

MER- MEDICAL EXAMINATION REPORT

Date of Examination	23/12/23		
NAME	Amuz Eufra		
AGE	32	Gender	M
HEIGHT(cm)	171	WEIGHT (kg)	74 B.M.I - 25.3
B.P.	110/72		
ECG	normal		
X Ray	normal		
Vision Checkup	-		
Present Ailments	None		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	MEDICALLY FIT		

S. Kumar

Signature with Stamp of Medical Examiner

DR. S. Kumar
MBBS, DCH
Reg. No. 37220



आधार

आनुज गुप्त
Anuj Gupta
पंच तिथि / DOB : 15/02/1991
पुरुष / MALE

7458 2719 3625
VID: 3108 4396 3099 3045

मेरा आधार, मेरी पहचान

Anuj



आधार

आधार संख्या: गणेश प्रसाद गुप्त, B-1234, B ब्लॉक इंदिरा नगर, लखनऊ, उत्तर प्रदेश - 226016

Address
S/O: Gays Prasad Gupta, B-1234, B Block
Indira Nagar, Indira Nagar, Lucknow Uttar
Pradesh - 226016

7458 2719 3625
VID: 3108 4396 3099 3045

1947 | info@uidai.gov.in | www.uidai.gov.in

Dear sir

You have been informed that ent ophthal ,diet consultation facility is not available at our centre.

If you are ready then your test can be start.

Amr





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :
1/4A, Vineet Khand, (Opp Jaipuria Management)
Gombi Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 23-Dec-2023		
Name	: Mr. ANUJ GUPTA		Age : 32 Yrs.
Ref.By	: APOLLO HEALTH		Sex : Male
Haemoglobin	14.8	gm%	14 - 17
Total Leucocyte Count	7000	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	58	%	45 - 70
Lymphocytes	36	%	20 - 45
Eosinophils	02	%	0 - 6
Monocytes	04	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	08	mm in 1st Hr.	0 - 9
PCV	44.2	cc%	40 - 52
Corrected ESR	00	mm in 1st Hr.	0 - 9
Platelet Count	2.05	lakh/cumm.	1.5 - 4.0
Red Cells Count	4.56	million/cmm	3.90 to 5.80
Absolute values			
MCV	97.0	fL	77 - 97
MCH	31.0	pg	27 - 31
MCHC	33.5	gm /dl	31 - 34

Dr. Sanjay Rastogi
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Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Date	: 23-Dec-2023		
Name	: Mr. ANUJ GUPTA	Age	: 32 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are adequate in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	Normal GBP

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Dr. Smriti Rastogi
M.B.B.S., DCP

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Date	: 23-Dec-2023		
Name	: Mr. ANUJ GUPTA	Age	: 32 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Blood Group & Rh "B" Positive

Urine Sugar (Fasting) Present +++

Urine Sugar (PP) Present ++++

Serum Gamma G.T.	48	IU/L	11 - 50
------------------	----	------	---------

Plasma Glucose - F GOD-POD Method	349	mg/dl	70 - 110
--------------------------------------	-----	-------	----------

Plasma Glucose - PP GOD POD Method	423	mg/dl	110 - 170
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Serum Bilirubin	0.60	mg%	0.2 - 1.0
Direct Bilirubin	0.34	mg%	0.0 to 0.40
Indirect Bilirubin	0.26	mg%	0.10 to 0.90

SGOT	116	IU/L	UPTO 40
------	-----	------	---------

SGPT	125	IU/L	Upto 40
------	-----	------	---------

S. Alkaline Phosphatase	230	IU/L	100 - 275
-------------------------	-----	------	-----------

Serum Gamma G.T.	42	IU/L	11 - 50
------------------	----	------	---------

Total Proteins

S. Protein	7.40	gm/dl	6.5 - 8.5
S. Albumin	4.60	gm/dl	3.5 - 5.5
S. Globulin	2.8	gm/dl	2.3 to 3.5
A/G Ratio	1.64 : 1		

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Date	: 23-Dec-2023		
Name	: Mr. ANUJ GUPTA	Age	: 32 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

KFT			
UREA	28.1	mg %	15 - 50
CREATININE	0.99	mg %	0.5 - 1.5
URIC ACID	5.3	mg %	2 - 7
CALCIUM	9.9	mg %	8.8 - 10.0

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Date : 23-Dec-2023

Name : **Mr. ANUJ GUPTA**

Ref.By : APOLLO HEALTH

Age : 32 Yrs.

Sex : Male

LIPID PROFILE

Triglycerids	1582	mg%	70 - 190
S. Cholestrol S.	323	mg%	130 - 230
S. HDL Cholestrol	40.6	mg%	35 - 75

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

- | | |
|--|--|
| TYPE 1: Normal cholesterol
TG greatly raised | TYPE 3: Cholesterol increased
TG increased |
| TYPE 2a: Cholesterol increased
LDL increased
TG normal | TYPE 4: Cholesterol normal /increased
VLDL increased
TG increased |
| TYPE 2b: Chol. increased
VLDL raised
TG increased
LDL increased | TYPE 5: Cholesterol increased
LDL reduced
VLDL increased
TG greatly increased |

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Date : 23-Dec-2023

Name : **Mr. ANUJ GUPTA**

Ref.By : APOLLO HEALTH

Age : 32 Yrs.

Sex : Male

Urine Examination

PHYSICAL

Colour	Straw
Turbidity	Nil
Deposit	Nil
Reaction	Acidic
*Specific Gravity	1.025

CHEMICAL

Protein	Nil
Sugar	Present (+++)
*Bile Salts	Nil
*Bile Pigments	Nil
Phosphate	Nil

MICROSCOPIC

Pus Cells	Nil	/hpf
Epithelial Cells	0-1	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Date	: 23-Dec-2023		
Name	: Mr. ANUJ GUPTA	Age	: 32 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

THYROID TEST

Tri-iodothyronine (T3)	1.68	nmol/L	0.50 to 2.50
Thyroxine (T4)	9.60	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	1.90	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 23-Dec-2023	Age	: 32 Yrs.
Name	: Mr. ANUJ GUPTA	Sex	: Male
Ref.By	: APOLLO HEALTH		

Glycosylated Haemoglobin

Glycosylated Haemoglobin	10.1	%	4.5 TO 6.0
--------------------------	------	---	------------

INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
 GOOD CONTROL: 6.0 to 7.0
 FAIR CONTROLLED 7.0 AND 8.0
 UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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TEST REQUEST ID :012312230047	SAMPLE DATE	:23/Dec/2023 11:39AM
NAME :Mr. ANUJ GUPTA	SAMPLE REC. DATE	:23/Dec/2023 11:39AM
AGE/SEX :32 YRS/MALE	REPORTED DATE	:23/Dec/2023 02:23PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230047

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
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DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
M.B.B.S., DCP

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TEST REQUEST ID	:012312230047	SAMPLE DATE	:23/Dec/2023 11:39AM
NAME	:Mr. ANUJ GUPTA	SAMPLE REC. DATE	:23/Dec/2023 11:39AM
AGE/SEX	:32 YRS/MALE	REPORTED DATE	:23/Dec/2023 01:23PM
REFERRED BY	: Apollo Health and Lifestyle Limited,	BARCODE NO	:01230047

USG WHOLE ABDOMEN-MALE

Liver: is enlarged in size (163 mm). Parenchymal echogenicity is increased. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is enlarged in size (132 mm), with normal shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 114 x 61 mm & LK – 105 x 57 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (33 x 33 x 29 mms, wt = 16.9 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: - HEPATOMEGALY WITH GRADE-III FATTY LIVER
- SPLEENOMEGALY

*** End Of Report ***

Dr. Sanjay Rastogi
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Consultant Radiologist

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Patient name: Mr Anuj Gupta
Ref By. Apollo Health

Age/Sex 32/M
23/12/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	82/mt
3. Ventricular Rate	:	82/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.

Dr. Amit Mohan
Signature of Doctor
MD
44559

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Ajay

CLAUDE MED. STATION - 874

Dr.



Dr. A. TIMMOHAN

 Reg. No. 44559

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	093	49 %	110/72	102	00	
Standing	00:09	0:06	00.0	00.0	01.0	093	49 %	110/72	102	00	
HV	00:12	0:03	00.0	00.0	01.0	093	49 %	110/72	102	00	
ExStart	00:34	0:22	00.0	00.0	01.0	109	58 %	110/72	119	00	
BRUCE Stage 1	03:34	3:00	02.7	10.0	04.7	134	71 %	110/72	147	00	
BRUCE Stage 2	06:34	3:00	04.0	12.0	07.1	161	86 %	122/80	196	00	
PeakEx	07:05	0:31	05.5	14.0	07.7	170	90 %	138/94	234	00	
Recovery	08:05	1:00	00.0	00.0	01.1	120	64 %	134/92	160	00	
Recovery	09:05	2:00	00.0	00.0	01.0	113	60 %	130/90	146	00	
Recovery	10:05	3:00	00.0	00.0	01.0	104	55 %	126/86	131	00	
Recovery	10:16	3:10	00.0	00.0	01.0	108	57 %	126/86	136	00	

FINDINGS :

Exercise Time : 06:31
Max HR Attained : 170 bpm 90% of Target 188
Max BP Attained : 138/94 (mm/Hg)
Max WorkLoad Attained : 7.7 Fair response to induced stress
Test End Reasons : Test Complete

REPORT :**CONCLUSIONS:**

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

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 MD
 REG. NO. 15559

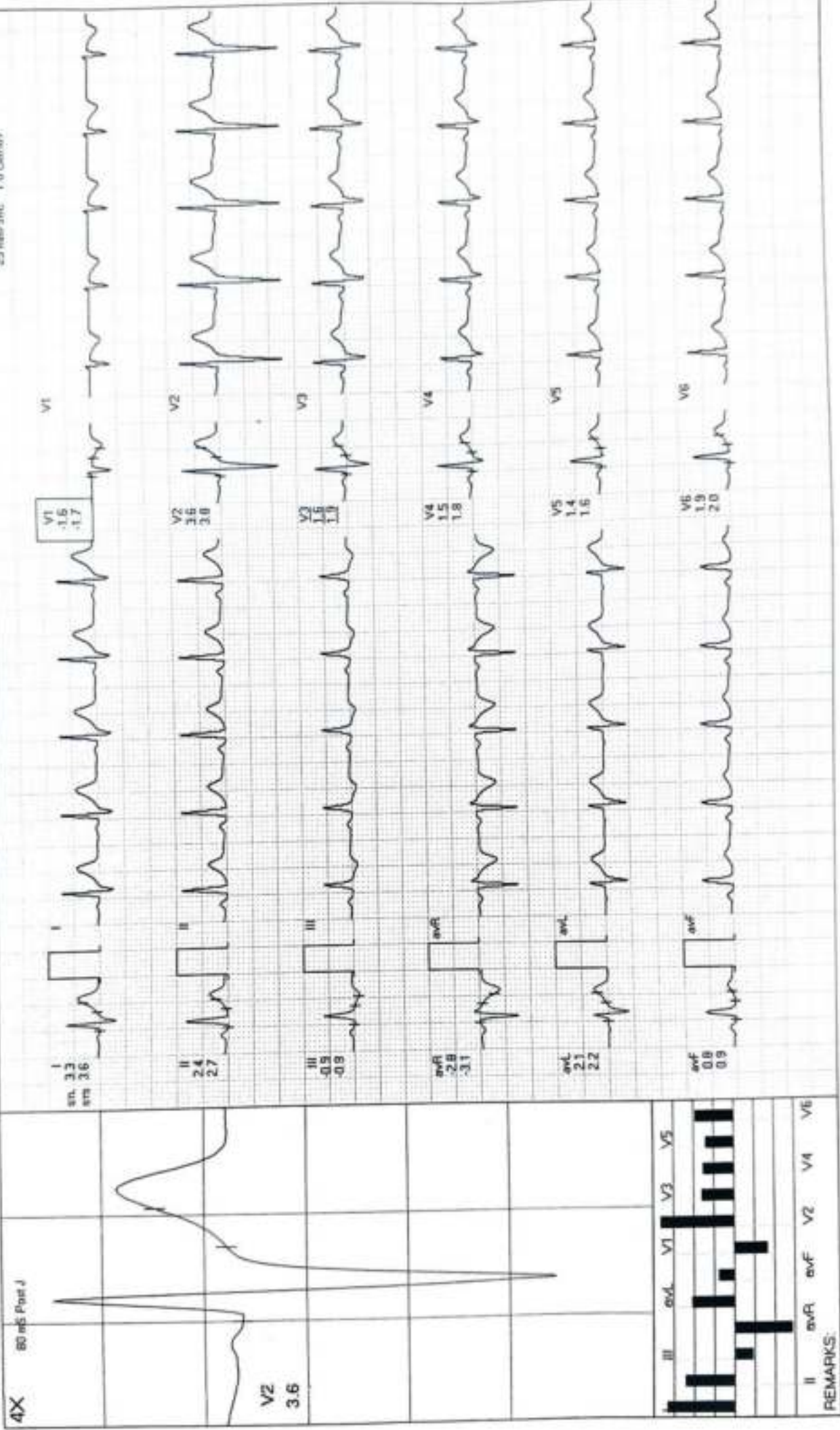
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BRUCE:Supine(0:07)



