Preventive Health Check up

Dr. Vimmi Goel Head Non Invasive Cardiology KIMS Kingsway Hospitals Incharge - Preventive Health Care MBBS, MD (Internal Medicine) Nagpur

Reg. No: MMC-2014/01/0113 Phone No.: 7499913052



Namo: Mr. Amal Meshecam	Date: 9/11/24.
Age: 36 7 Sex My Weight: 62 Z kg Height: 165-8 inc	mm: 22·6
SPOR: 112] 76 mmHg Pulse: (25/17) topm	RBS : mg/dl
36/A1	
· FIH - MOHES - MICA, CKD, Ichal.	

Sider - 1 dal. No addictions

· Dystipidemia LDL - 273

TMT Mild + W

No significant effort

Edv.

1) T. Rosuvas - B (40+180) 2) T. Chopiler 75 - To see D. S. Garyervan an

- S. Homogyreine - Dies, walning

Diesician referral.

Dr. Rahul Atara BDS. MDS (Endodontics) Reg. No. A-16347



Name: Mv	Amol Mesha	ami			Date: 0	911-24
Ago: 364	Sex : M/F Weight	kg Height:	inc	BMI :		
BP :	mmHg Pulse :		bpm	RBS :		mg/dl
Allergy						
SIL	Calculy +1					
•	Calculus 41.					
	mene with 10	even Acut				

Nilla

Adv scaling

KIMS - Kingsway Hospitals (A Unit of SPANY Medisearch Lifeaciences Pvt. Ltd.)

44, Kingsway, Near Kasturchand Park, Nagpur,

Mahorashtro, Indin - 440001.

Ph No.:1800 256 8346|Mobile No.:+91-7126789100

Email: assistance@kimslespitals.com/Website: www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY **OUT PATIENT ASSESSMENT RECORD**

AMOL MESHRAM	CONSULT DATE 08-11-2024	DR. ABHISH PRAKASHCHANDRA
36Y(S) 0M(S) 0D(S)/M	CONSULT ID OPC2425088027	KAMBLE
MRNP2425027242	CONSULT TYPE . WALK IN	MBBS.MS, FVRS,FICO
9404234065	VISIT TYPE NORMAL	CONSULTANT
	TRANSACTION TYPE	DEPT OPHTHALMOLOGY

WITALS

Temp: Pulse: BP (mmHg): spO2: Pain Score: Height:

- "F - min

- %RA -- /10

Weight . BMI :

– kgs –

NOTES

GLASS PRESCRIPTION :-

DISTANCE VISION

eve	SPH	CM	AXIS	VISION
AIGHT EVE	æ	93	00	56
LEFT EYE	œ	GO .	GO	0/5

NEAR ADDITION

RIGHT EYE

90

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

Dr. Ashish Prakashchandra Kamble

MBBS,MS, FVRS,FICO

Consultant

Printed On :09-11-2024 11:40:21

NB .

LEFT EYE

00 NO

REMARK-





KIMS-KINGSWAY

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. AMOL MESHRAM

Bill No/ UMR No : BIL2425062550/MRNP2425027242 Received Dt

: 09-Nov-24 09:19 am

Age /Gender : 36 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date : 09-Nov-24 11:37 am

HAEMOGRAM





KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

itient Name

: Mr. AMOL MESHRAM

II No/ UMR No : BIL2425062550/MRNP2425027242

eceived Dt

: 09-Nov-24 09:19 am

Age / Gender : 36 Y(s)/Male

Biological Reference Method

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date : 09-Nov-24 11:37 am

arameter ERIPHERAL SMEAR

acrocytosis

ypochromasia

okilocytosis

arget Cells

BC

latelets

omment

SR

Specimen

Results

Macrocytosis +(Few)

Hypochromia +(Few)

Poikilocytosis . +(Few)

Seen (Few)

As above

Adequate

Erythrocytosis noted

02

0 - 15 mm/hr

*** End Of Report ***

Automated

Westergren's Method

9gested Clinical Correlation • If neccessary, Please

rified By : : 11100245

st results related only to the item tested.

part of the report can be reproduced without written

Dr. Suwarna Kawade, MBBS,MD (Pathology)

Page 2 of 2

CONSULTANT

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CAMBS-KINGOSWAY H 100 SPOTALA LS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name

: Mr. AMOL MESHRAM

Bill No/ UMR No : B1L2425062550/MRNP2425027242

Received Dt

: 09-Nov-24 09:18 am

Age /Gender : 36 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date

:09-Nov-24 10:57 am

Parameter

Specimen

Plasma:

Results

Biological Reference < 100 mg/dl

Method

Fasting Plasma Glucose Post Prandial Plasma Glucose

100 108

< 140 mg/dl

GOD/POD,Colorimetric

GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c

5.3

Non-Diabetic : <= 5.6 %

HPLC

Pre-Diabetic: 5.7 - 6.4

Diabetic : >= 6.5 %

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please

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teamade

Dr. Suwarna Kawade, MBBS,MD (Pathology) CONSULTANT

SPANV Medisearch Ufesciences Private Limite





KIMS-KINGSWAY

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name ; Mr. AMOL MESHRAM

Bill No/ UMR No : BIL2425062550/MRNP2425027242

Received Dt

: 09-Nov-24 09:19 am

Age / Gender : 36 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date : 09-Nov-24 10:57 am

