

MER- MEDICAL EXAMINATION REPORT

Date of Examination	17/2/24		
NAME	CHANDAN KUMAR SAHU		
AGE	45	Gender	M
HEIGHT(cm)	171	WEIGHT (kg)	70 BMI-23.9
B.P.	110/80		
ECG	normal		
X Ray	normal		
Vision Checkup	-		
Present Ailments	None		
Details of Past ailments (If Any)	None		
Comments / Advice : She /He is Physically Fit	Medicinally fit		



Signature with Stamp of Medical Examiner

Dr. Smriti Rastogi  
MBBS, DCP  
Reg. No. 37370

भारत सरकार  
Government of India

चन्दन कुमार साह  
Chandan Kumar Sahu  
जन्म तिथि/DOB: 01/03/1978  
पुरुष/ MALE

Download Date: 15/06/2020

Issue Date: 23/02/2017

4661 8909 2309  
VID : 9181 5116 0887 8019

मेरा आधार, मेरी पहचान

*Chandan Sahu*

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

पता:  
S/O उमेश कुमार साह, - साह पोखर, बड़ा मंदिर, पुरानी  
बाजार, वार्ड नं - 22, थाना - टाउन, महम्मदपुर क़ाज़ी,  
मुज़फ़्फ़रपुर,  
बिहार - 842001

Address:  
S/O Umesh Kumar Sahu, -, Sahu Pokhar,  
Bada Mandir, Purani Bazaar, Ward No - 22,  
Thana - Town, Mahammadpur Kazi,  
Muzaffarpur,  
Bihar - 842001

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VID : 9181 5116 0887 8019

1947 | help@uidai.gov.in | www.uidai.gov.in

You have been informed that ent ophthal diet consultation facility is not available at our centre. If you are ready then your test can be start

2D echo test facility is not available at our center, instead we do TMT test.

*Chandra she*





# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

**CLINIC :**  
1/4A, Vineet Khand, (Opp Jaipuria Management)  
Gomti Nagar, Lucknow - 226 010  
Ph.: 0522-4008184, 4308184 • 8112323230  
Mob.: 7618884441, 9450389932, 8177063877

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bact)



Date	: 17-Feb-2024		
Name	: Mr. CHANDAN KUMAR SAHU	Age	: 46 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Haemoglobin	14.0	gm%	14 - 17
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Total Leucocyte Count	10900	Cells/cumm.	4000-11000
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Differential Leucocyte Count			
Polymorphs	76	%	45 - 70
Lymphocytes	16	%	20 - 45
Eosinophils	04	%	0 - 6
Monocytes	04	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	06	mm in 1st Hr.	0 - 9
PCV	42.4	cc%	40 - 52
* Corrected ESR	02	mm in 1st Hr.	0 - 9

Platelet Count	1.54	lakh/cumm.	1.5 - 4.0
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Red Cells Count	4.62	million/cmm	3.90 to 5.80
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Absolute values			
MCV	91.7	fL	77 - 97
MCH	30.4	pg	27 - 31
MCHC	33.1	gm /dl	31 - 34

Dr. Sanjay Rastogi  
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi  
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date	: 17-Feb-2024		
Name	: <b>Mr. CHANDAN KUMAR SAHU</b>	Age	: 46 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Plasma Glucose - F GOD-POD Method	99	mg/dl	70 - 110
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Plasma Glucose - PP GOD POD Method	142	mg/dl	110 - 170
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<b>KFT</b>			
UREA	20.2	mg %	15 - 50
CREATININE	1.34	mg %	0.5 - 1.5
URIC ACID	5.3	mg %	2 - 7
CALCIUM	9.6	mg %	8.8 - 10.0

Blood Group & Rh	"B" Positive		
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Serum Gamma G.T.	24	IU/L	11 - 50
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<b>LFT T&amp;D</b>			
Total Bilirubin	0.61	mg%	0.2 - 1.0
Direct Bilirubin	0.28	mg%	0.0 to 0.40
Indirect Bilirubin	0.33	mg%	0.10 to 0.90
S.G.P.T	33	IU/L	5 - 40
S.G.O.T	26	IU/L	5 - 50
ALP	110	IU/L	40 to 129

Urine Sugar (Fasting)	NIL		
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Urine Sugar (PP)	NIL		
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Date : 17-Feb-2024  
Name : **Mr. CHANDAN KUMAR SAHU**  
Ref.By : APOLLO HEALTH  
Age : 46 Yrs.  
Sex : Male

## LIPID PROFILE

Triglycerids	97	mg%	70 - 190
S. Cholestrol S.	217	mg%	130 - 230
S. HDL Cholestrol	44.1	mg%	35 - 75
S. LDL Cholestrol	153.5	mg%	75 - 150
VLDL	19.4	mg%	0 - 34
Chol / HDL factor	4.92		
LDL / HDL Factor	3.48		

## COMMENTS

- \* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- \* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- \* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

### TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 17-Feb-2024		
Name	: Mr. CHANDAN KUMAR SAHU	Age	: 46 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

## PSA

PSA  
Electro CLIA  
0.51 ng/ml

### Expected values and Comments

NORMAL :	0.00 to 4.0
Less than 40 years	0.6 to 1.3
41 to 50 Years	0.6 to 2.0
51 to 60 Years	0.8 to 3.0
61 to 70 Years	1.0 to 4.0
Over 70 years	1.6 to 4.5

- \* PSA is a reliable Tumor Marker for already diagnosed Prostatic Carcinomas .Though present in many tissues including breast, salivary glands etc.,
- \* PSA production is the glandular epithelium of the prostate gland. PSA is,therefore,remarkably specific for the prostate.
- \* Baseline levels measured prior to therapeutic intervention and followed later by serial, periodical measurements will predict the outcome of the therapy. It also helps in early discovery of recurrences, relapses and metastases.
- \* In general, Tumour Marker levels are directly related to the tumour mass and the stage of the cancer.
- \* However, it is the rate of change of the tumour marker level which is more important, rather than its absolute value. A 50 % change may be considered clinically significant.
- \* It must be emphasized that PSA may also be elevated in Benign Prostatic Hyperplasia and Inflammatory conditions of the surrounding Genito-Urinary Tract.
- \* PSA may be done along with Free PSA that provides additional information