ANJU GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 93

Date 23-12-2023 METS 1.0/93 bpm 48% of THR BP 110/72 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/AF 35 Hr ExTime 00:00 0.0 Km/pt 0.0%



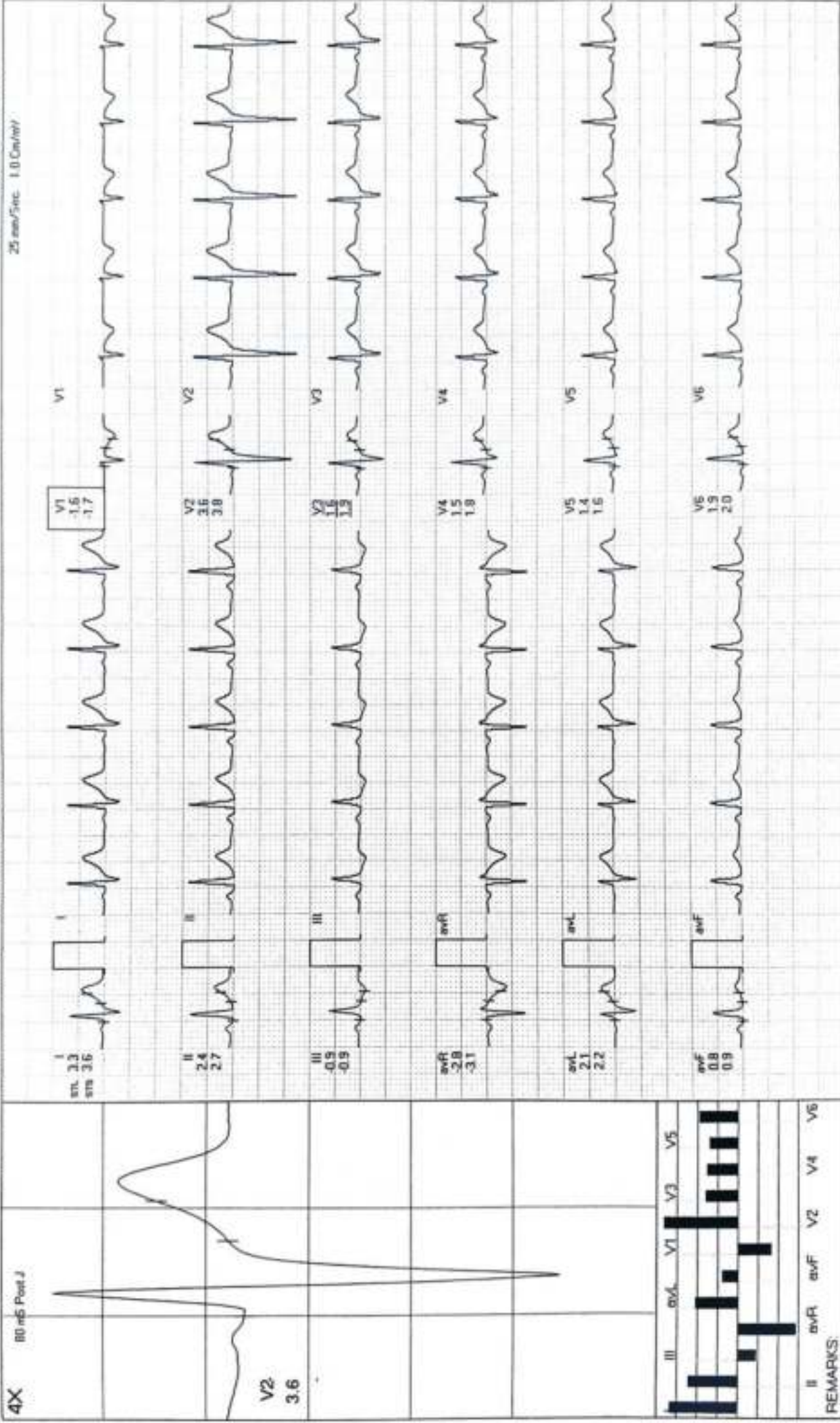


ANUJ GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 93

Date: 23-12-2023

METS 1.0/93 bpm 49% of THR BP- 110/72 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph, 0.0%
25 mm/Sec 1.0 Cm/Div



REMARKS:

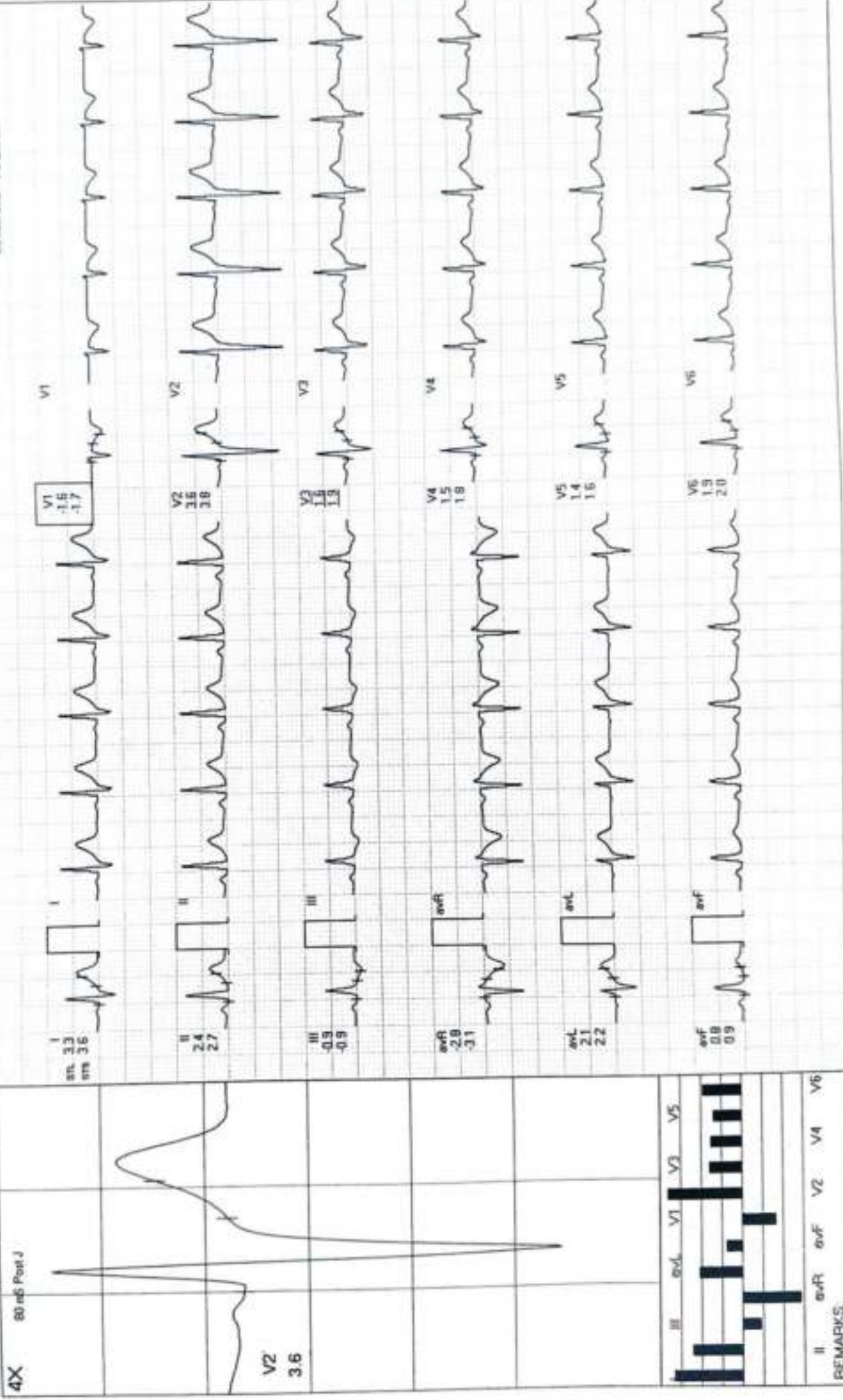


ANJU GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 93

ErTime 00:00 0.0 Kmph 0.0%
25 mm/sec. 1.0 Cm/mV

METS 1.0/93 bpm 49% of THR BP 110/72 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date 23-12-2023



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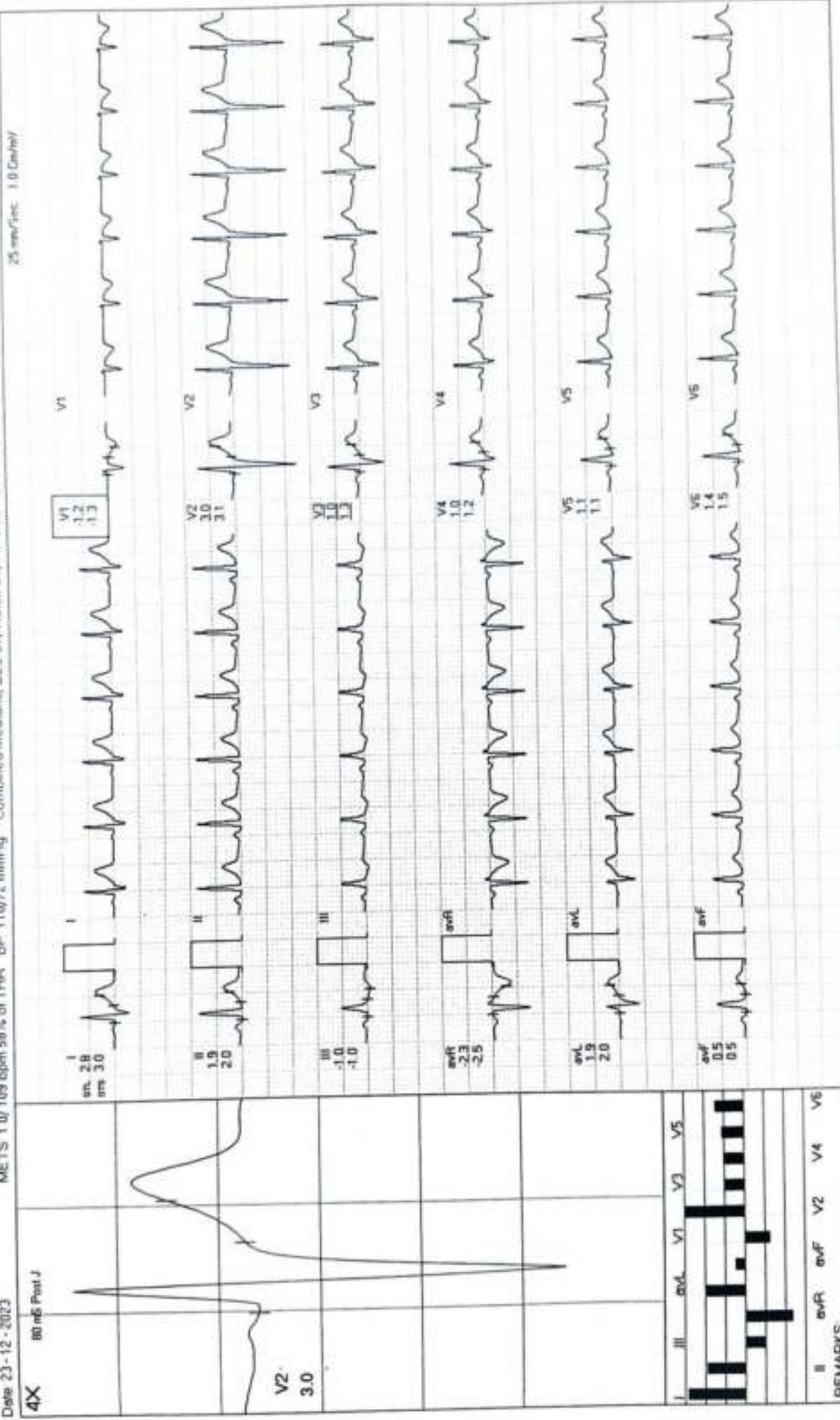
ExStart



ANJU GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 109

ExTime 00:00 @ 0.0kmph, 0.0%

Date 23-12-2023 METS 1.0/109 bpm 58% of THR BP 110/72 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/AF 35 Hz