LIPID PROFILE

KOLTE				
Parameter Total Cholesterol	Specimen Serum	Results 325		Method
Triglycerides		343	< 200 mg/df	Enzymatic(CHE/CHO/Pd
HDL Cholesterol Direct		128	< 150 mg/d/	D)
LDL Chalesteral Direct		46	> 40 mg/dl	
VLDL Cholesterol	8	273.02	< 100 mg/di	
Tot Chol/HDL Ratio			< 30 mg/dl	
Intiate therapeutic		7.06	3 - 5	Calculation
CHD OR CHD risk equivalen	t		Consider Drug therapy	LDC-C
Multiple major risk factors of 10 yrs CHD risk>20%	onferring	>100	>130, optional at 100-129	<100
Two or more additional majo	x risk	>130		
factors, 10 yrs CHD risk < 20	%	-450	10 yrs risk 10-20 % >130	<130
No additional major risk or o additional major risk factor	ne	>160	10 yrs risk <10% >160 >190,optional at 160-189	
			0, 100, 189	<160

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please

Verified By::11100028

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Dr. Suwarna Kawade, MBBS,MD (Pathology)

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KIMS-KINGSWAY

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. AMOL MESHRAM

BIII No/ UMR No : BIL2425062550/MRNP2425027242

Received Dt : 09-Nov-24 09:19 am Age / Gender : 36 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date : 09-Nov-24 10:57 am

LIVER FUNCTION TEST(LFT)

cal(rel)			
Specimen Serum	0.57 0.17	Biological Reference 0.2 - 1.3 mg/dl 0.1 - 0.3 mg/dl	Method
	0.40 70	0.1 - 1.1 mg/di	
	19		
	22	15 - 40 U/L	
	4.85		
3.96		Bromocresol green Dye Binding	
	1.44 *** End Of		
	Specimen Serum	Specimen Results Serum 0.57 0.17 0.40 70 19 22 8.21 4.85 3.36 1.44	Specimen Results Biological Reference Serum 0.57 0.2 - 1.3 mg/dl 0.17 0.1 - 0.3 mg/dl 0.40 0.1 - 1.1 mg/dl 70 38 - 126 U/L 19 10 - 40 U/L 22 15 - 40 U/L 8.21 6.3 - 8.2 gm/dl 4.85 3.5 - 5.0 gm/dl 3.36 2.0 - 4.0 gm/dl

Suggested Clinical Correlation * If neccessary, Please

Verified By:: 11100028

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KIMS-KINGSWAY

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name

: Mr. AMOL MESHRAM

Age / Gender : 36 Y(s)/Male

Bill No/ UMR No : B1L2425062550/MRNP2425027242

Referred By : Dr. Vimmi Goel MBBS,MD

Received Dt

: 09-Nov-24 09:19 am

Report Date

:09-Nov-24 10:57 am

THYROID PROFILE

<u>Parameter</u>	Specimen	Results	Biological Reference	Method
T3	Serum	1.49	0.55 - 1.70 ng/ml	
Free T4		1.44	0.80 - 1.70 ng/dl	
TSH		2.50	0.50 - 4.60 uIU/ml	Enhanced chemiluminescence
		*** End Of	Pennet ***	Chentinerunescence

Suggested Clinical Currelation * If neccessary, Please

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Dr. Suwarna Kawade, MBBS,MD (Pathology)

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KIMS-KINGSWAY

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name

: Mr. AMOL MESHRAM

Age / Gender : 36 Y(s)/Male

Bill No/ UMR No : BIL2425062550/MRNP2425027242

Referred By : Dr. Vimmi Goel MBBS,MD

Received Dt

: 09-Nov-24 09:19 am

Report Date : 09-Nov-24 10:57 am

RFT

<u>Parameter</u>	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	23	19.0 - 43.0 mg/dl	
Creatinine		1.02	0.66 - 1.25 mg/dl	
GFR		97.7	>90 mL/min/1,73m square.	
Sodium		138	136 - 145 mmol/L	Direct ion selective
Potassium		4.46	3.5 - 5.1 mmol/L	electrode
		*** End Of Rep		

Suggested Clinical Correlation * If neccessary, Please

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Dr. Suwarna Kawade, MBBS,MD (Pathology)

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ANOL MESHRAN

Received Dt MII No/ UMR No : 831,2425062550/NHNP2425027242 :09-Nov-24 10:29 am

> Referred By Age / Gender i Dr. Virron Goel HBBS,MD :36 Y(s)/Hale

Report Date :09 Nov-24 11:22 am

URINE MICROSCOPY

Yoluna PHYSICAL EXAMINATION Parameter USuriyasa USuriyasa

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Regults

Biological Reference

Method

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Appearance

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Dr. Sawama Kawade, NBOS,MD (Pathology)

