

Name : Ms. ANUPA KHAN CHOWDHURY (34 /F)

Date : 31/08/2024

Address : VILL-RATH SARA, P.O-GUPTI PARA, DIST-HOOGHLY, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AGHL.0001530647

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH215926



CHIEF COMPLAINTS

For corporate health checkup
C/O Left chest pain on deep deep breathing and lying flat

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma
Others - H/O Positive RA Factor,
Known Thalassemia trait



DRUG ALLERGY

NO KNOWN ALLERGY :31/08/2024



SYSTEMIC REVIEW

Cardiovascular system

Chest pain - on and off; Character - pricking; Lasts - persistently; Site of pain - sub mammary area(left), upper chest(left)

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;
Bowel habits - not regular; Piles - no

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 9/8/2024; Periods - regular;
Associated with - dysmenorrhoea; - polycystic ovarian syndrome

Eyes

Vision - defective with glasses

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
Polyarthralgia - yes

Skin

- Nil Significant



Present medications

- Nil



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes

Hospitalization for Covid 19 - No



Surgical history

Surgical history - Nil



Personal history

Marital status - Single

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - has expired

Mother - alive

Diabetes - father, mother

Hypertension - father, mother

Coronary artery disease - none

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Cancer - None
Renal disease - father

PHYSICAL EXAMINATION



General

Build - over weight
Height - 145
Weight - 57
BMI - 27.11
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 86
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 128
Diastolic(mm of Hg) - 81
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6
NVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL

ADVICE:*To continue
present glass Rx*Detail
dilated
Funduscopy*Review after
1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|------------------------------|----------------|-------|------------|
| Hemoglobin | 9.8 * | g/dl | ● | 12.0-15.0 |
| RBC COUNT | 4.94 * | Million/ ul | ● | 3.8-4.8 |
| Hematocrit - Hct: | 30.5 * | % | ● | 36-46 |
| MCV | 61.8 * | fl | ● | 83-101 |
| MCH | 19.8 * | pg | ● | 27-32 |
| MCHC | 32.0 | % | ● | 31.5-34.5 |
| RDW | 14.8 * | % | ● | 11.8-14.0 |
| WBC Count | 5600 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.74 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 68 | % | ● | 40-80 |
| Lymphocytes | 24 | % | ● | 20-40 |
| Monocytes | 08 | % | ● | 2-10 |
| Eosinophils | 00 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Microcytic Hypochromic RBCs. | | | |
| Platelets: | Adequate on the smear | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 23 * | mm/1st hr | ● | 0-20 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|-----------------|------|-------|-------|
| Volume: | 40 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Slightly Turbid | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | 0-2 | /hpf | | |

| | |
|------------------|-----------|
| Epithelial Cells | 10-15 |
| Casts: | Not Found |
| Crystals: | Not Found |

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | O | | | |
| Rh (D) Type: | NEGATIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 23 | U/L | ● | 0-35 |
| ALBUMIN - SERUM | 4.4 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 74 | U/L | ● | 33-98 |
| AST (SGOT) - SERUM | 27 | U/L | ● | 0-35 |
| BILIRUBIN TOTAL - SERUM | 1.0 | mg/dL | ● | 0.3-1.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 187 | mg/dL | ● | 0-200 |
| Non-HDL Cholesterol | 140 | | | |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

● Within Normal Range ● Borderline High/Low ● Out of Range

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CREATININE - SERUM 0.8 mg/dL ● 0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 12 | U/L | ● | 0-38 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 96 | mg/dL | ● | 70-99 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 126 | mg/dL | ● | 70-140 |

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|---|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.0 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7% |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|-------|
| TC/HDL-C ratio serum | 4 | | | |
| HDL CHOLESTEROL - SERUM | 47 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 123 * | mg/dL | ● | 0-100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 17 | mg/dL | ● | 0-35 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.3 | g/dL | ● | 6.4-8.3 |

Albumin/Globulin Ratio 1.5 ● 1.0-2.0

GLOBULIN: (CALCULATED) - SERUM 2.9 g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|-----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.56 | ng/ml | ● | 0.87-1.78 |

TOTAL T4: THYROXINE - SERUM 10.93 µg/dL ● 5.48-14.28

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 85 | mg/dL | ● | 0-150 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-----------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 5.18 | µIU/mL | ● | 0.38-5.33 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 4.4 | mg/dL | ● | 2.4-5.7 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2 | mg/dL | ● | 0.0-0.2 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 5.14 * | mg/dL | ● | 7.0-18.0 |

BUN/CREATININE RATIO

| Test Name | Result | Unit | Level | Range |
|----------------------|--------|------|-------|-------|
| BUN/CREATININE RATIO | 6.6 | | | |

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ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade I fatty liver.
- * Adherent right ovary.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. KOUSHIKI SEN
DNB RESIDENT
In consultation with

Dr. PARTHA LODH
DMRD
Reg. No. 49816 (WBMC)

X-RAY CHEST PA

- * Chest skiagram does not reveal any significant abnormality.

Dr. PARTHA LODH
DMRD
Reg. No 49816 (WBMC)

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

A/G - RATIO

Histopathology

PAP SMEAR /CERVICAL SMEAR



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

Dr.SUCHISMITA BHAUMIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

4

ACCEPTABLE SCORE

3

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515