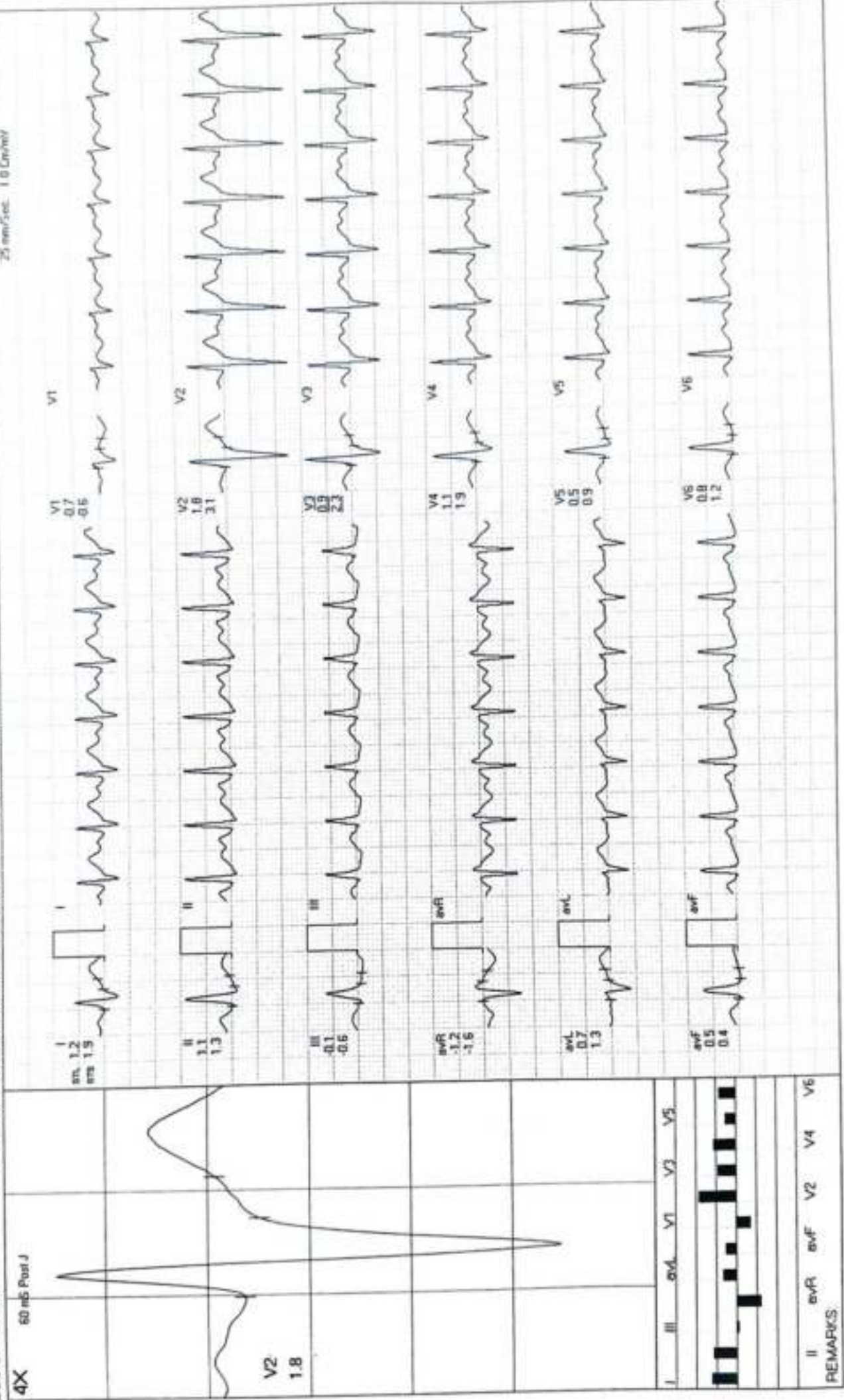


ANUJ GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 134

ExTime 03:00 2.7 Kmph 10.0%

METS 4.7/134 bpm 71% of THR BP 110/72 mmHg Combined Medians/ ELC On/Notch On/ HF 0.05 Hz/LF 35 Hz

Date 23-12-2023



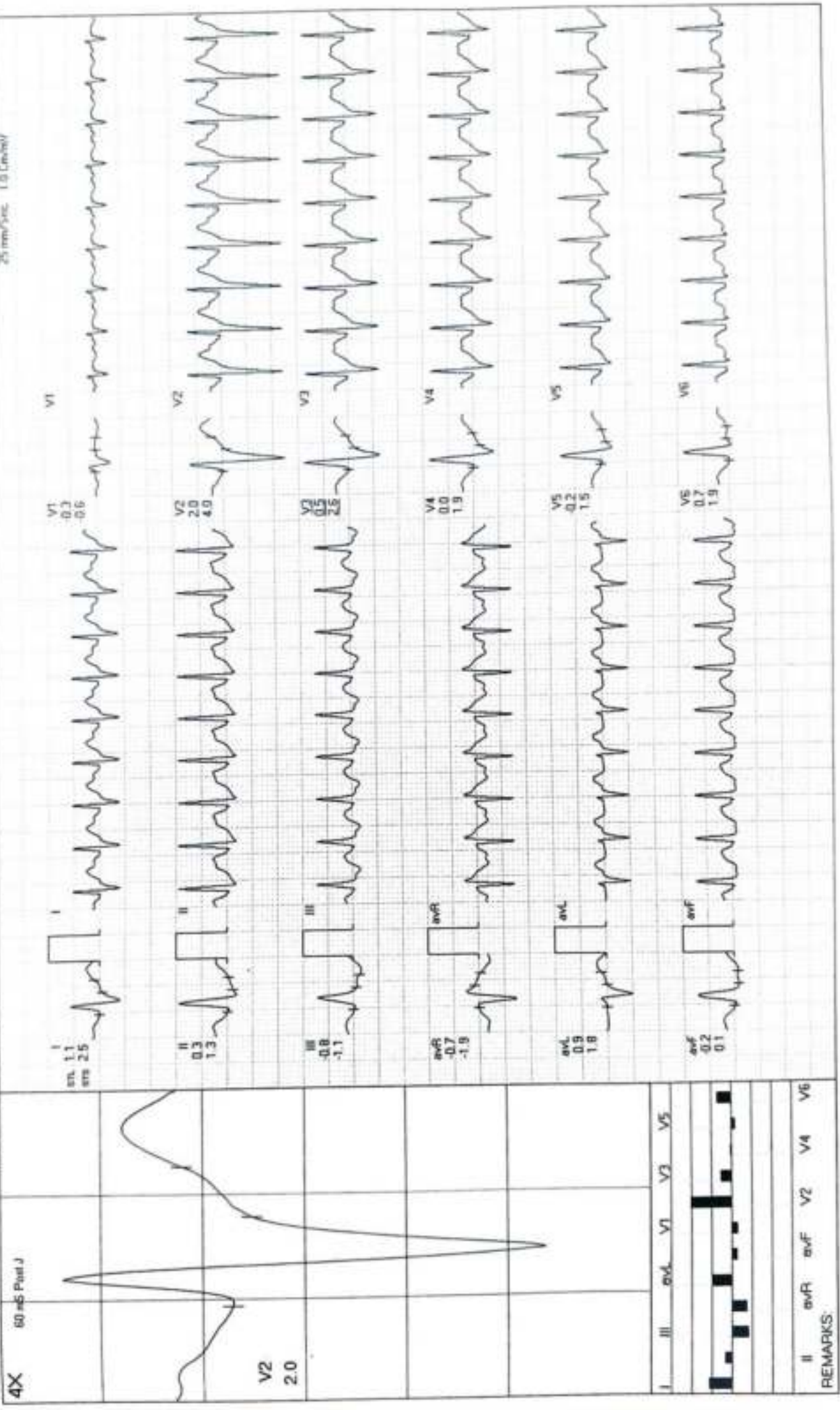
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

