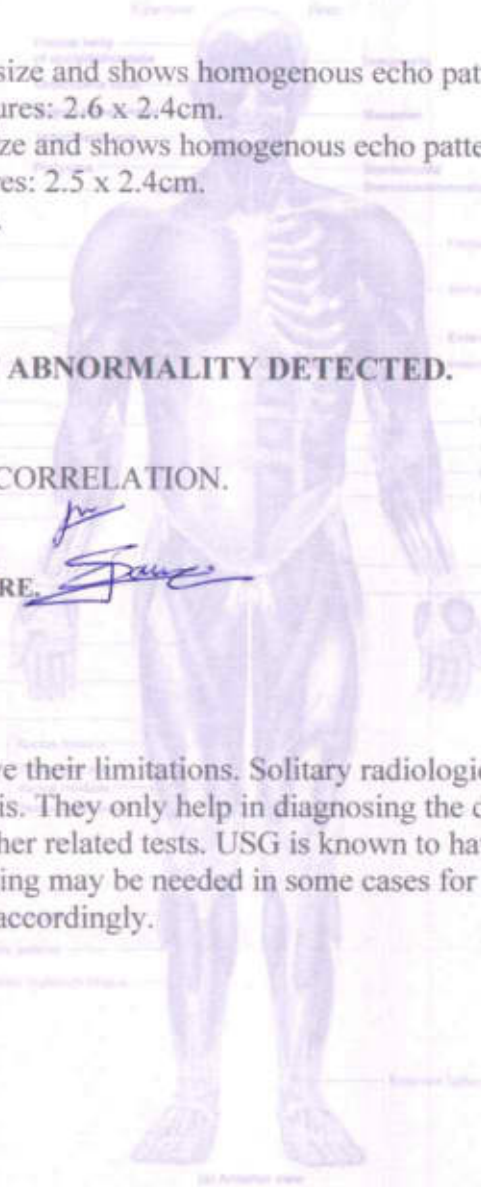
**IMPRESSION :**

- **NO SIGNIFICANT ABNORMALITY DETECTED.**

SUGGEST: CLINICAL CORRELATION.

**DR.SACHIN JADKAR**  
CONS.RADIOLOGIST. DMRE.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.



- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



# ELECTROCARDIOGRAM (ECG)

MRS BHAVANA PUROHIT  
 ELIC7671 07-Sep-2024  
  
 ECC

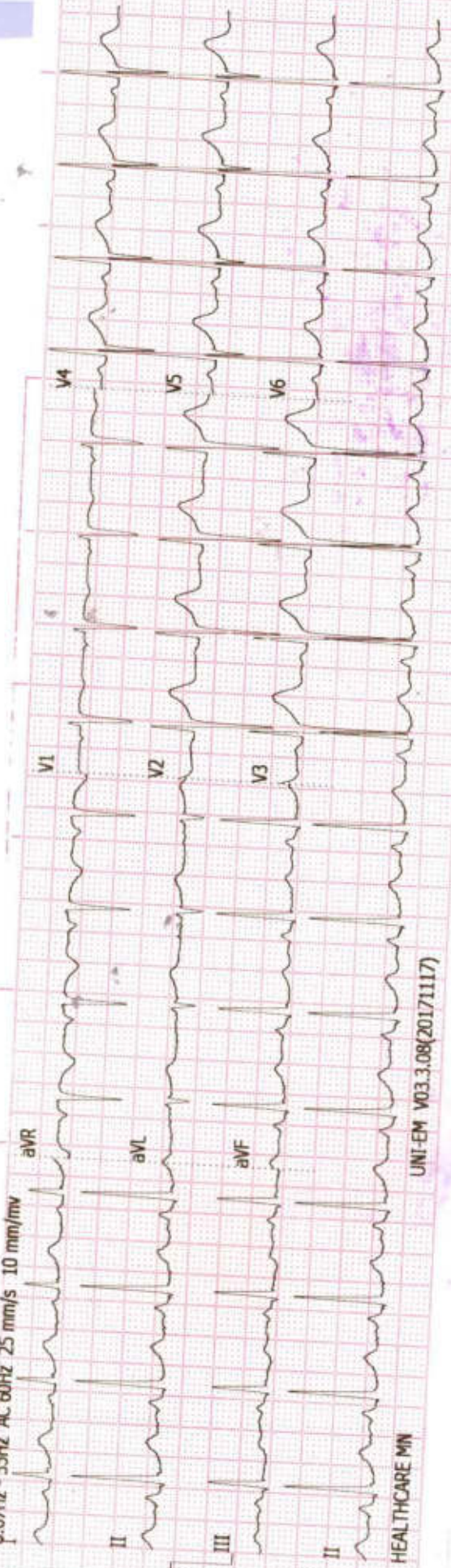
PATIENT MRS BHAVANA PUROHIT AGE: 33 SEX (F)  
 REF. BY DR. MEDWHEEL DATE 7/9/2024