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Date : 17-Feb-2024  
Name : **Mr. CHANDAN KUMAR SAHU**  
Ref.By : APOLLO HEALTH  
Age : 46 Yrs.  
Sex : Male

### THYROID TEST

Tri-iodothyronine (T3)	1.10	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.40	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	6.41	mIU/ ml	0.3 to 6.0

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#### COMMENTS

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- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 17-Feb-2024		
Name	: Mr. CHANDAN KUMAR SAHU	Age	: 46 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

## Urine Examination

<b>PHYSICAL</b>			
Colour	Straw		
Turbidity	Nil		
Deposit	Nil		
Reaction	Acidic		
*Specific Gravity	1.015		
<b>CHEMICAL</b>			
Protein	Nil		
Sugar	Nil		
*Bile Salts	Nil		
*Bile Pigments	Nil		
Phosphate	Nil		
<b>MICROSCOPIC</b>			
Pus Cells	Nil	/hpf	
Epithelial Cells	0-1	/hpf	
Red Blood Cells	Nil	/hpf	
Casts	Nil		
Crystals	Nil		
Others	Nil		

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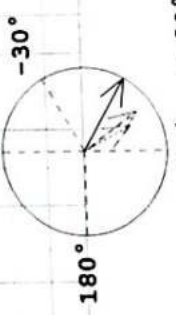
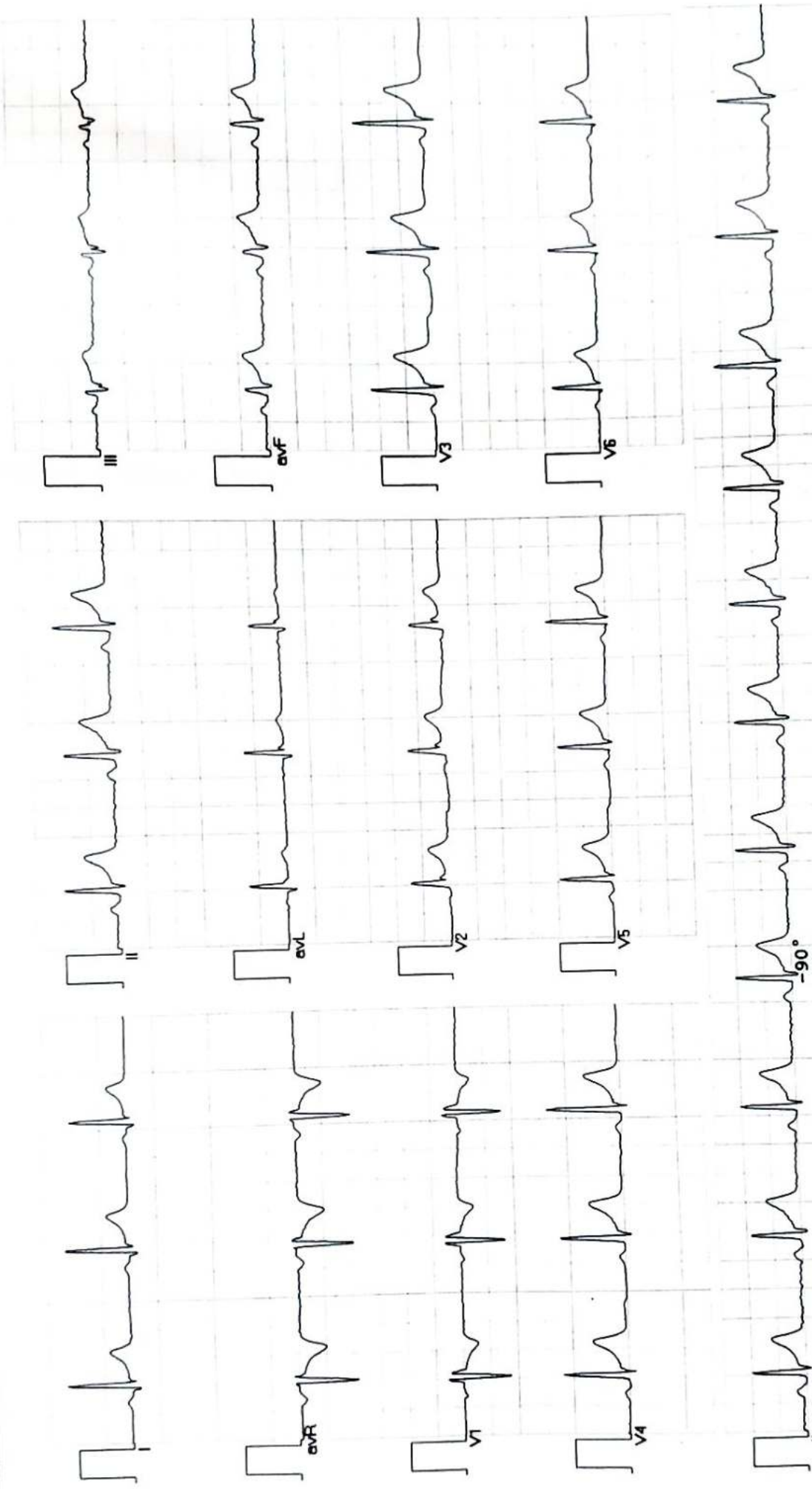
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ECG

Modern Pathology And Diagnostic Centre  
 117 / CHANDAN KUMAR SAHU / 45 Yrs / M / 171Cms. / 70Kgs. / Non Smoker  
 Heart Rate : 67 bpm / Tested On : 17-Feb-24 10:16:33 / HF 0.05 Hz - LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s  
 / Refd By : APOLLO HEALTH



Vent Rate : 67 bpm  
 PR Interval : 142 ms  
 QRS Duration: 80 ms  
 QT/QTc Int : 358/370 ms  
 P-QRS-T axis: 62.00° 30.00° 54.00°

Allergers ECG (Pisces)(PIS215191030)

Normal ECG

Chandrasekar

DR. AMIT MOHAN  
 NO. 117



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**DIAGNOSTIC CENTRE**

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M.B.B.S., M.D. (Path & Bact)



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Ph.: 0522-4008184, 4308184 ● 8112323230  
Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012402170015	SAMPLE DATE	:17/Feb/2024 09:23AM
NAME :Mr. CHANDAN KUMAR SAHU	SAMPLE REC. DATE	:17/Feb/2024 09:23AM
AGE/SEX :46 YRS/MALE	REPORTED DATE	:17/Feb/2024 11:16AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01170015

### XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

### OPINION: NORMAL STUDY.

Please correlate clinically.