BRUCE: Stage 2(3:00)



ANJU GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 161

Date: 23-12-2023 METS: 7.1/161 bpm 86% of T+R BP: 122/80 mmHg Combined Medians/BLC: On/Notch On/HF: 0.05 Hz/LF: 35 Hz ExTime: 06:00 4.0 Kmph 12.0%
 25 mm/sec 1.0 Cm/mV



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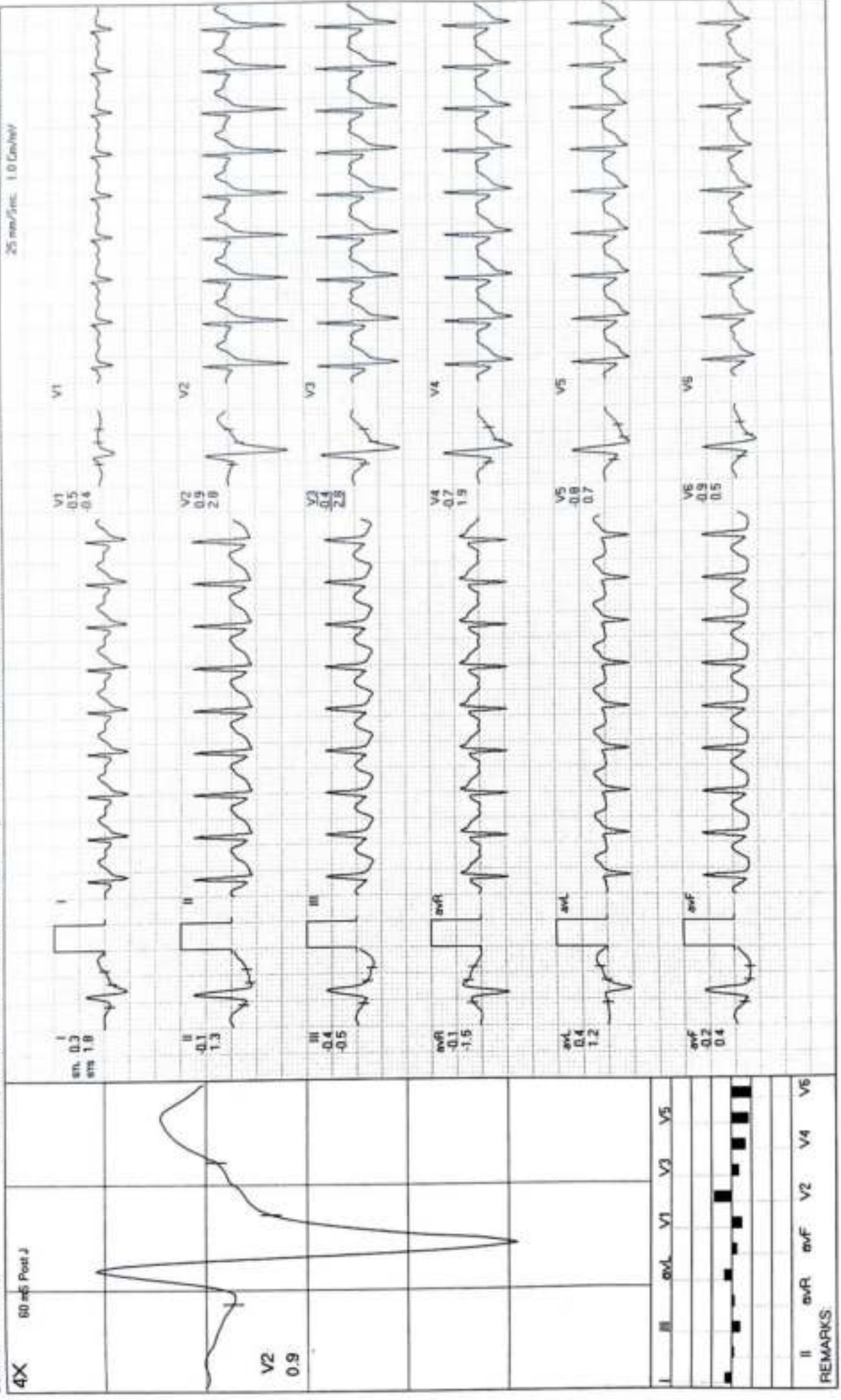
ANJU GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 170

PeakEx



ExTime: 06:32 5.5 kmph, 14.0%
25 mm/sec. 1.0 Cal/cm

Date: 23-12-2023 METS 7.7 / 170 bpm 90% of THR BP: 138/94 mmHg Combined Medians/BLC On/ Notch On/ HF/ 0.05 Hz/ LF 35 Hz



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Recovery(1:00)



ANUJ GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 120

Date: 23-12-2023 METS 1.1 / 120 bpm 64% of THR. BP: 134/92 mmHg Combined Medians/ ECG Only/ Notch On/ HF 0.05 Hz/ LF 35 Hz