Dr.   
 Dr. **NIJUR RAI**  
 MBBS, DIPLOMA IN CARDIOLOGY (PGDCC)  
 Reg. No. 2018115643

INTERPRETATION : normal

**Healthcare**  
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 Satya Nagar Road, Mahavir Nagar  
 Kandivali (W), Mumbai - 400 067  
 Tel. No. 2869 7808

0.67Hz - 35Hz AC 60Hz 25 mm/s 10 mm/mv



HEALTHCARE MN

UNI-EM V03.3.08(2017/1117)

*Brooklyn*

History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 100 bpm

Ventricular Rate : 63

Rhythm : .....

Mechanism : .....

Voltage : .....

REMARKS & CONCLUSIONS : low

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : (H) .....

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD  
 MAHAVEER NAGAR KANDIVALI (W) MUM 400067

## TREADMILL TEST REPORT

MRS BHAWANA PUROHIT  
 ID : 583  
 DATE : 07/09/2024  
 AGE/SEX : 33 / F  
 HT/WT : 162 / 58  
 REF. BY : MEDIWHEEL

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical Fitness,  
 INDICATION : HEALTH CHECK UP  
 MEDICATION : NO MEDICINE


PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST. LEVEL (MM)			METS	
								II	V1	V5		
SUPINE					114	110 / 80	125					
STANDING					119	110 / 80	130					
HYPERTENT					118	110 / 80	129					
Stage 1	2:55	2:55	2.7	10	142	110 / 80	156	0.5	0.1		1.2	
Stage 2	5:55	2:55	4	12	163	120 / 80	195	-0.3	0.2		0.8	4.67
PK-EXERCISE	6:12	0:12	5.4	14	173	120 / 80	207	-0.8	0.4		0.9	7.04
RECOVERY	7:20	1:0			144	120 / 80	172	-1	0		0.9	
RECOVERY	8:26	2:6			130	120 / 80	156	-0.4	0.2		1.4	
RECOVERY	9:15	2:55			128	120 / 80	153	-0.4	0		0.4	
RECOVERY	10:26	4:6			134	110 / 80	147	-0.8	0.1		0.2	

### RESULTS

EXERCISE DURATION : 6:12  
 MAX HEART RATE : 173 bpm  
 MAX BLOOD PRESSURE : 120 / 80 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
 IMPRESSIONS :  
 FAIR EFFORT TOLERANCE,  
 NO ANGINA, NO ARRHYTHMIA,  
 NORMAL HR, BP RESPONSE,  
 NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,  
 STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

MAX WORK LOAD : 7.29 METS

**Healthcare**  
 Mahavir Suryadarshan Soc,  
 Satya Nagar Road, Mahavir Nagar,  
 Kandivali (W), Mumbai - 400 067  
 Tel. No. 2869 7808

  
**DR. NRUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No. 2018115643

Technician : 1

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS BHAWANA PUROHIT  
 I.D. 583  
 Age 33/F  
 Date 07/09/2024