\*\*\* End Of Report \*\*\*

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**DR. PANKAJ UPADHYAYA**

**Dr. Smita Rastogi**  
M.B.B.S., DCP

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**D.M.R.D.**

**Consultant Radiologist**

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TEST REQUEST ID :012402170015	SAMPLE DATE	:17/Feb/2024 09:23AM
NAME :Mr. CHANDAN KUMAR SAHU	SAMPLE REC. DATE	:17/Feb/2024 09:23AM
AGE/SEX :46 YRS/MALE	REPORTED DATE	:17/Feb/2024 01:05PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01170015

## USG WHOLE ABDOMEN-MALE

**Liver:** is normal in size (133 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

**Gall Bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness.

**CBD:** is normal in diameter. Portal vein is normal in diameter.

**Pancreas:** is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

**Spleen:** is normal in size (105 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

**Both Kidneys:** are normal in size (RK- 100 x 41 mm & LK -95 x 44 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

**Urinary bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

**Prostate:** is normal in size (33 x 30 x 28 mms, wt = 15.1 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.

There is no free fluid in peritoneal cavity.

**OPINION:** NORMAL STUDY.

\*\*\* End Of Report \*\*\*

DR. PANKAJ UPADHYAYA  
Consultant Radiologist

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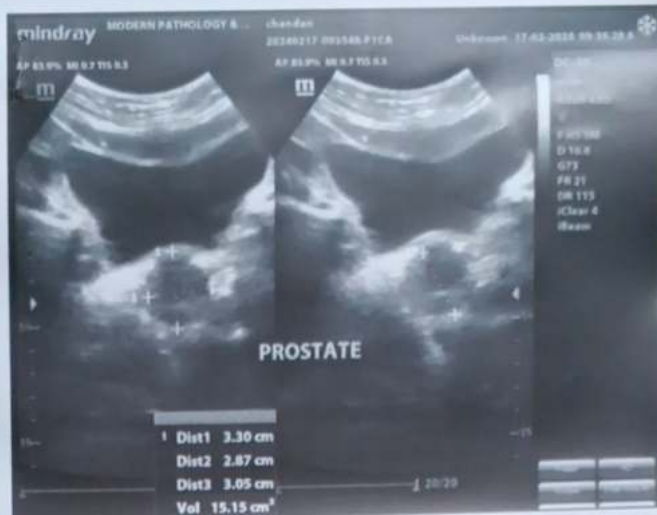
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MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg

Date: 17 - 02 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	072	41 %	110/80	079	00	
Standing	00:06	0:03	00.0	00.0	01.0	072	41 %	110/80	079	00	
HV	00:11	0:05	00.0	00.0	01.0	068	39 %	110/80	074	00	
ExStart	00:29	0:18	00.0	00.0	01.0	072	41 %	110/80	079	00	
BRUCE Stage 1	03:29	3:00	02.7	10.0	04.7	113	65 %	122/84	137	00	
BRUCE Stage 2	06:29	3:00	04.0	12.0	07.1	128	73 %	136/90	174	00	
PeakEx	07:46	1:17	05.5	14.0	08.4	152	87 %	140/94	212	00	
Recovery	08:46	1:00	00.0	00.0	01.2	108	62 %	138/92	149	00	
Recovery	09:46	2:00	00.0	00.0	01.0	114	65 %	134/90	152	00	
Recovery	10:46	3:00	00.0	00.0	01.0	091	52 %	130/86	118	00	
Recovery	10:53	3:07	00.0	00.0	01.0	089	51 %	124/84	110	00	

FINDINGS :

Exercise Time : 07:17  
 Max HR Attained : 152 bpm 87% of Target 175  
 Max BP Attained : 140/94 (mm/Hg)  
 Max WorkLoad Attained : 8.4 Fair response to induced stress  
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