Ex Time: 06:31 0.0 Kmph. 0.0%



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ANJU GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 113

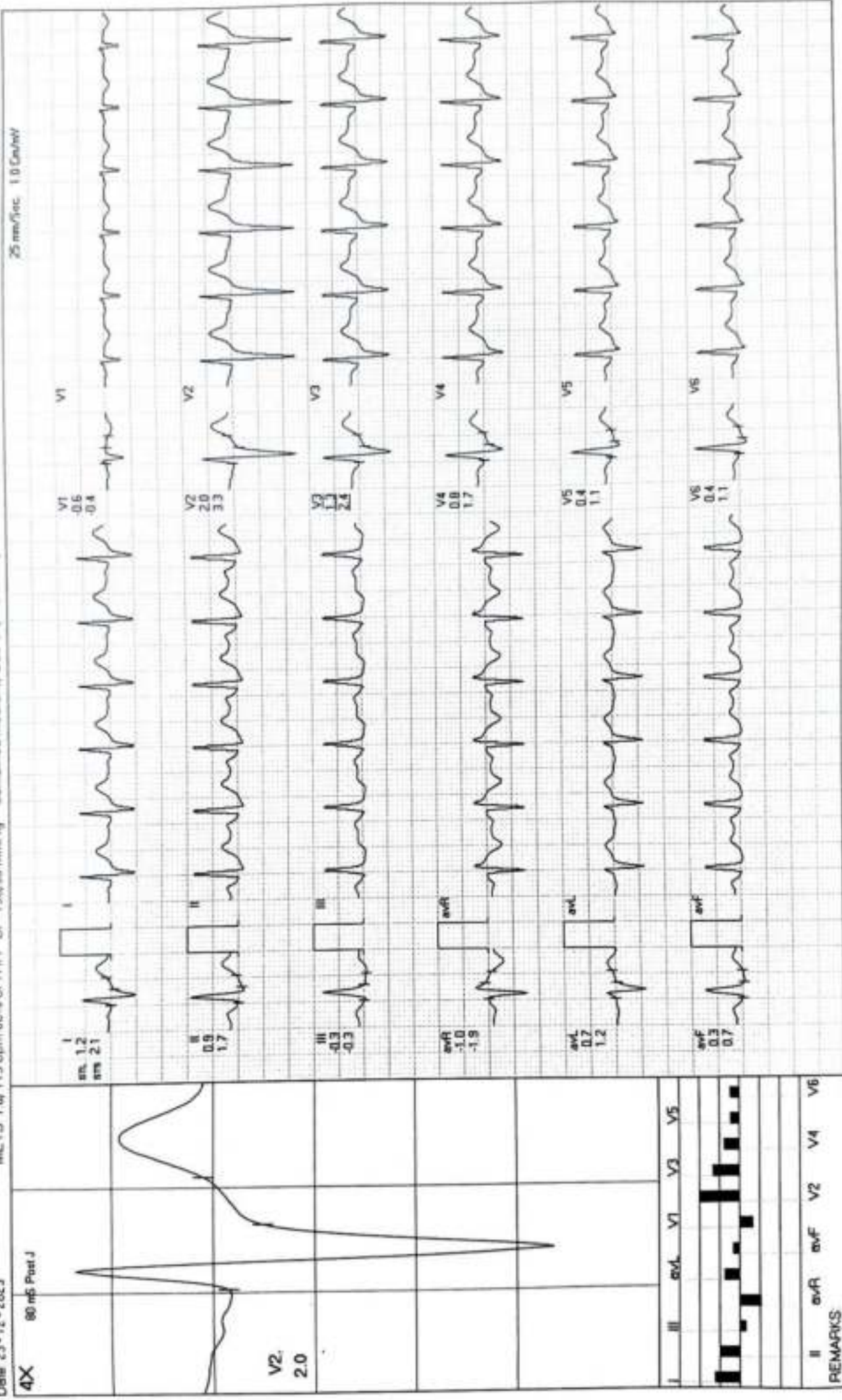
Recovery(2:00)



Ex Time 06:31 0.0 Kmph. 0.0%

METS 1.0/113 bpm 60% of THR BP 120/90 mmHg Combined Median/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

Date 23-12-2023



REMARKS

Recovery(3:00)



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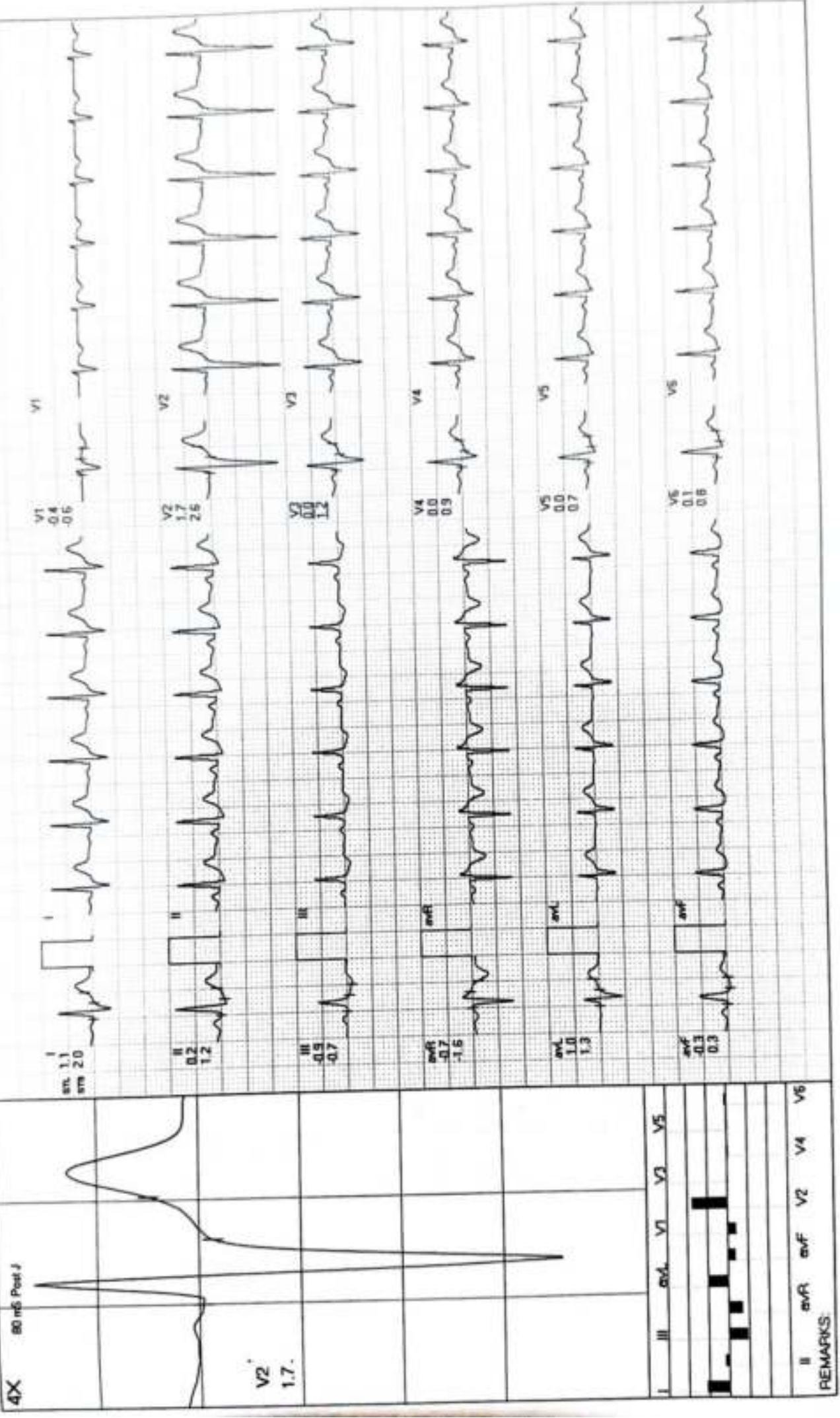
ANJU GUPTA / 32 Yrs / M / 171 Cms / 74 Kg / HR : 104