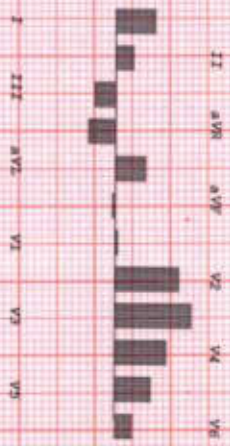
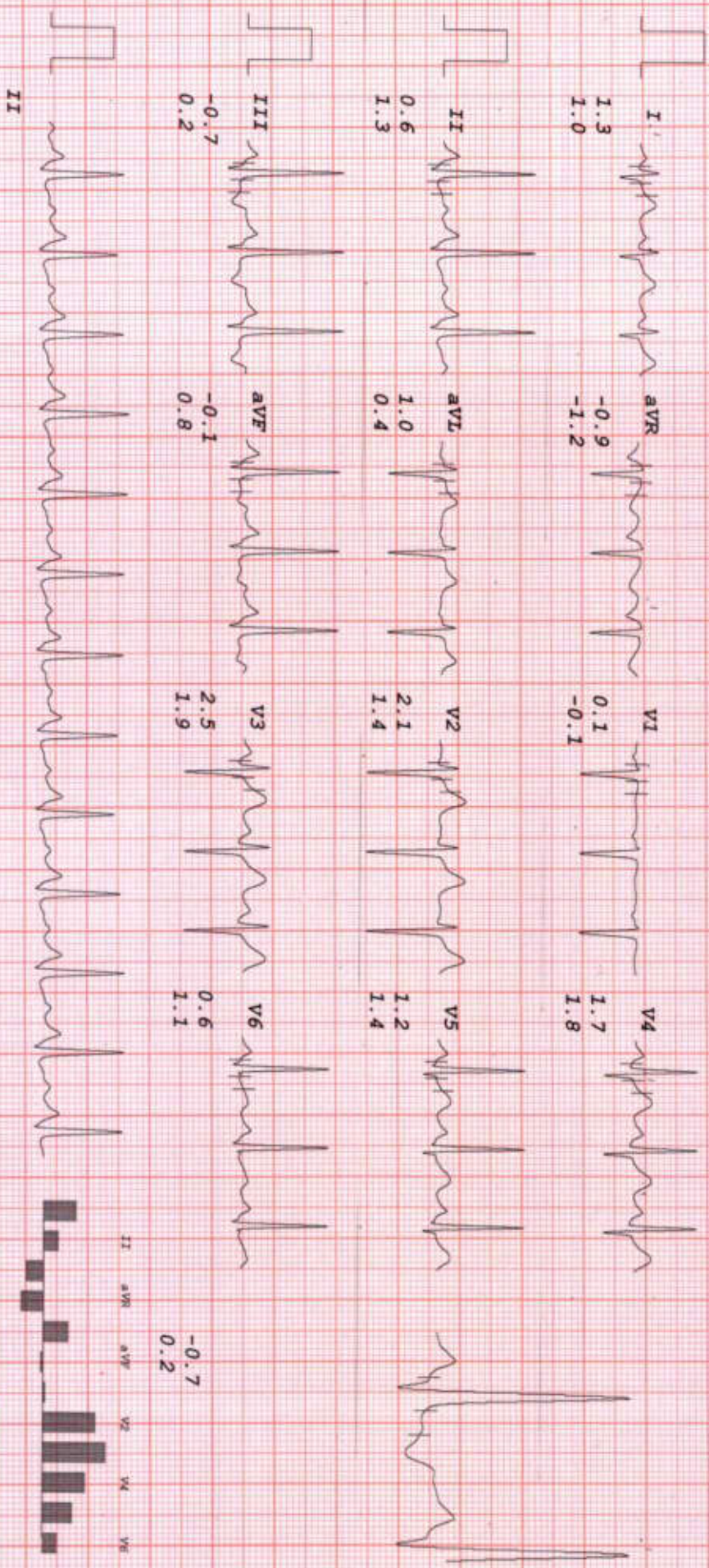
RATE 119bpm  
 B.P. 110/80

PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostU

LINKED MEDIAN

Mag. X 2



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS BHAWANA PUROHIT  
 I.D. 583  
 Age 33/F  
 Date 07/09/2024