DEEPA MIT MOHAN  
 DR

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg / HR : 72

**BRUCE:Supine(0:04)**

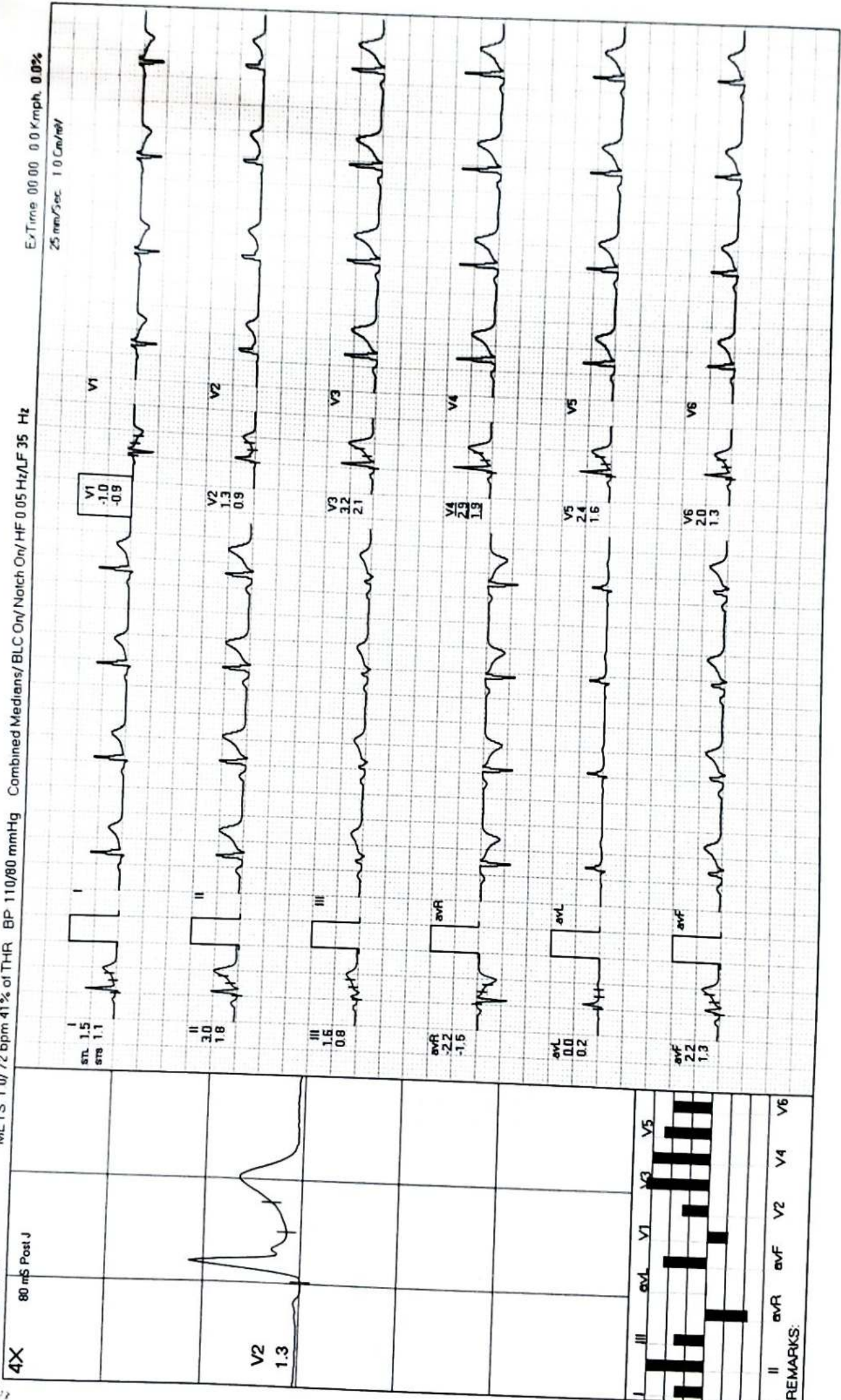


Date: 17-02-2024

METS 1.0/72 bpm 41% of THR BP 110/80 mmHg

Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph, 0.0%



Lead	ST	STs
I	1.5	1.1
II	3.0	1.8
III	1.5	0.8
aVR	-2.2	-1.5
aVL	0.0	0.2
aVF	2.2	1.3
V1	-1.0	-0.9
V2	1.3	0.9
V3	3.2	2.1
V4	2.9	1.9
V5	2.4	1.6
V6	2.0	1.3

REMARKS:







**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg / HR : 72

ExStart

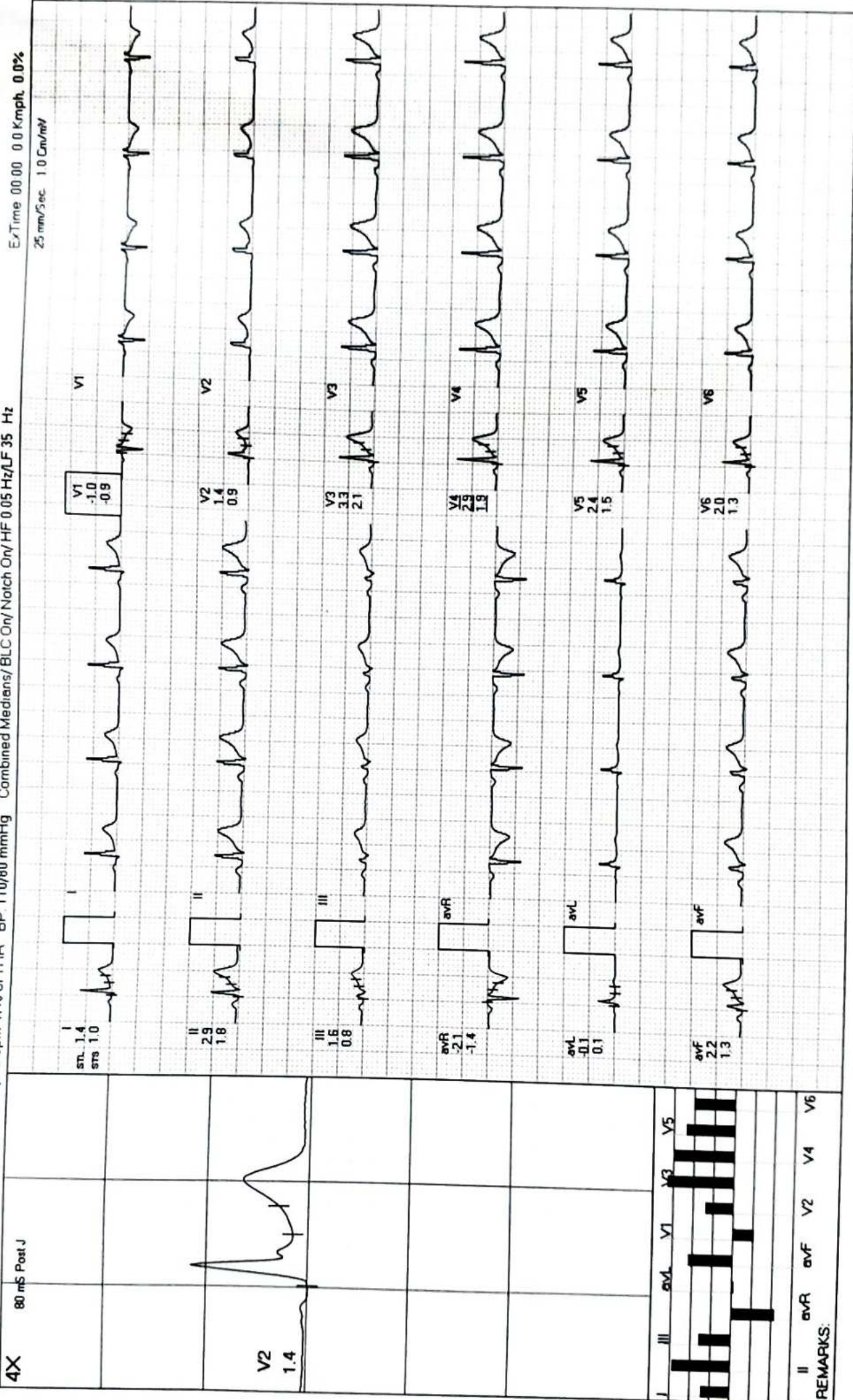


Date 17-02-2024

METS 1.0/72 bpm 41% of THR BP 110/80 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Km/h 0.0%