ExTime 06:31 0.0 Kmph 0.0%

25 mm/Sec 1.0 Cm/Div

METS 1.0/1.04 bpm 55% of T1-01 EIP 126/86 mmHg Combined Medians/BLC On/ Hatch On/ HF 0.05 H/L/F 35 H4

Date 23-12-2023



em 1.1
em 2.0

V1
0.4
0.6

II
0.2
1.2

V2
1.7
2.5

III
-0.9
-0.7

V3
0.0
1.2

aVR
-0.7
-1.6

V4
0.0
0.9

aVL
1.0
1.3

V5
0.0
0.7

aVF
-0.3
0.3

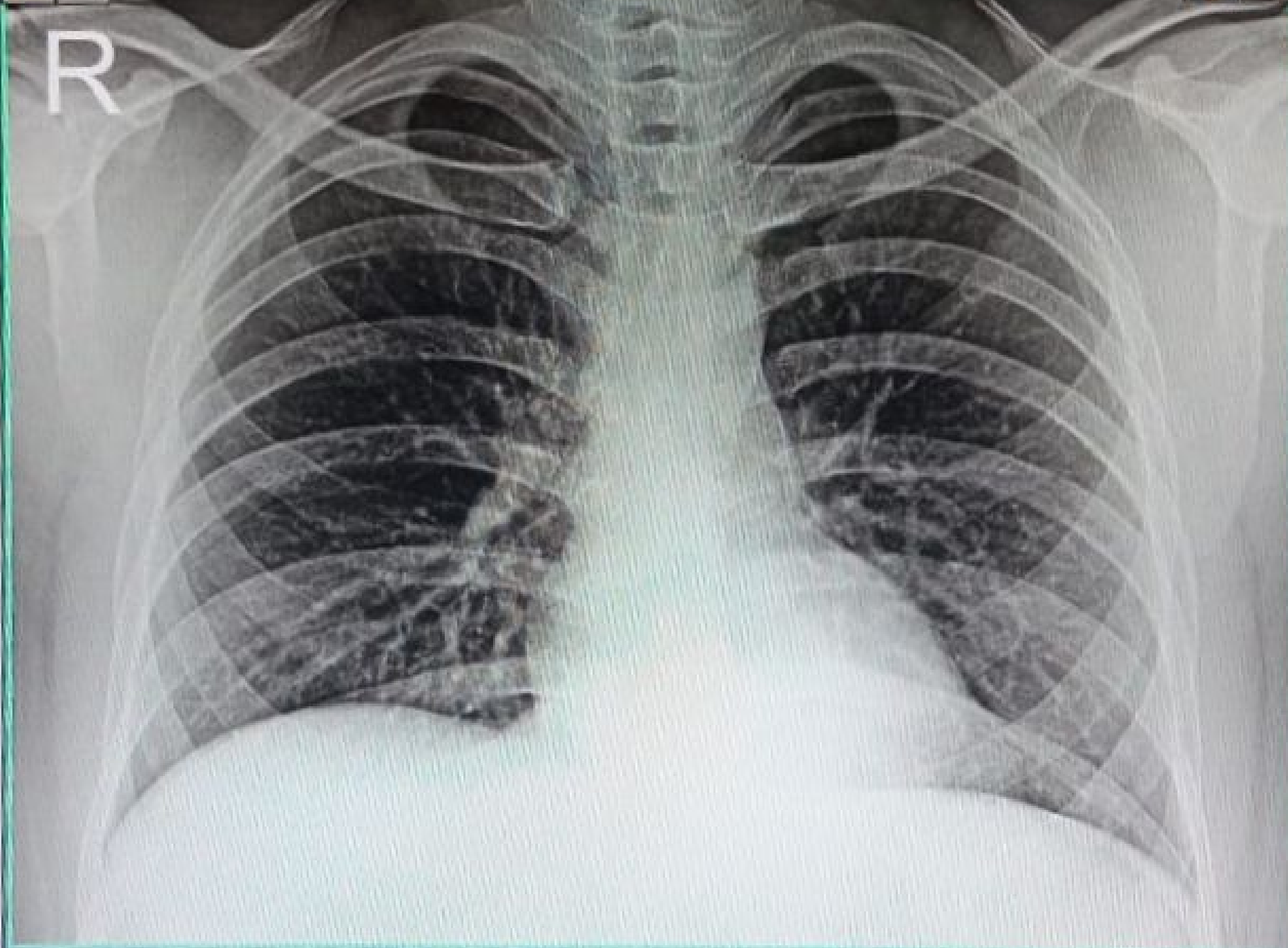
V6
0.1
0.6



NEW!



R



23122302940 MR ANUJ GUPTA 00 YRS M DR SELF CHEST PA
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