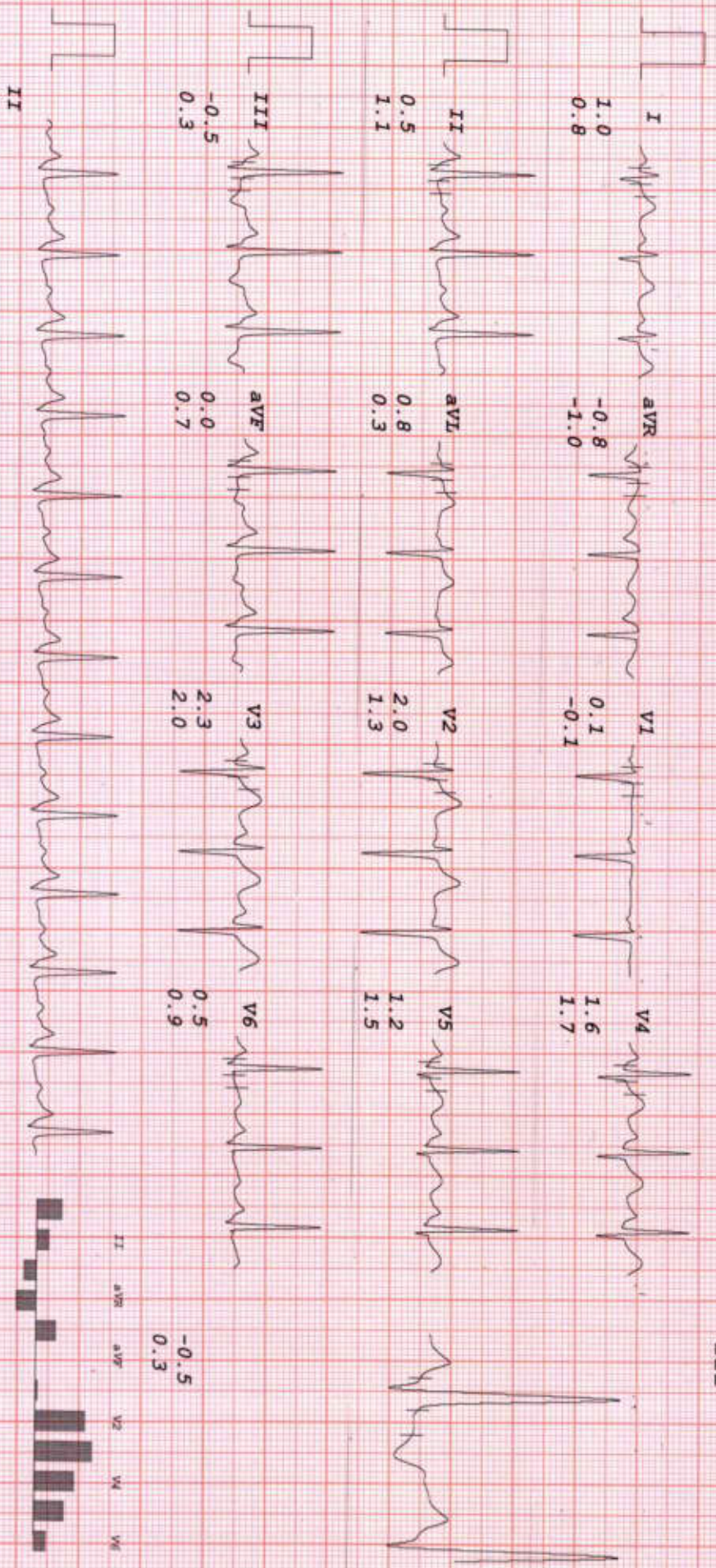
RATE 118bpm  
 B.P. 110/80

PRETEST  
 HYPERVENT  
 PHASE TIME 0:15

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

**MRS BHAWANA PUROHIT**  
 I.D. 583  
 Age 33/F  
 Date 07/09/2024