25 mm/Sec 1.0 Cm/mV



REMARKS:  
II aVR aVF V2 V4 V6

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg / HR : 113

**BRUCE: Stage 1(3:00)**



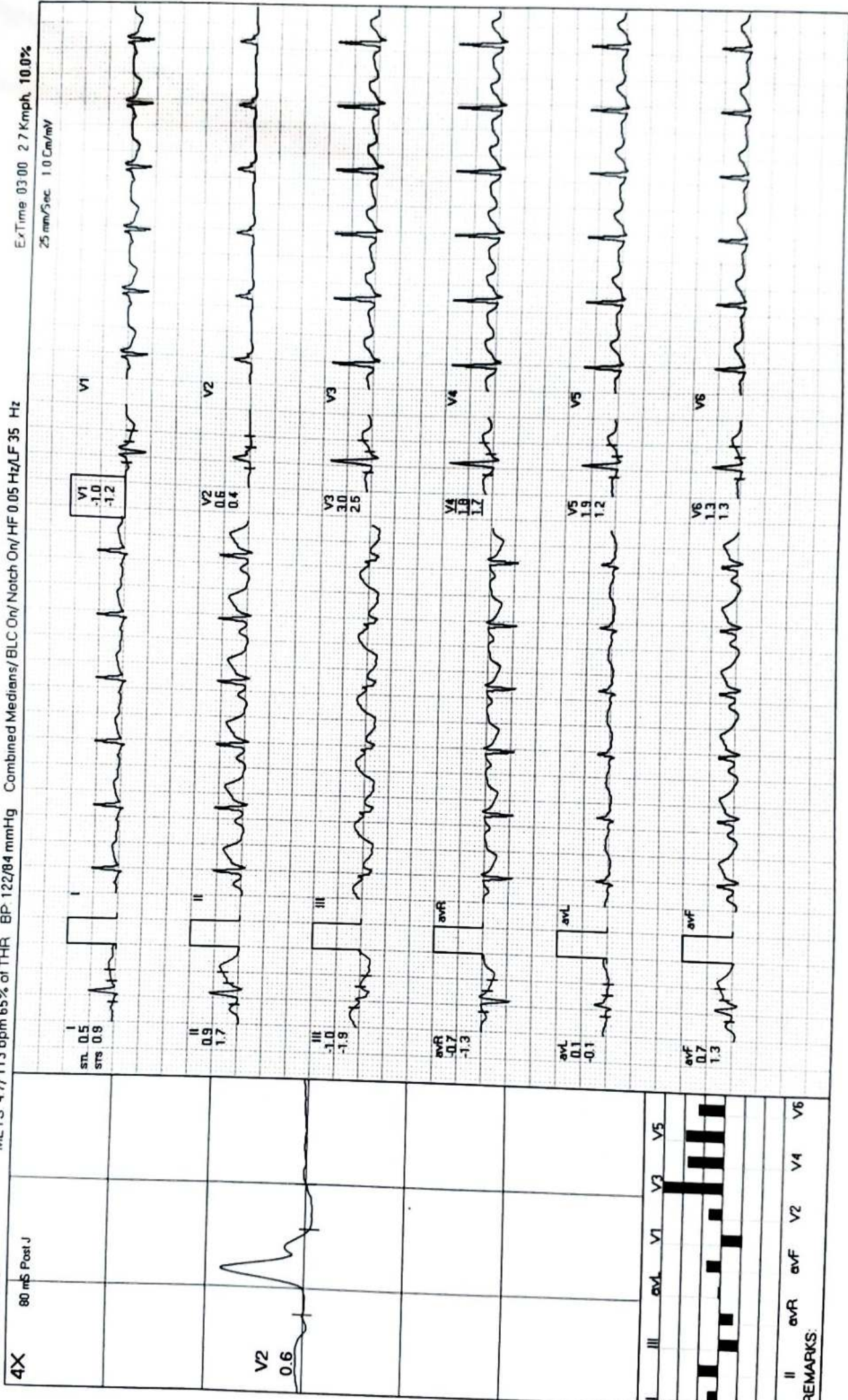
Date: 17-02-2024

METS 47/113 bpm 65% of THR BP 122/84 mmHg

Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 03:00 2.7 Kmph 10.0%

25 mm/Sec 1.0 Cm/mV



REMARKS: II aVR aVF V2 V4 V6

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg / HR : 128

**BRUCE: Stage 2(3:00)**



Date 17-02-2024

METS 7.1 / 128 bpm 73% of THR BP 136/90 mmHg Combined Medians/BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 06:00 4.0 Kmph. 12.0%  
25 mm/sec 1.0 Cm/mV



REMARKS:

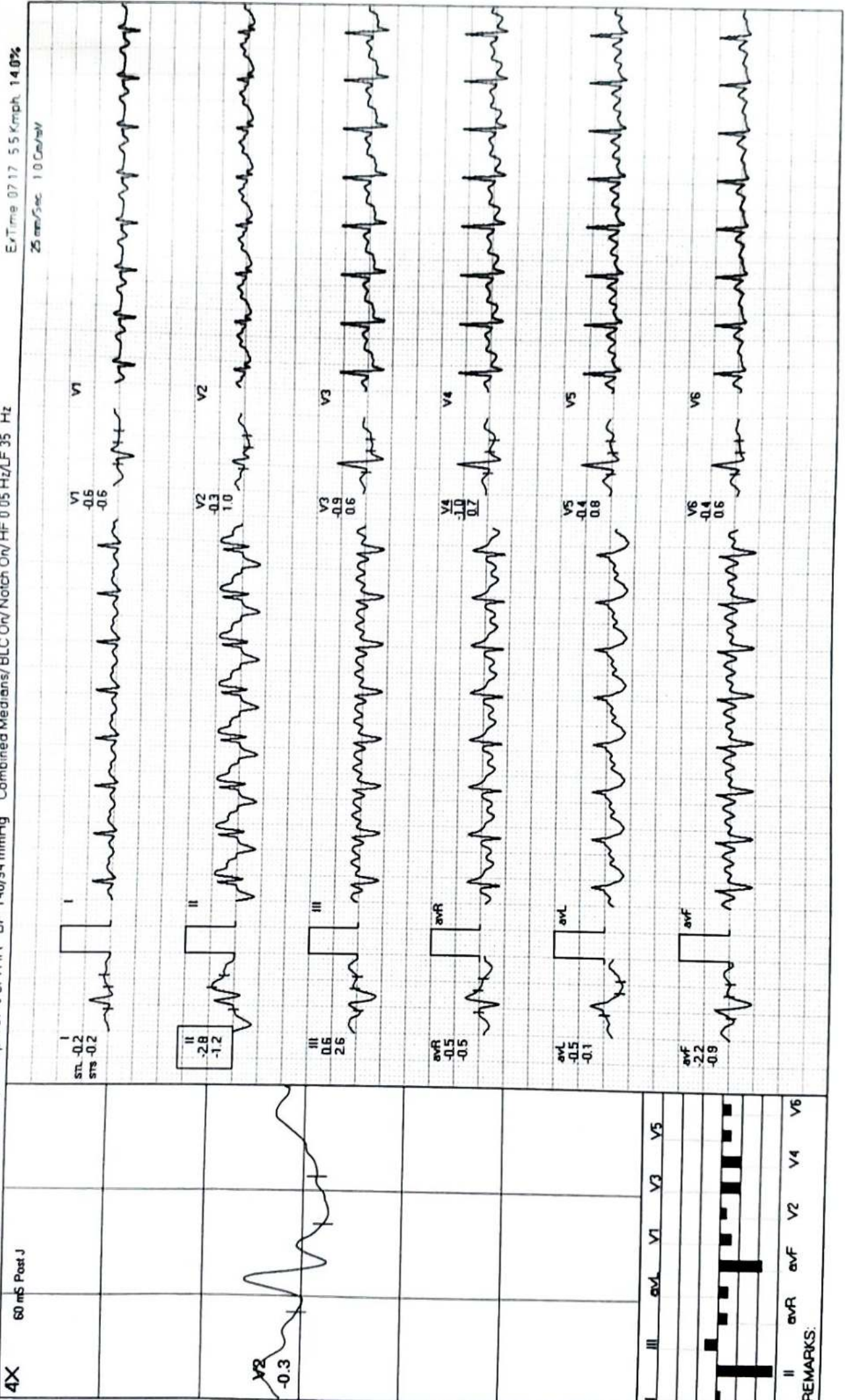
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg / HR : 152

PeakEx



Date: 17-02-2024  
 METS 8.4 / 152 bpm 87% of THR BP: 140/94 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz  
 4X 60 mS Post J



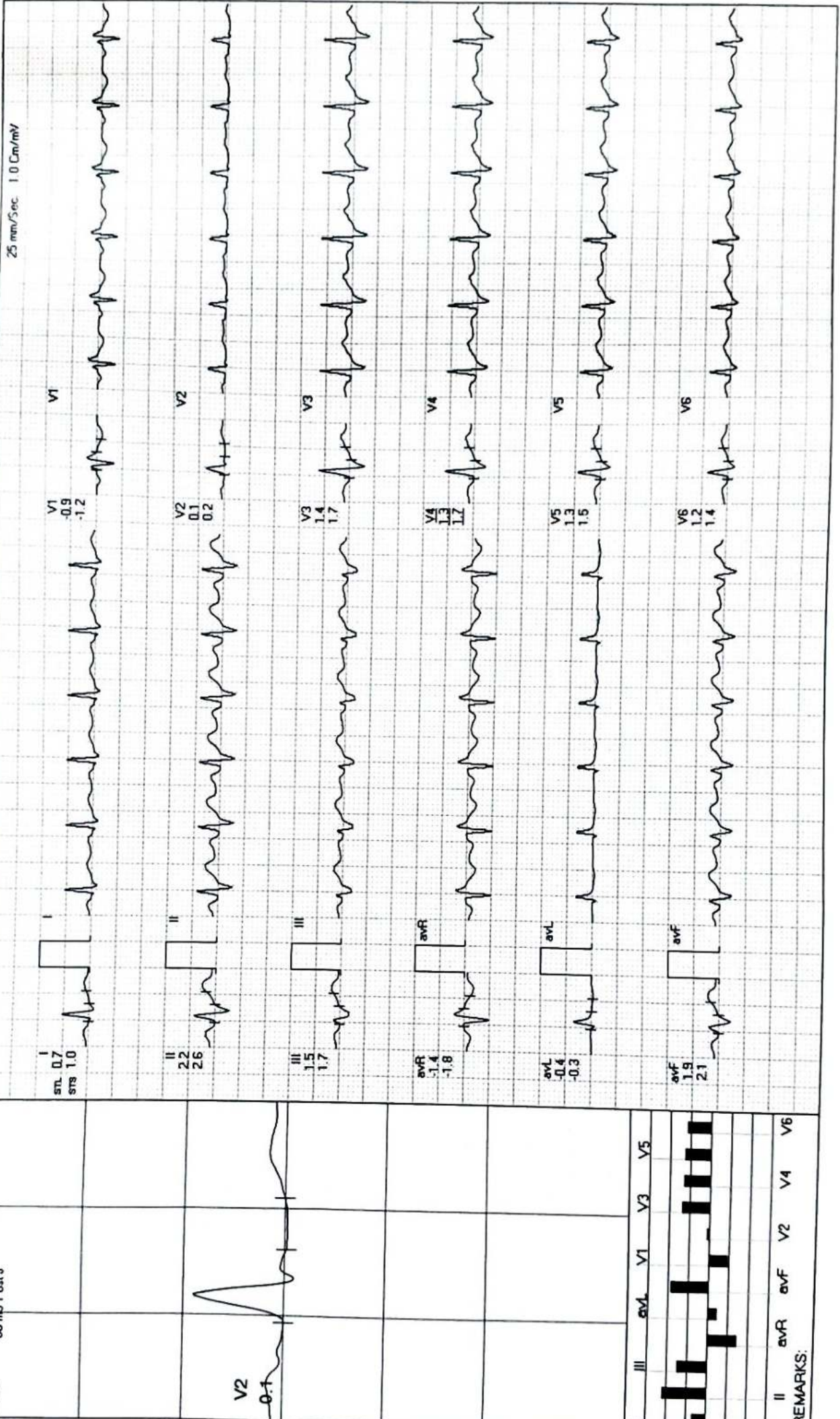
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg / HR : 108

Recovery(1:00)



Date: 17-02-2024 METS 1.2/108 bpm 62% of THR BP 138/92 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz ExTime 07:17 0.0 Kmph. 0.0%



