

Name : Mrs. SUBROTAA SINHA (52 /F)

Date : 27/07/2024

Address : 264RNTAGORE ROADBEDIAPARA, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002392082

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH212967



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Continuous left sided chest pain for 15 days

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:27/07/2024



## SYSTEMIC REVIEW

### Cardiovascular system

Chest pain - on and off; Lasts - persistently; Site of  
pain - upper chest(left)

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;  
Bowel habits - regular; Piles - no; Hernia - no

### Genitourinary system

- Nil Significant

### Gynaec history

No of Children - 2; Deliveries - LSCS; Menopause -  
yes; Hysterectomy with bilateral  
salpingo-oophorectomy - 2014

### Eyes

Vision - normal with glasses

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

Knee (bilateral) - pain

### Skin

- Nil Significant



### Present medications

- Nil



### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - No



### Surgical history

Appendicectomy - 2000

Caesarian section - 2009 and 2012

Hysterectomy with - 2014  
Bilateral

Salpingo-Oophorectom  
y



### Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - has expired

Mother - has expired

Sisters - 1

Diabetes - sister

Hypertension - sister

Coronary artery - none  
disease

Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 159  
Weight - 72  
BMI - 28.48  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 69  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 160  
Diastolic(mm of Hg) - 88  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds, Wheeze



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

## Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9 LE:6/9p  
NVA:RE:N8 LE:N8  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT:SPECTACLE PWR  
RE:+0.25/+0.75x140\*(6/6)  
LE:+0.50/-0.75x20\*(6/6)  
ADD(BE):+2.25DSPH (N6)  
ADVICE:\*Glass Rx.\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.0	g/dl	●	12.0-15.0
RBC COUNT	4.25	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.4	%	●	36-46
MCV	85.6	fl	●	83-101
MCH	28.1	pg	●	27-32
MCHC	32.9	%	●	31.5-34.5
RDW	14.1 *	%	●	11.8-14.0
WBC Count	5800	/cu mm	●	4000-10000
Platelet Count	2.67	lacs/cu mm	●	1.5-4.0
Neutrophils	63	%	●	40-80
Lymphocytes	28	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	28 *	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	70-80	/hpf		
Epithelial Cells	3-5			

Casts: Not Found  
Crystals: Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	7	U/L	●	0-35
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	80	U/L	●	33-98
AST (SGOT) - SERUM	24	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	1.0	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	265 *	mg/dL	●	0-200
Non-HDL Cholesterol	208			

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.6-1.1

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	21	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	88	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	134	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.8 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	57	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	185 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	23	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.1	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.06	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	8.42	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	171 *	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.45	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.1 *	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	18.2 *	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3		●	1.0-2.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	19			

**PAP SMEAR /CERVICAL SMEAR**

Ref No: AG01.C2406143

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**SPECIMEN TYPE:**

Vault smear (Papanicolaou stain) x 1

**SPECIMEN ADEQUACY:**

Satisfactory for evaluation

**INTERPRETATION/RESULT:**

Negative for intraepithelial lesion or malignancy, with no organism

**X-RAY MAMMOGRAPHY BILATERAL (MHC)**

**CARDIOLOGY**

TREADMILL TEST / STRESS TEST

**ECG**

NORMAL SINUS RHYTHM WITH 1ST DEGREE AV BLOCK.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade I fatty liver with simple cyst in both lobe.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. KHWAJA KAMRUDDIN

DMR, DNB RESIDENT

Reg. No. 62704 (WBMC)

**X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant abnormality.

Dr. ARKADEEP DEY

DNB RESIDENT

In consultation with

Dr. KHWAJA KAMRUDDIN

DMRD

DNB RESIDENT

Reg. No. 62704 (WBMC)



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Moderate Risk

**YOUR SCORE**

7

**ACCEPTABLE SCORE**

5

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**