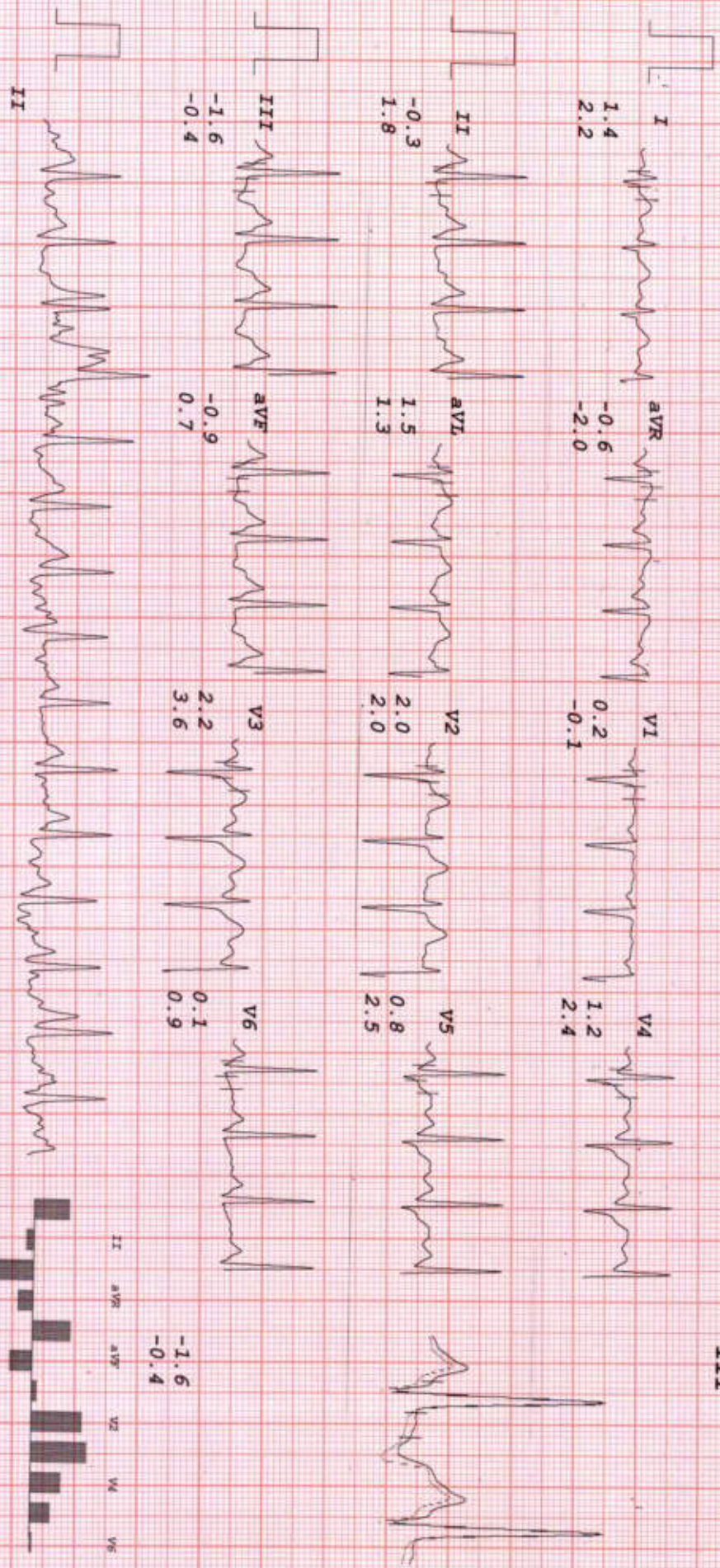
RATE 142bpm  
 B.P. 110/80

Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

**LINKED MEDIAN**

Mag. X 2



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS BHAWANA PUROHIT  
 I.D. 583  
 Age 33/F  
 Date 07/09/2024