CONSULTANT







CLINICAL DIAGNOSTIC LABORATORY DEPARTMENT OF BIOCHEMISTRY

patient Name : Mr. AMOL MESHRAM

Received Dt An No. UNR No : BIL2425062550/MRNP2425027242 109 Nov-24 11:28 am

Age / Gender: :36 Y(s)/Hale

Referred By : Dr. Vimmi Goel NB65, MD

Report Date

109-Nov-24 12:37 pm

URINE SUGAR

Urine Glucose Parameter

Result Values

Negative

*** End Of Report *** Post Neal Urine Sugar

decuse Suggested Clinical Correlation * If necressary, Please

Vertied 8y :: 11101075

Test results related only to the item tested

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Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST

SPANV Medisearch Lifesciences Private Limited 4. Perioda Brewn, Singway, Nagron, 445,001, Navariolistic, mile

Maharashtra, India. Phone +91 712 6789100



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

MM/ UMR No : BIL2425052550/MRNP2425027242 : 09 Nov-24 10:29 am

DODGE TRACE

: Mr. ANOL MESHRAM

seceived Dt

USF(URINE SUGAR FASTING)

Specimen STITE

Result Values Biological Reference

Method STRIP

Referred By Report Date Age / Gender 109-Nov-24 11:37 am : Dr. Vimmi Goel MBBS,MD :36 Y(s)/Male

Unite Pasting Sugar Mogacine

Comment Whe Glucose Parameter

*** End Of Report ***

Verifies By : : 11101075 Suggested Clinical Correlation * If necessary, Please

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Dr. Suwarna Kawada, HBRS,MD (Pathology)

CONSULTANT

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DEPARTMENT OF RADIOLOGY & IMAGING SCHNOR

X-RAY CHEST PA VIEW

Both the large feelth are ober

Heart and Aurea are normal

Si th hiter shadows appear normal.

Duplragm dones and CP angles are clear

Beny cage is demail

IMPRESSION -No pleurs-parenchymal abnormality seen.

MBBS, NO Pooram Chiddarwar



1 1 1 1 1	BEF IV	PATIENT NAME:
OR VIMIMI GOEL	MRNP2425027242	MR. AMOL MESHRAM
DATE	BILL NO:	AGE /SEK:
09-NOV-2024	BIL2425062550	36 YRS/MALE

USG WHOLE ABDOMEN

PORTAL VERY and CBD are normal in course and talker. to evidence of any focal lesion seen. Introhepatic billiary radicals are not dilated. LIVER is normal in size (13 cm), shape and echotexture

GALL BLADDER is physiologically distended, No sludge or talkulus seen. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture

SPLEN is normal in size (10.8 cm) shape and echntexture. No focal lesion seen. URETERS are not diluted. An evidence of calculus or hydronephrosis seen. Both KIDMENS are nameal in shape, size and echntecture. Night kidney measures 9.2 x 4.7 cm. Left hidney incasures 10.5 x 5.5 cm,

URINARY BIADDER is partially distended. No calculus or mass leaton seen.

Prostate is normal in size, shape and echatexture.

There is no fren fluid or abdominal lymphadenopathy seen,

IMPRESSION:

(2)

No significant visceral abnormality seon.
 Suggest clinical correlation.

DR. REEMA PERVEZ MBBS, DMRD, DMB CONSULTANT RADMOLOGIST

SPANY Medicenth LifeStiernes Private Limited from Brown Krystes Regardates (American Private Limited From 60 or 2 Medice Charles of 37 2

3

Self Kingsway, Moton Negar, Near Kasiumband Park, Nagpur Kingsway Hospins

Sintion Telephone:

.6 9C 6

EXERCISE STRESS TEST REPORT

Test Type: Treadmill Sines Test Protocol: BRUCE Height: Study Date: 09: 1 2024 Patient Name: Mr Arsol, Meshran Patient ID: 027242

Referring Physician: Mediwheel HCL Allending Physician: Dr. Virent Geel refinear. Report Holsen Gender, Male DOB 18:08 1988 CONTRACTOR SALVER

Beason for Exercise Test: Screening for CAD

Medical History:

Medications

Exercise Test Summers Baye Name

38

F.

Contratt

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STACE: SURVE STANDING 2008 8 89 99 177 Speed beed

EXERCISE

RETEST

85565655566 000 1200 ŝ 튭 SHEETS 1253 1020 110.20

RECOVERY

0200

pressure of 120/70 mmHg. The exercise test was stopped due to ST-T changes seen. maximal, age-predicted beart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood The resting heart rate of 83 bpm rose to a maximal heart rate of 164 bpm. This value represents 89% of the The patient exercised according to the BRUCE for 9:34 min;s, schieving a work level of Max. METS; 11:90.

Summary: Resting ECG: normal Interpretation

Functional Capacity: normal.

Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

ST Changes: ST-T changes seen. Authythmias: none Chest Pain: none,

Overall impression: Mild Positive

Conclusions: TMT is Mild Positive for inducible ischemia, by ST-T changes seen during exercise & recovery.

No angina. Ser Constitution and the constitution of the c MBBS, ND Dr. VIMMI GOEL S CONTRACTOR