REMARKS:

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

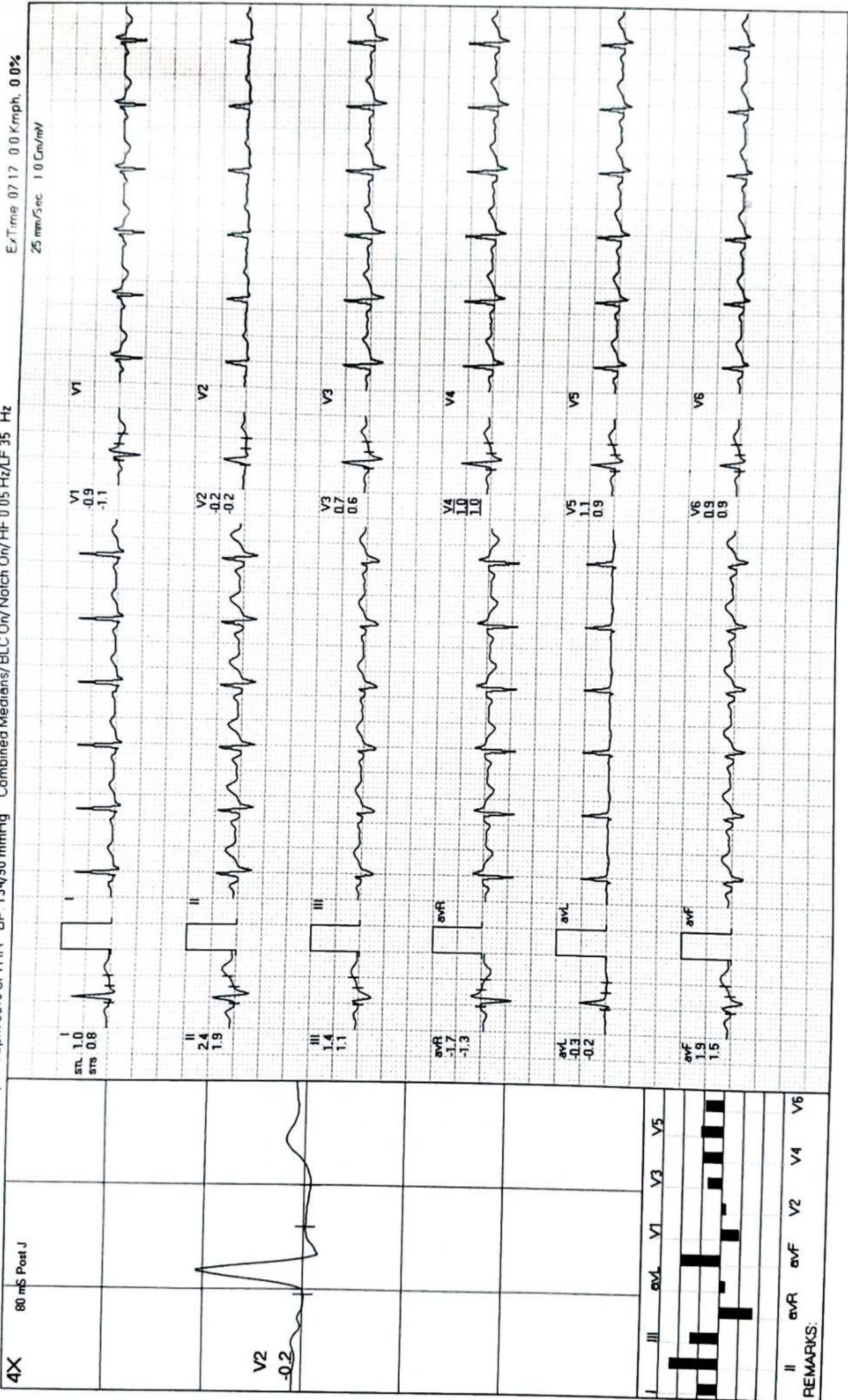
CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg / HR : 114

Recovery(2:00)



Date: 17-02-2024

METS 1.0/114 bpm 65% of THR BP: 134/90 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



REMARKS:

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg / HR : 91

**Recovery(3:00)**

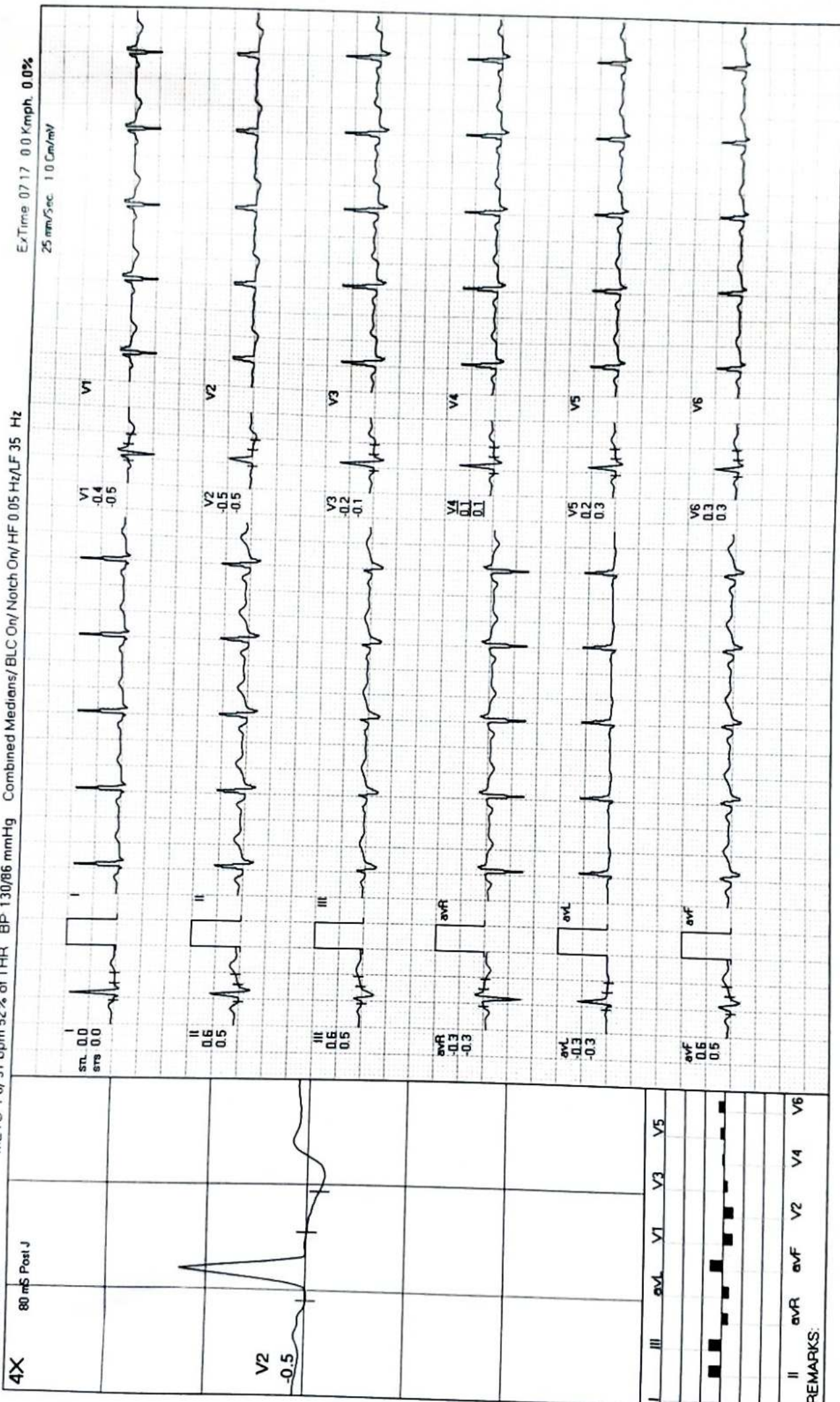


Date 17-02-2024

METS 1.0/91 bpm 52% of THR BP 130/86 mmHg Combined Medians/BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 07:17 0.0 Kmph 0.0%

25 mm/Sec 1.0 Cm/mV



REMARKS: II aVR aVF V2 V4 V6



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

CHANDAN KUMAR SAHU / 45 Yrs / M / 171 Cms / 70 Kg / HR : 89

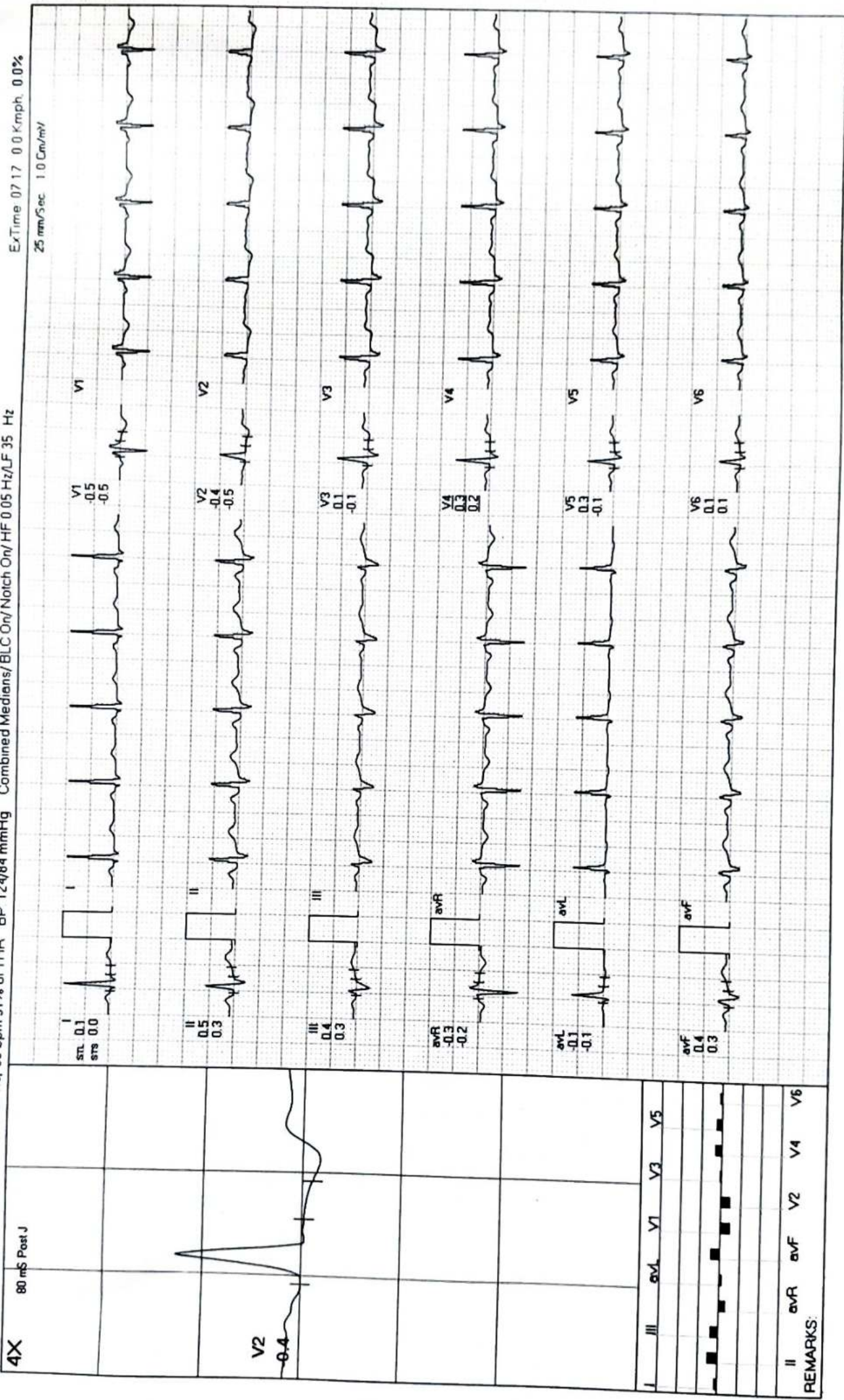
Recovery(3:07)



Date: 17-02-2024

METS: 1 0/89 bpm 51% of THR BP: 124/84 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 07:17 0.0 Kmph 0.0%  
25 mm/Sec 1.0 Cm/mV



REMARKS:  
II aVR aVF V2 V4 V5  
V1 V3 V5