RATE 163bpm  
 B.P. 120/80

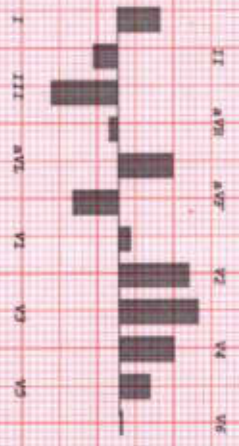
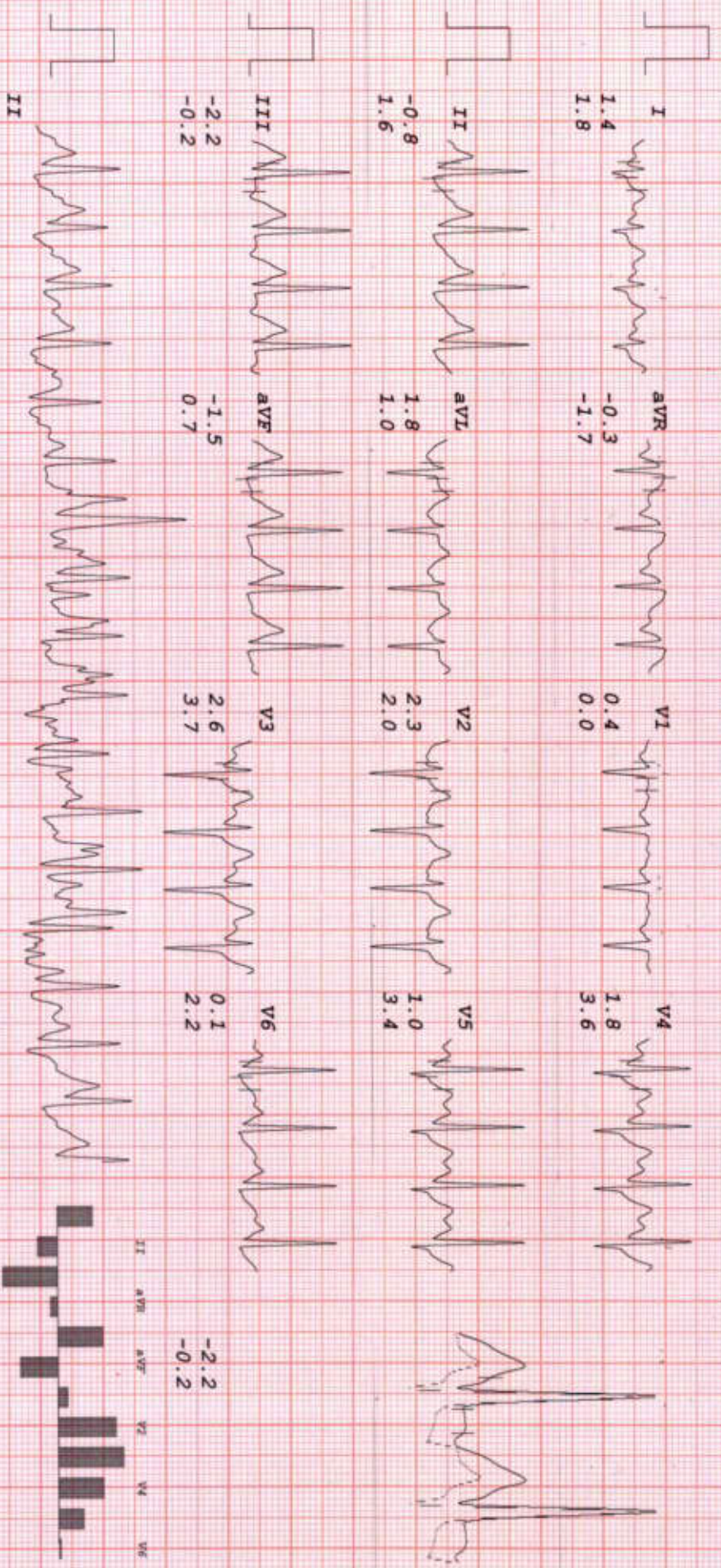
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 \*

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

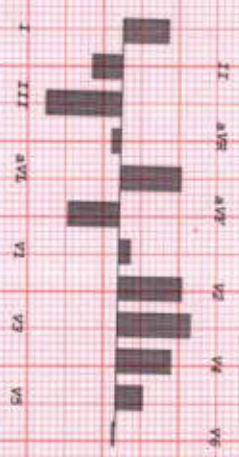
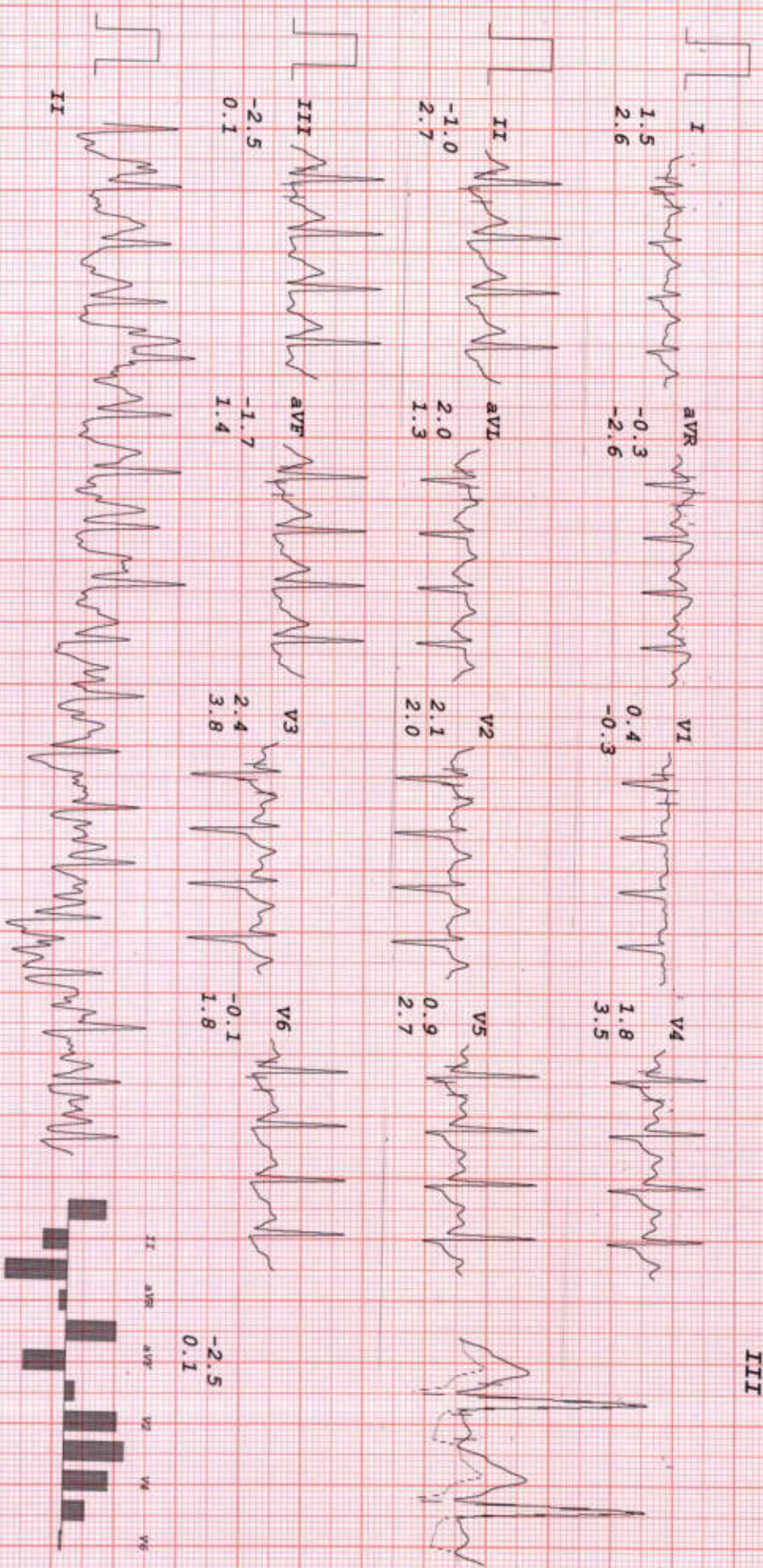
MRS BHAWANA PUROHIT  
 I.D. 583  
 Age 33/F  
 Date 07/09/2024

RATE 173bpm  
 B.P. 120/80

Bruce  
 PR-EXERCISE  
 TOTAL TIME 6:12  
 PHASE TIME 0:12  
 ST @ 10mm/mV  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS BHAWANA PUROHIT  
 I.D. 583  
 Age 33/F  
 Date 07/09/2024

RATE 144bpm  
 B.P. 120/80

Brucce  
 RECOVERY  
 TOTAL TIME 7:20  
 PHASE TIME 1:00

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS BHAWANA PUROHIT  
 I.D. 583  
 Age 33/F  
 Date 07/09/2024

RATE 130bpm  
 B.P. 120/80

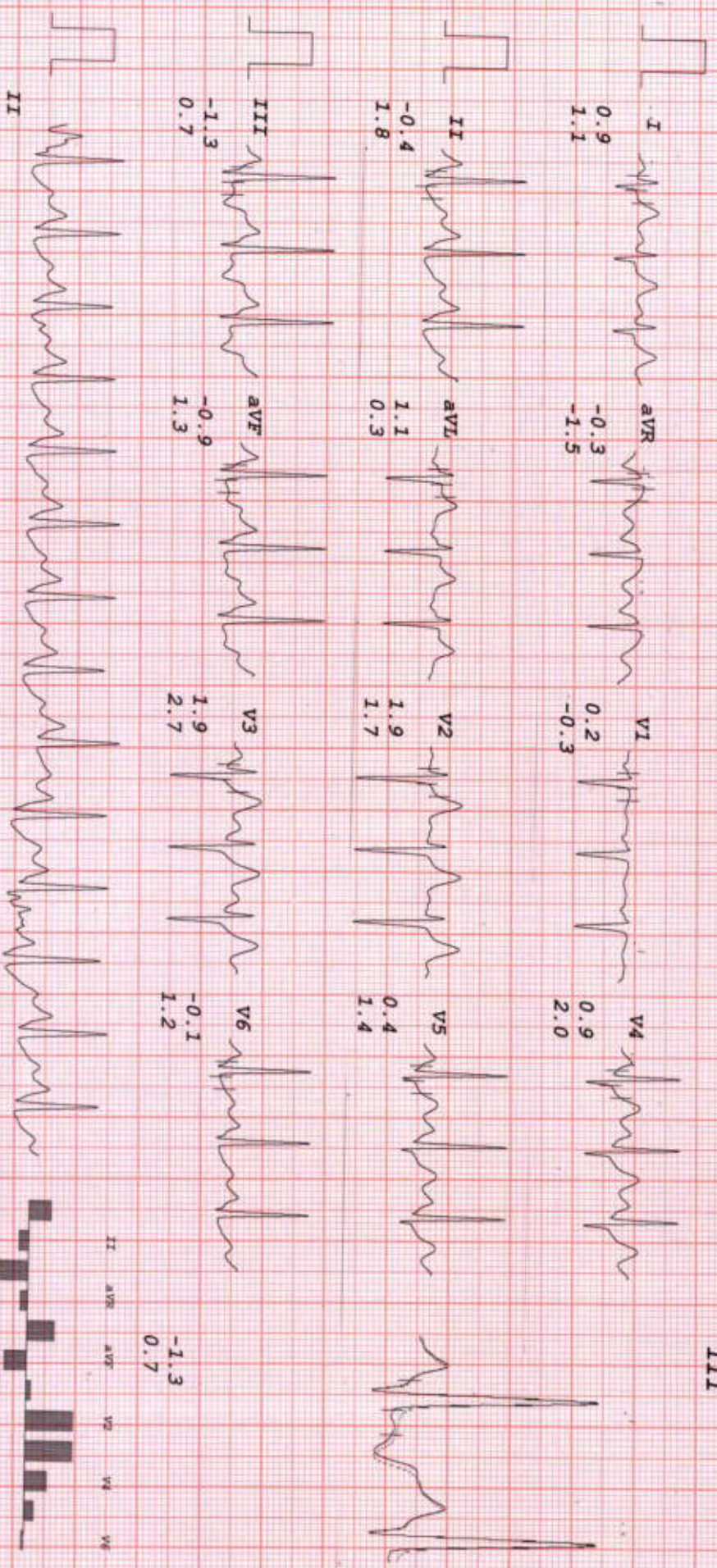
BrUCE  
 RECOVERY  
 TOTAL TIME 8:26  
 PHASE TIME 2:06

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS BHAWANA PUROHIT  
 I.D. 583  
 Age 33/F  
 Date 07/09/2024

RATE 128bpm  
 B.P. 120/80

Bruce  
 RECOVERY  
 TOTAL TIME 9:15  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III

